

1 - ONMK 2013 lb sessie 1

03-05-2013 - 9:00

Programmanr. 1  
03-05-2013 - 9:00

Heren, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Jan-Willem v.d. Graaff	Het Y	9:19.99	198901023	<b>9:08.75</b>	+0,71
	50m: 30.98 30.98	250m: 2:49.95 34.05	450m: 5:07.41 33.94	650m: 7:26.33 34.49		
	100m: 1:06.20 35.22	300m: 3:24.31 34.36	500m: 5:42.16 34.75	700m: 8:01.29 34.96		
	150m: 1:41.17 34.97	350m: 3:58.68 34.37	550m: 6:16.64 34.48	750m: 8:35.54 34.25		
	200m: 2:15.90 34.73	400m: 4:33.47 34.79	600m: 6:51.84 35.20	800m: 9:08.75 33.21		
2.	Joost Rijntjes	LZ 1886	9:04.10	199101899	<b>9:37.58</b>	+0,74
	50m: 30.37 30.37	250m: 2:54.25 36.23	450m: 5:20.16 36.54	650m: 7:48.58 37.25		
	100m: 1:05.51 35.14	300m: 3:30.62 36.37	500m: 5:57.35 37.19	700m: 8:25.18 36.60		
	150m: 1:41.69 36.18	350m: 4:07.05 36.43	550m: 6:34.32 36.97	750m: 9:01.84 36.66		
	200m: 2:18.02 36.33	400m: 4:43.62 36.57	600m: 7:11.33 37.01	800m: 9:37.58 35.74		
3.	Tim Bunnik	Triton	9:20.38	199000505	<b>9:47.72</b>	+0,80
	50m: 31.23 31.23	250m: 2:57.08 37.62	450m: 5:27.11 37.53	650m: 7:58.23 37.90		
	100m: 1:07.14 35.91	300m: 3:34.60 37.52	500m: 6:04.51 37.40	700m: 8:35.46 37.23		
	150m: 1:42.90 35.76	350m: 4:11.87 37.27	550m: 6:42.41 37.90	750m: 9:11.96 36.50		
	200m: 2:19.46 36.56	400m: 4:49.58 37.71	600m: 7:20.33 37.92	800m: 9:47.72 35.76		
4.	Roderick van Doeselaar	De Rijn	9:20.26	199200261	<b>9:49.26</b>	+0,64
	50m: 30.11 30.11	250m: 2:56.09 37.16	450m: 5:26.70 37.73	650m: 7:59.25 37.86		
	100m: 1:05.51 35.40	300m: 3:33.37 37.28	500m: 6:04.83 38.13	700m: 8:37.38 38.13		
	150m: 1:41.85 36.34	350m: 4:10.97 37.60	550m: 6:42.81 37.98	750m: 9:14.33 36.95		
	200m: 2:18.93 37.08	400m: 4:48.97 38.00	600m: 7:21.39 38.58	800m: 9:49.26 34.93		
5.	Maik Steenkamp	Montferland	10:14.20	199103847	<b>10:05.51</b>	
	50m: 33.08 33.08	250m: 3:03.53 37.97	450m: 5:38.92 38.98	650m: 8:13.96 38.88		
	100m: 1:10.00 36.92	300m: 3:42.57 39.04	500m: 6:17.40 38.48	700m: 8:52.46 38.50		
	150m: 1:47.77 37.77	350m: 4:21.49 38.92	550m: 6:56.53 39.13	750m: 9:29.85 37.39		
	200m: 2:25.56 37.79	400m: 4:59.94 38.45	600m: 7:35.08 38.55	800m: 10:05.51 35.66		
6.	Roel van Beek	Montferland	10:46.50	198905861	<b>10:50.00</b>	+0,84
	50m: 35.03 35.03	250m: 3:14.49 40.78	450m: 6:02.41 42.09	650m: 8:48.65 40.79		
	100m: 1:14.17 39.14	300m: 3:56.61 42.12	500m: 6:44.27 41.86	700m: 9:30.08 41.43		
	150m: 1:53.52 39.35	350m: 4:38.01 41.40	550m: 7:25.94 41.67	750m: 10:10.92 40.84		
	200m: 2:33.71 40.19	400m: 5:20.32 42.31	600m: 8:07.86 41.92	800m: 10:50.00 39.08		
7.	Stefan Grudelbach	ZVVS	10:38.06	199202073	<b>11:10.69</b>	+0,75
	50m: 33.04 33.04	250m: 3:15.61 42.07	450m: 6:07.61 43.76	650m: 9:01.43 43.06		
	100m: 1:11.68 38.64	300m: 3:58.05 42.44	500m: 6:51.26 43.65	700m: 9:45.02 43.59		
	150m: 1:52.16 40.48	350m: 4:41.12 43.07	550m: 7:34.96 43.70	750m: 10:29.06 44.04		
	200m: 2:33.54 41.38	400m: 5:23.85 42.73	600m: 8:18.37 43.41	800m: 11:10.69 41.63		
8.	John van Heteren	DWF	11:18.23	199305017	<b>11:30.82</b>	+0,90
	50m: 36.35 36.35	250m: 3:29.75 43.87	450m: 6:25.61 44.26	650m: 9:22.35 44.14		
	100m: 1:17.95 41.60	300m: 4:13.91 44.16	500m: 7:09.43 43.82	700m: 10:06.18 43.83		
	150m: 2:02.02 44.07	350m: 4:57.39 43.48	550m: 7:53.94 44.51	750m: 10:49.78 43.60		
	200m: 2:45.88 43.86	400m: 5:41.35 43.96	600m: 8:38.21 44.27	800m: 11:30.82 41.04		

**Masters 25+**

1.	Erik Schröder	TriVia	8:45.36	198402025	<b>9:12.30</b>	+0,93
	50m: 30.15 30.15	250m: 2:46.49 34.65	450m: 5:06.35 35.09	650m: 7:28.32 35.63		
	100m: 1:03.23 33.08	300m: 3:21.43 34.94	500m: 5:41.64 35.29	700m: 8:03.62 35.30		
	150m: 1:37.41 34.18	350m: 3:56.25 34.82	550m: 6:17.56 35.92	750m: 8:38.68 35.06		
	200m: 2:11.84 34.43	400m: 4:31.26 35.01	600m: 6:52.69 35.13	800m: 9:12.30 33.62		
2.	Ralf van der Poel	Zuiderzeewimmers	9:17.49	198401783	<b>9:57.84</b>	+0,78
	50m: 31.40 31.40	250m: 2:58.46 37.77	450m: 5:31.39 38.43	650m: 8:05.36 38.40		
	100m: 1:06.43 35.03	300m: 3:36.53 38.07	500m: 6:10.03 38.64	700m: 8:43.81 38.45		
	150m: 1:43.16 36.73	350m: 4:14.59 38.06	550m: 6:48.33 38.30	750m: 9:21.20 37.39		
	200m: 2:20.69 37.53	400m: 4:52.96 38.37	600m: 7:26.96 38.63	800m: 9:57.84 36.64		
3.	Niels Albrechts	De Schoteijl	9:57.54	198800039	<b>10:08.60</b>	+0,86
	50m: 34.55 34.55	250m: 3:06.73 38.45	450m: 5:42.24 38.55	650m: 8:16.27 38.51		
	100m: 1:11.78 37.23	300m: 3:45.41 38.68	500m: 6:20.91 38.67	700m: 8:55.22 38.95		
	150m: 1:49.84 38.06	350m: 4:24.35 38.94	550m: 6:59.18 38.27	750m: 9:31.81 36.59		
	200m: 2:28.28 38.44	400m: 5:03.69 39.34	600m: 7:37.76 38.58	800m: 10:08.60 36.79		

Programmanr. 1, Heren, 800m vrije slag

Masters 30+

1. Alexander Hulleman	Steenwijk 1934	8:59.36	198300989	<b>9:16.99</b>	+0,76
<i>Nederlands Masters Record</i>					
50m: 30.81	30.81	250m: 2:47.29	34.85	450m: 5:08.34	35.58
100m: 1:04.08	33.27	300m: 3:22.33	35.04	500m: 5:43.52	35.18
150m: 1:38.19	34.11	350m: 3:57.63	35.30	550m: 6:19.18	35.66
200m: 2:12.44	34.25	400m: 4:32.76	35.13	600m: 6:55.20	36.02
650m: 7:31.23	36.03			700m: 8:07.57	36.34
				750m: 8:43.27	35.70
				800m: 9:16.99	33.72
2. Marcel Reefhuis	WS Twente	9:52.42	198101381	<b>9:57.40</b>	+0,81
50m: 32.87	32.87	250m: 3:00.35	37.25	450m: 5:30.53	37.93
100m: 1:09.07	36.20	300m: 3:37.56	37.21	500m: 6:08.61	38.08
150m: 1:46.08	37.01	350m: 4:15.08	37.52	550m: 6:47.36	38.75
200m: 2:23.10	37.02	400m: 4:52.60	37.52	600m: 7:25.65	38.29
650m: 8:04.74	39.09			700m: 8:43.46	38.72
				750m: 9:21.61	38.15
				800m: 9:57.40	35.79
3. Freddie Geerlings	HGN (SG)	10:12.46	197900379	<b>10:14.36</b>	+0,97
50m: 34.03	34.03	250m: 3:05.04	37.58	450m: 5:39.04	38.39
100m: 1:11.68	37.65	300m: 3:43.25	38.21	500m: 6:18.28	39.24
150m: 1:49.12	37.44	350m: 4:21.95	38.70	550m: 6:56.92	38.64
200m: 2:27.46	38.34	400m: 5:00.65	38.70	600m: 7:37.19	40.27
650m: 8:16.05	38.86			700m: 8:56.28	40.23
				750m: 9:34.72	38.44
				800m: 10:14.36	39.64
4. Jeroen Vogelsang	DAW	9:53.75	198001645	<b>10:36.44</b>	+0,84
50m: 33.44	33.44	250m: 3:05.37	39.29	450m: 5:45.39	40.17
100m: 1:09.93	36.49	300m: 3:45.19	39.82	500m: 6:26.39	41.00
150m: 1:47.88	37.95	350m: 4:25.01	39.82	550m: 7:07.74	41.35
200m: 2:26.08	38.20	400m: 5:05.22	40.21	600m: 7:49.46	41.72
650m: 8:30.93	41.47			700m: 9:13.71	42.78
				750m: 9:55.96	42.25
				800m: 10:36.44	40.48
5. Peter Eshuis	DBD	11:33.68	198000375	<b>11:06.01</b>	+0,92
50m: 34.60	34.60	250m: 3:24.50	43.66	450m: 6:17.13	42.70
100m: 1:15.04	40.44	300m: 4:08.17	43.67	500m: 7:00.30	43.17
150m: 1:57.57	42.53	350m: 4:51.16	42.99	550m: 7:42.82	42.52
200m: 2:40.84	43.27	400m: 5:34.43	43.27	600m: 8:25.46	42.64
650m: 9:06.32	40.86			700m: 9:47.57	41.25
				750m: 10:27.62	40.05
				800m: 11:06.01	38.39
6. Bart Liekens	ShaRK	11:55.23	SHARK/374/79	<b>11:26.07</b>	+0,78
50m: 37.22	37.22	250m: 3:31.08	43.43	450m: 6:26.70	43.36
100m: 1:19.79	42.57	300m: 4:15.24	44.16	500m: 7:11.04	44.34
150m: 2:03.33	43.54	350m: 4:58.82	43.58	550m: 7:53.92	42.88
200m: 2:47.65	44.32	400m: 5:43.34	44.52	600m: 8:37.76	43.84
650m: 9:20.42	42.66			700m: 10:03.37	42.95
				750m: 10:45.20	41.83
				800m: 11:26.07	40.87

Masters 35+

1. Egbert Stolk	D'Eift WAVE (SG)	9:06.95	197600889	<b>9:44.30</b>	+0,76
50m: 31.50	31.50	250m: 2:53.13	35.81	450m: 5:20.59	37.41
100m: 1:05.88	34.38	300m: 3:29.45	36.32	500m: 5:57.92	37.33
150m: 1:41.35	35.47	350m: 4:06.17	36.72	550m: 6:35.79	37.87
200m: 2:17.32	35.97	400m: 4:43.18	37.01	600m: 7:13.03	37.24
650m: 7:51.41	38.38			700m: 8:28.89	37.48
				750m: 9:07.15	38.26
				800m: 9:44.30	37.15
2. Ivo Roozeboom	WVZ	9:39.25	197700801	<b>9:52.06</b>	+0,87
50m: 31.38	31.38	250m: 3:00.46	37.49	450m: 5:31.06	37.25
100m: 1:08.05	36.67	300m: 3:38.32	37.86	500m: 6:08.64	37.58
150m: 1:45.21	37.16	350m: 4:15.70	37.38	550m: 6:46.04	37.40
200m: 2:22.97	37.76	400m: 4:53.81	38.11	600m: 7:23.90	37.86
650m: 8:01.63	37.73			700m: 8:39.87	38.24
				750m: 9:10.78	30.91
				800m: 9:52.06	41.28
3. Robin Sprinkhuizen	De Zijl/LGB	9:52.79	197400767	<b>9:54.60</b>	+0,88
50m: 30.61	30.61	250m: 2:58.40	37.46	450m: 5:28.51	37.72
100m: 1:06.65	36.04	300m: 3:35.48	37.08	500m: 6:06.90	38.39
150m: 1:43.25	36.60	350m: 4:13.08	37.60	550m: 6:45.65	38.75
200m: 2:20.94	37.69	400m: 4:50.79	37.71	600m: 7:24.10	38.45
650m: 8:02.43	38.33			700m: 8:41.09	38.66
				750m: 9:19.21	38.12
				800m: 9:54.60	35.39
4. Michel Bogaerts	SCZ-Zaventem	10:27.00	SCZ/008/75	<b>10:15.76</b>	+0,75
50m: 32.52	32.52	250m: 2:58.52	34.85	450m: 5:41.57	39.65
100m: 1:08.13	35.61	300m: 3:42.45	43.93	500m: 6:20.92	39.35
150m: 1:45.47	37.34	350m: 4:22.36	39.91	550m: 7:00.86	39.94
200m: 2:23.67	38.20	400m: 5:01.92	39.56	600m: 7:40.13	39.27
650m: 8:19.98	39.85			700m: 8:59.16	39.18
				750m: 9:38.22	39.06
				800m: 10:15.76	37.54
5. Erwin Zuidervelt	De Futen	11:08.96	197501015	<b>11:48.83</b>	+0,94
50m: 36.34	36.34	250m: 3:28.07	44.09	450m: 6:28.62	46.04
100m: 1:17.98	41.64	300m: 4:11.99	43.92	500m: 7:14.35	45.73
150m: 2:00.74	42.76	350m: 4:56.49	44.50	550m: 8:01.65	47.30
200m: 2:43.98	43.24	400m: 5:42.58	46.09	600m: 8:47.66	46.01
650m: 9:34.35	46.69			700m: 10:20.17	45.82
				750m: 11:06.37	46.20
				800m: 11:48.83	42.46
6. Geert Vanhoof	LZV	12:48.15	LZV/225/76	<b>13:46.22</b>	+0,80
50m: 41.47	41.47	250m: 4:07.21	52.03	450m: 7:42.14	54.21
100m: 1:30.67	49.20	300m: 5:00.25	53.04	500m: 8:36.01	53.87
150m: 2:21.93	51.26	350m: 5:53.51	53.26	550m: 9:28.23	52.22
200m: 3:15.18	53.25	400m: 6:47.93	54.42	600m: 10:21.62	53.39
650m: 11:15.17	53.55			700m: 12:08.85	53.68
				750m: 12:59.99	51.14
				800m: 13:46.22	46.23

Programmanr. 1, Heren, 800m vrije slag

Masters 40+

1. Maurice van der Berge	HZ Zian	9:45.50	196900087	<b>9:37.96</b>	
50m: 32.10 32.10	250m: 2:58.09 37.13	450m: 5:24.11 36.02	650m: 7:50.14 36.98		
100m: 1:07.43 35.33	300m: 3:34.81 36.72	500m: 6:00.26 36.15	700m: 8:26.27 36.13		
150m: 1:44.20 36.77	350m: 4:11.51 36.70	550m: 6:36.74 36.48	750m: 9:02.96 36.69		
200m: 2:20.96 36.76	400m: 4:48.09 36.58	600m: 7:13.16 36.42	800m: 9:37.96 36.00		
2. Agnus Gerringa	Zuiderzeewimmers	10:42.47	197100285	<b>10:41.64</b>	+0,92
50m: 32.50 32.50	250m: 3:07.33 40.15	450m: 5:51.71 41.25	650m: 8:37.68 41.84		
100m: 1:09.00 36.50	300m: 3:47.91 40.58	500m: 6:32.69 40.98	700m: 9:19.41 41.73		
150m: 1:47.76 38.76	350m: 4:29.10 41.19	550m: 7:14.22 41.53	750m: 10:01.01 41.60		
200m: 2:27.18 39.42	400m: 5:10.46 41.36	600m: 7:55.84 41.62	800m: 10:41.64 40.63		
3. Gerald Hösl	SC Winterthur	11:29.64	0007586-1	<b>11:02.27</b>	+0,88
50m: 36.70 36.70	250m: 3:24.10 42.40	450m: 6:12.10 41.59	650m: 8:58.38 41.30		
100m: 1:16.64 39.94	300m: 4:06.74 42.64	500m: 6:53.93 41.83	700m: 9:40.59 42.21		
150m: 1:58.80 42.16	350m: 4:48.55 41.81	550m: 7:35.36 41.43	750m: 10:21.86 41.27		
200m: 2:41.70 42.90	400m: 5:30.51 41.96	600m: 8:17.08 41.72	800m: 11:02.27 40.41		
4. Roy Danckaerts	De Fuut	10:39.45	197000231	<b>11:08.20</b>	+0,88
50m: 35.85 35.85	250m: 3:21.76 42.70	450m: 6:12.19 42.81	650m: 9:02.79 43.23		
100m: 1:16.17 40.32	300m: 4:04.01 42.25	500m: 6:54.92 42.73	700m: 9:45.25 42.46		
150m: 1:57.41 41.24	350m: 4:46.61 42.60	550m: 7:37.58 42.66	750m: 10:27.03 41.78		
200m: 2:39.06 41.65	400m: 5:29.38 42.77	600m: 8:19.56 41.98	800m: 11:08.20 41.17		
5. Marcel Brittijn	De Duinkickers	12:37.61	196900159	<b>13:24.29</b>	+0,82
50m: 38.40 38.40	250m: 3:51.60 50.38	450m: 7:22.43 52.52	650m: 10:53.05 51.68		
100m: 1:22.99 44.59	300m: 4:45.06 53.46	500m: 8:14.61 52.18	700m: 11:47.47 54.42		
150m: 2:10.74 47.75	350m: 5:37.20 52.14	550m: 9:07.75 53.14	750m: 12:37.56 50.09		
200m: 3:01.22 50.48	400m: 6:29.91 52.71	600m: 10:01.37 53.62	800m: 13:24.29 46.73		

Masters 45+

1. Jo-an Mudde	Zeester-Meerval	10:06.36	196701457	<b>10:01.57</b>	+0,85
50m: 33.99 33.99	250m: 3:03.14 37.36	450m: 5:34.89 37.87	650m: 8:07.90 37.76		
100m: 1:11.04 37.05	300m: 3:40.86 37.72	500m: 6:13.55 38.66	700m: 8:46.54 38.64		
150m: 1:48.14 37.10	350m: 4:18.45 37.59	550m: 6:51.41 37.86	750m: 9:24.15 37.61		
200m: 2:25.78 37.64	400m: 4:57.02 38.57	600m: 7:30.14 38.73	800m: 10:01.57 37.42		
2. Sander Nieuwenhuys	De Fuut	11:11.26	196801423	<b>11:19.68</b>	+0,79
50m: 36.62 36.62	250m: 3:23.33 42.25	450m: 6:17.82 43.57	650m: 9:12.13 43.32		
100m: 1:17.38 40.76	300m: 4:07.09 43.76	500m: 7:01.65 43.83	700m: 9:56.13 44.00		
150m: 1:58.58 41.20	350m: 4:50.49 43.40	550m: 7:44.70 43.05	750m: 10:38.94 42.81		
200m: 2:41.08 42.50	400m: 5:34.25 43.76	600m: 8:28.81 44.11	800m: 11:19.68 40.74		
3. Darlin Valcke	DZV	11:36.66	DZV/104/66	<b>11:20.88</b>	+1,09
50m: 37.00 37.00	250m: 3:26.17 42.68	450m: 6:19.14 42.88	650m: 9:12.42 43.35		
100m: 1:18.27 41.27	300m: 4:09.73 43.56	500m: 7:02.29 43.15	700m: 9:55.82 43.40		
150m: 2:00.26 41.99	350m: 4:52.78 43.05	550m: 7:45.28 42.99	750m: 10:38.81 42.99		
200m: 2:43.49 43.23	400m: 5:36.26 43.48	600m: 8:29.07 43.79	800m: 11:20.88 42.07		
4. André Zandberg	TRB-RES	11:12.24	196601369	<b>11:30.58</b>	
50m: 36.42 36.42	250m: 3:26.88 43.72	450m: 6:21.67 44.18	650m: 9:18.90 44.45		
100m: 1:17.04 40.62	300m: 4:09.93 43.05	500m: 7:05.84 44.17	700m: 10:02.73 43.83		
150m: 1:59.41 42.37	350m: 4:53.57 43.64	550m: 7:49.96 44.12	750m: 10:46.81 44.08		
200m: 2:43.16 43.75	400m: 5:37.49 43.92	600m: 8:34.45 44.49	800m: 11:30.58 43.77		

Masters 50+

1. Frank Gomoll	SV Gladbeck 13	9:56.03	112232	<b>9:49.40</b>	+0,88
<i>Kampioenschaps Record</i>					
50m: 33.80 33.80	250m: 3:00.94 36.80	450m: 5:29.47 37.39	650m: 7:59.14 37.56		
100m: 1:10.48 36.68	300m: 3:37.96 37.02	500m: 6:06.68 37.21	700m: 8:36.63 37.49		
150m: 1:47.58 37.10	350m: 4:15.11 37.15	550m: 6:44.13 37.45	750m: 9:13.91 37.28		
200m: 2:24.14 36.56	400m: 4:52.08 36.97	600m: 7:21.58 37.45	800m: 9:49.40 35.49		
2. Gustav van den Berg	TriVia	10:12.00	196100991	<b>10:17.19</b>	+0,88
50m: 33.77 33.77	250m: 3:07.22 39.29	450m: 5:43.38 39.30	650m: 8:20.44 39.59		
100m: 1:10.95 37.18	300m: 3:46.17 38.95	500m: 6:22.34 38.96	700m: 9:01.78 41.34		
150m: 1:48.99 38.04	350m: 4:24.96 38.79	550m: 7:01.49 39.15	750m: 9:40.38 38.60		
200m: 2:27.93 38.94	400m: 5:04.08 39.12	600m: 7:40.85 39.36	800m: 10:17.19 36.81		
3. Menno Lomans	D'Elft WAVE (SG)	10:26.74	196101071	<b>10:50.58</b>	+0,79
50m: 35.99 35.99	250m: 3:20.34 42.06	450m: 6:07.31 41.85	650m: 8:52.34 41.22		
100m: 1:15.69 39.70	300m: 4:01.96 41.62	500m: 6:48.79 41.48	700m: 9:32.82 40.48		
150m: 1:56.74 41.05	350m: 4:43.89 41.93	550m: 7:29.97 41.18	750m: 10:13.84 41.02		
200m: 2:38.28 41.54	400m: 5:25.46 41.57	600m: 8:11.12 41.15	800m: 10:50.58 36.74		

Programmanr. 1, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Marius Ros	ZCNF'34	10:27.13	195900779	<b>10:51.72</b>	+0,81
	50m: 37.15	37.15	250m: 3:19.84	40.99	450m: 6:04.42	41.66
	100m: 1:17.19	40.04	300m: 4:00.74	40.90	500m: 6:45.94	41.68
	150m: 1:57.86	40.67	350m: 4:41.88	41.14	550m: 7:27.35	40.68
	200m: 2:38.85	40.99	400m: 5:23.36	41.48	600m: 8:09.37	38.33
5.	Paul van der Voort	De Zwoer	11:36.45	196200715	<b>11:26.62</b>	+1,03
	50m: 35.93	35.93	250m: 3:29.51	43.92	450m: 6:26.70	44.12
	100m: 1:17.53	41.60	300m: 4:14.02	44.51	500m: 7:10.29	43.23
	150m: 2:01.25	43.72	350m: 4:57.87	43.85	550m: 7:54.13	42.85
	200m: 2:45.59	44.34	400m: 5:41.97	44.10	600m: 8:37.86	38.56
6.	Philip Verhelle	MZVA	12:43.16	MZVA/105/59	<b>12:36.28</b>	+0,99
	50m: 40.35	40.35	250m: 3:48.06	47.73	450m: 7:02.16	48.10
	100m: 1:25.53	45.18	300m: 4:36.07	48.01	500m: 7:50.90	48.27
	150m: 2:12.99	47.46	350m: 5:25.05	48.98	550m: 8:38.99	47.28
	200m: 3:00.33	47.34	400m: 6:13.45	48.40	600m: 9:27.22	45.41
7.	Jan Willem Heuten	WS Twente	12:25.62	196000883	<b>12:36.71</b>	+1,02
	50m: 39.53	39.53	250m: 3:48.27	48.48	450m: 7:03.08	47.97
	100m: 1:24.47	44.94	300m: 4:36.80	48.53	500m: 7:51.83	47.74
	150m: 2:11.48	47.01	350m: 5:25.57	48.77	550m: 8:40.40	47.51
	200m: 2:59.79	48.31	400m: 6:14.30	48.73	600m: 9:29.43	44.06
8.	Filip Timmermans	ShaRK	13:23.03	SHARK/163/60	<b>14:18.24</b>	+0,91
	50m: 42.30	42.30	250m: 4:07.81	52.05	450m: 7:40.37	58.47
	100m: 1:31.82	49.52	300m: 5:00.06	52.25	500m: 8:37.09	58.19
	150m: 2:23.51	51.69	350m: 5:52.73	52.67	550m: 9:33.07	56.45
	200m: 3:15.76	52.25	400m: 6:45.55	52.82	600m: 10:32.08	53.05

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	9:52.32	195800149	<b>9:53.95</b>	+0,83
	<i>Nederlands Masters Record</i>					
	50m: 33.87	33.87	250m: 3:00.76	36.97	450m: 5:29.91	37.95
	100m: 1:10.14	36.27	300m: 3:37.46	36.70	500m: 6:07.41	37.50
	150m: 1:47.24	37.10	350m: 4:14.70	37.24	550m: 6:45.49	38.08
	200m: 2:23.79	36.55	400m: 4:51.96	37.26	600m: 7:23.44	37.95
2.	Henk Slomp	De Pinquin	11:27.55	195500359	<b>11:44.64</b>	+0,88
	50m: 36.92	36.92	250m: 3:34.53	45.01	450m: 6:34.44	44.82
	100m: 1:19.95	43.03	300m: 4:19.86	45.33	500m: 7:20.03	45.59
	150m: 2:04.41	44.46	350m: 5:04.95	45.09	550m: 8:05.94	45.91
	200m: 2:49.52	45.11	400m: 5:49.62	44.67	600m: 8:50.50	44.56
3.	Hans Groothelm	DBD	11:55.51	195800151	<b>11:52.65</b>	+0,71
	50m: 37.01	37.01	250m: 3:32.45	44.42	450m: 6:35.04	45.86
	100m: 1:19.30	42.29	300m: 4:17.45	45.00	500m: 7:20.75	45.71
	150m: 2:03.28	43.98	350m: 5:03.10	45.65	550m: 8:07.05	46.30
	200m: 2:48.03	44.75	400m: 5:49.18	46.08	600m: 8:53.02	45.97
4.	Paul Bunnik	Triton	11:43.75	195600413	<b>12:09.55</b>	+1,02
	50m: 36.01	36.01	250m: 3:36.28	45.91	450m: 6:43.98	47.27
	100m: 1:18.60	42.59	300m: 4:24.24	47.96	500m: 7:30.88	46.90
	150m: 2:04.16	45.56	350m: 5:10.41	46.17	550m: 8:18.42	47.54
	200m: 2:50.37	46.21	400m: 5:56.71	46.30	600m: 9:05.17	46.75

Masters 60+

1.	Georg Dombrowski	SV Gladbeck 13	11:33.39	217978	<b>11:25.99</b>	+0,92
	50m: 37.70	37.70	250m: 3:30.87	43.75	450m: 6:26.81	43.94
	100m: 1:20.54	42.84	300m: 4:15.01	44.14	500m: 7:11.10	44.29
	150m: 2:03.33	42.79	350m: 4:58.75	43.74	550m: 7:55.23	44.13
	200m: 2:47.12	43.79	400m: 5:42.87	44.12	600m: 8:39.41	44.18
2.	Günter Uhlich	SV Gladbeck 13	12:18.16	206688	<b>11:59.25</b>	+1,08
	50m: 39.39	39.39	250m: 3:41.01	45.87	450m: 6:45.13	46.10
	100m: 1:24.18	44.79	300m: 4:27.02	46.01	500m: 7:31.40	46.27
	150m: 2:09.77	45.59	350m: 5:12.81	45.79	550m: 8:16.80	45.40
	200m: 2:55.14	45.37	400m: 5:59.03	46.22	600m: 9:02.43	45.63
3.	Jan Tinholt	PSV	12:11.65	195000185	<b>12:07.50</b>	+1,03
	50m: 41.59	41.59	250m: 3:47.31	47.09	450m: 6:50.26	46.01
	100m: 1:28.93	45.34	300m: 4:33.39	46.08	500m: 7:36.74	46.48
	150m: 2:13.04	46.11	350m: 5:19.19	45.80	550m: 8:23.36	46.62
	200m: 3:00.22	47.18	400m: 6:04.25	45.06	600m: 9:10.51	47.15



Programmanr. 1, Heren, 800m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Hugo Staudt	WS Twente	11:56.42	195300253	<b>12:18.37</b>	+0,90
	50m: 40.20	40.20	250m: 3:45.17	47.03	450m: 6:52.87	47.13
	100m: 1:24.96	44.76	300m: 4:32.35	47.18	500m: 7:40.26	47.39
	150m: 2:11.39	46.43	350m: 5:18.89	46.54	550m: 8:27.55	47.29
	200m: 2:58.14	46.75	400m: 6:05.74	46.85	600m: 9:14.37	46.82
					650m: 10:01.38	47.01
					700m: 10:47.51	46.13
					750m: 11:33.98	46.47
					800m: 12:18.37	44.39
5.	Hilbert Prins	OEZA	12:33.79	195100223	<b>13:10.05</b>	+1,18
	50m: 42.59	42.59	250m: 3:56.90	48.97	450m: 7:15.75	49.87
	100m: 1:29.97	47.38	300m: 4:46.51	49.61	500m: 8:06.87	51.12
	150m: 2:18.84	48.87	350m: 5:36.21	49.70	550m: 8:57.93	51.06
	200m: 3:07.93	49.09	400m: 6:25.88	49.67	600m: 9:48.45	50.52
					650m: 10:39.29	50.84
					700m: 11:29.69	50.40
					750m: 12:20.09	50.40
					800m: 13:10.05	49.96
6.	Jos Kamps	De Amer	13:57.99	195100085	<b>13:52.76</b>	+1,18
	50m: 42.31	42.31	250m: 4:07.24	52.18	450m: 7:37.88	53.02
	100m: 1:30.76	48.45	300m: 5:00.12	52.88	500m: 8:31.26	53.38
	150m: 2:22.51	51.75	350m: 5:52.12	52.00	550m: 9:26.05	54.79
	200m: 3:15.06	52.55	400m: 6:44.86	52.74	600m: 10:20.76	54.71
					650m: 11:14.87	54.11
					700m: 12:08.48	53.61
					750m: 13:04.16	55.68
					800m: 13:52.76	48.60

Masters 70+

1.	Rob Hanou	PSV	12:57.37	194300109	<b>13:27.71</b>	
	50m: 42.40	42.40	250m: 4:07.57	51.86	450m: 7:33.68	50.66
	100m: 1:32.63	50.23	300m: 5:00.70	53.13	500m: 8:26.44	52.76
	150m: 2:23.63	51.00	350m: 5:51.56	50.86	550m: 9:17.35	50.91
	200m: 3:15.71	52.08	400m: 6:43.02	51.46	600m: 10:09.82	52.47
					650m: 11:00.96	51.14
					700m: 11:52.49	51.53
					750m: 12:42.33	49.84
					800m: 13:27.71	45.38
2.	Frans van Enst	WS Twente	13:06.78	194000011	<b>13:31.26</b>	+1,07
	50m: 42.10	42.10	250m: 4:07.23	52.02	450m: 7:35.84	52.17
	100m: 1:31.27	49.17	300m: 4:58.85	51.62	500m: 8:27.69	51.85
	150m: 2:23.09	51.82	350m: 5:51.47	52.62	550m: 9:19.64	51.95
	200m: 3:15.21	52.12	400m: 6:43.67	52.20	600m: 10:10.90	51.26
					650m: 11:02.97	52.07
					700m: 11:53.62	50.65
					750m: 12:43.99	50.37
					800m: 13:31.26	47.27
3.	Manfred Bottin	SV Langenfeld	14:44.34	57993	<b>15:28.85</b>	+1,08
	50m: 47.67	47.67	250m: 4:41.94	58.72	450m: 8:40.07	59.30
	100m: 1:44.49	56.82	300m: 5:42.25	1:00.31	500m: 9:39.68	59.61
	150m: 2:43.00	58.51	350m: 6:42.69	1:00.44	550m: 10:38.74	59.06
	200m: 3:43.22	1:00.22	400m: 7:40.77	58.08	600m: 11:36.70	57.96
					650m: 12:35.94	59.24
					700m: 13:33.70	57.76
					750m: 14:31.64	57.94
					800m: 15:28.85	57.21
4.	Wim ter Laak	PSV	19:04.53	194000027	<b>19:02.97</b>	
	50m: 58.33	58.33	250m: 5:53.10	1:14.16	450m: 10:48.89	1:13.51
	100m: 2:09.85	1:11.52	300m: 7:07.72	1:14.62	500m: 12:04.19	1:15.30
	150m: 3:25.44	1:15.59	350m: 8:21.59	1:13.87	550m: 13:16.04	1:11.85
	200m: 4:38.94	1:13.50	400m: 9:35.38	1:13.79	600m: 14:29.27	1:13.23
					650m: 15:42.87	1:13.60
					700m: 16:50.28	1:07.41
					750m: 17:55.12	1:08.84
					800m: 19:02.97	1:03.85

Masters 75+

1.	Nic Geers	Z&PC De Gouwe	12:14.50	193800007	<b>15:38.33</b>	+1,14
	50m: 55.06	55.06	250m: 4:55.22	59.23	450m: 8:49.02	57.94
	100m: 1:56.55	1:01.49	300m: 5:53.66	58.44	500m: 9:47.35	58.33
	150m: 2:56.23	59.68	350m: 6:52.67	59.01	550m: 10:46.77	59.42
	200m: 3:55.99	59.76	400m: 7:51.08	58.41	600m: 11:44.39	57.62
					650m: 12:44.55	1:00.16
					700m: 13:41.80	57.25
					750m: 14:42.92	1:01.12
					800m: 15:38.33	55.41

Masters 80+

1.	Bob Berg	PSV	16:07.18	193300011	<b>16:46.81</b>	+1,58
	<i>Nederlands Masters Record, 400m NMR</i>					
	50m: 50.45	50.45	250m: 5:01.08	1:02.71	450m: 9:17.74	1:05.40
	100m: 1:50.31	59.86	300m: 6:05.36	1:04.28	500m: 10:21.60	1:03.86
	150m: 2:54.10	1:03.79	350m: 7:08.51	1:03.15	550m: 11:26.11	1:04.51
	200m: 3:58.37	1:04.27	400m: 8:12.34	1:03.83	600m: 12:30.38	1:04.27
					650m: 13:33.33	1:02.95
					700m: 14:36.78	1:03.45
					750m: 15:42.13	1:05.35
					800m: 16:46.81	1:04.68

BM	Walter Ludwig	SSF Sieglar 1960 e.V.	NT	133686	<b>11:33.02</b>	+0,85
	<i>400m*</i>					
	50m: 35.49	35.49	250m: 3:29.39	43.68	450m: 6:27.55	44.72
	100m: 1:17.68	42.19	300m: 4:13.91	44.52	500m: 7:12.18	44.63
	150m: 2:00.85	43.17	350m: 4:58.53	44.62	550m: 7:56.02	43.84
	200m: 2:45.71	44.86	400m: 5:42.83	44.30	600m: 8:41.07	45.05
					650m: 9:24.92	43.85
					700m: 10:09.84	44.92
					750m: 10:53.10	43.26
					800m: 11:33.02	39.92

Programmanr. 2  
03-05-2013 - 10:34

Dames, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Iris Pijtak	AZ&PC	18:21.44	199300602	<b>18:20.85</b>	+0,69
	50m: 31.96	31.96	450m: 5:24.17	37.23	850m: 10:20.35	37.11
	100m: 1:07.04	35.08	500m: 6:01.27	37.10	900m: 10:57.46	37.11
	150m: 1:42.91	35.87	550m: 6:38.07	36.80	950m: 11:34.55	37.09
	200m: 2:19.72	36.81	600m: 7:15.55	37.48	1000m: 12:11.50	36.95
	250m: 2:56.34	36.62	650m: 7:52.56	37.01	1050m: 12:48.80	37.30
	300m: 3:33.46	37.12	700m: 8:29.33	36.77	1100m: 13:26.08	37.28
	350m: 4:10.25	36.79	750m: 9:06.24	36.91	1150m: 14:03.45	37.37
	400m: 4:46.94	36.69	800m: 9:43.24	37.00	1200m: 14:40.87	37.42
1250m:	15:18.16	37.29				
1300m:	15:55.76	37.60				
1350m:	16:33.06	37.30				
1400m:	17:10.27	37.21				
1450m:	17:46.83	36.56				
1500m:	18:20.85	34.02				
2.	Sigrit Aarten	Deltasteur	19:53.88	199302868	<b>20:03.88</b>	+1,02
	50m: 33.33	33.33	450m: 5:52.86	40.54	850m: 11:18.86	40.67
	100m: 1:11.13	37.80	500m: 6:33.72	40.86	900m: 11:59.69	40.83
	150m: 1:50.27	39.14	550m: 7:14.47	40.75	950m: 12:40.13	40.44
	200m: 2:30.49	40.22	600m: 7:55.42	40.95	1000m: 13:21.20	41.07
	250m: 3:10.81	40.32	650m: 8:34.88	39.46	1050m: 14:02.09	40.89
	300m: 3:51.40	40.59	700m: 9:17.10	42.22	1100m: 14:43.11	41.02
	350m: 4:31.95	40.55	750m: 9:57.53	40.43	1150m: 15:23.62	40.51
	400m: 5:12.32	40.37	800m: 10:38.19	40.66	1200m: 16:04.37	40.75
1250m:	16:45.07	40.70				
1300m:	17:25.57	40.50				
1350m:	18:05.61	40.04				
1400m:	18:46.31	40.70				
1450m:	19:25.85	39.54				
1500m:	20:03.88	38.03				
3.	Sunanda van Heteren	De Geul	20:52.76	198901728	<b>21:07.72</b>	+0,87
	50m: 35.90	35.90	450m: 6:12.73	44.06	850m: 11:58.52	42.99
	100m: 1:15.55	39.65	500m: 6:55.76	43.03	900m: 12:41.55	43.03
	150m: 1:56.22	40.67	550m: 7:38.70	42.94	950m: 13:24.69	43.14
	200m: 2:38.89	42.67	600m: 8:21.25	42.55	1000m: 14:08.13	43.44
	250m: 3:21.32	42.43	650m: 9:05.04	43.79	1050m: 14:51.34	43.21
	300m: 4:04.24	42.92	700m: 9:48.58	43.54	1100m: 15:34.65	43.31
	350m: 4:46.58	42.34	750m: 10:32.37	43.79	1150m: 16:17.50	42.85
	400m: 5:28.67	42.09	800m: 11:15.53	43.16	1200m: 16:59.73	42.23
1250m:	17:42.40	42.67				
1300m:	18:25.58	43.18				
1350m:	19:07.30	41.72				
1400m:	19:48.57	41.27				
1450m:	20:30.03	41.46				
1500m:	21:07.72	37.69				
4.	Jen-Ai van Soelen	Zuiderzeezwimmers	20:51.24	199003510	<b>21:18.15</b>	+0,72
	50m: 34.66	34.66	450m: 6:14.96	43.02	850m: 12:00.09	42.65
	100m: 1:15.43	40.77	500m: 6:57.98	43.02	900m: 12:42.85	42.76
	150m: 1:57.51	42.08	550m: 7:41.64	43.66	950m: 13:25.52	42.67
	200m: 2:40.27	42.76	600m: 8:25.10	43.46	1000m: 14:08.14	42.62
	250m: 3:23.19	42.92	650m: 9:08.74	43.64	1050m: 14:51.20	43.06
	300m: 4:05.51	42.32	700m: 9:51.47	42.73	1100m: 15:34.16	42.96
	350m: 4:48.55	43.04	750m: 10:34.61	43.14	1150m: 16:17.89	43.73
	400m: 5:31.94	43.39	800m: 11:17.44	42.83	1200m: 17:00.99	43.10
1250m:	17:44.41	43.42				
1300m:	18:27.97	43.56				
1350m:	19:11.41	43.44				
1400m:	19:54.15	42.74				
1450m:	20:36.41	42.26				
1500m:	21:18.15	41.74				
5.	Lenja Witlox	Olympia	19:47.89	199202004	<b>21:22.02</b>	+0,75
	50m: 34.68	34.68	450m: 6:02.86	42.32	850m: 11:51.86	43.87
	100m: 1:14.22	39.54	500m: 6:45.72	42.86	900m: 12:34.83	42.97
	150m: 1:53.93	39.71	550m: 7:28.58	42.86	950m: 13:17.10	42.27
	200m: 2:34.57	40.64	600m: 8:12.82	44.24	1000m: 14:01.53	44.43
	250m: 3:15.38	40.81	650m: 8:56.22	43.40	1050m: 14:46.43	44.90
	300m: 3:56.49	41.11	700m: 9:40.99	44.77	1100m: 15:30.48	44.05
	350m: 4:38.65	42.16	750m: 10:24.00	43.01	1150m: 16:14.82	44.34
	400m: 5:20.54	41.89	800m: 11:07.99	43.99	1200m: 16:59.41	44.59
1250m:	17:44.30	44.89				
1300m:	18:28.84	44.54				
1350m:	19:12.20	43.36				
1400m:	19:57.43	45.23				
1450m:	20:40.38	42.95				
1500m:	21:22.02	41.64				
6.	Pascalie Rovers	ZV De Bron	21:24.09	199301064	<b>21:26.66</b>	+0,75
	50m: 35.56	35.56	450m: 6:15.76	43.23	850m: 12:04.11	43.38
	100m: 1:16.02	40.46	500m: 6:59.10	43.34	900m: 12:47.63	43.52
	150m: 1:57.94	41.92	550m: 7:42.15	43.05	950m: 13:31.47	43.84
	200m: 2:40.53	42.59	600m: 8:25.97	43.82	1000m: 14:15.23	43.76
	250m: 3:23.08	42.55	650m: 9:09.80	43.83	1050m: 14:58.66	43.43
	300m: 4:05.83	42.75	700m: 9:53.36	43.56	1100m: 15:42.31	43.65
	350m: 4:49.22	43.39	750m: 10:36.93	43.57	1150m: 16:25.96	43.65
	400m: 5:32.53	43.31	800m: 11:20.73	43.80	1200m: 17:09.82	43.86
1250m:	17:53.53	43.71				
1300m:	18:37.06	43.53				
1350m:	19:19.95	42.89				
1400m:	20:03.45	43.50				
1450m:	20:45.75	42.30				
1500m:	21:26.66	40.91				
7.	Danielle Scheepers	Njord	20:37.87	199005428	<b>21:32.82</b>	+0,77
	50m: 34.68	34.68	450m: 6:12.06	43.40	850m: 12:01.16	43.39
	100m: 1:13.86	39.18	500m: 6:56.13	44.07	900m: 12:45.45	44.29
	150m: 1:54.98	41.12	550m: 7:39.00	42.87	950m: 13:29.28	43.83
	200m: 2:37.41	42.43	600m: 8:23.25	44.25	1000m: 14:13.55	44.27
	250m: 3:19.40	41.99	650m: 9:06.79	43.54	1050m: 14:57.58	44.03
	300m: 4:02.76	43.36	700m: 9:50.72	43.93	1100m: 15:42.30	44.72
	350m: 4:45.33	42.57	750m: 10:34.12	43.40	1150m: 16:26.40	44.10
	400m: 5:28.66	43.33	800m: 11:17.77	43.65	1200m: 17:10.83	44.43
1250m:	17:54.46	43.63				
1300m:	18:38.82	44.36				
1350m:	19:22.29	43.47				
1400m:	20:06.51	44.22				
1450m:	20:49.79	43.28				
1500m:	21:32.82	43.03				

Programmanr. 2, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
8.	Irmgard van Weeghel	Octopus	21:13.33	199204834	<b>21:36.14</b>	+0,77		
	50m: 37.04	37.04	450m: 6:14.98	43.16	850m: 12:05.44	44.46	1250m: 17:58.61	43.80
	100m: 1:17.70	40.66	500m: 6:58.28	43.30	900m: 12:50.03	44.59	1300m: 18:42.52	43.91
	150m: 1:58.82	41.12	550m: 7:41.67	43.39	950m: 13:33.78	43.75	1350m: 19:26.51	43.99
	200m: 2:41.15	42.33	600m: 8:25.15	43.48	1000m: 14:18.38	44.60	1400m: 20:11.16	44.65
	250m: 3:23.14	41.99	650m: 9:08.63	43.48	1050m: 15:02.41	44.03	1450m: 20:54.36	43.20
	300m: 4:05.98	42.84	700m: 9:52.76	44.13	1100m: 15:46.54	44.13	1500m: 21:36.14	41.78
	350m: 4:48.92	42.94	750m: 10:36.52	43.76	1150m: 16:30.49	43.95		
	400m: 5:31.82	42.90	800m: 11:20.98	44.46	1200m: 17:14.81	44.32		
9.	Claudia Creemers	De Roersoppers	25:26.19	199202864	<b>27:13.11</b>	+0,68		
	50m: 42.06	42.06	450m: 7:44.65	54.94	850m: 15:10.14	56.97	1250m: 22:36.82	57.01
	100m: 1:28.82	46.76	500m: 8:39.50	54.85	900m: 16:06.12	55.98	1300m: 23:34.08	57.26
	150m: 2:19.92	51.10	550m: 9:34.23	54.73	950m: 17:01.44	55.32	1350m: 24:30.56	56.48
	200m: 3:12.33	52.41	600m: 10:28.94	54.71	1000m: 17:55.72	54.28	1400m: 25:26.51	55.95
	250m: 4:06.23	53.90	650m: 11:24.88	55.94	1050m: 18:51.37	55.65	1450m: 26:23.21	56.70
	300m: 5:00.60	54.37	700m: 12:20.34	55.46	1100m: 19:47.03	55.66	1500m: 27:13.11	49.90
	350m: 5:54.74	54.14	750m: 13:16.45	56.11	1150m: 20:43.11	56.08		
	400m: 6:49.71	54.97	800m: 14:13.17	56.72	1200m: 21:39.81	56.70		
10.	Liesbeth Bruinekeol	Zuiderzeewimmers	31:32.66	199007958	<b>33:27.72</b> *	+0,93		
	50m: 55.64	55.64	450m: 9:49.89	1:06.86	850m: 18:48.29	1:07.99	1250m: 27:51.12	1:08.98
	100m: 1:59.68	1:04.04	500m: 10:56.85	1:06.96	900m: 19:55.66	1:07.37	1300m: 28:59.43	1:08.31
	150m: 3:06.55	1:06.87	550m: 12:03.88	1:07.03	950m: 21:04.45	1:08.79	1350m: 30:08.21	1:08.78
	200m: 4:14.22	1:07.67	600m: 13:10.60	1:06.72	1000m: 22:10.98	1:06.53	1400m: 31:16.89	1:08.68
	250m: 5:21.38	1:07.16	650m: 14:17.99	1:07.39	1050m: 23:18.72	1:07.74	1450m: 32:24.58	1:07.69
	300m: 6:29.18	1:07.80	700m: 15:24.78	1:06.79	1100m: 24:27.17	1:08.45	1500m: 33:27.72	1:03.14
	350m: 7:36.32	1:07.14	750m: 16:33.09	1:08.31	1150m: 25:34.85	1:07.68		
	400m: 8:43.03	1:06.71	800m: 17:40.30	1:07.21	1200m: 26:42.14	1:07.29		

Masters 25+

1.	Lisanne Andeweg	Zuiderzeewimmers	19:06.27	198800092	<b>18:53.53</b>	+0,80		
	50m: 33.63	33.63	450m: 5:37.59	37.94	850m: 10:42.78	38.05	1250m: 15:47.77	37.72
	100m: 1:10.78	37.15	500m: 6:15.84	38.25	900m: 11:21.23	38.45	1300m: 16:26.03	38.26
	150m: 1:48.84	38.06	550m: 6:53.94	38.10	950m: 11:59.22	37.99	1350m: 17:03.59	37.56
	200m: 2:26.78	37.94	600m: 7:32.15	38.21	1000m: 12:37.76	38.54	1400m: 17:41.16	37.57
	250m: 3:05.00	38.22	650m: 8:09.85	37.70	1050m: 13:15.80	38.04	1450m: 18:18.33	37.17
	300m: 3:43.20	38.20	700m: 8:48.03	38.18	1100m: 13:54.03	38.23	1500m: 18:53.53	35.20
	350m: 4:21.13	37.93	750m: 9:26.27	38.24	1150m: 14:31.77	37.74		
	400m: 4:59.65	38.52	800m: 10:04.73	38.46	1200m: 15:10.05	38.28		
2.	Laura Oosterbroek	Swol 1894	19:23.54	198803264	<b>20:19.68</b>	+0,75		
	50m: 34.77	34.77	450m: 5:57.50	41.15	850m: 11:26.81	41.72	1250m: 16:57.18	40.62
	100m: 1:13.52	38.75	500m: 6:38.74	41.24	900m: 12:08.02	41.21	1300m: 17:38.97	41.79
	150m: 1:53.44	39.92	550m: 7:20.01	41.27	950m: 12:50.26	42.24	1350m: 18:19.64	40.67
	200m: 2:33.59	40.15	600m: 8:00.98	40.97	1000m: 13:31.88	41.62	1400m: 19:00.01	40.37
	250m: 3:14.45	40.86	650m: 8:42.05	41.07	1050m: 14:14.29	42.41	1450m: 19:40.36	40.35
	300m: 3:54.71	40.26	700m: 9:23.06	41.01	1100m: 14:55.79	41.50	1500m: 20:19.68	39.32
	350m: 4:35.60	40.89	750m: 10:04.22	41.16	1150m: 15:36.41	40.62		
	400m: 5:16.35	40.75	800m: 10:45.09	40.87	1200m: 16:16.56	40.15		
3.	Karin van Dijk	HZ&PC Heerenveen	21:42.42	198600850	<b>22:11.61</b>	+0,78		
	50m: 35.47	35.47	450m: 6:23.31	45.44	850m: 12:26.71	45.76	1250m: 18:29.62	43.51
	100m: 1:15.70	40.23	500m: 7:09.32	46.01	900m: 13:12.68	45.97	1300m: 19:14.49	44.87
	150m: 1:57.35	41.65	550m: 7:54.43	45.11	950m: 13:57.47	44.79	1350m: 19:58.65	44.16
	200m: 2:40.39	43.04	600m: 8:40.06	45.63	1000m: 14:43.50	46.03	1400m: 20:44.31	45.66
	250m: 3:23.62	43.23	650m: 9:24.47	44.41	1050m: 15:29.03	45.53	1450m: 21:28.20	43.89
	300m: 4:07.99	44.37	700m: 10:09.86	45.39	1100m: 16:15.59	46.56	1500m: 22:11.61	43.41
	350m: 4:52.31	44.32	750m: 10:54.78	44.92	1150m: 17:01.03	45.44		
	400m: 5:37.87	45.56	800m: 11:40.95	46.17	1200m: 17:46.11	45.08		
4.	Sandra Schellekens	Neptunus'58	21:50.18	198503416	<b>22:32.19</b>	+0,80		
	50m: 37.26	37.26	450m: 6:33.79	45.34	850m: 12:36.67	45.86	1250m: 18:44.40	46.36
	100m: 1:19.55	42.29	500m: 7:18.84	45.05	900m: 13:22.50	45.83	1300m: 19:30.78	46.38
	150m: 2:03.40	43.85	550m: 8:04.27	45.43	950m: 14:08.79	46.29	1350m: 20:17.06	46.28
	200m: 2:48.03	44.63	600m: 8:49.16	44.89	1000m: 14:54.58	45.79	1400m: 21:03.07	46.01
	250m: 3:33.16	45.13	650m: 9:34.50	45.34	1050m: 15:40.98	46.40	1450m: 21:48.78	45.71
	300m: 4:17.89	44.73	700m: 10:19.99	45.49	1100m: 16:25.83	44.85	1500m: 22:32.19	43.41
	350m: 5:03.38	45.49	750m: 11:05.69	45.70	1150m: 17:12.09	46.26		
	400m: 5:48.45	45.07	800m: 11:50.81	45.12	1200m: 17:58.04	45.95		
5.	Liset de Veer	Aqua-Novio'94	23:56.64	198704190	<b>23:03.24</b>	+0,88		
	50m: 41.02	41.02	450m: 6:47.40	45.39	850m: 12:58.18	46.08	1250m: 19:12.26	46.52
	100m: 1:25.78	44.76	500m: 7:34.22	46.82	900m: 13:45.11	46.93	1300m: 19:59.59	47.33
	150m: 2:10.78	45.00	550m: 8:20.03	45.81	950m: 14:31.84	46.73	1350m: 20:45.52	45.93
	200m: 2:56.62	45.84	600m: 9:06.81	46.78	1000m: 15:19.05	47.21	1400m: 21:32.24	46.72
	250m: 3:42.06	45.44	650m: 9:52.78	45.97	1050m: 16:05.35	46.30	1450m: 22:17.46	45.22
	300m: 4:29.10	47.04	700m: 10:38.92	46.14	1100m: 16:52.62	47.27	1500m: 23:03.24	45.78
	350m: 5:14.97	45.87	750m: 11:25.83	46.91	1150m: 17:38.83	46.21		
	400m: 6:02.01	47.04	800m: 12:12.10	46.27	1200m: 18:25.74	46.91		

Programmanr. 2, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Annette Vogelsang	ZV De Bron	21:58.11	198402632	<b>24:31.69</b>	+0,87		
	50m: 36.05	36.05	450m: 6:43.47	48.58	850m: 13:27.40	50.51	1250m: 20:17.08	50.62
	100m: 1:17.39	41.34	500m: 7:33.01	49.54	900m: 14:19.61	52.21	1300m: 21:09.27	52.19
	150m: 2:01.04	43.65	550m: 8:22.22	49.21	950m: 15:10.50	50.89	1350m: 22:00.77	51.50
	200m: 2:46.33	45.29	600m: 9:13.70	51.48	1000m: 16:02.13	51.63	1400m: 22:51.88	51.11
	250m: 3:32.22	45.89	650m: 10:04.72	51.02	1050m: 16:53.80	51.67	1450m: 23:43.15	51.27
	300m: 4:19.87	47.65	700m: 10:54.61	49.89	1100m: 17:45.36	51.56	1500m: 24:31.69	48.54
	350m: 5:07.34	47.47	750m: 11:45.25	50.64	1150m: 18:35.67	50.31		
	400m: 5:54.89	47.55	800m: 12:36.89	51.64	1200m: 19:26.46	50.79		

Masters 30+

1.	Bianca Cox	PSV	19:48.51	198000214	<b>20:07.81</b>	+0,91		
	50m: 35.16	35.16	450m: 5:55.30	40.36	850m: 11:18.80	40.52	1250m: 16:44.27	40.77
	100m: 1:14.13	38.97	500m: 6:35.37	40.07	900m: 11:59.58	40.78	1300m: 17:25.39	41.12
	150m: 1:53.60	39.47	550m: 7:15.55	40.18	950m: 12:40.04	40.46	1350m: 18:05.85	40.46
	200m: 2:33.88	40.28	600m: 7:55.84	40.29	1000m: 13:20.84	40.80	1400m: 18:46.62	40.77
	250m: 3:14.08	40.20	650m: 8:36.06	40.22	1050m: 14:01.46	40.62	1450m: 19:27.43	40.81
	300m: 3:54.50	40.42	700m: 9:16.88	40.82	1100m: 14:42.37	40.91	1500m: 20:07.81	40.38
	350m: 4:34.64	40.14	750m: 9:57.39	40.51	1150m: 15:22.85	40.48		
	400m: 5:14.94	40.30	800m: 10:38.28	40.89	1200m: 16:03.50	40.65		
2.	Linda Hoogendam	Zoetermeer	20:35.53	198300892	<b>21:10.31</b>	+0,71		
	50m: 35.30	35.30	450m: 6:15.48	43.48	850m: 11:59.76	43.49	1250m: 17:42.28	43.65
	100m: 1:15.98	40.68	500m: 6:58.12	42.64	900m: 12:42.37	42.61	1300m: 18:24.57	42.29
	150m: 1:58.01	42.03	550m: 7:41.35	43.23	950m: 13:25.09	42.72	1350m: 19:07.19	42.62
	200m: 2:40.26	42.25	600m: 8:24.38	43.03	1000m: 14:07.47	42.38	1400m: 19:49.26	42.07
	250m: 3:22.76	42.50	650m: 9:07.29	42.91	1050m: 14:50.42	42.95	1450m: 20:31.08	41.82
	300m: 4:05.67	42.91	700m: 9:50.20	42.91	1100m: 15:32.77	42.35	1500m: 21:10.31	39.23
	350m: 4:49.17	43.50	750m: 10:33.63	43.43	1150m: 16:15.51	42.74		
	400m: 5:32.00	42.83	800m: 11:16.27	42.64	1200m: 16:58.63	43.12		
3.	Yvonne Gerritsen	WVZ	21:15.81	198000342	<b>21:58.09</b>	+0,87		
	50m: 36.99	36.99	450m: 6:26.95	43.78	850m: 12:21.06	44.33	1250m: 18:17.38	45.07
	100m: 1:18.63	41.64	500m: 7:11.42	44.47	900m: 13:05.30	44.24	1300m: 19:01.88	44.50
	150m: 2:01.69	43.06	550m: 7:55.34	43.92	950m: 13:49.83	44.53	1350m: 19:45.96	44.08
	200m: 2:45.68	43.99	600m: 8:39.27	43.93	1000m: 14:34.12	44.29	1400m: 20:30.47	44.51
	250m: 3:29.75	44.07	650m: 9:23.50	44.23	1050m: 15:18.53	44.41	1450m: 21:15.13	44.66
	300m: 4:14.40	44.65	700m: 10:07.60	44.10	1100m: 16:03.26	44.73	1500m: 21:58.09	42.96
	350m: 4:58.73	44.33	750m: 10:52.06	44.46	1150m: 16:47.93	44.67		
	400m: 5:43.17	44.44	800m: 11:36.73	44.67	1200m: 17:32.31	44.38		
4.	Natascha Hartman	PSV	23:52.69	198101780	<b>23:13.93</b>	+0,93		
	50m: 37.61	37.61	450m: 6:40.36	46.69	850m: 12:55.12	46.79	1250m: 19:17.06	48.62
	100m: 1:20.38	42.77	500m: 7:27.17	46.81	900m: 13:42.97	47.85	1300m: 20:04.29	47.23
	150m: 2:04.92	44.54	550m: 8:13.54	46.37	950m: 14:30.09	47.12	1350m: 20:52.17	47.88
	200m: 2:49.76	44.84	600m: 9:00.03	46.49	1000m: 15:17.41	47.32	1400m: 21:40.19	48.02
	250m: 3:35.56	45.80	650m: 9:46.74	46.71	1050m: 16:04.46	47.05	1450m: 22:27.55	47.36
	300m: 4:21.07	45.51	700m: 10:33.73	46.99	1100m: 16:52.69	48.23	1500m: 23:13.93	46.38
	350m: 5:07.11	46.04	750m: 11:20.40	46.67	1150m: 17:40.12	47.43		
	400m: 5:53.67	46.56	800m: 12:08.33	47.93	1200m: 18:28.44	48.32		
5.	Rianne van Vegchelen 100/200/400m*	Deltasteur	26:50.83	198101530	<b>26:43.46</b>	+1,12		
	50m: 43.85	43.85	450m: 7:46.43	53.93	850m: 14:57.57	53.34	1250m: 22:16.06	55.07
	100m: 1:33.77	49.92	500m: 8:41.46	55.03	900m: 15:52.46	54.89	1300m: 23:11.39	55.33
	150m: 2:24.57	50.80	550m: 9:34.46	53.00	950m: 16:46.45	53.99	1350m: 24:06.44	55.05
	200m: 3:17.66	53.09	600m: 10:28.36	53.90	1000m: 17:41.72	55.27	1400m: 25:01.01	54.57
	250m: 4:10.30	52.64	650m: 11:22.93	54.57	1050m: 18:36.20	54.48	1450m: 25:53.05	52.04
	300m: 5:04.37	54.07	700m: 12:16.71	53.78	1100m: 19:30.91	54.71	1500m: 26:43.46	50.41
	350m: 5:58.41	54.04	750m: 13:10.46	53.75	1150m: 20:25.80	54.89		
	400m: 6:52.50	54.09	800m: 14:04.23	53.77	1200m: 21:20.99	55.19		

Masters 35+

1.	Liselotte Joling	PSV	20:39.93	197500268	<b>19:49.32</b>			
	50m: 33.31	33.31	450m: 5:46.88	39.47	850m: 11:06.31	40.33	1250m: 16:29.82	40.87
	100m: 1:11.41	38.10	500m: 6:26.30	39.42	900m: 11:46.93	40.62	1300m: 17:10.19	40.37
	150m: 1:50.60	39.19	550m: 7:05.73	39.43	950m: 12:27.10	40.17	1350m: 17:50.47	40.28
	200m: 2:29.82	39.22	600m: 7:45.77	40.04	1000m: 13:06.98	39.88	1400m: 18:31.15	40.68
	250m: 3:09.12	39.30	650m: 8:25.68	39.91	1050m: 13:47.22	40.24	1450m: 19:11.56	40.41
	300m: 3:48.55	39.43	700m: 9:05.80	40.12	1100m: 14:27.86	40.64	1500m: 19:49.32	37.76
	350m: 4:27.81	39.26	750m: 9:45.74	39.94	1150m: 15:08.33	40.47		
	400m: 5:07.41	39.60	800m: 10:25.98	40.24	1200m: 15:48.95	40.62		



Programmanr. 2, Dames, 1500m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Jolanda van Gendt	PSV	23:24.07	197800266	<b>23:30.57</b>	+0,75		
	50m: 40.55	40.55	450m: 6:49.77	47.04	850m: 13:13.02	48.27	1250m: 19:32.83	47.25
	100m: 1:24.56	44.01	500m: 7:37.12	47.35	900m: 14:00.97	47.95	1300m: 20:19.98	47.15
	150m: 2:09.72	45.16	550m: 8:25.28	48.16	950m: 14:48.79	47.82	1350m: 21:07.77	47.79
	200m: 2:55.44	45.72	600m: 9:13.37	48.09	1000m: 15:35.99	47.20	1400m: 21:55.22	47.45
	250m: 3:41.71	46.27	650m: 10:01.13	47.76	1050m: 16:24.09	48.10	1450m: 22:43.24	48.02
	300m: 4:27.83	46.12	700m: 10:48.98	47.85	1100m: 17:11.06	46.97	1500m: 23:30.57	47.33
	350m: 5:15.18	47.35	750m: 11:36.66	47.68	1150m: 17:58.18	47.12		
	400m: 6:02.73	47.55	800m: 12:24.75	48.09	1200m: 18:45.58	47.40		

