

Programmanr. 1
07.03.2010 - 13:00

4 x 100m wisselslag

80 jaar en ouder
Resultaten

Rang				In.tijd		Tijd
120+, Heren						
1.	RZ 1		RZ	5:17.07		5:08.33
	Gino Martijn		37.39 1:16.45	Ralph Caster	+0.54	37.42 1:20.68
	Han Ruijs	+0.37	39.19 1:23.99	Erik van der Zeyden	+0.43	32.94 1:07.21
120+, Gemengd						
	NG PSV 1		PSV	4:47.60		
	Bianca van Ringelestijn	85		Joris Haest	79	
	Harold Matla	68		Jolanda van Gendt	78	
200+, Heren						
1.	Old Dutch 1		Old Dutch Breda	5:22.47		5:35.44
	Rinse Rooker		41.63 1:23.97	Pieter Husslage	+1.46	40.56 1:26.34
	Nico Baay	+0.72	46.42 1:38.48	Phil Trethewie	+0.50	33.04 1:06.65
2.	De Stormvogel 1		De Stormvogel	6:11.41		6:03.73
	Abe Kramer		58.46 2:01.86	Jan Murre	+0.97	40.90 1:30.85
	Dolph Kamphuis	+0.81	40.63 1:26.97	Arno Wouters	+0.28	31.29 1:04.05
1ft 240 en ouder, Dames						
1.	Old Dutch 1		Old Dutch Breda	8:08.56		8:37.91*
	<i>300 en 400m zijn backuptijden</i>					
	Annie de Vos		1:01.21 2:08.97	Meke Oomens	+0.45	46.83 1:43.51
	Anneke Logtenberg	+0.46	1:14.22 2:40.24	Mies Kuipers		1:00.15 2:05.19
	BM Zvs 1		Scheldestroom	5:34.49		5:54.34
	Dorien Vasseur		45.56 1:34.37	Veronique Vasseur	+0.61	40.66 1:30.60
	Peter Boekhorst	+0.42	41.67 1:29.77	Bianca Hertogh - Buijsse	+0.67	37.42 1:19.60

Programmanr. 2
07.03.2010 - 13:09

100m schoolslag

20 - 89 jaar
Resultaten

Rang				In.tijd		Tijd
Masters 20+, Heren						
1.	Martin Martens		BZV 's-hertogenbosch	1:24.42	8702173	1:25.02
	50m: 40.02 40.02	100m: 1:25.02 45.00				
Masters 30+, Heren						
	NG Joris Haest		PSV	1:19.94	7900441	
Masters 35+, Heren						
1.	Dennis de Kraker		De Zilvermeeuw	NT	7301379	1:32.57*
	50m: 43.61 43.61	100m: 1:32.57 48.96				
2.	Patrick van Akkeren		Scheldestroom	1:40.53	7501301	1:37.94
	50m: 46.34 46.34	100m: 1:37.94 51.60				

Programmanr. 2, 100m schoolslag

Masters 40+, Heren

1.	Jaap de Munck		Z.V. Zeelandia	1:36.64	6800629	1:42.78
	50m: 46.71	46.71	100m: 1:42.78	56.07		
NG	Tonny Vinke		Scheldestroom	1:28.20	6701035	

Masters 45+, Heren

1.	Ralph Caster		RZ	1:21.95	6100069	1:19.89
	50m: 39.59	39.59	100m: 1:19.89	40.30		
2.	Peter Fölker		Aqua-Novio '94	1:22.16	6401021	1:20.88
	50m: 38.42	38.42	100m: 1:20.88	42.46		
3.	John Wirtz		De Stormvogel	1:22.04	6301131	1:22.57
	50m: 38.80	38.80	100m: 1:22.57	43.77		
4.	Peter Boekhorst		Scheldestroom	1:31.50	6301063	1:29.83
	50m: 42.59	42.59	100m: 1:29.83	47.24		
5.	Arno van Ederen		De Zilvermeeuw	NT	6100955	1:37.20
	50m: 45.72	45.72	100m: 1:37.20	51.48		
6.	Arno Loof		De Schelde	1:46.64	6301265	1:45.42
	50m: 48.27	48.27	100m: 1:45.42	57.15		
7.	Martin Stroosnijder		Z.V. Zeelandia	1:51.58	6200999	1:50.11
	50m: 51.85	51.85	100m: 1:50.11	58.26		
NG	Joost de Kroon		AquAmigos	1:26.10	6400999	

Masters 50+, Heren

1.	Wim de Lange		Electrolux AZC	1:25.80	5800533	1:25.96
	50m: 40.55	40.55	100m: 1:25.96	45.41		
2.	André Schutte		De Stormvogel	1:34.24	6000521	1:28.77
	50m: 42.87	42.87	100m: 1:28.77	45.90		
3.	Jan de Laat		AquAmigos	1:34.70	6000861	1:35.48*
	50m: 44.96	44.96	100m: 1:35.48	50.52		
AFGEM	Willem Zwiers		AquAmigos	1:24.92	5800505	

Masters 60+, Heren

1.	Donald Uijtenbogaart		Het Y	1:25.41	4700107	1:30.51
	50m: 43.71	43.71	100m: 1:30.51	46.80		
2.	Mar van Geel		Old Dutch Breda	1:41.31	4700135	1:45.27
	50m: 49.52	49.52	100m: 1:45.27	55.75		

Masters 65+, Heren

1.	Nico Baay		Old Dutch Breda	1:31.02	4200053	1:37.89
	50m: 46.41	46.41	100m: 1:37.89	51.48		
2.	Ruud Sloof		De Rijn	1:36.80	4400073	1:38.59
	50m: 47.27	47.27	100m: 1:38.59	51.32		

Masters 70+, Heren

1.	Ad Tersteeg		Old Dutch Breda	2:11.45	3900021	2:17.37
	50m: 1:03.06	1:03.06	100m: 2:17.37	1:14.31		

Programmanr. 2, 100m schoolslag

Masters 20+, Dames

1.	Dorien Vasseur		Scheldestroom	1:37.32	8704164	1:42.40
	50m: 48.23	48.23	100m: 1:42.40	54.17		
2.	Mariella Rijk		De Stormvogel	1:44.26	8705976	1:43.06
	50m: 49.51	49.51	100m: 1:43.06	53.55		

Masters 25+, Dames

1.	Caroline Vervueren		SV Aartselaar	1:29.04	SVAZ/121/81	1:27.36
	50m: 41.32	41.32	100m: 1:27.36	46.04		
2.	Renee de Kok		PSV	1:33.29	8403350	1:31.42*
	50m: 43.75	43.75	100m: 1:31.42	47.67		
3.	Linda Hoogendam		d'ELFT	1:36.33	8300892	1:35.58
	50m: 45.52	45.52	100m: 1:35.58	50.06		
4.	Veronique Vasseur		Scheldestroom	1:29.61	8302026	1:36.96
	50m: 46.18	46.18	100m: 1:36.96	50.78		
5.	Els Dommanschet		Z.V. Zeelandia	1:59.43	8100358	2:07.73
	50m: 59.21	59.21	100m: 2:07.73	1:08.52		

Masters 30+, Dames

1.	Mascha Schijvenaars		De Zilvermeeuw	1:32.33	7900754	1:37.29
	50m: 45.64	45.64	100m: 1:37.29	51.65		
2.	Marlie Braber		De Stormvogel	1:35.00	8001638	1:44.62
	50m: 49.19	49.19	100m: 1:44.62	55.43		
3.	Lieve Rens		SV Aartselaar	1:50.65	SVAZ/089/79	1:47.35
	50m: 51.76	51.76	100m: 1:47.35	55.59		

Masters 35+, Dames

1.	Liselotte Joling		PSV	1:29.33	7500268	1:26.90
	50m: 41.68	41.68	100m: 1:26.90	45.22		
NG	Thérèse de Munck		Z.V. Zeelandia	1:36.04	7100438	

Masters 40+, Dames

1.	Karin van den Heuvel		AquAmigos	1:33.31	6600188	1:36.21
	50m: 45.65	45.65	100m: 1:36.21	50.56		

Masters 45+, Dames

1.	Ineke Bak		Luctor et Emergo	1:39.40	6500004	1:41.83
	50m: 47.96	47.96	100m: 1:41.83	53.87		

Masters 50+, Dames

1.	Marijke van Hoek		De Stormvogel	1:34.25	5800050	1:37.15
	50m: 46.85	46.85	100m: 1:37.15	50.30		
2.	Mies Kuipers		Old Dutch Breda	2:08.50	5800202	2:06.49
	50m: 1:01.69	1:01.69	100m: 2:06.49	1:04.80		

Programmanr. 2, 100m schoolslag

Masters 55+, Dames

1. Gonnie Bak	PSV	1:55.00	5100002	1:50.13
50m: 54.54 54.54	100m: 1:50.13 55.59			

Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	2:30.00	3400004	2:29.22
50m: 1:09.72 1:09.72	100m: 2:29.22 1:19.50			

Masters 80+, Dames

1. Anneke Logtenberg	Old Dutch Breda	2:27.80	2900004	2:33.16
50m: 1:13.52 1:13.52	100m: 2:33.16 1:19.64			
2. Marianne Maandonks	PSV	3:06.70	2600004	3:05.59*
50m: 1:29.67 1:29.67	100m: 3:05.59 1:35.92			

