

Open Dutch Masters  
Championships Swimming  
(Long Course)

5/6/7/8 May 2022



Information booklet







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## Preface

This is already the eleventh time that the Open Dutch Masters Swimming Championships are organized in Eindhoven. After the tournament has been postponed by Corona in 2020 and 2021, we are happy that the ODMC can be organized again in 2022 without restrictions.

We are happy to welcome many participants again.

This ODMC has 919 participants from 171 teams from 12 countries with 3396 individual and 386 relay entries. We're just full with a limited limitation.

A special welcome for the swimmers who are participating in the ODMC for the first time in our beautiful Pieter van den Hoogenband Swimming Stadium in Eindhoven. Some of them may have already had to wait a while for their masters debut. We hope you will soon feel at home in the masters family.

This year the match will be led by referees Arjan van Tilburg and Paul Chaudron. Starters are Henk van de Brink and Theo Doomen.

A total of 60 officials will be active during the weekend, 21 of whom will make their debut at an Eindhoven ODMC, and even 2 officials who have experienced all 11 editions.

RobSport.nl's swimming shop will be open during the tournament.

This can be found in the hall at the entrance of the swimming center.

We would like to thank all the people who helped with the preparations and those who helped during the tournament to make it a great success again.

Many thanks also to those who have processed the many e-mails with registrations, changes and questions. Special thanks to Ariën and Iny who spent a lot of time processing the entries. And also Kees-Jan and Annet for their contribution in the preliminary phase.

On behalf of the organization, we would like to wish everyone a sporty successful and enjoyable tournament with good performances in the water.

Organisatie ODMC 2022  
Harold, Jolanda, Ron

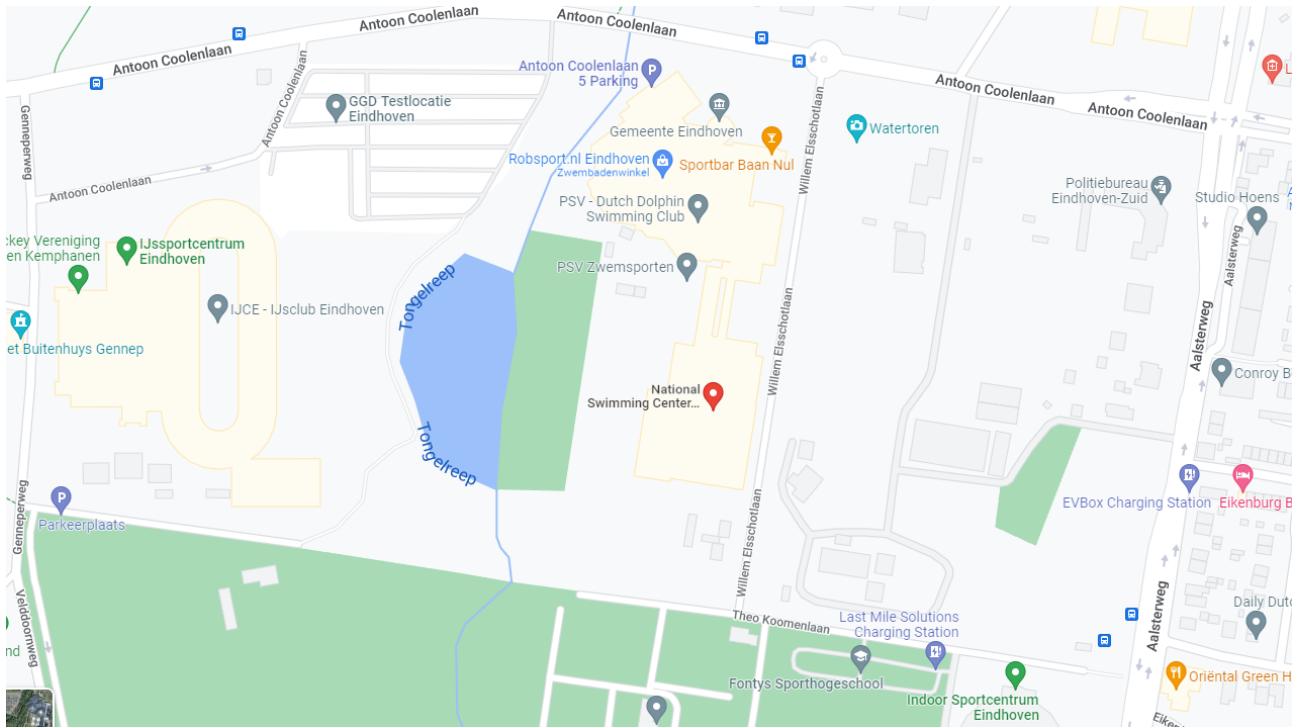
**The organisation can only be reached during the competition at: +31 (040) 238 1140.**