Masters 40+

1.	Grith Sigsgaard	Zwemlust-den Hommel	18:47.76	197200772	<b>19:22.68</b>	+0,90		
	50m: 33.91	33.91	450m: 5:39.03	38.50	850m: 10:48.66	39.06	1250m: 16:04.98	39.62
	100m: 1:11.84	37.93	500m: 6:17.52	38.49	900m: 11:27.87	39.21	1300m: 16:44.90	39.92
	150m: 1:49.89	38.05	550m: 6:56.11	38.59	950m: 12:07.44	39.57	1350m: 17:24.36	39.46
	200m: 2:27.81	37.92	600m: 7:34.61	38.50	1000m: 12:46.67	39.23	1400m: 18:04.10	39.74
	250m: 3:05.95	38.14	650m: 8:13.33	38.72	1050m: 13:26.19	39.52	1450m: 18:43.86	39.76
	300m: 3:44.04	38.09	700m: 8:51.71	38.38	1100m: 14:05.65	39.46	1500m: 19:22.68	38.82
	350m: 4:22.24	38.20	750m: 9:30.44	38.73	1150m: 14:45.30	39.65		
	400m: 5:00.53	38.29	800m: 10:09.60	39.16	1200m: 15:25.36	40.06		
2.	Annette de Visser	Oceanus	21:18.86	197100602	<b>20:59.85</b>	+0,86		
	50m: 36.15	36.15	450m: 6:14.69	42.09	850m: 11:53.28	42.36	1250m: 17:31.51	42.51
	100m: 1:17.12	40.97	500m: 6:57.18	42.49	900m: 12:35.59	42.31	1300m: 18:13.98	42.47
	150m: 1:59.25	42.13	550m: 7:39.30	42.12	950m: 13:17.91	42.32	1350m: 18:55.82	41.84
	200m: 2:42.25	43.00	600m: 8:21.74	42.44	1000m: 14:00.26	42.35	1400m: 19:38.28	42.46
	250m: 3:24.44	42.19	650m: 9:03.85	42.11	1050m: 14:42.36	42.10	1450m: 20:19.55	41.27
	300m: 4:07.40	42.96	700m: 9:46.43	42.58	1100m: 15:24.69	42.33	1500m: 20:59.85	40.30
	350m: 4:49.88	42.48	750m: 10:28.68	42.25	1150m: 16:06.69	42.00		
	400m: 5:32.60	42.72	800m: 11:10.92	42.24	1200m: 16:49.00	42.31		
3.	Natacha Van Hoof	ShaRK	22:59.29	SHARK/260/73	<b>23:15.17</b>	+0,95		
	50m: 42.12	42.12	450m: 6:50.82	46.63	850m: 13:02.84	47.22	1250m: 19:21.24	47.04
	100m: 1:27.38	45.26	500m: 7:37.98	47.16	900m: 13:50.02	47.18	1300m: 20:09.00	47.76
	150m: 2:12.84	45.46	550m: 8:23.65	45.67	950m: 14:37.39	47.37	1350m: 20:56.80	47.80
	200m: 2:59.01	46.17	600m: 9:09.40	45.75	1000m: 15:24.55	47.16	1400m: 21:44.10	47.30
	250m: 3:44.96	45.95	650m: 9:55.66	46.26	1050m: 16:12.25	47.70	1450m: 22:30.53	46.43
	300m: 4:31.31	46.35	700m: 10:41.85	46.19	1100m: 16:59.22	46.97	1500m: 23:15.17	44.64
	350m: 5:17.77	46.46	750m: 11:28.68	46.83	1150m: 17:46.59	47.37		
	400m: 6:04.19	46.42	800m: 12:15.62	46.94	1200m: 18:34.20	47.61		
4.	Claudia Broeke	De Fuut	24:17.87	197300058	<b>24:00.70</b>	+0,88		
	50m: 41.96	41.96	450m: 7:08.81	48.00	850m: 13:33.83	47.63	1250m: 20:00.81	48.10
	100m: 1:30.02	48.06	500m: 7:56.82	48.01	900m: 14:22.34	48.51	1300m: 20:49.75	48.94
	150m: 2:18.12	48.10	550m: 8:44.00	47.18	950m: 15:10.35	48.01	1350m: 21:37.71	47.96
	200m: 3:07.89	49.77	600m: 9:33.26	49.26	1000m: 15:58.70	48.35	1400m: 22:26.25	48.54
	250m: 3:55.90	48.01	650m: 10:20.71	47.45	1050m: 16:46.45	47.75	1450m: 23:13.72	47.47
	300m: 4:44.90	49.00	700m: 11:09.70	48.99	1100m: 17:35.18	48.73	1500m: 24:00.70	46.98
	350m: 5:32.49	47.59	750m: 11:57.36	47.66	1150m: 18:23.56	48.38		
	400m: 6:20.81	48.32	800m: 12:46.20	48.84	1200m: 19:12.71	49.15		
5.	Annet Kootstra	Swol 1894	24:02.26	197100344	<b>24:08.72</b>	+1,02		
	50m: 40.59	40.59	450m: 7:02.91	48.74	850m: 13:32.37	48.40	1250m: 20:05.28	50.07
	100m: 1:25.82	45.23	500m: 7:51.25	48.34	900m: 14:21.07	48.70	1300m: 20:53.73	48.45
	150m: 2:12.83	47.01	550m: 8:40.18	48.93	950m: 15:10.06	48.99	1350m: 21:43.10	49.37
	200m: 3:00.39	47.56	600m: 9:28.59	48.41	1000m: 15:59.08	49.02	1400m: 22:31.95	48.85
	250m: 3:48.71	48.32	650m: 10:17.30	48.71	1050m: 16:48.74	49.66	1450m: 23:20.92	48.97
	300m: 4:36.65	47.94	700m: 11:06.13	48.83	1100m: 17:37.23	48.49	1500m: 24:08.72	47.80
	350m: 5:25.55	48.90	750m: 11:55.18	49.05	1150m: 18:26.43	49.20		
	400m: 6:14.17	48.62	800m: 12:43.97	48.79	1200m: 19:15.21	48.78		
6.	Ingrid Versteegen	DBD	25:24.29	197300770	<b>24:50.36</b>	+0,71		
	50m: 42.56	42.56	450m: 7:17.52	49.90	850m: 13:59.14	49.94	1250m: 20:41.36	50.64
	100m: 1:30.19	47.63	500m: 8:06.71	49.19	900m: 14:49.29	50.15	1300m: 21:31.09	49.73
	150m: 2:18.86	48.67	550m: 8:57.44	50.73	950m: 15:38.87	49.58	1350m: 22:21.89	50.80
	200m: 3:08.13	49.27	600m: 9:47.63	50.19	1000m: 16:29.21	50.34	1400m: 23:12.43	50.54
	250m: 3:57.59	49.46	650m: 10:38.72	51.09	1050m: 17:20.09	50.88	1450m: 24:02.64	50.21
	300m: 4:47.88	50.29	700m: 11:28.87	50.15	1100m: 18:09.70	49.61	1500m: 24:50.36	47.72
	350m: 5:37.74	49.86	750m: 12:19.41	50.54	1150m: 19:00.55	50.85		
	400m: 6:27.62	49.88	800m: 13:09.20	49.79	1200m: 19:50.72	50.17		
7.	Kathy De Meyere	LZV	28:52.92	LZV/224/73	<b>28:24.94</b>	+0,90		
	50m: 46.76	46.76	450m: 8:18.55	58.11	850m: 15:58.87	57.43	1250m: 23:40.94	57.88
	100m: 1:39.07	52.31	500m: 9:16.22	57.67	900m: 16:56.03	57.16	1300m: 24:38.59	57.65
	150m: 2:34.45	55.38	550m: 10:14.07	57.85	950m: 17:53.55	57.52	1350m: 25:36.94	58.35
	200m: 3:30.71	56.26	600m: 11:11.21	57.14	1000m: 18:51.45	57.90	1400m: 26:35.07	58.13
	250m: 4:27.71	57.00	650m: 12:08.89	57.68	1050m: 19:48.96	57.51	1450m: 27:32.53	57.46
	300m: 5:24.59	56.88	700m: 13:06.69	57.80	1100m: 20:47.00	58.04	1500m: 28:24.94	52.41
	350m: 6:22.52	57.93	750m: 14:04.07	57.38	1150m: 21:45.31	58.31		
	400m: 7:20.44	57.92	800m: 15:01.44	57.37	1200m: 22:43.06	57.75		

Programmanr. 2, Dames, 1500m vrije slag

Masters 45+

1. Margreet van der Pol	Oceanus	23:31.57	196600276	<b>23:11.35</b>	+0,94
50m: 40.24	40.24	450m: 6:49.19	46.21	850m: 13:00.94	46.13
100m: 1:25.43	45.19	500m: 7:35.57	46.38	900m: 13:48.33	47.39
150m: 2:11.07	45.64	550m: 8:21.95	46.38	950m: 14:35.82	47.49
200m: 2:57.79	46.72	600m: 9:08.40	46.45	1000m: 15:23.42	47.60
250m: 3:43.81	46.02	650m: 9:54.79	46.39	1050m: 16:10.84	47.42
300m: 4:30.40	46.59	700m: 10:41.80	47.01	1100m: 16:58.02	47.18
350m: 5:16.53	46.13	750m: 11:28.04	46.24	1150m: 17:44.76	46.74
400m: 6:02.98	46.45	800m: 12:14.81	46.77	1200m: 18:31.75	46.99
1250m: 19:18.21	48.27	1300m: 20:05.88	47.67	1350m: 20:52.57	46.69
1400m: 21:39.91	47.34	1450m: 22:27.15	47.24	1500m: 23:11.35	44.20
2. Karin van den Heuvel	Old Dutch	23:23.53	196600188	<b>23:43.28</b>	+1,03
50m: 40.73	40.73	450m: 6:51.34	46.56	850m: 13:12.41	47.62
100m: 1:26.04	45.31	500m: 7:38.84	47.50	900m: 14:00.86	48.45
150m: 2:11.70	45.66	550m: 8:25.15	46.31	950m: 14:48.75	47.89
200m: 2:58.47	46.77	600m: 9:13.29	48.14	1000m: 15:37.65	48.90
250m: 3:44.95	46.48	650m: 10:00.58	47.29	1050m: 16:23.88	46.23
300m: 4:31.67	46.72	700m: 10:48.91	48.33	1100m: 17:11.75	47.87
350m: 5:17.90	46.23	750m: 11:36.43	47.52	1150m: 17:58.46	46.71
400m: 6:04.78	46.88	800m: 12:24.79	48.36	1200m: 18:47.21	48.75
1250m: 19:35.48	48.27	1300m: 20:25.47	49.99	1350m: 21:14.28	48.81
1400m: 22:04.76	50.48	1450m: 22:53.61	48.85	1500m: 23:43.28	49.67
3. Betty van Kemenade	PSV	27:10.69	196800832	<b>26:35.74</b>	+1,61
50m: 47.28	47.28	450m: 7:50.86	52.66	850m: 14:57.12	52.99
100m: 1:38.73	51.45	500m: 8:43.68	52.82	900m: 15:50.06	52.94
150m: 2:31.50	52.77	550m: 9:37.20	53.52	950m: 16:43.72	53.66
200m: 3:25.18	53.68	600m: 10:30.94	53.74	1000m: 17:37.54	53.82
250m: 4:18.87	53.69	650m: 11:24.42	53.48	1050m: 18:31.66	54.12
300m: 5:12.21	53.34	700m: 12:17.43	53.01	1100m: 19:25.10	53.44
350m: 6:05.27	53.06	750m: 13:10.73	53.30	1150m: 20:19.14	54.04
400m: 6:58.20	52.93	800m: 14:04.13	53.40	1200m: 21:12.56	53.42
1250m: 22:06.82	54.26	1300m: 23:00.62	53.80	1350m: 23:54.84	54.22
1400m: 24:48.93	54.09	1450m: 25:44.29	55.36	1500m: 26:35.74	51.45
4. Frances van der Moolen	Aqua-Novio'94	26:41.45	196400454	<b>26:56.31</b>	
50m: 50.94	50.94	450m: 8:00.51	53.97	850m: 15:13.75	54.53
100m: 1:44.85	53.91	500m: 8:54.52	54.01	900m: 16:07.94	54.19
150m: 2:37.29	52.44	550m: 9:48.32	53.80	950m: 17:01.88	53.94
200m: 3:31.45	54.16	600m: 10:42.47	54.15	1000m: 17:55.78	53.90
250m: 4:24.74	53.29	650m: 11:36.82	54.35	1050m: 18:49.93	54.15
300m: 5:18.26	53.52	700m: 12:30.48	53.66	1100m: 19:44.02	54.09
350m: 6:12.30	54.04	750m: 13:24.86	54.38	1150m: 20:37.99	53.97
400m: 7:06.54	54.24	800m: 14:19.22	54.36	1200m: 21:31.90	53.91
1250m: 22:25.99	54.09	1300m: 23:20.38	54.39	1350m: 24:14.51	54.13
1400m: 25:10.29	55.78	1450m: 26:04.56	54.27	1500m: 26:56.31	51.75
5. Ymke Snellen van Vollenhoven	PSV	27:15.56	196800836	<b>27:10.99</b>	+1,36
50m: 44.26	44.26	450m: 8:03.43	55.59	850m: 15:21.34	53.79
100m: 1:35.30	51.04	500m: 8:59.58	56.15	900m: 16:17.01	55.67
150m: 2:29.11	53.81	550m: 9:54.57	54.99	950m: 17:11.87	54.86
200m: 3:24.65	55.54	600m: 10:49.08	54.51	1000m: 18:06.61	54.74
250m: 4:20.56	55.91	650m: 11:43.76	54.68	1050m: 19:02.20	55.59
300m: 5:16.18	55.62	700m: 12:39.53	55.77	1100m: 19:57.62	55.42
350m: 6:11.69	55.51	750m: 13:33.79	54.26	1150m: 20:51.82	54.20
400m: 7:07.84	56.15	800m: 14:27.55	53.76	1200m: 21:47.61	55.79
1250m: 22:42.35	54.74	1300m: 23:38.56	56.21	1350m: 24:32.69	54.13
1400m: 25:29.20	56.51	1450m: 26:21.86	52.66	1500m: 27:10.99	49.13

Masters 50+

1. Katinka Elders	Oceanus	24:58.65	196000292	<b>25:12.66</b>	
50m: 42.31	42.31	450m: 7:20.14	50.54	850m: 14:06.73	51.58
100m: 1:28.90	46.59	500m: 8:10.42	50.28	900m: 14:58.38	51.65
150m: 2:17.81	48.91	550m: 9:01.37	50.95	950m: 15:50.08	51.70
200m: 3:07.55	49.74	600m: 9:51.69	50.32	1000m: 16:41.20	51.12
250m: 3:57.53	49.98	650m: 10:42.92	51.23	1050m: 17:33.42	52.22
300m: 4:47.06	49.53	700m: 11:33.78	50.86	1100m: 18:24.99	51.57
350m: 5:39.29	52.23	750m: 12:24.82	51.04	1150m: 19:17.12	52.13
400m: 6:29.60	50.31	800m: 13:15.15	50.33	1200m: 20:07.81	50.69
1250m: 20:59.41	51.60	1300m: 21:51.53	52.12	1350m: 22:43.52	51.99
1400m: 23:35.15	51.63	1450m: 24:26.31	51.16	1500m: 25:12.66	46.35
2. Pia van der Molen	HZ&PC Heerenveen	25:24.59	196000116	<b>25:50.67</b>	+1,03
50m: 41.88	41.88	450m: 7:30.41	52.12	850m: 14:29.01	52.67
100m: 1:29.30	47.42	500m: 8:22.63	52.22	900m: 15:21.31	52.30
150m: 2:19.12	49.82	550m: 9:14.63	52.00	950m: 16:13.87	52.56
200m: 3:11.28	52.16	600m: 10:07.04	52.41	1000m: 17:05.88	52.01
250m: 4:03.27	51.99	650m: 10:59.42	52.38	1050m: 17:58.68	52.80
300m: 4:54.77	51.50	700m: 11:51.48	52.06	1100m: 18:50.67	51.99
350m: 5:46.46	51.69	750m: 12:43.53	52.05	1150m: 19:43.94	53.27
400m: 6:38.29	51.83	800m: 13:36.34	52.81	1200m: 20:35.95	52.01
1250m: 21:28.84	52.89	1300m: 22:22.15	53.31	1350m: 23:15.38	53.23
1400m: 24:08.54	53.16	1450m: 25:00.15	51.61	1500m: 25:50.67	50.52

Programmanr. 2, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Jennie Resink-lindeboom	DWK	28:09.40	196000142	<b>26:04.96</b>	+1,03		
	50m: 46.13	46.13	450m: 7:46.79	53.14	850m: 14:49.07	52.39	1250m: 21:49.33	52.29
	100m: 1:37.35	51.22	500m: 8:39.33	52.54	900m: 15:41.90	52.83	1300m: 22:41.96	52.63
	150m: 2:29.55	52.20	550m: 9:32.07	52.74	950m: 16:34.73	52.83	1350m: 23:34.87	52.91
	200m: 3:22.13	52.58	600m: 10:25.12	53.05	1000m: 17:27.86	53.13	1400m: 24:26.73	51.86
	250m: 4:15.31	53.18	650m: 11:17.78	52.66	1050m: 18:20.38	52.52	1450m: 25:17.33	50.60
	300m: 5:08.71	53.40	700m: 12:10.87	53.09	1100m: 19:12.31	51.93	1500m: 26:04.96	47.63
	350m: 6:01.27	52.56	750m: 13:03.91	53.04	1150m: 20:04.49	52.18		
	400m: 6:53.65	52.38	800m: 13:56.68	52.77	1200m: 20:57.04	52.55		

Masters 55+

1.	Dorothy Ledwith <i>IRM</i>	Ennis Masters	22:35.29	10009706	<b>22:27.96</b>			
	50m: 39.28	39.28	450m: 6:36.37	45.42	850m: 12:39.26	45.63	1250m: 18:41.91	45.82
	100m: 1:21.72	42.44	500m: 7:21.30	44.93	900m: 13:24.45	45.19	1300m: 19:27.16	45.25
	150m: 2:06.10	44.38	550m: 8:06.84	45.54	950m: 14:09.86	45.41	1350m: 20:13.28	46.12
	200m: 2:50.59	44.49	600m: 8:51.90	45.06	1000m: 14:54.81	44.95	1400m: 20:58.51	45.23
	250m: 3:35.75	45.16	650m: 9:37.67	45.77	1050m: 15:40.37	45.56	1450m: 21:44.78	46.27
	300m: 4:20.97	45.22	700m: 10:22.91	45.24	1100m: 16:24.83	44.46	1500m: 22:27.96	43.18
	350m: 5:06.26	45.29	750m: 11:08.42	45.51	1150m: 17:10.82	45.99		
	400m: 5:50.95	44.69	800m: 11:53.63	45.21	1200m: 17:56.09	45.27		
2.	Monica Bakker	ZVZ	25:02.03	195600082	<b>25:05.57</b>	+1,18		
	50m: 43.71	43.71	450m: 7:22.45	49.92	850m: 14:04.82	50.34	1250m: 20:51.41	51.13
	100m: 1:31.93	48.22	500m: 8:12.83	50.38	900m: 14:55.42	50.60	1300m: 21:42.48	51.07
	150m: 2:21.27	49.34	550m: 9:03.33	50.50	950m: 15:46.47	51.05	1350m: 22:33.78	51.30
	200m: 3:11.43	50.16	600m: 9:53.00	49.67	1000m: 16:36.72	50.25	1400m: 23:24.78	51.00
	250m: 4:01.36	49.93	650m: 10:43.35	50.35	1050m: 17:28.25	51.53	1450m: 24:16.38	51.60
	300m: 4:51.67	50.31	700m: 11:34.06	50.71	1100m: 18:18.70	50.45	1500m: 25:05.57	49.19
	350m: 5:42.28	50.61	750m: 12:24.65	50.59	1150m: 19:10.08	51.38		
	400m: 6:32.53	50.25	800m: 13:14.48	49.83	1200m: 20:00.28	50.20		
3.	Mies Kuipers	Old Dutch	35:42.72	195800202	<b>35:44.88</b>	+1,01		
	50m: 1:03.79	1:03.79	450m: 10:36.52	1:10.96	850m: 20:17.57	1:12.83	1250m: 29:52.97	1:10.90
	100m: 2:15.57	1:11.78	500m: 11:47.82	1:11.30	900m: 21:30.95	1:13.38	1300m: 31:06.75	1:13.78
	150m: 3:28.36	1:12.79	550m: 13:00.10	1:12.28	950m: 22:44.37	1:13.42	1350m: 32:19.76	1:13.01
	200m: 4:40.89	1:12.53	600m: 14:12.20	1:12.10	1000m: 23:58.04	1:13.67	1400m: 33:29.78	1:10.02
	250m: 5:51.69	1:10.80	650m: 15:24.23	1:12.03	1050m: 25:07.51	1:09.47	1450m: 34:39.65	1:09.87
	300m: 7:03.05	1:11.36	700m: 16:37.73	1:13.50	1100m: 26:18.36	1:10.85	1500m: 35:44.88	1:05.23
	350m: 8:13.32	1:10.27	750m: 17:50.46	1:12.73	1150m: 27:29.74	1:11.38		
	400m: 9:25.56	1:12.24	800m: 19:04.74	1:14.28	1200m: 28:42.07	1:12.33		
4.	Lies Hartman	VfR Übach-Palenberg	37:03.61	164684	<b>37:49.96</b>	+1,21		
	50m: 58.63	58.63	450m: 10:51.41	1:14.04	850m: 20:55.93	1:17.51	1250m: 31:20.38	1:19.28
	100m: 2:08.52	1:09.89	500m: 12:06.00	1:14.59	900m: 22:13.76	1:17.83	1300m: 32:37.14	1:16.76
	150m: 3:23.98	1:15.46	550m: 13:22.94	1:16.94	950m: 23:32.02	1:18.26	1350m: 33:58.40	1:21.26
	200m: 4:37.95	1:13.97	600m: 14:36.59	1:13.65	1000m: 24:49.72	1:17.70	1400m: 35:15.04	1:16.64
	250m: 5:52.57	1:14.62	650m: 15:50.97	1:14.38	1050m: 26:08.21	1:18.49	1450m: 36:33.81	1:18.77
	300m: 7:08.24	1:15.67	700m: 17:05.72	1:14.75	1100m: 27:26.66	1:18.45	1500m: 37:49.96	1:16.15
	350m: 8:22.91	1:14.67	750m: 18:22.40	1:16.68	1150m: 28:43.76	1:17.10		
	400m: 9:37.37	1:14.46	800m: 19:38.42	1:16.02	1200m: 30:01.10	1:17.34		

Masters 60+

1.	Ineke Weekers	PSV	23:10.21	195300050	<b>22:40.35</b>	+0,86		
	50m: 41.54	41.54	450m: 6:42.62	45.37	850m: 12:46.52	45.84	1250m: 18:53.96	46.23
	100m: 1:25.46	43.92	500m: 7:27.78	45.16	900m: 13:32.00	45.48	1300m: 19:39.58	45.62
	150m: 2:10.87	45.41	550m: 8:13.23	45.45	950m: 14:17.62	45.62	1350m: 20:25.72	46.14
	200m: 2:55.83	44.96	600m: 8:58.56	45.33	1000m: 15:03.46	45.84	1400m: 21:11.34	45.62
	250m: 3:41.08	45.25	650m: 9:43.62	45.06	1050m: 15:49.47	46.01	1450m: 21:57.35	46.01
	300m: 4:26.59	45.51	700m: 10:29.06	45.44	1100m: 16:35.52	46.05	1500m: 22:40.35	43.00
	350m: 5:11.98	45.39	750m: 11:14.83	45.77	1150m: 17:21.97	46.45		
	400m: 5:57.25	45.27	800m: 12:00.68	45.85	1200m: 18:07.73	45.76		
2.	Ineke Meijer	HZ&PC Heerenveen	26:15.58	195200034	<b>27:02.08</b>	+0,98		
	50m: 46.13	46.13	450m: 7:58.03	54.63	850m: 15:15.75	54.67	1250m: 22:33.49	54.12
	100m: 1:38.95	52.82	500m: 8:53.78	55.75	900m: 16:10.99	55.24	1300m: 23:28.78	55.29
	150m: 2:32.15	53.20	550m: 9:47.97	54.19	950m: 17:05.43	54.44	1350m: 24:23.35	54.57
	200m: 3:25.58	53.43	600m: 10:42.71	54.74	1000m: 18:00.01	54.58	1400m: 25:18.50	55.15
	250m: 4:19.69	54.11	650m: 11:37.36	54.65	1050m: 18:54.13	54.12	1450m: 26:11.70	53.20
	300m: 5:14.45	54.76	700m: 12:31.70	54.34	1100m: 19:49.77	55.64	1500m: 27:02.08	50.38
	350m: 6:08.51	54.06	750m: 13:26.04	54.34	1150m: 20:44.42	54.65		
	400m: 7:03.40	54.89	800m: 14:21.08	55.04	1200m: 21:39.37	54.95		

Programmanr. 2, Dames, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT						
3.	Gonnie Bak	PSV	30:07.77	195100064	28:42.35	+0,92						
	50m:	47.43	47.43	450m:	8:26.01	58.00	850m:	16:07.98	57.13	1250m:	23:52.04	58.07
	100m:	1:42.74	55.31	500m:	9:24.88	58.87	900m:	17:05.81	57.83	1300m:	24:51.85	59.81
	150m:	2:39.56	56.82	550m:	10:22.17	57.29	950m:	18:02.86	57.05	1350m:	25:49.45	57.60
	200m:	3:37.53	57.97	600m:	11:19.47	57.30	1000m:	19:01.75	58.89	1400m:	26:48.27	58.82
	250m:	4:34.91	57.38	650m:	12:16.75	57.28	1050m:	19:59.46	57.71	1450m:	27:45.47	57.20
	300m:	5:32.77	57.86	700m:	13:14.55	57.80	1100m:	20:57.80	58.34	1500m:	28:42.35	56.88
	350m:	6:29.97	57.20	750m:	14:11.74	57.19	1150m:	21:54.57	56.77			
	400m:	7:28.01	58.04	800m:	15:10.85	59.11	1200m:	22:53.97	59.40			

Masters 65+

1.	Matty van der Veen	Old Dutch	27:49.26	194400020	31:21.14							
	50m:	50.22	50.22	450m:	8:48.25	1:02.26	850m:	17:10.80	1:03.36	1250m:	25:45.50	1:05.93
	100m:	1:45.75	55.53	500m:	9:50.28	1:02.03	900m:	18:13.51	1:02.71	1300m:	26:51.86	1:06.36
	150m:	2:43.51	57.76	550m:	10:53.08	1:02.80	950m:	19:18.02	1:04.51	1350m:	27:58.73	1:06.87
	200m:	3:43.34	59.83	600m:	11:55.44	1:02.36	1000m:	20:21.90	1:03.88	1400m:	29:04.76	1:06.03
	250m:	4:42.78	59.44	650m:	12:59.10	1:03.66	1050m:	21:27.19	1:05.29	1450m:	30:12.80	1:08.04
	300m:	5:44.61	1:01.83	700m:	14:01.73	1:02.63	1100m:	22:31.20	1:04.01	1500m:	31:21.14	1:08.34
	350m:	6:44.96	1:00.35	750m:	15:04.46	1:02.73	1150m:	23:35.71	1:04.51			
	400m:	7:45.99	1:01.03	800m:	16:07.44	1:02.98	1200m:	24:39.57	1:03.86			
2.	Greet Brehler-Middag	Hatto Heim	33:05.01	194400004	33:57.25	+1,23						
	50m:	56.80	56.80	450m:	9:49.46	1:07.01	850m:	18:54.12	1:07.93	1250m:	28:12.09	1:08.34
	100m:	2:01.89	1:05.09	500m:	10:58.43	1:08.97	900m:	20:03.63	1:09.51	1300m:	29:23.83	1:11.74
	150m:	3:07.03	1:05.14	550m:	12:05.21	1:06.78	950m:	21:13.97	1:10.34	1350m:	30:33.59	1:09.76
	200m:	4:13.70	1:06.67	600m:	13:12.97	1:07.76	1000m:	22:24.03	1:10.06	1400m:	31:44.06	1:10.47
	250m:	5:20.16	1:06.46	650m:	14:20.33	1:07.36	1050m:	23:33.56	1:09.53	1450m:	32:52.87	1:08.81
	300m:	6:27.35	1:07.19	700m:	15:29.62	1:09.29	1100m:	24:43.89	1:10.33	1500m:	33:57.25	1:04.38
	350m:	7:34.53	1:07.18	750m:	16:38.13	1:08.51	1150m:	25:53.58	1:09.69			
	400m:	8:42.45	1:07.92	800m:	17:46.19	1:08.06	1200m:	27:03.75	1:10.17			

Masters 70+

1.	Gitti Wahl	VfR Übach-Palenberg	35:53.98	164688	34:59.66	+1,08						
	50m:	58.69	58.69	450m:	10:12.29	1:08.37	850m:	19:27.49	1:01.20	1250m:	29:03.36	1:10.77
	100m:	2:08.38	1:09.69	500m:	11:23.95	1:11.66	900m:	20:47.08	1:19.59	1300m:	30:16.50	1:13.14
	150m:	3:16.35	1:07.97	550m:	12:31.72	1:07.77	950m:	21:57.46	1:10.38	1350m:	31:27.27	1:10.77
	200m:	4:28.61	1:12.26	600m:	13:42.69	1:10.97	1000m:	23:09.79	1:12.33	1400m:	32:39.95	1:12.68
	250m:	5:35.68	1:07.07	650m:	14:53.10	1:10.41	1050m:	24:18.24	1:08.45	1450m:	33:50.30	1:10.35
	300m:	6:45.86	1:10.18	700m:	16:04.41	1:11.31	1100m:	25:30.26	1:12.02	1500m:	34:59.66	1:09.36
	350m:	7:53.55	1:07.69	750m:	17:14.34	1:09.93	1150m:	26:40.26	1:10.00			
	400m:	9:03.92	1:10.37	800m:	18:26.29	1:11.95	1200m:	27:52.59	1:12.33			



2 - ONMK 2013 lb sessie 2

03-05-2013 - 14:00

Programmanr. 4 4 x 200m vrije slag Masters Open  
03-05-2013 - 14:00 Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
<b>80+, Heren</b>					
1.	LZ 1886 1 <i>Nederlands Masters Record</i>	LZ 1886	8:06.80	<b>8:39.26</b>	+0,80
	Lars Sieval	93	+0,80 29.07	1:00.98 1:34.88	2:07.75 2:07.75
	Joost Rijntjes	91	+0,63 28.39	1:00.89 1:35.63	2:09.29 2:09.29
	Sjoerd Sieval	90	+0,33 29.99	1:03.53 1:38.43	2:14.50 2:14.50
	Kristiaan Lenos	83	+0,55 28.74	1:00.78 1:35.13	2:07.72 2:07.72
<b>80+, Gemengd</b>					
1.	Montferland 1	Montferland	10:22.64	<b>10:08.87</b>	+0,86
	Roel van Beek	89	+0,86 33.47	1:09.95 1:47.75	2:24.68 2:24.68
	Wieteke Jansen	90	+0,70 38.85	1:22.47 2:08.53	2:51.96 2:51.96
	Marjje Jansen	85	+0,74 35.23	1:14.53 1:56.91	2:35.04 2:35.04
	Maik Steenkamp	91	+0,52 30.37	1:05.87 1:41.70	2:17.19 2:17.19
2.	De Duinkickers 1	De Duinkickers	10:10.94	<b>10:25.98</b>	+0,82
	Maaïke de Boer	90	+0,82 33.52	1:11.10 1:50.29	2:28.86 2:28.86
	Eline Schoenmaker	90	+0,43 37.39	1:20.45 2:03.25	2:45.19 2:45.19
	Sven van Zanten	90	+0,40 31.67	1:09.86 1:53.49	2:39.92 2:39.92
	Ruben de Boer	93	33.07	1:11.87 1:51.82	2:32.01 2:32.01
<b>100+, Gemengd</b>					
1.	Zuiderzeezwemmers 1 <i>Nederlands Masters Record</i>	Zuiderzeezwemmers	9:02.41	<b>9:04.77</b>	+0,74
	Ralf van der Poel	84	+0,74 28.21	59.83 1:34.12	2:08.38 2:08.38
	Jen-Ai van Soelen	90	+0,43 32.76	1:10.71 1:50.05	2:28.51 2:28.51
	Lisanne Andeweg	88	+0,33 32.01	1:07.36 1:44.06	2:18.90 2:18.90
	Erik van der Heide	88	+0,38 28.94	1:01.60 1:35.04	2:08.98 2:08.98
<b>120+, Dames</b>					
1.	PSV 3	PSV	10:04.94	<b>10:22.11</b>	+0,97
	Liselotte Joling	75	+0,97 33.30	1:11.38 1:50.37	2:26.93 2:26.93
	Natascha Hartman	81	+0,58 37.02	1:20.50 2:05.95	2:50.63 2:50.63
	Maries Jehoel-van As	85	+0,40 35.29	1:15.26 1:57.68	2:40.35 2:40.35
	Stephanie Rombout	88	+0,61 31.66	1:06.96 1:45.25	2:24.20 2:24.20
<b>120+, Gemengd</b>					
1.	DAW 1	DAW	9:50.00	<b>9:56.55</b>	+0,86
	Bianca Paape	85	+0,86 33.23	1:11.47 1:52.88	2:35.27 2:35.27
	Channe Noort	86	+0,39 33.92	1:12.45 1:54.46	2:37.28 2:37.28
	Jeroen Vogelsang	80	+0,63 32.11	1:08.68 1:46.91	2:24.07 2:24.07
	Rene de Boer	64	+0,68 31.74	1:06.76 1:43.29	2:19.93 2:19.93
2.	RZ 1	RZ	10:13.30	<b>10:37.86</b>	+0,71
	Suzan van den Bogaard	89	+0,71 34.51	1:13.87 1:54.61	2:34.36 2:34.36
	Marian Bouts	86	+0,57 36.32	1:16.78 1:59.32	2:43.72 2:43.72
	Gino Martijn	79	+0,36 33.52	1:12.10 1:54.44	2:39.29 2:39.29
	Ralph Caster	61	+0,51 35.51	1:16.08 1:58.13	2:40.49 2:40.49
<b>160+, Dames</b>					
1.	CNSW 1 <i>BMR</i>	CNSW	11:00.00	<b>10:54.66</b>	+0,81
	Nathalie Blondeel	77	+0,81 33.19	1:09.43 1:47.04	2:24.61 2:24.61
	Colette Crabbe	56	+0,33 33.53	58.17 1:53.63	2:33.63 2:33.63
	Isaline Manchel	85	+0,51 37.72	1:20.46 2:03.08	2:45.03 2:45.03
	Claire Anthony	57	+0,35 41.25	1:31.88 2:24.92	3:11.39 3:11.39

Programmanr. 4, 4 x 200m vrije slag

160+, Heren

1.	D'Eift WAVE (SG) <i>Nederlands Masters Record</i>	D'Eift WAVE (SG)		9:03.38				<b>9:24.83</b>	+0,72
	Victor den Heijer	83	+0,72	29.94	1:05.10	1:43.11	2:21.33	2:21.33	
	Menno Lomans	61	+0,63	32.82	1:10.32	1:50.86	2:30.73	2:30.73	
	Ferry Adema	71	+0,61	31.79	1:06.99	1:43.56	2:19.75	2:19.75	
	Egbert Stolk	76	+0,64	30.33	1:04.15	1:39.00	2:13.02	2:13.02	
2.	De Rijn 1	De Rijn		10:01.10				<b>10:09.98</b>	+0,70
	Roderick van Doeselaar	92	+0,70	28.80	1:01.68	1:35.01	2:06.91	2:06.91	
	Ruud Sloof	44	+0,65	39.33	1:27.79	2:19.10	3:08.82	3:08.82	
	Eric Langhorst	62	+0,49	34.45	1:13.47	1:53.54	2:31.65	2:31.65	
	Erwin van den Born	77	+0,56	31.95	1:07.81	1:44.30	2:22.60	2:22.60	
3.	PSV 5	PSV		10:07.17				<b>10:24.55</b>	+0,86
	Wesley van Diejen	86	+0,86	31.99	1:08.19	1:47.74	2:26.67	2:26.67	
	Rob Penninks	60	+0,28	33.68	1:13.22	1:54.15	2:33.95	2:33.95	
	Joop Ariaens	59		33.61	1:12.40	1:52.56	2:33.12	2:33.12	
	Michiel Klaren	62	+0,86	37.31	1:19.33	2:04.61	2:50.81	2:50.81	

200+, Dames

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV		11:16.22				<b>11:15.79</b>	+0,91
	Bianca Cox	80	+0,91	34.12	1:12.47	1:52.17	2:30.50	2:30.50	
	Annie Smits	46	+0,61	48.66	1:41.88	2:35.82	3:26.40	3:26.40	
	Patty Verhagen	59	+0,24	37.89	1:19.35	2:02.13	2:44.51	2:44.51	
	Katrin Pennings	64	+0,59	33.69	1:12.00	1:53.22	2:34.38	2:34.38	
2.	Swol 1894 1	Swol 1894		11:35.00				<b>11:35.70</b>	+0,88
	Marjan Spoelstra	60	+0,88	42.08	1:29.58	2:18.63	3:05.76	3:05.76	
	Christien Nieuwenhuis	51	+0,06	36.57	1:20.06	2:05.55	2:49.90	2:49.90	
	Annet Kootstra	71	+0,32	38.27	1:21.55	2:06.89	2:52.66	2:52.66	
	Annemarie Vuijt	63	+0,54	37.84	1:19.62	2:03.55	2:47.38	2:47.38	
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		12:29.91				<b>12:45.50</b>	+0,93
	Pia van der Molen	60	+0,93	39.60	1:23.96	2:10.92	2:57.93	2:57.93	
	Alie Visser	64	+0,63	47.54	1:42.65	2:39.59	3:33.65	3:33.65	
	Ineke Meijer	52	+0,60	44.55	1:35.89	2:30.24	3:20.72	3:20.72	
	Jannie Vennik	76	+0,46	39.10	1:22.90	2:08.84	2:53.20	2:53.20	

240+, Dames

1.	Old Dutch 1	Old Dutch		14:46.48				<b>16:08.40</b>	+1,10
	Matty van der Veen	44	+1,10	51.44	1:50.12	2:50.91	3:52.18	3:52.18	
	Karin van den Heuvel	66	+0,41	39.74	1:24.13	2:10.33	2:55.19	2:55.19	
	Tineke de Bueger	37	+0,68	1:10.21	2:31.23	3:54.16	5:13.13	5:13.13	
	Karien Musters	58		49.76	1:48.54	2:55.53	4:07.90	4:07.90	

240+, Heren

1.	PSV 4 <i>Nederlands Masters Record</i>	PSV		12:08.90				<b>12:03.94</b>	+1,30
	Bob Berg	33	+1,30	50.11	1:54.04	2:59.05	4:00.84	4:00.84	
	Jan Tinholt	50	+0,46	37.15	1:21.76	2:07.88	2:50.24	2:50.24	
	Bart van Doesburg	56	+0,59	35.84	1:18.58	2:02.76	2:45.31	2:45.31	
	Harold Matla	68	+0,51	33.67	1:11.57	1:50.06	2:27.55	2:27.55	

240+, Gemengd

1.	ZVVS 1 <i>Europees Masters Record</i>	ZVVS		11:24.08				<b>11:18.50</b>	+0,86
	Ada de Voogd	59	+0,86	36.72	1:19.47	2:04.44	2:45.39	2:45.39	
	Willem Putter	45	+0,65	39.35	1:24.68	2:13.95	3:01.96	3:01.96	
	Emiel van Elderen	56	+0,82	36.63	1:17.64	1:59.82	2:42.76	2:42.76	
	Conny Boer-Buys	50	+0,52	37.37	1:20.63	2:05.39	2:48.39	2:48.39	

280+, Dames

Programmanr. 4, Dames, 4 x 200m vrije slag, 280+

rang	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	PSV 1 <i>Nederlands Masters Record</i>	14:26.53		<b>14:21.70</b>	+0,96		
	Corrie Verhoeven	46 +0,96	41.60	1:34.70	2:28.95	3:23.42	3:23.42
	Alice Lindhout	35 +0,85	56.97	2:10.70	3:26.46	4:43.35	4:43.35
	Lottie Geurts	35	44.70	1:39.31	2:35.17	3:27.65	3:27.65
	Ineke Weekers	53 +0,77	39.63	1:22.40	2:04.87	2:47.28	2:47.28

Programmanr. 5  
03-05-2013 - 14:31

Heren, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Mark Costeris	De Schotejil	25.69	199202327	<b>26.15</b>	+0,71
2.	Emile Manni	Octopus	26.59	199001901	<b>26.31</b>	+0,63
3.	Joost Rijntjes	LZ 1886	26.94	199101899	<b>27.61</b>	+0,79
4.	Roderick van Doeselaar	De Rijn	26.20	199200261	<b>27.65</b>	+0,67
5.	Erwin Sneek	De Futen	28.66	199102153	<b>29.77</b>	+0,76
6.	Martijn van Hoorn	De Schotejil	29.82	198901343	<b>30.01</b>	+0,81
7.	Tyrick de Kort	DES	29.45	198906745	<b>30.29</b>	+0,69
8.	Mike Stoffer	WVZ	28.96	198903041	<b>30.33</b>	+0,77
9.	Boy Heijnekamp	LZ 1886	30.01	198901161	<b>30.50</b>	+0,78
10.	Bas Zierikzee	LZ 1886	31.05	199204321	<b>31.70</b>	+0,82
11.	Dimitri Sauvage	TRB-RES	33.26	198906755	<b>32.65</b>	+0,72
12.	Sven van Zanten	De Duinkickers	29.38	199003405	<b>36.59</b> *	+0,75

**Masters 25+**

1.	Antoine Olsen	CNBA	27.44	CNBA/924/87	<b>26.74</b>	+0,76
2.	Remy Florean	CNBA	26.64	CNBA/828/86	<b>27.02</b>	+0,81
3.	Jean Pierre Bisslik	DES	26.97	198705243	<b>27.54</b>	+0,56
4.	Roderik Meijers	ZOB'66	27.49	198602063	<b>27.98</b>	+0,85
5.	Bastian Zoon	De Gooye	28.11	198703929	<b>28.04</b>	+0,75
6.	Klaas van Beek	ZV Haerlem	30.65	198805941	<b>30.75</b>	+0,74
7.	Wesley van Diejen	PSV	29.58	198604551	<b>31.83</b>	+0,82
8.	Robin Eggenkamp	De Duinkickers	36.59	198700847	<b>35.07</b>	+0,81

**Masters 30+**

1.	Lauren Vis	Steenwijk 1934	27.66	198201883	<b>27.48</b>	+0,76
2.	Bart Groenemans	PLONS	31.18	198200551	<b>30.23</b>	+0,77
3.	Remco Veerkamp	Zuiderzeewemmers	38.95	198102311	<b>38.43</b>	+0,95
4.	Gino Martijn	RZ	35.81	197901865	<b>39.15</b>	+0,76

**Masters 35+**

1.	Jeroen Zelsmann	AZ&PC	27.82	197701551	<b>27.79</b>	+0,74
2.	Robin Sprinkhuizen	De Zijl/LGB	30.64	197400767	<b>28.97</b>	+0,86
3.	Pascal Balancier	CNSW	29.88	CNSW/361/74	<b>29.28</b>	+0,69
4.	Alex Damen	DAW	29.21	197501371	<b>29.38</b>	+0,76
5.	Bas Spoelstra	De Futen	30.41	197701573	<b>30.36</b>	+0,69
6.	Kars Luttk	DAW	29.17	197800675	<b>30.40</b>	+0,85
7.	Gerard Eghuizen	HZ&PC Heerenveen	30.68	197400197	<b>31.61</b>	+0,99
8.	Michel Bogaerts	SCZ-Zaventem	32.88	SCZ/008/75	<b>32.02</b>	+0,88
9.	Dimitrie Sonnemans	RZ	32.77	197501391	<b>32.10</b>	+0,93
10.	Daniel Wencker	Avan Villeneuve-D'Ascq	38.73	1540660	<b>33.66</b>	+0,86

Programmanr. 5, Heren, 50m vlinderslag

Masters 40+

1.	Jos Beckers	Patrick	29.46	196901603	<b>29.20</b>	+0,88
2.	Maurice van der Berge	HZ Zian	28.65	196900087	<b>29.43</b>	+0,84
3.	Michael Bes	MSV- Zeemacht	29.10	197201205	<b>29.85</b>	+0,84
4.	Richard Ricksen	HGN (SG)	29.74	197000841	<b>30.14</b>	+0,80
5.	Arjon de Bok	De Biesboschzwemmers	29.54	196900125	<b>30.26</b>	+0,77
6.	Gertjan van der Knaap	De Duck	31.03	197300459	<b>31.27</b>	+0,81
7.	Kees Akershoek	De Stelle	30.53	196900009	<b>31.69</b>	+0,86
8.	Erik Veltman	Stadskanaal	31.86	197200941	<b>32.72</b>	+0,88
9.	Hans Schoenmakers	DAW	32.50	196900863	<b>32.96</b>	+0,88
10.	Bas van Gool	De Geul	39.52	197201435	<b>37.63</b>	+0,87

Masters 45+

1.	Steven Sadettin Saran <i>TMR</i>	Han Batur Spor Kulubu	28.37	1964SARAN	<b>28.70</b>	+0,87
2.	Erik Saan	De Duck	31.71	196500769	<b>32.33</b>	+1,02
3.	Fred Heemstra	DAW	30.51	196500357	<b>32.37</b>	+0,88
4.	John Stokx	DAW	31.81	196401341	<b>32.44</b>	+0,71
5.	Harold Matla	PSV	31.94	196800591	<b>33.20</b>	+0,92
6.	Danny Zulver	ZVVS	34.36	196701617	<b>33.43</b>	+0,90
7.	Harald Mulder	Zoetermeer	33.11	196701459	<b>33.44</b>	+0,87
8.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	36.99	196501027	<b>34.59</b>	+0,82
9.	Robert de Brauwer	De Duinkickers	32.08	196401383	<b>34.72</b>	+1,18
10.	Frank van Vliet	PSV	33.30	196400927	<b>35.04</b>	
11.	Darlin Valcke	DZV	33.98	DZV/104/66	<b>35.23</b>	+1,05
12.	Albert van Veldhuizen	De Treffers	35.52	196501481	<b>35.59</b>	+0,84

Masters 50+

1.	Jo Rogiers	RSCM	28.71	RSCM/194/63	<b>28.43</b>	+0,78
2.	Johan Remmits	One Team Swimming	29.00	196201159	<b>29.16</b>	+0,75
3.	Cees van Houwelingen	De Schelde	29.15	196300351	<b>30.04</b>	+0,90
4.	Fred Ketting	PSV	30.42	196000289	<b>30.14</b>	+0,85
5.	John Stoffer	Zoetermeer	35.23	196300725	<b>34.78</b>	+0,72
6.	Jan Willem Heuten	WS Twente	35.08	196000883	<b>35.63</b>	+0,91
7.	André Schutte	De Zeeuwse Kust (SG)	35.63	196000521	<b>35.95</b>	+0,92

Masters 55+

1.	Hugo Bregman <i>Europees Masters Record</i>	WVZ	27.35	195800069	<b>27.73</b>	+0,95
2.	Andrei Avtovchenko	Daphnia	29.74	195700563	<b>30.20</b>	+1,22
3.	Pieter Kroodsma	Zwemclub Iloka Kapellen	33.05	ZIK/160/58	<b>32.82</b>	+1,11
4.	Fred Zanting	TriVia	33.31	195400323	<b>33.85</b>	+1,00
5.	Bart van Doesburg	PSV	41.69	195600463	<b>35.93</b>	+0,71
6.	Jaap de Boer	De Duinkickers	36.18	195800691	<b>37.37</b>	
7.	Jan Timmerman	IJZPC	40.93	195700347	<b>43.65</b>	

Masters 60+

1.	Brend Brevé	PSV	31.67	195200265	<b>32.14</b>	+0,89
2.	Georg Dombrowski	SV Gladbeck 13	34.21	217978	<b>34.63</b>	+0,79
3.	Jan Tinholt	PSV	37.72	195000185	<b>36.07</b>	+1,05

Masters 65+

1.	Jaap Kwakkel	DAW	36.77	194700157	<b>38.83</b>	+0,92
2.	Chris Trueman	UEA Norwich	40.82	58940	<b>39.67</b>	+0,97



Programmanr. 5, Heren, 50m vlinderslag

Masters 70+

1.	Frans van Enst	WS Twente	38.68	194000011	<b>40.23</b>	+1,01
2.	Manfred Bottin	SV Langenfeld	43.25	57993	<b>46.31</b>	+1,11

Programmanr. 6  
03-05-2013 - 14:41

Dames, 50m vlinderslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Suzan van den Bogaard	RZ	30.74	198900450	<b>30.51</b>	+0,70
2.	Jen-Ai van Soelen	Zuiderzeezwemmers	30.55	199003510	<b>30.82</b>	+0,73
3.	Karin Verbeek	Nautilus	34.68	199201848	<b>31.33</b>	+0,72
4.	Anouk van der Pligt	ZOB'66	30.54	199303296	<b>31.57</b>	+0,65
	Janet van der Poel	LZ 1886	30.87	199301842	<b>31.57</b>	+0,82
6.	Kim Wijnja	De Biesboschswemmers	31.55	199107812	<b>31.67</b>	+0,70
7.	Isabelle Massar	WVZ	31.35	199102034	<b>32.14</b>	+0,78
8.	Kirsten Oosterhuis	Eemsrobber	31.38	198903136	<b>32.56</b>	+0,85
9.	Danielle Scheepers	Njord	33.04	199005428	<b>33.40</b>	+0,75
10.	Pascalie Rovers	ZV De Bron	34.35	199301064	<b>34.62</b>	+0,76
11.	Jacqueline Schroer	DAW	36.19	199108490	<b>34.74</b>	+0,74
12.	Chantal Willems	Merlet	33.28	199105482	<b>35.26</b>	+0,97
13.	Meike Rothe	SG Wuppertal	34.41	088203	<b>35.47</b>	+0,84
14.	Mandy Verbakel	De Treffers	35.20	199003908	<b>35.83</b>	+0,89
15.	Sanne van Dijk	Zoetermeer	36.50	199000818	<b>36.18</b>	+0,89
16.	Nicky Vanhijfte	Scheldestroom	37.31	199201806	<b>36.49</b>	+0,80
17.	Claudia Creemers	De Roersoppers	36.87	199202864	<b>38.32</b>	+0,76
18.	Sandra Vermeulen	De Duck	37.22	199303522	<b>38.42</b>	+0,92
19.	Wieteke Jansen	Montferland	38.77	199001750	<b>38.95</b>	+1,05

Masters 25+

1.	Stephanie Rombout	PSV	30.16	198803696	<b>30.53</b>	+0,77
2.	Mandy van Wakeren	SPONS	30.07	198603954	<b>30.84</b>	+0,87
3.	Roshendra Vrolijk	DES	31.60	198403268	<b>31.17</b>	+0,77
4.	Samantha van Eijk	De Geul	31.36	198806826	<b>31.72</b>	+0,75
5.	Roos Lemmen	Eurode KZC	32.12	198403078	<b>32.01</b>	+0,79
6.	Sandra Pannekeet	DAW	33.24	198403458	<b>32.98</b>	+0,74
7.	Kim van der Beek	PSV	32.64	198700196	<b>33.01</b>	+0,83
8.	Wieteke Elzinga	DAW	32.64	198601038	<b>33.21</b>	+0,85
9.	Marjan van der Star	WS Twente	32.70	198403192	<b>33.37</b>	+0,82
10.	Annelette de Vries	WS Twente	32.60	198603908	<b>33.56</b>	+0,79
11.	Carly Noordermeer	ZOB'66	32.54	198702984	<b>33.93</b>	+0,73
12.	Miriam Visserman	Octopus	32.53	198704364	<b>33.96</b>	+0,73
13.	Marian Bouts	RZ	33.53	198600492	<b>34.80</b>	+0,83
14.	Sandra Schellekens	Neptunus'58	33.66	198503416	<b>35.51</b>	+0,83
15.	Liesbeth van Mill	DWK	36.34	198702786	<b>35.84</b>	+0,90
16.	Esther Steltenpohl	DAW	37.20	198504116	<b>36.40</b>	+0,75
17.	Annette Vogelsang	ZV De Bron	36.43	198402632	<b>36.47</b>	+0,83
18.	Esther Boonk	Zignea	37.90	198806570	<b>37.48</b>	+0,97
19.	Marjolein v.d Sanden	Noord-Limburg (SG)	38.27	198402136	<b>38.55</b>	+0,79
20.	Isaline Manchel	CNSW	39.04	CNSW/475/85	<b>39.27</b>	+0,91
21.	Marloes Rebel	WS Twente	46.73	198403474	<b>51.40</b>	+0,94

Masters 30+

1.	Delia Badoux	Zoetermeer	29.39	198000042	<b>30.26</b>	+0,75
2.	Esther Versteeg	Van Vliet-Barracuda	31.66	198302112	<b>31.50</b>	+0,66
3.	Miranda Pijnenburg	De Treffers	32.01	198301216	<b>32.86</b>	+0,87
4.	Nienke Nieuwenhuis	Swol 1894	36.77	198101850	<b>37.40</b>	+0,90
5.	Julia Dros	RZ	38.24	198001692	<b>37.65</b>	+0,97

Programmanr. 6, Dames, 50m vlinderslag

Masters 35+

1.	Ilona Hogerheyde	DAW	32.22	197400224	<b>33.07</b>	+0,72
2.	Geraldine Trainor	De Duck	34.45	197500544	<b>34.00</b>	+0,77
3.	Mirjan den Drijver-Aarse	ZV Westland Dijkglas	35.85	197500884	<b>35.35</b>	+0,97
4.	Marian Nederlof	DWF	36.92	197600950	<b>38.01</b>	+0,79

Masters 40+

1.	Gudule van der Meer	PSV	32.54	197200396	<b>31.63</b>	+0,78
2.	Edith Janssen-Koolen	TRB-RES	33.61	197300898	<b>34.13</b>	+0,88
3.	Henriëtte Manting	GZVW	35.72	197100246	<b>35.64</b>	+0,97
4.	Annetje Dieleman	PSV	36.08	197100130	<b>36.51</b>	+0,56
5.	Renata van Essen	Zuiderzeezwemmers	36.79	197300740	<b>37.75</b>	+0,79
6.	Joyce Brummelkamp	ZVVS	39.13	197000952	<b>38.58</b>	+0,85
7.	Kristien Van de Moortel	ShaRK	41.82	SHARK/315/69	<b>43.24</b>	+0,86

Masters 45+

1.	Lesley Cordial	Neptunus	31.61	196700684	<b>31.73</b>	+0,78
	<i>Kampioenschaps Record</i>					
2.	Saskia Phaff	PSV	32.60	196600242	<b>32.86</b>	+0,72
3.	Chita van der Goorbergh	Zoetermeer	34.79	196800762	<b>33.36</b>	+0,80
4.	Wilma van Velsen	Montferland	34.46	196400444	<b>34.32</b>	+0,95
5.	Annette Wijnja-Visser	De Biesboschzwemmers	38.03	196700528	<b>36.62</b>	+0,73
6.	Susanne Prins - Molenwijk	SBC2000	36.48	196600284	<b>36.88</b>	+0,81
7.	Henriëtte v. Norden	AZ&PC	37.95	196800046	<b>37.09</b>	+0,91
8.	Friderika Kerekes	AZ&PC	38.63	196500540	<b>42.07</b>	+0,74
9.	Lilian Schippers	Njord	41.66	196800850	<b>42.10</b>	+0,90
10.	José Sanders	PSV	44.07	196800834	<b>43.57</b>	+0,90
11.	Jeanette Smits	Orca	42.24	196600312	<b>44.95</b>	+0,86
12.	Ingeborg Stokx	DAW	51.87	196700666	<b>51.19</b>	+0,74

Masters 50+

1.	Debbie Matless	UEA Norwich	33.25	60957	<b>32.77</b>	+0,84
2.	Julia Moh-Klaren	CSAKB	37.97	922540	<b>37.45</b>	+0,84
3.	Marijke Kraak-Beckers	WS Twente	36.65	196000240	<b>37.92</b>	+0,96
4.	Agnes van Doesburg	PSV	39.91	196000264	<b>38.18</b>	+0,87

Masters 55+

1.	Mathilde Vink	Swol 1894	34.18	195800128	<b>34.27</b>	+0,97
2.	Claire Anthony	CNSW	36.37	CNSW/487/57	<b>36.23</b>	+1,04
3.	Patty Krupiarz	PSV	41.66	195400074	<b>41.54</b>	+0,71
4.	Monika Zilliken	SC Wiesbaden 1911 e.V.	42.26	231829	<b>44.91</b>	+0,85

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	35.65	195100022	<b>36.15</b>	+0,86
2.	Fernande Blondeel	CNSW	47.90	CNSW/011/52	<b>47.93</b>	+0,85
3.	Antoinette Gilding-Tussaud	WS Twente	53.53	195000038	<b>54.98</b>	+1,04
AFGEM	Carla Hensen	PSV	43.98	195300062		

Masters 65+

1.	Leny Kamp	Aquapoldro	1:17.48	194400008	<b>1:19.61</b>	+1,12
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Programmanr. 7  
03-05-2013 - 14:54

Heren, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Emile Manni <i>Nederlands Masters Record</i>	Octopus	2:17.41 199001901	<b>2:17.23</b>	+0,64	27.82	1:03.72	1:44.33	2:17.23
2. Tim Bunnik	Triton	2:17.04 199000505	<b>2:21.72</b>	+0,78	29.10	1:05.82	1:48.86	2:21.72
3. Dennis Wijbenga	Stadskanaal	2:14.50 199003283	<b>2:22.74</b>	+0,81	30.07	1:08.12	1:47.50	2:22.74
4. Maik Steenkamp	Montferland	2:24.57 199103847	<b>2:34.37</b>	+0,76	32.20	1:15.43	1:59.79	2:34.37
5. Roel van Beek	Montferland	2:35.94 198905861	<b>2:47.87</b>	+0,95	33.21	1:17.94	2:09.46	2:47.87
<b>Masters 25+</b>								
1. Albert van Piekeren	Octopus	2:26.58 198401767	<b>2:23.35</b>	+0,74	31.40	1:07.39	1:47.93	2:23.35
2. Sebastian Feidieker	Warendorfer SU	2:25.77 063045	<b>2:24.69</b>	+0,75	29.90	1:07.94	1:48.84	2:24.69
3. Christiaan Fusers	De Roersoppers	2:17.83 198700977	<b>2:25.55</b>	+0,65	28.81	1:06.29	1:50.39	2:25.55
4. Ralf van der Poel	Zuiderzeezwemmers	2:27.61 198401783	<b>2:27.15</b>	+0,75	30.34	1:11.59	1:52.94	2:27.15
5. Tobias Höfs	SG Wuppertal	2:29.25 127987	<b>2:27.48</b>	+0,80	29.99	1:11.56	1:54.04	2:27.48
6. Erik Schröder	TriVia	2:17.80 198402025	<b>2:27.51</b>	+0,79	31.37	1:11.34	1:55.88	2:27.51
7. Thommy Nickel	Van Vliet-Barracuda	2:25.51 198401627	<b>2:32.87</b>	+0,72	32.17	1:11.34	1:56.78	2:32.87
8. Willem Jacobs	D'Eift WAVE (SG)	2:52.86 198705037	<b>2:55.93</b>	+0,63	38.33	1:22.99	2:14.11	2:55.93
9. Wesley van Diejen	PSV	2:47.70 198604551	<b>2:57.99</b>	+0,74	36.24	1:23.19	2:17.64	2:57.99
<b>Masters 30+</b>								
1. Kristiaan Lenos	LZ 1886	2:15.29 198301331	<b>2:23.39</b>	+0,86	29.55	1:07.98	1:51.10	2:23.39
2. Paul Oudendijk	OEZA	2:37.11 198101287	<b>2:29.36</b>	+0,90	33.42	1:11.11	1:54.92	2:29.36
3. Marcel Reefhuis	WS Twente	2:30.52 198101381	<b>2:30.00</b>	+0,79	31.44	1:11.31	1:55.24	2:30.00
4. Freddie Geerlings	HGN (SG)	2:32.95 197900379	<b>2:31.86</b>	+0,83	31.53	1:13.74	1:55.78	2:31.86
5. John Meijdam	DAW	2:43.57 198301439	<b>2:32.53</b>	+0,75	32.06	1:13.33	1:56.94	2:32.53
6. Victor den Heijer	D'Eift WAVE (SG)	2:31.48 198300867	<b>2:37.67</b>	+0,74	32.58	1:14.43	1:59.88	2:37.67
7. Peter Eshuis	DBD	2:44.36 198000375	<b>2:43.81</b>	+0,87	34.39	1:20.36	2:06.78	2:43.81
8. Jeroen Vogelsang	DAW	2:41.62 198001645	<b>2:46.12</b>	+0,86	34.65	1:22.74	2:10.09	2:46.12
9. Albert Garcia i Tormo	PSV	3:03.07 198202583	<b>2:52.88</b>	+0,67	36.68	1:27.61	2:14.50	2:52.88
10. Bart Liekens	ShaRK	2:53.60 SHARK/374/79	<b>2:54.36</b>	+0,78	38.33	1:25.99	2:15.77	2:54.36
11. Ingmar Kooman	De Zijl/LGB	2:56.16 197901517	<b>2:54.48</b>	+0,90	34.66	1:22.14	2:16.54	2:54.48
<b>Masters 35+</b>								
1. Egbert Stolk	D'Eift WAVE (SG)	2:21.86 197600889	<b>2:23.90</b>	+0,79	29.86	1:08.87	1:50.73	2:23.90
2. Dennis Brouwers	HZPC	2:25.18 197800167	<b>2:28.21</b>	+0,91	33.87	1:09.45	1:53.67	2:28.21
3. Dennis Schouten	Upstream Amsterdam	2:30.96 197501351	<b>2:29.24</b>	+0,75	29.96	1:08.42	1:52.87	2:29.24
4. Jan Gerard Sterrenburg	RZC	2:25.40 197501349	<b>2:33.76</b>	+0,77	32.84	1:12.88	1:59.16	2:33.76
5. Michel Bogaerts	SCZ-Zaventem	2:32.24 SCZ/008/75	<b>2:40.06</b>	+0,82	32.54	1:17.11	2:03.84	2:40.06
6. Markus van Rest	Zoetermeer	2:42.92 197701197	<b>2:40.84</b>	+0,84	31.63	1:13.61	2:04.04	2:40.84
7. Kars Luttk	DAW	2:32.46 197800675	<b>2:43.43</b>	+0,79	31.92	1:15.44	2:04.23	2:43.43
<b>Masters 40+</b>								
1. Philip Smans <i>BMR</i>	ShaRK	2:23.17 SHARK/077/70	<b>2:28.35</b>	+0,91	30.84	1:07.54	1:54.05	2:28.35
2. Michael Bes	MSV- Zeemacht	2:28.00 197201205	<b>2:33.38</b>	+0,79	32.86	1:16.57	2:00.53	2:33.38
3. Richard Ricksen	HGN (SG)	2:33.98 197000841	<b>2:33.51</b>	+0,85	32.47	1:14.14	1:57.97	2:33.51
4. Agnus Gerringa	Zuiderzeezwemmers	2:45.70 197100285	<b>2:37.24</b>	+0,90	32.67	1:14.70	1:59.40	2:37.24
5. Frank v Nobelen	Sassenheim	2:34.55 196900753	<b>2:40.93</b>	+0,83	32.62	1:13.81	2:04.39	2:40.93
6. René Beetsma	HZ&PC Heerenveen	2:32.51 196900069	<b>2:41.02</b>	+0,67	33.67	1:15.83	2:04.04	2:41.02
7. Gertjan van der Knaap	De Duck	2:45.60 197300459	<b>2:42.44</b>	+0,85	33.29	1:17.20	2:04.63	2:42.44
8. Kasper van den Bergh	Swol 1894	2:45.94 197301125	<b>2:45.95</b>	+0,93	33.91	1:15.98	2:07.34	2:45.95
9. Oliver Podebrad	SC Wiesbaden 1911 e.V.	2:50.86 262705	<b>2:57.29</b>	+0,83	38.11	1:24.10	2:15.61	2:57.29
10. Marcel Brittijn	De Duinkickers	3:02.70 196900159	<b>3:06.13</b>	+0,76	37.08	1:30.32	2:24.18	3:06.13

Programmanr. 7, Heren, 200m wisselslag

Masters 45+

1. Konstantin Sklyar	TG Lage	2:41.26	321129	<b>2:40.75</b>	+0,85	32.63	1:17.49	2:04.25	2:40.75
2. Rene de Boer	DAW	2:41.40	196400087	<b>2:42.43</b>	+0,83	35.03	1:20.32	2:07.42	2:42.43
3. Harold Matla	PSV	2:42.26	196800591	<b>2:43.95</b>	+0,96	36.12	1:20.60	2:06.86	2:43.95
4. Bernd Bienek	SV Gladbeck 13	2:42.09	278658	<b>2:44.36</b>	+0,89	34.26	1:18.17	2:04.81	2:44.36
5. Hans Vloedgraven	Old Dutch	2:51.52	196400917	<b>2:50.18</b>	+0,87	34.20	1:18.75	2:10.44	2:50.18
6. Peter Fölker	Aqua-Novio'94	2:52.72	196401021	<b>2:50.21</b>	+0,77	36.35	1:21.89	2:09.83	2:50.21
7. Volker Mayer	Avan Villeneuve-D'Ascq	2:44.84	1468929	<b>2:51.46</b>	+0,87	34.09	1:21.18	2:12.15	2:51.46
8. Albert van Veldhuizen	De Treffers	2:58.18	196501481	<b>3:03.42</b>	+0,91	37.55	1:27.04	2:20.82	3:03.42
9. Frank van Vliet	PSV	3:02.81	196400927	<b>3:06.84</b>	+1,01	38.33	1:30.27	2:24.53	3:06.84
10. Henk van Zetten	Octopus	3:24.60	196701261	<b>3:24.99</b>	+0,97	48.84	1:42.82	2:38.44	3:24.99

Masters 50+

1. Jo Rogiers <i>BMR</i>	RSCM	2:32.14	RSCM/194/63	<b>2:31.04</b>	+0,76	31.27	1:13.22	1:56.74	2:31.04
2. Edwin v. Norden	AZ&PC	2:31.44	196300563	<b>2:31.68</b>	+0,74	30.60	1:10.92	1:55.20	2:31.68
3. Fred Ketting	PSV	2:35.22	196000289	<b>2:41.79</b>	+0,88	34.45	1:18.30	2:06.21	2:41.79
4. Ronald Grove	Oceanus	2:42.67	196100161	<b>2:45.48</b>	+0,82	34.78	1:21.42	2:08.13	2:45.48
5. Ron Phaff	PSV	2:47.39	196200495	<b>2:49.77</b>	+0,89	34.89	1:20.63	2:09.74	2:49.77
6. Paul van der Voort	De Zwoer	2:57.90	196200715	<b>3:00.41</b>	+1,12	36.53	1:23.34	2:21.26	3:00.41
7. Michiel Klaren	PSV	3:04.53	196201087	<b>3:06.07</b>	+1,00	41.93	1:31.54	2:25.88	3:06.07
8. Jan Willem Heuten	WS Twente	3:15.08	196000883	<b>3:12.52</b>	+0,97	40.88	1:33.31	2:32.79	3:12.52

Masters 55+

1. Paul Bunnik	Triton	2:58.20	195600413	<b>2:58.02</b>	+0,99	36.22	1:25.64	2:18.18	2:58.02
2. Hans Groothelm	DBD	3:04.87	195800151	<b>2:59.50</b>	+0,76	36.21	1:23.28	2:18.02	2:59.50

Masters 60+

1. Jan Tinholt	PSV	3:10.91	195000185	<b>3:09.17</b>	+0,98	37.95	1:32.16	2:29.67	3:09.17
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Masters 65+

1. Donald Uijtenbogaart <i>Kampioenschaps Record</i>	Het Y	2:56.83	194700107	<b>2:57.36</b>	+0,85	38.62	1:27.84	2:17.97	2:57.36
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Masters 70+

1. Rob Hanou <i>Kampioenschaps Record</i>	PSV	3:12.59	194300109	<b>3:16.87</b>	+1,07	43.91	1:39.67	2:35.56	3:16.87
2. Gustave Lempereur <i>BMR</i>	HELIOS	3:23.48	HELIOS/099/42	<b>3:19.53</b>	+1,02	41.28	1:32.81	2:29.59	3:19.53

Masters 80+

1. Georges Verhelst	AZSC	4:19.33	AZSC/952/31	<b>4:40.92</b>	+1,21	1:01.75	2:17.02	3:34.39	4:40.92
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Programmanr. 8  
03-05-2013 - 15:19