Programmanr. 3
07.03.2010 - 13:27

50m vrije slag

20 - 89 jaar
Resultaten

Rang		In.tijd		Tijd
Masters 25+, Heren				
1.	Lars Visser	De Stormvogel	31.30 8202379	32.41
Masters 20+, Heren				
1.	Erik van der Zeyden	RZ	29.61 8604569	30.00
Masters 30+, Heren				
1.	Niels van Wageningen	d'ELFT	27.51 7601335	27.75
2.	Jeroen van der Kallen	BZV 's-hertogenbosch	28.27 7701417	28.50
3.	Gino Martijn	RZ	28.16 7901865	28.76
4.	Han Ruijs	RZ	29.46 7901867	30.50
Masters 35+, Heren				
1.	Dennis de Kraker	De Zilvermeeuw	30.09 7301379	30.65
2.	Dennis van Markesteyn	Zv Olympia	30.48 7201333	31.09
3.	Walter van Luenen	BZV 's-hertogenbosch	30.73 7501237	31.90
4.	Mark Kap	De Zilvermeeuw	30.26 7200487	32.42
5.	Erwin van Dartel	BZV 's-hertogenbosch	32.82 7401345	33.22
6.	Patrick van Akkeren	Scheldestroom	36.21 7501301	36.62
Masters 40+, Heren				
1.	Harold Matla	PSV	27.79 6800591	28.31
2.	Rinse Rooker	Old Dutch Breda	28.52 6600675	29.39
3.	Mario Cuelenaere	Luctor et Emergo	30.32 6901569	30.30
4.	Evert Jobse	Luctor et Emergo	34.38 6801417	34.44

Programmanr. 3, 50m vrije slag

Masters 45+, Heren

1. Phil Trethewie	Old Dutch Breda	27.03	6501315	27.82
2. Peter Boekhorst	Scheldestroom	31.31	6301063	30.65
3. John Wirtz	De Stormvogel	30.73	6301131	31.36
4. Rob van Wijk	DES	32.07	6401213	32.66
5. Arno Loof	De Schelde	33.03	6301265	33.69
6. Martin Stroosnijder	Z.V. Zeelandia	41.06	6200999	40.98

Masters 50+, Heren

1. Arno Wouters	De Stormvogel	27.02	5800667	27.65
2. Abe Kramer	De Stormvogel	38.69	5700481	39.83

Masters 55+, Heren

1. Brend Brevé	PSV	28.60	5200265	29.53
2. Pieter Husslage	Old Dutch Breda	29.50	5300091	31.01
3. Peter van Genderen	Old Dutch Breda	34.69	5500405	35.72

Masters 65+, Heren

1. Ruud Sloof	De Rijn	34.90	4400073	35.99
2. Frans van der Walle	Old Dutch Breda	44.71	4300089	44.28

Masters 70+, Heren

1. Nico Geers	Van Uden-De Gouwe	32.50	3800007	32.67
2. Ernest van Iersel	Arethusa	39.29	3900007	40.97
3. Ad Tersteeg	Old Dutch Breda	47.17	3900021	48.48*

Masters 20+, Dames

1. Mariella Rijk	De Stormvogel	34.48	8705976	34.72
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Masters 25+, Dames

1. Nicole van den Doeselaar	BZV 's-hertogenbosch	36.34	8500692	37.38
2. Mariska Beerendonk	De Zilvermeeuw	44.26	8403332	43.07
3. Mariska Boeykens	De Zilvermeeuw	1:31.80	8302618	1:34.35*

Masters 30+, Dames

1. Roelien Braber	De Stormvogel	31.30	7901298	30.88
2. Jolanda van Gendt	PSV	31.95	7800266	33.48*
3. Corina Baaij	Z.V. Zeelandia	35.11	7800022	34.22
NG Lana Ohlenroth	De Stormvogel	31.70	7801134	

Masters 35+, Dames

1. Trudie van Niejenhuis	DES	30.57	7100444	31.82
2. Bianca Hertogh - Buijsse	Scheldestroom	34.47	7400910	35.14
3. Anja Leijten	BZV 's-hertogenbosch	37.30	7500806	37.67
4. Bianca Smet	Z.V. Zeelandia	43.08	7100416	41.72

Masters 40+, Dames

1. Kristien van de Moortel	SHARK	33.76	SHARK/315/69	34.61
2. Meke Oomens	Old Dutch Breda	34.78	7000370	36.52
3. Lianne Meerman	Luctor et Emergo	35.44	6900870	37.87
AFGEM Sylvia de Kort	Luctor et Emergo	49.11	7000852	

Programmanr. 3, 50m vrije slag

Masters 45+, Dames

1. Gabriëlle Verdonk	Luctor et Emergo	34.16	6200210	33.36
2. Yvonne van Zijl	BZV 's-hertogenbosch	38.98	6300402	40.57

Masters 50+, Dames

1. Marijke van Hoek	De Stormvogel	32.72	5800050	33.67
2. Janneke van Liesdonk	Arethusa	48.77	5700060	49.14

Masters 55+, Dames

1. Gonnie Bak	PSV	45.00	5100002	42.77
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Programmanr. 4

100m vlinderslag

20 - 89 jaar

07.03.2010 - 13:39

Resultaten

Rang				In.tijd		Tijd
Masters 35+, Heren						
1.	Oscar van Holsteyn	AquAmigos	1:07.33	7100373		1:06.51
	50m: 30.99 30.99	100m: 1:06.51 35.52				
Masters 40+, Heren						
1.	Rene Beetsma	HZ&PC Heerenveen	1:06.50	6900069		1:09.50
	50m: 31.58 31.58	100m: 1:09.50 37.92				
2.	Ronnie Babijn	De Schelde	NT	7000029		1:09.76
	50m: 32.47 32.47	100m: 1:09.76 37.29				
3.	Jaap de Munck	Z.V. Zeelandia	NT	6800629		1:40.17
	50m: 45.38 45.38	100m: 1:40.17 54.79				
Masters 45+, Heren						
1.	Ron van Vliet	De Stormvogel	1:10.02	6100849		1:14.73
	50m: 34.21 34.21	100m: 1:14.73 40.52				
2.	Bart van Betuw	Zegenwerp	1:19.65	6500087		1:16.83
	50m: 36.59 36.59	100m: 1:16.83 40.24				
NG	Joost de Kroon	AquAmigos	1:27.96	6400999		
Masters 60+, Heren						
1.	Donald Uijtenbogaart	Het Y	1:15.56	4700107		1:21.12
	50m: 38.34 38.34	100m: 1:21.12 42.78				
DIS	Mar van Geel	Old Dutch Breda	2:14.69	4700135		2:11.22
	VC - Armen niet over het water naar voren gebracht.					
	50m: 57.33 57.33	100m: 2:11.22 1:13.89				
Masters 20+, Dames						
1.	Maaike van Diggele	Zpb H&I	1:20.76	8700868		1:21.57
	50m: 37.22 37.22	100m: 1:21.57 44.35				

Programmanr. 4, 100m vlinderslag

Masters 25+, Dames

1. Veronique Vasseur	Scheldestroom	1:26.38	8302026	1:33.77
50m: 41.82 41.82	100m: 1:33.77 51.95			
NG Bianca van Ringelestijn	PSV	1:19.52	8502466	

Masters 30+, Dames

1. Marlie Braber	De Stormvogel	1:37.89	8001638	1:30.21
50m: 39.57 39.57	100m: 1:30.21 50.64			
2. Clementine van Bruxvoort	Zpb H&I	1:48.12	7700138	1:40.15
50m: 45.03 45.03	100m: 1:40.15 55.12			

Masters 35+, Dames

1. Liselotte Joling	PSV	1:22.39	7500268	1:20.49
50m: 39.03 39.03	100m: 1:20.49 41.46			

Masters 40+, Dames

1. Karin van den Heuvel	AquAmigos	1:22.93	6600188	1:30.40
50m: 41.74 41.74	100m: 1:30.40 48.66			

Masters 45+, Dames

1. Linda v.d. Ree	Z&PC de Ganze	1:28.17	6300452	1:29.65
50m: 40.62 40.62	100m: 1:29.65 49.03			
2. Gabrielle Verdonk	Luctor et Emergo	1:39.46	6200210	1:41.71*
50m: 45.33 45.33	100m: 1:41.71 56.38			
3. Alie Visser	HZ&PC Heerenveen	1:44.50	6400494	1:43.45
50m: 47.24 47.24	100m: 1:43.45 56.21			

Masters 50+, Dames

1. Patty Verhagen	AquAmigos	1:23.30	5900146	1:24.32
50m: 40.37 40.37	100m: 1:24.32 43.95			
2. Pia van der Molen	HZ&PC Heerenveen	1:41.93	6000116	1:42.12
50m: 46.43 46.43	100m: 1:42.12 55.69			

Programmanr. 5

07.03.2010 - 13:48

25m rugslag

De 25 meter start aan de keerzijde van het bad

20 - 89 jaar

Resultaten

Rang		In.tijd		Tijd
Masters 20+, Heren				
1.	Erik van der Zeyden	RZ	15.51 8604569	18.55
Masters 25+, Heren				
1.	Lars Visser	De Stormvogel	17.50 8202379	18.83
Masters 30+, Heren				
1.	Gino Martijn	RZ	15.86 7901865	16.45
2.	Jeroen van der Kallen	BZV 's-hertogenbosch	16.44 7701417	17.21

Programmanr. 5, 25m rugslag

Masters 35+, Heren

1. Erwin van Dartel	BZV 's-hertogenbosch	NT	7401345	19.07
2. Walter van Luenen	BZV 's-hertogenbosch	19.52	7501237	20.86

Masters 40+, Heren

1. Renee Beetsma	HZ&PC Heerenveen	14.77	6900069	15.58
2. Rinse Rooker	Old Dutch Breda	17.30	6600675	18.29
3. Mario Cuelenaere	Luctor et Emergo	18.00	6901569	20.07
4. François Smet	Z.V. Zeelandia	19.80	6800839	20.91
5. Evert Jobse	Luctor et Emergo	17.00	6801417	21.68