## Location and Map

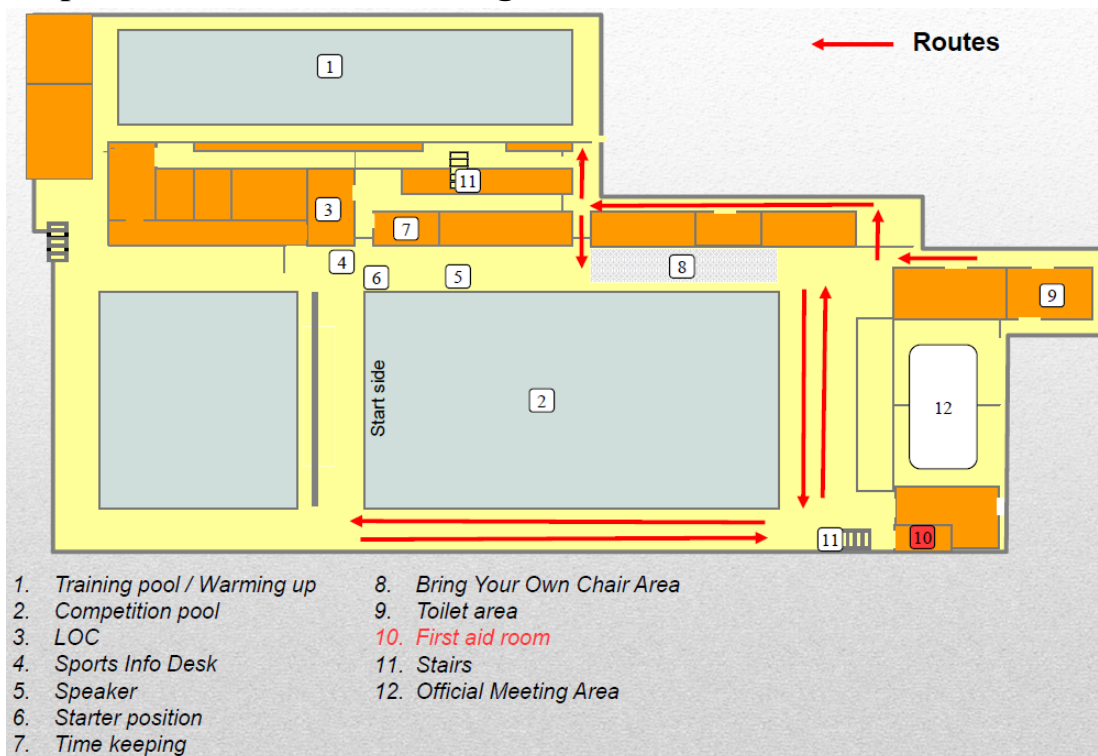
### Address

National Swimming Centre de Tongelreep  
Antoon Coolenlaan 1  
5644 RX Eindhoven  
040 238 1139

You can park in the large parking lot on Antoon Coolenlaan.  
There are also 4 charging points here.



### Map of the Pieter van den Hoogenband swim stadium



## Drinks, Lunch & Masters buffet

During the weekend beverages and food are available Sport Café Baan Nul (*Lane Zero*) situated at the entrance of the complex.

During lunch hours at Sport Café Baan Nul (*Lane Zero*) there are several lunch possibilities.

MENU		DRANK	
BREAD with CHEESE OR HAM	€2,20	COFFEE / TEA / ESPRESSO	€2,00
BREAD with CHEESE AND HAM	€2,80	CAPPUCCINO	€2,40
BREAD HEALTHY	€3,50	FRISTI / CHOCOMEL	€2,00
HAM, CHEESE, LETTUCE, CUCUMBER, TOMATO, EGG		PET BOTTLE SOFT DRINK/AA 0.5 LTR	€2,65
HARD BREAD HEALTHY	€4,50	TAPBEER BAVARIA	€2,30
BREAD with CROQUETTE OR FRIKANDEL	€3,00	TAPBEER BAVARIA BIG	€4,75
SAUSAGE ROLL	€2,50	PALM	€3,00
TOAST WITH HAM AND CHEESE	€3,00	SPECIAL BEER	€4,00
PANINI CHICKEN OR MOZZARELLA	€4,50	RADLER 0% OR 2%	€3,00
FRENCH FRIES	€2,50	WINE RED OR WHITE	€3,00
HAMBURGER	€4,75	FRUIT	€1,00
MAYO/KETCHUP/CURRY	€0,50	COOKING	€1,25
PASTA BOLOGNESE "TO GO"	€7,00	MUFFIN	€1,50
HAM OR CHEESE & EGGS SANDWICH	€6,50	CHIPS / CANDYBAR	€1,00
HAM AND CHEESE & EGGS SANDWICH	€7,50		
SALAD "TO GO" TUNA OR CHICKEN	€7,50		



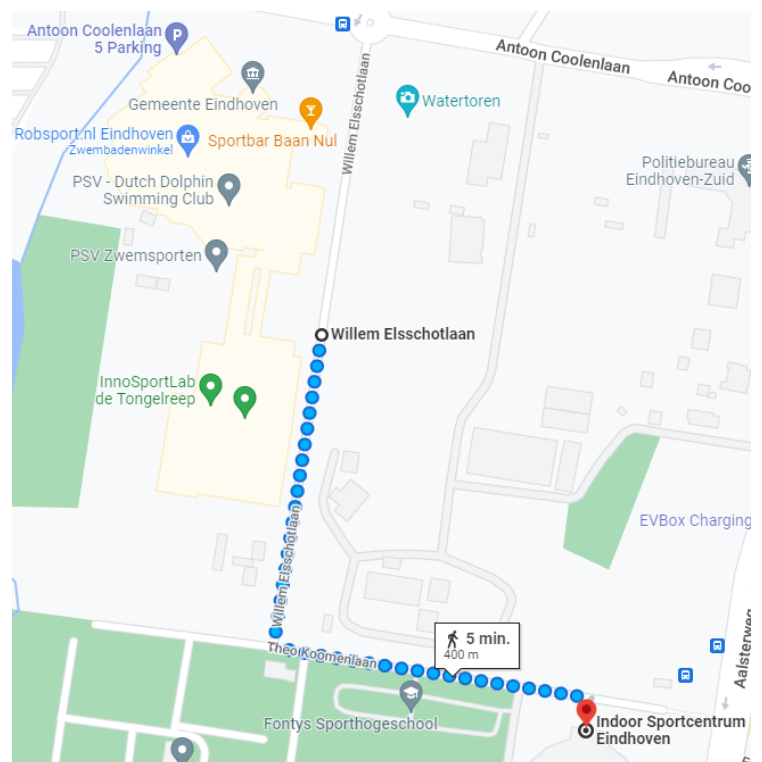
## Masters Buffet 2022

The Masters Buffet will take place on Saturday 7 May from 18:00-19:30 at the **Indoor Sports Centre**, Theo Koomenlaan 1 Eindhoven.