Dames, 200m wisselslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Silke Oude Weernink	De Dinkel	2:26.96 199002854	<b>2:28.74</b>	+0,90	31.30	1:10.05	1:55.23	2:28.74
2. Maaïke Vooren	DAW	2:42.34 199103324	<b>2:36.18</b>	+0,80	32.47	1:14.47	1:59.96	2:36.18
3. Rosanne de Boer	LZ 1886	2:40.47 199104060	<b>2:42.39</b>	+0,86	35.92	1:20.93	2:05.64	2:42.39
4. Wendy de Bruin	ZOB'66	2:38.45 199206320	<b>2:45.69</b>	+0,67	33.86	1:17.73	2:06.21	2:45.69
5. Simone de Boer	LZ 1886	2:39.86 199306858	<b>2:45.98</b>	+0,83	34.58	1:16.66	2:06.77	2:45.98
6. Maaïke de Boer	De Duinkickers	2:41.28 199000362	<b>2:48.90</b>	+0,78	37.65	1:23.48	2:10.67	2:48.90
7. Jacqueline Schroer	DAW	2:55.10 199108490	<b>3:00.79</b>	+0,66	36.79	1:26.19	2:16.59	3:00.79
8. Liesbeth Bruinekool	Zuiderzeezwemmers	4:32.43 199007958	<b>4:38.01</b>	+0,81	1:04.26	2:18.21	3:33.73	4:38.01
<b>Masters 25+</b>								
1. Stephanie Rombout	PSV	2:32.63 198803696	<b>2:40.13</b>	+0,81	31.77	1:14.32	2:02.68	2:40.13
2. Pauline Tieleman	De Geul	2:41.58 198403348	<b>2:47.57</b>	+0,78	35.18	1:19.35	2:09.42	2:47.57
3. Bianca Paape	DAW	2:53.17 198502262	<b>2:50.12</b>	+0,88	36.25	1:22.45	2:12.32	2:50.12
4. Marije Jansen	Montferland	3:02.08 198504088	<b>2:55.34</b>	+0,95	37.41	1:22.52	2:17.31	2:55.34
5. Liset de Veer	Aqua-Novio'94	2:57.99 198704190	<b>2:57.19</b>	+0,85	36.85	1:21.75	2:16.43	2:57.19
6. Liesbeth van Mill	DWK	2:53.07 198702786	<b>2:57.83</b>	+0,91	36.39	1:21.04	2:12.92	2:57.83
7. Marlies Jehoel-van As	PSV	3:08.18 198500074	<b>2:59.64</b>	+0,77	39.49	1:26.16	2:17.57	2:59.64
8. Annette Vogelsang	ZV De Bron	2:55.54 198402632	<b>2:59.86</b>	+0,90	38.25	1:26.24	2:20.58	2:59.86
9. Channe Noort	DAW	3:00.22 198605032	<b>3:09.70</b>	+0,79	40.82	1:31.63	2:26.60	3:09.70
10. Esther Boonk	Zignea	3:06.37 198806570	<b>3:09.95</b>	+0,97	39.82	1:29.27	2:24.43	3:09.95
11. Marjolein v.d Sanden	Noord-Limburg (SG)	3:18.00 198402136	<b>3:22.70</b>	+0,77	42.52	1:40.09	2:36.03	3:22.70
DIS Dorien Vasseur	Scheldestroom	3:21.93 198704164		SR				
<b>Masters 30+</b>								
1. Nadya Putter	ZVVS	2:34.53 198301630	<b>2:37.27</b>	+0,69	33.21	1:15.47	2:00.93	2:37.27
2. Anke Lambooi	AZL	2:54.44 198001182	<b>2:46.33</b>	+0,84	34.03	1:18.73	2:08.97	2:46.33
3. Miranda Pijnenburg	De Treffers	2:48.22 198301216	<b>2:55.06</b>	+0,88	36.12	1:23.67	2:15.81	2:55.06
4. Yvonne Gerritsen	WVZ	2:49.27 198000342	<b>2:58.26</b> *	+0,84	35.56	1:26.37	2:15.44	2:58.26
5. Rianne van Vegchelen	Deltasteur	3:26.76 198101530	<b>3:37.26</b>	+1,08	46.54	1:48.58	2:50.12	3:37.26
<b>Masters 35+</b>								
1. Nathalie Blondeel	CNSW	2:38.25 CNSW/012/77	<b>2:39.94</b>	+0,83	33.71	1:19.05	2:06.02	2:39.94
2. Liselotte Joling	PSV	2:47.82 197500268	<b>2:45.86</b>	+0,93	35.83	1:21.32	2:08.73	2:45.86
3. Ilona Hogerheyde	DAW	2:42.58 197400224	<b>2:49.53</b>	+0,71	36.28	1:20.58	2:09.80	2:49.53
4. Nadège van Meeteren	De Meer	2:51.21 197400736	<b>2:55.01</b>	+0,91	38.67	1:25.85	2:14.24	2:55.01
5. Jolanda van Gendt	PSV	2:59.84 197800266	<b>3:00.29</b>	+0,82	39.69	1:24.00	2:17.45	3:00.29
6. Margriet Leeffers	Deltasteur	3:19.12 197800448	<b>3:19.33</b>	+0,98	45.88	1:36.82	2:34.68	3:19.33
7. Paula 't Hart-Buitelaar	ZVVS	3:35.81 197701132	<b>3:35.46</b>	+0,85	46.29	1:40.83	2:43.19	3:35.46
8. C. van Bruxvoort	ZPB H&L Productions	3:38.88 197700138	<b>3:44.37</b>	+0,91	50.41	1:44.20	2:54.11	3:44.37
<b>Masters 40+</b>								
1. Karin Stein	ZVVS	2:40.05 197100554	<b>2:46.35</b>	+0,83	35.11	1:23.43	2:08.67	2:46.35
2. Lidia v. Bon-Rosenbrand	AZ&PC	2:45.70 197000054	<b>2:47.90</b>	+0,87	35.77	1:21.71	2:10.34	2:47.90
3. Annette de Visser	Oceanus	3:01.60 197100602	<b>2:59.35</b>	+0,83	38.71	1:29.22	2:21.44	2:59.35
4. Claudia Broeke	De Fuut	3:16.61 197300058	<b>3:19.33</b>	+0,91	45.54	1:39.59	2:36.14	3:19.33
5. Ageeth Boomsma	Orca	3:09.38 197000826	<b>3:20.10</b>	+0,86	41.96	1:34.03	2:33.87	3:20.10
6. Karin Sagonas	Njord	3:26.66 197000964	<b>3:30.75</b>	+0,80	40.62	1:36.05	2:41.39	3:30.75
DIS Dorette Vogels	PSV	3:08.81 197000938		RH				
AFGEM Trudy Ketting	PSV	2:53.76 197000268						

Programmanr. 8, Dames, 200m wisselslag

Masters 45+

1. Bridget Bewick	Maidenhead ASC	2:44.57	462298	<b>2:48.91</b>	+0,97	36.31	1:20.69	2:10.13	2:48.91
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Masters 50+

1. Marja Bloemzaad	AZ&PC	2:46.30	196100014	<b>2:51.47</b>	+0,77	34.79	1:21.77	2:11.19	2:51.47
2. Inge Wolfs	PLONS	3:04.23	196000304	<b>2:59.76</b>	+0,84	36.28	1:23.58	2:17.54	2:59.76
3. Annemarie Vuist	Swol 1894	3:03.24	196300282	<b>3:04.32</b>	+0,89	40.14	1:29.76	2:22.01	3:04.32
4. Agnes van Doesburg	PSV	3:11.22	196000264	<b>3:08.84</b>	+0,77	38.64	1:31.68	2:24.21	3:08.84
5. Petra Tossings	DAW	3:27.45	196100376	<b>3:20.88</b>	+0,77	41.87	1:36.59	2:33.78	3:20.88
6. Marjan Spoelstra	Swol 1894	3:36.18	196000236	<b>3:38.78</b>	+0,89	51.08	1:49.58	2:50.40	3:38.78
7. Marie-Paule Waterval	Les Dauphins Visétois	3:37.41	B8817C142	<b>3:43.50</b>	+0,96	58.16	1:55.08	2:55.10	3:43.50

Masters 55+

1. Colette Crabbe	CNSW	2:46.88	CNSW/559/56	<b>2:47.32</b>	+0,82	34.55	1:17.58	2:07.07	2:47.32
<i>Kampioenschaps Record</i>									
2. Atie Pijtak-Radersma	AZ&PC	2:55.27	195600048	<b>3:01.89</b>	+0,76	37.34	1:24.99	2:20.47	3:01.89
<i>Nederlands Masters Record</i>									
3. Mies Kuipers	Old Dutch	4:24.94	195800202	<b>4:35.97</b>	+0,88	1:04.98	2:17.93	3:29.35	4:35.97

Masters 60+

1. Ineke Weekers	PSV	3:10.00	195300050	<b>3:13.95</b>	+0,85	47.71	1:42.83	2:32.62	3:13.95
2. Christien Nieuwenhuis	Swol 1894	3:10.25	195100022	<b>3:14.19</b>	+0,87	37.47	1:32.25	2:32.96	3:14.19
3. Gonnie Bak	PSV	3:53.41	195100064	<b>3:46.13</b>	+0,96	56.66	1:57.46	2:57.65	3:46.13

Masters 65+

1. Matty van der Veen	Old Dutch	3:57.70	194400020	<b>4:27.29</b>	+1,11	1:06.07	2:19.37	3:28.39	4:27.29
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Programmanr. 9  
03-05-2013 - 15:58

Heren, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
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Masters 20+

1. Roderick van Doeselaar	De Rijn	59.72	199200261	<b>1:04.00</b>	+0,74	31.27	1:04.00
2. Lars Sieval	LZ 1886	1:04.49	199300723	<b>1:08.14</b>	+0,69	33.59	1:08.14
3. Sjoerd Sieval	LZ 1886	1:05.39	199002663	<b>1:09.62</b>	+0,70	34.04	1:09.62
4. Bram Becks	HZPC	1:07.69	199303701	<b>1:11.32</b>	+0,67	34.00	1:11.32
5. Mike Stoffer	WVZ	1:05.77	198903041	<b>1:12.33</b>	+0,75	34.63	1:12.33
6. Ruben de Boer	De Duinkickers	1:15.14	199301419	<b>1:18.43</b>	+0,73	38.27	1:18.43
7. Daniel van den Wildenberg	Eurode KZC	1:17.36	199206491	<b>1:20.52</b>	+0,64	38.76	1:20.52

Masters 25+

1. Floris Manni	Octopus	1:04.68	198805679	<b>1:05.76</b>	+0,67	31.89	1:05.76
2. Christiaan Fusers	De Roersoppers	1:00.42	198700977	<b>1:06.20</b>	+0,58	32.08	1:06.20
3. Thommy Nickel	Van Vliet-Barracuda	1:07.59	198401627	<b>1:08.03</b>	+0,75	33.64	1:08.03
4. Erik van der Heide	Zuiderzeewemmers	1:08.58	198801337	<b>1:10.34</b>	+0,71	33.71	1:10.34
5. Robin Eggenkamp	De Duinkickers	1:19.78	198700847	<b>1:21.12</b>	+0,86	39.18	1:21.12
NG.ZA Willem Jacobs	D'Elft WAVE (SG)	1:20.50	198705037				

Programmanr. 9, Heren, 100m rugslag

Masters 30+

1. Mark Spijkerboer	Nautilus	1:02.49	198101589	<b>1:05.38</b>	+0,73	31.75	1:05.38
2. Paul Oudendijk	OEZA	1:09.47	198101287	<b>1:07.78</b>	+0,85	32.93	1:07.78
3. Nol van Thull	ZOB'66	1:03.94	198001513	<b>1:08.26</b>	+0,80	33.21	1:08.26
4. Marcel Reefhuis	WS Twente	1:07.82	198101381	<b>1:09.42</b>	+0,69	33.71	1:09.42
5. Stan Dekker	PLONS	1:10.22	197901823	<b>1:09.59</b>	+0,76	33.89	1:09.59
6. Gino Martijn	RZ	1:16.05	197901865	<b>1:20.65</b>	+0,71	39.91	1:20.65

Masters 35+

1. Dennis Brouwers	HZPC	1:04.57	197800167	<b>1:05.38</b>	+0,68	32.25	1:05.38
2. Ivo Roozeboom	WVZ	1:03.03	197700801	<b>1:07.73</b>	+0,74	33.23	1:07.73
3. Alex Damen	DAW	1:08.10	197501371	<b>1:10.83</b>	+0,78	34.55	1:10.83
4. Arjan Aalbers	Swol 1894	1:15.26	197500001	<b>1:14.79</b>	+0,80	36.53	1:14.79
5. Gerard Eghuizen	HZ&PC Heerenveen	1:09.06	197400197	<b>1:16.53</b>	+0,80	36.79	1:16.53
6. Dimitrie Sonnemans	RZ	1:16.43	197501391	<b>1:19.29</b>	+0,85	37.44	1:19.29

Masters 40+

1. Philip Smans <i>BMR</i>	ShaRK	1:05.62	SHARK/077/70	<b>1:08.52</b>	+0,79	33.87	1:08.52
2. Arjon de Bok	De Biesboschzwemmers	1:13.89	196900125	<b>1:17.52</b>	+0,83	38.13	1:17.52
3. Frank v Nobelen	Sassenheim	1:11.56	196900753	<b>1:17.58</b>	+0,83	37.50	1:17.58

Masters 45+

1. Guido Keutgen	De Plas	1:07.67	196801551	<b>1:09.52</b>	+0,76	33.18	1:09.52
2. John Stokx	DAW	1:13.40	196401341	<b>1:15.76</b>	+0,74	36.01	1:15.76
3. Nico Swart	Den Doorn	1:17.90	196801475	<b>1:16.15</b>	+0,77	35.40	1:16.15
4. Fred Heemstra	DAW	1:15.16	196500357	<b>1:18.84</b>	+0,71	37.48	1:18.84
5. Hans Vloedgraven	Old Dutch	1:24.84	196400917	<b>1:19.90</b>	+0,71	38.92	1:19.90
6. Hans Maas	PLONS	1:28.28	196501433	<b>1:30.99</b>	+0,68	45.14	1:30.99

Masters 50+

1. Johan Remmits	One Team Swimming	1:08.28	196201159	<b>1:11.16</b>	+0,77	34.27	1:11.16
2. Dmitry Kromskiy	Poseidon	1:14.40	037011	<b>1:13.43</b>	+0,80	36.81	1:13.43
3. Ron Phaff	PSV	1:20.78	196200495	<b>1:19.53</b>	+0,66	38.91	1:19.53
4. Eric Langhorst	De Rijn	1:17.43	196200389	<b>1:19.99</b>	+0,84	39.36	1:19.99
5. Michiel Klaren	PSV	1:24.76	196201087	<b>1:23.18</b>	+0,66	40.72	1:23.18
6. André Schutte	De Zeeuwse Kust (SG)	1:24.14	196000521	<b>1:27.31</b>	+0,86	43.03	1:27.31
7. Lieven De Rijcke	Groot Beverse Zwemclub	1:27.05	GBZ/130/60	<b>1:27.69</b>	+0,74	40.75	1:27.69
8. Jack Barends	WS Twente	1:24.92	196201011	<b>1:27.78</b>	+0,86	43.38	1:27.78
9. Edzo Huisman	Aquapoldro	1:21.71	196301029	<b>1:29.98</b>	+0,79	43.70	1:29.98
10. Ralph Caster	RZ	1:26.02	196100069	<b>1:31.35</b>	+0,72	43.20	1:31.35
11. Filip Timmermans	ShaRK	1:41.50	SHARK/163/60	<b>1:44.97</b>	+1,06	51.71	1:44.97

Masters 55+

1. Evertjan Masurel	PSV	1:22.33	195600495	<b>1:22.25</b>	+0,79	39.20	1:22.25
2. Henk Slomp	De Pinquin	1:26.17	195500359	<b>1:25.29</b>	+0,74	41.93	1:25.29
3. Bart van Doesburg	PSV	1:29.94	195600463	<b>1:29.87</b>	+0,72	43.06	1:29.87

Masters 60+

1. Brend Brevé	PSV	1:15.96	195200265	<b>1:19.92</b>	+0,75	39.60	1:19.92
2. Jos Kamps	De Amer	1:34.92	195100085	<b>1:36.81</b>	+0,74	45.61	1:36.81

Masters 65+

1. Sümeqhy László	Budapesti Delfinek	1:33.88	20049	<b>1:37.63</b>	+0,75	45.10	1:37.63
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Programmanr. 9, Heren, 100m rugslag

Masters 70+

1. Frans van Enst	WS Twente	1:24.57	194000011	<b>1:26.36</b>	+0,70	42.37	1:26.36
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Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:44.28	193700015	<b>1:47.47</b>	+0,91	50.69	1:47.47
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Programmanr. 10  
03-05-2013 - 16:10

Dames, 100m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Désirée Emmen	De Warande	1:09.06	199204862	<b>1:09.77</b>	+0,74	33.98	1:09.77
2. Kim Anne Bouw	AZ&PC	1:12.37	199000500	<b>1:13.74</b>	+0,78	35.61	1:13.74
3. Sigrid Dogger	De Zwoer	1:13.32	199200452	<b>1:13.97</b>	+0,74	35.37	1:13.97
4. Ruby Boudestein	De Lansingh	1:14.03	199303430	<b>1:14.29</b>	+0,64	35.25	1:14.29
5. Marloes Resink	Octopus	1:10.94	199003078	<b>1:14.91</b>	+0,75	36.23	1:14.91
6. Janet van der Poel	LZ 1886	1:13.75	199301842	<b>1:18.90</b>	+0,75	37.47	1:18.90
7. Yvonne Bruls	Eurode KZC	1:20.35	199008114	<b>1:22.80</b>	+0,74	40.46	1:22.80
8. Sabine Eijkelhoff	Aqua-Novio'94	1:22.28	198907400	<b>1:23.32</b>	+0,76	40.48	1:23.32
9. Eline Schoenmaker	De Duinkickers	1:17.88	199003322	<b>1:23.44</b>	* +0,68	40.82	1:23.44
10. Nicky Vanhijfte	Scheldestroom	1:22.45	199201806	<b>1:25.49</b>	+0,71	41.72	1:25.49
11. Kimberley van Buren	De Duck	1:22.09	199304136	<b>1:26.77</b>	+0,69	41.72	1:26.77
12. Fleur Maas	Zoetermeer	1:31.94	198902768	<b>1:32.45</b>	+0,82	43.48	1:32.45
<b>Masters 25+</b>							
1. Samantha van Eijk	De Geul	1:12.96	198806826	<b>1:13.68</b>	+0,70	36.47	1:13.68
2. Wietke Elzinga	DAW	1:14.35	198601038	<b>1:15.15</b>	+0,69	36.35	1:15.15
3. Esther van Maastricht	Montferland	1:17.86	198802836	<b>1:17.18</b>	+0,68	38.12	1:17.18
4. Hanneke Heymen	Montferland	1:17.57	198400968	<b>1:17.81</b>	+0,70	37.98	1:17.81
5. Anna Boef	LZ 1886	1:15.61	198806288	<b>1:18.87</b>	+0,70	37.96	1:18.87
6. Sandra Pannekeet	DAW	1:22.29	198403458	<b>1:21.97</b>	+0,78	38.00	1:21.97
7. Bianca Paape	DAW	1:23.89	198502262	<b>1:22.17</b>	+0,75	39.99	1:22.17
8. Marlies Jehoel-van As	PSV	1:19.61	198500074	<b>1:24.57</b>	+0,80	41.14	1:24.57
9. Dorien Vasseur	Scheldestroom	1:33.42	198704164	<b>1:35.33</b>	+1,04	47.49	1:35.33
<b>Masters 30+</b>							
1. Roos van Esch	TRB-RES	1:14.42	198200468	<b>1:15.00</b>	+0,82	36.73	1:15.00
2. Natascha Hartman	PSV	1:25.59	198101780	<b>1:27.96</b>	+0,88	42.16	1:27.96
<b>Masters 35+</b>							
1. Geraldine Trainor	De Duck	1:21.67	197500544	<b>1:20.63</b>	+0,75	39.14	1:20.63
2. Jolanda van Gendt	PSV	1:21.79	197800266	<b>1:22.78</b>	+0,67	40.50	1:22.78
3. Mirjan den Drijver-Aarse	ZV Westland Dijkglas	1:23.40	197500884	<b>1:24.18</b>	+0,79	41.30	1:24.18
4. Nadège van Meeteren	De Meer	1:23.06	197400736	<b>1:26.91</b>	+0,81	42.38	1:26.91
<b>Masters 40+</b>							
1. Gudule van der Meer	PSV	1:14.10	197200396	<b>1:14.54</b>	+0,66	36.33	1:14.54
2. Heidi van Stein	LZ 1886	1:16.63	196900864	<b>1:18.22</b>	+0,77	37.17	1:18.22
3. Edith Janssen-Koolen	TRB-RES	1:17.20	197300898	<b>1:20.78</b>	+0,78	38.35	1:20.78
4. Wendy van der Kruk	MSV- Zeemacht	1:25.04	197100960	<b>1:25.79</b>	+0,74	41.80	1:25.79
5. Octavie Hoyer-Bovers	PSV	1:31.16	197000940	<b>1:28.32</b>	+0,70	42.03	1:28.32
6. Patricia Austen	RZ	1:45.45	197000968	<b>1:42.51</b>	+0,73	47.52	1:42.51



Programmanr. 10, Dames, 100m rugslag

Masters 45+

1. Lesley Cordial	Neptunus	1:15.23	196700684	<b>1:17.37</b>	+0,69	37.45	1:17.37
<i>Nederlands Masters Record</i>							
2. Susanne Prins - Molenwijk	SBC2000	1:20.17	196600284	<b>1:24.26</b>	* +0,67	40.72	1:24.26
3. Ariane Ruymaekers	Zwemclub Iloka Kapellen	1:33.06	ZIK/173/67	<b>1:30.00</b>	+0,86	44.52	1:30.00
4. Maud Peuten-Evers	Swimteam Helden-Mosa (SG)	1:31.26	196400584	<b>1:35.53</b>	+0,80	45.98	1:35.53
5. Jeanette Smits	Orca	1:33.17	196600312	<b>1:37.88</b>	+0,88	47.07	1:37.88

Masters 50+

1. Julia Moh-Klaren	CSAKB	1:23.46	922540	<b>1:24.15</b>	+0,79	40.53	1:24.15
2. Irma Hertogs	PSV	1:33.06	195900222	<b>1:27.16</b>	+0,80	42.37	1:27.16
3. Pia van der Molen	HZ&PC Heerenveen	1:30.18	196000116	<b>1:30.15</b>	+0,90	43.56	1:30.15
4. Annemarie Vuist	Swol 1894	1:30.68	196300282	<b>1:31.60</b>	+0,95	45.20	1:31.60
5. Marie-Josée Matte	WVZ	1:32.99	196000326	<b>1:34.46</b>	+0,75	44.49	1:34.46
6. Gonnje Paas	ZVVS	1:40.18	196200418	<b>1:39.40</b>	+0,75	46.70	1:39.40
7. Katinka Elders	Oceanus	1:40.48	196000292	<b>1:41.25</b>	+0,89	48.68	1:41.25
8. Herlinde Segers	Groot Beverse Zwemclub	2:05.40	GBZ/151/60	<b>2:07.39</b>	+1,47	1:03.33	2:07.39

Masters 55+

1. Colette Crabbe	CNSW	1:23.09	CNSW/559/56	<b>1:19.69</b>	+0,74	39.10	1:19.69
<i>BMR</i>							
2. Mathilde Vink	Swol 1894	1:25.89	195800128	<b>1:27.91</b>	+0,95	43.01	1:27.91
3. Lies Hartman	VfR Übach-Palenberg	2:03.07	164684	<b>2:08.48</b>	+0,86	59.49	2:08.48

Masters 60+

1. Tineke Brouwer-Maat	ZV Westland Dijkglas	1:48.65	195300074	<b>1:39.94</b>	+1,02	49.01	1:39.94
2. Ineke Meijer	HZ&PC Heerenveen	1:42.86	195200034	<b>1:45.34</b>	+0,81	51.31	1:45.34
3. Antoinette Gilding-Tussaud	WS Twente	1:43.58	195000038	<b>1:48.55</b>	+0,79	53.21	1:48.55
4. Gonnje Bak	PSV	2:01.52	195100064	<b>1:52.27</b>	+0,92	56.18	1:52.27
5. Tineke van Diggelen	Oceanus	1:49.71	195200048	<b>1:52.58</b>	+0,88	54.71	1:52.58

Masters 65+

1. Jacqueline Everaert	HELIOS	1:39.33	HELIOS/282/47	<b>1:44.07</b>	* +1,03	49.86	1:44.07
2. Loekie v. Huissteden	AZ&PC	1:59.77	194500002	<b>2:03.95</b>	+1,01	59.29	2:03.95
3. Leny Kamp	Aquapoldro	2:04.04	194400008	<b>2:07.28</b>	+0,68	1:00.49	2:07.28

Masters 70+

NG.ZA Paulette Kersse-Verbeke	Club Nautique Croix	1:51.30	494441				
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Masters 75+

1. Alice Lindhout	PSV	2:04.55	193500010	<b>2:02.22</b>	+0,82	58.23	2:02.22
2. Lea Maes	Groot Beverse Zwemclub	2:29.16	GBZ/041/37	<b>2:24.94</b>	+1,23	1:08.58	2:24.94
3. Tineke de Bueger	Old Dutch	2:28.22	193700010	<b>2:32.10</b>	+0,95	1:09.93	2:32.10

Masters 85+

1. Marianne Maandonks	PSV	3:42.91	192600004	<b>3:04.17</b>	+1,23	1:24.70	3:04.17
<i>Kampioenschaps Record</i>							

Programmanr. 11  
03-05-2013 - 16:28

Heren, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Raoul Engelenburg	Het Y	2:01.25 198900843	<b>2:03.40</b>	+0,71	29.14	1:00.25	1:31.68	2:03.40
2. Jan-Willem v.d. Graaff	Het Y	2:04.95 198901023	<b>2:03.87</b>	+0,71	28.95	1:00.25	1:32.24	2:03.87
3. Joost Rijntjes	LZ 1886	1:59.94 199101899	<b>2:06.73</b>	+0,77	28.59	1:00.97	1:33.80	2:06.73
4. Tim Bunnik	Triton	2:04.09 199000505	<b>2:09.45</b>	+0,80	27.78	59.66	1:33.48	2:09.45
5. Bram Becks	HZPC	2:13.10 199303701	<b>2:17.31</b>	+0,70	31.40	1:06.26	1:42.00	2:17.31
6. Stefan Grudelbach	ZVVS	2:27.34 199202073	<b>2:26.66</b>	+0,75	32.30	1:08.67	1:47.33	2:26.66
7. Roel van Beek	Montferland	2:15.64 198905861	<b>2:28.01</b>	+0,87	32.74	1:09.95	1:48.57	2:28.01
8. Ruben de Boer	De Duinkickers	2:26.59 199301419	<b>2:34.98</b>	+0,82	35.53	1:15.86	1:55.50	2:34.98
<b>Masters 25+</b>								
1. Erik Schröder	TriVia	1:58.58 198402025	<b>2:06.15</b>	+0,87	28.83	1:00.80	1:33.87	2:06.15
2. Erik van der Heide	Zuiderzeezwemmers	2:12.65 198801337	<b>2:09.40</b>	+0,81	28.93	1:01.44	1:35.49	2:09.40
3. Tobias Höfs	SG Wuppertal	2:13.63 127987	<b>2:10.17</b>	+0,81	28.78	1:01.37	1:36.03	2:10.17
4. Bastian Zoon	De Gooye	2:09.45 198703929	<b>2:10.48</b>	+0,72	30.02	1:03.52	1:37.91	2:10.48
5. Jean Pierre Bisslik	DES	2:11.76 198705243	<b>2:11.00</b>	+0,61	28.72	1:01.62	1:36.19	2:11.00
6. Klaas van Beek	ZV Haerlem	2:11.65 198805941	<b>2:11.69</b>	+0,73	28.76	1:01.22	1:35.73	2:11.69
7. Sebastian Link	SG Dortmund	2:11.46 153578	<b>2:16.49</b>	+0,78	28.98	1:03.79	1:40.66	2:16.49
<b>Masters 30+</b>								
1. Stefan Oosting	PSV	1:56.21 198101265	<b>1:59.19</b>	+0,85	28.30	59.63	1:29.78	1:59.19
<i>Nederlands Masters Record</i>								
2. Kristiaan Lenos	LZ 1886	1:59.70 198301331	<b>2:05.73</b>	+0,78	28.66	1:00.89	1:34.09	2:05.73
3. Nol van Thull	ZOB'66	1:57.33 198001513	<b>2:06.00</b>	+0,82	28.83	1:00.84	1:34.32	2:06.00
4. Alexander Hulleman	Steenwijk 1934	2:03.60 198300989	<b>2:09.40</b>	+0,74	29.49	1:01.74	1:35.88	2:09.40
5. Bart Groenemans	PLONS	2:15.50 198200551	<b>2:14.56</b>	+0,77	30.21	1:04.42	1:39.96	2:14.56
6. John Meijdam	DAW	2:30.99 198301439	<b>2:16.08</b>	+0,76	31.95	1:06.94	1:41.72	2:16.08
7. Freddie Geerlings	HGN (SG)	2:16.95 197900379	<b>2:17.08</b>	+0,89	30.97	1:05.70	1:41.61	2:17.08
8. Peter Eshuis	DBD	2:28.66 198000375	<b>2:22.26</b>	+0,84	32.03	1:08.24	1:45.64	2:22.26
9. Jeroen Vogelsang	DAW	2:23.00 198001645	<b>2:25.23</b>	+0,86	32.15	1:08.43	1:46.84	2:25.23
10. Ingmar Kooman	De Zijl/LGB	2:31.86 197901517	<b>2:34.12</b>	+0,92	33.98	1:14.23	1:55.41	2:34.12
11. Remco Veerkamp	Zuiderzeezwemmers	3:08.54 198102311	<b>3:00.95</b>	+0,96	37.76	1:23.38	2:12.23	3:00.95
<b>Masters 35+</b>								
1. Jeroen Van Den Bosch	RSCM	2:06.92 RSCM/074/75	<b>2:05.51</b>	+0,77	28.21	59.89	1:32.70	2:05.51
<i>BMR</i>								
2. Ivo Roozeboom	WVZ	2:02.50 197700801	<b>2:09.79</b>	+0,80	29.48	1:03.14	1:36.90	2:09.79
3. Dennis Schouten	Upstream Amsterdam	2:12.15 197501351	<b>2:12.62</b>	+0,76	29.41	1:02.66	1:37.59	2:12.62
4. Robin Sprinkhuizen	De Zijl/LGB	2:14.75 197400767	<b>2:15.06</b>	+0,87	29.84	1:04.12	1:39.90	2:15.06
5. Jan Gerard Sterrenburg	RZC	2:09.31 197501349	<b>2:16.70</b>	+0,80	31.11	1:05.89	1:41.68	2:16.70
6. Pascal Balancier	CNSW	2:16.20 CNSW/361/74	<b>2:18.24</b>	+0,69	32.23	1:08.45	1:44.66	2:18.24
7. Erwin van den Born	De Rijn	2:20.13 197700143	<b>2:23.44</b>	+0,96	32.56	1:09.03	1:45.74	2:23.44
8. Erwin Zuidervelt	De Futen	2:17.70 197501015	<b>2:26.66</b>	+0,79	33.08	1:10.71	1:48.30	2:26.66
9. Daniel Wencker	Avan Villeneuve-D'Ascq	2:20.81 1540660	<b>2:27.41</b>	+0,98	33.64	1:11.02	1:49.49	2:27.41
10. Geert Vanhoof	LZV	2:50.43 LZV/225/76	<b>2:58.14</b>	+0,84	37.64	1:22.48	2:11.70	2:58.14
<b>Masters 40+</b>								
1. Maurice van der Berge	HZ Zian	2:15.71 196900087	<b>2:13.74</b>	+0,81	31.01	1:05.23	1:40.13	2:13.74
2. Ferry Adema	D'Eift WAVE (SG)	2:20.37 197100007	<b>2:18.37</b>	+0,83	31.67	1:06.08	1:42.23	2:18.37
3. Kees Akershoek	De Stelle	2:16.90 196900009	<b>2:21.75</b>		31.19	1:06.38	1:43.74	2:21.75
4. Gerald Hösl	SC Winterthur	2:26.01 0007586-1	<b>2:24.21</b>	+0,87	34.42	1:10.18	1:47.45	2:24.21
5. René Beetsma	HZ&PC Heerenveen	2:13.08 196900069	<b>2:24.94</b>	+0,75	32.40	1:09.09	1:47.76	2:24.94
6. Kasper van den Berghe	Swol 1894	2:33.30 197301125	<b>2:28.86</b>	+0,83	34.19	1:12.03	1:51.21	2:28.86
7. Hans Schoenmakers	DAW	2:23.19 196900863	<b>2:33.09</b>	+0,78	34.44	1:13.69	1:53.91	2:33.09
8. Wouter van der Stelt	Den Doorn	2:36.58 197200889	<b>2:35.30</b>	+0,86	34.24	1:13.29	1:54.45	2:35.30
9. Oliver Podebrad	SC Wiesbaden 1911 e.V.	2:35.03 262705	<b>2:38.90</b>	+0,82	34.79	1:14.36	1:56.20	2:38.90

Programmanr. 11, Heren, 200m vrije slag, Masters 40+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
10. Marcel Brittijn	De Duinkickers	2:37.93 196900159	<b>2:49.23</b>	+0,79	36.88	1:19.92	2:05.61	2:49.23

Masters 45+

1. Rene de Boer	DAW	2:14.91 196400087	<b>2:17.64</b>	+0,80	31.38	1:06.29	1:41.52	2:17.64
2. Jo-an Muddle	Zeester-Meerval	2:18.00 196701457	<b>2:18.38</b>	+0,82	31.38	1:06.29	1:42.07	2:18.38
3. Darlin Valcke	DZV	2:26.84 DZV/104/66	<b>2:31.94</b>	+0,95	34.67	1:12.24	1:52.17	2:31.94
4. Sander Nieuwenhuys	De Fuut	2:31.93 196801423	<b>2:32.81</b>	+0,80	34.49	1:12.71	1:52.96	2:32.81
5. Volker Mayer	Avan Villeneuve-D'Ascq	2:25.20 1468929	<b>2:33.35</b>	+0,86	35.66	1:14.73	1:55.35	2:33.35
6. Pieter-Sjoerd de Wijn	Aqua-Novio'94	2:34.99 196501027	<b>2:35.10</b>	+0,87	36.93	1:17.26	1:56.62	2:35.10
7. André Zandberg	TRB-RES	2:30.34 196601369	<b>2:38.94</b>	+0,78	33.11	1:12.67	1:55.74	2:38.94
8. Erik Saan	De Duck	2:39.08 196500769	<b>2:41.67</b>	+1,01	34.56	1:14.88	1:57.54	2:41.67
9. Henk van Zetten	Octopus	3:07.02 196701261	<b>3:00.24</b>	+1,01	40.16	1:26.68	2:15.30	3:00.24
10. Marco Schoenmakers	ZVVS	3:36.35 196401375	<b>3:14.79</b>	+1,06	42.47	1:31.56	2:25.07	3:14.79

Masters 50+

1. Cees van Houwelingen	De Schelde	2:04.19 196300351	<b>2:11.77</b>	+0,90	29.96	1:03.28	1:37.94	2:11.77
2. Edwin v. Norden	AZ&PC	2:13.80 196300563	<b>2:14.14</b>	+0,69	30.52	1:04.66	1:39.45	2:14.14
3. Frank Gomoll	SV Gladbeck 13	2:14.19 112232	<b>2:14.33</b>	+0,86	31.67	1:05.96	1:40.53	2:14.33
4. Gustav van den Berg	TriVia	2:17.54 196100991	<b>2:19.13</b>	+0,89	31.74	1:07.62	1:44.49	2:19.13
5. David Witteboon	MZVA	2:25.51 MZVA/331/63	<b>2:21.54</b>	+1,02	33.55	1:09.18	1:45.48	2:21.54
6. Ronald Grove	Oceanus	2:31.86 196100161	<b>2:30.81</b>	+0,76	33.17	1:12.23	1:53.37	2:30.81
7. Robin Prins	SBC2000	2:21.84 196200515	<b>2:31.18</b>	+0,78	35.03	1:12.94	1:52.84	2:31.18
8. Rob Penninks	PSV	2:47.17 196000897	<b>2:33.72</b>	+0,98	34.18	1:12.30	1:52.54	2:33.72
9. Edzo Huisman	Aquapoldro	2:24.06 196301029	<b>2:34.03</b>	+1,05	35.92	1:15.37	1:55.04	2:34.03
10. John Stoffer	Zoetermeer	2:29.20 196300725	<b>2:34.31</b>	+0,73	32.67	1:10.98	1:53.03	2:34.31
11. Mark Kas	PLONS	2:31.42 196100285	<b>2:39.59</b>	+0,86	37.66	1:18.74	1:59.73	2:39.59
12. Bob Nieuwenhuys	De Fuut	2:56.69 196201227	<b>2:45.07</b>	+0,84	36.81	1:18.99	2:03.57	2:45.07
13. Koen Soetewey	MZVA	3:02.86 MZVA/144/63	<b>3:05.03</b>	+0,87	38.58	1:27.33	2:16.58	3:05.03

Masters 55+

1. Marten de Groot	HZ&PC Heerenveen	2:15.75 195800149	<b>2:12.95</b>	+0,83	31.59	1:05.91	1:39.66	2:12.95
<i>Nederlands Masters Record</i>								
2. Hugo Bregman	WVZ	2:13.90 195800069	<b>2:13.02</b>	+0,81	31.12	1:05.21	1:39.87	2:13.02
3. Klaus Kalinke	SV Gladbeck 13	2:18.20 72636	<b>2:20.35</b>	+0,94	32.83	1:08.44	1:45.33	2:20.35
4. Hans Wijsman	Zwemclub Iloka Kapellen	2:27.04 ZIK/159/55	<b>2:26.12</b>	+0,85	33.15	1:09.85	1:47.93	2:26.12
5. Henk Slomp	De Pinquin	2:36.00 195500359	<b>2:36.07</b>	+0,80	35.04	1:14.94	1:56.94	2:36.07
6. Hans Groothelm	DBD	2:37.95 195800151	<b>2:38.21</b>	+0,75	36.05	1:17.13	1:58.31	2:38.21
7. Paul Bunnik	Triton	2:35.57 195600413	<b>2:39.88</b>	+0,98	34.20	1:14.56	1:58.13	2:39.88
8. Eddy Mourmans	Dauphins Mouscronnois	2:33.22 DM/630/57	<b>2:40.65</b>	+0,80	35.66	1:15.70	1:58.73	2:40.65
9. Harry Paas	ZVVS	2:49.60 195800689	<b>2:48.13</b>	+0,72	35.77	1:18.04	2:03.56	2:48.13
10. Fred Zanting	TriVia	2:42.84 195400323	<b>2:49.93</b>	+0,95	37.31	1:20.32	2:06.23	2:49.93
11. Frank Zwijnenberg	PSV	2:59.73 195400361	<b>2:58.24</b>	+0,71	38.63	1:23.40	2:12.06	2:58.24
NG Dre Klaassen	ZOB'66	3:09.49 195600141						

Masters 60+

1. Georg Dombrowski	SV Gladbeck 13	2:29.12 217978	<b>2:33.10</b>	+0,75	35.16	1:13.60	1:53.54	2:33.10
2. Günter Uhlich	SV Gladbeck 13	2:39.48 206688	<b>2:42.33</b>		37.07	1:18.72	2:01.24	2:42.33
3. Jos Kamps	De Amer	2:51.69 195100085	<b>2:53.47</b>	+1,16	38.12	1:21.47	2:07.79	2:53.47

Masters 65+

1. Donald Uijtenbogaart	Het Y	2:32.73 194700107	<b>2:33.99</b>	+0,84	36.77	1:15.72	1:55.26	2:33.99
2. Jaap Kwakkel	DAW	2:53.95 194700157	<b>3:05.33</b>	+0,95	40.59	1:25.88	2:15.66	3:05.33
3. Ruud Sloof	De Rijn	3:08.06 194400073	<b>3:12.15</b>	+1,13	41.28	1:31.06	2:23.34	3:12.15

Programmanr. 11, Heren, 200m vrije slag

Masters 70+

1. Rob Hanou	PSV	3:05.18	194300109	<b>3:05.62</b>	+1,06	40.66	1:29.42	2:19.91	3:05.62
2. Wim ter Laak	PSV	4:19.00	194000027	<b>4:12.16</b>	+1,19	54.60	2:01.52	3:09.22	4:12.16

Masters 75+

1. Nic Geers	Z&PC De Gouwe	2:43.34	193800007	<b>3:52.46</b>	+1,02	51.99	1:52.21	2:55.36	3:52.46
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Masters 80+

1. Bob Berg	PSV	3:49.48	193300011	<b>3:56.96</b>	+1,65	50.72	1:51.53	2:56.60	3:56.96
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Programmanr. 12  
03-05-2013 - 17:01

Dames, 200m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Silke Oude Weernink	De Dinkel	2:08.56	199002854	<b>2:10.47</b>	+0,96	30.76	1:04.33	1:37.88	2:10.47
2. Maaike Vooren	DAW	2:22.83	199103324	<b>2:17.55</b>	+0,83	32.05	1:06.68	1:42.04	2:17.55
3. Rebecca Vroomen	Eurode KZC	2:21.67	199301772	<b>2:24.65</b>	+0,88	32.71	1:10.02	1:47.93	2:24.65
4. Isabelle Massar	WVZ	2:17.07	199102034	<b>2:25.25</b>	+0,75	31.82	1:08.74	1:47.04	2:25.25
5. Sigrid Dogger	De Zwoer	2:25.20	199200452	<b>2:25.98</b>	+0,78	32.45	1:09.50	1:48.34	2:25.98
6. Pascallee Rovers	ZV De Bron	2:23.33	199301064	<b>2:26.23</b>	+0,44	32.37	1:09.33	1:48.12	2:26.23
7. Wendy de Bruin	ZOB'66	2:18.92	199206320	<b>2:26.43</b>	+0,70	33.26	1:10.43	1:48.38	2:26.43
8. Simone de Boer	LZ 1886	2:21.50	199306858	<b>2:28.77</b>	+0,78	33.30	1:10.44	1:50.37	2:28.77
9. Danielle Scheepers	Njord	2:22.19	199005428	<b>2:30.61</b>	+0,75	32.50	1:09.75	1:50.08	2:30.61
10. Melissa de Zeeuw	WVZ	2:22.27	199305674	<b>2:30.95</b>	+0,83	32.78	1:10.59	1:51.05	2:30.95
11. Meike Rothe	SG Wuppertal	2:33.49	088203	<b>2:31.25</b>	+0,86	34.74	1:13.01	1:52.66	2:31.25
12. Mandy Verbakel	De Treffers	2:30.29	199003908	<b>2:34.35</b>	+0,91	34.24	1:13.18	1:53.89	2:34.35
13. Anouk van der Pligt	ZOB'66	2:27.17	199303296	<b>2:35.26</b>	+0,68	34.85	1:13.85	1:54.67	2:35.26
14. Irmgard van Weeghel	Octopus	2:30.96	199204834	<b>2:38.60</b>	+0,79	35.31	1:16.02	1:57.13	2:38.60
15. Kimberley van Buren	De Duck	2:35.24	199304136	<b>2:42.14</b>	+0,88	35.97	1:17.42	1:59.70	2:42.14
16. Sandra Vermeulen	De Duck	2:31.77	199303522	<b>2:45.77</b>	+0,76	36.93	1:19.12	2:02.62	2:45.77
17. Wieteke Jansen	Montferland	2:54.84	199001750	<b>2:51.25</b>	+0,96	38.34	1:21.55	2:07.71	2:51.25
18. Claudia Creemers	De Roersoppers	2:47.95	199202864	<b>3:09.72</b>	+0,74	40.56	1:26.71	2:18.06	3:09.72
19. Liesbeth Bruinekoel	Zuiderzeewemmers	4:10.96	199007958	<b>4:11.45</b>	+0,85	55.15	2:00.27	3:07.87	4:11.45

Masters 25+

1. Marlies Reinders	De Dinkel	2:08.62	198602976	<b>2:10.00</b>	+0,81	30.55	1:03.86	1:37.45	2:10.00
2. Lisanne Andeweg	Zuiderzeewemmers	2:17.15	198800092	<b>2:16.58</b>	+0,79	31.79	1:06.70	1:42.17	2:16.58
3. Pauline Tielman	De Geul	2:23.86	198403348	<b>2:27.14</b>	+0,79	33.18	1:10.37	1:49.23	2:27.14
4. Kim van der Beek	PSV	2:30.00	198700196	<b>2:27.59</b>	+0,82	33.53	1:11.62	1:50.78	2:27.59
5. Marjolijn Wuisman	PSV	2:30.00	198604202	<b>2:29.50</b>	+0,96	33.78	1:11.52	1:50.28	2:29.50
6. Marjan van der Star	WS Twente	2:38.29	198403192	<b>2:31.55</b>	+0,66	33.62	1:11.68	1:51.60	2:31.55
7. Anna Boef	LZ 1886	2:35.05	198806288	<b>2:38.73</b>	+0,81	34.99	1:14.89	1:56.76	2:38.73
8. Channe Noort	DAW	2:28.41	198605032	<b>2:39.73</b>	+0,77	34.77	1:14.64	1:57.08	2:39.73
9. Sandra Schellekens	Neptunus'58	2:29.69	198503416	<b>2:39.93</b>	+0,85	35.36	1:16.21	1:58.75	2:39.93
10. Isaline Manchel	CNSW	2:41.71	CNSW/475/85	<b>2:40.83</b>	+0,82	36.86	1:18.69	2:00.66	2:40.83
11. Tineke Roelofs	PSV	2:46.61	198504004	<b>2:46.69</b>	+0,89	37.59	1:18.98	2:03.58	2:46.69
12. Esther Steltenpohl	DAW	2:48.45	198504116	<b>2:50.51</b>	+0,78	36.14	1:19.78	2:05.48	2:50.51
13. Leonie Lennards	Eszet	2:50.26	198602262	<b>2:54.57</b>	+0,80	38.31	1:21.86	2:08.64	2:54.57
14. Kelly van de Weijdeven	SPONS	3:09.23	198605268	<b>3:14.32</b>	+1,05	42.29	1:30.94	2:23.26	3:14.32
15. Marloes Rebel	WS Twente	3:23.73	198403474	<b>3:20.08</b>	+1,07	44.32	1:33.38	2:26.89	3:20.08



Programmanr. 12, Dames, 200m vrije slag

Masters 30+

1. Nadya Putter	ZVVS	2:24.97	198301630	<b>2:20.54</b>	+0,77	32.92	1:08.44	1:44.18	2:20.54
2. Delia Badoux	Zoetermeer	2:21.09	198000042	<b>2:20.72</b>	+0,71	31.50	1:06.70	1:43.29	2:20.72
3. Esther Versteeg	Van Vliet-Barracuda	2:26.35	198302112	<b>2:24.56</b>	+0,87	33.92	1:10.86	1:48.30	2:24.56
4. Anke Lambooij	AZL	2:37.81	198001182	<b>2:28.06</b>	+0,85	32.72	1:10.28	1:49.98	2:28.06
5. Linda Hoogendam	Zoetermeer	2:26.74	198300892	<b>2:33.71</b>	+0,79	34.97	1:15.00	1:55.20	2:33.71
6. Natascha Hartman	PSV	2:42.35	198101780	<b>2:45.46</b>	+1,01	36.72	1:18.46	2:02.74	2:45.46
7. Julia Dros	RZ	2:54.39	198001692	<b>2:49.50</b>	+0,99	38.02	1:20.39	2:05.54	2:49.50
8. Nienke Nieuwenhuis	Swol 1894	2:45.65	198101850	<b>2:51.62</b>	+0,72	36.69	1:18.75	2:05.05	2:51.62
9. Salima Douhou	PSV	3:05.80	198302836	<b>3:04.93</b>	+0,94	43.16	1:30.94	2:20.60	3:04.93
10. Rianne van Vegchelen	Deltasteur	3:12.97	198101530	<b>3:12.54</b>	+1,09	41.99	1:30.50	2:21.46	3:12.54

Masters 35+

1. Marian Nederlof	DWF	2:36.36	197600950	<b>2:41.18</b>	+0,81	36.35	1:16.06	1:58.06	2:41.18
2. Margriet Leeffers	Deltasteur	2:56.15	197800448	<b>2:55.84</b>	+0,98	38.88	1:22.80	2:09.66	2:55.84
3. Erika Schellens	Zwemclub Iloka Kapellen	2:53.92	ZIK/162/76	<b>2:57.25</b>	+0,81	40.95	1:26.69	2:12.67	2:57.25
4. Anneke de Groot	De Fuut	2:54.42	197701140	<b>3:01.25</b>	+0,78	39.09	1:24.91	2:13.01	3:01.25

Masters 40+

1. Heidi van Stein	LZ 1886	2:21.40	196900864	<b>2:24.77</b>	+0,79	32.56	1:09.88	1:47.53	2:24.77
2. Karin Stein	ZVVS	2:25.97	197100554	<b>2:24.95</b>	+0,85	33.83	1:10.41	1:47.63	2:24.95
3. Lidia v. Bon-Rosenbrand	AZ&PC	2:31.44	197000054	<b>2:29.85</b>	+0,93	34.99	1:12.90	1:51.97	2:29.85
4. Annette de Visser	Oceanus	2:30.80	197100602	<b>2:30.29</b>	+0,84	34.91	1:13.12	1:52.11	2:30.29
5. Renata van Essen	Zuiderzeewemmers	2:51.69	197300740	<b>2:44.22</b>	+0,69	36.95	1:18.13	2:01.37	2:44.22
6. Joyce Brummelkamp	ZVVS	2:43.29	197000952	<b>2:45.47</b>	+0,83	38.35	1:20.65	2:03.65	2:45.47
7. Natacha Van Hoof	ShaRK	2:39.71	SHARK/260/73	<b>2:46.45</b>	+0,89	38.34	1:20.60	2:03.98	2:46.45
8. Henriëtte Manting	GZVW	2:36.70	197100246	<b>2:48.71</b>	+0,97	36.79	1:19.02	2:03.55	2:48.71
9. Dianne Nien	RZ	2:34.36	197100452	<b>2:51.25</b>	+0,79	37.83	1:21.50	2:07.36	2:51.25
10. Annet Kootstra	Swol 1894	2:49.61	197100344	<b>2:53.32</b>	+0,92	38.98	1:22.88	2:08.47	2:53.32
11. Ageeth Boomsma	Orca	2:46.04	197000826	<b>2:56.19</b>	+0,89	39.26	1:24.47	2:10.51	2:56.19
12. Kristien Van de Moortel	ShaRK	2:52.43	SHARK/315/69	<b>3:10.78</b>	+0,83	42.57	1:31.51	2:21.91	3:10.78
13. Kathy De Meyere	LZV	3:12.54	LZV/224/73	<b>3:12.35</b>	+0,91	43.33	1:31.96	2:23.20	3:12.35

Masters 45+

1. Claudia Goldschmidt	Maidenhead Marlins ASC	2:33.03	954626	<b>2:30.98</b>	+0,73	35.60	1:14.52	1:53.82	2:30.98
2. Katrin Pennings	PSV	2:30.51	196400570	<b>2:32.00</b>	+0,68	33.38	1:11.58	1:51.28	2:32.00
3. Petra Casteleijn	AZ&PC	2:29.46	196600098	<b>2:32.36</b>	+0,90	34.76	1:13.12	1:53.48	2:32.36
4. Annette Wijnja-Visser	De Biesboschwemmers	2:34.58	196700528	<b>2:34.07</b>	+0,70	34.34	1:13.90	1:53.59	2:34.07
5. Henriëtte v. Norden	AZ&PC	2:43.67	196800046	<b>2:34.24</b>	+0,95	35.22	1:13.68	1:54.36	2:34.24
6. Chita van der Goorbergh	Zoetermeer	2:42.55	196800762	<b>2:35.38</b>	+0,73	33.85	1:13.11	1:54.03	2:35.38
7. Marion Broekhuis	WS Twente	2:48.26	196800060	<b>2:45.08</b>	+0,93	37.99	1:19.49	2:02.73	2:45.08
8. Wendy Knoops	RZ	2:48.19	196800720	<b>2:47.09</b>	+0,85	36.52	1:17.95	2:01.93	2:47.09
9. Veerle Coertjens	MZVA	3:13.23	MZVA/315/65	<b>2:51.99</b>	+0,93	39.31	1:23.40	2:09.61	2:51.99
10. Friderika Kerekes	AZ&PC	3:03.15	196500540	<b>3:01.84</b>	+0,86	40.12	1:25.82	2:13.82	3:01.84
11. Ingeborg Stokx	DAW	3:12.89	196700666	<b>3:06.88</b>	+0,76	41.74	1:28.96	2:18.75	3:06.88
12. Y. Snellen van Vollenhov	PSV	3:16.10	196800836	<b>3:09.23</b>	+0,84	40.28	1:27.41	2:19.67	3:09.23
13. Lillian Schippers	Njord	3:13.41	196800850	<b>3:11.24</b>	+0,89	40.97	1:30.10	2:21.49	3:11.24
14. Betty van Kemenade	PSV	3:21.82	196800832	<b>3:16.35</b>	+1,00	44.66	1:34.23	2:25.77	3:16.35
15. Els De Keyzer	MZVA	3:27.95	MZVA/052/65	<b>3:23.49</b>	+0,95	46.88	1:39.59	2:33.39	3:23.49

Masters 50+

1. Debbie Matless	UEA Norwich	2:33.73	60957	<b>2:34.55</b>	+0,90	36.38	1:15.57	1:55.02	2:34.55
2. Inge Wolfs	PLONS	2:39.11	196000304	<b>2:39.68</b>	+0,85	37.39	1:16.98	1:58.10	2:39.68
3. Francine Sommer	Triton	2:43.00	196200384	<b>2:41.89</b>	+0,82	35.59	1:16.31	1:59.14	2:41.89
4. M. Grove-Lingeman	Oceanus	2:48.84	196200080	<b>2:43.51</b>	+0,80	36.86	1:18.54	2:01.18	2:43.51
5. Ada de Voogd	ZVVS	2:53.20	195900280	<b>2:45.91</b>	+0,81	38.17	1:21.48	2:05.64	2:45.91
6. Marlien Wijnhof	Nat Utrecht	2:45.43	196100300	<b>2:46.63</b>	+0,75	38.51	1:21.04	2:03.99	2:46.63
7. Patty Verhagen	PSV	2:39.89	195900146	<b>2:47.04</b>	+0,92	39.10	1:21.32	2:04.63	2:47.04
8. Marijke Kraak-Beckers	WS Twente	2:53.83	196000240	<b>2:53.06</b>	+1,05	39.98	1:23.55	2:08.51	2:53.06
9. Ingrid Van Cauteren	LZV	2:48.33	LZV/097/62	<b>2:54.23</b>	+0,88	39.30	1:23.34	2:08.62	2:54.23

Programmanr. 12, Dames, 200m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
10. Petra Tossings	DAW	3:04.10 196100376	<b>3:02.07</b>	+0,79	40.61	1:26.91	2:15.14	3:02.07
11. Els Laureys	MZVA	3:17.44 MZVA/039/63	<b>3:17.24</b>	+1,10	44.95	1:35.01	2:26.13	3:17.24
12. Marie-Josee Matte	WVZ	3:12.82 196000326	<b>3:17.36</b>		42.62	1:31.81	2:24.18	3:17.36

Masters 55+

1. Atie Pijtak-Radersma <i>Kampioenschaps Record</i>	AZ&PC	2:32.50 195600048	<b>2:32.47</b>	+0,76	35.45	1:14.57	1:54.55	2:32.47
2. Marijke van Hoek	De Zeeuwse Kust (SG)	2:46.64 195800050	<b>2:50.71</b>	+0,87	37.25	1:20.84	2:05.62	2:50.71
3. Margriet Pasma	De Pinquin	2:49.42 195500088	<b>2:54.20</b>	+0,96	39.20	1:23.92	2:09.98	2:54.20
4. Rona Eijkelhoff	Aqua-Novio'94	3:08.54 195600026	<b>3:12.23</b>	+0,90	44.09	1:33.96	2:23.37	3:12.23
5. Monika Zilliken	SC Wiesbaden 1911 e.V.	3:12.61 231829	<b>3:15.07</b>	+0,84	43.22	1:32.35	2:24.80	3:15.07
6. Karien Musters	Old Dutch	3:50.00 195800236	<b>3:58.88</b>	+0,94	50.83	1:50.21	2:52.67	3:58.88
7. Lies Hartman	VfR Übach-Palenberg	4:36.42 164684	<b>4:44.45</b>		1:01.64	2:14.31	3:29.69	4:44.45

Masters 60+

1. Fernande Blondeel	CNSW	3:44.83 CNSW/011/52	<b>3:36.90</b>	+0,91	47.57	1:42.14	2:39.08	3:36.90
2. Tineke van Diggelen	Oceanus	3:32.34 195200048	<b>3:37.21</b>	+0,89	47.14	1:41.65	2:38.73	3:37.21
3. Geerdien Meerwaldt	Van Vliet-Barracuda	4:29.51 195200058	<b>4:23.74</b>	+1,10	56.57	2:02.68	3:13.15	4:23.74

Masters 65+

1. Corrie Verhoeven	PSV	3:20.16 194600026	<b>3:16.31</b>	+1,01	41.01	1:29.49	2:23.57	3:16.31
2. Annie Smits	PSV	3:26.33 194600016	<b>3:24.73</b>		47.73	1:40.53	2:33.19	3:24.73
3. Greet Brehler-Middag	Hatto Heim	3:58.35 194400004	<b>4:05.85</b>	+1,25	56.52	1:58.38	3:04.13	4:05.85

Masters 75+

1. Lottje Geurts	PSV	3:30.20 193500006	<b>3:29.14</b>	+1,10	46.52	1:39.65	2:34.88	3:29.14
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Masters 80+

1. Eliane Pellis <i>BMR</i>	AZSC	3:33.80 AZSC/672/33	<b>3:44.51</b>	+0,88	48.37	1:46.41	2:45.32	3:44.51
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Programmanr. 13  
03-05-2013 - 17:47

Heren, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>80+</b>							
1. LZ 1886 1	LZ 1886	1:54.40		<b>2:00.62</b>	+0,73		
Sjoerd Sieval	90	+0,73	32.49	Lars Sieval	93	+0,51	27.85
Kristiaan Lenos	83	+0,56	34.33	Joost Rijntjes	91	+0,50	25.95
<b>100+</b>							
1. De Schotejil 1	De Schotejil	2:02.43		<b>2:06.99</b>	+0,60		
Niels Albrechts	88	+0,60	35.50	Arjan Blok	74	+0,48	31.03
Martijn van Hoor	89	+0,47	36.30	Mark Costeris	92	+0,21	24.16

Programmanr. 13, Heren, 4 x 50m wisselslag

120+

1. Octopus 1	Octopus			2:09.14		<b>2:02.25</b>	+0,68
Floris Manni	88	+0,68	30.13	Emile Manni	90	+0,42	25.87
Albert van Piekeren	84	+0,21	31.85	Henk van Zetten	67	+0,21	34.40
2. DAW 1	DAW			2:03.68		<b>2:05.27</b>	+0,69
John Stokx	64	+0,69	34.93	Kars Luttik	78	+0,43	29.89
Ron Langelaan	78	+0,32	33.78	Alex Damen	75	+0,21	26.67
3. RZ 1	RZ			2:05.42		<b>2:06.95</b>	+0,59
Gino Martijn	79	+0,59	34.66	Sander Bouts	85	+0,48	28.19
Ralph Caster	61	+0,38	36.95	Dimitrie Sonnemans	75	+0,59	27.15

160+

1. WVZ 1	WVZ			2:03.66		<b>2:08.56</b>	+0,71
Ivo Roozeboom	77	+0,71	30.65	Hugo Bregman	58	+0,50	27.56
Ton Witkamp	61	+0,83	43.53	Mike Stoffer	89	+0,25	26.82
2. DAW 2	DAW			2:11.73		<b>2:12.94</b>	+0,71
Fred Heemstra	65	+0,71	36.40	Rene de Boer	64	+0,53	31.40
John Meijdam	83	+0,21	34.78	Jeroen Vogelsang	80	+0,41	30.36
3. PLONS 1	PLONS			2:14.48		<b>2:15.84</b>	+0,75
Stan Dekker	79	+0,75	32.20	Mark Kas	61	+0,36	34.19
Bart Groenemans	82	+0,30	36.69	Hans Maas	65	+0,32	32.76
4. De Duinkickers 1	De Duinkickers			2:22.99		<b>2:26.00</b>	+0,76
Robin Eggenkamp	87	+0,76	36.89	Jaap de Boer	58	+0,51	37.40
Marcel Brittij	69	+0,55	41.28	Robert de Brauwer	64	+0,48	30.43
5. ZVVS 1	ZVVS			2:36.64		<b>2:34.00</b>	+0,93
Willem Putter	45	+0,93	48.58	Danny Zulver	67	+0,44	33.04
Marco Schoenmakers	64	0.00	43.10	Stefan Grudelbach	92	0.00	29.28

200+

1. PSV 1	PSV			2:05.92		<b>2:04.63</b>	+0,72
<i>Nederlands Masters Record</i>							
Ron Phaff	62	+0,72	35.48	Joop Ariaens	59	+0,53	30.34
Harold Matla	68	+0,42	31.92	Fred Ketting	60	+0,24	26.89
2. WWV 1	WWV			2:19.95		<b>2:20.48</b>	+0,79
Theo Schouten	46	+0,79	41.10	Kees-Jan van Overbeeke	62	+0,39	30.73
Laurens Klein Breteler	54	+0,46	40.54	Robert Vink	63	+0,11	28.11
3. WS Twente 1	WS Twente			2:20.58		<b>2:21.70</b>	+0,65
Frans van Enst	40	+0,65	38.64	Jan Willem Heuten	60	+0,38	35.30
Jack Barends	62	+0,44	40.40	Marcel Reefhuis	81	+0,51	27.36

Programmanr. 14  
03-05-2013 - 17:53

Dames, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT		
100+							
1. LZ 1886 1	LZ 1886			2:16.10	<b>2:21.25</b>	+0,70	
Anna Boef	88	+0,70	37.53	Simone de Boer	93	+0,49	34.41
Rosanne de Boer	91	+0,43	39.68	Heidi van Stein	69	+0,23	29.63

Programmanr. 14, Dames, 4 x 50m wisselslag

120+

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV		2:10.93		<b>2:10.36</b>	+0,66
	Gudule van der Meer	72	+0,66	34.16	Stephanie Rombout	88	+0,57
	Marjolijn Wuisman	86	+0,33	36.07	Saskia Phaff	66	+0,42
2.	Montferland 1	Montferland		2:17.43		<b>2:15.47</b>	+0,67
	Hanneke Heymen	84	+0,67	35.61	Wilma van Velsen	64	+0,45
	Esther van Maastrigt	88	+0,41	36.85	Marije Jansen	85	+0,52
3.	WVZ 1	WVZ		2:21.49		<b>2:24.20</b>	+0,74
	Marie-Josée Matte	60	+0,74	42.25	Yvonne Gerritsen	80	+0,73
	Isabelle Massar	91	+0,42	37.21	Melissa de Zeeuw	93	+0,38
4.	RZ 1 50m*	RZ		2:27.16		<b>2:24.77</b>	+0,98
	Wendy Knoops	68	+0,98	38.25	Marian Bouts	86	+0,51
	Suzan van den Bogaard	89		37.85	Dianne Nien	71	+0,46
5.	PSV 4	PSV		2:24.41		<b>2:25.48</b>	+0,73
	Jolanda van Gendt	78	+0,73	39.22	Kim van der Beek	87	+0,71
	Marlies Jehoel-van As	85	+0,52	41.48	Natascha Hartman	81	+0,59
6.	Zoetermeer 1	Zoetermeer		2:28.51		<b>2:29.37</b>	+0,80
	Sanne van Dijk	90	+0,80	37.38	Linda Hoogendam	83	+0,33
	Fleur Maas	89	+0,64	44.86	Chita van der Goorbergh	68	+0,48
7.	WS Twente 1	WS Twente		2:28.75		<b>2:29.99</b>	+0,76
	Marjan van der Star	84	+0,76	37.90	Annelette de Vries	86	+0,40
	Marjke Kraak-Beckers	60	+0,27	45.72	Marion Broekhuis	68	+0,67
8.	DAW 2	DAW		2:47.83		<b>2:35.30</b>	+0,78
	Bianca Paape	85	+0,78	37.29	Maaïke Vooren	91	+0,60
	Petra Tossings	61	+0,69	47.84	Ingeborg Stokx	67	+0,53

160+

1.	Swol 1894 2	Swol 1894		2:33.00		<b>2:34.89</b>	+0,74
	Laura Oosterbroek	88	+0,74	35.53	Annet Kootstra	71	+0,27
	Marjan Spoelstra	60	+0,67	47.57	Christien Nieuwenhuis	51	+0,27
2.	AZ&PC 2	AZ&PC		2:41.95		<b>2:41.44</b>	+0,75
	Kim Anne Bouw	90	+0,75	34.22	Lidia v. Bon-Rosenbrand	70	+0,30
	Friderika Kerekes	65	+0,27	45.65	Loekie v. Huissteden	45	+0,37

200+

1.	AZ&PC 1 <i>Nederlands Masters Record</i>	AZ&PC		2:22.43		<b>2:25.64</b>	+0,85
	Atie Pijtak-Radersma	56	+0,85	39.10	Henriëtte v. Norden	68	+0,55
	Marja Bloemzaad	61	+0,07	37.43	Petra Casteleijn	66	+0,40
2.	ZVVS 1	ZVVS		2:33.15		<b>2:27.60</b>	+0,77
	Joyce Brummelkamp	70	+0,77	41.21	Conny Boer-Buys	50	+0,60
	Karin Stein	71	+0,18	36.49	Ada de Voogd	59	+0,30
3.	Swol 1894 1	Swol 1894		2:32.00		<b>2:36.28</b>	+0,86
	Annemarie Vuist	63	+0,86	44.33	Mathilde Vink	58	+0,64
	Bea Swijnenberg	49	+0,20	44.81	Nienke Nieuwenhuis	81	+0,47
4.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		2:55.30		<b>2:55.84</b>	+0,75
	Pia van der Molen	60	+0,75	40.76	Alie Visser	64	+0,55
	Jannie Vennik	76	+0,48	48.23	Ineke Meijer	52	+0,87
DIS	PSV 1	PSV		2:45.83			VG +0,73
	Katrin Pennings	64	+0,73	39.95	José Sanders	68	
	Dorette Vogels	70	+0,66	41.13	Annie Smits	46	