Masters 45+, Heren

1. Jan Brink	De Stormvogel	15.00	6200091	15.76
2. Peter Fölker	Aqua-Novio '94	15.60	6401021	16.93
3. Phil Trethewie	Old Dutch Breda	17.88	6501315	18.33
4. Ralph Caster	RZ	19.00	6100069	18.72
5. Martin Stroosnijder	Z.V. Zeelandia	28.58	6200999	27.28

Masters 50+, Heren

1. Arno Wouters	De Stormvogel	17.06	5800667	16.85
2. Jan de Laat	AquaAmigos	18.69	6000861	18.75

Masters 55+, Heren

1. Brend Brevé	PSV	15.74	5200265	16.02
2. Pieter Husslage	Old Dutch Breda	18.31	5300091	19.16

Masters 65+, Heren

1. Frans van der Walle	Old Dutch Breda	20.80	4300089	21.35
2. Nico Baay	Old Dutch Breda	22.23	4200053	24.02

Masters 70+, Heren

AFGEM Hans Deelen	De Lansingh	29.60	3600021	
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Masters 20+, Dames

1. Dorien Vasseur	Scheldestroom	NT	8704164	21.18
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Masters 25+, Dames

1. Renee de Kok	PSV	18.08	8403350	18.91
2. Nicole van den Doeselaar	BZV 's-hertogenbosch	NT	8500692	19.58
3. Mariska Boeykens	De Zilvermeeuw	41.10	8302618	46.71

Masters 30+, Dames

1. Corina Baaij	Z.V. Zeelandia	18.64	7800022	18.46
2. Roelien Braber	De Stormvogel	18.23	7901298	19.12
3. Mascha Schijvenaars	De Zilvermeeuw	20.10	7900754	22.22*
NG Lana Ohlenroth	De Stormvogel	19.54	7801134	

Programmanr. 5, 25m rugslag

Masters 35+, Dames

1. Bianca Smet	Z.V. Zeelandia	23.13	7100416	21.85
2. Anja Leijten	BZV 's-hertogenbosch	21.23	7500806	22.13

Masters 40+, Dames

1. Conzuela Brink	De Stormvogel	18.66	7000744	18.88
2. Meke Oomens	Old Dutch Breda	22.05	7000370	22.80
3. Gerlinda Smet	Z.V. Zeelandia	24.66	7000468	25.28
AFGEM Sylvia de Kort	Luctor et Emergo	30.19	7000852	

Masters 45+, Dames

1. Yvonne van Zijl	BZV 's-hertogenbosch	NT	6300402	27.36
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Masters 50+, Dames

1. Pia van der Molen	HZ&PC Heerenveen	18.20	6000116	18.93
2. Lenie Bal	De Stormvogel	24.79	5800186	25.70
3. Janneke van Liesdonk	Arethusa	26.79	5700060	26.43
DIS Mies Kuipers	Old Dutch Breda	22.79	5800202	26.77

RH - Het eindpunt niet in rugligging aangeraakt.

Masters 80+, Dames

1. Anneke Logtenberg	Old Dutch Breda	26.81	2900004	38.18
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Programmanr. 6
07.03.2010 - 13:56

200m vrije slag

20 - 89 jaar
Resultaten

Rang			In.tijd		Tijd
Masters 30+, Heren					
1.	Jeroen van der Kallen	BZV 's-hertogenbosch	2:30.56	7701417	2:27.15
	50m: 33.09 33.09	100m: 1:10.91 37.82	150m: 1:50.17 39.26	200m: 2:27.15	36.98
2.	Han Ruijs	RZ	2:38.23	7901867	2:42.12
	50m: 35.26 35.26	100m: 1:14.79 39.53	150m: 1:58.20 43.41	200m: 2:42.12	43.92
Masters 35+, Heren					
1.	Dennis van Markesteyn	Zv Olympia	2:37.09	7201333	2:44.97
	50m: 36.83 36.83	100m: 1:18.85 42.02	150m: 2:02.14 43.29	200m: 2:44.97	42.83
2.	Patrick van Akkeren	Scheldestroom	NT	7501301	3:11.35
	50m: 40.14 40.14	100m: 1:27.98 47.84	150m: 2:20.00 52.02	200m: 3:11.35	51.35
Masters 40+, Heren					
1.	Harold Matla	PSV	2:20.88	6800591	2:21.45
	50m: 33.40 33.40	100m: 1:10.30 36.90	150m: 1:47.29 36.99	200m: 2:21.45	34.16
NG	Tonny Vinke	Scheldestroom	2:38.39	6701035	
Masters 45+, Heren					
1.	Phil Trethewie	Old Dutch Breda	2:19.01	6501315	2:21.76
	50m: 33.68 33.68	100m: 1:09.89 36.21	150m: 1:47.40 37.51	200m: 2:21.76	34.36
2.	Bart van Betuw	Zegenwerp	2:48.73	6500087	2:39.55
	50m: 36.27 36.27	100m: 1:17.80 41.53	150m: 2:00.42 42.62	200m: 2:39.55	39.13

Programmanr. 6, Heren, 200m vrije slag, Masters 45+

Rang				In.tijd			Tijd		
3.	Rob van Wijk		DES	2:39.89	6401213	2:39.73			
	50m: 35.26	35.26	100m: 1:14.87	39.61	150m: 1:57.23	42.36	200m: 2:39.73	42.50	
4.	Jan Murre		De Stormvogel	2:44.20	6200947	2:45.25			
	50m: 36.24	36.24	100m: 1:17.37	41.13	150m: 2:00.98	43.61	200m: 2:45.25	44.27	

Masters 50+, Heren

1.	Albert Boonstra		Aqua-Novio '94	2:14.16	5700425	2:15.05			
	50m: 31.69	31.69	100m: 1:06.73	35.04	150m: 1:40.85	34.12	200m: 2:15.05	34.20	
2.	Wim de Lange		Electrolux AZC	2:31.41	5800533	2:32.96			
	50m: 33.84	33.84	100m: 1:12.43	38.59	150m: 1:53.30	40.87	200m: 2:32.96	39.66	
3.	Abe Kramer		De Stormvogel	3:31.43	5700481	3:34.97			
	50m: 47.44	47.44	100m: 1:41.59	54.15	150m: 2:37.43	55.84	200m: 3:34.97	57.54	

AFGEM Willem Zwiers

AquAmigos 2:25.00 5800505

Masters 60+, Heren

1.	Donald Uijtenbogaart		Het Y	2:21.65	4700107	2:29.13			
	50m: 35.76	35.76	100m: 1:13.81	38.05	150m: 1:52.03	38.22	200m: 2:29.13	37.10	
2.	Mar van Geel		Old Dutch Breda	3:05.14	4700135	3:15.40			
	50m: 42.52	42.52	100m: 1:31.75	49.23	150m: 2:24.27	52.52	200m: 3:15.40	51.13	

Masters 65+, Heren

1.	Ruud Sloof		De Rijn	3:06.94	4400073	3:03.25			
	50m: 40.20	40.20	100m: 1:26.07	45.87	150m: 2:14.92	48.85	200m: 3:03.25	48.33	

Masters 70+, Heren

1.	Nico Geers		Van Uden-De Gouwe	2:40.00	3800007	2:41.50			
	50m: 39.31	39.31	100m: 1:21.24	41.93	150m: 2:02.68	41.44	200m: 2:41.50	38.82	
2.	Gregor Pompen		Aqua-Novio '94	3:07.00	3700021	3:06.17			
	50m: 43.37	43.37	100m: 1:31.43	48.06	150m: 2:19.88	48.45	200m: 3:06.17	46.29	
3.	Ad Tersteeg		Old Dutch Breda	4:19.41	3900021	4:11.97			
	50m: 54.40	54.40	100m: 2:02.17	1:07.77	150m: 3:10.17	1:08.00	200m: 4:11.97	1:01.80	

Masters 20+, Dames

1.	Liset de Veer		Aqua-Novio '94	2:42.00	8704190	2:40.15			
	50m: 36.58	36.58	100m: 1:16.36	39.78	150m: 1:58.23	41.87	200m: 2:40.15	41.92	
2.	Mariella Rijk		De Stormvogel	3:00.00	8705976	2:57.70			
	50m: 39.66	39.66	100m: 1:23.28	43.62	150m: 2:10.80	47.52	200m: 2:57.70	46.90	

Masters 25+, Dames

1.	Roos van Esch		TRB-RES	2:15.75	8200468	2:18.00			
	50m: 32.40	32.40	100m: 1:07.09	34.69	150m: 1:42.69	35.60	200m: 2:18.00	35.31	
2.	Linda Hoogendam		d'ELFT	2:19.16	8300892	2:23.35			
	50m: 32.84	32.84	100m: 1:10.49	37.65	150m: 1:47.95	37.46	200m: 2:23.35	35.40	
3.	Caroline Vervueren		SV Aartselaar	2:29.22	SVAZ/121/81	2:31.05			
	50m: 34.57	34.57	100m: 1:13.53	38.96	150m: 1:52.87	39.34	200m: 2:31.05	38.18	

Programmanr. 6, 200m vrije slag

Masters 30+, Dames

1. Jolanda van Gendt	PSV	2:37.00	7800266	2:38.48*
50m: 34.99 34.99	100m: 1:15.12 40.13	150m: 1:56.86 41.74	200m: 2:38.48 41.62	
2. Marlie Braber	De Stormvogel	3:00.00	8001638	2:42.23
50m: 36.19 36.19	100m: 1:17.15 40.96	150m: 2:00.24 43.09	200m: 2:42.23 41.99	
3. Dörthe Dräger	DES	3:22.59	7600956	3:30.41
50m: 47.47 47.47	100m: 1:40.51 53.04	150m: 2:35.99 55.48	200m: 3:30.41 54.42	