This year's menu is:

- pasta bolognese (incl. vegetarian)
- pasta carbonara
- pasta fish
- lasagna (incl. vegetarian)
- tomato salad
- cucumber salad
- cabbage salad
- baguette
- herbal butter

This includes 1 drink (beer, soda, wine)





## List of participating teams

### **Austria**

SC Diana Wien  
SU Mödling

### **Belgium**

Antwerpse Zwemclub Scaldis  
Brussels Gay Sports  
Cercle De Natation Sportcity  
Woluwe  
Deerlijkse Zwemvereniging  
Flemish Ardennes Swimming  
Team  
Genker Zwemvereniging  
Neptunus  
Koninklijke Zwemclub  
Neptunus Aalst  
MEGA-zwemteam  
Nautic Club Herve  
Nijlense Zwemclub  
ROSC  
Shark  
Tesswim  
ZC "De Dolfijnen" Asse-  
Ternat  
Zwemclub Iloka Kapellen  
Zwemclub Tremelo

### **France**

Club nautique du Val de  
Fensch  
Entente Sportive Nanterre  
Fecamp Aquatique Club  
Lille Universite Club  
SN Versailles  
Vichy Val D'Allier

### **Germany**

Aachener SV 06  
Duisburger ST  
Kaiserslauterer SK 1911  
Mainzer Schwimmverein 01  
Polizei SV Oldenburg  
SG Bayer  
SG Erkelenz - Hückelhoven  
SSF Bonn  
SSG Saar Max Ritter SV08  
SSV Ulm 1846  
VfR Uebach-Palenberg

### **Greece**

Palaimon Swim Academy  
Panathinaikos Swimming  
Team

### **Hungary**

Megathlon SE  
Swim Life SE

### **Lithuania**

Dzukijos Vandenis  
Kauno Takas

### **Luxembourg**

Cercle de Natation Dudelange  
Luxembourg Sharks  
Swimming Club  
Schwammclub Déifferdang  
Swimming Club Le Dauphin  
Ettelbruck  
Swimming Luxembourg

### **Norway**

Oslo Idrettslag Svømming

### **Poland**

Masters Krasnik

### **Slovakia**

Aquatics Nitra



## The Netherlands

### Groningen

Bubble  
De Inktvis  
H2Oldambt  
Nova  
Stadskanaal  
THOR  
TriVia

### Friesland

De Vikings  
DZ&PC  
HZ&PC Heerenveen  
ZCNF'34

### Drente

Aqua'68  
Aqualero

### Overijssel

De Dinkel  
De Grunte  
De IJsel  
De Veene  
Deltasteur  
Piranha  
Steenwijk 1934  
SWOL 1894  
WS Twente  
ZIGNEA  
ZPC De Hof

### Gelderland

Aqua-Novio'94  
Aquapoldro  
De Berkelduikers  
De IJsselmeeuwen  
De Meer  
De Rijn  
De Ward  
DWK  
ESCA Zwemmen  
Montferland  
NDD  
Octopus-ZVV (SG)  
RZC  
Triton Putten  
TZC-Vahalis  
WVW Winterswijk  
Zuiderzeezwemmers

### Utrecht

De Blauwe Schuur  
De Duinkickers  
GoSwim  
IJZPC  
Nat Utrecht  
VZC  
ZPC AMERSFOORT  
ZPC Woerden  
Zwemlust-den Hommel  
Zwemvereniging Hoogland

### Amsterdam/Het Gooi

AZ&PC De Futen  
De Amstel  
De Dolfijn  
De Otters Het Gooi  
Gay Swim Amsterdam  
Het Y  
Oceanus  
Triton

### Noord-Holland

DAW  
DWT  
EZV  
HPC  
MSV-Zeemacht  
SwimGym  
Upstream Amsterdam  
WZ&PC Purmerend  
ZPCH

### Gouwe Rijnstreek

AZC  
BZ&PC  
Niemo Barracuda  
Noordwijkerhout  
Sassenheim  
WIDEX GZC DONK  
ZVL-1886 Center

### Haaglanden

De Vliet (SG)  
d'ELFT  
DES  
Feijenoord Zwemmen (SG)  
Racing Club  
WVZ

### ZRO / ROM

ACZ  
Blue Marlins (SG)  
De Duck  
De Geul  
De Lansingh  
De Schotejil  
Poseidon'56  
Ragnar  
SCOM/De Zeehond'73 (SG)  
ZOB'66  
ZPB H&L Productions  
ZVVS  
ZZ&PC De Devel

### Zeeland

De Bevelanders  
Scheldestroom  
ZPC De Zeeuwse Kust

### Noord Brabant

AquAmigos  
Arethusa  
De Biesboschzwemmers  
De Treffers  
De Zilvermeeuw  
DIO  
Hieronymus  
Nautilus  
Nayade  
Neptunus'58  
Nuenen  
Old Dutch  
PSV  
Tiamat  
TRB-RES  
VZV Njord  
Z&PC Zegenwerp

### Limburg

De Rog  
HZPC  
Mosa-Regio  
MZ&PC  
Noord-Limburg (SG)  
Patrick-De Roersoppers (SG)  
RZ  
Tiburón



## Programme

ODMC 2022 long course				
<b>Day 1 Thursday afternoon session 1</b>				
2	1500m freestyle	Men		
	Break 15min			
3	1500m freestyle	Women		
<b>Day 2 Friday morning session 2</b>				
4	400m freestyle	Men		
5	400m freestyle	Women		
	Break 15min			
6	100m backstroke	Men		
7	100m backstroke	Women		
<b>Day 2 Friday afternoon session 3</b>				
8	50m butterfly	Men		
9	50m butterfly	Women		
10	200m breaststroke	Men		
11	200m breaststroke	Women		
12	100m freestyle	Men		
13	100m freestyle	Women		
	Break 15min			
14	200m medley	Men		
15	200m medley	Women		
	Break 5min			
16	4x200m freestyle	Women/Men/Mixed		
<b>Day 3 Saturday morning session 4</b>				
17	800m freestyle	Women		
	Break 15min			
18	400m medley	Men		
	Break 5min			
19	4x100m medley	Women/Men/Mixed		
<b>Day 3 Saturday afternoon session 5</b>				
21	50m backstroke	Women		
22	50m backstroke	Men		
23	200m butterfly	Women		
24	200m butterfly	Men		
25	100m breaststroke	Women		
	Break 15min			
26	100m breaststroke	Men		
27	200m freestyle	Women		
28	200m freestyle	Men		
	Break 5min			
29	4x50m freestyle	Women/Men/Mixed		
<b>Day 4 Sunday morning session 6</b>				
30	800m freestyle	Men		
	Break 15min			
31	400m medley	Women		
	Break 5min			
32	4x100m freestyle	Women/Men/Mixed		
<b>Day 4 Sunday afternoon session 7</b>				
34	200m backstroke	Men		
35	200m backstroke	Women		
36	50m freestyle	Men		
37	50m freestyle	Women		
	Break 15min			
38	100m butterfly	Men		
39	100m butterfly	Women		
40	50m breaststroke	Men		
41	50m breaststroke	Women		
	Break 5min			
42	4x50m medley	Women/Men/Mixed		

**Note:** The breaks can be subject to change and will be finalized during seeding.

## Side events

Sunday 18:00-19:30 **Masters buffet at the Indoor Sportcentrum Eindhoven**

Overview sessions				
Day	Session	Warmup	Start	End
Thursday	1	11:30	12:30	18:00
Friday	2	08:00	09:00	12:00
Friday	3	13:00	13:00	18:00
Saturday	4	08:00	09:00	12:00
Saturday	5	12:30	13:00	17:45
Saturday	Masters Buffet		18:00	19:30
Sunday	6	08:00	09:00	12:00
Sunday	7	12:30	13:00	16:30

## Swimming information

### Pool rules, lockers, chairs

Outdoor shoes are not allowed on the pool deck. Blue plastic shoe covers are available if necessary.