Programmanr. 14, Dames, 4 x 50m wisselslag

240+

1.	PSV 3	PSV		2:49.74			<b>2:56.74</b>	+0,68
	<i>Kampioenschaps Record</i>							
	Patty Krupiarz	54	+0,68	43.22	Gonnie Bak	51	+0,70	52.86
	Corrie Verhoeven	46	+0,25	47.00	Irma Hertogs	59	+0,30	33.66
2.	Old Dutch 1	Old Dutch		3:46.33			<b>4:02.03</b>	+0,77
	Mies Kuipers	58	+0,77	1:00.74	Matty van der Veen	44	+0,76	1:01.87
	Tineke de Bueger	37	+0,46	1:09.82	Karien Musters	58	+0,61	49.60

3 - ONMK 2013 lb sessie 3

04-05-2013 - 9:00

Programmanr. 16  
04-05-2013 - 9:00

Dames, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Maaïke Vooren	DAW	5:00.41	199103324	<b>4:52.74</b>	+0,87		
	50m: 31.72 100m: 1:09.55	31.72 36.38	150m: 1:46.90 200m: 2:24.35	37.35 37.45	250m: 3:01.39 300m: 3:38.67	37.04 37.28	350m: 4:16.31 400m: 4:52.74	37.64 36.43
2.	Désirée Emmen	De Warande	4:47.01	199204862	<b>4:57.28</b>	+0,71		
	50m: 31.72 100m: 1:07.16	31.72 35.44	150m: 1:44.02 200m: 2:21.77	36.86 37.75	250m: 3:00.34 300m: 3:39.47	38.57 39.13	350m: 4:18.91 400m: 4:57.28	39.44 38.37
3.	Rebecca Vroomen	Eurode KZC	4:52.31	199301772	<b>5:02.30</b>	+0,83		
	50m: 33.42 100m: 1:11.40	33.42 37.98	150m: 1:50.61 200m: 2:29.72	39.21 39.11	250m: 3:08.45 300m: 3:47.43	38.73 38.98	350m: 4:25.79 400m: 5:02.30	38.36 36.51
4.	Sigrit Aarten	Deltasteur	4:49.03	199302868	<b>5:07.22</b>			
	50m: 33.51 100m: 1:10.93	33.51 37.42	150m: 1:50.10 200m: 2:29.60	39.17 39.50	250m: 3:09.65 300m: 3:49.72	40.05 40.07	350m: 4:28.79 400m: 5:07.22	39.07 38.43
5.	Anne Duijst	De Amer	5:05.75	198901030	<b>5:11.77</b>	+0,92		
	50m: 34.21 100m: 1:11.83	34.21 37.62	150m: 1:51.13 200m: 2:31.42	39.30 40.29	250m: 3:12.06 300m: 3:52.68	40.64 40.62	350m: 4:32.87 400m: 5:11.77	40.19 38.90
6.	Wendy de Bruin	ZOB'66	4:55.40	199206320	<b>5:12.18</b>	+0,68		
	50m: 34.78 100m: 1:12.77	34.78 37.99	150m: 1:52.50 200m: 2:32.37	39.73 39.87	250m: 3:13.02 300m: 3:53.35	40.65 40.33	350m: 4:33.38 400m: 5:12.18	40.03 38.80
7.	Lenja Witlox	Olympia	5:03.11	199202004	<b>5:17.39</b>			
	50m: 34.10 100m: 1:11.75	34.10 37.65	150m: 1:50.97 200m: 2:31.95	39.22 40.98	250m: 3:13.41 300m: 3:54.75	41.46 41.34	350m: 4:37.30 400m: 5:17.39	42.55 40.09
8.	Melissa de Zeeuw	WVZ	4:54.71	199305674	<b>5:21.29</b>	+0,80		
	50m: 36.40 100m: 1:16.72	36.40 40.32	150m: 1:56.20 200m: 2:37.30	39.48 41.10	250m: 3:18.09 300m: 3:59.51	40.79 41.42	350m: 4:41.13 400m: 5:21.29	41.62 40.16
9.	Pascalie Rovers	ZV De Bron	5:27.31	199301064	<b>5:22.68</b>	+0,77		
	50m: 33.52 100m: 1:11.93	33.52 38.41	150m: 1:52.73 200m: 2:34.37	40.80 41.64	250m: 3:15.79 300m: 3:59.20	41.42 43.41	350m: 4:41.50 400m: 5:22.68	42.30 41.18
10.	Irmgard van Weeghel	Octopus	5:22.09	199204834	<b>5:29.72</b>	+0,74		
	50m: 35.28 100m: 1:15.63	35.28 40.35	150m: 1:56.79 200m: 2:39.61	41.16 42.82	250m: 3:21.73 300m: 4:05.44	42.12 43.71	350m: 4:48.10 400m: 5:29.72	42.66 41.62
11.	Jannie Janssen	HZPC	5:21.39	198902022	<b>5:35.75</b>	+0,84		
	50m: 37.21 100m: 1:18.67	37.21 41.46	150m: 2:00.78 200m: 2:44.81	42.11 44.03	250m: 3:27.59 300m: 4:11.71	42.78 44.12	350m: 4:54.27 400m: 5:35.75	42.56 41.48
12.	Pauline Magnée	De Warande	6:14.32	199205434	<b>6:17.96</b>	+0,73		
	50m: 40.31 100m: 1:25.15	40.31 44.84	150m: 2:12.29 200m: 3:01.19	47.14 48.90	250m: 3:50.51 300m: 4:40.50	49.32 49.99	350m: 5:30.69 400m: 6:17.96	50.19 47.27
13.	Claudia Creemers	De Roersoppers	6:16.73	199202864	<b>6:41.58</b>	+0,77		
	50m: 41.80 100m: 1:29.65	41.80 47.85	150m: 2:20.75 200m: 3:12.90	51.10 52.15	250m: 4:06.35 300m: 4:59.54	53.45 53.19	350m: 5:52.78 400m: 6:41.58	53.24 48.80
14.	Liesbeth Bruinekool	Zuiderzeezwemmers	8:36.57	199007958	<b>8:49.69</b>	+0,84		
	50m: 57.20 100m: 2:03.74	57.20 1:06.54	150m: 3:12.63 200m: 4:21.39	1:08.89 1:08.76	250m: 5:31.30 300m: 6:39.57	1:09.91 1:08.27	350m: 7:47.05 400m: 8:49.69	1:07.48 1:02.64

**Masters 25+**

1.	Marlies Reinders	De Dinkel	4:32.00	198602976	<b>4:41.81</b>	+0,79		
	50m: 31.47 100m: 1:06.85	31.47 35.38	150m: 1:43.04 200m: 2:19.50	36.19 36.46	250m: 2:55.23 300m: 3:31.24	36.73 36.01	350m: 4:06.73 400m: 4:41.81	35.49 35.08
2.	Lisanne Andeweg	Zuiderzeezwemmers	4:48.26	198800092	<b>4:45.07</b>	+0,84		
	50m: 32.27 100m: 1:07.78	32.27 35.51	150m: 1:44.00 200m: 2:20.82	36.22 36.82	250m: 2:57.38 300m: 3:34.01	36.56 36.63	350m: 4:10.15 400m: 4:45.07	36.14 34.92
3.	Ann Van Beylen	RSCM	5:01.48	RSCM/264/84	<b>5:00.41</b>	+0,82		
	50m: 33.87 100m: 1:11.26	33.87 37.39	150m: 1:49.22 200m: 2:27.02	37.96 37.80	250m: 3:05.48 300m: 3:44.30	38.46 38.82	350m: 4:23.04 400m: 5:00.41	38.74 37.37
4.	Pauline Tieleman	De Geul	5:04.05	198403348	<b>5:13.96</b>	+0,81		
	50m: 34.69 100m: 1:13.54	34.69 38.85	150m: 1:52.78 200m: 2:32.67	39.24 39.89	250m: 3:12.73 300m: 3:53.38	40.06 40.65	350m: 4:33.85 400m: 5:13.96	40.47 40.11

Programmanr. 16, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Tine Soetewey	MZVA	5:21.59	MZVA/293/86	<b>5:27.71</b>	+0,84
	50m: 35.49 100m: 1:15.80	35.49 40.31	150m: 1:58.02 200m: 2:40.54	42.22 42.52	250m: 3:22.92 300m: 4:05.47	42.38 39.86
6.	Céline Saver	Club Nautique Croix	5:26.79	204299	<b>5:28.01</b>	+0,84
	50m: 36.98 100m: 1:16.47	36.98 39.49	150m: 1:58.23 200m: 2:40.14	41.76 41.91	250m: 3:22.89 300m: 4:05.69	42.99 39.33
7.	Marjan van der Star	WS Twente	5:30.24	198403192	<b>5:29.09</b>	+0,83
	50m: 34.47 100m: 1:13.56	34.47 39.09	150m: 1:54.72 200m: 2:37.60	41.16 42.88	250m: 3:20.49 300m: 4:04.20	43.33 41.56
8.	Sandra Schellekens	Neptunus'58	5:28.23	198503416	<b>5:36.92</b>	+0,83
	50m: 36.52 100m: 1:17.65	36.52 41.13	150m: 2:00.86 200m: 2:44.52	43.21 43.66	250m: 3:28.73 300m: 4:12.82	43.42 40.68
9.	Yvette Nota - Peters	De Spatters	5:50.63	198703158	<b>5:39.66</b>	+0,88
	50m: 37.55 100m: 1:20.42	37.55 42.87	150m: 2:04.63 200m: 2:48.64	44.21 44.01	250m: 3:32.92 300m: 4:16.12	42.93 40.61
10.	Channe Noort	DAW	5:21.39	198605032	<b>5:41.05</b>	+0,79
	50m: 35.96 100m: 1:16.23	35.96 40.27	150m: 1:59.04 200m: 2:42.90	42.81 43.86	250m: 3:27.57 300m: 4:12.48	45.13 43.44
11.	Karin Hovenkamp	De Spatters	5:50.04	198701850	<b>5:41.76</b>	+0,79
	50m: 37.87 100m: 1:21.05	37.87 43.18	150m: 2:04.90 200m: 2:49.95	43.85 45.05	250m: 3:34.48 300m: 4:19.23	42.86 39.67
12.	Liesbeth van Mill	DWK	5:38.73	198702786	<b>5:56.61</b>	+0,86
	50m: 39.05 100m: 1:23.38	39.05 44.33	150m: 2:08.02 200m: 2:54.21	44.64 46.19	250m: 3:39.41 300m: 4:26.33	45.56 44.72
13.	Karin van Leersum	Piranha	5:44.66	198802658	<b>6:02.54</b>	+0,83
	50m: 40.26 100m: 1:25.10	40.26 44.84	150m: 2:11.65 200m: 2:58.57	46.55 46.92	250m: 3:45.59 300m: 4:32.34	46.14 44.06
14.	Renske Eilers	De Amer	5:44.85	198806072	<b>6:07.62</b>	+0,80
	50m: 38.74 100m: 1:23.30	38.74 44.56	150m: 2:09.49 200m: 2:56.54	46.19 47.05	250m: 3:44.09 300m: 4:31.59	49.18 46.85
15.	Angélique Rotteveel	Aquapoldro	6:22.92	198402090	<b>6:29.76</b>	+0,99
	50m: 42.54 100m: 1:30.46	42.54 47.92	150m: 2:21.07 200m: 3:10.51	50.61 49.44	250m: 4:01.96 300m: 4:51.00	50.25 48.51
16.	Marloes Rebel	WS Twente	7:16.82	198403474	<b>7:08.54</b>	+0,98
	50m: 48.90 100m: 1:41.83	48.90 52.93	150m: 2:36.12 200m: 3:31.54	54.29 55.42	250m: 4:26.66 300m: 5:22.34	55.18 51.02

Masters 30+

1.	Bianca Cox	PSV	5:06.93	198000214	<b>5:09.01</b>	+0,91
	50m: 34.50 100m: 1:13.12	34.50 38.62	150m: 1:52.31 200m: 2:32.03	39.19 39.72	250m: 3:11.62 300m: 3:51.45	39.54 38.02
2.	Stephanie Vaernewyck	MEGA	5:10.58	MEGA/352/83	<b>5:11.25</b>	+0,90
	50m: 35.64 100m: 1:13.45	35.64 37.81	150m: 1:52.99 200m: 2:32.27	39.54 39.28	250m: 3:12.38 300m: 3:51.99	40.52 38.74
3.	Roos van Esch	TRB-RES	5:16.31	198200468	<b>5:16.41</b>	+0,83
	50m: 37.47 100m: 1:17.28	37.47 39.81	150m: 1:57.46 200m: 2:37.43	40.18 39.97	250m: 3:17.40 300m: 3:57.27	40.29 38.85
4.	Anke Lambooj	AZL	5:28.80	198001182	<b>5:16.93</b>	+0,86
	50m: 33.68 100m: 1:11.88	33.68 38.20	150m: 1:52.10 200m: 2:33.22	40.22 41.12	250m: 3:14.19 300m: 3:55.54	41.27 40.12
5.	Linda Hoogendam	Zoetermeer	5:09.83	198300892	<b>5:20.70</b>	+0,76
	50m: 35.61 100m: 1:16.36	35.61 40.75	150m: 1:57.99 200m: 2:39.81	41.63 41.82	250m: 3:21.04 300m: 4:02.47	40.28 37.95
6.	Yvonne Gerritsen	WVZ	5:21.18	198000342	<b>5:38.90</b>	+0,84
	50m: 37.31 100m: 1:19.15	37.31 41.84	150m: 2:01.47 200m: 2:44.65	42.32 43.18	250m: 3:28.09 300m: 4:12.45	44.21 42.24
7.	Natascha Hartman	PSV	5:59.43	198101780	<b>5:46.53</b>	+0,99
	50m: 37.25 100m: 1:20.17	37.25 42.92	150m: 2:04.90 200m: 2:49.23	44.73 44.33	250m: 3:33.98 300m: 4:18.33	45.05 43.15
8.	Carmen Haan	De Spatters	5:41.96	197901458	<b>5:46.64</b>	+1,06
	50m: 37.67 100m: 1:19.84	37.67 42.17	150m: 2:03.96 200m: 2:48.46	44.12 44.50	250m: 3:33.36 300m: 4:18.16	44.66 43.82

Programmanr. 16, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
9.	Yvette Roozen	DWT	5:55.44	198000926	<b>5:53.14</b>	+0,82	
	50m: 37.90 100m: 1:21.31	37.90 43.41	150m: 2:06.31 200m: 2:51.73	45.00 45.42	250m: 3:37.24 300m: 4:23.19	350m: 5:08.60 400m: 5:53.14	45.41 44.54
10.	Angela Giezen	Montferland	6:25.77	198302796	<b>6:26.79</b>	+1,01	
	50m: 41.97 100m: 1:30.13	41.97 48.16	150m: 2:20.84 200m: 3:11.49	50.71 50.65	250m: 4:02.02 300m: 4:50.83	350m: 5:41.08 400m: 6:26.79	50.25 45.71
11.	Marjolein Kiewiet	Aquapoldro	6:27.14	197901404	<b>6:31.93</b>	+1,03	
	50m: 41.60 100m: 1:29.83	41.60 48.23	150m: 2:20.70 200m: 3:10.99	50.87 50.29	250m: 4:02.20 300m: 4:52.39	350m: 5:43.63 400m: 6:31.93	51.24 48.30
12.	Rianne van Vegchelen	Deltasteur	6:45.63	198101530	<b>6:38.70</b>	+1,13	
	50m: 43.53 100m: 1:32.49	43.53 48.96	150m: 2:22.72 200m: 3:14.54	50.23 51.82	250m: 4:06.30 300m: 4:58.56	350m: 5:51.33 400m: 6:38.70	52.77 47.37

Masters 35+

1.	Liselotte Joling	PSV	5:03.09	197500268	<b>5:00.00</b>	+0,96	
	50m: 34.11 100m: 1:12.20	34.11 38.09	150m: 1:50.77 200m: 2:29.77	38.57 39.00	250m: 3:06.86 300m: 3:45.01	350m: 4:22.73 400m: 5:00.00	37.72 37.27
2.	Babette Rens	Dedemvaart-AC	6:02.88	197801200	<b>5:56.58</b>	+0,90	
	50m: 38.58 100m: 1:21.63	38.58 43.05	150m: 2:05.65 200m: 2:51.26	44.02 45.61	250m: 3:37.06 300m: 4:23.71	350m: 5:10.64 400m: 5:56.58	46.93 45.94
3.	Jannie Vennik	HZ&PC Heerenveen	5:57.67	197601006	<b>6:13.67</b>	+0,90	
	50m: 41.54 100m: 1:27.39	41.54 45.85	150m: 2:15.70 200m: 3:04.02	48.31 48.32	250m: 3:52.87 300m: 4:41.38	350m: 5:29.35 400m: 6:13.67	47.97 44.32
4.	Anneke de Groot	De Fuut	6:07.55	197701140	<b>6:24.15</b>	+0,83	
	50m: 41.48 100m: 1:28.05	41.48 46.57	150m: 2:16.41 200m: 3:05.99	48.36 49.58	250m: 3:56.25 300m: 4:46.36	350m: 5:36.26 400m: 6:24.15	49.90 47.89
5.	Margriet Leeffers	Deltasteur	6:17.93	197800448	<b>6:27.54</b>	+1,00	
	50m: 40.66 100m: 1:26.68	40.66 46.02	150m: 2:15.99 200m: 3:05.86	49.31 49.87	250m: 3:56.63 300m: 4:47.58	350m: 5:38.01 400m: 6:27.54	50.43 49.53
6.	Clementine van Bruxvoort	ZPB H&L Productions	6:47.04	197700138	<b>6:59.72</b>	+0,87	
	50m: 45.42 100m: 1:37.70	45.42 52.28	150m: 2:31.68 200m: 3:25.36	53.98 53.68	250m: 4:20.46 300m: 5:15.42	350m: 6:10.20 400m: 6:59.72	54.78 49.52
7.	Fabienne Verriet-Regensburg	Njord	7:15.93	197500428	<b>7:34.08</b>	+0,82	
	50m: 49.94 100m: 1:46.53	49.94 56.59	150m: 2:44.68 200m: 3:43.81	58.15 59.13	250m: 4:42.17 300m: 5:40.71	350m: 6:38.74 400m: 7:34.08	58.03 55.34

Masters 40+

1.	Karin Stein	ZVVS	4:56.66	197100554	<b>5:01.92</b>	+0,86	
	50m: 34.40 100m: 1:11.84	34.40 37.44	150m: 1:50.41 200m: 2:28.93	38.57 38.52	250m: 3:07.85 300m: 3:46.21	350m: 4:24.82 400m: 5:01.92	38.61 37.10
2.	Heidi van Stein	LZ 1886	4:59.03	196900864	<b>5:05.58</b>	+0,80	
	50m: 32.48 100m: 1:09.05	32.48 36.57	150m: 1:47.64 200m: 2:26.53	38.59 38.89	250m: 3:06.11 300m: 3:45.84	350m: 4:26.16 400m: 5:05.58	40.32 39.42
3.	Annette de Visser	Oceanus	5:21.12	197100602	<b>5:23.70</b>	+0,81	
	50m: 35.81 100m: 1:15.06	35.81 39.25	150m: 1:56.35 200m: 2:38.32	41.29 41.97	250m: 3:20.47 300m: 4:02.34	350m: 4:43.87 400m: 5:23.70	41.53 39.83
4.	Nicole Vrijhoeven	PSV	5:49.18	196900834	<b>5:48.85</b>	+0,57	
	50m: 40.35 100m: 1:23.41	40.35 43.06	150m: 2:08.00 200m: 2:52.57	44.59 44.57	250m: 3:37.49 300m: 4:22.19	350m: 5:07.06 400m: 5:48.85	44.87 41.79
5.	Renata van Essen	Zuiderzeewimmers	5:51.00	197300740	<b>5:51.87</b>	+0,74	
	50m: 38.60 100m: 1:21.50	38.60 42.90	150m: 2:06.10 200m: 2:51.53	44.60 45.43	250m: 3:37.61 300m: 4:23.31	350m: 5:08.84 400m: 5:51.87	45.53 43.03
6.	Natacha Van Hoof	ShaRK	5:44.20	SHARK/260/73	<b>5:52.37</b>	+0,93	
	50m: 40.06 100m: 1:24.43	40.06 44.37	150m: 2:09.73 200m: 2:54.84	45.30 45.11	250m: 3:38.79 300m: 4:23.88	350m: 5:08.43 400m: 5:52.37	44.55 43.94
7.	Dianne Nien	RZ	5:19.60	197100452	<b>6:01.24</b>	+0,83	
	50m: 38.58 100m: 1:24.48	38.58 45.90	150m: 2:10.34 200m: 2:57.39	45.86 47.05	250m: 3:44.40 300m: 4:31.26	350m: 5:17.69 400m: 6:01.24	46.43 43.55
8.	Annet Kootstra	Swol 1894	6:00.56	197100344	<b>6:04.22</b>	+0,94	
	50m: 39.22 100m: 1:24.79	39.22 45.57	150m: 2:10.80 200m: 2:58.29	46.01 47.49	250m: 3:44.45 300m: 4:32.12	350m: 5:18.15 400m: 6:04.22	46.03 46.07



Programmanr. 16, Dames, 400m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
9.	Pascalie Neiss-Janssen	De Roersoppers	6:02.76	197300852	<b>6:06.91</b>	+1,00
	50m: 40.03 40.03	150m: 2:11.92 47.02	250m: 3:47.10 47.98	350m: 5:21.79 47.76		
	100m: 1:24.90 44.87	200m: 2:59.12 47.20	300m: 4:34.03 46.93	400m: 6:06.91 45.12		
10.	Natalie van den Broek	Nautilus	6:19.95	197300810	<b>6:27.57</b>	+0,98
	50m: 40.96 40.96	150m: 2:14.48 48.47	250m: 3:55.21 51.37	350m: 5:39.12 51.97		
	100m: 1:26.01 45.05	200m: 3:03.84 49.36	300m: 4:47.15 51.94	400m: 6:27.57 48.45		
11.	Kristien Van de Moortel	ShaRK	6:26.72	SHARK/315/69	<b>6:46.42</b>	+0,84
	50m: 44.45 44.45	150m: 2:28.50 52.30	250m: 4:11.77 51.18	350m: 5:56.27 51.87		
	100m: 1:36.20 51.75	200m: 3:20.59 52.09	300m: 5:04.40 52.63	400m: 6:46.42 50.15		
12.	Greta Wyma-Teitsma	DWK	6:58.31	197100696	<b>6:52.87</b>	+0,94
	50m: 43.63 43.63	150m: 2:28.36 53.23	250m: 4:15.17 52.27	350m: 6:00.26 51.69		
	100m: 1:35.13 51.50	200m: 3:22.90 54.54	300m: 5:08.57 53.40	400m: 6:52.87 52.61		
13.	Evelien Bremar-Alers	Nautilus	6:58.35	197200878	<b>7:29.76</b>	+0,89
	50m: 44.88 44.88	150m: 2:31.55 55.36	250m: 4:28.77 59.05	350m: 6:30.00 1:01.21		
	100m: 1:36.19 51.31	200m: 3:29.72 58.17	300m: 5:28.79 1:00.02	400m: 7:29.76 59.76		
AFGEM	Grith Sigsgaard	Zwemlust-den Hommel	4:49.48	197200772		

Masters 45+

1.	Bridget Bewick	Maidenhead ASC	5:09.06	462298	<b>5:18.52</b>	+1,00
	50m: 35.77 35.77	150m: 1:55.27 40.82	250m: 3:17.67 41.21	350m: 4:39.38 41.31		
	100m: 1:14.45 38.68	200m: 2:36.46 41.19	300m: 3:58.07 40.40	400m: 5:18.52 39.14		
2.	Chita van der Goorbergh	Zoetermeer	5:12.88	196800762	<b>5:28.88</b>	+0,81
	50m: 36.02 36.02	150m: 1:58.72 41.89	250m: 3:23.57 42.18	350m: 4:48.09 41.93		
	100m: 1:16.83 40.81	200m: 2:41.39 42.67	300m: 4:06.16 42.59	400m: 5:28.88 40.79		
3.	Claudia Goldschmidt	Maidenhead Marlins ASC	5:32.40	954626	<b>5:29.48</b>	+0,92
	50m: 36.54 36.54	150m: 2:00.19 42.09	250m: 3:26.35 42.84	350m: 4:50.70 41.20		
	100m: 1:18.10 41.56	200m: 2:43.51 43.32	300m: 4:09.50 43.15	400m: 5:29.48 38.78		
4.	Petra Casteleijn	AZ&PC	5:30.85	196600098	<b>5:29.56</b>	+0,88
	50m: 36.32 36.32	150m: 1:57.07 41.31	250m: 3:22.48 43.43	350m: 4:48.97 43.25		
	100m: 1:15.76 39.44	200m: 2:39.05 41.98	300m: 4:05.72 43.24	400m: 5:29.56 40.59		
5.	Henriëtte v. Norden	AZ&PC	5:34.67	196800046	<b>5:31.27</b>	+0,94
	50m: 36.70 36.70	150m: 2:00.14 42.82	250m: 3:26.36 43.07	350m: 4:51.94 42.81		
	100m: 1:17.32 40.62	200m: 2:43.29 43.15	300m: 4:09.13 42.77	400m: 5:31.27 39.33		
6.	Susanne Prins - Molenwijk	SBC2000	5:41.29	196600284	<b>5:41.17</b>	+0,87
	50m: 38.80 38.80	150m: 2:04.70 43.39	250m: 3:31.30 43.42	350m: 4:58.18 43.72		
	100m: 1:21.31 42.51	200m: 2:47.88 43.18	300m: 4:14.46 43.16	400m: 5:41.17 42.99		
7.	Marion Broekhuis	WS Twente	5:54.85	196800060	<b>5:48.83</b>	+0,86
	50m: 38.93 38.93	150m: 2:07.04 44.96	250m: 3:37.12 44.91	350m: 5:05.83 44.10		
	100m: 1:22.08 43.15	200m: 2:52.21 45.17	300m: 4:21.73 44.61	400m: 5:48.83 43.00		
8.	Maud Peuten-Evers	Swimteam Helden-Mosa (SG)	6:37.14	196400584	<b>6:40.79</b>	+1,16
	50m: 44.88 44.88	150m: 2:25.92 51.96	250m: 4:08.41 51.99	350m: 5:50.99 51.60		
	100m: 1:33.96 49.08	200m: 3:16.42 50.50	300m: 4:59.39 50.98	400m: 6:40.79 49.80		
9.	Ingeborg Stokx	DAW	7:01.15	196700666	<b>6:45.91</b>	+0,64
	50m: 43.94 43.94	150m: 2:26.94 52.73	250m: 4:12.21 54.33	350m: 5:57.69 52.96		
	100m: 1:34.21 50.27	200m: 3:17.88 50.94	300m: 5:04.73 52.52	400m: 6:45.91 48.22		
10.	Ymke Snellen van Vollenhoven	PSV	6:49.83	196800836	<b>6:47.69</b>	
	50m: 43.81 43.81	150m: 2:27.45 53.72	250m: 4:14.71 53.42	350m: 5:59.59 51.75		
	100m: 1:33.73 49.92	200m: 3:21.29 53.84	300m: 5:07.84 53.13	400m: 6:47.69 48.10		
11.	Betty van Kemenade	PSV	7:00.06	196800832	<b>6:52.93</b>	+1,10
	50m: 45.46 45.46	150m: 2:28.11 51.87	250m: 4:15.66 53.79	350m: 6:01.43 52.68		
	100m: 1:36.24 50.78	200m: 3:21.87 53.76	300m: 5:08.75 53.09	400m: 6:52.93 51.50		
12.	Els De Keyzer	MZVA	7:00.64	MZVA/052/65	<b>7:06.73</b>	+0,95
	50m: 45.65 45.65	150m: 2:31.76 55.13	250m: 4:24.15 56.77	350m: 6:15.34 54.90		
	100m: 1:36.63 50.98	200m: 3:27.38 55.62	300m: 5:20.44 56.29	400m: 7:06.73 51.39		
13.	Ann Vandembrouck	Royal Ostend SC	8:02.51	ROSC/321/65	<b>8:00.88</b>	+0,96
	50m: 46.65 46.65	150m: 2:43.43 59.96	250m: 4:51.15 1:04.16	350m: 6:58.65 1:03.10		
	100m: 1:43.47 56.82	200m: 3:46.99 1:03.56	300m: 5:55.55 1:04.40	400m: 8:00.88 1:02.23		

Programmanr. 16, Dames, 400m vrije slag

Masters 50+

1. Francine Sommer	Triton	5:41.51	196200384	<b>5:44.38</b>	+0,83
50m: 37.43	150m: 2:03.37	44.42	250m: 3:33.68	45.65	350m: 5:01.80
100m: 1:18.95	200m: 2:48.03	44.66	300m: 4:18.35	44.67	400m: 5:44.38
					42.58
2. Inge Wolfs	PLONS	5:48.77	196000304	<b>5:45.19</b>	+0,95
50m: 38.94	150m: 2:07.43	44.71	250m: 3:36.78	44.40	350m: 5:03.60
100m: 1:28.72	200m: 2:52.38	44.95	300m: 4:21.28	44.50	400m: 5:45.19
					42.32
					41.59
3. Patty Verhagen	PSV	5:29.75	195900146	<b>5:49.55</b>	+0,74
50m: 39.86	150m: 2:06.75	44.00	250m: 3:36.08	44.80	350m: 5:05.81
100m: 1:22.75	200m: 2:51.28	44.53	300m: 4:20.90	44.82	400m: 5:49.55
					43.74
4. Petra Tossings	DAW	6:22.41	196100376	<b>6:22.02</b>	+0,78
50m: 41.23	150m: 2:16.54	48.56	250m: 3:54.54	49.12	350m: 5:34.64
100m: 1:27.98	200m: 3:05.42	48.88	300m: 4:44.56	50.02	400m: 6:22.02
					50.08
					47.38
5. Katinka Elders	Oceanus	6:25.46	196000292	<b>6:25.67</b>	+0,77
50m: 41.78	150m: 2:17.23	48.69	250m: 3:57.82	50.45	350m: 5:37.45
100m: 1:28.54	200m: 3:07.37	50.14	300m: 4:48.14	50.32	400m: 6:25.67
					49.31
					48.22
6. Els Laureys	MZVA	7:07.54	MZVA/039/63	<b>7:06.54</b>	+1,08
50m: 47.34	150m: 2:36.61	55.83	250m: 4:25.73	54.20	350m: 6:16.07
100m: 1:40.78	200m: 3:31.53	54.92	300m: 5:21.16	55.43	400m: 7:06.54
					54.91
					50.47

Masters 55+

1. Dorothy Ledwith <i>IMR</i>	Ennis Masters	5:48.02	10009706	<b>5:46.55</b>	+0,81
50m: 38.90	150m: 2:05.40	43.76	250m: 3:34.67	44.62	350m: 5:04.38
100m: 1:21.64	200m: 2:50.05	44.65	300m: 4:19.75	45.08	400m: 5:46.55
					44.63
					42.17
2. Margriet Pasma	De Pinquin	6:00.42	195500088	<b>6:12.61</b>	+0,99
50m: 42.58	150m: 2:18.13	48.11	250m: 3:54.71	47.88	350m: 5:29.19
100m: 1:30.02	200m: 3:06.83	48.70	300m: 4:43.09	48.38	400m: 6:12.61
					46.10
					43.42
3. Rona Eijkelhoff	Aqua-Novio'94	6:30.51	195600026	<b>6:37.87</b>	+0,94
50m: 44.98	150m: 2:25.37	50.86	250m: 4:07.60	51.62	350m: 5:49.95
100m: 1:34.51	200m: 3:15.98	50.61	300m: 4:58.82	51.22	400m: 6:37.87
					51.13
					47.92
4. Lies Hartman	VfR Übach-Palenberg	9:30.12	164684	<b>9:46.32</b>	+1,17
50m: 59.36	150m: 3:30.21	1:19.30	250m: 6:03.27	1:17.30	350m: 8:34.46
100m: 2:10.91	200m: 4:45.97	1:15.76	300m: 7:18.45	1:15.18	400m: 9:46.32
					1:16.01
					1:11.86

Masters 60+

1. Ineke Meijer	HZ&PC Heerenveen	6:51.83	195200034	<b>6:58.99</b>	+0,88
50m: 46.54	150m: 2:33.27	54.08	250m: 4:23.60	54.81	350m: 6:10.97
100m: 1:39.19	200m: 3:28.79	55.52	300m: 5:17.78	54.18	400m: 6:58.99
					53.19
					48.02
2. Gonnie Bak	PSV	7:38.32	195100064	<b>7:20.49</b>	+0,86
50m: 47.80	150m: 2:41.06	57.58	250m: 4:34.81	57.39	350m: 6:28.46
100m: 1:43.48	200m: 3:37.42	56.36	300m: 5:31.85	57.04	400m: 7:20.49
					56.61
					52.03
3. Corine Kalbfleisch	DWT	7:33.88	195200024	<b>7:26.88</b>	+1,16
50m: 46.35	150m: 2:38.54	56.60	250m: 4:36.80	58.80	350m: 6:33.07
100m: 1:41.94	200m: 3:38.00	59.46	300m: 5:36.62	59.82	400m: 7:26.88
					56.45
					53.81

Masters 65+

1. Annie Smits	PSV	7:06.82	194600016	<b>7:35.18</b>	+1,31
50m: 51.27	150m: 2:43.69	56.93	250m: 4:40.91	59.08	350m: 6:39.61
100m: 1:46.76	200m: 3:41.83	58.14	300m: 5:40.46	59.55	400m: 7:35.18
					55.57
2. Matty van der Veen	Old Dutch	7:09.20	194400020	<b>7:43.91</b>	
50m: 50.09	150m: 2:42.11	58.28	250m: 4:41.63	1:00.81	350m: 6:43.99
100m: 1:43.83	200m: 3:40.82	58.71	300m: 5:41.52	59.89	400m: 7:43.91
					1:02.47
					59.92
3. Greet Brehler-Middag	Hatto Heim	8:19.37	194400004	<b>8:44.70</b>	+1,19
50m: 57.94	150m: 3:10.85	1:07.91	250m: 5:25.93	1:08.32	350m: 7:40.46
100m: 2:02.94	200m: 4:17.61	1:06.76	300m: 6:33.01	1:07.08	400m: 8:44.70
					1:07.45
					1:04.24

Programmanr. 16, Dames, 400m vrije slag

Masters 70+

1. Gitti Wahl		VfR Übach-Palenberg	8:55.78	164688	<b>9:03.93</b>	+1,07	
50m: 1:00.56	1:00.56	150m: 3:20.50	1:12.46	250m: 5:38.66	1:08.70	350m: 7:57.02	1:09.71
100m: 2:08.04	1:07.48	200m: 4:29.96	1:09.46	300m: 6:47.31	1:08.65	400m: 9:03.93	1:06.91
2. Liesbeth ter Laak		PSV	11:48.87	194200008	<b>12:23.50</b>	+1,37	
50m: 1:19.31	1:19.31	150m: 4:28.83	1:38.26	250m: 7:39.48	1:37.17	350m: 10:51.05	1:35.96
100m: 2:50.57	1:31.26	200m: 6:02.31	1:33.48	300m: 9:15.09	1:35.61	400m: 12:23.50	1:32.45

Programmanr. 17  
04-05-2013 - 10:14

Heren, 400m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
<b>Masters 20+</b>								
1.	Jan-Willem v.d. Graaff <i>Kampioenschaps Record</i>	Het Y	4:20.75	198901023	<b>4:23.97</b>	+0,68		
	50m: 30.71	30.71	150m: 1:38.05	33.68	250m: 2:45.45	33.10	350m: 3:51.76	32.89
	100m: 1:04.37	33.66	200m: 2:12.35	34.30	300m: 3:18.87	34.42	400m: 4:23.97	32.21
2.	Joost Rijntjes	LZ 1886	4:23.69	199101899	<b>4:31.38</b>	+0,80		
	50m: 29.89	29.89	150m: 1:38.26	34.46	250m: 2:47.83	34.33	350m: 3:57.51	34.54
	100m: 1:03.80	33.91	200m: 2:13.50	35.24	300m: 3:22.97	35.14	400m: 4:31.38	33.87
3.	Raoul Engelenburg	Het Y	4:28.10	198900843	<b>4:34.31</b>	+0,62		
	50m: 31.42	31.42	150m: 1:41.37	35.38	250m: 2:51.78	35.05	350m: 4:01.24	33.82
	100m: 1:05.99	34.57	200m: 2:16.73	35.36	300m: 3:27.42	35.64	400m: 4:34.31	33.07
4.	Tim Bunnik	Triton	4:27.60	199000505	<b>4:40.68</b>	+0,79		
	50m: 30.67	30.67	150m: 1:41.95	36.38	250m: 2:53.96	35.37	350m: 4:05.21	35.41
	100m: 1:05.57	34.90	200m: 2:18.59	36.64	300m: 3:29.80	35.84	400m: 4:40.68	35.47
5.	Maik Steenkamp	Montferland	4:52.45	199103847	<b>4:46.73</b>			
	50m: 31.63	31.63	150m: 1:43.70	36.23	250m: 2:56.34	36.30	350m: 4:11.11	37.69
	100m: 1:07.47	35.84	200m: 2:20.04	36.34	300m: 3:33.42	37.08	400m: 4:46.73	35.62
6.	Stefan Grudelbach	ZVVS	5:06.80	199202073	<b>5:14.28</b>	+0,74		
	50m: 32.91	32.91	150m: 1:49.79	39.94	250m: 3:11.39	41.61	350m: 4:34.47	41.81
	100m: 1:09.85	36.94	200m: 2:29.78	39.99	300m: 3:52.66	41.27	400m: 5:14.28	39.81
7.	Roel van Beek	Montferland	5:06.87	198905861	<b>5:17.61</b>	+0,90		
	50m: 35.86	35.86	150m: 1:54.63	40.28	250m: 3:16.75	41.40	350m: 4:38.45	40.75
	100m: 1:14.35	38.49	200m: 2:35.35	40.72	300m: 3:57.70	40.95	400m: 5:17.61	39.16
8.	Danny Vochteloo	De Spatters	6:49.92	199207251	<b>6:37.59</b>			
	50m: 45.15	45.15	150m: 2:26.38	51.23	250m: 4:09.09	51.47	350m: 5:53.32	52.28
	100m: 1:35.15	50.00	200m: 3:17.62	51.24	300m: 5:01.04	51.95	400m: 6:37.59	44.27
<b>Masters 25+</b>								
1.	Erik Schröder	TriVia	4:06.32	198402025	<b>4:26.11</b>	+0,82		
	50m: 30.47	30.47	150m: 1:38.07	34.07	250m: 2:45.47	33.25	350m: 3:52.93	33.59
	100m: 1:04.00	33.53	200m: 2:12.22	34.15	300m: 3:19.34	33.87	400m: 4:26.11	33.18
2.	Sander Bouts	RZ	4:44.66	198500331	<b>4:38.20</b>	+0,91		
	50m: 30.93	30.93	150m: 1:40.27	34.90	250m: 2:51.10	35.40	350m: 4:02.68	35.65
	100m: 1:05.37	34.44	200m: 2:15.70	35.43	300m: 3:27.03	35.93	400m: 4:38.20	35.52
3.	Ralf van der Poel	Zuiderzeezwimmers	4:43.13	198401783	<b>4:44.21</b>	+0,74		
	50m: 30.21	30.21	150m: 1:39.69	35.35	250m: 2:53.66	37.21	350m: 4:08.72	37.26
	100m: 1:04.34	34.13	200m: 2:16.45	36.76	300m: 3:31.46	37.80	400m: 4:44.21	35.49
4.	Klaas van Beek	ZV Haerlem	4:50.76	198805941	<b>4:55.21</b>	+0,72		
	50m: 31.18	31.18	150m: 1:42.81	36.29	250m: 2:59.61	38.64	350m: 4:17.30	38.98
	100m: 1:06.52	35.34	200m: 2:20.97	38.16	300m: 3:38.32	38.71	400m: 4:55.21	37.91
5.	Rick Driezen	Steenwijk 1934	5:10.25	198600713	<b>5:04.05</b>	+0,85		
	50m: 32.64	32.64	150m: 1:48.79	38.93	250m: 3:09.26	40.89	350m: 4:27.85	38.80
	100m: 1:09.86	37.22	200m: 2:28.37	39.58	300m: 3:49.05	39.79	400m: 5:04.05	36.20
6.	Pascal van Kassel	Triton	5:12.34	198501289	<b>5:16.58</b>			
	50m: 33.56	33.56	150m: 1:51.80	40.25	250m: 3:15.01	42.25	350m: 4:39.74	42.96
	100m: 1:11.55	37.99	200m: 2:32.76	40.96	300m: 3:56.78	41.77	400m: 5:16.58	36.84

Programmanr. 17, Heren, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Robin Dellaert	Scheldestroom	4:56.37	198800745	<b>5:17.25</b>	+0,88		
	50m: 32.86	32.86	150m: 1:49.96	39.65	250m: 3:13.26	41.72	350m: 4:37.59	40.87
	100m: 1:10.31	37.45	200m: 2:31.54	41.58	300m: 3:56.72	43.46	400m: 5:17.25	39.66
8.	Remco Joukes	Triton	5:24.43	198801763	<b>5:43.67</b>			
	50m: 33.62	33.62	150m: 1:53.97	41.81	250m: 3:25.04	46.27	350m: 4:57.91	46.86
	100m: 1:12.16	38.54	200m: 2:38.77	44.80	300m: 4:11.05	46.01	400m: 5:43.67	45.76

Masters 30+

1.	Alexander Hulleman	Steenwijk 1934	4:22.09	198300989	<b>4:29.94</b>			
	50m: 30.59	30.59	150m: 1:37.86	34.03	250m: 2:47.76	35.23	350m: 3:56.57	34.63
	100m: 1:03.83	33.24	200m: 2:12.53	34.67	300m: 3:21.94	34.18	400m: 4:29.94	33.37
2.	Kristiaan Lenos	LZ 1886	4:17.45	198301331	<b>4:34.70</b>	+0,78		
	50m: 29.54	29.54	150m: 1:37.47	34.96	250m: 2:47.89	35.02	350m: 4:00.21	36.65
	100m: 1:02.51	32.97	200m: 2:12.87	35.40	300m: 3:23.56	35.67	400m: 4:34.70	34.49
3.	Marcel Reefhuis	WS Twente	4:43.72	198101381	<b>4:46.04</b>	+0,84		
	50m: 32.08	32.08	150m: 1:43.44	36.01	250m: 2:56.63	36.50	350m: 4:10.42	36.91
	100m: 1:07.43	35.35	200m: 2:20.13	36.69	300m: 3:33.51	36.88	400m: 4:46.04	35.62
4.	Mark Zwart	Zwemlust-den Hommel	4:42.55	197901461	<b>4:51.49</b>	+0,81		
	50m: 31.25	31.25	150m: 1:43.07	36.93	250m: 2:58.82	37.89	350m: 4:14.68	37.26
	100m: 1:06.14	34.89	200m: 2:20.93	37.86	300m: 3:37.42	38.60	400m: 4:51.49	36.81
5.	Jim Geestman	RSW (SG)	4:57.42	198300699	<b>4:55.28</b>	+0,84		
	50m: 31.91	31.91	150m: 1:43.88	36.33	250m: 3:00.42	38.34	350m: 4:18.97	39.16
	100m: 1:07.55	35.64	200m: 2:22.08	38.20	300m: 3:39.81	39.39	400m: 4:55.28	36.31
6.	Jeroen Vogelsang	DAW	4:49.19	198001645	<b>4:59.35</b>	+0,86		
	50m: 32.63	32.63	150m: 1:46.67	37.50	250m: 3:03.63	38.31	350m: 4:21.33	38.10
	100m: 1:09.17	36.54	200m: 2:25.32	38.65	300m: 3:43.23	39.60	400m: 4:59.35	38.02
7.	Jetse Scholma	Arethusa	4:54.43	197901973	<b>5:08.26</b>	+1,07		
	50m: 32.11	32.11	150m: 1:46.21	38.31	250m: 3:06.05	40.51	350m: 4:27.81	41.11
	100m: 1:07.90	35.79	200m: 2:25.54	39.33	300m: 3:46.70	40.65	400m: 5:08.26	40.45
8.	Peter Eshuis	DBD	5:41.17	198000375	<b>5:09.48</b>	+0,88		
	50m: 32.44	32.44	150m: 1:49.58	39.55	250m: 3:10.38	40.56	350m: 4:31.36	40.03
	100m: 1:10.03	37.59	200m: 2:29.82	40.24	300m: 3:51.33	40.95	400m: 5:09.48	38.12
9.	Bas v.d. Laan	WVZ	4:54.39	198302471	<b>5:13.12</b>	+0,91		
	50m: 31.29	31.29	150m: 1:45.72	38.28	250m: 3:08.10	40.72	350m: 4:31.96	42.72
	100m: 1:07.44	36.15	200m: 2:27.38	41.66	300m: 3:49.24	41.14	400m: 5:13.12	41.16

Masters 35+

1.	Jeroen Van Den Bosch	RSCM	4:28.18	RSCM/074/75	<b>4:37.16</b>	+0,78		
	50m: 31.02	31.02	150m: 1:41.28	35.56	250m: 2:52.71	36.65	350m: 4:03.52	35.05
	100m: 1:05.72	34.70	200m: 2:17.06	35.78	300m: 3:28.47	35.76	400m: 4:37.16	33.64
2.	Ivo Roozeboom	WVZ	4:28.83	197700801	<b>4:40.21</b>	+0,80		
	50m: 30.47	30.47	150m: 1:42.44	36.32	250m: 2:54.97	35.87	350m: 4:05.86	35.06
	100m: 1:06.12	35.65	200m: 2:19.10	36.66	300m: 3:30.80	35.83	400m: 4:40.21	34.35
3.	Dennis Brouwers	HZPC	4:37.42	197800167	<b>4:44.93</b>	+0,84		
	50m: 31.81	31.81	150m: 1:43.19	36.68	250m: 2:55.59	35.56	350m: 4:08.32	37.26
	100m: 1:06.51	34.70	200m: 2:20.03	36.84	300m: 3:31.06	35.47	400m: 4:44.93	36.61
4.	Robin Sprinkhuizen	De Zijl/LGB	4:48.72	197400767	<b>4:51.36</b>	+0,85		
	50m: 31.36	31.36	150m: 1:43.07	36.23	250m: 2:57.96	37.26	350m: 4:14.19	37.50
	100m: 1:06.84	35.48	200m: 2:20.70	37.63	300m: 3:36.69	38.73	400m: 4:51.36	37.17
5.	Michel Bogaerts	SCZ-Zaventem	4:58.53	SCZ/008/75	<b>4:55.89</b>	+0,84		
	50m: 32.04	32.04	150m: 1:44.98	37.50	250m: 3:01.43	38.55	350m: 4:18.68	38.79
	100m: 1:07.48	35.44	200m: 2:22.88	37.90	300m: 3:39.89	38.46	400m: 4:55.89	37.21
6.	Kars Luttk	DAW	4:49.45	197800675	<b>5:00.77</b>	+0,86		
	50m: 32.52	32.52	150m: 1:46.95	38.00	250m: 3:04.28	38.65	350m: 4:22.90	39.28
	100m: 1:08.95	36.43	200m: 2:25.63	38.68	300m: 3:43.62	39.34	400m: 5:00.77	37.87
7.	Svet Gavrilov	GLS Ketelbinkie	5:04.29	197501263	<b>5:13.01</b>	+0,79		
	50m: 34.83	34.83	150m: 1:52.48	39.32	250m: 3:12.10	40.12	350m: 4:33.52	40.93
	100m: 1:13.16	38.33	200m: 2:31.98	39.50	300m: 3:52.59	40.49	400m: 5:13.01	39.49
8.	Markus van Rest	Zoetermeer	5:20.10	197701197	<b>5:17.68</b>	+0,80		
	50m: 34.53	34.53	150m: 1:55.32	41.25	250m: 3:18.65	41.90	350m: 4:40.93	40.84
	100m: 1:14.07	39.54	200m: 2:36.75	41.43	300m: 4:00.09	41.44	400m: 5:17.68	36.75



Programmanr. 17, Heren, 400m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
9.	Daniel Wencker	Avan Villeneuve-D'Ascq	5:06.00	1540660	<b>5:20.67</b>	+0,85		
	50m: 35.68	35.68	150m: 1:55.43	40.57	250m: 3:19.17	42.15	350m: 4:42.02	41.33
	100m: 1:14.86	39.18	200m: 2:37.02	41.59	300m: 4:00.69	41.52	400m: 5:20.67	38.65

Masters 40+

1.	Arjan Bellaart	Oceanus	4:47.98	196900079	<b>4:51.61</b>	+0,72		
	50m: 31.45	31.45	150m: 1:43.16	36.24	250m: 2:57.23	37.04	350m: 4:12.92	38.38
	100m: 1:06.92	35.47	200m: 2:20.19	37.03	300m: 3:34.54	37.31	400m: 4:51.61	38.69
2.	René Beetsma	HZ&PC Heerenveen	4:39.97	196900069	<b>4:55.82</b>	+0,77		
	50m: 33.73	33.73	150m: 1:48.03	37.38	250m: 3:03.33	37.43	350m: 4:18.68	37.83
	100m: 1:10.65	36.92	200m: 2:25.90	37.87	300m: 3:40.85	37.52	400m: 4:55.82	37.14
3.	Agnus Gerringa	Zuiderzeezwemmers	5:10.73	197100285	<b>5:04.76</b>	+0,88		
	50m: 31.53	31.53	150m: 1:45.97	38.59	250m: 3:05.61	40.04	350m: 4:26.21	40.59
	100m: 1:07.38	35.85	200m: 2:25.57	39.60	300m: 3:45.62	40.01	400m: 5:04.76	38.55
4.	Ferry Adema	D'Elft WAVE (SG)	4:58.84	197100007	<b>5:06.20</b>	+0,79		
	50m: 32.69	32.69	150m: 1:48.55	39.01	250m: 3:08.37	40.36	350m: 4:28.71	40.41
	100m: 1:09.54	36.85	200m: 2:28.01	39.46	300m: 3:48.30	39.93	400m: 5:06.20	37.49
5.	Gerald Hösl	SC Winterthur	5:32.27	0007586-1	<b>5:13.04</b>	+0,85		
	50m: 35.31	35.31	150m: 1:52.94	39.89	250m: 3:13.37	40.41	350m: 4:33.76	40.17
	100m: 1:13.05	37.74	200m: 2:32.96	40.02	300m: 3:53.59	40.22	400m: 5:13.04	39.28
6.	Kasper van den Berghe	Swol 1894	5:26.30	197301125	<b>5:20.61</b>	+0,84		
	50m: 35.50	35.50	150m: 1:55.76	40.73	250m: 3:19.17	41.53	350m: 4:41.81	41.26
	100m: 1:15.03	39.53	200m: 2:37.64	41.88	300m: 4:00.55	41.38	400m: 5:20.61	38.80
7.	Hans Schoenmakers	DAW	5:06.14	196900863	<b>5:29.19</b>	+0,81		
	50m: 34.74	34.74	150m: 1:56.46	41.68	250m: 3:21.05	42.04	350m: 4:46.92	42.77
	100m: 1:14.78	40.04	200m: 2:39.01	42.55	300m: 4:04.15	43.10	400m: 5:29.19	42.27
8.	Harry Raven	GLS Ketelinkie	5:31.75	197000831	<b>5:34.18</b>	+1,04		
	50m: 36.44	36.44	150m: 2:01.16	42.51	250m: 3:27.21	42.90	350m: 4:52.88	42.81
	100m: 1:18.65	42.21	200m: 2:44.31	43.15	300m: 4:10.07	42.86	400m: 5:34.18	41.30
9.	Wouter van der Stelt	Den Doorn	5:20.11	197200889	<b>5:39.52</b>	+0,86		
	50m: 35.62	35.62	150m: 1:58.17	42.62	250m: 3:25.76	44.63	350m: 4:55.14	44.98
	100m: 1:15.55	39.93	200m: 2:41.13	42.96	300m: 4:10.16	44.40	400m: 5:39.52	44.38
10.	Oliver Podebrad	SC Wiesbaden 1911 e.V.	5:27.11	262705	<b>5:44.75</b>	+0,82		
	50m: 37.65	37.65	150m: 2:02.91	43.16	250m: 3:31.41	44.25	350m: 4:59.96	43.96
	100m: 1:19.75	42.10	200m: 2:47.16	44.25	300m: 4:16.00	44.59	400m: 5:44.75	44.79
11.	Taco Eikelenboom	De Futen	6:09.84	196900275	<b>5:59.42</b>	+1,22		
	50m: 38.05	38.05	150m: 2:08.42	46.20	250m: 3:41.33	46.52	350m: 5:14.80	46.41
	100m: 1:22.22	44.17	200m: 2:54.81	46.39	300m: 4:28.39	47.06	400m: 5:59.42	44.62
12.	Marcel Brittijn	De Duinkickers	5:56.65	196900159	<b>6:15.75</b>	+0,78		
	50m: 37.81	37.81	150m: 2:11.00	48.32	250m: 3:50.49	49.68	350m: 5:30.88	49.83
	100m: 1:22.68	44.87	200m: 3:00.81	49.81	300m: 4:41.05	50.56	400m: 6:15.75	44.87

Masters 45+

1.	Jo-an Mudde	Zeester-Meerval	4:48.95	196701457	<b>4:49.48</b>	+0,82		
	50m: 32.65	32.65	150m: 1:44.40	36.21	250m: 2:58.34	37.13	350m: 4:12.81	37.40
	100m: 1:08.19	35.54	200m: 2:21.21	36.81	300m: 3:35.41	37.07	400m: 4:49.48	36.67
2.	Ronald van Maurik	Nat Utrecht	4:59.60	196600509	<b>4:57.83</b>	+0,82		
	50m: 33.76	33.76	150m: 1:48.82	37.80	250m: 3:04.61	37.90	350m: 4:21.53	38.25
	100m: 1:11.02	37.26	200m: 2:26.71	37.89	300m: 3:43.28	38.67	400m: 4:57.83	36.30
3.	Rene de Boer	DAW	4:58.78	196400087	<b>5:03.62</b>	+0,90		
	50m: 34.37	34.37	150m: 1:50.49	38.55	250m: 3:08.05	38.67	350m: 4:25.90	39.04
	100m: 1:11.94	37.57	200m: 2:29.38	38.89	300m: 3:46.86	38.81	400m: 5:03.62	37.72
4.	Konstantin Sklyar	TG Lage	5:11.88	321129	<b>5:04.78</b>	+0,82		
	50m: 35.62	35.62	150m: 1:52.72	38.22	250m: 3:10.47	38.95	350m: 4:28.53	38.38
	100m: 1:14.50	38.88	200m: 2:31.52	38.80	300m: 3:50.15	39.68	400m: 5:04.78	36.25
5.	Eric Verboven	Club Nautique Croix	5:18.79	732659	<b>5:18.02</b>	+0,95		
	50m: 34.79	34.79	150m: 1:55.93	41.00	250m: 3:19.18	41.34	350m: 4:41.63	40.73
	100m: 1:14.93	40.14	200m: 2:37.84	41.91	300m: 4:00.90	41.72	400m: 5:18.02	36.39
6.	André Zandberg	TRB-RES	5:21.76	196601369	<b>5:32.22</b>	+0,85		
	50m: 36.67	36.67	150m: 2:01.41	42.91	250m: 3:28.23	42.39	350m: 4:51.70	40.13
	100m: 1:18.50	41.83	200m: 2:45.84	44.43	300m: 4:11.57	43.34	400m: 5:32.22	40.52

Programmanr. 17, Heren, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Volker Mayer	Avan Villeneuve-D'Ascq	5:20.86	1468929	<b>5:36.19</b>	+0,94		
	50m: 37.37	37.37	150m: 2:03.06	43.90	250m: 3:30.02	43.02	350m: 4:55.06	41.62
	100m: 1:19.16	41.79	200m: 2:47.00	43.94	300m: 4:13.44	43.42	400m: 5:36.19	41.13
8.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	5:38.93	196501027	<b>5:38.21</b>	+0,88		
	50m: 38.60	38.60	150m: 2:03.63	42.52	250m: 3:31.76	44.27	350m: 4:58.26	43.35
	100m: 1:21.11	42.51	200m: 2:47.49	43.86	300m: 4:14.91	43.15	400m: 5:38.21	39.95
9.	Huyb Stegeman	Steenwijk 1934	6:03.50	196701535	<b>5:54.65</b>	+0,93		
	50m: 37.86	37.86	150m: 2:05.25	44.66	250m: 3:38.22	46.75	350m: 5:11.16	46.51
	100m: 1:20.59	42.73	200m: 2:51.47	46.22	300m: 4:24.65	46.43	400m: 5:54.65	43.49
10.	Henk van Zetten	Octopus	6:28.86	196701261	<b>6:29.56</b>	+0,91		
	50m: 40.37	40.37	150m: 2:16.65	49.77	250m: 3:58.88	51.12	350m: 5:40.07	49.50
	100m: 1:26.88	46.51	200m: 3:07.76	51.11	300m: 4:50.57	51.69	400m: 6:29.56	49.49
11.	Marco Schoenmakers	ZVVS	7:26.06	196401375	<b>7:01.51</b>	+1,07		
	50m: 45.87	45.87	150m: 2:31.99	54.15	250m: 4:21.17	54.62	350m: 6:11.70	56.85
	100m: 1:37.84	51.97	200m: 3:26.55	54.56	300m: 5:14.85	53.68	400m: 7:01.51	49.81

Masters 50+

1.	Frank Gomoll	SV Gladbeck 13	4:42.97	112232	<b>4:42.79</b>			
	50m: 33.44	33.44	150m: 1:45.25	35.60	250m: 2:56.63	35.57	350m: 4:08.48	36.17
	100m: 1:09.65	36.21	200m: 2:21.06	35.81	300m: 3:32.31	35.68	400m: 4:42.79	34.31
2.	Gustav van den Berg	TriVia	5:00.78	196100991	<b>4:57.63</b>			
	50m: 32.99	32.99	150m: 1:47.95	38.07	250m: 3:05.11	38.51	350m: 4:22.07	38.27
	100m: 1:09.88	36.89	200m: 2:26.80	38.65	300m: 3:43.80	38.69	400m: 4:57.63	35.56
3.	Rensonnet Raymond	Verviers Natation	5:14.76	VN/439/60	<b>5:21.68</b>	+1,18		
	50m: 34.66	34.66	150m: 1:55.26	41.33	250m: 3:19.07	41.81	350m: 4:42.07	40.76
	100m: 1:13.93	39.27	200m: 2:37.26	42.00	300m: 4:01.31	42.24	400m: 5:21.68	39.61
4.	Eric Langhorst	De Rijn	5:17.02	196200389	<b>5:24.82</b>	+0,88		
	50m: 35.68	35.68	150m: 1:59.42	42.50	250m: 3:24.46	42.53	350m: 4:46.91	41.07
	100m: 1:16.92	41.24	200m: 2:41.93	42.51	300m: 4:05.84	41.38	400m: 5:24.82	37.91
5.	Robin Prins	SBC2000	5:21.50	196200515	<b>5:27.03</b>	+0,79		
	50m: 36.28	36.28	150m: 2:00.44	42.90	250m: 3:25.41	42.33	350m: 4:49.21	41.53
	100m: 1:17.54	41.26	200m: 2:43.08	42.64	300m: 4:07.68	42.27	400m: 5:27.03	37.82
6.	Paul van der Voort	De Zwoer	5:40.46	196200715	<b>5:36.91</b>	+1,04		
	50m: 35.73	35.73	150m: 2:01.23	43.93	250m: 3:29.49	44.42	350m: 4:57.81	43.78
	100m: 1:17.30	41.57	200m: 2:45.07	43.84	300m: 4:14.03	44.54	400m: 5:36.91	39.10
7.	Mark Kas	PLONS	5:26.45	196100285	<b>5:37.39</b>	+0,84		
	50m: 37.42	37.42	150m: 2:01.58	42.96	250m: 3:27.90	43.26	350m: 4:54.91	43.22
	100m: 1:18.62	41.20	200m: 2:44.64	43.06	300m: 4:11.69	43.79	400m: 5:37.39	42.48
8.	Jan Willem Heuten	WS Twente	6:03.69	196000883	<b>6:03.81</b>	+0,96		
	50m: 39.93	39.93	150m: 2:10.61	46.49	250m: 3:44.65	47.00	350m: 5:19.61	47.18
	100m: 1:24.12	44.19	200m: 2:57.65	47.04	300m: 4:32.43	47.78	400m: 6:03.81	44.20
9.	Philip Verhelle	MZVA	6:11.89	MZVA/105/59	<b>6:04.64</b>	+0,78		
	50m: 39.43	39.43	150m: 2:10.30	46.33	250m: 3:44.25	47.13	350m: 5:18.93	47.36
	100m: 1:23.97	44.54	200m: 2:57.12	46.82	300m: 4:31.57	47.32	400m: 6:04.64	45.71
10.	Serge Lallemand	Embourg Natation	6:03.96	EMBOU/449/61	<b>6:04.92</b>	+0,91		
	50m: 38.34	38.34	150m: 2:07.62	45.32	250m: 3:42.93	48.00	350m: 5:19.86	48.33
	100m: 1:22.30	43.96	200m: 2:54.93	47.31	300m: 4:31.53	48.60	400m: 6:04.92	45.06
11.	Jan Haitsma	De Spatters	6:48.18	196000929	<b>7:00.16</b> *	+1,08		
	50m: 46.63	46.63	150m: 2:31.35	53.85	250m: 4:18.79	54.02	350m: 6:07.01	54.55
	100m: 1:37.50	50.87	200m: 3:24.77	53.42	300m: 5:12.46	53.67	400m: 7:00.16	53.15

NG.ZA David Witteboon MZVA 5:06.82 MZVA/331/63

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	4:40.35	195800149	<b>4:47.17</b>	+0,83		
	<i>Nederlands Masters Record</i>							
	50m: 33.56	33.56	150m: 1:45.86	36.36	250m: 2:58.89	36.48	350m: 4:12.25	36.30
	100m: 1:09.50	35.94	200m: 2:22.41	36.55	300m: 3:35.95	37.06	400m: 4:47.17	34.92
2.	Klaus Kalinke	SV Gladbeck 13	4:57.08	72636	<b>5:06.29</b>	+0,88		
	50m: 34.24	34.24	150m: 1:51.43	38.87	250m: 3:10.19	39.37	350m: 4:29.43	39.26
	100m: 1:12.56	38.32	200m: 2:30.82	39.39	300m: 3:50.17	39.98	400m: 5:06.29	36.86

Programmanr. 17, Heren, 400m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Henk Slomp	De Pinquin	5:32.70	195500359	<b>5:35.64</b>	+0,86		
	50m: 36.13 100m: 1:17.63	36.13 41.50	150m: 2:01.25 200m: 2:45.15	43.62 43.90	250m: 3:29.72 300m: 4:14.51	44.57 44.79	350m: 4:57.41 400m: 5:35.64	42.90 38.23
4.	Hans Groothelm	DBD	5:38.54	195800151	<b>5:35.81</b>	+0,71		
	50m: 36.02 100m: 1:17.74	36.02 41.72	150m: 2:00.89 200m: 2:44.60	43.15 43.71	250m: 3:28.74 300m: 4:12.99	44.14 44.25	350m: 4:56.43 400m: 5:35.81	43.44 39.38
5.	Harry Paas	ZVVS	6:07.79	195800689	<b>6:08.16</b>			
	50m: 39.84 100m: 1:24.23	39.84 44.39	150m: 2:11.64 200m: 2:58.85	47.41 47.21	250m: 3:46.71 300m: 4:34.78	47.86 48.07	350m: 5:23.84 400m: 6:08.16	49.06 44.32
DIS	Frank Zwijnenberg	PSV	6:39.48	195400361		A A		
	50m: 100m:	150m: 200m:	250m: 300m:	350m: 400m:				
AFGEM	Dre Klaassen	ZOB'66	6:49.75	195600141				

Masters 60+

1.	Georg Dombrowski	SV Gladbeck 13	5:33.43	217978	<b>5:28.08</b>	+0,84		
	50m: 36.23 100m: 1:15.94	36.23 39.71	150m: 1:58.11 200m: 2:40.09	42.17 41.98	250m: 3:22.64 300m: 4:05.31	42.55 42.67	350m: 4:47.89 400m: 5:28.08	42.58 40.19
2.	Brend Brevé	PSV	5:30.10	195200265	<b>5:29.24</b>	+0,89		
	50m: 35.79 100m: 1:16.06	35.79 40.27	150m: 1:59.39 200m: 2:42.46	43.33 43.07	250m: 3:26.05 300m: 4:09.45	43.59 43.40	350m: 4:51.59 400m: 5:29.24	42.14 37.65
3.	Jan Tinholt	PSV	5:58.69	195000185	<b>5:53.56</b>	+1,03		
	50m: 40.42 100m: 1:23.84	40.42 43.42	150m: 2:10.40 200m: 2:55.65	46.56 45.25	250m: 3:41.21 300m: 4:26.45	45.56 45.24	350m: 5:12.32 400m: 5:53.56	45.87 41.24
4.	Hugo Staudt	WS Twente	5:48.62	195300253	<b>5:59.47</b>	+0,89		
	50m: 39.38 100m: 1:22.81	39.38 43.43	150m: 2:09.97 200m: 2:56.95	47.16 46.98	250m: 3:43.89 300m: 4:30.81	46.94 46.92	350m: 5:16.87 400m: 5:59.47	46.06 42.60
5.	Jos Kamps	De Amer	6:39.59	195100085	<b>6:35.30</b>	+0,99		
	50m: 39.95 100m: 1:25.34	39.95 45.39	150m: 2:14.47 200m: 3:05.57	49.13 51.10	250m: 3:58.70 300m: 4:51.54	53.13 52.84	350m: 5:44.22 400m: 6:35.30	52.68 51.08