Masters 35+, Dames

1. Trudie van Niejenhuis	DES	2:32.27	7100444	2:32.77
50m: 35.94 35.94	100m: 1:15.69 39.75	150m: 1:55.82 40.13	200m: 2:32.77 36.95	
NG Thérèse de Munck	Z.V. Zeelandia	2:41.11	7100438	

Masters 45+, Dames

DIS Ineke Bak	Luctor et Emergo	3:02.63	6500004	
<i>AQ - Niet goedgekeurde zwemkleding gebruikt (geen tijden noteren)</i>				

Masters 50+, Dames

1. Marijke van Hoek	De Stormvogel	2:47.20	5800050	2:50.11
50m: 37.46 37.46	100m: 1:19.45 41.99	150m: 2:04.57 45.12	200m: 2:50.11 45.54	

Masters 55+, Dames

1. Gonnie Bak	PSV	3:50.00	5100002	3:32.70
50m: 49.65 49.65	100m: 1:44.11 54.46	150m: 2:40.19 56.08	200m: 3:32.70 52.51	

Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	4:13.36	3400004	4:10.56
50m: 57.56 57.56	100m: 2:01.45 1:03.89	150m: 3:06.55 1:05.10	200m: 4:10.56 1:04.01	

Programmanr. 7

07.03.2010 - 14:29

25m schoolslag

De 25 meter start aan de keerzijde van het bad

20 - 89 jaar

Resultaten

Rang		In.tijd		Tijd
Masters 20+, Heren				
1.	Erik van der Zeyden	RZ	16.05 8604569	19.04
Masters 25+, Heren				
1.	Lars Visser	De Stormvogel	19.36 8202379	21.02
Masters 30+, Heren				
1.	Gino Martijn	RZ	16.01 7901865	17.63
Masters 35+, Heren				
1.	Erwin van Dartel	BZV 's-hertogenbosch	NT 7401345	20.18
2.	Walter van Luenen	BZV 's-hertogenbosch	19.62 7501237	20.32

Programmanr. 7, 25m schoolslag

Masters 40+, Heren

1.	Rinse Rooker	Old Dutch Breda	18.20	6600675	18.67
2.	Jaap de Munck	Z.V. Zeelandia	18.07	6800629	19.52
3.	François Smet	Z.V. Zeelandia	18.42	6800839	20.28
4.	Evert Jobse	Luctor et Emergo	22.00	6801417	20.68

Masters 45+, Heren

1.	Ralph Caster	RZ	16.50	6100069	17.05
2.	Ron van Vliet	De Stormvogel	18.28	6100849	17.76

Masters 50+, Heren

1.	Jan de Laat	AquAmigos	20.08	6000861	20.12
2.	Abe Kramer	De Stormvogel	21.36	5700481	22.61

Masters 55+, Heren

1.	Pieter Husslage	Old Dutch Breda	17.84	5300091	19.34
2.	Peter Reedijk	De Krabben	NT	5500421	24.84

Masters 65+, Heren

1.	Nico Baay	Old Dutch Breda	19.36	4200053	20.80
2.	Ruud Sloof	De Rijn	19.67	4400073	20.89

Masters 70+, Heren

AFGEM	Hans Deelen	De Lansingh	29.80	3600021	
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Masters 20+, Dames

1.	Maaike van Diggele	Zpb H&I	NT	8700868	19.75
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Masters 25+, Dames

1.	Renee de Kok	PSV	17.92	8403350	19.51
2.	Nicole van den Doeselaar	BZV 's-hertogenbosch	NT	8500692	24.16
3.	Mariska Beerendonk	De Zilvermeeuw	23.70	8403332	24.66
4.	Els Dommanschet	Z.V. Zeelandia	25.99	8100358	26.77
5.	Mariska Boeykens	De Zilvermeeuw	52.67	8302618	52.87

Masters 30+, Dames

1.	Roelien Braber	De Stormvogel	20.47	7901298	20.53
2.	Mascha Schijvenaars	De Zilvermeeuw	19.95	7900754	21.80
NG	Lana Ohlenroth	De Stormvogel	20.08	7801134	

Masters 35+, Dames

1.	Anja Leijten	BZV 's-hertogenbosch	25.39	7500806	25.31
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Masters 40+, Dames

1.	Conzuela Brink	De Stormvogel	18.51	7000744	19.56
2.	Lianne Meerman	Luctor et Emergo	20.00	6900870	24.06
3.	Gerlinda Smet	Z.V. Zeelandia	27.22	7000468	29.19
AFGEM	Sylvia de Kort	Luctor et Emergo	27.65	7000852	

Programmanr. 7, 25m schoolslag

Masters 45+, Dames

1. Yvonne van Zijl	BZV 's-hertogenbosch	22.98	6300402	22.94
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Masters 50+, Dames

1. Marijke van Hoek	De Stormvogel	19.51	5800050	20.68
2. Janneke van Liesdonk	Arethusa	25.14	5700060	26.29

Masters 55+, Dames

1. Gonnie Bak	PSV	28.00	5100002	23.81
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Masters 80+, Dames

1. Anneke Logtenberg	Old Dutch Breda	27.81	2900004	30.90
2. Marianne Maandonks	PSV	37.88	2600004	40.40*

Programmanr. 8
07.03.2010 - 14:36

50m vlinderslag

20 - 89 jaar
Resultaten

Rang			In.tijd	Tijd
Masters 25+, Heren				
DIS	Lars Visser	De Stormvogel	39.82	8202379
	<i>VG - Bij de laatste armslag voor keer- en/of eindpunt de armen niet over het water naar voren gebracht.</i>			
Masters 30+, Heren				
1.	Niels van Wageningen	d'ELFT	31.34	7601335
Masters 35+, Heren				
1.	Oscar van Holsteyn	AquAmigos	29.66	7100373
Masters 40+, Heren				
1.	Rene Beetsma	HZ&PC Heerenveen	29.50	6900069
2.	Harold Matla	PSV	30.45	6800591
3.	Mario Cuelenaere	Luctor et Emergo	38.00	6901569
Masters 45+, Heren				
1.	Dolph Kamphuis	De Stormvogel	31.14	6301267
2.	Arno Loof	De Schelde	NT	6301265
Masters 50+, Heren				
1.	André Schutte	De Stormvogel	34.22	6000521
Masters 55+, Heren				
1.	Brend Brevé	PSV	31.32	5200265
Masters 70+, Heren				
1.	Nico Geers	Van Uden-De Gouwe	40.00	3800007

Programmanr. 8, 50m vlinderslag

Masters 20+, Dames

1. Mariella Rijk	De Stormvogel	40.50	8705976	41.52
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Masters 25+, Dames

1. Caroline Vervueren	SV Aartselaar	34.82	SVAZ/121/81	35.08
2. Nicole van den Doeselaar	BZV 's-hertogenbosch	41.60	8500692	42.34

Masters 30+, Dames

1. Lieve Rens	SV Aartselaar	43.67	SVAZ/089/79	43.71
2. Dörthe Dräger	DES	43.60	7600956	45.43
NG Lana Ohlenroth	De Stormvogel	42.79	7801134	

Masters 35+, Dames

1. Bianca Hertogh - Buijsse	Scheldestroom	NT	7400910	39.71
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Masters 40+, Dames

1. Kristien van de Moortel	SHARK	37.78	SHARK/315/69	39.56
2. Meke Oomens	Old Dutch Breda	41.18	7000370	45.79

Masters 45+, Dames

1. Linda v.d. Ree	Z&PC de Ganze	37.13	6300452	37.84
2. Alie Visser	HZ&PC Heerenveen	41.54	6400494	41.91

Masters 50+, Dames

1. Mies Kuipers	Old Dutch Breda	59.59	5800202	1:00.82
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Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	1:22.24	3400004	1:18.13
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Programmanr. 9 100m wisselslag 20 - 89 jaar Resultaten
07.03.2010 - 14:42

Rang				In.tijd		Tijd
Masters 20+, Heren						
1.	Erik van der Zeyden	RZ		1:17.01	8604569	1:19.78
	50m: 37.77 37.77	100m: 1:19.78 42.01				
Masters 30+, Heren						
1.	Han Ruijs	RZ		1:21.00	7901867	1:19.63
	50m: 37.84 37.84	100m: 1:19.63 41.79				
Masters 35+, Heren						
1.	Dennis de Kraker	De Zilvermeeuw		1:20.64	7301379	1:18.22
	50m: 35.96 35.96	100m: 1:18.22 42.26				
2.	Mark Kap	De Zilvermeeuw		1:20.39	7200487	1:23.00
	50m: 38.86 38.86	100m: 1:23.00 44.14				
3.	Patrick van Akkeren	Scheldestroom		1:37.24	7501301	1:39.52
	50m: 50.12 50.12	100m: 1:39.52 49.40				

Programmanr. 9, 100m wisselslag

Masters 40+, Heren

1.	Rinse Rooker			Old Dutch Breda	1:18.56	6600675	1:19.90
	50m: 39.99	39.99	100m: 1:19.90	39.91			
2.	Jaap de Munck			Z.V. Zeelandia	1:28.49	6800629	1:31.12
	50m: 42.80	42.80	100m: 1:31.12	48.32			
NG	Tonny Vinke			Scheldestroom	1:19.34	6701035	