**Please throw your rubbish in the bins.**

There are lockers near the changing rooms in which you can store your belongings safely for a €0,50 deposit. You are allowed to bring your own chair.

### Warming up/training

Please leave the competition pool 5 minutes before the competition starts. There is no warming up in the competition pool during the short breaks. During the sessions the training pool is available for warming up, cooling down or training, with the exception of the lunch break.

	competition pool	training pool	competition pool	training pool
<b>Thursday</b>			11:30-12:25	12:30-end of competition
<b>Friday</b>	8:30-8:55	9:00-12:00	12:00-13:25	13:00- end of competition
<b>Saturday</b>	8:30-8:55	9:00-12:00	12:00-13:25	13:00- end of competition
<b>Sunday</b>	8:30-8:55	9:00-12:00	12:00-13:25	13:00- end of competition

### Starting procedures

All starts are on the side of the diving pool.

It is a **one-start competition**. There is no marshalling area, so please be on time.

There will be **overhead starts** with the exception of the 50 meter events and the 4x50m relays.

After finishing swimmers must stay in their own lane, to the side and at a distance of least 1 metre from the electronic touchpad. After the start of the next heat, or after directions from the officials, swimmers should leave the water as soon as possible via the sides.

### Withdrawals and not starting in events

Withdrawals must be in possession of the organization at the latest before the start of the first officials meeting of the meet day (8:00).

Preferably by email [mastersinschrijvingen@knzb.nl](mailto:mastersinschrijvingen@knzb.nl) or in writing at the sports info desk.

Later withdrawals or not starting in an event will be fined.

The referees may decide to take a participant out of the competition if this swimmer will exceed his entry time by a large margin.

### Relay changes

Please submit a new starting form before the warming up of the session in which the relay is swum. Changing the original age group is not allowed. This form can be your own one or you get a copy at the Sports info desk

### Results

Results will published in the pool, on <https://mastersprint.nl/live/>, via the SpashMe-app and the website of PSV Masters.

### Medals, ceremonies, awards

For each program, there are medals for each age group for the first three Dutch and foreigners who finish in the top 3. This also applies to relay races.

Medals must be picked up from the Sports Info Desk. Medals for relays must be picked up for the whole relay team at once. Swimmers who swam a World, European or National Masters record may be called for an extra award. This is also the case for relays!

Medals and awards will not be sent by mail.

### Children

Young children without swimming diplomas are obliged to wear swimming wings on the pool deck. Children are not allowed to play in the training pool.

### Swimsuits, Tape and Watches

The ODMC and KNZB follow FINA regulations for swimsuits. The usage of tape is not allowed. Watches are not allowed.

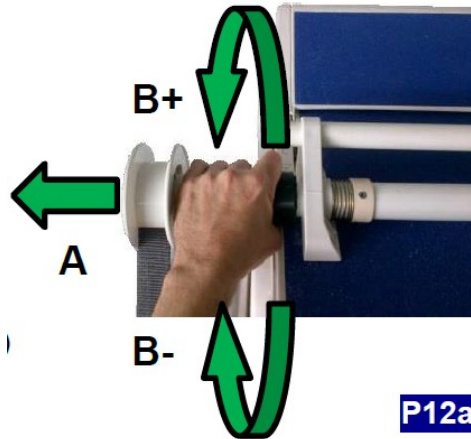
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## Backstroke Ledge

The backstroke ledge support will be used during the ODMC.  
With this device you can start easier with less chance of slipping.  
The official will ask the swimmer if he/she wants to use it.

### Adjust ledge

If the swimmer wants to make use of this, the official will hang the support ready at position



0.

The swimmer can adjust the position upwards (+2 or +4 cm) or downwards (-2 or -4 cm).  
To do this, pull the knob out, turn the knob to the desired position and push the knob back.

**Note:** when using the device, it is mandatory to touch the touch plate with your toes.  
The official at the lane will monitor



this.

**TIP:** when using the support, it is best to grab the high handle..





## ODMC Championships Records (2000-2019, long course)

The Championships Records are the fastest times ever swum in a particular age group at the past 5 long course Open Dutch Masters Championships. Since 2009 there are also 20+ records. In previous years this group swam in separate programmes as pre-masters.

Women	Stroke	20+	25+	30+	35+	40+	45+	50+	55+
50	fly	0:28,48	0:28,09	0:28,31	0:29,75	0:30,83	0:31,04	0:31,19	0:33,67
100	fly	1:04,31	1:04,53	1:04,23	1:08,64	1:09,97	1:11,72	1:11,16	1:14,27
200	fly	2:23,71	2:27,03	2:25,10	2:35,26	2:35,98	2:47,75	2:42,35	2:55,58
50	back	0:29,64	0:30,01	0:31,90	0:33,00	0:33,70	0:34,12	0:34,96	0:35,81
100	back	1:07,54	1:06,08	1:08,46	1:13,34	1:13,23	1:13,64	1:15,70	1:18,80
200	back	2:24,18	2:23,12	2:34,74	2:39,73	2:37,28	2:39,08	2:43,83	2:46,64
50	breast	0:34,20	0:33,48	0:33,15	0:35,47	0:36,40	0:34,84	0:37,57	0:39,55
100	breast	1:14,95	1:13,77	1:13,68	1:19,34	1:21,88	1:15,23	1:23,15	1:26,91
200	breast	2:44,82	2:44,28	2:41,81	2:53,15	2:55,06	2:48,04	3:04,80	3:08,06
50	free	0:27,06	0:26,83	0:27,31	0:28,31	0:28,70	0:28,00	0:29,31	0:30,77
100	free	0:58,89	0:59,04	0:59,16	1:01,55	1:01,54	1:02,67	1:05,33	1:07,62
200	free	2:08,88	2:08,60	2:16,06	2:15,67	2:09,78	2:11,84	2:20,41	2:31,60
400	free	4:33,11	4:33,97	4:39,83	4:49,20	4:29,65	4:35,00	4:58,98	5:26,65
800	free	9:16,61	9:23,03	9:43,85	9:50,01	9:10,90	9:31,81	10:06,28	11:17,49
1500	free	17:30,58	18:18,61	18:48,96	18:37,27	17:31,51	18:07,84	20:38,75	21:20,68
200	medley	2:26,46	2:31,08	2:31,56	2:33,98	2:38,94	2:34,74	2:43,54	2:45,65
400	medley	5:11,52	5:19,43	5:16,92	5:31,25	5:29,40	5:43,75	5:39,44	5:54,99