Masters 65+

1.	Donald Uijtenbogaart	Het Y	5:19.09	194700107	<b>5:25.59</b>	+0,86		
	50m: 37.36 100m: 1:19.35	37.36 41.99	150m: 2:02.40 200m: 2:45.14	43.05 42.74	250m: 3:27.19 300m: 4:07.29	42.05 40.10	350m: 4:47.54 400m: 5:25.59	40.25 38.05
2.	Jaap Kwakkel	DAW	6:24.93	194700157	<b>6:46.38</b>	+0,90		
	50m: 42.17 100m: 1:30.70	42.17 48.53	150m: 2:23.13 200m: 3:16.02	52.43 52.89	250m: 4:08.41 300m: 5:01.74	52.39 53.33	350m: 5:55.86 400m: 6:46.38	54.12 50.52
3.	Peter Ouweneel	RSW (SG)	8:44.28	194500077	<b>9:05.06</b>	+1,22		
	50m: 56.45 100m: 1:59.82	56.45 1:03.37	150m: 3:10.62 200m: 4:20.66	1:10.80 1:10.04	250m: 5:34.12 300m: 6:45.84	1:13.46 1:11.72	350m: 7:58.98 400m: 9:05.06	1:13.14 1:06.08

Masters 70+

1.	Rob Hanou	PSV	6:18.97	194300109	<b>6:37.26</b>	+1,04		
	50m: 41.61 100m: 1:31.29	41.61 49.68	150m: 2:23.08 200m: 3:15.35	51.79 52.27	250m: 4:07.40 300m: 5:00.11	52.05 52.71	350m: 5:49.65 400m: 6:37.26	49.54 47.61
2.	Manfred Bottin	SV Langenfeld	7:12.78	57993	<b>7:22.89</b>	+1,11		
	50m: 46.08 100m: 1:39.87	46.08 53.79	150m: 2:36.48 200m: 3:34.47	56.61 57.99	250m: 4:31.78 300m: 5:29.38	57.31 57.60	350m: 6:26.23 400m: 7:22.89	56.85 56.66
3.	Wim ter Laak	PSV	8:51.00	194000027	<b>9:03.62</b>	+1,30		
	50m: 54.77 100m: 2:07.40	54.77 1:12.63	150m: 3:18.71 200m: 4:33.71	1:11.31 1:15.00	250m: 5:42.81 300m: 6:52.42	1:09.10 1:09.61	350m: 8:00.39 400m: 9:03.62	1:07.97 1:03.23

Masters 75+

AFGEM	Nic Geers	Z&PC De Gouwe	5:48.41	193800007		
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Programmanr. 17, Heren, 400m vrije slag

Masters 80+

1.	Bob Berg		PSV		7:54.60		193300011		<b>8:15.38</b>	+1,06		
	50m:	48.87	48.87	150m:	2:52.02	1:02.53	250m:	5:02.53	1:05.04	350m:	7:13.42	1:04.92
	100m:	1:49.49	1:00.62	200m:	3:57.49	1:05.47	300m:	6:08.50	1:05.97	400m:	8:15.38	1:01.96
BM	Walter Ludwig		SSF Sieglar 1960 e.V.				NT		133686		<b>5:30.03</b>	+0,84
	50m:	35.65	35.65	150m:	1:59.12	42.52	250m:	3:25.34	43.32	350m:	4:51.38	43.59
	100m:	1:16.60	40.95	200m:	2:42.02	42.90	300m:	4:07.79	42.45	400m:	5:30.03	38.65

Programmanr. 18  
04-05-2013 - 11:11

Dames, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Suzan van den Bogaard	RZ	36.56	198900450	<b>35.71</b>	+0,75
2.	Erika Aan het Rot	Octopus	35.70	199000010	<b>36.55</b>	+0,75
3.	Isabelle Massar	WVZ	35.41	199102034	<b>37.69</b>	+0,75
4.	Kathy van Zuilen	De Amer	37.18	199306138	<b>38.06</b>	+0,85
5.	Désirée Hulsmeijer	Het Ravijn	40.57	199001656	<b>38.46</b>	+0,69
6.	Nanda de Vries	HZ&PC Heerenveen	37.50	199204328	<b>38.80</b>	+0,69
7.	Leonie Nijenhuis	Zuiderzeezwemmers	38.01	199204340	<b>38.99</b>	+0,77
8.	Jacqueline Schroer	DAW	41.42	199108490	<b>39.40</b>	+0,68
9.	Rosanne de Boer	LZ 1886	38.62	199104060	<b>40.32</b>	+0,88
10.	Janet van der Poel	LZ 1886	37.80	199301842	<b>41.04</b>	+0,75
11.	Tessa Verheijdt	WVZ	41.76	198904290	<b>41.17</b>	+0,77
12.	Fleur Maas	Zoetermeer	43.53	198902768	<b>44.36</b>	+0,98
13.	Joëlle Vaes	DIO	44.95	199007576	<b>47.31</b>	+0,79
14.	Carmen Ensink	Piranha	46.45	199307842	<b>49.93</b>	+1,00

Masters 25+

1.	Karin Hidding	De Dinkel	34.22	198400970	<b>33.81</b>	+0,74
	<i>Nederlands Masters Record</i>					
2.	Femke Hendriks	Nuenen	33.01	198801698	<b>34.88</b>	+0,73
3.	Stephanie Rombout	PSV	35.71	198803696	<b>36.21</b>	+0,73
4.	Karin van Dijk	HZ&PC Heerenveen	35.47	198600850	<b>36.30</b>	+0,79
5.	Esther van Maastrigt	Montferland	37.20	198802836	<b>37.50</b>	+0,86
6.	Aniek Huijsman	De Lansingh	36.73	198801932	<b>38.03</b>	+0,76
7.	Roshendra Vrolijk	DES	36.32	198403268	<b>38.14</b>	+0,73
8.	Wieteke Elzinga	DAW	38.77	198601038	<b>39.37</b>	+0,86
9.	Roos Lemmen	Eurode KZC	39.39	198403078	<b>39.82</b>	+0,79
	Monique Pronk	WVZ	37.56	198803528	<b>39.82</b>	+0,79
11.	Susanne van der Linden	DIO	36.64	198802736	<b>39.98</b>	+0,81
12.	Bianca Paape	DAW	39.96	198502262	<b>40.03</b>	+0,86
13.	Carly Noordermeer	ZOB'66	38.04	198702984	<b>40.16</b>	+0,62
14.	Eline Roeland	De Schoteijl	40.72	198805970	<b>40.42</b>	+0,91
15.	Annette Vogelsang	ZV De Bron	41.06	198402632	<b>41.69</b>	+0,81
16.	Kim van der Beek	PSV	41.05	198700196	<b>41.97</b>	+0,84
17.	Isaline Manchel	CNSW	45.13	CNSW/475/85	<b>42.01</b>	+0,87
18.	Channe Noort	DAW	41.26	198605032	<b>42.55</b>	+0,78
19.	Marlies Jehoel-van As	PSV	41.82	198500074	<b>43.24</b>	+0,73
20.	Leonie Lennards	Eszet	43.08	198602262	<b>45.04</b>	+0,83
21.	Liesbeth van Mill	DWK	42.88	198702786	<b>45.15</b>	+0,90
22.	Margriet Aan het Rot	Octopus	44.93	198603088	<b>45.24</b>	+0,84
23.	Dorien Vasseur	Scheldestroom	45.30	198704164	<b>45.27</b>	+0,87



Programmanr. 18, Dames, 50m schoolslag

Masters 30+

1.	Yvonne Gerritsen	WVZ	37.93	198000342	<b>38.56</b>	+0,83
2.	Esther Versteeg	Van Vliet-Barracuda	40.85	198302112	<b>41.06</b>	+0,85
3.	Kristel Lips	ZV De Bron	41.22	197900562	<b>41.96</b>	+1,01
4.	Yvette Roozen	DWT	39.47	198000926	<b>43.09</b>	+0,86
5.	Angela Giezen	Montferland	44.06	198302796	<b>44.85</b>	+0,95
6.	Gwenda Swijghuisen	PSV	44.62	198001696	<b>47.36</b>	+0,92
7.	Julia Dros	RZ	50.74	198001692	<b>48.60</b>	+0,77
8.	Marjolein Kiewiet	Aquapoldro	46.87	197901404	<b>50.05</b>	+0,90

Masters 35+

1.	Claudia van Druenen	AquAmigos	38.83	197700810	<b>39.17</b>	+0,76
2.	Geraldine Trainor	De Duck	39.69	197500544	<b>39.30</b>	+0,78
3.	Nadège van Meeteren	De Meer	39.22	197400736	<b>39.43</b>	+0,80
4.	Ilona Hogerheyde	DAW	39.25	197400224	<b>39.86</b>	+0,70
5.	Miranda Straetemans	Zignea	40.79	197400514	<b>41.05</b>	+0,93
6.	Marian Nederlof	DWF	41.69	197600950	<b>42.34</b>	+0,80
7.	Vivian van Kerkwijk	RZ	44.34	197500892	<b>44.11</b>	+0,90
8.	Paula 't Hart-Buitelaar	ZVVS	52.19	197701132	<b>51.66</b>	+0,84

Masters 40+

1.	Karin Stein	ZVVS	37.11	197100554	<b>37.71</b>	+0,89
2.	Trudy Ketting	PSV	38.63	197000268	<b>38.59</b>	+0,80
3.	Annetje Dieleman	PSV	39.49	197100130	<b>38.91</b>	
4.	Dorette Vogels	PSV	39.43	197000938	<b>39.66</b>	+0,83
5.	Esther Mijnen	ZV De Zaan	41.02	196900846	<b>42.11</b>	+0,92
6.	Simone van Lent	Njord	41.96	196900950	<b>42.82</b>	+0,89
7.	Pascalie Neiss-Janssen	De Roersoppers	42.92	197300852	<b>42.84</b>	+0,89
8.	Ageeth Boomsma	Orca	43.74	197000826	<b>45.61</b>	+0,82
9.	Yvonne Russ - Dijk	RZ	47.80	197000950	<b>46.82</b>	+0,91
10.	Diana Westerdijk	De Spatters	46.39	197200704	<b>48.36</b>	+0,81
11.	Jolanda Roijen	Mosaqua Gulpen	49.83	197000854	<b>50.97</b>	
12.	Klasien Blankestijn	De Duinkickers	56.78	196900934	<b>59.06</b>	+0,98
NG.ZA	Gerda Eling	AZ&PC	48.11	197300820		

Masters 45+

1.	Annette Wijnja-Visser	De Biesboschzwemmers	39.87	196700528	<b>40.07</b>	+0,72
2.	Desiree van der Lem	Ed-Vo	40.35	196800282	<b>40.98</b>	+0,88
3.	Friderika Kerekes	AZ&PC	45.23	196500540	<b>47.25</b>	+0,83
4.	Roelien Speelman - Tigelaar	De Spatters	46.89	196600664	<b>47.46</b>	+0,73
5.	Remona Dekker	ZV De Bron	45.06	196600620	<b>47.67</b>	+0,85
6.	José Sanders	PSV	49.96	196800834	<b>47.84</b>	+0,87
7.	Jeanette Smits	Orca	46.76	196600312	<b>48.06</b>	+0,82
8.	Ingeborg Stokx	DAW	48.56	196700666	<b>49.76</b>	+0,74
9.	Margriet de Hoop	De Fuut	51.73	196800848	<b>51.31</b>	+1,04
10.	Ann Vandenbrouck	Royal Ostend SC	48.48	ROSC/321/65	<b>52.60</b>	+0,96
11.	Riekie Schra	Steenwijk 1934	58.80	196400404	<b>1:03.53</b>	+1,21

Masters 50+

1.	Marja Bloemzaad	AZ&PC	36.97	196100014	<b>38.68</b>	+0,82
2.	Agnes van Doesburg	PSV	44.04	196000264	<b>42.84</b>	+0,90
3.	Annemarie Vuist	Swol 1894	43.73	196300282	<b>43.22</b>	+0,95
4.	Marijke Kraak-Beckers	WS Twente	44.04	196000240	<b>43.72</b>	+1,02
5.	Julia Moh-Klaren	CSAKB	43.33	922540	<b>43.85</b>	+0,81
6.	Francine Sommer	Triton	43.50	196200384	<b>44.83</b>	+0,82
7.	Gonnie Paas	ZVVS	47.62	196200418	<b>47.17</b>	+1,04
8.	Herlinde Segers	Groot Beverse Zwemclub	47.80	GBZ/151/60	<b>48.51</b>	
9.	Marjan Spoelstra	Swol 1894	47.79	196000236	<b>49.06</b>	+0,86
10.	Lia Bijkerk	WIDEX GZC DONK	49.64	196000014	<b>49.46</b>	+1,02
11.	Marie-Paule Waterval	Les Dauphins Visétois	48.57	B8817C142	<b>50.36</b>	+0,92
12.	Jacqueline Brouwer	ZV De Bron	49.30	196100296	<b>51.43</b>	+0,98

Programmanr. 18, Dames, 50m schoolslag

Masters 55+

1.	Monika Zilliken	SC Wiesbaden 1911 e.V.	43.59	231829	<b>43.60</b>	+0,84
2.	Marijke van Hoek	De Zeeuwse Kust (SG)	44.28	195800050	<b>44.63</b>	+0,86
3.	Susanne Ostgathe	SV Blau-Weiss Bochum	43.65	083871	<b>44.68</b>	+0,87
4.	Patty Krupiarz	PSV	45.13	195400074	<b>46.96</b>	+0,77
5.	Claire Anthony	CNSW	49.08	CNSW/487/57	<b>47.08</b>	+0,84
6.	Janny van Eijk	ZV De Bron	46.21	195800022	<b>48.59</b>	+1,02
7.	Elly Kiestra-Broertjes	Zignea	50.39	195600100	<b>51.25</b>	+0,99
8.	Dorry Elshout	PSV	53.42	195700180	<b>54.67</b>	+1,02
9.	Mies Kuipers	Old Dutch	51.42	195800202	<b>1:00.41</b>	+0,90
10.	Karien Musters	Old Dutch	59.63	195800236	<b>1:03.16</b>	
DIS	Anje Manuputty	De Dolfijn	53.52	195700176		A A

Masters 60+

1.	Ineke Weekers	PSV	45.23	195300050	<b>44.19</b>	+0,91
	<i>Kampioenschaps Record</i>					
2.	Csanádiné Tóth Magdolna	Budapesti Delfinek	44.60	20037	<b>44.85</b>	+0,97
3.	Bea Swijnenberg	Swol 1894	44.00	194900010	<b>45.81</b>	+0,73
4.	Corine Kalbfleisch	DWT	49.31	195200024	<b>48.92</b>	+1,09
5.	Tineke van Diggelen	Oceanus	53.07	195200048	<b>54.16</b>	+0,95
6.	Geerdien Meerwaldt	Van Vliet-Barracuda	58.36	195200058	<b>57.55</b>	+1,07
7.	Nelly Eijsermans	Mosaqua Gulpen	1:00.53	195100070	<b>1:02.25</b>	+1,07
8.	Adrie Oostendorp	ZV De Bron	1:08.10	194900024	<b>1:11.65</b>	+1,18
9.	Janny van der Weide	Deltasteur	1:04.81	195100066	<b>1:12.38</b>	

Masters 65+

1.	Corrie Verhoeven	PSV	47.65	194600026	<b>46.91</b>	+0,97
	<i>Nederlands Masters Record</i>					
2.	Annet Verhoeven	De Duinkickers	52.38	194600024	<b>53.68</b>	+1,05
3.	Matty van der Veen	Old Dutch	51.20	194400020	<b>56.59</b>	+1,15

Masters 70+

1.	Waltraud Monstadt	SV Blau-Weiss Bochum	54.67	116979	<b>58.61</b>	+1,02
2.	Gitti Wahl	VfR Übach-Palenberg	1:00.92	164688	<b>1:02.96</b>	+0,90
DIS	Liesbeth ter Laak	PSV	1:09.31	194200008		A A

Masters 75+

1.	Ingrid Keusch-Renner	SV Blau-Weiss Bochum	55.64	073495	<b>58.91</b>	+1,00
2.	Lea Maes	Groot Beverse Zwemclub	1:05.00	GBZ/041/37	<b>1:06.56</b>	+1,11
3.	Tineke de Bueger	Old Dutch	1:02.24	193700010	<b>1:09.00</b>	+1,20

Masters 80+

1.	Agnes Van Obberghen	AZSC	49.49	AZSC/491/31	<b>50.83</b> *	+0,95
2.	Anneke Logtenberg	OZ&PC	1:07.76	192900004	<b>1:18.82</b>	

Masters 85+

1.	Marianne Maandonks	PSV	1:29.00	192600004	<b>1:37.09</b>	+1,10
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Programmanr. 19  
04-05-2013 - 11:31

Heren, 50m schoolslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Roald Blok	Octopus	31.14	199302685	<b>30.86</b>	+0,75
2.	Rian Visser	DAW	30.92	199007141	<b>31.65</b>	+0,68
3.	Dennis Wijbenga	Stadskanaal	30.86	199003283	<b>32.36</b>	+0,81
4.	Boy Heijnekamp	LZ 1886	35.11	198901161	<b>36.07</b>	+0,78
5.	Patrick Janssen	HZPC	35.39	199302009	<b>36.99</b>	+0,77
6.	Mark Huijsman	De Lansingh	34.46	199001305	<b>37.13</b>	+0,79
7.	Bas Zierikzee	LZ 1886	36.55	199204321	<b>37.87</b>	+0,79
8.	Daniel van den Wildenberg	Eurode KZC	39.71	199206491	<b>40.48</b>	+0,79
9.	Niels Blok	WIDEX GZC DONK	38.97	199004405	<b>41.34</b>	+0,82
10.	Danny Vochteloo	De Spatters	45.54	199207251	<b>44.74</b>	+0,96
NG.ZA	Tyrick de Kort	DES	34.58	198906745		

**Masters 25+**

1.	Sebastian Feidieker	Warendorfer SU	31.26	063045	<b>31.81</b>	+0,77
2.	Antoine Olsen	CNBA	32.20	CNBA/924/87	<b>32.15</b>	+0,72
3.	Albert van Piekeren	Octopus	32.45	198401767	<b>32.22</b>	+0,76
4.	Roderik Meijers	ZOB'66	30.95	198602063	<b>32.39</b>	+0,72
5.	Remko Hooft	De Duinkickers	31.85	198701405	<b>33.11</b>	+0,72
6.	Jan van Opstal	Hieronymus	32.61	198602291	<b>33.74</b>	+0,79
7.	Stefan van der Grift	Octopus	33.73	198701121	<b>34.76</b>	+0,83
8.	Mario Peeters	WIDEX GZC DONK	34.16	198602355	<b>34.82</b>	+0,73
9.	Pascal van Kassel	Triton	33.52	198501289	<b>34.86</b>	+0,73
10.	Jean Pierre Bisslik	DES	38.67	198705243	<b>36.94</b>	+0,59
11.	Harmen Reemst	ZOB'66	36.86	198702715	<b>37.84</b>	+0,78
12.	Remco Joukes	Triton	37.26	198801763	<b>37.87</b>	+0,74
13.	Herm Clabbers	RZ	40.93	198403189	<b>39.52</b>	+0,80
14.	Erik van der Zeijden	RZ	40.51	198604569	<b>40.93</b>	+0,77
15.	Robin Eggenkamp	De Duinkickers	40.46	198700847	<b>42.00</b>	+0,88
16.	Wesley Determann	De Amer	42.22	198806107	<b>43.73</b>	+0,97

**Masters 30+**

1.	Simon van Ravesteijn	Zoetermeer	32.32	198002263	<b>31.71</b>	+0,77
2.	Freddie Geerlings	HGN (SG)	33.61	197900379	<b>34.35</b>	+0,84
3.	Reinier Ellenkamp	De Rog	31.69	198002109	<b>34.38</b>	+0,84
4.	Jim Geestman	RSW (SG)	33.75	198300699	<b>35.75</b>	+0,87
5.	Victor den Heijer	D'Elft WAVE (SG)	36.11	198300867	<b>35.83</b>	+0,72
6.	Erik van Hell	De Amer	34.63	198200643	<b>36.25</b>	+0,73
7.	Frits Delicaat	DAW	37.07	197901629	<b>36.66</b>	+0,92
8.	Mark Brinkhuis	Hera'11	39.88	198302609	<b>39.07</b>	+0,84
9.	Gino Martijn	RZ	38.64	197901865	<b>39.34</b>	+0,69
10.	Remco Veerkamp	Zuiderzeezwemmers	43.31	198102311	<b>42.47</b>	+0,92

**Masters 35+**

1.	Vincent Versteeg	Zwemlust-den Hommel	32.85	197701003	<b>32.26</b>	+0,76
2.	Ron Langelaan	DAW	32.51	197800643	<b>34.01</b>	+0,72
3.	Bas Spoelstra	De Futen	35.49	197701573	<b>34.09</b>	+0,67
4.	Michel Bogaerts	SCZ-Zaventem	35.17	SCZ/008/75	<b>37.01</b>	+0,80
5.	Daniel Wencker	Avan Villeneuve-D'Ascq	40.62	1540660	<b>40.46</b>	+0,87
6.	Peter Lutjes	Stadskanaal	38.02	197601471	<b>40.47</b>	+0,83
7.	Johan Wezenberg	Deltasteur	41.78	197601023	<b>42.42</b>	+1,03

Programmanr. 19, Heren, 50m schoolslag

Masters 40+

1.	Richard Ricksen	HGN (SG)	35.12	197000841	<b>33.37</b>	+0,86
2.	Dirk Medland <i>BMR</i>	Genker ZV Neptunus	32.79	GZVN/999/69	<b>33.66</b>	+0,66
3.	Jos Beckers	Patrick	33.42	196901603	<b>34.52</b>	+0,83
4.	René Beetsma	HZ&PC Heerenveen	34.33	196900069	<b>35.74</b>	+0,76
5.	Gertjan van der Knaap	De Duck	35.60	197300459	<b>36.20</b>	+0,84
6.	Sven Schröter	TuS Sundern	36.28	333325	<b>36.75</b>	+0,83
7.	Hans Schoenmakers	DAW	35.39	196900863	<b>37.11</b>	+0,85
8.	Frank Podebrad	SC Wiesbaden 1911 e.V.	36.47	295468	<b>38.30</b>	+0,84
9.	Arjan Dekker	Koewacht	37.57	196900225	<b>39.10</b>	+0,83
10.	Peter Timmerman	Het Ravijn	39.41	197201525	<b>39.82</b>	+1,07
11.	Marcel Brittijn	De Duinkickers	39.84	196900159	<b>40.10</b>	+0,78
12.	Jacques Verriet	Njord	39.16	197001039	<b>40.15</b>	+0,84
13.	Marc Weijers	PSV	43.82	197101347	<b>42.55</b>	+0,83

Masters 45+

1.	Harold Matla <i>Kampioenschaps Record</i>	PSV	32.21	196800591	<b>32.60</b>	+0,84
2.	Bernd Bienek	SV Gladbeck 13	34.13	278658	<b>34.13</b>	+1,04
3.	Patrick Juncker	Swimming Luxembourg	33.71	136	<b>34.39</b>	+0,80
4.	Mark Siebert	SV Gladbeck 13	35.15	093181	<b>34.82</b>	+0,81
5.	Bert de Weerd	RZC	35.59	196701283	<b>35.94</b>	+1,05
6.	Marcel van der Lem	Ed-Vo	35.35	196500563	<b>36.60</b>	+0,80
7.	Jeroen Kort	DAW	37.54	196801543	<b>36.77</b>	+0,75
8.	Eric Verboven	Club Nautique Croix	38.69	732659	<b>37.37</b>	+0,90
9.	Theo Bakker	TriVia	34.71	196401231	<b>37.41</b>	+0,72
10.	Eric Giling	De Fuut	38.11	196400237	<b>37.65</b>	+0,77
11.	Paul de Boer	De Amer	36.59	196801413	<b>37.70</b>	+0,81
12.	Eric van der Burgt	Arethusa	37.13	196701613	<b>38.06</b>	+0,83
13.	Peter Fölker	Aqua-Novio'94	37.39	196401021	<b>38.38</b>	+0,76
14.	Joop Weenink	WS Twente	37.87	196801535	<b>39.88</b>	+1,11
15.	Marc Adriaensen	ShaRK	41.18	SHARK/474/64	<b>39.98</b>	+0,96
16.	Roelof Broekman	De Spatters	38.81	196800155	<b>41.16</b>	+0,78
17.	Guido van der Heijden	Upstream Amsterdam	40.11	196400979	<b>41.22</b>	+0,88
18.	Robert de Brauwier	De Duinkickers	41.83	196401383	<b>41.66</b>	+1,11
19.	Ger de Hoop	Zwemclub Polaris	42.41	196401367	<b>41.97</b>	+1,17 745
20.	Gertjan van der Vaart	ZVVS	42.42	196801529	<b>42.15</b>	+0,83
21.	John Louwars	RZ	43.16	196801559	<b>42.98</b>	+0,75
22.	Helmuth Lukassen	Mosaqua Gulpen	42.51	196401335	<b>43.59</b>	+1,03
23.	Rene Speelman	De Spatters	43.51	196601521	<b>43.79</b>	+0,79
24.	Paul Weeren	PSV	44.44	196401339	<b>45.73</b>	+0,99
25.	William Lueb	PSV	50.81	196701579	<b>48.79</b>	+1,10

Masters 50+

1.	Cees van Houwelingen	De Schelde	32.52	196300351	<b>34.48</b>	+0,92
2.	Ralph Caster	RZ	34.55	196100069	<b>35.68</b>	+0,82
3.	John Stoffer	Zoetermeer	38.77	196300725	<b>37.63</b>	+0,70
4.	Johan Vandewalle	Zwemclub Iloka Kapellen	38.11	ZIK/154/60	<b>39.25</b>	+0,89
5.	Michiel Klaren	PSV	40.16	196201087	<b>39.49</b>	+0,85
6.	Jack Barends	WS Twente	42.00	196201011	<b>41.70</b>	+0,99
7.	Ton Witkamp	WVZ	41.20	196101089	<b>43.13</b>	+0,82
8.	Jan Willem Heuten	WS Twente	42.49	196000883	<b>43.31</b>	+0,95
9.	Perry Dekker	ZV De Bron	43.89	196201081	<b>45.42</b>	+1,09
10.	Jan Haitsma	De Spatters	45.69	196000929	<b>46.74</b>	+1,04



Programmanr. 19, Heren, 50m schoolslag

Masters 55+

1.	Peter Kauch <i>Kampioenschaps Record</i>	SV Gladbeck 13	34.04	73094	<b>34.42</b>	+0,83
2.	Wolfgang Grenzing	SG Mönchengladbach	38.98	275182	<b>37.41</b>	+0,86
3.	Paul Bunnik	Triton	36.88	195600413	<b>38.78</b>	+0,96
4.	Viktors Komarovs <i>LMR</i>	Riga Kipsala SC	37.99	1958KOMA	<b>38.98</b>	+0,79
5.	Philippe Godbille	CNSW	38.92	CNSW/053/57	<b>39.19</b>	+0,97
6.	Hans Groothelm	DBD	40.29	195800151	<b>40.05</b>	+0,75
7.	Laurens klein Breteler	WWV	43.25	195400109	<b>41.16</b>	+0,78
8.	Erik Coen	MZVA	39.86	MZVA/093/56	<b>41.49</b>	+0,96
9.	Bart van Doesburg	PSV	41.65	195600463	<b>41.90</b>	+0,74
10.	Kai Andersen	MOSS SK	42.76	M240457KA11	<b>43.37</b>	+0,82
11.	Peter Coffeng	WIDEX GZC DONK	42.17	195700063	<b>44.01</b>	+1,30
12.	Jan Timmerman	IJZPC	44.42	195700347	<b>44.98</b>	+0,77
13.	Wiel Rocks	Mosaqua Gulpen	52.33	195600387	<b>48.49</b>	+1,30
AFGEM	Dre Klaassen	ZOB'66	44.13	195600141		

Masters 60+

1.	Peter Haarstick <i>Kampioenschaps Record</i>	SV Bremen 1910	34.61	258793	<b>34.76</b>	+0,88
2.	Georg Dombrowski	SV Gladbeck 13	36.88	217978	<b>39.39</b>	+0,75
3.	Michel Hougardy	CNBA	45.29	CNBA/648/51	<b>44.20</b>	+1,03
4.	Sierd Tilma	Steenwijk 1934	51.59	195300277	<b>52.89</b>	+1,05
5.	Bert Veerkamp	Zuiderzeewimmers	54.28	195200271	<b>59.37</b>	+1,46

Masters 65+

1.	Sümeghy László	Budapesti Delfinek	40.93	20049	<b>41.63</b>	+0,96
2.	Jaap Kwakkel	DAW	42.53	194700157	<b>42.74</b>	+0,87
3.	Chris Trueman	UEA Norwich	43.61	58940	<b>43.54</b>	+0,90
4.	Willem Putter	ZVVS	45.09	194500135	<b>44.60</b>	+1,14
5.	Ruud Sloof	De Rijn	44.75	194400073	<b>46.89</b>	+1,13
6.	Mans Buis	Het Ravijn	50.82	194700133	<b>51.08</b>	+1,02
7.	Henk Oostendorp	ZV De Bron	50.66	194800093	<b>52.51</b>	+1,11

Masters 70+

1.	Gustave Lempereur <i>BMR</i>	HELIOS	42.58	HELIOS/099/42	<b>41.87</b>	+1,04
2.	Rob Hanou	PSV	42.02	194300109	<b>41.98</b>	+1,04

Masters 75+

1.	Wieger Mensonides <i>Nederlands Masters Record</i>	NZ&PC	41.84	193800035	<b>42.76</b>	+0,97
2.	Cor Sprengers	PSV	51.59	193500019	<b>50.90</b>	+0,90
3.	Pieter Scharphorn	Neptunus	59.79	193800037	<b>1:04.19</b>	+1,43
AFGEM	Jan Eichhorn	ZV Haerlem	51.70	193700015		

Masters 85+

1.	Klaas Prins	Steenwijk 1934	1:11.65	192800001	<b>1:15.65</b>	+1,38
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Programmanr. 20  
04-05-2013 - 11:54

4 x 100m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
<b>80+, Dames</b>					
1.	<b>Octopus 2</b> <i>Nederlands Masters Record</i>	<b>4:59.54</b>		<b>5:08.02</b>	+0,75
	Marloes Resink +0,75 35.70 1:15.38	Miriam Visserman +0,48 34.73 1:18.68			
	Erika Aan het Rot +0,45 37.37 1:21.62	Irmgard van Weeghel +0,34 33.66 1:12.34			
<b>80+, Heren</b>					
1.	<b>Octopus 1</b> <i>Nederlands Masters Record</i>	<b>4:14.11</b>		<b>4:11.22</b>	+0,73
	Albert van Piekeren +0,73 31.76 1:05.65	Emile Manni +0,42 26.73 59.70			
	Roald Blok +0,46 31.64 1:08.06	Floris Manni +0,46 27.51 57.81			
2.	<b>LZ 1886 1</b>	<b>4:07.29</b>		<b>4:22.13</b>	+0,69
	Sjoerd Sieval +0,69 33.32 1:08.25	Joost Rijntjes +0,65 28.34 1:03.67			
	Kristiaan Lenos +0,50 33.62 1:13.92	Lars Sieval +0,41 25.96 56.29			
<b>80+, Gemengd</b>					
1.	<b>De Duinkickers 1</b>	<b>4:44.87</b>		<b>5:01.05</b>	+0,68
	Eline Schoenmaker +0,68 39.22 1:21.62	Sven van Zanten +0,33 31.37 1:13.19			
	Renko Hooft +0,38 35.51 1:16.65	Maaïke de Boer +0,54 32.35 1:09.59			
2.	<b>De Schotejil 1</b>	<b>4:54.08</b>		<b>5:05.52</b>	+0,79
	Whitley Rens +0,79 40.78 1:24.33	Martijn van Hoorn +0,47 31.84 1:11.00			
	Eline Roeland +0,78 41.49 1:29.93	Niels Albrechts 0,00 28.12 1:00.26			
<b>100+, Dames</b>					
1.	<b>De Dinkel 1</b> <i>Wereld Masters Record</i>	<b>4:40.54</b>		<b>4:45.47</b>	+0,67
	Franca Willeme +0,67 36.21 1:15.88	Anique Willeme +0,27 31.16 1:08.14			
	Karin Hidding +0,10 36.37 1:19.96	Marlies Reinders +0,35 29.25 1:01.49			
2.	<b>Montferland 2</b>	<b>5:43.52</b>		<b>5:52.76</b>	+0,77
	Kelly Bockting +0,77 46.05 1:33.24	Marije Jansen +0,73 39.74 1:24.10			
	Angela Giezen +0,71 46.72 1:40.40	Wieteke Jansen +0,56 36.56 1:15.02			
<b>100+, Heren</b>					
1.	<b>Montferland 1</b>	<b>5:00.33</b>		<b>5:08.95</b>	+0,72
	Ferdinand Teitink +0,72 40.53 1:25.05	Kevin Dieker +0,49 32.92 1:17.03			
	Maik Steenkamp +0,40 36.91 1:22.02	Roel van Beek +0,36 30.39 1:04.85			
<b>100+, Gemengd</b>					
1.	<b>Zwemlust-den Hommel 1</b> <i>Nederlands Masters Record</i>	<b>4:22.92</b>		<b>4:22.53</b>	+0,82
	Charlotte Groeneveld +0,82 33.10 1:10.87	Sven Jaeger +0,47 27.35 1:00.14			
	Vincent Versteeg +0,31 32.64 1:12.69	Malissa van der Horst +0,69 27.97 58.83			
2.	<b>Zuiderzeezwemmers 1</b>	<b>4:38.20</b>		<b>4:39.37</b>	+0,71
	Erik van der Heide +0,71 33.63 1:09.50	Jen-Ai van Soelen +0,32 32.35 1:13.04			
	Ralf van der Poel +0,05 33.06 1:12.43	Lisanne Andeweg +0,20 31.05 1:04.40			
3.	<b>ZOB'66 1</b>	<b>4:28.91</b>		<b>4:45.86</b>	+0,58
	Wendy de Bruin +0,58 38.00 1:19.29	Anouk van der Pligt +0,62 34.15 1:16.81			
	Roderik Meijers +0,33 32.63 1:13.00	Nol van Thull +0,37 27.13 56.76			
4.	<b>De Amer 1</b>	<b>5:08.11</b>		<b>5:06.73</b>	+0,70
	Dick Kampman +0,70 33.00 1:08.12	Anne Duijst +0,52 36.87 1:26.26			
	Kathy van Zuijlen +0,40 39.91 1:26.97	Rutger Stam 28.51 1:05.38			
5.	<b>RZ 2</b>	<b>5:09.21</b>		<b>5:10.98</b>	+0,55
	Gino Martijn +0,55 39.33 1:20.28	Suzan van den Bogaard +0,52 32.80 1:11.57			
	Marian Bouts +0,35 43.46 1:32.98	Erik van der Zijden +0,36 31.19 1:06.15			

Programmanr. 20, Gemengd, 4 x 100m wisselslag, 100+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	Scheldestroom 1	Scheldestroom	5:12.52	<b>5:17.45</b>	+0,67
	Nicky Vanhijfte	+0,67 40.28 1:22.81	Robin Dellaert	+0,53 33.31	1:14.93
	Sander Boidin	+0,50 35.64 1:19.30	Bianca Hertogh - Buijsse	+0,64 36.79	1:20.41

120+, Dames

1.	PSV 5 <i>Nederlands Masters Record</i>	PSV	5:03.89	<b>5:05.67</b>	+0,74
	Bianca Cox	+0,74 38.73 1:19.01	Stephanie Rombout	+0,59 31.21	1:10.97
	Annetje Dieleman	+0,14 40.72 1:27.56	Liselotte Joling	+0,77 32.04	1:08.13
2.	De Biesboschzwemmers 1	De Biesboschzwemmers	5:05.75	<b>5:13.86</b>	+0,77
	Sabrina Boekhout	+0,77 39.72 1:23.52	Kim Wijnja	+0,53 33.73	1:16.55
	Annette Wijnja-Visser	+0,49 41.03 1:28.20	Tonny Methorst	+0,41 30.80	1:05.59
3.	De Spatters 1	De Spatters	5:39.99	<b>5:44.56</b>	+0,77
	Serima Louise Wildvank	+0,77 43.02 1:28.06	Karin Hovenkamp	+0,62 35.81	1:19.06
	Roelien Speelman - Tigelaar	+0,17 47.34 1:45.65	Carmen Haan	+0,62 33.26	1:11.79
4.	De Dinkel 2	De Dinkel	5:41.61	<b>5:44.86</b>	+0,79
	Marieke Langendonk	+0,79 45.11 1:32.64	Patricia Strohm	+0,38 34.88	1:18.86
	Ellen Lubben	+0,53 44.32 1:33.75	Natasja van de Schaaf	+0,49 37.43	1:19.61
5.	Den Doorn 2	Den Doorn	6:14.24	<b>6:35.86</b>	+0,71
	Antoinette Kant	+0,71 45.62 1:38.05	Lisanne van Noorloos	47.15	1:44.25
	Devina de With	43.87 1:36.21	Ineke Branderhorst	43.88	1:37.35

120+, Heren

1.	D'Eift WAVE (SG) 1	D'Eift WAVE (SG)	4:33.03	<b>4:42.55</b>	+0,74
	Marc Verhaeg	+0,74 35.43 1:14.15	Egbert Stolk	+0,29 29.39	1:05.50
	Victor den Heijer	+0,13 35.72 1:20.07	Ferry Adema	+0,60 30.12	1:02.83
2.	Steenwijk 1934 1	Steenwijk 1934	4:53.99	<b>4:49.47</b>	+0,79
	Casper Dollekamp	+0,79 39.04 1:22.60	Rick Driezen	+0,47 28.65	1:02.01
	Huyb Stegeman	+0,42 40.20 1:28.65	Lauren Vis	+0,26 26.27	56.21
3.	Den Doorn 1	Den Doorn	4:53.56	<b>5:06.35</b>	+0,77
	Tommy Uilenberg	+0,77 39.26 1:19.55	Wouter van der Stelt	+0,42 35.55	1:22.28
	Lars Duijnhouwer	+0,42 33.94 1:16.09	Nico Swart	+0,62 31.38	1:08.43
4.	PSV 6	PSV	5:21.62	<b>5:28.76</b>	+0,76
	Michiel Klaren	+0,76 44.95 1:31.34	Wesley van Diejen	30.90	1:15.58
	Albert Garcia i Tormo	39.80 1:23.73	Marc Weijers	37.13	1:18.11

120+, Gemengd

1.	DES 1	DES	4:40.46	<b>4:58.14</b>	+0,77
	Naomi Koning	+0,77 36.88 1:18.00	Jean Pierre Bisslik	+0,33 29.15	1:05.39
	Roshendra Vrolijk	+0,55 40.76 1:29.35	Peter Hesselning	+0,56 30.93	1:05.40
2.	RZC 1	RZC	4:49.69	<b>5:01.90</b>	+0,76
	Jan Gerard Sterrenburg	+0,76 34.50 1:11.03	Marieke van Dodeweerd	+0,74 36.01	1:18.82
	Geert van Duinhoven	+0,50 37.17 1:22.54	Rita van der Horst	+0,23 32.19	1:09.51
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	5:00.43	<b>5:04.71</b>	+0,80
	Gerard Eghuizen	+0,80 36.08 1:14.38	Nanda de Vries	+0,42 31.56	1:10.22
	René Beetsma	+0,36 37.08 1:20.83	Jannie Vennik	+0,23 37.98	1:19.28
4.	DAW 1	DAW	5:07.29	<b>5:04.74</b>	+0,71
	Sandra Pannekeet	+0,71 38.96 1:21.82	Kars Luttk	+0,40 33.50	1:12.59
	Jeroen Vogelsang	+0,74 38.70 1:24.06	Bianca Paape	+0,69 30.76	1:06.27
5.	Zoetermeer 1	Zoetermeer	5:05.69	<b>5:09.16</b>	+0,75
	Marcel van Lochem	+0,75 39.05 1:22.56	Sanne van Dijk	+0,58 37.49	1:25.86
	Simon van Ravesteijn	+0,46 34.33 1:12.58	Chita van der Goorbergh	+0,54 32.14	1:08.16
6.	ZVVS 2	ZVVS	6:24.05	<b>6:04.98</b>	+0,78
	Joyce Brummelkamp	+0,78 43.60 1:32.46	Paula 't Hart-Buitelaar	+0,67 47.46	1:47.05
	Marco Schoenmakers	+0,50 45.38 1:39.56	Stefan Grudelbach	29.64	1:05.91

Programmanr. 20, 4 x 100m wisselslag

160+, Dames

1. ZVVS 1	ZVVS			4:54.27			<b>5:02.77</b>	+0,78
Annie Buitelaar	+0,78	35.47	1:13.27	Nadya Putter	+0,14	32.85	1:11.27	
Karin Stein	+0,29	38.92	1:24.13	Conny Boer-Buys	+0,47	35.30	1:14.10	
2. PSV 4	PSV			5:35.89			<b>5:51.40</b>	+0,88
Nicole Vrijhoeven	+0,88	46.07	1:35.58	Kim van der Beek	+0,70	35.27	1:21.62	
Dorette Vogels	+0,74	45.00	1:34.80	Agnes van Doesburg	+0,49	36.82	1:19.40	

160+, Heren

1. SV Gladbeck 13 1	SV Gladbeck 13			4:38.00			<b>4:31.22</b>	+0,70
<i>Kampioenschaps Record</i>								
Matthias Uhlich	+0,70	31.95	1:08.65	Andreas Kaptur	+0,35	29.19	1:04.44	
Mark Siebert	+0,55	34.58	1:14.99	Frank Gomoll	+0,25	29.93	1:03.14	
2. RZ 1	RZ			4:36.12			<b>4:33.38</b>	+0,69
<i>Nederlands Masters Record</i>								
Bert Schlicher	+0,69	33.20	1:08.76	Sander Bouts	+0,55	29.03	1:02.43	
Ralph Caster	+0,53	35.94	1:20.05	Dimitrie Sonnemans	+0,70	28.89	1:02.14	
3. DAW 2	DAW			4:42.08			<b>4:55.16</b>	+0,79
Alex Damen	+0,79	35.58	1:13.79	Rene de Boer	+0,66	34.12	1:14.10	
Ron Langelaan	+0,42	36.99	1:19.06	Fred Heemstra	+0,50	32.28	1:08.21	

160+, Gemengd

1. Oceanus 1	Oceanus			5:08.00			<b>5:14.07</b>	+0,84
Margriet Grove-Lingeman	+0,84	42.25	1:26.83	Arjan Bellaart	+0,46	32.24	1:11.86	
Ronald Grove	+0,52	39.61	1:26.17	Annette de Visser	+0,61	32.59	1:09.21	
2. Swol 1894 2	Swol 1894			5:40.00			<b>5:39.23</b>	+0,81
Arjan Aalbers	+0,81	36.63	1:15.97	Kasper van den Berghe	+0,53	33.48	1:14.56	
Marjan Spoelstra	+0,79	51.90	1:49.22	Annet Koostra	+0,23	37.03	1:19.48	
3. WIDEX GZC DONK 1	WIDEX GZC DONK			5:44.00			<b>5:55.11</b>	+0,80
Jacqueline de Ruiter-Wijnolst	+0,80	40.28	1:23.23	Lia Bijkerk	+0,39	49.65	1:53.97	
Mario Peeters	+0,44	35.27	1:16.48	Peter Coffey	+0,28	37.22	1:21.43	

200+, Dames

1. CNSW 2	CNSW			5:10.00			<b>5:14.62</b>	+0,80
<i>Wereld Masters Record</i>								
Pierrette Michel	+0,80	38.58	1:19.22	Claire Anthony	+0,45	38.09	1:27.46	
Colette Crabbe	+0,39	39.43	1:24.93	Nathalie Blondeel	+0,55	30.39	1:03.01	
2. AZ&PC 1	AZ&PC			5:19.77			<b>5:23.84</b>	+0,93
<i>Nederlands Masters Record</i>								
Henriëtte v. Norden	+0,93	40.08	1:23.51	Marja Bloemzaad	+0,18	34.44	1:16.50	
Petra Casteleijn	+0,40	43.84	1:35.48	Atie Pijtak-Radersma	+0,42	32.55	1:08.35	

200+, Heren

1. CNSW 1	CNSW			4:48.00			<b>4:53.54</b>	+0,71
<i>Kampioenschaps Record</i>								
Pascal Balancier	+0,71	36.35	1:15.09	Jean-Marie Cadiat	+0,56	31.40	1:09.81	
Philippe Godbille	+0,13	40.59	1:27.32	Lionel Godeaux	+0,34	28.19	1:01.32	
2. PSV 7	PSV			5:04.84			<b>5:08.11</b>	+0,67
<i>Nederlands Masters Record</i>								
Ron Phaff	+0,67	37.27	1:17.52	Jan Tinholt	+0,38	38.41	1:28.89	
Ronald Smits	+0,36	34.44	1:15.72	Joop Ariaens	+0,63	31.47	1:05.98	



Programmanr. 20, 4 x 100m wisselslag

200+, Gemengd

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV		4:59.88				<b>5:06.93</b>	+0,71
	Brend Brevé	+0,71	39.50	1:19.19	Gudule van der Meer	+0,48	34.60	1:15.11	
	Harold Matla	+0,38	35.97	1:15.95	Patty Verhagen	+0,18	36.96	1:16.68	
2.	DAW 3	DAW		5:30.82				<b>5:33.52</b>	+0,74
	John Stokx	+0,74	35.71	1:15.65	Ilona Hogerheyde	+0,40	33.98	1:17.38	
	Petra Tossings	+0,67	47.92	1:41.45	Jaap Kwakkel	+0,42	36.08	1:19.04	
3.	AZ&PC 2	AZ&PC		5:36.71				<b>5:35.09</b>	+0,69
	Edwin v. Norden	+0,69	33.42	1:09.33	Lidia v. Bon-Rosenbrand	+0,44	34.65	1:17.70	
	Loekie v. Huissteden	+0,26	57.93	2:05.52	Ron Korzelius	+0,28	29.50	1:02.54	

240+, Dames

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV		8:11.23				<b>8:07.05</b>	+0,80
	Irma Hertogs	+0,80	43.32	1:31.23	Jolanda van Gendt	+0,21	38.18	1:28.14	
	Marianne Maandonks	+0,74	1:36.44	3:29.38	Annie Smits	+0,72	46.38	1:38.30	

240+, Gemengd

1.	Swol 1894 1	Swol 1894		5:56.00				<b>6:01.43</b>	+0,89
	Rob Berkhof	+0,89	43.89	1:29.56	Christien Nieuwenhuis	+0,24	38.95	1:29.03	
	Bea Swijnenberg	+0,29	49.21	1:44.25	Be van der Ziel	+0,55	38.16	1:18.59	

280+, Dames

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV		7:20.58				<b>7:31.05</b>	+0,89
	Alice Lindhout	+0,89	59.75	2:08.59	Gonnie Bak	+0,74	57.64	1:59.85	
	Corrie Verhoeven		46.24	1:46.04	Lottie Geurts	+0,36	45.99	1:36.57	
BM	SPONS 1	SPONS		NT				<b>5:55.99</b>	+0,69
	Sarissa Homsmas	+0,69	45.31	1:34.20	Mandy van Wakeren	+0,42	32.05	1:13.57	
	Linde Rustenburg	+0,29	45.65	1:40.62	Kelly van de Weijden	+0,34	40.81	1:27.60	

Programmanr. 22  
04-05-2013 - 12:41

Dames, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1.	Silke Oude Weernink	De Dinkel	2:19.87 199002854	<b>2:27.90</b> *	+0,70	33.78	1:11.24	1:49.75	2:27.90
2.	Désirée Emmen	De Warande	2:31.13 199204862	<b>2:34.75</b>	+0,71	34.80	1:13.05	1:53.87	2:34.75
3.	Sigrid Dogger	De Zwoer	2:35.88 199200452	<b>2:38.10</b>	+0,74	36.77	1:17.63	1:58.55	2:38.10
4.	Ruby Boudestein	De Lansingh	2:40.77 199303430	<b>2:38.56</b>	+0,66	37.80	1:17.49	1:58.87	2:38.56
5.	Kim Anne Bouw	AZ&PC	2:34.98 199000500	<b>2:38.63</b>	+0,77	36.33	1:16.33	1:57.65	2:38.63
6.	Sigrit Aarten	Deltasteur	2:38.82 199302868	<b>2:43.06</b>	+0,75	38.00	1:18.66	2:01.34	2:43.06
7.	Simone de Boer	LZ 1886	2:36.95 199306858	<b>2:46.58</b>	+0,72	38.24	1:20.41	2:03.64	2:46.58
8.	Marloes Resink	Octopus	2:36.91 199003078	<b>2:48.27</b>	+0,84	39.56	1:21.93	2:05.72	2:48.27
9.	Maaïke de Boer	De Duinkickers	2:38.74 199000362	<b>2:49.32</b>	+0,74	40.68	1:23.62	2:07.31	2:49.32
10.	Cynthia Grootbeoer	SBC2000	2:32.76 198901462	<b>2:49.49</b>	+0,83	39.57	1:22.12	2:05.94	2:49.49
11.	Whitley Rens	De Schotelij	2:50.07 199007520	<b>2:58.32</b>	+0,74	42.49	1:27.83	2:13.39	2:58.32
12.	Irmgard van Weeghel	Octopus	2:54.41 199204834	<b>3:00.08</b>	+0,85	42.79	1:27.76	2:14.37	3:00.08
13.	Eline Schoenmaker	De Duinkickers	2:50.68 199003322	<b>3:01.58</b>	+0,73	43.81	1:30.06	2:16.84	3:01.58
14.	Yvonne Bruls	Eurode KZC	3:03.70 199008114	<b>3:06.46</b>	+0,72	43.10	1:31.30	2:20.60	3:06.46
15.	Pauline Magnée	De Warande	3:01.46 199205434	<b>3:08.99</b>	+0,79	45.30	1:33.77	2:23.34	3:08.99
16.	Liesbeth Bruinekoel	Zuiderzeezwemmers	4:20.68 199007958	<b>4:43.89</b>	+0,78	1:05.16	2:16.64	3:31.46	4:43.89

Programmanr. 22, Dames, 200m rugslag

Masters 25+

1. Samantha van Eijk	De Geul	2:33.49	198806826	<b>2:43.04</b>	+0,71	37.72	1:18.34	2:01.33	2:43.04
2. Laura Oosterbroek	Swol 1894	2:48.51	198803264	<b>2:47.14</b>	+0,78	38.41	1:20.69	2:04.03	2:47.14
3. Wietke Elzinga	DAW	2:46.71	198601038	<b>2:47.41</b>	+0,72	38.07	1:20.43	2:04.76	2:47.41
4. Esther van Maastrigt	Montferland	2:50.11	198802836	<b>2:47.60</b>	+0,68	39.17	1:20.76	2:04.06	2:47.60
5. Yvette Nota - Peters	De Spatters	2:46.41	198703158	<b>2:47.67</b>	+0,72	38.99	1:22.24	2:05.77	2:47.67
6. Anna Boef	LZ 1886	2:42.75	198806288	<b>2:47.74</b>	+0,70	38.64	1:20.94	2:04.18	2:47.74
7. Marlies Jehoel-van As	PSV	3:00.00	198500074	<b>2:58.02</b>	+0,78	40.86	1:25.94	2:11.52	2:58.02
8. Babette Dessing	WIDEX GZC DONK	2:50.67	198500646	<b>2:58.20</b>	+0,65	41.71	1:27.20	2:12.83	2:58.20
9. Liset de Veer	Aqua-Novio'94	3:00.97	198704190	<b>2:59.38</b>	+0,76	41.90	1:27.41	2:12.80	2:59.38
10. Lisette Prins	WVZ	2:46.33	198803522	<b>3:00.14</b>	+0,79	40.51	1:25.15	2:12.69	3:00.14
11. Renske Eilers	De Amer	2:52.21	198806072	<b>3:03.47</b>	+0,62	42.67	1:28.77	2:16.25	3:03.47
12. Karin van Leersum	Piranha	3:02.77	198802658	<b>3:09.21</b>	+0,77	45.35	1:32.60	2:21.37	3:09.21
13. Serima Louise Wildvank	De Spatters	3:09.99	198604104	<b>3:18.00</b>	+0,78	45.38	1:34.30	2:25.82	3:18.00
14. Angélique Rotteveel	Aquapoldro	3:22.26	198402090	<b>3:27.85</b>	+0,69	47.49	1:41.14	2:35.86	3:27.85
DIS Nicole van Doeselaar	AquAmigos	3:25.65	198500692						AF

Masters 30+

1. Nadya Putter	ZVVS	2:39.63	198301630	<b>2:42.54</b>	+0,77	39.55	1:20.20	2:01.48	2:42.54
2. Stephanie Vaernewyck	MEGA	2:40.74	MEGA/352/83	<b>2:45.24</b>	+0,72	38.70	1:19.98	2:02.60	2:45.24
3. Roos van Esch	TRB-RES	2:43.23	198200468	<b>2:46.01</b>	+0,79	40.31	1:23.45	2:05.86	2:46.01
4. Anke Lambooj	AZL	2:47.80	198001182	<b>2:59.13</b>	+0,74	41.08	1:25.56	2:12.41	2:59.13
5. Natascha Hartman	PSV	2:56.27	198101780	<b>3:07.16</b>	+0,84	43.43	1:30.34	2:19.16	3:07.16
6. Carmen Haan	De Spatters	2:53.52	197901458	<b>3:08.81</b>	+0,88	43.84	1:32.77	2:21.56	3:08.81
DIS Linda Hoogendam	Zoetermeer	2:55.23	198300892						AA
AFGEM Annie Buitelaar	ZVVS	2:34.74	198202284						

Masters 35+

1. Jolanda van Gendt	PSV	2:55.79	197800266	<b>2:55.22</b>	+0,69	40.47	1:25.23	2:10.13	2:55.22
2. Diane Scholing	Het Ravijn	3:07.81	197701090	<b>3:00.11</b>	+0,79	41.76	1:26.84	2:13.30	3:00.11
3. Claudia van Drunen	AquAmigos	3:04.42	197700810	<b>3:02.63</b>	+0,79	42.69	1:29.26	2:17.54	3:02.63
4. Anneke de Groot	De Fuut	3:17.69	197701140	<b>3:16.31</b>	+0,79	45.98	1:36.10	2:26.88	3:16.31
5. Margriet Leeffers	Deltasteur	3:25.10	197800448	<b>3:32.04</b>	+0,78	48.06	1:41.95	2:37.03	3:32.04
6. F. Verriet-Regensburg	Njord	4:25.29	197500428	<b>4:16.90</b>	+0,79	1:00.65	2:06.34	3:12.63	4:16.90

Masters 40+

1. Gudule van der Meer	PSV	2:42.08	197200396	<b>2:43.70</b>	+0,68	38.37	1:20.89	2:02.94	2:43.70
2. Heidi van Stein	LZ 1886	2:46.70	196900864	<b>2:50.63</b>	+0,76	38.86	1:21.48	2:05.82	2:50.63
3. Henriëtte Manting	GZVW	3:01.49	197100246	<b>3:10.91</b>	+0,82	43.41	1:31.61	2:21.58	3:10.91
4. Nicole Vrijhoeven	PSV	3:10.87	196900834	<b>3:20.66</b>	+0,78	47.49	1:37.47	2:29.63	3:20.66
5. Greta Wyma-Teitsma	DWK	3:44.59	197100696	<b>3:40.70</b>	+0,73	49.94	1:46.03	2:43.70	3:40.70

Masters 45+

1. Bridget Bewick	Maidenhead ASC	2:48.39	462298	<b>2:53.41</b>	+0,81	41.42	1:25.70	2:10.02	2:53.41
2. S. Prins - Molenwijk	SBC2000	2:53.51	196600284	<b>2:56.32</b>	+0,64	41.94	1:26.56	2:11.97	2:56.32
3. Susanne van Hooven	De Schoteijl	2:55.77	196800752	<b>3:07.09</b>	+0,77	41.84	1:28.32	2:18.53	3:07.09
4. Ariane Ruymaekers	Zwemclub Iloka Kapellen	3:14.48	ZIK/173/67	<b>3:20.20</b>	+0,85	47.09	1:38.40	2:30.86	3:20.20
5. Donja Extel-Ransdorp	PSV	3:40.00	196600576	<b>3:30.06</b>	+1,00	48.62	1:42.33	2:37.53	3:30.06
6. Jeanette Smits	Orca	3:20.46	196600312	<b>3:31.29</b>	+0,90	48.89	1:42.42	2:38.06	3:31.29

Masters 50+

1. Julia Moh-Klaren	CSAKB	3:01.28	922540	<b>3:03.15</b>	+0,88	42.23	1:27.57	2:15.63	3:03.15
2. Inge Wolfs	PLONS	3:12.75	196000304	<b>3:06.12</b>	+0,75	43.91	1:31.50	2:19.51	3:06.12
3. Jeannette Ruesink	WS Twente	3:02.70	196300212	<b>3:06.63</b>	+0,84	46.35	1:34.46	2:21.71	3:06.63
4. Annemarie Vuist	Swol 1894	3:08.42	196300282	<b>3:07.57</b>	+0,90	45.20	1:32.26	2:20.83	3:07.57
5. Irma Hertogs	PSV	3:12.33	195900222	<b>3:08.88</b>	+0,81	43.63	1:31.89	2:21.12	3:08.88
6. Pia van der Molen	HZ&PC Heerenveen	3:22.53	196000116	<b>3:18.41</b>	+0,80	45.90	1:35.61	2:28.37	3:18.41
7. Marie-Josée Matte	WVZ	3:28.66	196000326	<b>3:30.93</b>	+0,79	45.69	1:39.24	2:35.15	3:30.93

Programmanr. 22, Dames, 200m rugslag, Masters 50+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
8. Jennie Resink-lindeboom	DWK	3:29.94 196000142	<b>3:31.36</b>	+0,84	51.34	1:44.64	2:38.89	3:31.36
9. Joke Burgers	Swol 1894	4:27.23 196000226	<b>4:36.70</b>	+0,79	1:02.29	2:12.98	3:26.19	4:36.70
DIS Katinka Elders	Oceanus	3:34.33 196000292		RD				

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	3:00.47 195600048	<b>3:03.90</b>	+0,85	43.91	1:30.55	2:18.17	3:03.90
2. Margriet Pasma	De Pinquin	3:14.23 195500088	<b>3:22.18</b>	+0,77	46.99	1:38.33	2:30.26	3:22.18
3. Lies Hartman	VfR Übach-Palenberg	4:43.84 164684	<b>4:38.96</b>	+0,89	1:03.32	2:13.83	3:29.03	4:38.96

Masters 60+

1. Ineke Meijer	HZ&PC Heerenveen	3:32.88 195200034	<b>3:48.71</b>	+0,79	54.73	1:54.42	2:53.29	3:48.71
2. A. Gilding-Tussaud	WS Twente	3:43.32 195000038	<b>3:52.30</b>	+0,82	53.49	1:53.17	2:53.95	3:52.30
3. Gonnie Bak	PSV	3:59.19 195100064	<b>4:03.49</b>	+0,81	59.06	2:02.83	3:07.58	4:03.49
4. Tineke van Diggelen	Oceanus	3:59.00 195200048	<b>4:04.49</b>	+1,01	55.92	1:57.46	3:00.52	4:04.49
5. Fernande Blondeel	CNSW	4:07.96 CNSW/011/52	<b>4:08.35</b>	+0,78	54.90	1:57.47	3:04.42	4:08.35

Masters 65+

1. Loekie v. Huissteden	AZ&PC	4:24.98 194500002	<b>4:27.52</b>	+0,82	1:02.43	2:12.21	3:22.67	4:27.52
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Masters 70+

1. Paulette Kersse-Verbeke	Club Nautique Croix	3:55.90 494441	<b>4:07.49</b>	+0,84	58.45	1:59.73	3:05.00	4:07.49
2. Waltraud Monstadt	SV Blau-Weiss Bochum	4:03.94 116979	<b>4:11.83</b>	+1,04	55.96	2:00.73	3:07.47	4:11.83

Masters 75+

1. Ingrid Keusch-Renner	SV Blau-Weiss Bochum	4:26.70 073495	<b>4:34.98</b>	+0,91	1:02.62	2:13.47	3:26.06	4:34.98
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Programmanr. 23  
04-05-2013 - 13:13

Heren, 200m rugslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Jan-Willem v.d. Graaff	Het Y	2:23.84 198901023	<b>2:21.63</b>	+0,53	33.89	1:10.54	1:46.81	2:21.63
2. Sjoerd Sieval	LZ 1886	2:20.76 199002663	<b>2:28.29</b>	+0,70	34.87	1:12.16	1:49.90	2:28.29
3. Raoul Engelenburg	Het Y	2:19.43 198900843	<b>2:31.23</b>	+0,64	35.78	1:14.51	1:53.03	2:31.23
4. Bram Becks	HZPC	2:27.26 199303701	<b>2:33.54</b>	+0,73	36.48	1:15.70	1:54.92	2:33.54
5. Marc Verhaeg	D'Eift WAVE (SG)	2:30.94 198905665	<b>2:42.24</b>	+0,73	37.32	1:18.84	2:00.98	2:42.24
6. Ruben de Boer	De Duinkickers	2:42.93 199301419	<b>2:49.27</b>	+0,67	39.25	1:21.77	2:06.82	2:49.27
<b>Masters 25+</b>								
1. Sander Bouts	RZ	2:26.60 198500331	<b>2:23.00</b>	+0,78	33.20	1:09.45	1:46.92	2:23.00
2. Floris Manni	Octopus	2:23.75 198805679	<b>2:23.91</b>	+0,69	32.93	1:09.57	1:47.45	2:23.91
3. Sebastian Feidieker	Warendorfer SU	2:30.76 063045	<b>2:25.78</b>	+0,83	34.39	1:10.65	1:48.36	2:25.78
4. Christiaan Fusers	De Roersoppers	2:16.13 198700977	<b>2:25.79</b>	+0,62	33.26	1:10.48	1:48.54	2:25.79
5. Thommy Nickel	Van Vliet-Barracuda	2:26.96 198401627	<b>2:27.61</b>	+0,75	35.19	1:11.95	1:50.28	2:27.61
6. Mark Gorissen	HGN (SG)	2:30.87 198600973	<b>2:28.95</b>	+0,84	35.34	1:13.09	1:51.38	2:28.95
7. Mario Peeters	WIDEX GZC DONK	2:23.66 198602355	<b>2:33.11</b>	+0,73	35.21	1:14.18	1:54.84	2:33.11
8. Rick Driezen	Steenwijk 1934	2:38.29 198600713	<b>2:36.19</b>	+0,89	37.46	1:16.93	1:57.00	2:36.19

Programmanr. 23, Heren, 200m rugslag

Masters 30+

1. Paul Oudendijk	OEZA	2:27.48	198101287	<b>2:25.62</b>	+0,79	34.15	1:11.48	1:49.76	2:25.62
2. Nol van Thull	ZOB'66	2:18.01	198001513	<b>2:25.75</b>	+0,80	34.93	1:11.59	1:49.07	2:25.75
3. Marcel Reefhuis	WS Twente	2:29.63	198101381	<b>2:30.94</b>	+0,67	35.68	1:13.67	1:52.83	2:30.94
4. Stan Dekker	PLONS	2:32.02	197901823	<b>2:31.63</b>	+0,71	35.12	1:13.66	1:53.05	2:31.63
5. Freddie Geerlings	HGN (SG)	2:31.95	197900379	<b>2:43.69</b>	+0,85	38.32	1:19.71	2:02.14	2:43.69

Masters 35+

1. Dennis Brouwers	HZPC	2:18.20	197800167	<b>2:17.97</b>	+0,72	33.20	1:07.85	1:42.74	2:17.97
<i>Nederlands Masters Record</i>									
2. Egbert Stolk	D'Elft WAVE (SG)	2:15.55	197600889	<b>2:25.30</b>	+0,84	34.86	1:12.09	1:49.39	2:25.30
3. Ivo Roozeboom	WVZ	2:16.45	197700801	<b>2:30.14</b>	+0,75	34.64	1:13.08	1:52.35	2:30.14
4. Jan Gerard Sterenburg	RZC	2:33.38	197501349	<b>2:37.06</b>	+0,80	37.69	1:17.65	1:58.16	2:37.06
5. Roger Flinterman	Zoetermeer	2:29.10	197601261	<b>2:40.07</b>	+0,77	37.16	1:18.10	1:59.06	2:40.07
6. Markus van Rest	Zoetermeer	2:31.42	197701197	<b>2:44.85</b>	+0,75	38.25	1:20.00	2:03.15	2:44.85
7. Arjan Aalbers	Swol 1894	2:45.32	197500001	<b>2:46.15</b>	+0,78	38.40	1:21.45	2:05.53	2:46.15
8. Gerard Eghuizen	HZ&PC Heerenveen	2:40.41	197400197	<b>2:46.52</b>	+0,77	38.83	1:20.91	2:03.81	2:46.52

Masters 40+

1. Janis Plotnieks	Riga Kipsala SC	2:23.41	1971PLOT	<b>2:24.58</b>	+0,71	32.77	1:10.02	1:47.61	2:24.58
<i>Kampioenschaps Record</i>									
2. Arjan Bellaart	Oceanus	2:35.57	196900079	<b>2:33.72</b>	+0,65	35.81	1:15.34	1:54.55	2:33.72
3. Oliver Podebrad	SC Wiesbaden 1911 e.V.	2:51.06	262705	<b>3:00.66</b>	+0,86	43.48	1:28.88	2:15.34	3:00.66
4. Jacques Verriet	Njord	3:07.86	197001039	<b>3:16.37</b>	+0,83	45.85	1:35.79	2:26.72	3:16.37

Masters 45+

1. Jan Gert Notenbomer	Upstream Amsterdam	2:22.73	196600557	<b>2:24.95</b>	+0,78	33.98	1:10.23	1:47.63	2:24.95
2. Tomas Prescher	SSF Sieglar 1960 e.V.	2:29.19	146010	<b>2:30.26</b>	+0,67	35.71	1:13.95	1:52.98	2:30.26
3. Bert Schlicher	RZ	2:28.15	196400669	<b>2:34.64</b>	+0,71	37.17	1:17.17	1:56.19	2:34.64
4. Mark Siebert	SV Gladbeck 13	2:50.76	093181	<b>2:48.74</b>	+0,69	38.57	1:21.77	2:05.84	2:48.74
5. Nico Swart	Den Doorn	2:51.97	196801475	<b>2:51.31</b>	+0,80	39.33	1:22.74	2:07.64	2:51.31
6. Patrick Juncker	Swimming Luxembourg	2:51.42	136	<b>2:51.35</b>	+0,81	41.23	1:24.54	2:08.86	2:51.35
<i>LUX.MR</i>									
7. Fred Heemstra	DAW	2:44.94	196500357	<b>2:59.97</b>	+0,69	41.87	1:28.34	2:14.56	2:59.97
8. Henk van Zetten	Octopus	3:15.26	196701261	<b>3:18.02</b>	+0,68	46.82	1:39.09	2:31.01	3:18.02
9. Hans Maas	PLONS	3:15.68	196501433	<b>3:27.90</b>	+0,76	48.92	1:41.53	2:36.54	3:27.90