Masters 45+, Heren

1.	Peter Fölker			Aqua-Novio '94	1:12.95	6401021	1:13.12
	50m: 34.76	34.76	100m: 1:13.12	38.36			
2.	Ron van Vliet			De Stormvogel	1:09.83	6100849	1:14.75
	50m: 34.81	34.81	100m: 1:14.75	39.94			
3.	Ralph Caster			RZ	1:14.99	6100069	1:16.39
	50m: 37.41	37.41	100m: 1:16.39	38.98			
4.	Bart van Betuw			Zegenwerp	1:21.80	6500087	1:18.77
	50m: 36.11	36.11	100m: 1:18.77	42.66			
5.	John Wirtz			De Stormvogel	1:17.39	6301131	1:19.39
	50m: 38.44	38.44	100m: 1:19.39	40.95			
6.	Martin Stroosnijder			Z.V. Zeelandia	NT	6200999	1:53.40
	50m: 56.44	56.44	100m: 1:53.40	56.96			
DIS	Peter Boekhorst			Scheldestroom	1:19.09	6301063	1:19.24
	<i>RH - Het eindpunt niet in rugligging aangeraakt.</i>						
	50m: 38.19	38.19	100m: 1:19.24	41.05			
NG	Joost de Kroon			AquAmigos	1:21.30	6400999	

Masters 50+, Heren

1.	Wim de Lange			Electrolux AZC	1:17.24	5800533	1:18.04
	50m: 37.83	37.83	100m: 1:18.04	40.21			
2.	Abe Kramer			De Stormvogel	1:54.25	5700481	1:53.48
	50m: 54.38	54.38	100m: 1:53.48	59.10			
AFGEM	Willem Zwiers			AquAmigos	1:16.98	5800505	

Masters 55+, Heren

1.	Brend Brevé			PSV	1:13.38	5200265	1:16.32
	50m: 36.12	36.12	100m: 1:16.32	40.20			
2.	Pieter Husslage			Old Dutch Breda	1:18.40	5300091	1:20.29
	50m: 37.96	37.96	100m: 1:20.29	42.33			

Masters 60+, Heren

1.	Donald Uijtenbogaart			Het Y	1:16.19	4700107	1:22.87
	50m: 39.53	39.53	100m: 1:22.87	43.34			
2.	Mar van Geel			Old Dutch Breda	1:45.62	4700135	1:50.14
	50m: 57.67	57.67	100m: 1:50.14	52.47			

Masters 65+, Heren

1.	Nico Baay			Old Dutch Breda	1:50.94	4200053	1:54.20
	50m: 54.44	54.44	100m: 1:54.20	59.76			

Programmanr. 9, 100m wisselslag

Masters 20+, Dames

1.	Maaïke van Diggele		Zpb H&I	1:19.91	8700868	1:21.08
	50m: 38.21 38.21	100m: 1:21.08 42.87				
2.	Dorien Vasseur		Scheldestroom	1:31.82	8704164	1:33.06
	50m: 45.12 45.12	100m: 1:33.06 47.94				
3.	Mariella Rijk		De Stormvogel	1:28.00	8705976	1:33.44
	50m: 44.04 44.04	100m: 1:33.44 49.40				

Masters 25+, Dames

1.	Renee de Kok		PSV	1:26.10	8403350	1:24.20
	50m: 41.54 41.54	100m: 1:24.20 42.66				
2.	Veronique Vasseur		Scheldestroom	1:21.49	8302026	1:30.45
	50m: 43.36 43.36	100m: 1:30.45 47.09				
3.	Mariska Beerendonk		De Zilvermeeuw	NT	8403332	1:53.66
	50m: 55.33 55.33	100m: 1:53.66 58.33				

Masters 30+, Dames

1.	Jolanda van Gendt		PSV	1:19.23	7800266	1:21.55
	50m: 37.60 37.60	100m: 1:21.55 43.95				
2.	Roelien Braber		De Stormvogel	1:23.79	7901298	1:25.47
	50m: 41.13 41.13	100m: 1:25.47 44.34				
3.	Marlie Braber		De Stormvogel	1:30.00	8001638	1:26.55
	50m: 39.75 39.75	100m: 1:26.55 46.80				
4.	Corina Baaij		Z.V. Zeelandia	1:32.58	7800022	1:30.97
	50m: 41.52 41.52	100m: 1:30.97 49.45				

Masters 35+, Dames

1.	Liselotte Joling		PSV	1:18.22	7500268	1:17.97
	50m: 37.20 37.20	100m: 1:17.97 40.77				
2.	Bianca Hertogh - Buijsse		Scheldestroom	1:30.45	7400910	1:30.15
	50m: 42.38 42.38	100m: 1:30.15 47.77				
3.	Bianca Smet		Z.V. Zeelandia	1:50.42	7100416	1:51.49
	50m: 49.27 49.27	100m: 1:51.49 1:02.22				
NG	Thérèse de Munck		Z.V. Zeelandia	1:26.23	7100438	

Masters 40+, Dames

1.	Karin van den Heuvel		AquAmigos	1:25.45	6600188	1:35.48*
	50m: 45.93 45.93	100m: 1:35.48 49.55				

Masters 45+, Dames

1.	Gabrielle Verdonk		Luctor et Emergo	1:30.23	6200210	1:29.14
	50m: 40.39 40.39	100m: 1:29.14 48.75				
2.	Ineke Bak		Luctor et Emergo	1:26.82	6500004	1:33.33*
	50m: 43.68 43.68	100m: 1:33.33 49.65				

Programmanr. 9, 100m wisselslag

Masters 50+, Dames

1. Patty Verhagen	AquAmigos	1:21.60	5900146	1:24.10
50m: 39.41 39.41	100m: 1:24.10 44.69			
2. Pia van der Molen	HZ&PC Heerenveen	1:30.05	6000116	1:29.91
50m: 41.47 41.47	100m: 1:29.91 48.44			
3. Lenie Bal	De Stormvogel	1:52.38	5800186	1:57.53
50m: 59.51 59.51	100m: 1:57.53 58.02			
4. Mies Kuipers	Old Dutch Breda	2:06.19	5800202	2:03.45*
50m: 1:01.72 1:01.72	100m: 2:03.45 1:01.73			

Masters 75+, Dames

1. Annie de Vos	Old Dutch Breda	2:50.00	3400004	2:16.04
50m: 1:07.28 1:07.28	100m: 2:16.04 1:08.76			

Programmanr. 10
07.03.2010 - 14:58

25m vrije slag
De 25 meter start aan de keerzijde van het bad

20 - 89 jaar
Resultaten

Rang		In.tijd		Tijd
Masters 25+, Heren				
1.	Lars Visser	De Stormvogel	14.04 8202379	15.28
Masters 35+, Heren				
1.	Dennis van Markesteijn	Zv Olympia	13.59 7201333	14.64
2.	Walter van Luenen	BZV 's-hertogenbosch	13.82 7501237	15.14
3.	Erwin van Dartel	BZV 's-hertogenbosch	14.58 7401345	15.17
Masters 40+, Heren				
1.	Rene Beetsma	HZ&PC Heerenveen	12.57 6900069	13.30
2.	Harold Matla	PSV	12.35 6800591	13.39
3.	Mario Cuelenaere	Luctor et Emergo	13.86 6901569	13.92
4.	Rinse Rooker	Old Dutch Breda	13.12 6600675	14.82
5.	Evert Jobse	Luctor et Emergo	15.00 6801417	16.10
6.	François Smet	Z.V. Zeelandia	16.02 6800839	16.91
Masters 45+, Heren				
1.	Dolph Kamphuis	De Stormvogel	12.64 6301267	12.90
2.	Phil Trethewie	Old Dutch Breda	12.30 6501315	13.28
3.	Ralph Caster	RZ	14.18 6100069	14.90
4.	Rob van Wijk	DES	14.66 6401213	15.62
5.	Martin Stroosnijder	Z.V. Zeelandia	17.75 6200999	18.06
Masters 50+, Heren				
1.	Arno Wouters	De Stormvogel	12.44 5800667	13.18
2.	Abe Kramer	De Stormvogel	16.82 5700481	16.91
Masters 55+, Heren				
1.	Peter Reedijk	De Krabben	NT 5500421	23.36

Programmanr. 10, 25m vrije slag

Masters 65+, Heren

1. Ruud Sloof	De Rijn	15.73	4400073	16.57
2. Frans van der Walle	Old Dutch Breda	19.04	4300089	19.05
3. Nico Baay	Old Dutch Breda	19.07	4200053	21.21

Masters 70+, Heren

1. Ernest van Iersel	Arethusa	16.67	3900007	18.10
2. Ad Tersteeg	Old Dutch Breda	19.87	3900021	22.99
AFGEM Hans Deelen	De Lansingh	25.31	3600021	

Masters 20+, Dames

1. Maaïke van Diggele	Zpb H&I	NT	8700868	16.43
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Masters 25+, Dames

1. Mariska Boeykens	De Zilvermeeuw	38.42	8302618	48.40
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Masters 30+, Dames

1. Marlie Braber	De Stormvogel	14.66	8001638	15.73
2. Mascha Schijvenaars	De Zilvermeeuw	17.85	7900754	20.23
NG Lana Ohlenroth	De Stormvogel	15.35	7801134	

Masters 35+, Dames

1. Trudie van Niejenhuis	DES	13.96	7100444	15.31
2. Anja Leijten	BZV 's-hertogenbosch	17.10	7500806	18.41
3. Bianca Smet	Z.V. Zeelandia	18.95	7100416	19.74

Masters 40+, Dames

1. Conzuela Brink	De Stormvogel	15.72	7000744	16.73
2. Lianne Meerman	Luctor et Emergo	16.30	6900870	17.16
3. Meke Oomens	Old Dutch Breda	16.02	7000370	17.18
4. Gerlinda Smet	Z.V. Zeelandia	20.92	7000468	24.64
AFGEM Sylvia de Kort	Luctor et Emergo	21.07	7000852	