Women	Stroke	60+	65+	70+	75+	80+	85+	90+	95+
50	fly	0:35,09	0:36,68	0:40,78	0:42,85	1:07,79			
100	fly	1:21,32	1:35,97	2:17,03		2:31,45			
200	fly	2:54,50	4:03,22	4:56,21					
50	back	0:38,38	0:42,72	0:40,34	0:51,19	0:54,51	1:24,70	1:31,61	
100	back	1:20,34	1:36,64	1:25,20	1:44,66	2:02,78	3:04,17	3:19,12	
200	back	2:52,90	3:28,82	3:27,58	4:12,57	4:28,02		6:55,37	
50	breast	0:41,31	0:44,14	0:46,44	0:47,68	0:49,66	0:51,83	1:44,41	
100	breast	1:29,14	1:41,21	1:46,37	1:46,04	1:50,94	1:54,96	3:46,60	
200	breast	3:13,45	3:28,62	3:49,06	3:57,34	4:05,52	4:18,23	8:13,89	
50	free	0:30,95	0:32,07	0:35,11	0:37,88	0:40,60	0:57,73	1:16,67	
100	free	1:08,25	1:12,28	1:22,15	1:29,75	1:35,94	2:04,48	3:14,41	
200	free	2:31,61	2:42,50	3:02,46	3:07,41	3:41,56	4:26,60	7:15,64	
400	free	5:29,23	5:46,88	6:08,98	6:26,75	7:56,27	9:21,23		
800	free	11:21,69	11:47,84	14:00,74	13:46,97	16:15,33	19:11,92		
1500	free	21:38,87	23:00,95	26:37,42	33:41,37	34:52,80	36:42,82		
200	medley	3:01,07	3:18,51	3:16,45	4:33,65				
400	medley	6:01,90	7:24,36	9:07,16					

Men	Stroke	20+	25+	30+	35+	40+	45+	50+	55+
50	fly	0:25,06	0:24,72	0:25,78	0:26,96	0:26,46	0:26,08	0:27,10	0:27,73
100	fly	0:56,17	0:57,02	0:58,44	1:01,38	0:59,92	0:59,01	0:59,67	1:01,62
200	fly	2:05,66	2:12,82	2:12,77	2:26,75	2:22,44	2:17,94	2:15,06	2:19,18
50	back	0:26,70	0:26,75	0:27,89	0:28,83	0:28,95	0:30,44	0:30,81	0:31,57
100	back	0:57,17	0:57,51	1:03,43	1:02,28	1:03,21	1:04,26	1:06,23	1:09,36
200	back	2:10,58	2:14,20	2:18,20	2:16,84	2:20,89	2:22,73	2:28,60	2:31,86
50	breast	0:29,53	0:29,16	0:30,08	0:29,31	0:31,50	0:32,47	0:32,96	0:33,85

Men	Stroke	20+	25+	30+	35+	40+	45+	50+	55+
100	breast	1:05,14	1:04,61	1:07,12	1:05,65	1:10,23	1:13,52	1:14,63	1:16,11
200	breast	2:25,31	2:25,25	2:27,30	2:27,11	2:35,72	2:44,87	2:42,47	2:45,61
50	free	0:23,78	0:23,40	0:23,85	0:24,86	0:24,76	0:25,09	0:25,64	0:26,43
100	free	0:51,83	0:51,37	0:52,77	0:53,89	0:54,42	0:55,05	0:57,53	0:59,55
200	free	2:01,45	1:54,22	1:59,19	2:00,38	2:02,66	2:02,69	2:08,84	2:10,32
400	free	4:23,97	4:12,70	4:15,90	4:29,41	4:23,92	4:29,75	4:37,49	4:39,58
800	free	9:01,43	8:41,99	8:59,02	9:11,35	9:24,08	9:49,04	9:43,49	9:39,03
1500	free	17:22,77	16:44,41	17:17,26	17:39,55	18:18,25	18:32,16	18:34,41	18:41,25
200	medley	2:10,80	2:12,58	2:17,93	2:18,56	2:19,29	2:20,91	2:25,83	2:29,17
400	medley	4:58,02	4:42,78	4:53,36	5:02,59	5:00,31	5:07,68	5:06,60	5:22,27

Men	Stroke	60+	65+	70+	75+	80+	85+	90+	95+
50	fly	0:27,65	0:31,21	0:37,40	0:40,82	0:41,36			
100	fly	1:02,00	1:14,12	1:28,46	1:41,93	2:21,78			
200	fly	2:23,52	3:23,90	3:30,61	3:57,15				
50	back	0:33,85	0:35,23	0:36,94	0:38,57	0:43,34	0:52,38	1:17,10	
100	back	1:14,85	1:16,69	1:22,79	1:27,74	1:52,86	2:01,04	3:14,41	
200	back	2:37,55	2:51,40	3:04,41	3:10,67	3:56,25	4:28,19		
50	breast	0:34,76	0:38,77	0:40,64	0:42,76	0:45,82	1:15,65	1:52,51	
100	breast	1:18,24	1:29,06	1:32,29	1:38,64	1:57,18	2:57,62	4:10,43	
200	breast	2:56,02	3:05,18	3:25,99	3:41,63	4:02,87			
50	free	0:27,45	0:29,91	0:32,08	0:33,79	0:34,23	0:48,62	1:13,39	
100	free	1:00,46	1:06,20	1:14,18	1:18,88	1:21,86	1:47,21	3:05,39	
200	free	2:13,47	2:23,44	2:46,34	3:02,89	3:07,23	4:06,45		
400	free	4:50,00	5:25,34	5:49,34	6:36,22	6:38,12	8:39,11		
800	free	10:03,69	11:09,18	12:26,90	13:37,10	13:41,17	18:28,24		
1500	free	19:08,78	21:18,53	23:52,88	25:40,19	26:13,81	35:00,05		
200	medley	2:33,99	2:48,21	3:16,87	3:30,61	4:20,79			
400	medley	5:34,79	6:15,57	7:16,23	7:35,11	9:15,28			