Masters 50+

1. Johan Remmits	One Team Swimming	2:29.07	196201159	<b>2:33.71</b>	+0,80	35.68	1:14.04	1:53.85	2:33.71
2. Ron Phaff	PSV	2:49.48	196200495	<b>2:49.07</b>	+0,70	39.25	1:22.29	2:05.57	2:49.07
3. Eric Langhorst	De Rijn	2:50.07	196200389	<b>2:50.47</b>	+0,77	40.86	1:25.18	2:08.54	2:50.47
4. Menno Lomans	D'Elft WAVE (SG)	2:45.37	196101071	<b>2:52.17</b>	+0,81	41.02	1:24.58	2:08.74	2:52.17
5. Rensonnet Raymond	Verviers Natation	2:52.36	VN/439/60	<b>2:56.27</b>	+0,80	41.78	1:27.32	2:12.35	2:56.27
6. Casper Dollekamp	Steenwijk 1934	3:06.21	196301341	<b>3:03.14</b>	+0,79	44.77	1:31.51	2:18.34	3:03.14
7. Berend Geurts	Nuenen	2:59.74	196201121	<b>3:06.41</b>	+0,90	43.08	1:31.22	2:18.76	3:06.41
8. Michiel Klaren	PSV	3:10.00	196201087	<b>3:14.54</b>	+0,74	45.72	1:36.00	2:28.00	3:14.54
9. Jack Barends	WS Twente	3:03.38	196201011	<b>3:15.31</b>	+0,91	47.24	1:36.31	2:26.70	3:15.31
10. Lieven De Rijcke	Groot Beverse Zwemclub	3:22.95	GBZ/130/60	<b>3:24.11</b>	+0,80	45.86	1:37.49	2:30.69	3:24.11
11. Filip Timmermans	ShaRK	3:44.18	SHARK/163/60	<b>3:46.57</b>	+0,75	52.57	1:50.18	2:48.44	3:46.57

Masters 55+

1. Evertjan Masurel	PSV	2:58.77	195600495	<b>3:06.12</b>	+0,90	42.74	1:30.66	2:18.72	3:06.12
2. Harry Paas	ZVVS	3:09.92	195800689	<b>3:21.99</b>	+0,67	46.98	1:38.39	2:31.37	3:21.99



Programmanr. 23, Heren, 200m rugslag

Masters 60+

1. Brend Brevé	PSV	2:51.62	195200265	<b>2:55.37</b>	+0,74	42.46	1:27.71	2:13.32	2:55.37
2. Jos Kamps	De Amer	3:37.48	195100085	<b>3:41.83</b>	+0,79	49.44	1:46.91	2:45.90	3:41.83

Masters 65+

1. Donald Uijtenbogaart	Het Y	3:06.84	194700107	<b>3:09.52</b>	+0,71	44.52	1:33.00	2:21.76	3:09.52
2. Mans Buis	Het Ravijn	3:50.98	194700133	<b>3:48.15</b>	+0,95	53.35	1:53.12	2:52.06	3:48.15

Masters 70+

1. Frans van Enst	WS Twente	3:05.37	194000011	<b>3:11.55</b>	+0,65	44.32	1:32.58	2:22.58	3:11.55
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Masters 75+

1. Jan Eichhorn	ZV Haerlem	3:45.32	193700015	<b>4:01.72</b>	+1,05	55.28	1:55.21	2:59.00	4:01.72
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Masters 80+

1. Georges Verhelst	AZSC	3:55.88	AZSC/952/31	<b>4:06.89</b>	+0,61	57.87	2:00.27	3:05.29	4:06.89
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4 - ONMK 2013 lb sessie 4

04-05-2013 - 13:39

Programmanr. 24  
04-05-2013 - 13:39

Dames, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
<b>80+</b>						
1.	DAW 2	2:04.53		<b>2:01.62</b>	+0,83	
	Bianca Paape	85 +0,83	29.43	Wieteke Elzinga	86 +0,28	30.24
	Jacqueline Schroer	91 +0,32	31.60	Maaïke Vooren	91 +0,39	30.35
2.	WVZ 1	2:00.10		<b>2:03.19</b>	+0,79	
	Melissa de Zeeuw	93 +0,79	29.87	Isabelle Massar	91 +0,36	28.63
	Lisette Prins	88 +0,49	33.56	Monique Pronk	88 +0,63	31.13
<b>100+</b>						
1.	De Dinkel 1	1:58.27		<b>1:54.68</b>	+0,76	
	<i>Kampioenschaps Record</i>					
	Karin Hidding	84 +0,76	28.75	Franca Willeme	84 +0,49	29.67
	Anique Willeme	86 +0,27	28.74	Marlies Reinders	86 +0,35	27.52
2.	Zuiderzeewimmers 1	2:04.94		<b>2:00.89</b>	+0,67	
	Jen-Ai van Soelen	90 +0,67	28.74	Leonie Nijenhuis	92 +0,41	30.84
	Renata van Essen	73 +0,04	31.94	Lisanne Andeweg	88 +0,20	29.37
3.	LZ 1886 1	2:03.02		<b>2:02.31</b>	+0,73	
	Simone de Boer	93 +0,73	30.21	Rosanne de Boer	91 +0,48	30.20
	Anna Boef	88 +0,54	32.37	Heidi van Stein	69 +0,37	29.53
4.	De Geul 1	2:02.05		<b>2:03.95</b>	+0,82	
	Sunanda van Heteren	89 +0,82	30.90	Pauline Tieleman	84 +0,41	30.63
	Marissa van Gent	73	33.00	Samantha van Eijk	88 +0,39	29.42
5.	PSV 4	2:10.01		<b>2:09.22</b>	+0,84	
	Tineke Roelofs	85 +0,84	34.43	Kim van der Beek	87 +0,54	31.26
	Marlies Jehoel-van As	85 +0,41	31.93	Elles van Leeuwen	86 +0,60	31.60
6.	ZV De Bron 1	2:09.37		<b>2:09.62</b>	+0,75	
	Pascalie Rovers	93 +0,75	29.94	Kristel Lips	79 +0,60	34.49
	Annette Vogelsang	84 +0,54	32.47	Ingrid van der Does	80 +0,25	32.72
7.	Montferland 1	2:12.29		<b>2:12.21</b>	+0,92	
	Marije Jansen	85 +0,92	30.13	Angela Giezen	83 +0,72	34.94
	Wieteke Jansen	90 +0,57	32.75	Kelly Bocking	91 +0,39	34.39

Programmanr. 24, Dames, 4 x 50m vrije slag

120+

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV		1:57.73			<b>1:55.47</b>	+0,80
	Stephanie Rombout	88	+0,80	28.71	Marjolijn Wuisman	86	+0,26	27.71
	Nienke van Stipriaan	87	+0,31	28.99	Saskia Phaff	66	+0,41	30.06
2.	De Biesboschzwemmers 1	De Biesboschzwemmers		2:01.91			<b>2:02.65</b>	+0,72
	Annette Wijinja-Visser	67	+0,72	32.01	Sabrina Boekhout	81	+0,38	30.06
	Kim Wijinja	91	+0,42	30.63	Tonny Methorst	88	+0,38	29.95
3.	Zoetermeer 1	Zoetermeer		2:12.86			<b>2:05.51</b>	+0,79
	Chita van der Goorbergh	68	+0,79	30.46	Sanne van Dijk	90	+0,61	30.31
	Linda Hoogendam	83	+0,58	32.05	Fleur Maas	89	+0,41	32.69
4.	De Schotejil 1	De Schotejil		2:08.76			<b>2:11.25</b>	+0,86
	Susanne van Hooven	68	+0,86	35.17	Whitley Rens	90	+0,65	32.39
	Eline Roeland	88	+0,44	32.88	Marjon van Kempen	80	+0,40	30.81
5.	DAW 1	DAW		2:13.91			<b>2:11.73</b>	+0,77
	Esther Steltenpohl	85	+0,77	31.89	Channe Noort	86	+0,47	31.93
	Petra Tossings	61	+0,64	37.39	Sandra Pannekeet	84	+0,38	30.52
6.	WIDEX GZC DONK 1	WIDEX GZC DONK		2:18.25			<b>2:16.25</b>	+0,89
	Jacqueline de Ruiter-Wijnolst	74	+0,89	31.39	Laura van Manen	84	+0,62	33.48
	Patricia Molenaar	58	+0,28	39.08	Babette Dessing	85	+0,40	32.30
7.	De Dinkel 2	De Dinkel		2:18.99			<b>2:16.92</b>	+0,79
	Ellen Lubben	84	+0,79	32.57	Marieke Langendonk	79	+0,52	34.29
	Natasja van de Schaaf	82	+0,65	35.40	Patricia Strohm	81	+0,64	34.66
8.	De Spatters 1	De Spatters		2:16.80			<b>2:17.96</b>	+0,82
	Diana Westerdijk	72	+0,82	36.25	Roelien Speelman - Tigelaar	66	+0,37	34.59
	Yvette Nota - Peters	87	+0,43	33.44	Karin Hovenkamp	87	+0,48	33.68
9.	RZ 2	RZ		2:25.05			<b>2:21.06</b>	+0,93
	Patricia Austen	70	+0,93	36.51	Marian Bouts	86	+0,39	32.09
	Yvonne Russ - Dijk	70	+0,53	40.31	Julia Dros	80	+0,50	32.15
10.	Den Doorn 1	Den Doorn		2:22.39			<b>2:28.73</b>	+0,87
	Lisanne van Noorloos	91	+0,87	33.29	Devina de With	92	+0,46	37.85
	Ineke Branderhorst	69	+0,46	41.29	Antoinette Kant	69	+0,57	36.30

160+

1.	RZ 1	RZ		2:13.86			<b>2:15.19</b>	+0,99
	Marion van Gerwen	65	+0,99	34.29	Vivian van Kerkwijk	75	+0,74	33.60
	Dianne Nien	71	+0,50	33.95	Wendy Kroops	68	+0,50	33.35
2.	AZ&PC 1	AZ&PC		2:26.81			<b>2:23.27</b>	+0,96
	Loekie v. Huissteden	45	+0,96	46.95	Friderika Kerekes	65	+0,39	36.15
	Kim Anne Bouw	90	+0,53	29.72	Lidia v. Bon-Rosenbrand	70	+0,37	30.45
3.	De Dinkel 3	De Dinkel		2:32.47			<b>2:30.90</b>	+1,05
	Natasja Linderhof	75	+1,05	36.08	Annette Rikhof	59	+0,49	36.35
	Andrea Groeneveld	72	+0,07	40.40	Karin Rikhof	66	+0,60	38.07
DIS	Njord 1	Njord		2:31.49				A A
	Lilian Schippers	68			Simone van Lent	69		
	Fabienne Verriet-Regensburg	75			Karin Sagonas	70		

200+

1.	CNSW 1 <i>BMR</i>	CNSW		2:06.00			<b>2:09.72</b>	+0,84
	Colette Crabbe	56	+0,84	31.88	Claire Anthony	57	+0,48	34.76
	Pierrette Michel	62	+0,24	34.24	Nathalie Blondeel	77	+0,39	28.84
2.	ZVVS 1	ZVVS		2:13.50			<b>2:12.97</b>	+0,89
	Joyce Brummelkamp	70	+0,89	34.63	Karin Stein	71	+0,38	32.02
	Ada de Voogd	59	+0,40	33.52	Conny Boer-Buys	50	+0,51	32.80
3.	Swol 1894 1	Swol 1894		2:15.00			<b>2:17.94</b>	+0,69
	Laura Oosterbroek	88	+0,69	30.98	Annemarie Vuist	63	+0,31	34.04
	Bea Swijnenberg	49	+0,14	40.59	Christien Nieuwenhuis	51	+0,28	32.33
4.	PSV 1	PSV		2:41.24			<b>2:37.95</b>	+1,31
	Annie Smits	46	+1,31	43.52	Betty van Kemenade	68	+0,68	42.66
	Ymke Snellen van Vollenhoven	68	+0,10	35.32	José Sanders	68	+0,16	36.45

Programmanr. 24, Dames, 4 x 50m vrije slag

240+

1. PSV 3	PSV			2:34.25		<b>2:32.57</b>	+0,88
Ineke Weekers	53	+0,88	36.44	Patty Krupiarz	54	+0,40	35.37
Gonnie Bak	51	+0,30	43.58	Corrie Verhoeven	46	+0,50	37.18

Programmanr. 25  
04-05-2013 - 13:48

Heren, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT			
<b>80+</b>								
1.	LZ 1886 1	LZ 1886		1:40.50	<b>1:41.81</b> +0,70			
	Lars Sieval	93	+0,70	25.37	Sjoerd Sieval	90	+0,33	26.67
	Kristiaan Lenos	83	+0,24	25.00	Joost Rijnjtes	91	+0,47	24.77
2.	Octopus 1	Octopus		1:50.31	<b>1:46.72</b> +0,71			
	Floris Manni	88	+0,71	27.14	Roald Blok	93	+0,44	27.22
	Albert van Piekeren	84	+0,31	27.58	Emile Manni	90	+0,25	24.78
<b>100+</b>								
1.	RSCM 1 BMR	RSCM		1:43.47	<b>1:43.59</b> +0,72			
	Ken Rogiers	89	+0,72	26.26	Jens Van Cauteren	93	+0,38	25.98
	Jeroen Van Den Bosch	75	+0,49	25.77	Gil Rogiers	90	+0,35	25.58
2.	WVZ 1	WVZ		1:44.99	<b>1:46.20</b> +0,83			
	Bas v.d. Laan	83	+0,83	27.44	Ivo Roozeboom	77	+0,33	26.17
	Nick Baron	91	+0,30	26.26	Mike Stoffer	89	+0,18	26.33
3.	De Schotejil 1	De Schotejil		1:48.38	<b>1:48.38</b> +0,85			
	Martijn van Hoom	89	+0,85	26.43	Niels Albrechts	88	+0,29	27.15
	Marcel Stolk	80	+0,53	31.32	Mark Costeris	92	+0,13	23.48
4.	Montferland 1	Montferland		1:57.24	<b>1:58.73</b> +0,76			
	Maik Steenkamp	91	+0,76	28.82	Ferdinand Teitink	70	+0,65	31.79
	Kevin Dieker	91	+0,51	29.51	Roel van Beek	89	+0,49	28.61
<b>120+</b>								
1.	Zwemlust-den Hommel 1	Zwemlust-den Hommel		1:46.26	<b>1:45.05</b> +0,80			
	Mark Musch	84	+0,80	26.60	Mark Zwart	79	+0,31	26.63
	Vincent Versteeg	77	+0,34	26.63	Sven Jaeger	83	+0,22	25.19
2.	DAW 1	DAW		1:52.44	<b>1:49.27</b> +0,74			
	John Meijdam	83	+0,74	27.66	Alex Damen	75	+0,32	26.53
	Frits Delicaat	79	+0,36	27.78	Kars Luttik	78	+0,23	27.30
3.	DES 1	DES		1:48.28	<b>1:49.51</b> +0,91			
	David Falces	60	+0,91	29.75	Tyrick de Kort	89	+0,09	25.16
	Peter Hesseling	64	+0,69	28.79	Jean Pierre Bisslik	87	+0,42	25.81
4.	Den Doorn 1	Den Doorn		1:52.63	<b>1:57.00</b> +0,90			
	Lars Duijnhouwer	91	+0,90	28.66	Tommy Uilenberg	86	+0,46	28.59
	Wouter van der Stelt	72	+0,34	30.25	Nico Swart	68	+0,54	29.50
5.	Zoetermeer 1	Zoetermeer		2:01.06	<b>1:59.02</b> +0,77			
	Markus van Rest	77	+0,77	28.72	Roger Flinterman	76	+0,41	28.63
	Simon van Ravesteijn	80	+0,23	27.18	Robert Witvliet	66	+0,73	34.49
6.	RZ 2	RZ		2:00.86	<b>2:00.60</b> +0,75			
	John Louwerts	68	+0,75	33.57	Erik van der Zeijden	86	+0,26	29.36
	Gino Martijn	79	+0,40	28.62	Herm Clabbers	84	+0,59	29.05
7.	De Duinkickers 1	De Duinkickers		1:57.75	<b>2:01.40</b> +1,14			
	Robert de Brauwer	64	+1,14	30.45	Marcel Brittijn	69	+0,37	31.73
	Robin Eggenkamp	87	+0,60	31.60	Remko Hooft	87	+0,42	27.62
8.	De Dinkel 1	De Dinkel		2:03.93	<b>2:05.02</b> +0,70			
	Tijn Huttenhuis	83	+0,70	32.66	Edwin Hagel	55	+0,32	34.50
	Rogier Becker	73	+0,62	30.00	Marien Willeme	89	+0,44	27.86

Programmanr. 25, Heren, 4 x 50m vrije slag, 120+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
DIS	Zuiderzeezwemmers 1 <i>dis 4e zwemmer</i>	Zuiderzeezwemmers 1:51.07		EA	+0,80
	Erik van der Heide	88 +0,80 26.48	Agnus Gerringa	71 +0,13 26.36	
	Gerko Versluis	69 +0,07 28.36	Ralf van der Poel	84 -0,04	

160+

1.	De Rog 1 Roy le Clercq Peter Bensen	De Rog 64 +0,98 31.57 63 +0,23 27.00	1:52.23 Reinier Ellenkamp Glen le Clercq	80 +0,32 27.09 68 +0,39 26.22	<b>1:51.88</b> +0,98
2.	RZ 1 Ralph Caster Bert Schlicher	RZ 61 +0,81 30.73 64 +0,43 28.00	1:58.40 Sander Bouts Dimitrie Sonnemans	85 +0,32 26.47 75 +0,48 27.13	<b>1:52.33</b> +0,81
3.	De Amer 1 Paul de Boer Jos Kamps	De Amer 68 +0,81 28.98 51 +0,52 32.68	1:54.40 Rutger Stam Dick Kampman	81 +0,32 26.71 88 +0,35 25.71	<b>1:54.08</b> +0,81
4.	PLONS 2 Mark Kas Hans Maas	PLONS 61 +0,89 32.50 65 +0,58 32.71	2:06.34 Vincent de Keijzer Stan Dekker	58 +0,64 34.12 79 +0,49 27.87	<b>2:07.20</b> +0,89
5.	De Spatters 1 Jan Haitsma Roelof Broekman	De Spatters 60 +1,00 37.24 68 +0,09 32.30	2:23.78 Danny Vochteloo Rene Speelman	92 +0,77 39.57 66 +0,42 31.73	<b>2:20.84</b> +1,00
6.	WIDEX GZC DONK 1 Remco Luijnenburg Yves van den Berg	WIDEX GZC DONK 79 +0,94 38.42 66 +0,56 32.64	2:25.57 Harm Bodewes Willem Jan Ribberink	55 +1,01 43.60 65 +0,70 31.76	<b>2:26.42</b> +0,94

200+

1.	PSV 1 <i>Nederlands Masters Record</i> Stefan Oosting Brend Brevé	PSV 81 +0,74 25.02 52 +0,36 29.50	1:49.55 Joop Ariaens Fred Ketting	59 +0,37 28.48 60 +0,23 27.12	<b>1:50.12</b> +0,74
2.	WWV 1 Theo Schouten Laurens Klein Breteler	WWV 46 +1,10 32.68 54 +0,24 31.78	2:00.29 Robert Vink Kees-Jan van Overbeeke	63 +0,27 27.52 62 +0,26 27.79	<b>1:59.77</b> +1,10

240+

1.	Steenwijk 1934 1 Klaas Prins Casper Dollekamp	Steenwijk 1934 28 +1,39 1:06.54 63 +1,22 32.37	2:43.41 Huib Stegeman Sierd Tilma	67 +0,32 31.28 53 +1,02 36.94	<b>2:47.13</b> +1,39
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Programmanr. 26  
04-05-2013 - 14:02

Dames, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1.	Chantal Nap <i>Kampioenschaps Record</i>	HZ&PC Heerenveen 2:23.63 198903004	<b>2:36.36</b>	+0,76	33.86	1:12.84	1:53.81	2:36.36
2.	Jen-Ai van Soelen	Zuiderzeezwemmers 2:54.13 199003510	<b>2:51.84</b>	+0,72	36.20	1:21.01	2:06.95	2:51.84
3.	Whitley Rens	De Schotejil 2:57.60 199007520	<b>3:07.28</b>	+0,84	39.33	1:25.71	2:15.58	3:07.28
4.	Irmgard van Weeghel	Octopus 3:20.48 199204834	<b>3:27.26</b>	+0,79	42.17	1:35.54	2:31.43	3:27.26
5.	Claudia Creemers	De Roersoppers 3:33.60 199202864	<b>3:46.45</b>	+0,73	42.99	1:39.65	2:44.15	3:46.45
AFGEM	Liesbeth Bruinekool	Zuiderzeezwemmers 4:52.94 199007958						



Programmanr. 26, Dames, 200m vlinderslag

Masters 25+

1. Anique Willeme	De Dinkel	2:38.71	198604106	<b>2:37.87</b>	+0,75	33.45	1:12.56	1:54.49	2:37.87
2. Stephanie Rombout	PSV	2:39.10	198803696	<b>2:55.33</b>	+0,84	33.45	1:17.25	2:06.60	2:55.33
3. Marieke van Dodeweerd	RZC	2:49.36	198600896	<b>2:55.88</b>	+0,93	36.69	1:21.05	2:08.11	2:55.88
4. P. van der Wal-van Achte	De Lansingh	2:49.78	198400020	<b>2:57.35</b>	+0,81	35.23	1:18.97	2:07.75	2:57.35
5. Karin Hovenkamp	De Spatters	2:58.31	198701850	<b>3:03.07</b>	+0,77	38.20	1:25.38	2:13.93	3:03.07
6. Nele Van Campfort	CNBA	3:01.64	CNBA/915/86	<b>3:05.29</b>	+0,81	41.00	1:27.30	2:16.04	3:05.29
7. Kim van der Beek	PSV	3:04.75	198700196	<b>3:05.63</b>	+0,89	36.17	1:22.14	2:12.04	3:05.63
8. Linda Janssen	ZPB H&L Productions	3:11.38	198802088	<b>3:10.38</b>	+0,91	38.98	1:27.29	2:19.93	3:10.38
9. Esther Boonk	Zignea	3:16.00	198806570	<b>3:13.91</b>	+0,93	41.48	1:31.14	2:21.89	3:13.91
DIS Laura Oosterbroek	Swol 1894	2:41.98	198803264						AE

Masters 30+

1. Roos van Esch	TRB-RES	2:37.44	198200468	<b>2:41.53</b>	+0,87	36.54	1:18.12	2:00.30	2:41.53
2. Esther Versteeg	Van Vliet-Barracuda	2:45.27	198302112	<b>2:47.71</b>	+0,88	35.63	1:16.90	2:01.29	2:47.71
3. Nadya Putter	ZVVS	2:38.41	198301630	<b>2:50.33</b>	+0,73	34.97	1:15.67	1:59.71	2:50.33
4. Stephanie Vaernewyck	MEGA	2:48.17	MEGA/352/83	<b>2:55.99</b>	+0,87	37.32	1:21.21	2:08.91	2:55.99
5. Kristel Lips	ZV De Bron	3:11.85	197900562	<b>3:23.09</b>	+1,00	40.51	1:30.23	2:24.40	3:23.09
6. Rianne van Vegchelen	Deltasteur	4:09.87	198101530	<b>4:08.27</b>	+1,11	53.00	1:55.98	3:02.01	4:08.27

Masters 35+

1. Liselotte Joling	PSV	2:44.06	197500268	<b>2:45.73</b>	+0,94	35.76	1:18.98	2:03.14	2:45.73
100m*									
2. Ilona Hogerheyde	DAW	2:46.65	197400224	<b>2:54.40</b>	+0,72	34.49	1:17.74	2:04.05	2:54.40
3. Babette Rens	Dedemsvaart-AC	3:25.26	197801200	<b>3:24.10</b>	+0,92	42.70	1:33.65	2:28.46	3:24.10

Masters 40+

1. Cseszregi Henriett	Budapesti Delfinek	3:12.99	02008	<b>3:20.62</b>	+0,79	40.69	1:31.82	2:26.07	3:20.62
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Masters 45+

1. Karin van den Heuvel	Old Dutch	3:16.26	196600188	<b>3:27.14</b>	+0,96	43.37	1:37.96	2:35.45	3:27.14
2. Miranda Keijl	Zignea	3:53.36	196500588	<b>3:46.73</b>	+1,05	49.79	1:48.07	2:48.65	3:46.73

Masters 50+

1. Pierrette Michel	CNSW	2:51.69	CNSW/500/62	<b>2:58.11</b>	+0,95	38.28	1:25.25	2:11.88	2:58.11
BMR									
2. M. Grove-Lingeman	Oceanus	3:04.41	196200080	<b>3:06.78</b>	+0,81	39.38	1:26.84	2:15.85	3:06.78
3. Debbie Matless	UEA Norwich	3:05.31	60957	<b>3:10.61</b>	+0,91	39.50	1:26.99	2:17.94	3:10.61

Masters 55+

1. Mathilde Vink	Swol 1894	2:53.64	195800128	<b>3:02.25</b>	+0,91	40.05	1:26.73	2:14.80	3:02.25
Nederlands Masters Record									
2. Janny van Eijk	ZV De Bron	3:19.16	195800022	<b>3:28.78</b>	+1,01	45.09	1:38.88	2:33.52	3:28.78

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Heren, 200m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1. Emile Manni	Octopus	2:15.86 199001901	<b>2:22.29</b>	+0,63	31.15	1:06.88	1:44.32	2:22.29
2. Jan-Willem v.d. Graaff	Het Y	2:18.59 198901023	<b>2:22.58</b>	+0,70	31.68	1:08.75	1:46.10	2:22.58
3. Raoul Engelenburg	Het Y	2:15.73 198900843	<b>2:24.47</b>	+0,77	32.82	1:09.94	1:46.93	2:24.47
4. Ruben Stolk	ZOB'66	2:25.20 199005665	<b>2:28.61</b>	+0,73	30.73	1:06.63	1:46.27	2:28.61
5. Tim Bunnik	Triton	2:23.78 199000505	<b>2:30.44</b>	+0,78	31.50	1:10.00	1:49.36	2:30.44
6. Maik Steenkamp	Montferland	2:21.11 199103847	<b>2:30.64</b>	+0,77	33.16	1:12.47	1:51.91	2:30.64
7. Erwin Sneek	De Futen	2:37.93 199102153	<b>2:43.08</b>	+0,83	34.55	1:15.76	1:59.12	2:43.08
8. Kevin Dieker	Montferland	3:11.63 199100461	<b>3:10.87</b>	+0,91	35.93	1:21.84	2:12.97	3:10.87
<b>Masters 25+</b>								
1. Sander Bouts	RZ	2:27.05 198500331	<b>2:26.72</b>	+0,88	31.22	1:07.44	1:45.59	2:26.72
2. Erik Schröder	TriVia	2:17.73 198402025	<b>2:31.05</b>	+0,82	32.98	1:12.20	1:52.43	2:31.05
3. Jory van der Gracht	OEZA	2:33.40 198701097	<b>2:33.00</b>	+1,00	33.04	1:11.93	1:51.39	2:33.00
4. Rick Driezen	Steenwijk 1934	2:29.13 198600713	<b>2:33.88</b>	+0,93	32.94	1:11.09	1:51.98	2:33.88
5. Mark Gorissen	HGN (SG)	2:30.48 198600973	<b>2:33.90</b>	+0,88	33.08	1:12.01	1:53.85	2:33.90
6. Thommy Nickel	Van Vliet-Barracuda	2:41.78 198401627	<b>2:40.04</b>	+0,85	34.18	1:15.15	1:58.27	2:40.04
7. Paul Notenboom	Strijen	2:45.88 198805513	<b>2:52.79</b>	+0,75	33.37	1:13.77	1:58.65	2:52.79
8. Robin Dellaert	Scheldeestroom	2:55.98 198800745	<b>3:07.76</b>	+0,90	34.14	1:16.14	2:09.80	3:07.76
AFGEM Wesley van Diejen	PSV	3:10.21 198604551						
<b>Masters 30+</b>								
1. Sven Jaeger	Zwemlust-den Hommel	2:19.10 198301021	<b>2:18.66</b>	+0,70	29.79	1:05.03	1:41.52	2:18.66
<i>Nederlands Masters Record</i>								
2. Alexander Hulleman	Steenwijk 1934	2:20.49 198300989	<b>2:30.72</b>	+0,74	31.85	1:10.01	1:49.54	2:30.72
3. Arjan Buijsse	Sassenheim	2:36.47 197901767	<b>2:41.11</b>	+0,79	33.60	1:13.17	1:54.64	2:41.11
4. Marcel Reefhuis	WS Twente	2:37.87 198101381	<b>2:51.43</b>	+0,82	33.79	1:15.90	2:03.23	2:51.43
5. Victor den Heijer	D'Elfth WAVE (SG)	2:54.36 198300867	<b>2:55.48</b>	+0,85	35.92	1:20.57	2:08.01	2:55.48
6. Jeroen Vogelsang	DAW	2:57.78 198001645	<b>3:02.01</b>	+0,86	35.87	1:19.27	2:09.93	3:02.01
<b>Masters 35+</b>								
1. Ron Langelaan	DAW	2:36.57 197800643	<b>2:51.65</b>	+0,71	35.21	1:18.99	2:04.24	2:51.65
2. Michel Bogaerts	SCZ-Zaventem	2:42.77 SCZ/008/75	<b>2:52.26</b>	+0,88	34.87	1:17.49	2:03.81	2:52.26
3. Erwin Zuidervelt	De Futen	2:58.70 197501015	<b>3:12.23</b>	+0,82	36.54	1:23.03	2:16.89	3:12.23
<b>Masters 40+</b>								
1. Gertjan van der Knaap	De Duck	2:48.51 197300459	<b>2:50.24</b>	+0,80	34.64	1:15.28	2:01.02	2:50.24
2. Kasper van den Berghe	Swol 1894	3:03.30 197301125	<b>3:02.03</b>	+0,88	38.42	1:22.81	2:11.82	3:02.03
<b>Masters 45+</b>								
1. Ronald van Maurik	Nat Utrecht	2:50.64 196600509	<b>2:39.70</b>	+0,87	34.91	1:14.31	1:55.40	2:39.70
2. Rene de Boer	DAW	2:35.82 196400087	<b>2:45.96</b> *	+0,79	35.28	1:15.86	1:57.99	2:45.96
3. Konstantin Sklyar	TG Lage	2:55.69 321129	<b>2:53.35</b>	+0,88	37.71	1:22.18	2:09.56	2:53.35
<b>Masters 50+</b>								
1. Jo Rogiers	RSCM	2:34.10 RSCM/194/63	<b>2:32.74</b>	+0,80	34.39	1:14.00	1:54.30	2:32.74
<i>BMR</i>								
2. Frank Gomoll	SV Gladbeck 13	2:32.30 112232	<b>2:33.47</b>	+0,87	34.10	1:13.52	1:53.11	2:33.47
3. Paul van der Voort	De Zwoer	3:12.20 196200715	<b>3:12.97</b>	+1,07	37.94	1:26.62	2:18.54	3:12.97
DIS Jan Willem Heuten	WS Twente	3:35.15 196000883		VE				

Programmanr. 27, Heren, 200m vlinderslag

Masters 55+

1. Hugo Bregman	WVZ	2:15.97	195800069	<b>2:19.18</b>	+0,81	30.24	1:05.65	1:41.88	2:19.18
<i>Europees Masters Record, 100m NMR</i>									
2. Peter Molecz	SC Diana	2:59.11	19219	<b>2:58.74</b>	+0,92	38.35	1:23.44	2:09.37	2:58.74
3. Paul Bunnik	Triton	3:06.91	195600413	<b>3:25.69</b>	+1,03	41.09	1:30.84	2:27.11	3:25.69
DIS Erik Coen	MZVA	3:42.47	MZVA/093/56		AE				

Masters 60+

1. Jean-Marie Cadiat	CNSW	2:43.91	CNSW/557/53	<b>2:43.98</b>	+0,90	36.34	1:19.42	2:02.78	2:43.98
<i>BMR</i>									

Masters 70+

1. Gustave Lempereur	HELIOS	3:30.24	HELIOS/099/42	<b>3:30.61</b>	+1,02	48.68	1:42.36	2:37.63	3:30.61
<i>BMR</i>									
2. Rob Hanou	PSV	3:26.23	194300109	<b>3:40.04</b>	+1,07	47.29	1:46.88	2:46.98	3:40.04
3. Manfred Bottin	SV Langenfeld	4:29.87	57993	<b>4:44.35</b>	+1,06	59.81	2:09.98	3:23.60	4:44.35
BM Walter Ludwig	SSF Sieglar 1960 e.V.		NT 133686	<b>3:06.41</b>	+0,93	40.32	1:27.71	2:17.78	3:06.41

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Dames, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Malissa van der Horst	Zwemlust-den Hommel	59.03	199200810	<b>59.04</b>	+0,81	28.66	59.04
<i>Nederlands Masters Record</i>							
2. Silke Oude Weernink	De Dinkel	59.45	199002854	<b>1:00.33</b>	+0,83	29.05	1:00.33
3. Jolanda Post	DIO	59.00	199004848	<b>1:01.70</b>	+0,72	30.24	1:01.70
4. Nanda de Vries	HZ&PC Heerenveen	1:01.86	199204328	<b>1:01.76</b>	+0,75	29.56	1:01.76
5. Janet van der Poel	LZ 1886	1:03.54	199301842	<b>1:04.27</b>	+0,73	30.70	1:04.27
6. Anouk van der Pligt	ZOB'66	1:03.35	199303296	<b>1:05.79</b>	+0,63	30.58	1:05.79
7. Pascale Rovers	ZV De Bron	1:04.54	199301064	<b>1:05.86</b>	+0,71	31.22	1:05.86
8. Maaïke Vooren	DAW	1:06.69	199103324	<b>1:05.98</b>	+0,79	31.54	1:05.98
9. Kirsten Oosterhuis	Eemsrobber	1:03.58	198903136	<b>1:06.54</b>	+0,76	31.66	1:06.54
10. Simone de Boer	LZ 1886	1:04.18	199306858	<b>1:06.78</b>	+0,75	31.94	1:06.78
11. Melissa de Zeeuw	WVZ	1:04.73	199305674	<b>1:06.95</b>	+0,81	31.97	1:06.95
12. Wendy de Bruin	ZOB'66	1:04.10	199206320	<b>1:07.20</b>	+0,66	31.93	1:07.20
13. Mandy Verbakel	De Treffers	1:06.57	199003908	<b>1:07.36</b>	+0,88	31.90	1:07.36
14. Lenja Witlox	Olympia	1:04.44	199202004	<b>1:07.85</b>	+0,74	32.59	1:07.85
15. Cynthia Grootboer	SBC2000	1:03.03	198901462	<b>1:08.30</b>	+0,86	32.07	1:08.30
16. Sanne van Dijk	Zoetermeer	1:09.39	199000818	<b>1:08.73</b>	+0,90	32.64	1:08.73
17. Leonie Nijenhuis	Zuiderzeewimmers	1:06.40	199204340	<b>1:08.94</b>	+0,79	32.73	1:08.94
18. Kathy van Zuilen	De Amer	1:06.32	199306138	<b>1:09.12</b>	+0,85	33.10	1:09.12
19. Chantal Willems	Merlet	1:09.77	199105482	<b>1:10.34</b>	+0,87	32.97	1:10.34
20. Nicky Vanhijfte	Scheldestroom	1:12.00	199201806	<b>1:11.87</b>	+0,80	34.69	1:11.87
21. Wietke Jansen	Montferland	1:14.87	199001750	<b>1:13.86</b>	+0,91	35.78	1:13.86
22. Yvonne Bruls	Eurode KZC	1:12.68	199008114	<b>1:14.97</b>	+0,77	35.18	1:14.97
23. Sarissa Homsma	SPONS	1:09.16	199200786	<b>1:15.86</b>	+0,82	34.96	1:15.86
24. Sabine Eijkelhoff	Aqua-Novio'94	1:15.67	198907400	<b>1:16.24</b>	+0,92	35.18	1:16.24
25. Kelly Bocking	Montferland	1:16.62	199104050	<b>1:17.03</b>	+0,90	36.30	1:17.03
26. Joëlle Vaes	DIO	1:15.98	199007576	<b>1:17.22</b>	+0,76	35.93	1:17.22
27. Pauline Magnée	De Warande	1:18.26	199205434	<b>1:17.66</b>	+0,84	37.21	1:17.66

Programmanr. 28, Dames, 100m vrije slag

Masters 25+

1. Femke Hendrixx	Nuenen	58.05	198801698	<b>1:00.47</b>	+0,72	29.00	1:00.47
2. Marlies Reinders	De Dinkel	59.29	198602976	<b>1:00.85</b>	+0,83	29.68	1:00.85
3. Marjolijn Wuisman	PSV	1:05.00	198604202	<b>1:03.95</b>	+0,87	31.02	1:03.95
4. Lianne Andeweg	Zuiderzeewimmers	1:04.83	198800092	<b>1:04.48</b>	+0,80	31.37	1:04.48
5. Sandra Pannekeet	DAW	1:08.84	198403458	<b>1:05.35</b>	+0,67	30.04	1:05.35
Roshendra Vrolijk	DES	1:02.62	198403268	<b>1:05.35</b>	+0,70	31.64	1:05.35
7. Mandy van Wakeren	SPONS	1:03.23	198603954	<b>1:06.13</b>	+0,85	31.44	1:06.13
8. Marjan van der Star	WS Twente	1:07.68	198403192	<b>1:06.14</b>	+0,84	31.37	1:06.14
9. Christine Verdonck	Zwemclub Iloka Kapellen	1:03.83	ZIK/165/85	<b>1:06.29</b>	+0,66	31.61	1:06.29
10. Bianca Paape	DAW	1:08.66	198502262	<b>1:06.42</b>	+0,84	31.28	1:06.42
11. Samantha van Eijk	De Geul	1:05.07	198806826	<b>1:06.60</b>	+0,69	31.10	1:06.60
12. Annelette de Vries	WS Twente	1:03.51	198603908	<b>1:07.13</b>	+0,81	31.50	1:07.13
13. Pauline Tieleman	De Geul	1:05.94	198403348	<b>1:08.08</b>	+0,83	32.23	1:08.08
14. Nienke van Stipriaan	PSV	1:07.59	198703970	<b>1:08.37</b>	+0,93	32.82	1:08.37
15. Arine van Holland	De Vrije Slag	1:05.03	198701768	<b>1:08.74</b>	+0,90	31.91	1:08.74
16. Channe Noort	DAW	1:08.05	198605032	<b>1:10.64</b>	+0,78	33.31	1:10.64
17. Anna Boef	LZ 1886	1:09.95	198806288	<b>1:11.14</b>	+0,82	34.13	1:11.14
18. Elles van Leeuwen	PSV	1:13.67	198602240	<b>1:11.69</b>	+0,89	34.00	1:11.69
19. Babette Dessing	WIDEX GZC DONK	1:09.24	198500646	<b>1:11.98</b>	+0,80	33.55	1:11.98
20. Céline Saver	Club Nautique Croix	1:10.31	204299	<b>1:12.08</b>	+0,80	33.74	1:12.08
21. Annette Vogelsang	ZV De Bron	1:07.65	198402632	<b>1:12.62</b>	+0,80	34.19	1:12.62
22. Isaline Manchel	CNSW	1:10.95	CNSW/475/85	<b>1:13.08</b>	+0,82	34.27	1:13.08
23. Yvette Nota - Peters	De Spatters	1:09.64	198703158	<b>1:13.51</b>	+0,78	34.25	1:13.51
24. Ellen Lubben	De Dinkel	1:09.34	198401568	<b>1:14.16</b>	+0,78	32.49	1:14.16
25. Esther Steltenpohl	DAW	1:20.08	198504116	<b>1:14.49</b>	+0,74	33.96	1:14.49
26. Esther Boonk	Zignea	1:13.21	198806570	<b>1:14.72</b>	+0,88	35.43	1:14.72
27. Tineke Roelofs	PSV	1:16.50	198504004	<b>1:15.09</b>	+0,91	36.02	1:15.09
28. Serima Louise Wildvank	De Spatters	1:13.51	198604104	<b>1:15.61</b>	+0,79	35.57	1:15.61
29. Renske Eilers	De Amer	1:10.56	198806072	<b>1:16.14</b>	+0,78	34.82	1:16.14
30. Leonie Lennards	Eszet	1:14.77	198602262	<b>1:16.34</b>	+0,86	36.61	1:16.34
31. Marjolein v.d Sanden	Noord-Limburg (SG)	1:20.82	198402136	<b>1:22.21</b>	+0,81	39.43	1:22.21
32. Nicole van Doeselaar	AquAmigos	1:20.12	198500692	<b>1:22.71</b>	+0,88	39.55	1:22.71
33. Marloes Rebel	WS Twente	1:33.57	198403474	<b>1:32.43</b>	+1,14	43.85	1:32.43
34. Anne van der Jagt	PSV	1:27.63	198706100	<b>1:40.24</b>	+0,78	41.99	1:40.24
50m*							
DIS Kelly van de Weijdeven	SPONS	1:23.66	198605268			AA	

Masters 30+

1. Delia Badoux	Zoetermeer	1:03.50	198000042	<b>1:02.68</b>	+0,69	29.85	1:02.68
2. Anke Lambooj	AZL	1:04.48	198001182	<b>1:03.74</b>	+0,86	29.87	1:03.74
3. Miranda Pijnenburg	De Treffers	1:06.52	198301216	<b>1:08.51</b>	+0,85	32.71	1:08.51
4. Carmen Haan	De Spatters	1:10.00	197901458	<b>1:11.28</b>	+0,97	33.33	1:11.28
5. Naomi Koning	DES	1:15.05	198100824	<b>1:11.94</b>	+0,81	34.05	1:11.94
6. Yvette Roozen	DWT	1:10.36	198000926	<b>1:12.51</b>	+0,80	33.87	1:12.51
7. Natascha Hartman	PSV	1:15.14	198101780	<b>1:12.86</b>	+0,98	34.21	1:12.86
8. Patricia Strohm	De Dinkel	1:17.91	198102110	<b>1:13.15</b>	+0,90	34.94	1:13.15
9. Julia Dros	RZ	1:42.42	198001692	<b>1:14.38</b>	+0,83	34.29	1:14.38
10. Angela Giezen	Montferland	1:23.61	198302796	<b>1:17.37</b>	+0,90	36.43	1:17.37
11. Marieke Langendonk	De Dinkel	1:16.34	197900530	<b>1:19.92</b>	+0,90	37.15	1:19.92
12. Natasja van de Schaaf	De Dinkel	1:19.20	198202404	<b>1:22.51</b>	+0,93	39.02	1:22.51
13. Salima Douhou	PSV	1:30.10	198302836	<b>1:23.22</b>	+0,90	42.53	1:23.22
14. Rianne van Vegchelen	Deltasteur	1:27.02	198101530	<b>1:33.55</b>	+1,08	43.35	1:33.55

Masters 35+

1. Nathalie Blondeel	CNSW	1:02.39	CNSW/012/77	<b>1:02.62</b>	+0,79	30.10	1:02.62
2. Marian Nederlof	DWF	1:09.04	197600950	<b>1:10.10</b>	+0,78	33.51	1:10.10
3. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:10.21	197400446	<b>1:10.11</b>	+0,88	33.06	1:10.11
4. Evelien Meeuwissen	Sassenheim	1:11.06	197500360	<b>1:11.86</b>	+0,82	33.97	1:11.86
5. Margriet Leeffers	Deltasteur	1:17.25	197800448	<b>1:19.56</b>	+1,02	37.53	1:19.56
6. Natasja Linderhof	De Dinkel	1:22.64	197500786	<b>1:24.69</b>	+1,03	39.47	1:24.69
7. Paula 't Hart-Buitelaar	ZVVS	1:41.08	197701132	<b>1:26.05</b>	+0,84	39.74	1:26.05



Programmanr. 28, Dames, 100m vrije slag, Masters 35+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
8. Clementine van Bruxvoort	ZPB H&L Productions	1:26.66	197700138	<b>1:30.90</b>	+0,88	43.12	1:30.90

Masters 40+

1. Heidi van Stein	LZ 1886	1:04.38	196900864	<b>1:05.61</b>	+0,84	30.95	1:05.61
2. Lidia v. Bon-Rosenbrand	AZ&PC	1:05.39	197000054	<b>1:07.65</b>	+0,78	31.95	1:07.65
3. Edith Janssen-Koolen	TRB-RES	1:06.67	197300898	<b>1:08.90</b>	+0,90	32.08	1:08.90
4. Annette de Visser	Oceanus	1:09.30	197100602	<b>1:09.14</b>	+0,82	33.15	1:09.14
5. Marlies van Deursen	HPC	1:07.22	197000674	<b>1:09.24</b>	+0,72	32.98	1:09.24
6. Mariska van Doorn	Arethusa	1:10.37	197200444	<b>1:09.30</b>	+0,86	31.94	1:09.30
7. Rita van der Horst	RZC	1:06.51	196900260	<b>1:10.41</b>	+0,73	32.68	1:10.41
8. Ilonka Hesseling	DES	1:11.08	196900958	<b>1:12.69</b>	+0,72	34.87	1:12.69
9. Annetje Dieleman	PSV	1:11.23	197100130	<b>1:13.01</b>	+0,58	34.99	1:13.01
10. Marissa van Gent	De Geul	1:11.60	197300890	<b>1:13.51</b>	+1,01	35.11	1:13.51
11. Renata van Essen	Zuiderzeezwemmers	1:12.05	197300740	<b>1:13.67</b>	+0,76	35.13	1:13.67
12. Leonie van Doesburg	TZC-Vahalis	1:18.57	197100956	<b>1:16.37</b>	+0,83	36.00	1:16.37
13. Natacha Van Hoof	ShaRK	1:17.92	SHARK/260/73	<b>1:16.67</b>	+0,92	36.88	1:16.67
14. Joyce Brummelkamp	ZVVS	1:17.48	197000952	<b>1:17.01</b>	+0,80	37.10	1:17.01
15. Octavie Hoyer-Bovers	PSV	1:16.12	197000940	<b>1:17.21</b>	+0,77	36.50	1:17.21
16. Ageeth Boomsma	Orca	1:14.64	197000826	<b>1:18.19</b>	+0,89	36.77	1:18.19
17. Nicole Vrijhoeven	PSV	1:14.67	196900834	<b>1:18.20</b>	+0,71	37.78	1:18.20
18. Dianne Nien	RZ	1:12.07	197100452	<b>1:18.41</b>	+0,77	36.56	1:18.41
19. Karin Sagonas	Njord	1:18.04	197000964	<b>1:19.73</b>	+0,84	37.18	1:19.73
20. Jolanda Roijen	Mosaqua Gulpen	1:21.28	197000854	<b>1:21.66</b>	+0,84	37.22	1:21.66
21. Diana Westerdijk	De Spatters	1:23.02	197200704	<b>1:22.92</b>	+0,78	40.14	1:22.92
22. Marleen Prins	De Fuut	1:29.51	197300864	<b>1:31.35</b>	+0,85	42.90	1:31.35
23. Klasien Blankestijn	De Duinkickers	1:47.55	196900934	<b>1:50.25</b>	+0,92	52.85	1:50.25

Masters 45+

1. Saskia Phaff	PSV	1:06.17	196600242	<b>1:06.77</b>	+0,73	31.60	1:06.77
2. Katrin Pennings	PSV	1:09.45	196400570	<b>1:08.58</b>	+0,78	32.16	1:08.58
3. Anja Tijink	De Dinkel	1:09.44	196400296	<b>1:08.64</b>	+0,82	32.06	1:08.64
4. Claudia Goldschmidt	Maidenhead Marlins ASC	1:09.61	954626	<b>1:08.70</b>	+0,87	32.68	1:08.70
Chita van der Goorbergh	Zoetermeer	1:11.68	196800762	<b>1:08.70</b>	+0,76	32.28	1:08.70
6. Wilma van Velsen	Montferland	1:07.74	196400444	<b>1:09.36</b>	+0,90	32.94	1:09.36
7. Wendy Knoops	RZ	1:10.95	196800720	<b>1:12.65</b>	+0,76	33.83	1:12.65
8. Marion Broekhuis	WS Twente	1:14.80	196800060	<b>1:14.94</b>	+0,87	35.87	1:14.94
9. Judith Heijdens-Schasfoort	De Dinkel	1:12.23	196500112	<b>1:15.57</b>	+0,97	35.01	1:15.57
10. Veerle Coertjens	MZVA	1:16.75	MZVA/315/65	<b>1:18.13</b>	+0,97	37.00	1:18.13
11. Ariane Ruymaekers	Zwemclub Iloka Kapellen	1:19.00	ZIK/173/67	<b>1:21.00</b>	+0,84	38.07	1:21.00
12. Roelien Speelman - Tigelaar	De Spatters	1:25.59	196600664	<b>1:21.82</b>	+0,74	37.90	1:21.82
13. Lilian Schippers	Njord	1:23.31	196800850	<b>1:23.71</b>	+0,97	39.47	1:23.71
14. Remona Dekker	ZV De Bron	1:24.23	196600620	<b>1:26.08</b>	+0,90	40.49	1:26.08
15. Ingeborg Stokx	DAW	1:22.41	196700666	<b>1:26.71</b>	+0,72	41.57	1:26.71
16. Jeanette Smits	Orca	1:20.67	196600312	<b>1:27.19</b>	+0,81	40.93	1:27.19
17. Betty van Kemenade	PSV	1:34.80	196800832	<b>1:33.38</b>	+1,26	43.88	1:33.38
18. Riekje Schra	Steenwijk 1934	1:55.74	196400404	<b>2:09.61</b>	+1,26	57.90	2:09.61
DIS Lesley Cordial	Neptunus	1:04.73	196700684		AA		
DIS Marion van Gerwen	RZ	1:16.82	196500566		AB		

Masters 50+

1. Marjan Remmits	One Team Swimming	1:10.38	196300518	<b>1:07.94</b>	+0,75	32.44	1:07.94
2. Debbie Matless	UEA Norwich	1:09.75	60957	<b>1:08.97</b>	+0,85	33.56	1:08.97
3. Francine Sommer	Triton	1:13.04	196200384	<b>1:13.86</b>	+0,81	34.64	1:13.86
4. Marijke Kraak-Beckers	WS Twente	1:14.39	196000240	<b>1:14.77</b>	+1,00	35.47	1:14.77
Jeanette Ruesink	WS Twente	1:12.07	196300212	<b>1:14.77</b>	+0,85	36.06	1:14.77
6. Inge Wolfs	PLONS	1:11.45	196000304	<b>1:15.41</b>	+0,89	34.79	1:15.41
7. Julia Moh-Klaren	CSAKB	1:14.32	922540	<b>1:15.93</b>	+0,83	35.49	1:15.93
8. Pia van der Molen	HZ&PC Heerenveen	1:18.99	196000116	<b>1:16.63</b>	+0,92	35.87	1:16.63
9. Ingrid Van Cauteren	LZV	1:16.26	LZV/097/62	<b>1:19.50</b>	+0,81	38.96	1:19.50
10. Marie-Josée Matte	WVZ	1:25.92	196000326	<b>1:28.16</b>	+0,87	40.25	1:28.16

Programmanr. 28, Dames, 100m vrije slag, Masters 50+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
11. Joke Burgers	Swol 1894	1:42.57	196000226	<b>1:40.70</b>	+0,80	47.75	1:40.70
12. Birgit Bartelds	Mosaqua Gulpen	1:43.58	196100372	<b>1:46.51</b>	+1,08	49.64	1:46.51
DIS Ada de Voogd	ZVVS	1:16.65	195900280		AB		

Masters 55+

1. Atie Pijtak-Radersma	AZ&PC	1:08.17	195600048	<b>1:09.45</b>	+0,76	33.43	1:09.45
2. Marijke van Hoek	De Zeeuwse Kust (SG)	1:15.44	195800050	<b>1:15.89</b>	+0,82	35.88	1:15.89
3. Claire Anthony	CNSW	1:20.32	CNSW/487/57	<b>1:25.02</b>	+0,88	40.66	1:25.02
4. Rona Eijkelhoff	Aqua-Novio'94	1:27.52	195600026	<b>1:26.48</b>	+0,84	40.76	1:26.48
5. Monika Zilliken	SC Wiesbaden 1911 e.V.	1:23.44	231829	<b>1:28.05</b>	+0,78	40.94	1:28.05
6. Elly Kiestra-Broertjes	Zignea	1:30.08	195600100	<b>1:28.34</b>	+0,97	40.36	1:28.34
7. Rita Schelkens	Zwemclub Iloka Kapellen	1:33.38	ZIK/163/56	<b>1:32.63</b>	+0,73	42.36	1:32.63
8. Patricia Molenaar	WIDEX GZC DONK	1:33.11	195800240	<b>1:33.64</b>	+0,96	44.49	1:33.64
9. Karien Musters	Old Dutch	1:46.20	195800236	<b>1:45.91</b>	+0,86	50.00	1:45.91
10. Lies Hartman	VfR Übach-Palenberg	2:10.47	164684	<b>2:09.66</b>	+1,27	59.37	2:09.66

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:12.11	195100022	<b>1:12.70</b>	+0,84	34.85	1:12.70
2. Csanádiné Tóth Magdolna	Budapesti Delfinek	1:21.28	20037	<b>1:20.60</b>	+0,92	37.58	1:20.60
3. Tineke Brouwer-Maat	ZV Westland Dijkglas	1:32.07	195300074	<b>1:25.27</b>	+1,05	39.96	1:25.27
4. Ineke Meijer	HZ&PC Heerenveen	1:28.48	195200034	<b>1:34.59</b>	+0,91	44.45	1:34.59
5. Tineke van Diggelen	Oceanus	1:32.60	195200048	<b>1:35.84</b>	+0,93	45.04	1:35.84
6. Gonnje Bak	PSV	1:41.70	195100064	<b>1:36.34</b>	+0,91	46.48	1:36.34
7. Fernande Blondeel	CNSW	1:39.00	CNSW/011/52	<b>1:39.72</b>	+0,83	45.43	1:39.72
8. Antoinette Gilding-Tussaud	WS Twente	1:42.42	195000038	<b>1:43.43</b>	+1,06	48.18	1:43.43
9. Geerdien Meerwaldt	Van Vliet-Barracuda	2:02.34	195200058	<b>2:04.18</b>	+1,07	56.46	2:04.18
10. Adrie Oostendorp	ZV De Bron	2:13.48	194900024	<b>2:27.25</b>	+1,02	1:07.24	2:27.25

Masters 65+

1. Corrie Verhoeven	PSV	1:24.69	194600026	<b>1:24.52</b>	+1,06	39.31	1:24.52
<i>Nederlands Masters Record</i>							
2. Annie Smits	PSV	1:34.97	194600016	<b>1:34.87</b>	+1,33	46.10	1:34.87
3. Jacqueline Everaert	HELIOS	1:41.80	HELIOS/282/47	<b>1:38.44</b>	+1,02	43.92	1:38.44
4. Greet Brehler-Middag	Hatto Heim	1:44.06	194400004	<b>1:50.95</b>	+1,22	53.06	1:50.95

Masters 70+

1. Paulette Kersse-Verbeke	Club Nautique Croix	1:29.77	494441	<b>1:34.74</b>	+0,88	44.79	1:34.74
2. Waltraud Monstadt	SV Blau-Weiss Bochum	1:41.15	116979	<b>1:46.96</b>	+1,00	48.15	1:46.96

Masters 75+

1. Lottie Geurts	PSV	1:31.89	193500006	<b>1:33.35</b>	+1,12	45.08	1:33.35
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Masters 80+

1. Eliane Pellis	AZSC	1:36.85	AZSC/672/33	<b>1:37.18</b>	+0,92	44.95	1:37.18
<i>BMR</i>							

Programmanr. 29  
04-05-2013 - 15:12

Heren, 100m vrije slag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
<b>Masters 20+</b>							
1. Davy Verreussel	HGN (SG)	53.84	198903341	<b>55.23</b>	+0,68	27.06	55.23
2. Lars Sieval	LZ 1886	52.72	199300723	<b>55.95</b>	+0,76	27.11	55.95
3. Gil Rogiers	RSCM	56.02	RSCM/336/90	<b>56.91</b>	+0,75	27.11	56.91
4. Joost Rijntjes	LZ 1886	54.52	199101899	<b>56.92</b>	+0,73	27.33	56.92
5. Jens Van Cauteren	RSCM	57.75	RSCM/423/93	<b>57.50</b>	+0,77	27.48	57.50
6. Tim Bunnik	Triton	58.63	199000505	<b>57.68</b>	+0,78	27.26	57.68
7. Martijn van Hoorn	De Schotejil	57.42	198901343	<b>59.11</b>	+0,83	28.18	59.11
8. Sjoerd Sieval	LZ 1886	56.57	199002663	<b>59.65</b>	+0,71	27.95	59.65
9. Tyrick de Kort	DES	58.37	198906745	<b>1:01.14</b>	+0,68	28.20	1:01.14
10. Marien Willeme	De Dinkel	58.92	198903623	<b>1:01.45</b>	+0,97	28.93	1:01.45
11. Boy Heijnekamp	LZ 1886	59.99	198901161	<b>1:02.03</b>	+0,80	29.80	1:02.03
12. Mike Stoffer	WVZ	56.34	198903041	<b>1:02.13</b>	+0,74	29.21	1:02.13
13. Jeroen van Blanken	De Lansingh	1:02.37	199206451	<b>1:03.82</b>	+0,87	29.79	1:03.82
14. Stefan Grudelbach	ZVVS	1:03.36	199202073	<b>1:04.35</b>	+0,76	30.56	1:04.35
15. Dimitri Sauvage	TRB-RES	1:05.36	198906755	<b>1:04.38</b>	+0,71	30.99	1:04.38
16. Roel van Beek	Montferland	59.83	198905861	<b>1:04.91</b>	+0,83	30.03	1:04.91
17. Bas Zierikzee	LZ 1886	1:06.25	199204321	<b>1:06.56</b>	+0,82	29.97	1:06.56
18. Daniel van den Wildenberg	Eurode KZC	1:10.87	199206491	<b>1:13.27</b>	+0,72	33.63	1:13.27
19. Danny Vochteloo	De Spatters	1:24.23	199207251	<b>1:29.30</b>	+0,98	44.61	1:29.30
NG.ZA Ken Rogiers	RSCM	56.02	RSCM/193/89				

**Masters 25+**

1. Antoine Olsen	CNBA	1:10.78	CNBA/924/87	<b>55.87</b>	+0,75	25.63	55.87
2. Remy Florean	CNBA	55.70	CNBA/828/86	<b>56.77</b>	+0,76	27.81	56.77
3. Jean Pierre Bisslik	DES	56.02	198705243	<b>56.92</b>	+0,58	27.83	56.92
4. Jan van Opstal	Hieronymus	55.60	198602291	<b>57.48</b>	+0,81	27.79	57.48
5. Erik van der Heide	Zuiderzeezwimmers	59.37	198801337	<b>58.21</b>	+0,80	27.79	58.21
6. Klaas van Beek	ZV Haerlem	58.04	198805941	<b>58.35</b>	+0,74	27.67	58.35
7. Erik Schröder	TriVia	55.56	198402025	<b>58.85</b>	+0,83	28.18	58.85
8. Sebastian Link	SG Dortmund	58.61	153578	<b>59.11</b>	+0,69	27.71	59.11
9. Dick Kampman	De Amer	58.32	198801789	<b>59.17</b>	+0,65	28.47	59.17
10. Mark Musch	Zwemlust-den Hommel	59.06	198401609	<b>1:00.43</b>	+0,77	27.47	1:00.43
11. Rick Driezen	Steenwijk 1934	1:01.48	198600713	<b>1:01.17</b>	+0,84	29.79	1:01.17
12. Hans Van de Put	ShaRK	1:00.59	SHARK/475/87	<b>1:04.36</b>	+0,78	29.88	1:04.36
13. Frank Hovenier	Neptunus'58	1:04.71	198503239	<b>1:04.38</b>	+0,86	30.95	1:04.38
14. Robin Dellaert	Scheldestroom	1:02.55	198800745	<b>1:04.91</b>	+0,77	30.92	1:04.91
15. Tommy Uilenberg	Den Doorn	1:04.22	198603135	<b>1:05.09</b>	+0,81	31.58	1:05.09
16. Erik van der Zeijden	RZ	1:04.49	198604569	<b>1:05.25</b>	+0,81	31.12	1:05.25
17. Herm Clabbers	RZ	1:05.76	198403189	<b>1:08.37</b>	+0,81	32.66	1:08.37
18. Mark den Blanken	D'Eftt WAVE (SG)	1:07.52	198806087	<b>1:10.35</b>	+0,80	32.98	1:10.35
19. Robin Eggenkamp	De Duinkickers	1:14.26	198700847	<b>1:14.87</b>	+0,80	34.76	1:14.87
20. Wesley Determann	De Amer	1:18.14	198806107	<b>1:19.56</b>	+1,00	37.46	1:19.56

**Masters 30+**

1. Nol van Thull	ZOB'66	52.62	198001513	<b>54.21</b>	+0,84	26.47	54.21
Stefan Oosting	PSV	53.20	198101265	<b>54.21</b>	+0,81	26.46	54.21
3. Kristiaan Lenos	LZ 1886	53.97	198301331	<b>56.45</b>	+0,81	27.22	56.45
4. Lauren Vis	Steenwijk 1934	54.67	198201883	<b>56.60</b>	+0,75	27.31	56.60
5. Jim Geestman	RSW (SG)	56.80	198300699	<b>59.37</b>	+0,82	28.54	59.37
6. Stan Dekker	PLONS	1:00.96	197901823	<b>1:01.28</b>	+0,89	28.64	1:01.28
7. Jetse Scholma	Arethusa	1:00.87	197901973	<b>1:02.73</b>	+0,99	30.02	1:02.73
8. Frits Delicaat	DAW	1:03.36	197901629	<b>1:03.05</b>	+0,88	29.34	1:03.05
9. Albert Garcia i Tormo	PSV	1:06.41	198202583	<b>1:03.75</b>	+0,68	30.50	1:03.75
10. Bas v.d. Laan	WVZ	1:00.18	198302471	<b>1:04.39</b>	+0,83	30.07	1:04.39
11. Joël Kapelle	ZVW'74	1:03.95	198200857	<b>1:05.70</b>	+0,81	30.97	1:05.70
12. Jeroen Vogelsang	DAW	1:05.88	198001645	<b>1:06.16</b>	+0,89	31.46	1:06.16
13. Marco van Antwerpen	Strijen	1:01.89	198000027	<b>1:06.17</b>	+0,82	31.42	1:06.17

Programmanr. 29, Heren, 100m vrije slag, Masters 30+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
14. Gino Martijn	RZ	1:05.62	197901865	<b>1:06.77</b>	+0,69	31.26	1:06.77
15. Rutger Stam	De Amer	1:04.46	198102463	<b>1:06.86</b>	+0,84	33.01	1:06.86
16. Ingmar Kooman	De Zijl/LGB	1:09.90	197901517	<b>1:10.27</b>	+0,88	33.50	1:10.27
17. Tijn Huttenhuis	De Dinkel	1:13.37	198302949	<b>1:15.54</b>	+0,62	34.47	1:15.54

Masters 35+

1. Jeroen Zelsmann	AZ&PC	56.68	197701551	<b>57.32</b>	+0,72	26.55	57.32
2. Alex Damen	DAW	58.31	197501371	<b>59.77</b>	+0,71	28.66	59.77
3. Pascal Balancier	CNSW	59.24	CNSW/361/74	<b>1:00.34</b>	+0,76	28.73	1:00.34
4. Jan Gerard Sterrenburg	RZC	58.13	197501349	<b>1:00.56</b>	+0,81	29.31	1:00.56
5. Daniel Wencker	Avan Villeneuve-D'Ascq	59.94	1540660	<b>1:02.31</b>	+0,86	30.16	1:02.31
6. Svet Gavrilov	GLS Ketelbinkie	1:02.61	197501263	<b>1:03.16</b>	+0,77	30.53	1:03.16
7. Dimitrie Sonnemans	RZ	1:04.12	197501391	<b>1:03.23</b>	+0,81	30.52	1:03.23
8. Bas Spoelstra	De Futen	1:06.11	197701573	<b>1:03.46</b>	+0,66	30.13	1:03.46
9. Markus van Rest	Zoetermeer	1:04.56	197701197	<b>1:04.99</b>	+0,81	30.53	1:04.99
10. Johan Wezenberg	Deltasteur	1:08.63	197601023	<b>1:11.41</b>	+0,91	32.83	1:11.41
11. Walter van Luenen	Arethusa	1:21.64	197501237	<b>1:15.79</b>	+0,98	35.20	1:15.79

Masters 40+

1. Richard Ricksen	HGN (SG)	1:00.43	197000841	<b>59.08</b>	+0,80	28.41	59.08
2. Agnus Gerringa	Zuiderzeewimmers	1:00.23	197100285	<b>1:01.24</b>	+0,89	29.27	1:01.24
3. Ferry Adema	D'Eift WAVE (SG)	1:02.36	197100007	<b>1:02.43</b>	+0,80	29.64	1:02.43
4. Gerald Hösl	SC Winterthur	1:04.91	0007586-1	<b>1:03.03</b>	+0,88	30.22	1:03.03
5. René Beetsma	HZ&PC Heerenveen	59.25	196900069	<b>1:03.54</b>	+0,76	30.02	1:03.54
6. Sven Schröter	TuS Sundern	1:01.91	333325	<b>1:04.46</b>	+0,83	30.00	1:04.46
7. Martin Berkhout	LZ 1886	1:03.32	197101123	<b>1:05.50</b>	+0,75	31.00	1:05.50
8. Rogier Becker	De Dinkel	1:04.05	197301439	<b>1:06.33</b>	+0,78	30.76	1:06.33
9. Gerko Versluis	Zuiderzeewimmers	1:06.95	196901439	<b>1:07.16</b>	+0,98	31.43	1:07.16
10. Harry Raven	GLS Ketelbinkie	1:09.04	197000831	<b>1:07.25</b>	+1,01	32.00	1:07.25
11. Erik Veltman	Stadskanaal	1:06.21	197200941	<b>1:09.01</b>	+0,92	32.37	1:09.01
12. Wouter van der Stelt	Den Doorn	1:04.40	197200889	<b>1:09.66</b>	+0,79	32.45	1:09.66
13. Marcel Brittijn	De Duinkickers	1:09.51	196900159	<b>1:10.27</b>	+0,75	33.40	1:10.27
14. Oliver Podebrad	SC Wiesbaden 1911 e.V.	1:08.42	262705	<b>1:10.78</b>	+0,87	33.37	1:10.78
15. Ferdinand Teitink	Montferland	1:14.48	197001583	<b>1:13.85</b>	+1,00	34.92	1:13.85
16. Taco Eikelenboom	De Futen	1:09.25	196900275	<b>1:13.98</b>	+1,06	33.22	1:13.98
17. Marc Weijers	PSV	1:16.18	197101347	<b>1:16.82</b>	+0,84	36.53	1:16.82