Masters 45+, Dames

1. Alie Visser	HZ&PC Heerenveen	NT	6400494	17.22
2. Yvonne van Zijl	BZV 's-hertogenbosch	17.01	6300402	19.25

Masters 50+, Dames

1. Marijke van Hoek	De Stormvogel	15.26	5800050	16.06
2. Janneke van Liesdonk	Arethusa	22.08	5700060	22.85

Masters 80+, Dames

1. Anneke Logtenberg	Old Dutch Breda	23.54	2900004	25.07
2. Marianne Maandonks	PSV	33.26	2600004	35.72*

Programmanr. 11
07.03.2010 - 15:06

4 x 50m wisselslag

80 jaar en ouder
Resultaten

Rang				In.tijd		Tijd
120+, Heren						
1.	RZ 1	RZ		2:25.08		2:19.58
	Gino Martijn	79	34.94	Ralph Caster	61	+0.60 35.51
	Han Ruijs	79	+0.34 38.34	Erik van der Zeyden	86	+0.60 30.79
120+, Dames						
1.	De Stormvogel 2	De Stormvogel		2:32.37		2:39.77
	Roelien Braber	79	41.58	Mariella Rijk	87	46.82
	Conzuela Brink	70	+0.56 42.76	Marie Braber	80	28.61
120+, Gemengd						
1.	De Zilvermeeuw 1	De Zilvermeeuw		NT		2:40.02
	Mariska Beerendonk	84	54.03	Dennis de Kraker	73	+0.53 38.51
	Mascha Schijvenaars	79	+0.45 44.25	Arno van Ederen	61	+1.52 23.23
2.	Zvs 1	Scheldestroom		2:39.66		2:41.85
	Bianca Hertogh - Buijsse	74	43.40	Peter Boekhorst	63	+0.55 35.04
	Dorien Vasseur	87	+0.79 47.17	Patrick van Akkeren	75	+0.94 36.24
160+, Heren						
1.	De Stormvogel 1	De Stormvogel		2:19.00		2:29.35
	John Wirtz	63	41.37	Ron van Vliet	61	+0.60 34.08
	Lars Visser	82	+1.33 45.21	Arno Wouters	58	+0.49 28.69
160+, Gemengd						
1.	PSV 1	PSV		2:10.70		2:15.83
	Liselotte Joling	75	38.37	Brend Brevé	52	+0.53 32.91
	Harold Matla	68	+0.41 31.96	Jolanda van Gendt	78	+0.54 32.59
2.	Zeelandia 1	Z.V. Zeelandia		2:51.74		2:56.18
	Bianca Smet	71	48.81	Jaap de Munck	68	+0.58 41.38
	Martin Stroosnijder	62	+0.90 50.95	Corina Baaij	78	+0.60 35.04
AFGEM	Luctor et Emergo 1	Luctor et Emergo		2:25.00		
	Lianne Meerman	69		Sylvia de Kort	70	
	Evert Jobse	68		Mario Cuelenaere	69	
200+, Gemengd						
1.	De Stormvogel 3	De Stormvogel		2:50.16		3:00.85
	Abe Kramer	57	58.66	André Schutte	60	+0.43 35.25
	Lenie Bal	58	+0.82 52.60	Marijke van Hoek	58	+0.66 34.34

Programmanr. 12
07.03.2010 - 15:14

800m vrije slag

20 - 89 jaar
Resultaten

Rang							In.tijd	Tijd				
Masters 20+, Heren												
1.	Martin Martens						BZV 's-hertogenbosch	11:56.37	8702173	11:26.24		
	50m:	35.87	35.87	250m:	3:24.08	44.01	450m:	6:20.87	45.56	650m:	9:16.72	43.87
	100m:	1:15.18	39.31	300m:	4:07.48	43.40	500m:	7:05.57	44.70	700m:	10:00.50	43.78
	150m:	1:57.34	42.16	350m:	4:51.19	43.71	550m:	7:49.39	43.82	750m:	10:44.61	44.11
	200m:	2:40.07	42.73	400m:	5:35.31	44.12	600m:	8:32.85	43.46	800m:	11:26.24	41.63
Masters 30+, Heren												
1.	Niels van Wageningen						d'ELFT	11:20.09	7601335	10:40.36		
	50m:	35.11	35.11	250m:	3:15.27	41.10	450m:	6:00.38	41.25	650m:	8:42.98	39.89
	100m:	1:13.33	38.22	300m:	3:56.27	41.00	500m:	6:41.51	41.13	700m:	9:23.18	40.20
	150m:	1:53.31	39.98	350m:	4:37.86	41.59	550m:	7:22.52	41.01	750m:	10:03.84	40.66
	200m:	2:34.17	40.86	400m:	5:19.13	41.27	600m:	8:03.09	40.57	800m:	10:40.36	36.52
NG	Joris Haest						PSV	10:55.67	7900441			
Masters 35+, Heren												
1.	Oscar van Holsteyn						AquAmigos	10:49.11	7100373	11:14.55		
	50m:	36.50	36.50	250m:	3:22.67	42.19	450m:	6:14.16	43.28	650m:	9:07.82	43.27
	100m:	1:17.10	40.60	300m:	4:05.05	42.38	500m:	6:57.13	42.97	700m:	9:50.75	42.93
	150m:	1:58.60	41.50	350m:	4:47.76	42.71	550m:	7:41.24	44.11	750m:	10:33.06	42.31
	200m:	2:40.48	41.88	400m:	5:30.88	43.12	600m:	8:24.55	43.31	800m:	11:14.55	41.49
2.	Mark Kap						De Zilvermeeuw	NT	7200487	11:55.33h		
	<i>700m is backuptijd, 800m is handtijd</i>											
	50m:	40.93	40.93	250m:	3:42.05	46.21	450m:	6:46.30	45.74	650m:	9:45.34	43.62
	100m:	1:24.32	43.39	300m:	4:28.62	46.57	500m:	7:32.06	45.76	700m:	10:28.85	43.51
	150m:	2:09.56	45.24	350m:	5:14.62	46.00	550m:	8:17.00	44.94	750m:	11:12.23	43.38
	200m:	2:55.84	46.28	400m:	6:00.56	45.94	600m:	9:01.72	44.72	800m:	11:55.33	43.10
Masters 40+, Heren												
1.	Rene Beetsma						HZ&PC Heerenveen	9:30.00	6900069	9:50.65		
	50m:	32.48	32.48	250m:	2:59.30	37.12	450m:	5:30.47	37.75	650m:	8:00.06	37.23
	100m:	1:08.50	36.02	300m:	3:36.99	37.69	500m:	6:08.16	37.69	700m:	8:37.09	37.03
	150m:	1:45.20	36.70	350m:	4:14.56	37.57	550m:	6:45.64	37.48	750m:	9:13.97	36.88
	200m:	2:22.18	36.98	400m:	4:52.72	38.16	600m:	7:22.83	37.19	800m:	9:50.65	36.68
2.	Ronnie Babijn						De Schelde	NT	7000029	10:07.28		
	50m:	34.33	34.33	250m:	3:06.08	38.33	450m:	5:40.66	38.48	650m:	8:15.51	38.64
	100m:	1:11.30	36.97	300m:	3:44.64	38.56	500m:	6:19.82	39.16	700m:	8:53.55	38.04
	150m:	1:49.43	38.13	350m:	4:23.25	38.61	550m:	6:58.03	38.21	750m:	9:31.41	37.86
	200m:	2:27.75	38.32	400m:	5:02.18	38.93	600m:	7:36.87	38.84	800m:	10:07.28	35.87
3.	André Zandberg						TRB-RES	NT	6601369	11:47.89		
	<i>250m tt is backuptijd</i>											
	50m:	37.33	37.33	250m:	3:30.53	44.87	450m:	6:33.08	45.83	650m:	9:34.51	45.01
	100m:	1:18.29	40.96	300m:	4:15.90	45.37	500m:	7:19.39	46.31	700m:	10:19.92	45.41
	150m:	2:01.66	43.37	350m:	5:01.49	45.59	550m:	8:04.80	45.41	750m:	11:04.66	44.74
	200m:	2:45.66	44.00	400m:	5:47.25	45.76	600m:	8:49.50	44.70	800m:	11:47.89	43.23
Masters 45+, Heren												
1.	Jan Brink						De Stormvogel	9:44.57	6200091	10:16.85		
	50m:	34.56	34.56	250m:	3:06.58	38.14	450m:	5:40.68	38.92	650m:	8:18.85	39.69
	100m:	1:12.30	37.74	300m:	3:44.64	38.06	500m:	6:20.03	39.35	700m:	8:58.62	39.77
	150m:	1:50.42	38.12	350m:	4:23.03	38.39	550m:	6:59.59	39.56	750m:	9:37.96	39.34
	200m:	2:28.44	38.02	400m:	5:01.76	38.73	600m:	7:39.16	39.57	800m:	10:16.85	38.89