Relay	Stroke	Gender	80+	100+	120+	160+	200+	240+	280+	320+
4x50	free	Women	1:51,98	1:54,05	1:55,47	1:59,01	2:04,27	2:13,23	2:30,19	4:21,78
4x50	medley	Women	2:06,85	2:06,61	2:10,36	2:12,25	2:17,15	2:36,22	3:21,31	4:17,01
4x50	free	Men	1:37,66	1:38,74	1:40,56	1:43,25	1:48,99	1:54,53	2:30,39	
4x50	medley	Men	1:50,26	1:50,00	1:52,59	1:56,93	2:04,11	2:11,97	2:48,28	
4x50	free	Mixed	1:44,27	1:46,56	1:47,87	1:51,21	1:51,50	2:05,53	2:23,07	3:32,73
4x50	medley	Mixed	1:57,14	1:57,41	1:57,54	2:00,30	2:07,81	2:17,82	2:42,97	4:34,35
4x100	free	Women	4:06,67	4:06,21	4:20,68	4:23,88	4:36,16	5:00,73	5:39,58	8:50,07
4x100	medley	Women	4:48,96	4:39,75	4:58,81	4:52,88	4:58,55	6:04,52	6:43,79	10:22,93
4x100	free	Men	3:45,69	3:37,83	3:48,82	3:51,14	4:03,54	4:17,68	6:29,03	
4x100	medley	Men	4:11,22	4:02,05	4:04,86	4:22,03	4:48,44	4:56,99	6:17,00	
4x100	free	Mixed	3:59,01	3:56,93	4:01,90	4:06,63	4:15,97	4:32,37	6:11,01	7:16,29
4x100	medley	Mixed	4:30,69	4:22,53	4:23,51	4:40,84	4:46,35	5:19,08	8:06,42	9:21,81
4x200	free	Women	9:41,13	9:25,00	9:32,87	9:53,86	10:09,87	11:18,86	12:25,08	18:39,49
4x200	free	Men	8:39,26	8:33,26	8:35,20	8:47,18	9:26,96	11:11,07	12:44,37	
4x200	free	Mixed	9:01,54	8:44,61	8:53,72	9:19,93	9:46,40	10:58,94	13:57,75	16:59,28

## Statistics ODMC lc 2000-2019

Location	Nijmegen	Nijmegen	Dordrecht	Drachten	Eindhoven	Eindhoven	Eindhoven	Eindhoven	Eindhoven	Eindhoven	Eindhoven	Den Haag	Eindhoven	Eindhoven	Eindhoven	Den Haag	Amersfoort	
Year	2000	2001	2002	2004	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	TOT
# starts	687	871	1162	750	2395	3015	2503	2232	2815	2966	3094	2778	3225	3509	3503	3274	3524	42303
# starts individual	687	871	1115	750	2316	2884	2416	2120	2589	2713	2831	2511	2946	3244	3212	2955	3175	39335
# starts relay	0	0	47	0	79	131	87	112	226	253	263	267	279	265	291	319	349	2968
# top 3	533	585	739	586	990	1056	1054	1020	1156	1216	1228	1173	1244	1306	1319	1304	1314	17823
1	289	290	331	299	411	413	421	416	454	481	481	464	486	503	508	508	494	7249
2	159	175	241	183	319	343	355	336	390	400	405	392	410	427	441	433	434	5843
3	85	120	167	104	260	300	278	268	312	335	342	317	348	376	370	363	386	4731
# top 3 individual	533	585	704	586	929	980	993	928	1002	1039	1057	1004	1058	1122	1112	1096	1105	15833
# top 3 relay	0	0	35	0	61	76	61	92	154	177	171	169	186	184	207	208	209	1990
Medal rate	77,6%	67,2%	63,6%	78,1%	41,3%	35,0%	42,1%	45,7%	41,1%	41,0%	39,7%	42,2%	38,6%	37,2%	37,7%	39,8%	37,3%	0,0%
# records	36	29	13	21	114	91	87	89	134	135	117	70	123	157	138	142	79	1575
NMR	23	23	11	19	73	53	56	54	75	72	68	61	80	90	64	92	60	974
NMR ev	0	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	1
EMR	6	4	1	2	3	3	7	6	5	4	5	1	9	17	11	5	4	93
WMR	0	0	1	0	0	2	1	8	3	4	2	1	2	4	1	6	4	39
NatMR (not Dutch)	7	1	0	0	38	33	23	21	51	55	42	7	32	46	62	39	11	468
CR	370	172	198	107	327	227	189	117	167	140	143	92	114	145	134	153	80	2875
# teams	56	68	93	54	133	173	160	145	178	179	188	150	171	196	190	165	159	680
# swimmers	167	193	281	176	608	709	601	553	706	790	816	709	807	889	858	756	805	3866
# starts p.p.	4,11	4,51	3,97	4,26	3,81	4,07	4,02	3,83	3,67	3,43	3,47	3,54	3,65	3,65	3,74	3,91	3,94	10,17
# foreign swimmers	21	15	26	3	66	161	101	84	144	173	138	44	113	156	138	86	65	814
# countries	4	5	7	2	8	13	9	9	10	13	14	9	9	10	14	16	11	28
% foreign swimmers	12,6%	7,8%	9,3%	1,7%	10,9%	22,7%	16,8%	15,2%	20,4%	21,9%	16,9%	6,2%	14,0%	17,5%	16,1%	11,4%	8,1%	21,1%

Since 2000 there were 17 ODMC with all distances on long course.