Masters 45+

1. Glen le Clercq	De Rog	56.87	196800177	<b>58.56</b>	+0,75	27.62	58.56
2. Tomas Prescher	SSF Sieglar 1960 e.V.	1:00.32	146010	<b>1:00.30</b>	+0,78	29.16	1:00.30
3. Bert de Weerd	RZC	1:02.21	196701283	<b>1:02.22</b>	+0,80	29.79	1:02.22
4. Ron Korzelijs	AZ&PC	1:03.79	196500513	<b>1:02.71</b>	+0,85	30.07	1:02.71
5. Rene de Boer	DAW	1:00.93	196400087	<b>1:02.78</b>	+0,81	30.89	1:02.78
6. Peter Hesseling	DES	1:03.66	196401397	<b>1:05.08</b>	+0,73	30.57	1:05.08
7. Guido Keutgen	De Plas	1:03.87	196801551	<b>1:05.41</b>	+0,87	30.50	1:05.41
8. Paul de Boer	De Amer	1:03.46	196801413	<b>1:05.44</b>	+0,82	31.25	1:05.44
9. Marc Wouters	PSV	1:08.75	196501501	<b>1:06.49</b>	+0,91	32.01	1:06.49
10. Marcel van Lochem	Zoetermeer	1:04.55	196500581	<b>1:06.77</b>	+0,88	31.87	1:06.77
11. Volker Mayer	Avan Villeneuve-D'Ascq	1:02.77	1468929	<b>1:06.83</b>	+0,80	31.34	1:06.83
12. John Stokx	DAW	1:03.38	196401341	<b>1:07.80</b>	+0,81	31.87	1:07.80
13. Geert van Duinhoven	RZC	1:07.36	196401263	<b>1:08.03</b>	+0,73	32.08	1:08.03
14. Jeroen Kort	DAW	1:06.54	196801543	<b>1:08.07</b>	+0,72	32.67	1:08.07
15. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:08.25	196501027	<b>1:08.24</b>	+0,87	32.78	1:08.24
16. Erik Saan	De Duck	1:06.65	196500769	<b>1:08.36</b>	+1,01	31.95	1:08.36
17. Nico Swart	Den Doorn	1:04.92	196801475	<b>1:09.12</b>	+0,80	32.24	1:09.12
18. Robert de Brauer	De Duinkickers	1:09.31	196401383	<b>1:09.76</b>	+1,05	32.97	1:09.76
19. Sander Nieuwenhuys	De Fuut	1:09.26	196801423	<b>1:09.79</b>	+0,78	32.86	1:09.79
20. Willem Jan Ribberink	WIDEX GZC DONK	1:11.33	196501327	<b>1:10.01</b>	+0,89	32.48	1:10.01
21. Danny Zulver	ZVVS	1:14.11	196701617	<b>1:10.51</b>	+0,80	32.46	1:10.51
22. Eric Giling	De Fuut	1:08.03	196400237	<b>1:11.18</b>	+0,77	33.52	1:11.18



Programmanr. 29, Heren, 100m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
23. Harald Mulder	Zoetermeer	1:09.16	196701459	<b>1:12.86</b>	+0,82	34.50	1:12.86
24. Marc Adriaensen	ShaRK	1:15.87	SHARK/474/64	<b>1:14.67</b>	+0,86	36.02	1:14.67
25. Yves van den Berg	WIDEX GZC DONK	1:14.40	196601437	<b>1:14.69</b>	+0,94	35.84	1:14.69
26. Rene Speelman	De Spatters	1:15.04	196601521	<b>1:15.29</b>	+0,76	33.82	1:15.29
27. Robert Witvliet	Zoetermeer	1:23.02	196601507	<b>1:22.19</b>	+0,89	37.90	1:22.19
28. Marco Schoenmakers	ZVVS	1:33.76	196401375	<b>1:27.98</b>	+1,05	42.18	1:27.98
29. William Lueb	PSV	1:46.64	196701579	<b>1:33.88</b>	+1,10	44.73	1:33.88

Masters 50+

1. Cees van Houwelingen	De Schelde	55.31	196300351	<b>57.91</b>	+0,85	28.00	57.91
<i>Nederlands Masters Record</i>							
2. Edwin v. Norden	AZ&PC	59.44	196300563	<b>59.08</b>	+0,71	28.24	59.08
3. Dmitry Kromskiy	Poseidon	1:00.75	037011	<b>1:01.01</b>	+0,85	29.47	1:01.01
4. Fred Ketting	PSV	1:01.71	196000289	<b>1:01.13</b>	+0,85	29.04	1:01.13
5. Lionel Godeaux	CNSW	59.32	CNSW/014/60	<b>1:01.36</b>	+0,72	28.68	1:01.36
6. Peter Bernsen	De Rog	59.26	196301119	<b>1:02.06</b>	+0,67	29.09	1:02.06
7. Gustav van den Berg	TriVia	1:01.91	196100991	<b>1:02.67</b>	+0,83	30.34	1:02.67
8. Ronald Grove	Oceanus	1:03.69	196100161	<b>1:03.98</b>	+0,77	30.36	1:03.98
9. Robert Vink	WWV	1:02.92	196301075	<b>1:04.02</b>	+0,91	30.48	1:04.02
10. Mark Nuijten	ZV Westland Dijkglas	1:07.63	196000411	<b>1:06.61</b>	+0,97	31.98	1:06.61
11. Rensonnet Raymond	Verviers Natation	1:04.71	VN/439/60	<b>1:06.65</b>	+1,04	32.22	1:06.65
12. John Stoffer	Zoetermeer	1:09.29	196300725	<b>1:07.44</b>	+0,70	31.00	1:07.44
13. Bob Nieuwenhuys	De Fuut	1:18.81	196201227	<b>1:08.92</b>	+0,83	31.83	1:08.92
14. Rob Penninks	PSV	1:08.39	196000897	<b>1:09.07</b>	+0,96	32.50	1:09.07
15. Robin Prins	SBC2000	1:05.61	196200515	<b>1:09.31</b>	+0,79	33.11	1:09.31
16. Eric Suykerbuyk	MZVA	1:12.01	MZVA/116/62	<b>1:09.75</b>	+0,83	33.16	1:09.75
17. Mark Kas	PLONS	1:08.57	196100285	<b>1:10.44</b>	+0,78	33.24	1:10.44
18. Berend Geurts	Nuenen	1:07.16	196201121	<b>1:10.86</b>	+0,86	33.48	1:10.86
19. James Norman	PLONS	1:12.69	196001209	<b>1:12.49</b>	+0,95	34.30	1:12.49
20. Serge Lallemand	Emboung Natation	1:11.29	EMBOU/449/61	<b>1:13.49</b>	+0,98	33.18	1:13.49
21. André Schutte	De Zeeuwse Kust (SG)	1:09.35	196000521	<b>1:16.09</b>	+0,95	34.12	1:16.09
22. Koen Soetewey	MZVA	1:15.79	MZVA/144/63	<b>1:19.52</b>	+0,83	35.54	1:19.52
23. Filip Timmermans	ShaRK	1:21.28	SHARK/163/60	<b>1:24.69</b>	+0,96	39.64	1:24.69
24. Jan Haitsma	De Spatters	1:32.13	196000929	<b>1:27.82</b>	+1,05	44.56	1:27.82
25. Perry Dekker	ZV De Bron	1:24.43	196201081	<b>1:29.27</b>	+0,97	42.42	1:29.27
NG.ZA David Witteboon	MZVA	1:09.64	MZVA/331/63				

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	59.93	195700425	<b>59.55</b>	+0,82	28.76	59.55
<i>Nederlands Masters Record</i>							
2. Marten de Groot	HZ&PC Heerenveen	1:01.81	195800149	<b>1:00.59</b>	+0,83	29.03	1:00.59
3. Peter Kauch	SV Gladbeck 13	59.94	73094	<b>1:02.02</b>	+0,81	29.60	1:02.02
4. Hans Wijsman	Zwemclub Iloka Kapellen	1:02.78	ZIK/159/55	<b>1:03.82</b>	+0,76	30.19	1:03.82
5. Klaus Kalinke	SV Gladbeck 13	1:13.57	72636	<b>1:04.76</b>	+0,79	31.54	1:04.76
6. Hans Groothelm	DBD	1:08.85	195800151	<b>1:08.87</b>	+0,74	33.16	1:08.87
7. Evertjan Masurel	PSV	1:08.15	195600495	<b>1:09.46</b>	+0,95	32.91	1:09.46
8. Henk Slomp	De Pinquin	1:09.21	195500359	<b>1:09.97</b>	+0,86	32.70	1:09.97
9. Eddy Mourmans	Dauphins Mouscronnois	1:07.40	DM/630/57	<b>1:10.40</b>	+0,81	33.83	1:10.40
10. Laurens klein Breteler	WWV	1:18.05	195400109	<b>1:13.04</b>	+0,83	35.03	1:13.04
11. Frank Zwijnenberg	PSV	1:19.68	195400361	<b>1:18.64</b>	+0,83	37.14	1:18.64
12. Peter Coffeng	WIDEX GZC DONK	1:18.48	195700063	<b>1:22.83</b>	+1,05	37.98	1:22.83
13. Wiel Rocks	Mosaqua Gulpen	1:21.11	195600387	<b>1:24.03</b>	+1,14	37.26	1:24.03
14. Harm Bodewes	WIDEX GZC DONK	1:32.54	195500367	<b>1:42.73</b>	+1,23	48.95	1:42.73
15. Adrie van der Gracht	OEZA	1:37.88	195700485	<b>1:43.82</b>	+1,19	48.47	1:43.82
NG.ZA Philippe Morelle	Namur Olympic Club	1:00.24	NOC /157/56				

Programmanr. 29, Heren, 100m vrije slag

Masters 60+

1. Brend Brevé	PSV	1:05.07	195200265	<b>1:06.97</b>	+0,89	32.77	1:06.97
<i>Kampioenschaps Record</i>							
2. Georg Dombrowski	SV Gladbeck 13	1:08.31	217978	<b>1:10.23</b>	+0,86	33.71	1:10.23
3. Jan Tinholt	PSV	1:20.34	195000185	<b>1:14.67</b>	+1,03	35.68	1:14.67
4. Jos Kamps	De Amer	1:14.44	195100085	<b>1:17.11</b>	+1,01	36.46	1:17.11

Masters 65+

1. Donald Uijtenbogaart	Het Y	1:11.24	194700107	<b>1:11.92</b>	+0,81	35.09	1:11.92
2. Theo Schouten	WWV	1:16.53	194600161	<b>1:16.25</b>	+0,94	35.73	1:16.25
3. Willem Putter	ZVVS	1:21.09	194500135	<b>1:19.93</b>	+1,00	38.94	1:19.93
4. Jaap Kwakkel	DAW	1:14.29	194700157	<b>1:21.27</b>	+0,83	36.75	1:21.27
5. Ruud Sloof	De Rijn	1:20.03	194400073	<b>1:24.10</b>	+1,05	40.59	1:24.10
6. Henk Oostendorp	ZV De Bron	1:36.11	194800093	<b>1:39.78</b>	+1,06	47.78	1:39.78
7. Peter Ouweneel	RSW (SG)	1:40.06	194500077	<b>1:42.83</b>	+1,14	47.98	1:42.83

Masters 70+

1. Frans van Enst	WS Twente	1:19.46	194000011	<b>1:19.13</b>	+1,01	37.08	1:19.13
2. Wim ter Laak	PSV	1:51.54	194000027	<b>1:46.56</b>	+1,27	49.19	1:46.56

Masters 75+

1. Nic Geers	Z&PC De Gouwe	1:13.40	193800007	<b>1:34.74</b>	+0,98	46.00	1:34.74
2. Pieter Scharphorn	Neptunus	2:06.29	193800037	<b>2:15.92</b>	+1,49	1:01.56	2:15.92

Masters 80+

1. Bob Berg	PSV	1:37.87	193300011	<b>1:51.21</b>	+1,31	49.69	1:51.21
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Dames, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Erika Aan het Rot	Octopus	1:17.70	199000010	<b>1:19.82</b>	+0,75	37.01	1:19.82
2. Suzan van den Bogaard	RZ	1:19.85	198900450	<b>1:21.47</b>	+0,74	37.72	1:21.47
3. Isabelle Massar	WVZ	1:18.64	199102034	<b>1:23.06</b>	+0,76	38.77	1:23.06
4. Désirée Hulsmeyer	Het Ravijn	1:25.99	199001656	<b>1:23.83</b>	+0,69	38.95	1:23.83
5. Leonie Nijenhuis	Zuiderzeewimmers	1:25.94	199204340	<b>1:24.24</b>	+0,80	39.36	1:24.24
6. Anne Duijst	De Amer	1:21.86	198901030	<b>1:25.21</b>	+0,83	40.10	1:25.21
7. Rosanne de Boer	LZ 1886	1:18.65	199104060	<b>1:26.26</b>	+0,83	40.51	1:26.26
8. Janet van der Poel	LZ 1886	1:21.24	199301842	<b>1:26.79</b>	+0,75	40.71	1:26.79
9. Kathy van Zuilen	De Amer	1:23.14	199306138	<b>1:30.64</b>	+0,87	43.36	1:30.64
10. Jacqueline Schroer	DAW	1:37.83	199108490	<b>1:30.70</b>	+0,56	41.75	1:30.70
11. Nicky Vanhijfte	Scheldestroom	1:29.90	199201806	<b>1:31.77</b>	+0,80	43.07	1:31.77
12. Tessa Verheijdt	WVZ	1:31.63	198904290	<b>1:37.44</b>	+0,75	45.28	1:37.44
13. Fleur Maas	Zoetermeer	1:37.18	198902768	<b>1:37.50</b>	+0,93	45.68	1:37.50
14. Carmen Ensink	Piranha	1:41.08	199307842	<b>1:46.48</b>	+0,91	50.42	1:46.48
15. Claudia Creemers	De Roersoppers	1:39.42	199202864	<b>1:51.09</b>	+0,75	50.65	1:51.09

Programmanr. 30, Dames, 100m schoolslag

Masters 25+

1. Femke Hendrikx	Nuenen	1:13.86	198801698	<b>1:19.12</b>	+0,71	36.86	1:19.12
2. Karin van Dijk	HZ&PC Heerenveen	1:17.21	198600850	<b>1:19.53</b>	+0,80	37.46	1:19.53
3. Karin Hidding	De Dinkel	1:18.94	198400970	<b>1:20.32</b>	+0,74	37.00	1:20.32
4. Stephanie Rombout	PSV	1:20.35	198803696	<b>1:24.42</b>	+0,84	38.92	1:24.42
5. Marjolijn Wuisman	PSV	1:23.02	198604202	<b>1:24.82</b>	+0,89	40.49	1:24.82
6. Tonny Methorst	De Biesboschwemmers	1:24.68	198802998	<b>1:25.43</b>	+0,84	39.91	1:25.43
7. Aniek Huijsman	De Lansingh	1:21.00	198801932	<b>1:25.54</b>	+0,76	39.27	1:25.54
8. Roshendra Vrolijk	DES	1:20.43	198403268	<b>1:26.72</b>	+0,75	40.03	1:26.72
9. Esther van Maastrigt	Montferland	1:24.76	198802836	<b>1:27.88</b>	+0,74	41.61	1:27.88
10. Marlijn Mulders	De Treffers	1:27.40	198803114	<b>1:28.42</b>	+0,74	41.60	1:28.42
11. Eline Roeland	De Schotejil	1:28.16	198805970	<b>1:30.10</b>	+0,93	42.37	1:30.10
12. Bianca Paape	DAW	1:27.11	198502262	<b>1:30.41</b>	+0,87	42.01	1:30.41
13. Linda Janssen	ZPB H&L Productions	1:24.47	198802088	<b>1:30.58</b>	+0,92	42.08	1:30.58
14. Carly Noordermeer	ZOB'66	1:24.36	198702984	<b>1:30.90</b>	+0,66	41.47	1:30.90
15. Marian Bouts	RZ	1:26.84	198600492	<b>1:32.27</b>	+0,91	42.87	1:32.27
16. Jacqueline Wissink	PSV	1:33.15	198503286	<b>1:33.15</b>	+0,83	44.82	1:33.15
17. Kim van der Beek	PSV	1:31.40	198700196	<b>1:33.27</b>	+0,82	43.12	1:33.27
18. Marlies Jehoel-van As	PSV	1:30.56	198500074	<b>1:33.52</b>	+0,71	43.63	1:33.52
19. Annette Vogelsang	ZV De Bron	1:27.43	198402632	<b>1:35.08</b>	+0,92	44.52	1:35.08
20. Liesbeth van Mill	DWK	1:31.39	198702786	<b>1:35.23</b>	+0,86	44.84	1:35.23
21. Margriet Aan het Rot	Octopus	1:36.27	198603088	<b>1:37.35</b>	+0,78	45.54	1:37.35
22. Dorien Vasseur	Scheldestroom	1:40.50	198704164	<b>1:37.78</b>	+0,82	45.30	1:37.78
23. Leonie Lennards	Eszet	1:33.95	198602262	<b>1:40.86</b>	+0,80	46.70	1:40.86
24. Anne van der Jagt	PSV	1:47.07	198706100	<b>1:47.27</b>	+0,82	50.09	1:47.27

Masters 30+

1. Yvonne Gerritsen	WVZ	1:25.12	198000342	<b>1:28.85</b>	+0,87	42.37	1:28.85
2. Yvette Roozen	DWT	1:30.17	198000926	<b>1:32.98</b>	+0,84	44.14	1:32.98
3. Kristel Lips	ZV De Bron	1:29.46	197900562	<b>1:33.36</b>	+1,00	43.75	1:33.36
4. Ingrid van der Does	ZV De Bron	1:35.07	198001690	<b>1:36.73</b>	+0,97	45.84	1:36.73
5. Salima Douhou	PSV	1:45.09	198302836	<b>1:49.47</b>	+0,92	53.40	1:49.47

Masters 35+

1. Nathalie Blondeel	CNSW	1:21.80	CNSW/012/77	<b>1:25.80</b>	+0,79	40.65	1:25.80
2. Nadège van Meeteren	De Meer	1:26.46	197400736	<b>1:27.28</b>	+0,77	40.61	1:27.28
3. Geraldine Trainor	De Duck	1:28.50	197500544	<b>1:28.25</b>	+0,78	40.75	1:28.25
4. Claudia van Drunen	AquAmigos	1:27.36	197700810	<b>1:28.62</b>	+0,83	41.52	1:28.62
5. Miranda Straetemans	Zignea	1:29.87	197400514	<b>1:29.62</b>	+0,91	41.71	1:29.62
6. Marian Nederlof	DWF	1:31.38	197600950	<b>1:34.07</b>	+0,78	44.63	1:34.07
7. Bianca Hertogh - Buijsse	Scheldestroom	1:39.07	197400910	<b>1:44.29</b>	+0,86	47.82	1:44.29

Masters 40+

1. Karin Stein	ZVVS	1:21.41	197100554	<b>1:24.50</b>	+0,89	40.39	1:24.50
2. Trudy Ketting	PSV	1:23.67	197000268	<b>1:26.81</b>	+0,76	40.59	1:26.81
3. Annetje Dieleman	PSV	1:28.05	197100130	<b>1:28.59</b>	+0,55	41.90	1:28.59
4. Dorette Vogels	PSV	1:29.96	197000938	<b>1:29.27</b>	+0,85	40.82	1:29.27
5. Pascale Neiss-Janssen	De Roersoppers	1:34.92	197300852	<b>1:35.32</b>	+1,00	44.50	1:35.32
6. Simone van Lent	Njord	1:35.36	196900950	<b>1:36.24</b>	+1,08	45.01	1:36.24
7. Esther Mijnen	ZV De Zaan	1:32.01	196900846	<b>1:36.32</b>	+0,87	44.56	1:36.32
8. Annet Kootstra	Swol 1894	1:40.97	197100344	<b>1:40.52</b>	+0,93	47.86	1:40.52
9. Yvonne Russ - Dijk	RZ	1:53.09	197000950	<b>1:44.61</b>	+0,94	47.69	1:44.61
10. Marleen Prins	De Fuut	1:51.23	197300864	<b>1:55.58</b>	+0,85	54.68	1:55.58
11. Klasien Blankestijn	De Duinkickers	2:14.44	196900934	<b>2:13.80</b>	+0,82	1:03.89	2:13.80
NG Gerda Eling	AZ&PC	1:45.67	197300820				

Programmanr. 30, Dames, 100m schoolslag

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	1:27.40	196700528	<b>1:28.03</b>	+0,76	42.05	1:28.03
2. Bridget Bewick	Maidenhead ASC	1:25.26	462298	<b>1:29.87</b>	+0,97	42.49	1:29.87
3. Desiree van der Lem	Ed-Vo	1:27.50	196800282	<b>1:30.99</b>	+0,90	42.71	1:30.99
4. Remona Dekker	ZV De Bron	1:42.76	196600620	<b>1:49.34</b>	+0,95	51.76	1:49.34
5. Friderika Kerekes	AZ&PC	1:41.10	196500540	<b>1:50.94</b>	+0,89	51.56	1:50.94
6. Ingeborg Stokx	DAW	1:48.70	196700666	<b>1:52.20</b>	+0,68	52.61	1:52.20
7. Margriet de Hoop	De Fuut	1:52.26	196800848	<b>1:53.33</b>	+1,00	53.67	1:53.33
8. Ann Vandenbrouck	Royal Ostend SC	1:54.67	ROSC/321/65	<b>1:57.35</b>	+0,85	53.50	1:57.35

Masters 50+

1. Annemarie Vuist	Swol 1894	1:33.36	196300282	<b>1:31.61</b>	+0,98	43.57	1:31.61
2. Agnes van Doesburg	PSV	1:31.65	196000264	<b>1:33.36</b>	+0,85	44.12	1:33.36
3. Inge Wolfs	PLONS	1:36.22	196000304	<b>1:37.24</b>	+0,87	46.97	1:37.24
4. Francine Sommer	Triton	1:36.31	196200384	<b>1:38.56</b>	+0,85	47.34	1:38.56
5. Petra Tossings	DAW	1:44.62	196100376	<b>1:39.69</b>	+0,87	47.62	1:39.69
6. Marijke Kraak-Beckers	WS Twente	1:40.13	196000240	<b>1:39.94</b>	+0,99	47.56	1:39.94
7. Herlinde Segers	Groot Beverse Zwemclub	1:45.76	GBZ/151/60	<b>1:47.22</b>	+1,07	52.55	1:47.22
8. Marie-Paule Waterval	Les Dauphins Visétois	1:43.72	B8817C142	<b>1:48.65</b>	+0,95	53.10	1:48.65
9. Gonnie Paas	ZVVS	1:47.71	196200418	<b>1:49.10</b>	+0,89	50.55	1:49.10
10. Marjan Spoelstra	Swol 1894	1:46.05	196000236	<b>1:50.30</b>	+0,97	53.14	1:50.30
11. Lia Bijkerk	WIDEX GZC DONK	1:47.27	196000014	<b>1:52.03</b>	+1,01	53.27	1:52.03
12. Jacqueline Brouwer	ZV De Bron	1:51.40	196100296	<b>1:58.16</b>	+0,98	57.77	1:58.16
13. G. van der Ploeg-de Winter	Old Dutch	2:05.28	196000256	<b>2:00.56</b>	+1,10	55.23	2:00.56

Masters 55+

1. Colette Crabbe	CNSW	1:25.38	CNSW/559/56	<b>1:26.91</b>	+0,78	41.63	1:26.91
<i>Kampioenschaps Record</i>							
2. Susanne Ostgathe	SV Blau-Weiss Bochum	1:34.52	083871	<b>1:36.98</b>	+0,94	45.44	1:36.98
3. Marijke van Hoek	De Zeeuwse Kust (SG)	1:37.05	195800050	<b>1:38.42</b>	+0,85	47.22	1:38.42
4. Monika Zilliken	SC Wiesbaden 1911 e.V.	1:39.14	231829	<b>1:45.55</b>	+0,78	47.39	1:45.55
5. Janny van Eijk	ZV De Bron	1:47.62	195800022	<b>1:45.74</b>	+1,02	50.98	1:45.74
6. Claire Anthony	CNSW	1:46.19	CNSW/487/57	<b>1:49.74</b>	+0,87	53.03	1:49.74
7. Rita Schelkens	Zwemclub Iloka Kapellen	1:45.67	ZIK/163/56	<b>1:50.76</b>	+0,69	51.80	1:50.76
8. Anje Manuputty	De Dolfijn	1:57.72	195700176	<b>1:53.58</b>	+1,04	56.23	1:53.58
9. Elly Kiestra-Broertjes	Zignea	1:52.01	195600100	<b>1:54.51</b>	+0,96	54.37	1:54.51
10. Dorry Elshout	PSV	1:55.00	195700180	<b>1:57.19</b>	+1,05	55.93	1:57.19
11. Patricia Molenaar	WIDEX GZC DONK	1:55.78	195800240	<b>2:05.20</b>	+1,11	58.01	2:05.20
12. Janneke van Liesdonk	Arethusa	2:07.39	195700060	<b>2:06.91</b>	+0,94	1:00.05	2:06.91
13. Mies Kuipers	Old Dutch	2:03.40	195800202	<b>2:07.42</b>	+0,88	1:02.82	2:07.42

Masters 60+

1. Ineke Weekers	PSV	1:34.63	195300050	<b>1:37.32</b>	+0,88	46.76	1:37.32
<i>Nederlands Masters Record</i>							
2. Csanádiné Tóth Magdolna	Budapesti Delfinek	1:37.47	20037	<b>1:39.45</b>	+0,94	47.83	1:39.45
3. Bea Swijnenberg	Swol 1894	1:40.74	194900010	<b>1:41.64</b>	+0,78	48.51	1:41.64
4. Corine Kalbfleisch	DWT	1:54.82	195200024	<b>1:55.35</b>	+1,11	53.31	1:55.35
5. Geerdien Meerwaldt	Van Vliet-Barracuda	2:10.86	195200058	<b>2:10.21</b>	+1,07	1:02.33	2:10.21
6. Nelly Eijsermans	Mosaqua Gulpen	2:16.18	195100070	<b>2:19.95</b>	+1,03	1:06.03	2:19.95

Masters 65+

1. Corrie Verhoeven	PSV	1:48.73	194600026	<b>1:49.49</b>	+0,76	51.27	1:49.49
2. Annet Verhoeven	De Duinkickers	2:03.66	194600024	<b>2:04.31</b>	+0,84	1:00.13	2:04.31
3. Matty van der Veen	Old Dutch	1:52.45	194400020	<b>2:05.76</b>	+1,15	58.96	2:05.76
4. Loekie v. Huissteden	AZ&PC	2:02.04	194500002	<b>2:06.01</b>	+0,92	1:00.86	2:06.01



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Masters 70+

1. Gitti Wahl	VfR Übach-Palenberg	2:25.71	164688	<b>2:23.91</b>	+0,95	1:08.08	2:23.91
2. Liesbeth ter Laak	PSV	2:32.92	194200008	<b>2:34.27</b>	+1,28	1:13.78	2:34.27

Masters 75+

1. Lea Maes	Groot Beverse Zwemclub	2:22.89	GBZ/041/37	<b>2:21.78</b>	+1,08	1:06.52	2:21.78
2. Ingrid Keusch-Renner	SV Blau-Weiss Bochum	2:13.88	073495	<b>2:25.94</b>	+0,79	1:08.15	2:25.94
3. Tineke de Bueger	Old Dutch	2:15.80	193700010	<b>2:28.55</b>	+1,23	1:09.83	2:28.55

Masters 80+

1. Agnes Van Obberghen	AZSC	1:50.94	AZSC/491/31	<b>1:54.69</b>	+0,96	53.70	1:54.69
2. Anneke Logtenberg	OZ&PC	2:36.18	192900004	<b>2:58.38</b>	+1,03	1:24.58	2:58.38

Masters 85+

1. Marianne Maandonks	PSV	3:16.80	192600004	<b>3:35.90</b>	+1,29	1:43.05	3:35.90
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Heren, 100m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Roald Blok	Octopus	1:07.93	199302685	<b>1:08.56</b>	+0,70	31.72	1:08.56
<i>Nederlands Masters Record</i>							
2. Dennis Wijbenga	Stadskanaal	1:06.48	199003283	<b>1:10.25</b>	+0,81	32.27	1:10.25
3. Rian Visser	DAW	1:09.92	199007141	<b>1:11.76</b>	+0,68	33.31	1:11.76
4. Bram Becks	HZPC	1:14.31	199303701	<b>1:17.13</b>	+0,70	35.46	1:17.13
5. Sander Boidin	Scheldestroom	1:17.09	199200111	<b>1:17.55</b>	+0,70	36.00	1:17.55
6. Lars Duijnhouwer	Den Doorn	1:09.92	199107161	<b>1:18.14</b>	+0,89	34.88	1:18.14
7. Patrick Janssen	HZPC	1:16.84	199302009	<b>1:20.27</b>	+0,76	37.22	1:20.27
8. Mark Huijsman	De Lansingh	1:15.97	199001305	<b>1:22.97</b>	+0,76	37.00	1:22.97
9. Tyrick de Kort	DES	1:20.76	198906745	<b>1:23.49</b>	+0,70	38.84	1:23.49
10. Bas Zierikzee	LZ 1886	1:21.91	199204321	<b>1:28.19</b>	+0,79	40.14	1:28.19
11. Jeroen van Blanken	De Lansingh	1:25.58	199206451	<b>1:29.30</b>	+0,87	41.19	1:29.30
12. Danny Vochteloo	De Spatters	1:39.53	199207251	<b>1:40.62</b>	+1,00	47.86	1:40.62
<b>Masters 25+</b>							
1. Albert van Piekeren	Octopus	1:09.94	198401767	<b>1:10.81</b>	+0,77	33.54	1:10.81
2. Sebastian Feidieker	Warendorfer SU	1:10.22	063045	<b>1:11.12</b>	+0,79	33.41	1:11.12
3. Roderik Meijers	ZOB'66	1:09.24	198602063	<b>1:13.54</b>	+0,78	33.08	1:13.54
4. Remko Hooft	De Duinkickers	1:10.68	198701405	<b>1:14.27</b>	+0,71	35.44	1:14.27
5. Stefan van der Grift	Octopus	1:15.71	198701121	<b>1:16.71</b>	+0,78	35.76	1:16.71
6. Mark Visser	De Biesboschzwemmers	1:18.63	198803627	<b>1:18.91</b>	+0,73	37.28	1:18.91
7. Pascal van Kassel	Triton	1:17.15	198501289	<b>1:20.93</b>	+0,71	37.06	1:20.93
8. Paul Notenboom	Strijen	1:18.13	198805513	<b>1:20.94</b>	+0,68	37.03	1:20.94
9. Jory van der Gracht	OEZA	1:17.09	198701097	<b>1:24.64</b>	+0,99	39.60	1:24.64
10. Harmen Reemst	ZOB'66	1:21.02	198702715	<b>1:26.63</b>	+0,78	39.84	1:26.63
11. Herm Clabbers	RZ	1:39.62	198403189	<b>1:36.90</b>	+0,77	43.11	1:36.90
12. Wesley Determann	De Amer	1:32.32	198806107	<b>1:37.02</b>	+0,97	45.75	1:37.02

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Masters 30+

1. Richard Claus	Swimteam Helden-Mosa (SG)	1:07.12	198000265	<b>1:08.84</b>	+0,74	31.99	1:08.84
2. Simon van Ravesteijn	Zoetermeer	1:11.19	198002263	<b>1:10.47</b>	+0,75	32.55	1:10.47
3. Kristiaan Lenos	LZ 1886	1:08.99	198301331	<b>1:15.78</b>	+0,87	34.83	1:15.78
4. Freddie Geerlings	HGN (SG)	1:14.64	197900379	<b>1:16.02</b>	+0,86	36.32	1:16.02
5. Mark Zwart	Zwemlust-den Hommel	1:13.23	197901461	<b>1:16.80</b>	+0,80	35.63	1:16.80
6. Paul Oudendijk	OEZA	1:16.68	198101287	<b>1:17.03</b>	+0,93	36.90	1:17.03
7. Reinier Ellenkamp	De Rog	1:11.12	198002109	<b>1:18.45</b>	+0,83	36.04	1:18.45
8. Jim Geestman	RSW (SG)	1:14.25	198300699	<b>1:20.10</b>	+0,82	37.35	1:20.10
9. Erik van Hell	De Amer	1:17.66	198200643	<b>1:21.47</b>	+0,73	37.89	1:21.47
10. Albert Garcia i Tormo	PSV	1:25.75	198202583	<b>1:23.39</b>	+0,69	39.01	1:23.39
11. Frits Delicaat	DAW	1:23.25	197901629	<b>1:23.71</b>	+0,91	38.78	1:23.71
12. Mark Brinkhuis	Hera'11	1:27.58	198302609	<b>1:25.20</b>	+0,87	39.91	1:25.20
13. Remco Veerkamp	Zuiderzeezwemmers	1:38.60	198102311	<b>1:37.11</b>	+0,88	44.12	1:37.11

Masters 35+

1. Egbert Stolk	D'Eift WAVE (SG)	1:13.41	197600889	<b>1:12.76</b>	+0,78	34.37	1:12.76
2. Vincent Versteeg	Zwemlust-den Hommel	1:14.95	197701003	<b>1:13.01</b>	+0,74	33.79	1:13.01
3. Ronald Smits	PSV	1:13.06	197800981	<b>1:16.42</b>	+0,67	34.87	1:16.42
4. Ron Langelaan	DAW	1:14.18	197800643	<b>1:20.66</b>	+0,66	36.95	1:20.66
5. Juris Plotnieks	ASV Wuppertal	1:18.28	156240	<b>1:22.86</b>	+0,75	38.89	1:22.86
6. Erik Huisman	De Biesboschzwemmers	1:33.09	197401405	<b>1:32.59</b>	+0,81	43.35	1:32.59
7. Walter van Luenen	Arethusa	1:34.05	197501237	<b>1:40.26</b>	+1,00	46.01	1:40.26

Masters 40+

1. Richard Ricksen	HGN (SG)	1:11.88	197000841	<b>1:15.51</b>	+0,82	35.74	1:15.51
2. Dirk Medland	Genker ZV Neptunus	1:14.72	GZVN/999/69	<b>1:15.98</b>	+0,70	35.34	1:15.98
<i>BMR</i>							
3. Sven Schröter	TuS Sundern	1:19.38	333325	<b>1:23.06</b>	+0,73	37.43	1:23.06
4. Didzis Zeidaks	Riga Kipsala SC	1:22.81	1969ZEID	<b>1:23.42</b>	+0,80	38.84	1:23.42
<i>LMK</i>							
5. Hans Schoenmakers	DAW	1:18.58	196900863	<b>1:23.51</b>	+0,83	38.71	1:23.51
6. Frank Podebrad	SC Wiesbaden 1911 e.V.	1:23.31	295468	<b>1:26.88</b>	+0,80	38.96	1:26.88
7. Peter Timmerman	Het Ravijn	1:27.64	197201525	<b>1:27.64</b>	+1,00	41.63	1:27.64
8. Martin Berkhout	LZ 1886	1:21.73	197101123	<b>1:28.27</b>	+0,77	40.54	1:28.27
9. Jacques Verriet	Njord	1:30.00	197001039	<b>1:30.73</b>	+0,87	42.66	1:30.73
10. Arjan Dekker	Koewacht	1:27.62	196900225	<b>1:32.80</b>	+0,82	41.94	1:32.80
DIS Gerko Versluis	Zuiderzeezwemmers	1:24.83	196901439				SR

Masters 45+

1. Harold Matla	PSV	1:14.64	196800591	<b>1:15.57</b>	+0,87	35.70	1:15.57
2. Mark Siebert	SV Gladbeck 13	1:18.72	093181	<b>1:16.32</b>	+0,74	35.51	1:16.32
3. Patrick Juncker	Swimming Luxembourg	1:16.22	136	<b>1:17.39</b>	+0,83	36.22	1:17.39
<i>LUX.MR</i>							
4. Bernd Bienek	SV Gladbeck 13	1:17.17	278658	<b>1:18.74</b>	+0,88	37.32	1:18.74
5. Bert de Weerd	RZC	1:19.40	196701283	<b>1:22.73</b>	+0,80	38.79	1:22.73
6. Geert van Duinhoven	RZC	1:20.54	196401263	<b>1:23.74</b>	+0,83	39.22	1:23.74
7. Theo Bakker	TriVia	1:18.60	196401231	<b>1:25.47</b>	+0,70	39.71	1:25.47
8. Eric Giling	De Fuut	1:28.63	196400237	<b>1:26.24</b>	+0,76	40.32	1:26.24
9. Marcel van der Lem	Ed-Vo	1:20.94	196500563	<b>1:26.61</b>	+0,83	40.98	1:26.61
10. Joop Weenink	WS Twente	1:21.87	196801535	<b>1:27.13</b>	+1,06	41.20	1:27.13
11. Roy le Clercq	De Rog	1:27.24	196401041	<b>1:30.42</b>	+0,87	42.18	1:30.42
12. Willem Jan Ribberink	WIDEX GZC DONK	1:30.04	196501327	<b>1:30.99</b>	+0,88	41.88	1:30.99
13. Huyb Stegeman	Steenwijk 1934	1:30.23	196701535	<b>1:31.14</b>	+0,97	43.15	1:31.14
14. Roelof Broekman	De Spatters	1:32.80	196800155	<b>1:33.06</b>	+0,84	42.54	1:33.06
15. Ger de Hoop	Zwemclub Polaris	1:37.22	196401367	<b>1:33.50</b>	+1,10	44.07	1:33.50
16. Gertjan van der Vaart	ZVVS	1:41.99	196801529	<b>1:37.88</b>	+0,85	45.27	1:37.88
17. Henk van Zetten	Octopus	1:37.66	196701261	<b>1:39.23</b>	+0,84	47.29	1:39.23
18. Yves van den Berg	WIDEX GZC DONK	1:38.68	196601437	<b>1:39.98</b>	+0,99	46.27	1:39.98
19. Helmuth Lukassen	Mosaqua Gulpen	1:40.66	196401335	<b>1:43.41</b>	+1,01	49.47	1:43.41
20. Paul Weeren	PSV	1:41.31	196401339	<b>1:43.54</b>	+1,06	49.34	1:43.54

Programmanr. 31, Heren, 100m schoolslag, Masters 45+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
DIS Peter Fölker	Aqua-Novio'94	1:24.02	196401021		AA		

Masters 50+

1. Cees van Houwelingen	De Schelde	1:11.50	196300351	<b>1:16.68</b>	+0,89	36.15	1:16.68
2. David Falces	DES	1:17.71	196000957	<b>1:20.06</b>	+0,90	38.09	1:20.06
3. Ralph Caster	RZ	1:18.12	196100069	<b>1:22.16</b>	+0,81	36.93	1:22.16
4. Ronald Grove	Oceanus	1:22.69	196100161	<b>1:25.10</b>	+0,78	39.59	1:25.10
5. Johan Vandewalle	Zwemclub Iloka Kapellen	1:23.25	ZIK/154/60	<b>1:27.20</b>	+0,89	40.12	1:27.20
6. Michiel Klaren	PSV	1:29.66	196201087	<b>1:30.06</b>	+0,90	43.36	1:30.06
7. Jack Barends	WS Twente	1:29.05	196201011	<b>1:31.47</b>	+0,84	43.33	1:31.47
8. Jan Willem Heuten	WS Twente	1:40.06	196000883	<b>1:37.05</b>	+0,99	46.88	1:37.05
9. Perry Dekker	ZV De Bron	1:36.92	196201081	<b>1:37.32</b>	+1,16	46.57	1:37.32
10. Ton Witkamp	WVZ	1:37.55	196101089	<b>1:41.25</b>	+0,78	46.39	1:41.25
11. Jan Haitsma	De Spatters	1:39.31	196000929	<b>1:44.47</b>	+1,05	50.60	1:44.47
DIS Jo Rogiers	RSCM	1:20.12	RSCM/194/63		SR		

Masters 55+

1. Peter Kauch	SV Gladbeck 13	1:16.11	73094	<b>1:17.41</b>	+0,83	36.21	1:17.41
2. Wolfgang Grenzing	SG Mönchengladbach	1:24.36	275182	<b>1:23.78</b>	+0,86	39.78	1:23.78
3. Philippe Godbille	CNSW	1:28.05	CNSW/053/57	<b>1:29.28</b>	+0,92	41.85	1:29.28
4. Laurens klein Breteler	WWV	1:35.44	195400109	<b>1:30.87</b>	+0,85	42.22	1:30.87
5. Paul Bunnik	Triton	1:25.00	195600413	<b>1:31.17</b>	+0,99	43.19	1:31.17
6. Bart van Doesburg	PSV	1:31.14	195600463	<b>1:32.57</b>	+0,74	43.18	1:32.57
7. Vincent de Keijzer	PLONS	1:30.47	195800207	<b>1:33.60</b>	+0,88	44.39	1:33.60
8. Kai Andersen	MOSS SK	1:39.95	M240457KAI1	<b>1:40.65</b>	+0,78	46.22	1:40.65
9. Jan Timmerman	IJZPC	1:41.22	195700347	<b>1:42.33</b>	+0,80	46.84	1:42.33
10. Harry Paas	ZVVS	1:41.85	195800689	<b>1:42.63</b>	+0,81	46.16	1:42.63
11. Adrie van der Gracht	OEZA	1:45.65	195700485	<b>1:44.76</b>	+1,14	48.80	1:44.76
12. Peter Coffeng	WIDEX GZC DONK	1:41.66	195700063	<b>1:48.31</b>	+1,10	48.83	1:48.31
AFGEM Dre Klaassen	ZOB'66	1:35.02	195600141				

Masters 60+

1. Peter Haarstick	SV Bremen 1910	1:19.68	258793	<b>1:21.42</b>	+0,76	37.09	1:21.42
<i>Kampioenschaps Record</i>							
2. Georg Dombrowski	SV Gladbeck 13	1:24.50	217978	<b>1:30.83</b>	+0,75	42.68	1:30.83
3. Michel Hougardy	CNBA	1:47.13	CNBA/648/51	<b>1:43.96</b>	+1,03	47.59	1:43.96
4. Bert Veerkamp	Zuiderzeewimmers	2:20.95	195200271	<b>2:24.14</b>	+1,27	1:05.04	2:24.14

Masters 65+

1. Donald Uijtenbogaart	Het Y	1:30.87	194700107	<b>1:31.09</b>	+0,83	43.72	1:31.09
2. Harry Smits	ZC'90	1:41.01	194800163	<b>1:35.91</b>	+1,31	44.42	1:35.91
3. Sümeghy László	Budapesti Delfinek	1:37.59	20049	<b>1:39.75</b>	+1,15	46.42	1:39.75
4. Jaap Kwakkel	DAW	1:39.64	194700157	<b>1:42.85</b>	+0,89	46.55	1:42.85
5. Ruud Sloof	De Rijn	1:38.86	194400073	<b>1:44.34</b>	+1,07	50.41	1:44.34
6. Mans Buis	Het Ravijn	1:53.24	194700133	<b>1:51.38</b>	+0,95	53.40	1:51.38
7. Henk Oostendorp	ZV De Bron	1:55.59	194800093	<b>1:58.06</b>	+1,08	55.92	1:58.06
NG Chris Trueman	UEA Norwich	1:45.76	58940				

Masters 70+

1. Rob Hanou	PSV	1:32.25	194300109	<b>1:32.29</b>	+0,99	44.33	1:32.29
<i>Nederlands Masters Record</i>							
2. Gustave Lempereur	HELIOS	1:33.86	HELIOS/099/42	<b>1:32.48</b>	+1,05	43.69	1:32.48
<i>BMR</i>							

Programmanr. 31, Heren, 100m schoolslag

Masters 75+

1. Wieger Mensonides	NZ&PC	1:35.83	193800035	<b>1:46.51</b>	+0,96	50.72	1:46.51
<i>Kampioenschaps Record</i>							
AFGEM Jan Eichhorn	ZV Haerlem	1:55.99	193700015				

Masters 80+

1. Georges Verhelst	AZSC	1:57.29	AZSC/952/31	<b>2:14.21</b>	+1,08	1:02.61	2:14.21
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Masters 85+

1. Klaas Prins	Steenwijk 1934	2:54.48	192800001	<b>2:57.62</b>	+1,22	1:21.67	2:57.62
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Programmanr. 32  
04-05-2013 - 16:42

Dames, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Malissa van der Horst	Zwemlust-den Hommel	30.68	199200810	<b>31.49</b>	+0,67
2.	Désirée Emmen	De Warande	32.56	199204862	<b>32.83</b>	+0,72
3.	Nanda de Vries	HZ&PC Heerenveen	32.96	199204328	<b>33.19</b>	+0,71
4.	Jen-Ai van Soelen	Zuiderzeezwemmers	33.16	199003510	<b>33.40</b>	+0,64
5.	Marloes Resink	Octopus	34.02	199003078	<b>35.33</b>	+0,76
6.	Kim Wijnja	De Biesboschzwemmers	35.07	199107812	<b>36.52</b>	+0,65
7.	Simone de Boer	LZ 1886	34.96	199306858	<b>36.58</b>	+0,68
8.	Pascalie Rovers	ZV De Bron	36.01	199301064	<b>36.74</b>	+0,67
9.	Cynthia Grooteboer	SBC2000	32.88	198901462	<b>36.88</b>	+0,80
10.	Yvonne Bruls	Eurode KZC	37.96	199008114	<b>37.60</b>	+0,78
11.	Eline Schoenmaker	De Duinkickers	35.81	199003322	<b>37.66</b>	+0,67
12.	Sabine Eijkelhoff	Aqua-Novio'94	38.35	198907400	<b>39.44</b>	+0,79
13.	Wieteke Jansen	Montferland	40.88	199001750	<b>40.67</b>	+0,87
14.	Pauline Magnée	De Warande	38.43	199205434	<b>41.77</b>	+0,76
15.	Kelly Bockting	Montferland	41.77	199104050	<b>45.04</b>	+0,89
AFGEM	Liesbeth Bruinekoel	Zuiderzeezwemmers	1:00.50	199007958		

Masters 25+

1.	Charlotte Groeneveld	Zwemlust-den Hommel	33.02	198701404	<b>32.57</b>	+0,79
2.	Arine van Holland	De Vrije Slag	32.53	198701768	<b>33.76</b>	+0,70
3.	Wieteke Elzinga	DAW	34.14	198601038	<b>34.08</b>	+0,74
4.	Samantha van Eijk	De Geul	33.98	198806826	<b>34.37</b>	+0,73
5.	Franca Willeme	De Dinkel	34.36	198402760	<b>34.47</b>	+0,64
6.	Yvette Nota - Peters	De Spatters	34.89	198703158	<b>35.54</b>	+0,73
7.	Esther van Maastricht	Montferland	36.24	198802836	<b>35.99</b>	+0,72
8.	Anna Boef	LZ 1886	35.41	198806288	<b>36.70</b>	+0,71
9.	Nele Van Campfort	CNBA	36.81	CNBA/915/86	<b>37.38</b>	+0,96
10.	Roos Lemmen	Eurode KZC	36.31	198403078	<b>37.65</b>	+0,71
	Nienke van Stipriaan	PSV	37.95	198703970	<b>37.65</b>	+0,90
12.	Carly Noordermeer	ZOB'66	36.15	198702984	<b>37.73</b>	+0,66
13.	Sandra Pannekeet	DAW	37.65	198403458	<b>37.82</b>	+0,78
14.	Lisette Prins	WVZ	35.65	198803522	<b>38.09</b>	+0,73
15.	Marlies Jehoel-van As	PSV	38.76	198500074	<b>38.37</b>	+0,77
16.	Liesbeth van Mill	DWK	38.55	198702786	<b>38.73</b>	+0,73
17.	Marian Bouts	RZ	36.29	198600492	<b>39.20</b>	+0,60
18.	Babette Dessing	WIDEX GZC DONK	37.11	198500646	<b>39.25</b> *	+0,76
19.	Serima Louise Wildvank	De Spatters	38.51	198604104	<b>40.49</b>	+0,74
20.	Laura van Manen	WIDEX GZC DONK	40.41	198403288	<b>41.27</b>	+0,75
21.	Isaline Manchel	CNSW	41.55	CNSW/475/85	<b>41.29</b>	+0,73
22.	Nicole van Doeselaar	AquAmigos	41.15	198500692	<b>42.02</b>	+0,80
23.	Tineke Roelofs	PSV	47.26	198504004	<b>45.89</b>	+0,89
24.	Marloes Rebel	WS Twente	47.32	198403474	<b>46.97</b>	+0,94



Programmanr. 32, Dames, 50m rugslag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.		tijd	RT
25.	Marielle Boers	Hera'11	1:46.32	198503624	S4	<b>1:49.92</b>	+1,51 88

Masters 30+

1.	Delia Badoux	Zoetermeer	34.51	198000042		<b>34.57</b>	+0,74
2.	Roos van Esch	TRB-RES	34.98	198200468		<b>35.20</b>	+0,80
3.	Liga Libere LMR	Riga Kipsala SC	35.87	1982LIBE		<b>35.30</b>	+0,75
4.	Marjon van Kempen	De Schotejil	37.34	198000578		<b>36.04</b>	+0,75
5.	Esther Versteeg	Van Vliet-Barracuda	36.69	198302112		<b>36.44</b>	+0,69
6.	Natascha Hartman	PSV	40.31	198101780		<b>38.30</b>	+0,83
7.	Sabrina Boekhout	De Biesboschzweimmers	37.12	198100120		<b>38.33</b>	+0,75
8.	Patricia Strohm	De Dinkel	37.22	198102110		<b>38.51</b>	+0,69
9.	Carmen Haan	De Spatters	38.23	197901458		<b>40.56</b>	+0,83
10.	Ingrid van der Does	ZV De Bron	40.15	198001690		<b>41.30</b>	+0,81
11.	Angela Giezen	Montferland	40.53	198302796		<b>42.22</b>	+0,85
12.	Marieke Langendonk	De Dinkel	41.02	197900530		<b>42.80</b>	+0,90

Masters 35+

1.	Claudia van Drunen	AquAmigos	38.10	197700810		<b>37.30</b>	+0,65
2.	Geraldine Trainor	De Duck	37.35	197500544		<b>37.59</b>	+0,69
3.	Jacqueline de Rooter-Wijnolst	WIDEX GZC DONK	38.28	197400446		<b>38.31</b>	+0,79
4.	Jolanda van Gendt	PSV	38.94	197800266		<b>38.50</b>	+0,69
5.	Diane Scholing	Het Ravijn	40.56	197701090		<b>39.55</b>	+0,78
6.	Babette Rens	Dedemsvaart-AC	39.32	197801200		<b>40.58</b>	+0,83
7.	Vivian van Kerkwijk	RZ	40.30	197500892		<b>41.68</b>	+0,74
8.	Bianca Hertogh - Buijsse	Scheldestroom	44.66	197400910		<b>42.80</b>	+0,83
9.	Nadège van Meeteren	De Meer	39.13	197400736		<b>42.91</b>	+0,85
10.	Natasja Linderhof	De Dinkel	43.86	197500786		<b>43.33</b>	+0,84
11.	Clementine van Bruxvoort	ZPB H&L Productions	45.07	197700138		<b>46.81</b>	+0,83
12.	Fabienne Verriet-Regensburg	Njord	56.71	197500428		<b>57.55</b>	+0,82

Masters 40+

1.	Gudule van der Meer	PSV	33.70	197200396		<b>33.76</b>	+0,63
2.	Edith Janssen-Koolen	TRB-RES	35.79	197300898		<b>36.60</b>	+0,79
3.	Lidia v. Bon-Rosenbrand	AZ&PC	37.18	197000054		<b>36.99</b>	+0,75
4.	Heidi van Stein	LZ 1886	36.35	196900864		<b>37.44</b>	+0,72
5.	Octavie Hoyer-Bovers	PSV	39.23	197000940		<b>40.27</b>	+0,63
6.	Marissa van Gent	De Geul	39.24	197300890		<b>40.79</b>	+0,83
7.	Ageeth Boomsma	Orca	40.31	197000826		<b>42.44</b>	+0,73
8.	Simone van Lent	Njord	42.98	196900950		<b>43.40</b>	+0,83
9.	Jolanda Roijen	Mosaqua Gulpen	44.52	197000854		<b>45.26</b>	+0,72
10.	Patricia Austen	RZ	46.76	197000968		<b>46.12</b>	+0,67

Masters 45+

1.	Wilma van Velsen	Montferland	36.18	196400444		<b>38.47</b>	+0,86
2.	Katrin Pennings	PSV	40.20	196400570		<b>38.89</b>	+0,72
3.	Susanne Prins - Molenvijk	SBC2000	37.99	196600284		<b>39.52</b>	+0,67
4.	Susanne van Hooven	De Schotejil	37.15	196800752		<b>39.76</b>	+0,80
5.	Wendy Knoops	RZ	37.58	196800720		<b>40.62</b>	+0,94
6.	Roelien Speelman - Tigelaar	De Spatters	45.29	196600664		<b>44.67</b>	+0,74
7.	Karin Rikhof	De Dinkel	44.98	196600480		<b>46.48</b>	+0,82
8.	Jeanette Smits	Orca	43.14	196600312		<b>47.04</b>	+0,90
9.	Riekje Schra	Steenwijk 1934	1:01.89	196400404		<b>1:09.73</b>	+0,75

Programmanr. 32, Dames, 50m rugslag

Masters 50+

1.	Julia Moh-Klaren	CSAKB	38.41	922540	<b>39.36</b>	+0,79
2.	Irma Hertogs	PSV	41.15	195900222	<b>39.77</b>	+0,78
3.	Pia van der Molen	HZ&PC Heerenveen	39.61	196000116	<b>39.79</b>	+0,84
4.	Ingrid Van Cauteren	LZV	39.70	LZV/097/62	<b>40.82</b>	+0,77
5.	Annemarie Vuist	SwoI 1894	41.29	196300282	<b>43.27</b>	+0,81
6.	Marie-Josée Matte	WVZ	41.14	196000326	<b>43.50</b>	+0,74
7.	Gonnie Paas	ZVVS	44.69	196200418	<b>45.12</b>	+0,70
8.	Lia Bijkerk	WIDEX GZC DONK	47.59	196000014	<b>49.82</b>	+0,81
9.	Magda Wallaert	CNBA	53.92	CNBA/649/60	<b>56.17</b>	+0,99
10.	Birgit Bartelds	Mosaqua Gulpen	1:00.32	196100372	<b>1:04.27</b>	+1,17

Masters 55+

1.	Colette Crabbe <i>BMR</i>	CNSW	38.23	CNSW/559/56	<b>37.32</b>	+0,74
2.	Atie Pijtak-Radersma	AZ&PC	39.45	195600048	<b>39.12</b>	+0,79
3.	Mathilde Vink	SwoI 1894	38.88	195800128	<b>39.76</b>	+0,92
4.	Patty Krupiarz	PSV	43.32	195400074	<b>42.38</b>	+0,63
5.	Lies Hartman	VfR Übach-Palenberg	1:00.45	164684	<b>58.74</b>	+0,73

Masters 60+

1.	Tineke Brouwer-Maat	ZV Westland Dijkglas	47.69	195300074	<b>45.83</b>	+0,85
2.	Antoinette Gilding-Tussaud	WS Twente	46.65	195000038	<b>48.71</b>	+0,79
3.	Gonnie Bak	PSV	51.10	195100064	<b>49.53</b>	+0,76
4.	Tineke van Diggelen	Oceanus	49.81	195200048	<b>51.01</b>	+0,90
5.	Corine Kalbfleisch	DWT	48.37	195200024	<b>51.23</b>	+0,98
6.	Janny van der Weide	Deltasteur	1:09.54	195100066	<b>1:14.97</b>	+1,20

Masters 65+

1.	Leny Kamp	Aquapoldro	54.68	194400008	<b>55.98</b>	+0,71
2.	Loekie v. Huissteden	AZ&PC	56.82	194500002	<b>56.33</b>	+0,79

Masters 70+

1.	Waltraud Monstadt	SV Blau-Weiss Bochum	49.43	116979	<b>51.24</b>	+0,93
2.	Paulette Kersse-Verbeke	Club Nautique Croix	51.61	494441	<b>52.92</b>	+0,77

Masters 75+

1.	Alice Lindhout	PSV	54.42	193500010	<b>55.72</b>	+0,97
2.	Ingrid Keusch-Renner	SV Blau-Weiss Bochum	55.71	073495	<b>58.43</b>	+0,81
3.	Tineke de Bueger	Old Dutch	1:04.32	193700010	<b>1:11.29</b>	+0,79

Programmanr. 33  
04-05-2013 - 16:59

Heren, 50m rugslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Mark Costeris	De Schoteijl	27.67	199202327	<b>28.16</b>	+0,66
2.	Davy Verreussel	HGN (SG)	28.86	198903341	<b>28.95</b>	+0,78
3.	Mike Stoffer	WVZ	30.36	198903041	<b>31.04</b>	+0,73
4.	Marien Willeme	De Dinkel	30.79	198903623	<b>31.63</b>	+0,75
5.	Lorenzo Cavallini	De Futen	32.87	199007465	<b>32.84</b>	+0,73
6.	Boy Heijnekamp	LZ 1886	31.63	198901161	<b>33.87</b>	+0,92
7.	Sven van Zanten	De Duinkickers	31.34	199003405	<b>34.03</b>	+0,65
8.	Daniel van den Wildenberg	Eurode KZC	35.71	199206491	<b>36.12</b>	+0,66

Programmanr. 33, Heren, 50m rugslag

Masters 25+

1.	Albert van Piekeren	Octopus	29.84	198401767	<b>30.39</b>	+0,76
2.	Sander Bouts	RZ	30.17	198500331	<b>30.79</b>	+0,66
3.	Floris Manni	Octopus	30.12	198805679	<b>30.82</b>	+0,72
4.	Remy Florean	CNBA	30.72	CNBA/828/86	<b>31.11</b>	+0,65
5.	Jean Pierre Bisslik	DES	30.00	198705243	<b>31.13</b>	+0,75
6.	Bastian Zoon	De Gooye	30.99	198703929	<b>31.87</b>	+0,63
7.	Thommy Nickel	Van Vliet-Barracuda	31.91	198401627	<b>32.78</b>	+0,78
8.	Erik van der Heide	Zuiderzeezwemmers	31.84	198801337	<b>32.85</b>	+0,72
9.	Klaas van Beek	ZV Haerlem	32.25	198805941	<b>32.94</b>	+0,72
10.	Pascal van Kassel	Triton	33.14	198501289	<b>33.52</b>	+0,64
11.	Frank Hovenier	Neptunus'58	32.68	198503239	<b>33.97</b>	+0,85
12.	Sebastian Link	SG Dortmund	32.53	153578	<b>34.11</b>	+0,68
13.	Remco Joukes	Triton	34.40	198801763	<b>34.90</b>	+0,72
14.	Wesley van Diejen	PSV	33.16	198604551	<b>35.35</b>	+0,94
15.	Harmen Reemst	ZOB'66	34.33	198702715	<b>37.04</b>	+0,66
16.	Robin Eggenkamp	De Duinkickers	37.06	198700847	<b>37.30</b>	+0,89
17.	Erik van der Zeijden	RZ	36.43	198604569	<b>39.49</b>	+0,76
NG.ZA	Hans Van de Put	ShaRK	31.50	SHARK/475/87		

Masters 30+

1.	Mark Spijkerboer	Nautilus	29.02	198101589	<b>29.56</b>	+0,76
2.	Nol van Thull	ZOB'66	29.52	198001513	<b>30.60</b>	+0,80
3.	Lauren Vis	Steenwijk 1934	30.92	198201883	<b>31.12</b>	+0,64
4.	Paul Oudendijk	OEZA	31.50	198101287	<b>31.90</b>	+0,78
5.	Stan Dekker	PLONS	32.43	197901823	<b>32.28</b>	+0,70
6.	Reinier Ellenkamp	De Rog	29.71	198002109	<b>32.50</b>	+0,64
7.	Marcel Reefhuis	WS Twente	31.80	198101381	<b>32.82</b>	+0,71
8.	Victor den Heijer	D'Elft WAVE (SG)	31.95	198300867	<b>33.00</b>	+0,60
9.	Bas v.d. Laan	WVZ	33.39	198302471	<b>35.26</b>	+0,80
10.	Marco van Antwerpen	Strijen	34.73	198000027	<b>35.28</b>	+0,69
11.	Gino Martijn	RZ	34.75	197901865	<b>35.52</b>	+0,63
12.	Joël Kapelle	ZVW'74	35.39	198200857	<b>36.72</b>	+0,93
13.	Ingmar Kooman	De Zijl/LGB	39.79	197901517	<b>39.97</b>	+0,81
14.	Remco Veerkamp	Zuiderzeezwemmers	40.87	198102311	<b>41.38</b>	+0,76

Masters 35+

1.	Ivo Roozeboom	WVZ	29.44	197700801	<b>30.48</b>	+0,74
2.	Roger Flinterman	Zoetermeer	34.45	197601261	<b>32.52</b>	+0,72
3.	Ronald Smits	PSV	31.09	197800981	<b>32.72</b>	+0,75
4.	Gerard Eghuizen	HZ&PC Heerenveen	33.71	197400197	<b>34.05</b>	+0,89
5.	Erwin Zuidervelt	De Futen	33.86	197501015	<b>35.22</b>	+0,73
6.	Dimitrie Sonnemans	RZ	35.23	197501391	<b>35.55</b>	+0,72
7.	Pieter Ponne	HZ&PC Heerenveen	34.54	197600749	<b>38.11</b>	+0,77
8.	Daniel Wencker	Avan Villeneuve-D'Ascq	36.34	1540660	<b>39.19</b>	+0,98

Masters 40+

1.	Janis Plotnieks	Riga Kipsala SC	30.60	1971PLOT	<b>31.17</b>	+0,75
2.	René Beetsma	HZ&PC Heerenveen	32.70	196900069	<b>34.03</b>	+0,84
3.	Gertjan van der Knaap	De Duck	36.46	197300459	<b>36.07</b>	+0,65
4.	Ferdinand Teitink	Montferland	37.82	197001583	<b>37.88</b>	+0,75
5.	Rob Dissel	DBD	40.56	197101463	<b>38.29</b>	+0,74
6.	Oliver Podebrad	SC Wiesbaden 1911 e.V.	37.84	262705	<b>38.94</b>	+0,82
7.	Dennis van Markesteyn	TZC-Vahalis	38.55	197201333	<b>39.03</b>	+0,73
8.	Rogier Becker	De Dinkel	36.80	197301439	<b>39.04</b>	+0,68
9.	Marcel Brittijn	De Duinkickers	38.73	196900159	<b>40.04</b>	+0,61

Programmanr. 33, Heren, 50m rugslag

Masters 45+

1.	Guido Keutgen	De Plas	30.39	196801551	<b>31.13</b>	+0,81
2.	Bert Schlicher	RZ	30.40	196400669	<b>31.64</b>	+0,67
3.	Tomas Prescher	SSF Sieglar 1960 e.V.	32.28	146010	<b>32.15</b>	+0,66
4.	Frank Jansen	VfR Übach-Palenberg	31.51	124581	<b>33.44</b>	+0,72
5.	John Stokx	DAW	32.79	196401341	<b>34.57</b>	+0,73
6.	Erik Saan	De Duck	35.49	196500769	<b>34.99</b>	+0,70
7.	Mark Siebert	SV Gladbeck 13	34.15	093181	<b>35.14</b>	+0,64
8.	Nico Swart	Den Doorn	34.11	196801475	<b>35.23</b>	+0,78
9.	Fred Heemstra	DAW	33.98	196500357	<b>36.46</b>	+0,70
10.	Volker Mayer	Avan Villeneuve-D'Ascq	35.95	1468929	<b>37.51</b>	+0,80
11.	Rene Speelman	De Spatters	40.46	196601521	<b>41.19</b>	+0,72
12.	Hans Maas	PLONS	38.50	196501433	<b>41.28</b>	+0,71
13.	Henk van Zetten	Octopus	41.02	196701261	<b>42.73</b>	+0,70
14.	Gertjan van der Vaart	ZVVS	46.70	196801529	<b>45.81</b>	+0,79

Masters 50+

1.	Peter Bernsen	De Rog	31.69	196301119	<b>32.23</b>	+0,61
	<i>Kampioenschaps Record</i>					
2.	Johan Remmits	One Team Swimming	32.16	196201159	<b>32.55</b>	+0,75
3.	Dmitry Kromskiy	Poseidon	34.28	037011	<b>33.46</b>	+0,82
4.	Joop Ariaens	PSV	33.92	195900747	<b>34.56</b>	+0,81
5.	Fred Ketting	PSV	33.88	196000289	<b>34.57</b>	+0,75
6.	Ron Phaff	PSV	35.57	196200495	<b>35.40</b>	+0,69
7.	Menno Lomans	D'Elft WAVE (SG)	37.56	196101071	<b>37.34</b>	+0,76
8.	Michiel Klaren	PSV	41.46	196201087	<b>37.49</b>	+0,71
9.	Lieven De Rijcke	Groot Beverse Zwemclub	39.02	GBZ/130/60	<b>39.89</b>	+0,75
10.	André Schutte	De Zeeuwse Kust (SG)	38.60	196000521	<b>40.88</b>	+0,81
11.	Jack Barends	WS Twente	39.13	196201011	<b>41.64</b>	+0,84
12.	Filip Timmermans	ShaRK	45.21	SHARK/163/60	<b>47.74</b>	+1,15

Masters 55+

1.	Albert Boonstra	Aqua-Novio'94	31.45	195700425	<b>31.81</b>	+0,65
	<i>Kampioenschaps Record</i>					
2.	Viktors Komarovs	Riga Kipsala SC	34.36	1958KOMA	<b>34.44</b>	+0,88
	<i>LMK</i>					
3.	Hans Groothelm	DBD	38.79	195800151	<b>37.63</b>	+0,71
4.	Evertjan Masurel	PSV	38.10	195600495	<b>38.07</b>	+0,89
5.	Harm Bodewes	WIDEX GZC DONK	48.82	195500367	<b>53.95</b>	+0,95