Programmanr. 12, Heren, 800m vrije slag, Masters 45+

Rang				In.tijd		Tijd
2.	Phil Trethewie	Old Dutch Breda		11:27.95	6501315	11:36.35*
	<i>800m is backuptijd</i>					
	50m: 37.47 37.47	250m: 3:31.22 45.32	450m: 6:30.44 44.35	650m: 9:30.36	44.29	
	100m: 1:18.87 41.40	300m: 4:15.88 44.66	500m: 7:15.54 45.10	700m: 10:14.13	43.77	
	150m: 2:02.15 43.28	350m: 5:00.83 44.95	550m: 8:00.75 45.21	750m: 10:57.32	43.19	
	200m: 2:45.90 43.75	400m: 5:46.09 45.26	600m: 8:46.07 45.32	800m: 11:36.35	39.03	
3.	Ron van Vliet	De Stormvogel		11:30.00	6100849	11:47.32
	50m: 36.42 36.42	250m: 3:27.10 44.06	450m: 6:27.92 46.29	650m: 9:31.94	46.85	
	100m: 1:16.69 40.27	300m: 4:11.44 44.34	500m: 7:13.15 45.23	700m: 10:17.68	45.74	
	150m: 1:59.41 42.72	350m: 4:55.97 44.53	550m: 7:59.09 45.94	750m: 11:03.63	45.95	
	200m: 2:43.04 43.63	400m: 5:41.63 45.66	600m: 8:45.09 46.00	800m: 11:47.32	43.69	
4.	Jan Murre	De Stormvogel		11:53.58	6200947	12:02.61
	<i>550m is backuptijd</i>					
	50m: 39.03 39.03	250m: 3:42.56 46.25	450m: 6:47.25 46.57	650m: 9:51.82	44.90	
	100m: 1:23.43 44.40	300m: 4:28.22 45.66	500m: 7:33.67 46.42	700m: 10:37.25	45.43	
	150m: 2:09.63 46.20	350m: 5:14.73 46.51	550m: 8:20.17 46.50	750m: 11:19.62	42.37	
	200m: 2:56.31 46.68	400m: 6:00.68 45.95	600m: 9:06.92 46.75	800m: 12:02.61	42.99	
5.	Arno van Ederen	De Zilvermeeuw		NT	6100955	13:46.76
	50m: 43.38 43.38	250m: 4:06.72 51.77	450m: 7:39.75 51.46	650m: 11:12.16	52.29	
	100m: 1:31.06 47.68	300m: 4:59.66 52.94	500m: 8:33.15 53.40	700m: 12:04.65	52.49	
	150m: 2:23.02 51.96	350m: 5:54.04 54.38	550m: 9:26.77 53.62	750m: 12:57.79	53.14	
	200m: 3:14.95 51.93	400m: 6:48.29 54.25	600m: 10:19.87 53.10	800m: 13:46.76	48.97	
NG	Joost de Kroon	AquaAmigos		11:15.24	6400999	

Masters 50+, Heren

1.	Albert Boonstra	Aqua-Novio '94		10:07.50	5700425	9:58.72
	50m: 33.33 33.33	250m: 3:05.53 38.13	450m: 5:39.02 38.14	650m: 8:10.77	37.48	
	100m: 1:11.01 37.68	300m: 3:43.84 38.31	500m: 6:17.50 38.48	700m: 8:48.17	37.40	
	150m: 1:49.15 38.14	350m: 4:22.30 38.46	550m: 6:55.63 38.13	750m: 9:24.93	36.76	
	200m: 2:27.40 38.25	400m: 5:00.88 38.58	600m: 7:33.29 37.66	800m: 9:58.72	33.79	
2.	Wim de Lange	Electrolux AZC		11:30.00	5800533	11:22.92
	50m: 37.15 37.15	250m: 3:26.89 43.05	450m: 6:19.78 43.30	650m: 9:14.85	44.07	
	100m: 1:18.47 41.32	300m: 4:09.84 42.95	500m: 7:03.38 43.60	700m: 9:58.33	43.48	
	150m: 2:00.81 42.34	350m: 4:53.30 43.46	550m: 7:46.96 43.58	750m: 10:41.86	43.53	
	200m: 2:43.84 43.03	400m: 5:36.48 43.18	600m: 8:30.78 43.82	800m: 11:22.92	41.06	
3.	Jan de Laet	AquaAmigos		12:38.86	6000861	13:03.36
	50m: 43.79 43.79	250m: 3:58.24 48.31	450m: 7:18.71 49.27	650m: 10:39.01	50.31	
	100m: 1:30.89 47.10	300m: 4:47.62 49.38	500m: 8:09.26 50.55	700m: 11:28.92	49.91	
	150m: 2:20.61 49.72	350m: 5:38.19 50.57	550m: 8:59.04 49.78	750m: 12:18.26	49.34	
	200m: 3:09.93 49.32	400m: 6:29.44 51.25	600m: 9:48.70 49.66	800m: 13:03.36	45.10	

Masters 55+, Heren

1.	Pieter Husslage	Old Dutch Breda		12:13.41	5300091	12:46.68
	50m: 41.92 41.92	250m: 3:55.12 49.21	450m: 7:14.44 49.99	650m: 10:27.43	47.37	
	100m: 1:29.02 47.10	300m: 4:45.49 50.37	500m: 8:04.11 49.67	700m: 11:13.38	45.95	
	150m: 2:17.07 48.05	350m: 5:35.88 50.39	550m: 8:52.14 48.03	750m: 12:00.38	47.00	
	200m: 3:05.91 48.84	400m: 6:24.45 48.57	600m: 9:40.06 47.92	800m: 12:46.68	46.30	
2.	Peter van Genderen	Old Dutch Breda		13:58.18	5500405	13:48.62*
	<i>400 en 800m is backuptijd</i>					
	50m: 41.54 41.54	250m: 4:02.82 52.78	450m: 7:35.16 53.05	650m: 11:11.16	53.30	
	100m: 1:28.18 46.64	300m: 4:55.18 52.36	500m: 8:29.69 54.53	700m: 12:04.19	53.03	
	150m: 2:18.23 50.05	350m: 5:48.42 53.24	550m: 9:23.00 53.31	750m: 12:58.01	53.82	
	200m: 3:10.04 51.81	400m: 6:42.11 53.69	600m: 10:17.86 54.86	800m: 13:48.62	50.61	

Programmanr. 12, 800m vrije slag

Masters 60+, Heren

1. Mar van Geel		Old Dutch Breda		15:22.88	4700135	15:16.99	
50m: 44.95	44.95	250m: 4:33.92	57.66	450m: 8:33.86	59.70	650m: 12:26.17	58.09
100m: 1:38.80	53.85	300m: 5:34.41	1:00.49	500m: 9:31.20	57.34	700m: 13:24.95	58.78
150m: 2:37.64	58.84	350m: 6:34.44	1:00.03	550m: 10:29.57	58.37	750m: 14:22.76	57.81
200m: 3:36.26	58.62	400m: 7:34.16	59.72	600m: 11:28.08	58.51	800m: 15:16.99	54.23

Masters 70+, Heren

1. Nico Geers		Van Uden-De Gouwe		12:21.00	3800007	12:03.18	
50m: 41.08	41.08	250m: 3:43.50	45.67	450m: 6:46.61	45.83	650m: 9:50.33	45.59
100m: 1:25.89	44.81	300m: 4:28.66	45.16	500m: 7:33.00	46.39	700m: 10:36.19	45.86
150m: 2:12.01	46.12	350m: 5:14.71	46.05	550m: 8:18.59	45.59	750m: 11:20.90	44.71
200m: 2:57.83	45.82	400m: 6:00.78	46.07	600m: 9:04.74	46.15	800m: 12:03.18	42.28
2. Gregor Pompen		Aqua-Novio '94		13:45.00	3700021	13:37.20	
50m: 45.43	45.43	250m: 4:09.92	51.82	450m: 7:37.55	51.98	650m: 11:04.99	51.69
100m: 1:35.49	50.06	300m: 5:01.86	51.94	500m: 8:29.47	51.92	700m: 11:56.77	51.78
150m: 2:26.79	51.30	350m: 5:53.68	51.82	550m: 9:21.53	52.06	750m: 12:48.19	51.42
200m: 3:18.10	51.31	400m: 6:45.57	51.89	600m: 10:13.30	51.77	800m: 13:37.20	49.01
3. Ad Tersteeg		Old Dutch Breda		17:51.64	3900021	18:01.24	
50m: 55.65	55.65	250m: 5:35.38	1:10.04	450m: 10:11.43	1:09.75	650m: 14:45.33	1:09.13
100m: 2:05.13	1:09.48	300m: 6:44.58	1:09.20	500m: 11:19.59	1:08.16	700m: 15:54.33	1:09.00
150m: 3:14.99	1:09.86	350m: 7:53.48	1:08.90	550m: 12:27.44	1:07.85	750m: 17:01.37	1:07.04
200m: 4:25.34	1:10.35	400m: 9:01.68	1:08.20	600m: 13:36.20	1:08.76	800m: 18:01.24	59.87

Masters 20+, Dames

1. Liset de Veer		Aqua-Novio '94		12:15.00	8704190	11:42.88	
50m: 37.82	37.82	250m: 3:30.90	44.15	450m: 6:29.07	44.58	650m: 9:29.61	45.02
100m: 1:19.72	41.90	300m: 4:15.14	44.24	500m: 7:14.38	45.31	700m: 10:14.88	45.27
150m: 2:02.66	42.94	350m: 4:59.68	44.54	550m: 7:59.57	45.19	750m: 10:59.57	44.69
200m: 2:46.75	44.09	400m: 5:44.49	44.81	600m: 8:44.59	45.02	800m: 11:42.88	43.31