5 swimmers did compete in all previous ODMC lc, and are also joining the 18<sup>th</sup> time in Eindhoven:

Annette de Visser, Frans van Enst, Lidia van Bon-Rosenbrand, Loekie van Huissteden, Rob Hanou, Ronald Grove

30 swimmers did compete in all 10 previous ODMC lc in Eindhoven of which 25 are joining the 11<sup>th</sup> edition:

Annette de Visser, Christine Nieuwenhuis, Clementine van Bruxvoort, Delia Badoux, Eliane Pellis, Etienne Languillier, Frans van Enst, Harold Matla, Hugo Bregman, Ivo Roozeboom, Jack Barends, Jim Geestman, Jolanda van Gendt, Linda Hoogendam, Liselotte Joling, Loekie van Huissteden, Lottie Geurts, Marcel Reefhuis, Marianne Maandonks, Patty Verhagen, Paul Bunnik, Rob Hanou, Ronald Grove, Sandra Schellekens, Tineke van Diggelen

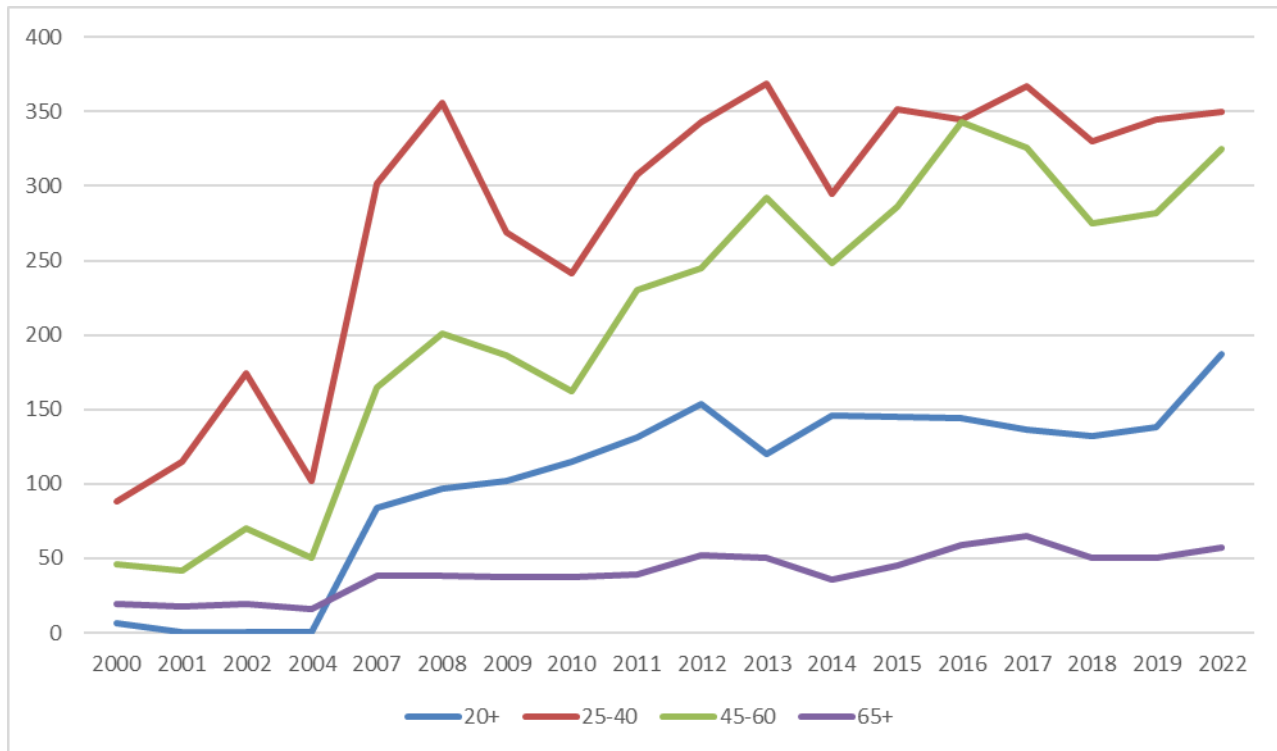
2 officials were present at all 10 previous editions in Eindhoven and are also present this year:

Dhr. J.M.C. Bosman (Jos)  
Mw. D.A.J.M. Post-Boot (Iny)



## Overview distribution per age group per year

Below is an overview of the distribution of the number of swimmers within a cluster of age groups. It is clear that the 20+ group is stable, and that the older groups 45-60 and 65+ show a rising trend. The group 25-40 has a slight upward trend. So there is a clear flow from young to old. In addition, there is lateral influx.



If we look at the underlying figures per group, we see some differences.

- In the 20+ category we see a large increase, while the number of youth members of the KNZB has been decreasing for years. This is probably a corona effect. Many competitions have been cancelled in the past 2½ years and this group is craving for fun and high-quality competitions.
- The group 25+ to 40+ is reasonably stable. This is the group where work and family are often in the foreground and swimming is less of a priority.
- The group 45+ to 60+ is coming back after a dip.
- In the group 65+ we see that the number is slightly more than the previous 2 editions, but that the 2 editions before that were more. This group has suffered the most from the corona, especially because of not being able to swim during the lockdowns.

CAT	2000	2001	2002	2004	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019	2022
20+	6	0	0	0	84	97	102	115	131	154	120	146	145	144	136	132	138	187
25-40	88	115	174	102	302	356	269	241	308	343	369	295	352	345	367	330	345	350
45-60	46	42	70	50	165	201	186	162	230	245	292	248	286	343	326	275	282	325
65+	19	18	19	16	38	38	37	37	39	52	50	36	45	59	65	50	50	57
<b>TOT</b>	<b>159</b>	<b>175</b>	<b>263</b>	<b>168</b>	<b>589</b>	<b>692</b>	<b>594</b>	<b>555</b>	<b>708</b>	<b>794</b>	<b>831</b>	<b>725</b>	<b>828</b>	<b>891</b>	<b>894</b>	<b>787</b>	<b>815</b>	<b>919</b>

## Tournament photographer



## Your (action)photo of the ODMC 2022

Throughout the championship, our photographer Kees-Jan walks around. Ask him in advance if you would like a particular kind of photo. If you don't see him? Ask it at the Swim info desk. A side view, front view, low or high, start or swim. Just ask him.