Masters 25+, Dames

1. Roos van Esch		TRB-RES		10:05.64	8200468	9:59.15	
50m: 33.84	33.84	250m: 3:02.73	37.49	450m: 5:33.54	37.80	650m: 8:06.82	38.44
100m: 1:10.62	36.78	300m: 3:40.31	37.58	500m: 6:11.65	38.11	700m: 8:45.16	38.34
150m: 1:47.97	37.35	350m: 4:17.97	37.66	550m: 6:50.04	38.39	750m: 9:23.26	38.10
200m: 2:25.24	37.27	400m: 4:55.74	37.77	600m: 7:28.38	38.34	800m: 9:59.15	35.89
2. Linda Hoogendam		d'ELFT		10:17.54	8300892	10:19.70	
50m: 32.90	32.90	250m: 3:08.08	39.17	450m: 5:46.51	39.79	650m: 8:26.08	39.48
100m: 1:11.60	38.70	300m: 3:47.42	39.34	500m: 6:26.50	39.99	700m: 9:05.62	39.54
150m: 1:50.05	38.45	350m: 4:27.06	39.64	550m: 7:06.72	40.22	750m: 9:44.05	38.43
200m: 2:28.91	38.86	400m: 5:06.72	39.66	600m: 7:46.60	39.88	800m: 10:19.70	35.65
3. Els Dommanschet		Z.V. Zeelandia		15:43.60	8100358	16:21.54	
<i>50 en 200m tijd zijn backuptijden</i>							
50m: 49.62	49.62	250m: 4:50.07	1:01.16	450m: 9:04.95	1:05.29	650m: 13:18.19	1:03.37
100m: 1:46.52	56.90	300m: 5:52.61	1:02.54	500m: 10:08.93	1:03.98	700m: 14:20.42	1:02.23
150m: 2:48.31	1:01.79	350m: 6:56.04	1:03.43	550m: 11:10.90	1:01.97	750m: 15:21.99	1:01.57
200m: 3:48.91	1:00.60	400m: 7:59.66	1:03.62	600m: 12:14.82	1:03.92	800m: 16:21.54	59.55

NG Bianca van Ringelestijn PSV 10:33.39 8502466

Masters 30+, Dames

1. Roelien Braber		De Stormvogel		12:37.71	7901298	12:04.14	
50m: 39.27	39.27	250m: 3:39.28	45.83	450m: 6:43.65	46.74	650m: 9:49.21	45.92
100m: 1:23.08	43.81	300m: 4:25.04	45.76	500m: 7:30.40	46.75	700m: 10:35.52	46.31
150m: 2:07.93	44.85	350m: 5:10.73	45.69	550m: 8:16.60	46.20	750m: 11:21.93	46.41
200m: 2:53.45	45.52	400m: 5:56.91	46.18	600m: 9:03.29	46.69	800m: 12:04.14	42.21

Programmanr. 12, Dames, 800m vrije slag, Masters 30+

Rang					In.tijd		Tijd	
2.	Lieve Rens		SV Aartselaar		13:00.00		SVAZ/089/7912:24.02	
	50m:	40.49 40.49	250m:	3:45.86 46.79	450m:	6:54.77 47.52	650m:	10:03.55 47.09
	100m:	1:25.31 44.82	300m:	4:33.02 47.16	500m:	7:41.92 47.15	700m:	10:51.20 47.65
	150m:	2:12.25 46.94	350m:	5:19.86 46.84	550m:	8:29.21 47.29	750m:	11:38.20 47.00
	200m:	2:59.07 46.82	400m:	6:07.25 47.39	600m:	9:16.46 47.25	800m:	12:24.02 45.82
3.	Clementine van Bruxvoort		Zpb H&I		13:43.72		7700138 13:32.23	
	50m:	43.35 43.35	250m:	4:05.18 51.30	450m:	7:31.91 51.54	650m:	11:00.69 51.45
	100m:	1:33.14 49.79	300m:	4:56.70 51.52	500m:	8:24.57 52.66	700m:	11:52.46 51.77
	150m:	2:22.70 49.56	350m:	5:48.83 52.13	550m:	9:15.70 51.13	750m:	12:44.71 52.25
	200m:	3:13.88 51.18	400m:	6:40.37 51.54	600m:	10:09.24 53.54	800m:	13:32.23 47.52

Masters 40+, Dames

1.	Kristien van de Moortel		SHARK		12:14.80		SHARK/315/19:22.58	
	50m:	40.58 40.58	250m:	3:46.00 46.62	450m:	6:53.28 46.58	650m:	10:02.29 47.70
	100m:	1:26.61 46.03	300m:	4:33.17 47.17	500m:	7:40.40 47.12	700m:	10:50.06 47.77
	150m:	2:12.93 46.32	350m:	5:20.08 46.91	550m:	8:27.23 46.83	750m:	11:36.94 46.88
	200m:	2:59.38 46.45	400m:	6:06.70 46.62	600m:	9:14.59 47.36	800m:	12:22.58 45.64
2.	Meke Oomens		Old Dutch Breda		12:43.18		7000370 13:00.56	
	50m:	44.09 44.09	250m:	4:00.53 49.81	450m:	7:17.56 49.02	650m:	10:33.99 49.60
	100m:	1:31.99 47.90	300m:	4:49.95 49.42	500m:	8:06.62 49.06	700m:	11:23.37 49.38
	150m:	2:21.05 49.06	350m:	5:39.05 49.10	550m:	8:55.46 48.84	750m:	12:12.41 49.04
	200m:	3:10.72 49.67	400m:	6:28.54 49.49	600m:	9:44.39 48.93	800m:	13:00.56 48.15

Masters 45+, Dames

1.	Linda v.d. Ree		Z&PC de Ganze		NT		6300452 12:14.95	
	50m:	40.69 40.69	250m:	3:46.84 47.36	450m:	6:55.97 47.10	650m:	10:01.58 46.46
	100m:	1:25.87 45.18	300m:	4:34.08 47.24	500m:	7:42.65 46.68	700m:	10:47.32 45.74
	150m:	2:12.41 46.54	350m:	5:21.59 47.51	550m:	8:29.06 46.41	750m:	11:32.69 45.37
	200m:	2:59.48 47.07	400m:	6:08.87 47.28	600m:	9:15.12 46.06	800m:	12:14.95 42.26
2.	Alie Visser		HZ&PC Heerenveen		NT		6400494 14:59.27*	
	<i>800m is backuptijd</i>							
	50m:	48.43 48.43	250m:	4:34.33 57.26	450m:	8:22.89 57.12	650m:	12:11.14 56.69
	100m:	1:43.31 54.88	300m:	5:31.76 57.43	500m:	9:20.14 57.25	700m:	13:08.29 57.15
	150m:	2:40.05 56.74	350m:	6:28.60 56.84	550m:	10:17.65 57.51	750m:	14:04.97 56.68
	200m:	3:37.07 57.02	400m:	7:25.77 57.17	600m:	11:14.45 56.80	800m:	14:59.27 54.30

Masters 50+, Dames

1.	Patty Verhagen		AquAmigos		10:44.86		5900146 11:01.29	
	50m:	37.60 37.60	250m:	3:22.73 42.12	450m:	6:10.45 41.98	650m:	8:56.94 41.56
	100m:	1:17.74 40.14	300m:	4:04.51 41.78	500m:	6:52.27 41.82	700m:	9:38.78 41.84
	150m:	1:58.99 41.25	350m:	4:46.36 41.85	550m:	7:33.97 41.70	750m:	10:20.37 41.59
	200m:	2:40.61 41.62	400m:	5:28.47 42.11	600m:	8:15.38 41.41	800m:	11:01.29 40.92
2.	Pia van der Molen		HZ&PC Heerenveen		14:02.95		6000116 13:14.90	
	50m:	41.64 41.64	250m:	3:59.17 51.02	450m:	7:24.45 51.21	650m:	10:45.58 49.49
	100m:	1:28.59 46.95	300m:	4:50.84 51.67	500m:	8:14.97 50.52	700m:	11:35.57 49.99
	150m:	2:17.80 49.21	350m:	5:42.02 51.18	550m:	9:05.69 50.72	750m:	12:25.85 50.28
	200m:	3:08.15 50.35	400m:	6:33.24 51.22	600m:	9:56.09 50.40	800m:	13:14.90 49.05
3.	Mies Kuipers		Old Dutch Breda		18:11.51		5800202 19:11.36*	
	<i>800m is backuptijd</i>							
	50m:	1:02.49 1:02.49	250m:	5:55.35 1:14.73	450m:	10:49.16 1:13.89	650m:	15:42.17 1:12.99
	100m:	2:15.82 1:13.33	300m:	7:07.01 1:11.66	500m:	12:04.32 1:15.16	700m:	16:55.11 1:12.94
	150m:	3:27.26 1:11.44	350m:	8:21.68 1:14.67	550m:	13:17.78 1:13.46	750m:	18:06.97 1:11.86
	200m:	4:40.62 1:13.36	400m:	9:35.27 1:13.59	600m:	14:29.18 1:11.40	800m:	19:11.36 1:04.39

Programmanr. 12, 800m vrije slag

Masters 55+, Dames

1. Gonnie Bak			PSV			16:00.00	5100002	15:22.78			
50m:	50.15	50.15	250m:	4:40.03	57.49	450m:	8:35.29	57.85	650m:	12:29.42	58.84
100m:	1:46.24	56.09	300m:	5:39.38	59.35	500m:	9:33.93	58.64	700m:	13:29.30	59.88
150m:	2:44.39	58.15	350m:	6:38.15	58.77	550m:	10:31.89	57.96	750m:	14:28.28	58.98
200m:	3:42.54	58.15	400m:	7:37.44	59.29	600m:	11:30.58	58.69	800m:	15:22.78	54.50

Masters 75+, Dames

1. Annie de Vos			Old Dutch Breda			17:48.83	3400004	17:38.97*			
<i>50, 100, 350 en 750 zijn plaattijden, rest backup!</i>											
50m:	57.70	57.70	250m:	5:20.84	1:06.02	450m:	9:46.33	1:06.46	650m:	14:15.81	1:07.68
100m:	2:04.69	1:06.99	300m:	6:27.22	1:06.38	500m:	10:53.22	1:06.89	700m:	15:24.59	1:08.78
150m:	3:09.05	1:04.36	350m:	7:33.45	1:06.23	550m:	12:00.41	1:07.19	750m:	16:33.82	1:09.23
200m:	4:14.82	1:05.77	400m:	8:39.87	1:06.42	600m:	13:08.13	1:07.72	800m:	17:38.97	1:05.15