### Of course, also give the following details:

Name client : \_\_\_\_\_  
 Name of master to photograph (if not the same) : \_\_\_\_\_  
 Club name : \_\_\_\_\_  
 E-mail address : \_\_\_\_\_  
 Cell phone number : \_\_\_\_\_  
 Event and heat number. : \_\_\_\_\_

It is best to address Kees-Jan with your wishes on the day itself, so that he can immediately add them to the start list.

Look on <https://bit.ly/ONMK2022IbEindhovenFoto> for photos of this Championships.

Prices (incl. vat) 1 photo for € 6,66, 2 for € 10,89, 3 for € 14,52 and for 4 until 12 pieces € 4,54 per photo. Ask for a price offering for more than 12 pieces.

See also for ordering information the website [www.zwemsportfoto.nl](http://www.zwemsportfoto.nl)  
 or in pdf [https://bit.ly/Bestellen\\_Zwemfoto](https://bit.ly/Bestellen_Zwemfoto)

## Announcements & Links

### Zuidelijke Cirkel 2022

The 'Zuidelijke Cirkel' is a very popular set of competitions in the South of the Netherlands. More info and programme details on: [www.psvmasters.nl/ZuidelijkeCirkel.shtml](http://www.psvmasters.nl/ZuidelijkeCirkel.shtml)

Sunday	19 June	Veldhoven	(25m pool, 6 lanes)	Njord
Saturday	24 September	Maastricht	(25m pool, 8 lanes, ETW)	MZ&PC
Sunday	6 November	Etten-Leur	CANCELED (ODMC sc)	
Sunday	4 December	Eindhoven	(25m pool, 10 lanes, ETW)	PSV Masters

### ODMC long course: website en livetiming

<https://mastersprint.nl/live/?lang=en>

### The swim site for masters by masters:

[www.mastersprint.nl](http://www.mastersprint.nl)

### Web calendar with Dutch Masters Masters swim competitions

[www.mastersprint.nl/kalender](http://www.mastersprint.nl/kalender)

### Dutch Masters on Facebook and LinkedIn

Extend your social network and join the groups on Facebook:

<https://www.facebook.com/groups/HollandMastersSwimming>





**These championships were made possible by**

PSV Masters Swimming  
Dutch Taskforce Masters Swimming  
Ariën & Iny  
All Officials  
All Volunteers

Nationaal Zwemcentrum De Tongelreep  
Genneper Parken  
Sport Café Lane Zero  
[robsport.nl](http://robsport.nl)

**THANKS FOR YOUR CONTRIBUTION**

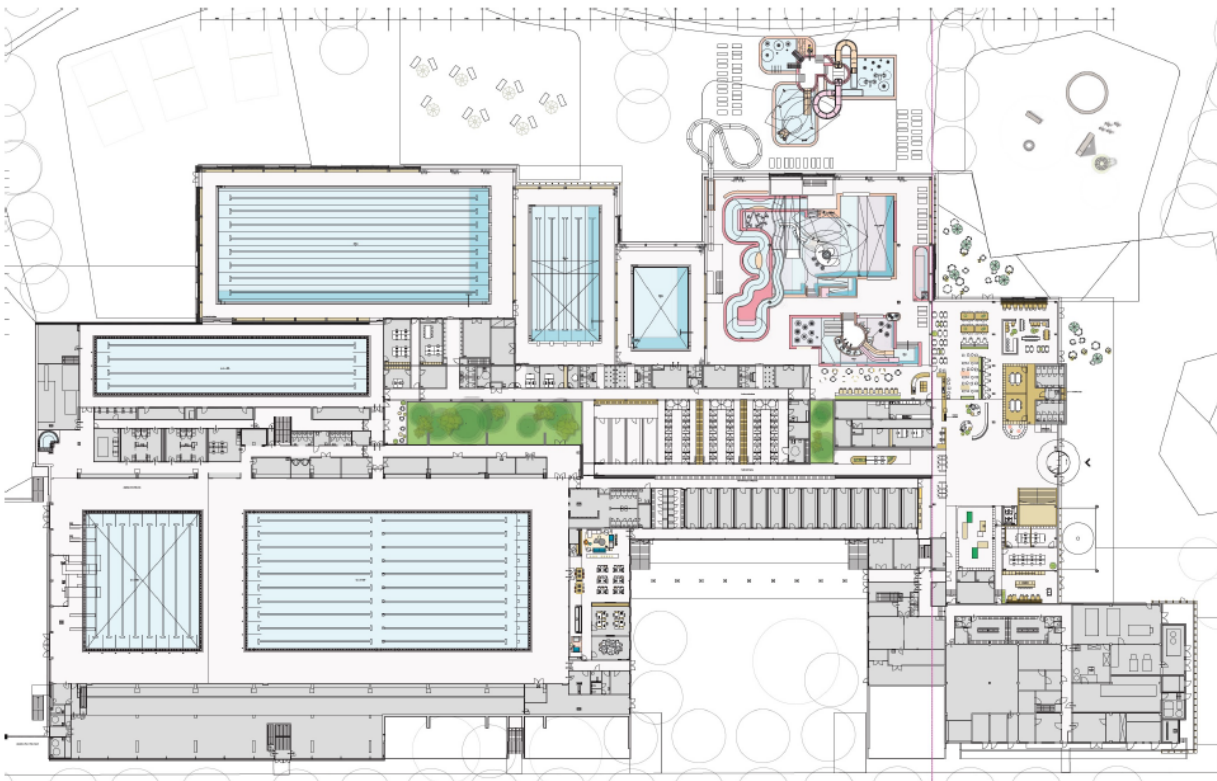


## New construction Tongelreep

It is expected that the replacement of the outdated recreational and teaching swimming pools will start at the beginning of 2023. In addition, a new 8x50m sports pool will be added. Perhaps masters can also swim here from the end of 2024

Below is an impression released by the municipality of Eindhoven at the beginning of this year. This is not yet the final design, but it gives an impression.

## impressie (voorontwerp\* Slangen+Koenis architecten)



\* de volgende fase van het ontwerp is het Definitief Ontwerp, waarin nog wijzigingen zullen worden aangebracht



# Elke dag een nieuw avontuur?



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