Masters 60+

1.	Jean-Marie Cadiat	CNSW	34.04	CNSW/557/53	<b>34.42</b>	+0,70
	<i>BMR</i>					
2.	Brend Brevé	PSV	35.02	195200265	<b>35.97</b>	+0,68
3.	Jos Kamps	De Amer	42.95	195100085	<b>44.96</b>	+0,74

Masters 65+

1.	Sümeğhy László	Budapesti Delfinek	39.07	20049	<b>42.33</b>	+0,69
2.	Willem Putter	ZVVS	49.25	194500135	<b>44.77</b>	+0,97
3.	Mans Buis	Het Ravijn	46.92	194700133	<b>46.92</b>	+0,86
4.	Peter Ouweneel	RSW (SG)	56.26	194500077	<b>54.88</b>	+1,01

Masters 70+

1.	Frans van Enst	WS Twente	36.49	194000011	<b>39.23</b>	+0,69
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Programmanr. 33, Heren, 50m rugslag

Masters 75+

1.	Jan Eichhorn	ZV Haerlem	47.51	193700015	<b>50.86</b>	+0,85
2.	Nic Geers	Z&PC De Gouwe	43.21	193800007	<b>51.04</b>	+0,89
3.	Pieter Scharphorn	Neptunus	1:00.91	193800037	<b>1:02.55</b>	+0,82

Masters 80+

1.	Jozef Van Roy BMR	AZSC	45.70	AZSC/572/32	<b>46.83</b>	+0,94
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Masters 85+

1.	Klaas Prins	Steenwijk 1934	59.94	192800001	<b>1:04.97</b>	+0,74
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Programmanr. 34  
04-05-2013 - 17:19

Gemengd, 4 x 50m wisselslag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT	
<b>80+</b>						
1.	Octopus 1	Octopus	2:06.58	<b>2:07.67</b>	+0,76	
	Marloes Resink	90 +0,76	34.84	Stefan van der Grift	87 +0,27	30.31
	Roald Blok	93 +0,40	31.68	Erika Aan het Rot	90 +0,42	30.84
2.	LZ 1886 1	LZ 1886	2:05.24	<b>2:10.05</b>	+0,77	
	Janet van der Poel	93 +0,77	36.31	Lars Sieval	93 +0,20	27.12
	Bas Zierkzee	92 +0,10	36.75	Simone de Boer	93 +0,42	29.87
3.	De Lansingh 1	De Lansingh	2:10.31	<b>2:13.58</b>	+0,65	
	Ruby Boudestein	93 +0,65	34.59	Mark Huijsman	90 +0,49	32.69
	Aniek Huijsman	88 +0,32	37.94	Jeroen van Blanken	92 +0,01	28.36
4.	Scheldestroom 1	Scheldestroom	2:27.49	<b>2:22.39</b>	+0,93	
	Dorien Vasseur	87 +0,93	43.48	Robin Dellaert	88 +0,57	30.69
	Sander Boidin	92 +0,58	35.66	Nicky Vanhijfte	92 +0,42	32.56
5.	Den Doorn 1	Den Doorn	2:22.48	<b>2:25.88</b>	+0,77	
	Tommy Uilenberg	86 +0,77	35.21	Lars Duijnhouwer	91 +0,31	30.83
	Lisanne van Noorloos	91 +0,45	43.63	Devina de With	92 +0,40	36.21
6.	Montferland 2	Montferland	2:23.38	<b>2:29.43</b>	+0,67	
	Roel van Beek	89 +0,67	36.03	Kevin Dieker	91 +0,46	32.80
	Angela Giezen	83 +0,54	46.56	Wieteke Jansen	90 +0,70	34.04
<b>100+</b>						
1.	Zwemlust-den Hommel 1 <i>Nederlands Masters Record</i>	Zwemlust-den Hommel	2:00.21	<b>1:57.41</b>	+0,81	
	Charlotte Groeneveld	87 +0,81	32.49	Sven Jaeger	83 +0,19	26.49
	Vincent Versteeg	77 +0,34	31.94	Malissa van der Horst	92 +0,30	26.49
2.	PSV 4	PSV	2:01.99	<b>2:01.72</b>	+0,75	
	Stefan Oosting	81 +0,75	30.07	Stephanie Rombout	88 +0,76	30.69
	Ronald Smits	78 +0,13	33.63	Marjolijn Wuisman	86 +0,15	27.33
3.	Zuiderzeezwemmers 1	Zuiderzeezwemmers	2:06.98	<b>2:06.17</b>	+0,73	
	Erik van der Heide	88 +0,73	32.30	Jen-Ai van Soelen	90 +0,27	30.75
	Ralf van der Poel	84 +0,20	33.35	Lisanne Andeweg	88 +0,44	29.77
4.	ZOB'66 1	ZOB'66	2:02.18	<b>2:07.81</b>	+0,67	
	Carly Noordermeer	87 +0,67	37.42	Anouk van der Pliigt	93 +0,44	32.29
	Roderik Meijers	86 +0,32	32.51	Nol van Thull	80 +0,51	25.59
5.	De Amer 1	De Amer	2:09.11	<b>2:10.34</b>	+0,67	
	Dick Kampman	88 +0,67	31.16	Kathy van Zuilen	93 +0,45	33.19
	Erik van Hell	82 +0,43	36.19	Anne Duijst	89 +0,43	29.80
6.	RZ 1	RZ	2:10.56	<b>2:10.69</b>	+0,64	
	Marian Bouts	86 +0,64	39.00	Sander Bouts	85 +0,47	28.13
	Suzan van den Bogaard	89 +0,39	36.20	Dimitrie Sonnemans	75 +0,66	27.36

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 100+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
7.	Zoetermeer	2:14.77		<b>2:13.89</b>	+0,81
	Fleur Maas	89 +0,81 42.26	77	+0,30 29.81	
	Simon van Ravesteijn	80 +0,25 31.46	90	+0,50 30.36	
8.	DAW	2:13.93		<b>2:14.42</b>	+0,76
	Sandra Pannekeet	84 +0,76 37.75	91	+0,50 34.45	
	Ron Langelaan	78 +0,18 35.14	83	+0,20 27.08	
9.	WVZ	2:10.02		<b>2:15.82</b>	+0,69
	Nick Baron	91 +0,69 31.89	83	+0,31 30.80	
	Monique Pronk	88 +0,43 39.13	88	+0,43 34.00	

120+

1.	DAW 3	2:05.36		<b>2:08.44</b>	+0,75
	Wieteke Elzinga	86 +0,75 33.43	78	+0,20 29.49	
	Maaikje Vooren	91 +0,34 38.70	75	+0,21 26.82	
2.	DES 1	2:06.80		<b>2:10.33</b>	+0,69
	Jean Pierre Bisslik	87 +0,69 31.23	89	+0,31 29.53	
	Roshendra Vrolijk	84 +0,44 37.01	69	+0,24 32.56	
3.	WVZ 2	2:10.41		<b>2:10.45</b>	+0,72
	Ivo Roozeboom	77 +0,72 30.62	58	+0,32 27.27	
	Yvonne Gerritsen	80 +0,64 38.48	89	+0,44 34.08	
4.	Montferland 1	2:19.23		<b>2:17.28</b>	+0,84
	Marije Jansen	85 +0,84 37.00	64	+0,45 33.93	
	Maik Steenkamp	91 +0,51 34.36	70	+0,65 31.99	
5.	RZC 1	2:14.61		<b>2:18.16</b>	+0,74
	Rita van der Horst	69 +0,74 39.31	75	+0,60 31.38	
	Bert de Weerd	67 +0,77 37.20	86	+0,62 30.27	
6.	WS Twente 2	2:15.77		<b>2:19.64</b>	+0,68
	Marcel Reefhuis	81 +0,68 32.77	86	+0,52 33.33	
	Joop Weenink	68 +0,39 39.11	63	+0,16 34.43	
7.	De Schoteijl 1	2:17.66		<b>2:22.47</b>	+0,75
	Susanne van Hooven	68 +0,75 40.31	89	+0,46 30.30	
	Marcel Stolk	80 +0,36 40.64	80	+0,34 31.22	
8.	Zuiderzeewimmers 2	2:21.47		<b>2:23.93</b>	+0,81
	Agnus Gerringa	71 +0,81 35.24	73	+0,28 38.76	
	Gerko Versluis	69 0.00 38.09	92	+0,33 31.84	
9.	DAW 2	2:25.54		<b>2:25.43</b>	+0,68
	Fred Heemstra	65 +0,68 36.42	85	+0,62 36.28	
	Jeroen Kort	68 +0,51 39.35	86	+0,40 33.38	
10.	WIDEX GZC DONK 2	2:28.67		<b>2:33.01</b>	+0,69
	Laura van Manen	84 +0,69 42.68	85	+0,42 37.09	
	Willem Jan Ribberink	65 +0,58 39.95	66	+0,63 33.29	
11.	RZ 3	2:37.89		<b>2:41.60</b>	+0,72
	Dianne Nien	71 +0,72 44.42	79	+0,31 38.45	
	Julia Dros	80 +0,74 49.08	84	+0,74 29.65	

160+

1.	CNSW 1 BMR	2:08.00		<b>2:09.32</b>	+0,69
	Pascal Balancier	74 +0,69 33.35	60	+0,21 27.96	
	Colette Crabbe	56 +0,43 38.98	77	+0,48 29.03	
2.	PSV 2	2:14.28		<b>2:14.48</b>	+0,64
	Ron Phaff	62 +0,64 35.89	66	+0,36 33.91	
	Trudy Ketting	70 +0,24 37.72	60	+0,28 26.96	
3.	DAW 4	2:15.23		<b>2:15.26</b>	+0,74
	John Stokx	64 +0,74 34.82	74	+0,32 32.52	
	Hans Schoenmakers	69 +0,29 38.04	85	+0,31 29.88	
4.	RZ 4	2:18.62		<b>2:19.19</b>	+0,81
	Wendy Knoops	68 +0,81 40.04	64	+0,49 29.58	
	Ralph Caster	61 +0,27 36.19	75	+0,75 33.38	
5.	De Dinkel 1	2:16.68		<b>2:20.00</b>	+0,73
	Marien Willeme	89 +0,73 31.86	64	+0,36 33.05	
	Judith Heijdens-Schasfoort	65 +0,39 45.16	73	+0,60 29.93	

Programmanr. 34, Gemengd, 4 x 50m wisselslag, 160+

rang	vereniging	inschrijftijd	startnr.	tijd	RT
6.	RZ 2	RZ		<b>2:38.10</b>	+0,84
	Marion van Gerwen	65 +0,84	42.26	Erik van der Zeijden	86 +0,39
	John Louwars	68 +0,01	43.53	Patricia Austen	70 +0,19
7.	Arethusa 1	Arethusa		<b>2:41.70</b>	+0,80
	Mariska van Doorn	72 +0,80	40.40	Jetse Scholma	79 +0,25
	Janneke van Liesdonk	57 +0,41	57.88	Walter van Luenen	75 +0,55
8.	De Duinkickers 1	De Duinkickers		<b>2:46.90</b>	+0,66
	Sven van Zanten	90 +0,66	34.34	Remko Hooft	87 +0,55
	Annet Verhoeven	46 +0,60	52.92	Klasien Blankestijn	69 +0,69
9.	De Dinkel 2	De Dinkel		<b>2:47.65</b>	+0,96
	Andrea Groeneveld	72 +0,96	50.83	Edwin Hagel	55 +0,30
	Annette Rikhof	59 +0,48	46.44	Tijn Huttenhuis	83 -0,03
10.	ZVVS 2	ZVVS		<b>2:55.89</b>	+0,83
	Gerjjan van der Vaart	68 +0,83	47.18	Paula 't Hart-Buitelaar	77 +0,55
	Gonnie Paas	62 +0,39	47.89	Harry Paas	58 +0,69
11.	WIDEX GZC DONK 1	WIDEX GZC DONK		<b>3:00.27</b>	+0,80
	Patricia Molenaar	58 +0,80	54.59	Lia Bijkerk	60 +0,26
	Remco Luijnenburg	79 +0,09	42.85	Peter Coffeng	57 +0,62
NG	Den Doorn 2	Den Doorn		<b>2:35.39</b>	

200+

1.	AZ&PC 1 <i>Nederlands Masters Record</i>	AZ&PC		<b>2:12.35</b>	+0,88
	Henriëtte v. Norden	68 +0,88	37.92	Edwin v. Norden	63 +0,15
	Ron Korzelius	65 +0,34	35.76	Atie Pijtak-Radersma	56 +0,12
2.	PSV 1	PSV		<b>2:28.57</b>	+0,77
	Katrin Pennings	64 +0,77	39.53	Rob Penninks	60 +0,46
	Dorette Vogels	70 +0,67	39.81	Frank Zwijnenberg	54 +0,45
3.	ZVVS 1	ZVVS		<b>2:30.12</b>	+0,80
	Emiel van Elderen	56 +0,80	39.56	Nadya Putter	83 +0,40
	Willem Putter	45 +0,84	44.75	Ada de Voogd	59 +0,45
4.	PSV 5	PSV		<b>2:32.13</b>	+0,75
	Irma Hertogs	59 +0,75	40.22	Bart van Doesburg	56 +0,30
	Agnes van Doesburg	60 +0,50	43.50	Marc Weijers	71 +0,23
5.	DAW 5	DAW		<b>2:40.54</b>	+0,81
	Petra Tossings	61 +0,81	45.51	Rene de Boer	64 +0,61
	Jaap Kwakkel	47 +0,64	44.66	Ingeborg Stokx	67 +0,53
6.	Mosaqua Gulpen 1	Mosaqua Gulpen		<b>2:55.05</b>	+0,71
	Jolanda Roijen	70 +0,71	45.13	Birgit Bartelds	61 +0,79
	Helmuth Lukassen	64 +0,45	41.61	Wiel Rocks	56 +0,11

240+

1.	PSV 3 <i>Nederlands Masters Record</i>	PSV		<b>2:29.06</b>	+0,64
	Patty Kupiarz	54 +0,64	42.03	Brend Brevé	52 +0,46
	Harold Matla	68 +0,37	32.69	Lottie Geurts	35 +0,66
2.	Swol 1894 1	Swol 1894		<b>2:34.89</b>	+0,89
	Rob Berkhof	52 +0,89	39.88	Christien Nieuwenhuis	51 +0,27
	Bea Swijnenberg	49 +0,35	46.20	Be van der Ziel	52 +0,20
3.	WS Twente 1	WS Twente		<b>2:44.65</b>	+0,75
	Antoinette Gilding-Tussaud	50 +0,75	48.66	Marijke Kraak-Beckers	60 +0,33
	Jack Barends	62 +0,18	42.20	Frans van Enst	40 +0,66

5 - ONMK 2013 lb sessie 5

05-05-2013 - 9:00

Programmanr. 35  
05-05-2013 - 9:00

Heren, 1500m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Jan-Willem v.d. Graaff <i>Kampioenschaps Record</i>	Het Y	17:28.25	198901023	<b>17:22.77</b>	+0,66
	50m: 30.56 30.56	450m: 5:09.38 34.75	850m: 9:48.45 34.69	1250m: 14:29.67 34.84		
	100m: 1:05.41 34.85	500m: 5:44.67 35.29	900m: 10:23.55 35.10	1300m: 15:05.21 35.54		
	150m: 1:40.06 34.65	550m: 6:19.04 34.37	950m: 10:58.84 35.29	1350m: 15:40.31 35.10		
	200m: 2:15.10 35.04	600m: 6:53.85 34.81	1000m: 11:34.57 35.73	1400m: 16:15.73 35.42		
	250m: 2:49.77 34.67	650m: 7:28.52 34.67	1050m: 12:08.76 34.19	1450m: 16:49.50 33.77		
	300m: 3:24.63 34.86	700m: 8:03.76 35.24	1100m: 12:44.17 35.41	1500m: 17:22.77 33.27		
	350m: 3:59.31 34.68	750m: 8:38.63 34.87	1150m: 13:19.38 35.21			
	400m: 4:34.63 35.32	800m: 9:13.76 35.13	1200m: 13:54.83 35.45			
2.	Tim Bunnik	Triton	17:54.17	199000505	<b>19:03.29</b>	+0,84
	50m: 33.38 33.38	450m: 5:52.12 40.39	850m: 11:01.59 38.36	1250m: 16:02.70 36.88		
	100m: 1:10.92 37.54	500m: 6:31.39 39.27	900m: 11:39.77 38.18	1300m: 16:39.61 36.91		
	150m: 1:49.98 39.06	550m: 7:10.14 38.75	950m: 12:18.25 38.48	1350m: 17:16.36 36.75		
	200m: 2:29.90 39.92	600m: 7:48.56 38.42	1000m: 12:56.32 38.07	1400m: 17:53.40 37.04		
	250m: 3:10.54 40.64	650m: 8:27.20 38.64	1050m: 13:33.20 36.88	1450m: 18:29.33 35.93		
	300m: 3:50.73 40.19	700m: 9:05.58 38.38	1100m: 14:10.86 37.66	1500m: 19:03.29 33.96		
	350m: 4:31.81 41.08	750m: 9:44.18 38.60	1150m: 14:48.27 37.41			
	400m: 5:11.73 39.92	800m: 10:23.23 39.05	1200m: 15:25.82 37.55			
3.	Maik Steenkamp	Montferland	19:13.94	199103847	<b>19:05.51</b>	+0,75
	50m: 32.61 32.61	450m: 5:34.27 37.94	850m: 10:44.56 38.85	1250m: 15:56.40 38.98		
	100m: 1:09.62 37.01	500m: 6:13.31 39.04	900m: 11:23.48 38.92	1300m: 16:35.70 39.30		
	150m: 1:47.19 37.57	550m: 6:52.22 38.91	950m: 12:02.16 38.68	1350m: 17:14.60 38.90		
	200m: 2:24.49 37.30	600m: 7:30.93 38.71	1000m: 12:41.24 39.08	1400m: 17:52.81 38.21		
	250m: 3:02.08 37.59	650m: 8:09.83 38.90	1050m: 13:20.53 39.29	1450m: 18:30.96 38.15		
	300m: 3:40.07 37.99	700m: 8:48.59 38.76	1100m: 13:59.32 38.79	1500m: 19:05.51 34.55		
	350m: 4:17.99 37.92	750m: 9:27.49 38.90	1150m: 14:38.29 38.97			
	400m: 4:56.33 38.34	800m: 10:05.71 38.22	1200m: 15:17.42 39.13			
<b>Masters 25+</b>						
1.	Erik Schröder	TriVia	16:32.15	198402025	<b>17:43.73</b>	+0,89
	50m: 30.35 30.35	450m: 5:14.47 35.95	850m: 10:03.42 35.88	1250m: 14:48.28 35.99		
	100m: 1:04.36 34.01	500m: 5:50.47 36.00	900m: 10:39.25 35.83	1300m: 15:23.98 35.70		
	150m: 1:39.74 35.38	550m: 6:26.74 36.27	950m: 11:15.02 35.77	1350m: 15:59.80 35.82		
	200m: 2:15.40 35.66	600m: 7:02.91 36.17	1000m: 11:50.68 35.66	1400m: 16:35.38 35.58		
	250m: 2:50.98 35.58	650m: 7:39.32 36.41	1050m: 12:25.74 35.06	1450m: 17:10.09 34.71		
	300m: 3:26.69 35.71	700m: 8:15.38 36.06	1100m: 13:01.14 35.40	1500m: 17:43.73 33.64		
	350m: 4:02.65 35.96	750m: 8:51.25 35.87	1150m: 13:36.71 35.57			
	400m: 4:38.52 35.87	800m: 9:27.54 36.29	1200m: 14:12.29 35.58			
2.	Sander Bouts	RZ	18:46.49	198500331	<b>18:38.48</b>	+0,91
	50m: 33.17 33.17	450m: 5:34.38 37.79	850m: 10:34.35 37.04	1250m: 15:32.56 37.23		
	100m: 1:10.26 37.09	500m: 6:12.19 37.81	900m: 11:11.73 37.38	1300m: 16:09.83 37.27		
	150m: 1:47.41 37.15	550m: 6:49.83 37.64	950m: 11:48.82 37.09	1350m: 16:46.96 37.13		
	200m: 2:25.27 37.86	600m: 7:27.54 37.71	1000m: 12:26.21 37.39	1400m: 17:24.50 37.54		
	250m: 3:03.01 37.74	650m: 8:04.99 37.45	1050m: 13:03.28 37.07	1450m: 18:01.99 37.49		
	300m: 3:40.87 37.86	700m: 8:42.40 37.41	1100m: 13:40.82 37.54	1500m: 18:38.48 36.49		
	350m: 4:18.48 37.61	750m: 9:19.90 37.50	1150m: 14:17.93 37.11			
	400m: 4:56.59 38.11	800m: 9:57.31 37.41	1200m: 14:55.33 37.40			
3.	Mark Gorissen	HGN (SG)	19:31.04	198600973	<b>19:11.39</b>	+0,91
	50m: 33.49 33.49	450m: 5:35.23 38.57	850m: 10:44.00 38.98	1250m: 15:57.98 39.25		
	100m: 1:09.01 35.52	500m: 6:13.18 37.95	900m: 11:23.03 39.03	1300m: 16:37.77 39.79		
	150m: 1:45.98 36.97	550m: 6:51.83 38.65	950m: 12:02.14 39.11	1350m: 17:17.54 39.77		
	200m: 2:23.84 37.86	600m: 7:30.71 38.88	1000m: 12:41.37 39.23	1400m: 17:56.97 39.43		
	250m: 3:01.84 38.00	650m: 8:09.23 38.52	1050m: 13:20.68 39.31	1450m: 18:35.43 38.46		
	300m: 3:40.17 38.33	700m: 8:47.92 38.69	1100m: 13:59.73 39.05	1500m: 19:11.39 35.96		
	350m: 4:18.50 38.33	750m: 9:26.73 38.81	1150m: 14:39.12 39.39			
	400m: 4:56.66 38.16	800m: 10:05.02 38.29	1200m: 15:18.73 39.61			



Programmanr. 35, Heren, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Ralf van der Poel	Zuiderzeezwimmers	18:15.39	198401783	<b>19:15.81</b>	+0,59		
	50m: 32.44	32.44	450m: 5:43.40	39.49	850m: 11:00.46	39.01	1250m: 16:11.16	38.92
	100m: 1:09.10	36.66	500m: 6:23.96	40.56	900m: 11:39.61	39.15	1300m: 16:49.55	38.39
	150m: 1:46.85	37.75	550m: 7:03.49	39.53	950m: 12:17.78	38.17	1350m: 17:27.68	38.13
	200m: 2:25.74	38.89	600m: 7:43.78	40.29	1000m: 12:56.99	39.21	1400m: 18:05.86	38.18
	250m: 3:04.66	38.92	650m: 8:23.00	39.22	1050m: 13:35.47	38.48	1450m: 18:41.03	35.17
	300m: 3:44.84	40.18	700m: 9:02.65	39.65	1100m: 14:14.54	39.07	1500m: 19:15.81	34.78
	350m: 4:23.82	38.98	750m: 9:41.93	39.28	1150m: 14:53.36	38.82		
	400m: 5:03.91	40.09	800m: 10:21.45	39.52	1200m: 15:32.24	38.88		

5.	Niels Albrechts	De Schotejil	18:45.21	198800039	<b>19:19.96</b>	+0,81		
	50m: 34.20	34.20	450m: 5:45.59	38.67	850m: 10:57.80	38.93	1250m: 16:09.43	38.90
	100m: 1:12.70	38.50	500m: 6:25.50	39.91	900m: 11:36.69	38.89	1300m: 16:48.34	38.91
	150m: 1:50.42	37.72	550m: 7:04.13	38.63	950m: 12:15.36	38.67	1350m: 17:27.07	38.73
	200m: 2:30.28	39.86	600m: 7:43.83	39.70	1000m: 12:54.46	39.10	1400m: 18:06.12	39.05
	250m: 3:09.13	38.85	650m: 8:22.68	38.85	1050m: 13:33.42	38.96	1450m: 18:42.99	36.87
	300m: 3:48.67	39.54	700m: 9:01.44	38.76	1100m: 14:12.64	39.22	1500m: 19:19.96	36.97
	350m: 4:27.47	38.80	750m: 9:40.16	38.72	1150m: 14:51.37	38.73		
	400m: 5:06.92	39.45	800m: 10:18.87	38.71	1200m: 15:30.53	39.16		

Masters 30+

1.	Alexander Hulleman	Steenwijk 1934	17:07.83	198300989	<b>18:08.38</b>	+0,77		
	50m: 32.72	32.72	450m: 5:18.91	35.74	850m: 10:06.10	36.22	1250m: 15:02.84	38.19
	100m: 1:08.82	36.10	500m: 5:54.44	35.53	900m: 10:41.65	35.55	1300m: 15:40.02	37.18
	150m: 1:45.41	36.59	550m: 6:30.69	36.25	950m: 11:18.45	36.80	1350m: 16:17.88	37.86
	200m: 2:21.23	35.82	600m: 7:06.13	35.44	1000m: 11:54.90	36.45	1400m: 16:55.78	37.90
	250m: 2:56.81	35.58	650m: 7:42.32	36.19	1050m: 12:32.14	37.24	1450m: 17:33.96	38.18
	300m: 3:32.14	35.33	700m: 8:18.02	35.70	1100m: 13:09.50	37.36	1500m: 18:08.38	34.42
	350m: 4:07.69	35.55	750m: 8:54.30	36.28	1150m: 13:47.42	37.92		
	400m: 4:43.17	35.48	800m: 9:29.88	35.58	1200m: 14:24.65	37.23		

2.	Kristiaan Lenos	LZ 1886	18:22.36	198301331	<b>18:39.76</b>	+0,82		
	50m: 30.95	30.95	450m: 5:28.00	38.31	850m: 10:31.66	38.41	1250m: 15:35.13	37.56
	100m: 1:06.35	35.40	500m: 6:06.19	38.19	900m: 11:09.86	38.20	1300m: 16:13.01	37.88
	150m: 1:42.97	36.62	550m: 6:43.68	37.49	950m: 11:47.23	37.37	1350m: 16:51.41	38.40
	200m: 2:20.28	37.31	600m: 7:21.56	37.88	1000m: 12:25.16	37.93	1400m: 17:28.86	37.45
	250m: 2:57.19	36.91	650m: 7:59.47	37.91	1050m: 13:03.02	37.86	1450m: 18:06.74	37.88
	300m: 3:34.24	37.05	700m: 8:37.31	37.84	1100m: 13:41.80	38.78	1500m: 18:39.76	33.02
	350m: 4:11.49	37.25	750m: 9:15.30	37.99	1150m: 14:19.81	38.01		
	400m: 4:49.69	38.20	800m: 9:53.25	37.95	1200m: 14:57.57	37.76		

3.	Marcel Reefhuis	WS Twente	18:45.40	198101381	<b>19:01.60</b>	+0,85		
	50m: 33.20	33.20	450m: 5:37.17	38.46	850m: 10:43.50	38.64	1250m: 15:52.98	38.75
	100m: 1:09.78	36.58	500m: 6:15.46	38.29	900m: 11:22.08	38.58	1300m: 16:32.09	39.08
	150m: 1:47.53	37.75	550m: 6:53.91	38.45	950m: 12:00.67	38.59	1350m: 17:10.71	38.65
	200m: 2:25.71	38.18	600m: 7:32.07	38.16	1000m: 12:39.45	38.78	1400m: 17:49.03	38.32
	250m: 3:03.99	38.28	650m: 8:10.23	38.16	1050m: 13:18.16	38.71	1450m: 18:27.23	38.20
	300m: 3:42.22	38.23	700m: 8:48.52	38.29	1100m: 13:56.99	38.83	1500m: 19:01.60	34.37
	350m: 4:20.43	38.21	750m: 9:26.62	38.10	1150m: 14:35.70	38.71		
	400m: 4:58.71	38.28	800m: 10:04.86	38.24	1200m: 15:14.23	38.53		

4.	Jeroen Vogelsang	DAW	19:27.81	198001645	<b>20:07.39</b>	+0,87		
	50m: 34.25	34.25	450m: 5:49.72	39.89	850m: 11:16.48	40.30	1250m: 16:44.32	40.17
	100m: 1:13.06	38.81	500m: 6:30.49	40.77	900m: 11:57.70	41.22	1300m: 17:25.10	40.78
	150m: 1:51.67	38.61	550m: 7:10.62	40.13	950m: 12:39.00	41.30	1350m: 18:05.63	40.53
	200m: 2:31.55	39.88	600m: 7:51.42	40.80	1000m: 13:20.64	41.64	1400m: 18:46.93	41.30
	250m: 3:10.66	39.11	650m: 8:32.03	40.61	1050m: 14:01.80	41.16	1450m: 19:26.70	39.77
	300m: 3:50.55	39.89	700m: 9:13.24	41.21	1100m: 14:43.72	41.92	1500m: 20:07.39	40.69
	350m: 4:29.67	39.12	750m: 9:54.20	40.96	1150m: 15:24.13	40.41		
	400m: 5:09.83	40.16	800m: 10:36.18	41.98	1200m: 16:04.15	40.02		

5.	Sebastian Hoppe	SV Blau-Weiss Bochum	19:20.06	260235	<b>20:26.68</b>	+0,78		
	50m: 32.85	32.85	450m: 5:54.67	41.49	850m: 11:27.02	41.53	1250m: 16:59.98	41.66
	100m: 1:10.57	37.72	500m: 6:35.98	41.31	900m: 12:08.62	41.60	1300m: 17:41.93	41.95
	150m: 1:49.55	38.98	550m: 7:18.01	42.03	950m: 12:50.73	42.11	1350m: 18:23.93	42.00
	200m: 2:29.47	39.92	600m: 7:59.66	41.65	1000m: 13:32.24	41.51	1400m: 19:05.00	41.07
	250m: 3:10.15	40.68	650m: 8:41.39	41.73	1050m: 14:13.64	41.40	1450m: 19:46.46	41.46
	300m: 3:50.79	40.64	700m: 9:22.88	41.49	1100m: 14:55.08	41.44	1500m: 20:26.68	40.22
	350m: 4:31.69	40.90	750m: 10:04.38	41.50	1150m: 15:36.80	41.72		
	400m: 5:13.18	41.49	800m: 10:45.49	41.11	1200m: 16:18.32	41.52		

6.	Victor den Heijer	D'Eift WAVE (SG)	19:52.51	198300867	<b>21:56.31</b>	+0,71		
	50m: 35.20	35.20	450m: 6:12.76	43.82	850m: 12:12.72	45.17	1250m: 18:14.53	44.98
	100m: 1:14.54	39.34	500m: 6:57.52	44.76	900m: 12:57.23	44.51	1300m: 19:01.03	46.50
	150m: 1:55.70	41.16	550m: 7:42.62	45.10	950m: 13:42.42	45.19	1350m: 19:46.80	45.77
	200m: 2:36.79	41.09	600m: 8:27.31	44.69	1000m: 14:27.37	44.95	1400m: 20:29.36	42.56
	250m: 3:19.09	42.30	650m: 9:11.78	44.47	1050m: 15:13.70	46.33	1450m: 21:14.02	44.66
	300m: 4:01.33	42.24	700m: 9:56.88	45.10	1100m: 15:58.59	44.89	1500m: 21:56.31	42.29
	350m: 4:44.80	43.47	750m: 10:42.21	45.33	1150m: 16:44.42	45.83		
	400m: 5:28.94	44.14	800m: 11:27.55	45.34	1200m: 17:29.55	45.13		

Programmanr. 35, Heren, 1500m vrije slag

Masters 35+

1. Eric Richelle	Plouf Club	19:10.38	PLOUF/007/77	18:17.33	+0,68	
50m: 32.72	450m: 5:18.26	36.32	850m: 10:11.51	37.38	1250m: 15:11.44	37.75
100m: 1:07.52	500m: 5:54.60	36.34	900m: 10:48.25	36.74	1300m: 15:48.84	37.40
150m: 1:43.23	550m: 6:31.15	36.55	950m: 11:25.34	37.09	1350m: 16:26.45	37.61
200m: 2:18.59	600m: 7:07.77	36.62	1000m: 12:02.46	37.12	1400m: 17:03.93	37.48
250m: 2:54.37	650m: 7:44.26	36.49	1050m: 12:40.00	37.54	1450m: 17:41.54	37.61
300m: 3:30.15	700m: 8:21.19	36.93	1100m: 13:17.51	37.51	1500m: 18:17.33	35.79
350m: 4:05.89	750m: 8:57.55	36.36	1150m: 13:56.02	38.51		
400m: 4:41.94	800m: 9:34.13	36.58	1200m: 14:33.69	37.67		
2. Robin Sprinkhuizen	De Zijl/LGB	18:50.53	197400767	19:21.06	+0,88	
50m: 31.79	450m: 5:37.04	38.69	850m: 10:50.65	39.48	1250m: 16:05.75	39.73
100m: 1:08.40	500m: 6:15.69	38.65	900m: 11:29.60	38.95	1300m: 16:45.37	39.62
150m: 1:46.49	550m: 6:54.58	38.89	950m: 12:09.00	39.40	1350m: 17:25.02	39.65
200m: 2:24.30	600m: 7:33.44	38.86	1000m: 12:47.94	38.94	1400m: 18:04.51	39.49
250m: 3:02.74	650m: 8:13.06	39.62	1050m: 13:27.56	39.62	1450m: 18:43.56	39.05
300m: 3:40.84	700m: 8:52.34	39.28	1100m: 14:07.05	39.49	1500m: 19:21.06	37.50
350m: 4:19.87	750m: 9:31.79	39.45	1150m: 14:46.73	39.68		
400m: 4:58.35	800m: 10:11.17	39.38	1200m: 15:26.02	39.29		
3. Erik van der Wel	SBC2000	20:36.21	197401101	21:10.43	+1,07	
50m: 37.20	450m: 6:20.93	42.53	850m: 11:58.77	42.01	1250m: 17:40.58	42.94
100m: 1:19.14	500m: 7:03.38	42.45	900m: 12:41.60	42.83	1300m: 18:22.99	42.41
150m: 2:02.19	550m: 7:45.75	42.37	950m: 13:24.36	42.76	1350m: 19:05.63	42.64
200m: 2:45.15	600m: 8:28.27	42.52	1000m: 14:06.84	42.48	1400m: 19:47.74	42.11
250m: 3:28.11	650m: 9:10.06	41.79	1050m: 14:49.46	42.62	1450m: 20:29.71	41.97
300m: 4:11.93	700m: 9:52.38	42.32	1100m: 15:32.41	42.95	1500m: 21:10.43	40.72
350m: 4:55.21	750m: 10:33.95	41.57	1150m: 16:15.03	42.62		
400m: 5:38.40	800m: 11:16.76	42.81	1200m: 16:57.64	42.61		

Masters 40+

1. Arjan Bellaart	Oceanus	19:25.18	196900079	19:46.47	+0,75	
50m: 34.14	450m: 5:49.58	39.74	850m: 11:08.19	39.96	1250m: 16:27.79	39.84
100m: 1:12.52	500m: 6:29.27	39.69	900m: 11:48.04	39.85	1300m: 17:07.84	40.05
150m: 1:51.70	550m: 7:09.03	39.76	950m: 12:27.86	39.82	1350m: 17:47.96	40.12
200m: 2:31.12	600m: 7:48.70	39.67	1000m: 13:07.92	40.06	1400m: 18:28.00	40.04
250m: 3:10.62	650m: 8:28.53	39.83	1050m: 13:48.03	40.11	1450m: 19:07.96	39.96
300m: 3:50.43	700m: 9:08.62	40.09	1100m: 14:28.35	40.32	1500m: 19:46.47	38.51
350m: 4:30.29	750m: 9:48.37	39.75	1150m: 15:08.06	39.71		
400m: 5:09.84	800m: 10:28.23	39.86	1200m: 15:47.95	39.89		
2. Agnus Gerringa	Zuiderzeewimmers	19:50.01	197100285	20:36.92	+0,95	
50m: 34.88	450m: 6:04.87	41.51	850m: 11:39.54	42.25	1250m: 17:13.80	41.08
100m: 1:14.32	500m: 6:46.64	41.77	900m: 12:20.94	41.40	1300m: 17:54.88	41.08
150m: 1:54.72	550m: 7:27.94	41.30	950m: 13:02.98	42.04	1350m: 18:35.54	40.66
200m: 2:36.37	600m: 8:09.62	41.68	1000m: 13:45.35	42.37	1400m: 19:16.67	41.13
250m: 3:18.29	650m: 8:51.51	41.89	1050m: 14:27.16	41.81	1450m: 19:56.83	40.16
300m: 4:00.15	700m: 9:33.20	41.69	1100m: 15:09.39	42.23	1500m: 20:36.92	40.09
350m: 4:41.79	750m: 10:15.44	42.24	1150m: 15:51.58	42.19		
400m: 5:23.36	800m: 10:57.29	41.85	1200m: 16:32.72	41.14		

Masters 45+

1. Roland Klein-Bölting	Bocholter WSV	18:51.15	74076	18:32.16	+1,08	
<i>Kampioenschaps Record</i>						
50m: 32.48	450m: 5:27.74	37.43	850m: 10:26.35	37.31	1250m: 15:25.61	37.10
100m: 1:07.68	500m: 6:05.58	37.84	900m: 11:03.67	37.32	1300m: 16:03.47	37.86
150m: 1:44.17	550m: 6:42.55	36.97	950m: 11:41.04	37.37	1350m: 16:40.94	37.47
200m: 2:21.23	600m: 7:20.33	37.78	1000m: 12:18.57	37.53	1400m: 17:18.74	37.80
250m: 2:58.56	650m: 7:57.86	37.53	1050m: 12:55.94	37.37	1450m: 17:56.22	37.48
300m: 3:35.75	700m: 8:34.76	36.90	1100m: 13:33.19	37.25	1500m: 18:32.16	35.94
350m: 4:12.89	750m: 9:11.84	37.08	1150m: 14:10.73	37.54		
400m: 4:50.31	800m: 9:49.04	37.20	1200m: 14:48.51	37.78		
2. Ronald van Maurik	Nat Utrecht	19:24.82	196600509	19:59.93	+0,89	
50m: 34.26	450m: 5:49.70	39.22	850m: 11:15.53	40.16	1250m: 16:41.89	39.79
100m: 1:12.79	500m: 6:30.88	41.18	900m: 11:56.53	41.00	1300m: 17:22.97	41.08
150m: 1:51.50	550m: 7:10.78	39.90	950m: 12:36.18	39.65	1350m: 18:02.14	39.17
200m: 2:31.72	600m: 7:51.87	41.09	1000m: 13:17.31	41.13	1400m: 18:42.22	40.08
250m: 3:10.68	650m: 8:31.98	40.11	1050m: 13:57.47	40.16	1450m: 19:21.67	39.45
300m: 3:51.13	700m: 9:13.42	41.44	1100m: 14:38.40	40.93	1500m: 19:59.93	38.26
350m: 4:30.04	750m: 9:53.69	40.27	1150m: 15:19.08	40.68		
400m: 5:10.48	800m: 10:35.37	41.68	1200m: 16:02.10	43.02		

Programmanr. 35, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Marcel Molendijk	De Vrije Slag	20:27.14	196501117	20:40.15	+0,72		
	50m: 37.33	37.33	450m: 6:10.97	41.90	850m: 11:44.12	41.48	1250m: 17:16.96	41.61
	100m: 1:18.64	41.31	500m: 6:52.74	41.77	900m: 12:26.01	41.89	1300m: 17:58.23	41.27
	150m: 1:59.76	41.12	550m: 7:34.44	41.70	950m: 13:07.55	41.54	1350m: 18:39.63	41.40
	200m: 2:41.38	41.62	600m: 8:15.88	41.44	1000m: 13:48.96	41.41	1400m: 19:21.00	41.37
	250m: 3:23.17	41.79	650m: 8:57.59	41.71	1050m: 14:30.83	41.87	1450m: 20:01.60	40.60
	300m: 4:04.87	41.70	700m: 9:39.32	41.73	1100m: 15:12.47	41.64	1500m: 20:40.15	38.55
	350m: 4:46.92	42.05	750m: 10:21.22	41.90	1150m: 15:54.04	41.57		
	400m: 5:29.07	42.15	800m: 11:02.64	41.42	1200m: 16:35.35	41.31		
4.	Karim Naili	CNBA	21:05.86	CNBA/830/66	20:51.16	+1,00		
	50m: 35.58	35.58	450m: 6:06.05	42.50	850m: 11:43.33	42.40	1250m: 17:20.62	42.85
	100m: 1:14.72	39.14	500m: 6:47.88	41.83	900m: 12:25.29	41.96	1300m: 18:02.97	42.35
	150m: 1:56.02	41.30	550m: 7:30.03	42.15	950m: 13:07.76	42.47	1350m: 18:46.24	43.27
	200m: 2:37.13	41.11	600m: 8:11.50	41.47	1000m: 13:49.42	41.66	1400m: 19:28.19	41.95
	250m: 3:18.94	41.81	650m: 8:53.98	42.48	1050m: 14:31.58	42.16	1450m: 20:10.74	42.55
	300m: 4:00.26	41.32	700m: 9:36.10	42.12	1100m: 15:13.59	42.01	1500m: 20:51.16	40.42
	350m: 4:42.21	41.95	750m: 10:18.85	42.75	1150m: 15:56.05	42.46		
	400m: 5:23.55	41.34	800m: 11:00.93	42.08	1200m: 16:37.77	41.72		
5.	Marcel Stroet	ZV De Bron	20:29.16	196400929	21:37.73	+1,10		
	50m: 35.68	35.68	450m: 6:17.74	42.98	850m: 12:04.73	43.59	1250m: 17:57.44	44.16
	100m: 1:17.25	41.57	500m: 7:00.99	43.25	900m: 12:48.79	44.06	1300m: 18:41.69	44.25
	150m: 1:59.20	41.95	550m: 7:43.76	42.77	950m: 13:32.26	43.47	1350m: 19:25.61	43.92
	200m: 2:41.87	42.67	600m: 8:27.66	43.90	1000m: 14:16.42	44.16	1400m: 20:09.85	44.24
	250m: 3:24.82	42.95	650m: 9:10.80	43.14	1050m: 15:00.62	44.20	1450m: 20:54.13	44.28
	300m: 4:08.14	43.32	700m: 9:54.15	43.35	1100m: 15:44.97	44.35	1500m: 21:37.73	43.60
	350m: 4:51.35	43.21	750m: 10:37.40	43.25	1150m: 16:28.76	43.79		
	400m: 5:34.76	43.41	800m: 11:21.14	43.74	1200m: 17:13.28	44.52		

Masters 50+

1.	Jan Brink	De Zeeuwse Kust (SG)	19:04.19	196200091	19:52.57	+0,88		
	50m: 34.60	34.60	450m: 5:49.41	39.82	850m: 11:09.63	40.10	1250m: 16:31.37	40.68
	100m: 1:12.80	38.20	500m: 6:29.46	40.05	900m: 11:49.63	40.00	1300m: 17:11.86	40.49
	150m: 1:51.86	39.06	550m: 7:09.19	39.73	950m: 12:29.76	40.13	1350m: 17:52.30	40.44
	200m: 2:31.22	39.36	600m: 7:49.68	40.49	1000m: 13:09.71	39.95	1400m: 18:33.01	40.71
	250m: 3:10.97	39.75	650m: 8:29.53	39.85	1050m: 13:50.11	40.40	1450m: 19:13.41	40.40
	300m: 3:50.45	39.48	700m: 9:09.52	39.99	1100m: 14:30.48	40.37	1500m: 19:52.57	39.16
	350m: 4:29.92	39.47	750m: 9:49.45	39.93	1150m: 15:10.65	40.17		
	400m: 5:09.59	39.67	800m: 10:29.53	40.08	1200m: 15:50.69	40.04		
2.	Gustav van den Berg	TriVia	20:08.06	196100991	20:10.64	+0,89		
	50m: 36.47	36.47	450m: 6:10.81	42.00	850m: 11:37.21	39.96	1250m: 16:56.55	40.41
	100m: 1:17.10	40.63	500m: 6:52.25	41.44	900m: 12:16.92	39.71	1300m: 17:36.32	39.77
	150m: 1:58.67	41.57	550m: 7:33.77	41.52	950m: 12:56.86	39.94	1350m: 18:16.12	39.80
	200m: 2:40.72	42.05	600m: 8:14.56	40.79	1000m: 13:36.68	39.82	1400m: 18:55.54	39.42
	250m: 3:22.90	42.18	650m: 8:55.78	41.22	1050m: 14:16.47	39.79	1450m: 19:34.95	39.41
	300m: 4:04.81	41.91	700m: 9:36.83	41.05	1100m: 14:56.04	39.57	1500m: 20:10.64	35.69
	350m: 4:47.12	42.31	750m: 10:17.31	40.48	1150m: 15:35.89	39.85		
	400m: 5:28.81	41.69	800m: 10:57.25	39.94	1200m: 16:16.14	40.25		
3.	Menno Lomans	D'Eft WAVE (SG)	20:04.45	196101071	21:00.49	+0,90		
	50m: 36.68	36.68	450m: 6:14.72	42.50	850m: 11:53.73	42.37	1250m: 17:32.37	42.19
	100m: 1:17.42	40.74	500m: 6:56.80	42.08	900m: 12:36.44	42.71	1300m: 18:14.48	42.11
	150m: 1:59.35	41.93	550m: 7:39.05	42.25	950m: 13:18.76	42.32	1350m: 18:56.81	42.33
	200m: 2:41.51	42.16	600m: 8:21.51	42.46	1000m: 14:01.54	42.78	1400m: 19:39.13	42.32
	250m: 3:24.24	42.73	650m: 9:04.01	42.50	1050m: 14:43.69	42.15	1450m: 20:21.07	41.94
	300m: 4:06.96	42.72	700m: 9:46.73	42.72	1100m: 15:26.28	42.59	1500m: 21:00.49	39.42
	350m: 4:49.69	42.73	750m: 10:29.00	42.27	1150m: 16:08.43	42.15		
	400m: 5:32.22	42.53	800m: 11:11.36	42.36	1200m: 16:50.18	41.75		
4.	Paul van der Voort	De Zwoer	22:05.31	196200715	21:51.91	+1,09		
	50m: 35.95	35.95	450m: 6:28.71	45.36	850m: 12:23.08	44.37	1250m: 18:17.40	44.53
	100m: 1:17.05	41.10	500m: 7:13.25	44.54	900m: 13:07.37	44.29	1300m: 19:01.62	44.22
	150m: 2:00.88	43.83	550m: 7:58.06	44.81	950m: 13:52.14	44.77	1350m: 19:46.13	44.51
	200m: 2:44.91	44.03	600m: 8:43.04	44.98	1000m: 14:36.16	44.02	1400m: 20:30.50	44.37
	250m: 3:29.87	44.96	650m: 9:26.88	43.84	1050m: 15:20.28	44.12	1450m: 21:13.47	42.97
	300m: 4:14.21	44.34	700m: 10:10.12	43.24	1100m: 16:04.55	44.27	1500m: 21:51.91	38.44
	350m: 4:58.65	44.44	750m: 10:54.79	44.67	1150m: 16:48.96	44.41		
	400m: 5:43.35	44.70	800m: 11:38.71	43.92	1200m: 17:32.87	43.91		
5.	James Norman	PLONS	22:07.12	196001209	22:26.79	+0,92		
	50m: 37.56	37.56	450m: 6:36.00	45.89	850m: 12:42.13	45.83	1250m: 18:44.40	45.09
	100m: 1:19.42	41.86	500m: 7:21.18	45.18	900m: 13:27.30	45.17	1300m: 19:30.28	45.88
	150m: 2:03.83	44.41	550m: 8:07.08	45.90	950m: 14:12.49	45.19	1350m: 20:16.15	45.87
	200m: 2:49.02	45.19	600m: 8:52.49	45.41	1000m: 14:58.10	45.61	1400m: 21:00.88	44.73
	250m: 3:34.15	45.13	650m: 9:39.22	46.73	1050m: 15:43.41	45.31	1450m: 21:45.02	44.14
	300m: 4:19.50	45.35	700m: 10:24.99	45.77	1100m: 16:28.74	45.33	1500m: 22:26.79	41.77
	350m: 5:04.86	45.36	750m: 11:10.88	45.89	1150m: 17:14.05	45.31		
	400m: 5:50.11	45.25	800m: 11:56.30	45.42	1200m: 17:59.31	45.26		

Programmanr. 35, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
NG.ZA	Marius Ros	ZCNF'34	20:09.18	195900779		

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	18:54.97	195800149	<b>18:50.61</b>	+0,82
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*Nederlands Masters Record*

50m:	34.00	34.00	450m:	5:37.08	38.13	850m:	10:39.98	38.06	1250m:	15:42.61	38.18
100m:	1:10.90	36.90	500m:	6:15.14	38.06	900m:	11:17.78	37.80	1300m:	16:20.65	38.04
150m:	1:48.79	37.89	550m:	6:52.68	37.54	950m:	11:55.95	38.17	1350m:	16:58.64	37.99
200m:	2:27.35	38.56	600m:	7:30.35	37.67	1000m:	12:34.07	38.12	1400m:	17:36.80	38.16
250m:	3:05.09	37.74	650m:	8:08.51	38.16	1050m:	13:11.82	37.75	1450m:	18:14.72	37.92
300m:	3:43.06	37.97	700m:	8:46.37	37.86	1100m:	13:49.26	37.44	1500m:	18:50.61	35.89
350m:	4:21.23	38.17	750m:	9:24.60	38.23	1150m:	14:26.77	37.51			
400m:	4:58.95	37.72	800m:	10:01.92	37.32	1200m:	15:04.43	37.66			

2.	Otto Zeijveld	Aquapoldro	20:45.49	195800497	<b>20:54.85</b>	+0,83
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50m:	35.38	35.38	450m:	6:17.92	42.58	850m:	11:54.41	41.75	1250m:	17:30.33	41.95
100m:	1:17.84	42.46	500m:	7:00.75	42.83	900m:	12:36.28	41.87	1300m:	18:12.51	42.18
150m:	2:00.78	42.94	550m:	7:42.56	41.81	950m:	13:17.48	41.20	1350m:	18:58.99	41.48
200m:	2:44.33	43.55	600m:	8:25.30	42.74	1000m:	13:58.89	41.41	1400m:	19:35.85	41.86
250m:	3:26.96	42.63	650m:	9:07.17	41.87	1050m:	14:41.47	42.58	1450m:	20:16.47	40.62
300m:	4:09.64	42.68	700m:	9:49.37	42.20	1100m:	15:23.96	42.49	1500m:	20:54.85	38.38
350m:	4:52.45	42.81	750m:	10:30.87	41.50	1150m:	16:05.89	41.93			
400m:	5:35.34	42.89	800m:	11:12.66	41.79	1200m:	16:48.38	42.49			

3.	Michael Dolg	Pulheimer SC 24/57	22:42.14	330776	<b>21:48.90</b>	+1,03
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50m:	39.75	39.75	450m:	6:26.04	43.64	850m:	12:16.87	44.55	1250m:	18:10.22	44.33
100m:	1:22.20	42.45	500m:	7:09.70	43.66	900m:	13:01.27	44.40	1300m:	18:54.98	44.76
150m:	2:04.79	42.59	550m:	7:53.23	43.53	950m:	13:45.25	43.98	1350m:	19:39.42	44.44
200m:	2:48.23	43.44	600m:	8:36.72	43.49	1000m:	14:29.46	44.21	1400m:	20:22.62	43.20
250m:	3:31.74	43.51	650m:	9:20.47	43.75	1050m:	15:13.89	44.43	1450m:	21:07.16	44.54
300m:	4:15.64	43.90	700m:	10:04.47	44.00	1100m:	15:57.61	43.72	1500m:	21:48.90	41.74
350m:	4:58.89	43.25	750m:	10:48.34	43.87	1150m:	16:41.70	44.09			
400m:	5:42.40	43.51	800m:	11:32.32	43.98	1200m:	17:25.89	44.19			

4.	Henk Slomp	De Pinquin	22:17.18	195500359	<b>22:24.07</b>	+0,84
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50m:	36.68	36.68	450m:	6:31.88	45.42	850m:	12:36.91	46.53	1250m:	18:44.34	45.20
100m:	1:18.98	42.30	500m:	7:16.47	44.59	900m:	13:22.69	45.78	1300m:	19:30.11	45.77
150m:	2:03.15	44.17	550m:	8:02.27	45.80	950m:	14:08.18	45.49	1350m:	20:15.87	45.76
200m:	2:48.14	44.99	600m:	8:47.44	45.17	1000m:	14:54.23	46.05	1400m:	20:59.86	43.99
250m:	3:32.96	44.82	650m:	9:33.64	46.20	1050m:	15:41.19	46.96	1450m:	21:45.37	45.51
300m:	4:16.88	43.92	700m:	10:18.96	45.32	1100m:	16:26.04	44.85	1500m:	22:24.07	38.70
350m:	5:01.80	44.92	750m:	11:05.12	46.16	1150m:	17:12.96	46.92			
400m:	5:46.46	44.66	800m:	11:50.38	45.26	1200m:	17:59.14	46.18			

5.	Andreas Wenning	Bocholter WSV	22:59.98	99336	<b>22:40.59</b>	+1,69
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50m:	38.32	38.32	450m:	6:36.26	45.09	850m:	12:41.93	45.07	1250m:	18:49.52	45.59
100m:	1:21.06	42.74	500m:	7:22.00	45.74	900m:	13:28.21	46.28	1300m:	19:35.94	46.42
150m:	2:04.58	43.52	550m:	8:07.00	45.00	950m:	14:13.32	45.11	1350m:	20:21.96	46.02
200m:	2:50.49	45.91	600m:	8:53.42	46.42	1000m:	14:59.47	46.15	1400m:	21:08.89	46.93
250m:	3:35.19	44.70	650m:	9:38.84	45.42	1050m:	15:45.28	45.81	1450m:	21:54.70	45.81
300m:	4:20.82	45.63	700m:	10:25.23	46.39	1100m:	16:31.86	46.58	1500m:	22:40.59	45.89
350m:	5:05.72	44.90	750m:	11:10.28	45.05	1150m:	17:17.37	45.51			
400m:	5:51.17	45.45	800m:	11:56.86	46.58	1200m:	18:03.93	46.56			

6.	Paul Bunnik	Triton	22:29.00	195600413	<b>23:30.86</b>	+1,06
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50m:	37.64	37.64	450m:	6:46.29	47.51	850m:	13:10.51	48.13	1250m:	19:34.17	48.22
100m:	1:20.21	42.57	500m:	7:33.74	47.45	900m:	13:58.35	47.84	1300m:	20:22.65	48.48
150m:	2:05.17	44.96	550m:	8:22.23	48.49	950m:	14:45.97	47.62	1350m:	21:10.67	48.02
200m:	2:51.12	45.95	600m:	9:10.89	48.66	1000m:	15:34.67	48.70	1400m:	21:58.37	47.70
250m:	3:36.72	45.60	650m:	9:58.22	47.33	1050m:	16:22.45	47.78	1450m:	22:44.64	46.27
300m:	4:23.23	46.51	700m:	10:46.40	48.18	1100m:	17:11.09	48.64	1500m:	23:30.86	46.22
350m:	5:10.74	47.51	750m:	11:34.34	47.94	1150m:	17:57.50	46.41			
400m:	5:58.78	48.04	800m:	12:22.38	48.04	1200m:	18:45.95	48.45			

Masters 60+

1.	Georg Dombrowski	SV Gladbeck 13	22:10.32	217978	<b>21:50.45</b>	+0,88
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50m:	37.97	37.97	450m:	6:30.51	44.23	850m:	12:25.30	43.97	1250m:	18:19.14	44.19
100m:	1:20.21	42.24	500m:	7:15.31	44.80	900m:	13:09.21	43.91	1300m:	19:03.85	44.71
150m:	2:03.60	43.39	550m:	7:59.68	44.37	950m:	13:53.80	44.59	1350m:	19:47.88	44.03
200m:	2:47.81	44.21	600m:	8:43.98	44.30	1000m:	14:38.03	44.23	1400m:	20:31.73	43.85
250m:	3:32.47	44.66	650m:	9:27.80	43.82	1050m:	15:22.32	44.29	1450m:	21:13.85	42.12
300m:	4:17.12	44.65	700m:	10:12.59	44.79	1100m:	16:06.59	44.27	1500m:	21:50.45	36.60
350m:	5:01.62	44.50	750m:	10:56.88	44.29	1150m:	16:50.93	44.34			
400m:	5:46.28	44.66	800m:	11:41.33	44.45	1200m:	17:34.95	44.02			



Programmanr. 35, Heren, 1500m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
2.	Hugo Staudt	WS Twente	23:20.84	195300253	<b>23:56.68</b>	+0,95
	50m: 42.00	42.00	450m: 7:12.00	49.36	850m: 13:37.30	48.49
	100m: 1:29.30	47.30	500m: 8:00.07	48.07	900m: 14:24.97	47.67
	150m: 2:17.96	48.66	550m: 8:48.70	48.63	950m: 15:13.89	48.92
	200m: 3:07.02	49.06	600m: 9:36.84	48.14	1000m: 16:02.05	48.16
	250m: 3:55.81	48.79	650m: 10:25.20	48.36	1050m: 16:50.02	47.97
	300m: 4:44.97	49.16	700m: 11:12.70	47.50	1100m: 17:38.32	48.30
	350m: 5:34.20	49.23	750m: 12:01.18	48.48	1150m: 18:26.28	47.96
	400m: 6:22.64	48.44	800m: 12:48.81	47.63	1200m: 19:13.74	47.46

Masters 70+

1.	Rob Hanou	PSV	25:08.50	194300109	<b>26:26.89</b>	+1,09
	50m: 42.63	42.63	450m: 7:41.65	52.24	850m: 14:52.10	53.05
	100m: 1:33.97	51.34	500m: 8:35.37	53.72	900m: 15:47.82	55.72
	150m: 2:26.37	52.40	550m: 9:28.43	53.06	950m: 16:41.82	54.00
	200m: 3:19.82	53.45	600m: 10:22.38	53.95	1000m: 17:36.16	54.34
	250m: 4:11.57	51.75	650m: 11:16.02	53.64	1050m: 18:29.45	53.29
	300m: 5:04.30	52.73	700m: 12:10.73	54.71	1100m: 19:23.77	54.32
	350m: 5:56.29	51.99	750m: 13:03.82	53.09	1150m: 20:16.77	53.00
	400m: 6:49.41	53.12	800m: 13:59.05	55.23	1200m: 21:10.60	53.83
2.	Manfred Bottin	SV Langenfeld	28:35.10	57993	<b>30:04.01</b>	+1,19
	50m: 49.37	49.37	450m: 9:05.46	1:01.86	850m: 17:15.44	1:00.75
	100m: 1:47.61	58.24	500m: 10:06.75	1:01.29	900m: 18:14.65	59.21
	150m: 2:49.13	1:01.52	550m: 11:08.32	1:01.57	950m: 19:15.42	1:00.77
	200m: 3:51.07	1:01.94	600m: 12:09.68	1:01.36	1000m: 20:16.69	1:01.27
	250m: 4:54.57	1:03.50	650m: 13:11.30	1:01.62	1050m: 21:18.78	1:02.09
	300m: 5:57.35	1:02.78	700m: 14:12.10	1:00.80	1100m: 22:19.63	1:00.85
	350m: 7:01.91	1:04.56	750m: 15:13.38	1:01.28	1150m: 23:20.55	1:00.92
	400m: 8:03.60	1:01.69	800m: 16:14.69	1:01.31	1200m: 24:18.73	58.18

Programmanr. 36  
05-05-2013 - 10:46

Dames, 800m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Nanda de Vries	HZ&PC Heerenveen	9:52.76	199204328	<b>10:05.93</b>	+0,76
	50m: 33.43	33.43	250m: 3:05.46	38.00	450m: 5:37.21	37.95
	100m: 1:11.20	37.77	300m: 3:43.54	38.08	500m: 6:15.82	38.61
	150m: 1:49.23	38.03	350m: 4:21.48	37.94	550m: 6:54.33	38.51
	200m: 2:27.46	38.23	400m: 4:59.26	37.78	600m: 7:32.90	38.57
2.	Désirée Emmen	De Warande	10:01.43	199204862	<b>10:17.95</b>	
	50m: 33.25	33.25	250m: 3:07.21	39.40	450m: 5:45.54	39.60
	100m: 1:10.38	37.13	300m: 3:46.75	39.54	500m: 6:24.84	39.30
	150m: 1:48.52	38.14	350m: 4:26.34	39.59	550m: 7:04.70	39.86
	200m: 2:27.81	39.29	400m: 5:05.94	39.60	600m: 7:44.98	40.28
3.	Rebecca Vroomen	Eurode KZC	9:57.10	199301772	<b>10:18.30</b>	+0,90
	50m: 33.89	33.89	250m: 3:10.10	39.20	450m: 5:47.23	38.76
	100m: 1:12.40	38.51	300m: 3:49.72	39.62	500m: 6:26.79	39.56
	150m: 1:51.57	39.17	350m: 4:28.91	39.19	550m: 7:05.88	39.09
	200m: 2:30.90	39.33	400m: 5:08.47	39.56	600m: 7:45.57	39.69
4.	Maaïke Vooren	DAW	10:16.92	199103324	<b>10:23.42</b>	+0,88
	50m: 34.56	34.56	250m: 3:09.83	38.97	450m: 5:47.28	39.11
	100m: 1:12.83	38.27	300m: 3:49.28	39.45	500m: 6:27.26	39.98
	150m: 1:51.61	38.78	350m: 4:28.44	39.16	550m: 7:06.23	38.97
	200m: 2:30.86	39.25	400m: 5:08.17	39.73	600m: 7:46.14	39.91
5.	Ruby Boudestein	De Lansingh	11:02.82	199303430	<b>10:59.90</b>	+0,70
	50m: 35.89	35.89	250m: 3:20.15	42.09	450m: 6:09.82	42.88
	100m: 1:15.58	39.69	300m: 4:02.26	42.11	500m: 6:52.58	42.76
	150m: 1:56.70	41.12	350m: 4:44.89	42.63	550m: 7:35.54	42.96
	200m: 2:38.06	41.36	400m: 5:26.94	42.05	600m: 8:17.82	42.28
6.	Sunanda van Heteren	De Geul	10:54.57	198901728	<b>11:01.04</b>	+0,79
	50m: 34.70	34.70	250m: 3:19.24	41.64	450m: 6:08.38	42.45
	100m: 1:14.11	39.41	300m: 4:01.46	42.22	500m: 6:51.97	43.59
	150m: 1:55.36	41.25	350m: 4:43.50	42.04	550m: 7:34.51	42.54
	200m: 2:37.60	42.24	400m: 5:25.93	42.43	600m: 8:17.71	43.20

Programmanr. 36, Dames, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
7.	Danielle Scheepers	Njord	10:41.05	199005428	<b>11:05.63</b>	+0,78
	50m: 35.01	35.01	250m: 3:18.94	41.79	450m: 6:08.02	42.23
	100m: 1:14.28	39.27	300m: 4:01.03	42.09	500m: 6:51.07	43.05
	150m: 1:55.09	40.81	350m: 4:43.16	42.13	550m: 7:33.43	42.36
	200m: 2:37.15	42.06	400m: 5:25.79	42.63	600m: 8:16.22	42.79
					650m: 8:58.71	42.49
					700m: 9:41.98	43.27
					750m: 10:24.36	42.38
					800m: 11:05.63	41.27
8.	Lenja Witlox	Olympia	10:25.65	199202004	<b>11:06.02</b>	+0,73
	50m: 36.48	36.48	250m: 3:26.37	43.87	450m: 6:16.54	42.81
	100m: 1:17.80	41.32	300m: 4:08.98	42.61	500m: 6:58.62	42.08
	150m: 2:00.16	42.36	350m: 4:51.27	42.29	550m: 7:40.66	42.04
	200m: 2:42.50	42.34	400m: 5:33.73	42.46	600m: 8:21.89	41.23
					650m: 9:04.57	42.68
					700m: 9:45.89	41.32
					750m: 10:27.10	41.21
					800m: 11:06.02	38.92
9.	Irmgard van Weeghel	Octopus	11:05.98	199204834	<b>11:10.09</b>	+0,79
	50m: 36.98	36.98	250m: 3:21.48	41.71	450m: 6:12.71	42.61
	100m: 1:17.10	40.12	300m: 4:04.00	42.52	500m: 6:55.61	42.90
	150m: 1:58.06	40.96	350m: 4:46.60	42.60	550m: 7:38.47	42.86
	200m: 2:39.77	41.71	400m: 5:30.10	43.50	600m: 8:21.52	43.05
					650m: 9:04.11	42.59
					700m: 9:47.16	43.05
					750m: 10:28.83	41.67
					800m: 11:10.09	41.26
10.	Jannie Janssen	HZPC	11:36.36	198902022	<b>11:26.34</b>	+0,87
	50m: 37.69	37.69	250m: 3:27.89	43.80	450m: 6:23.81	44.09
	100m: 1:18.83	41.14	300m: 4:11.41	43.52	500m: 7:07.39	43.58
	150m: 2:01.45	42.62	350m: 4:55.76	44.35	550m: 7:51.06	43.67
	200m: 2:44.09	42.64	400m: 5:39.72	43.96	600m: 8:35.03	43.97
					650m: 9:18.99	43.96
					700m: 10:02.34	43.35
					750m: 10:45.51	43.17
					800m: 11:26.34	40.83
11.	Esther Sprick	EZ&PC	11:34.06	199107930	<b>11:53.18</b>	+0,76
	50m: 37.67	37.67	250m: 3:32.72	44.95	450m: 6:36.15	45.15
	100m: 1:19.65	41.98	300m: 4:18.97	46.25	500m: 7:23.73	47.58
	150m: 2:03.01	43.36	350m: 5:04.53	45.56	550m: 8:09.89	46.16
	200m: 2:47.77	44.76	400m: 5:51.00	46.47	600m: 8:56.17	46.28
					650m: 9:40.80	44.63
					700m: 10:25.80	45.00
					750m: 11:09.81	44.01
					800m: 11:53.18	43.37
12.	Pauline Magnée	De Warande	12:48.76	199205434	<b>12:59.71</b>	+0,81
	50m: 40.36	40.36	250m: 3:51.58	50.08	450m: 7:12.91	50.95
	100m: 1:25.12	44.76	300m: 4:40.84	49.26	500m: 8:03.75	50.84
	150m: 2:13.10	47.98	350m: 5:31.64	50.80	550m: 8:55.13	51.38
	200m: 3:01.50	48.40	400m: 6:21.96	50.32	600m: 9:46.10	50.97
					650m: 10:37.08	50.98
					700m: 11:26.60	49.52
					750m: 12:15.15	48.55
					800m: 12:59.71	44.56
13.	Claudia Creemers	De Roersoppers	12:44.03	199202864	<b>13:57.73</b>	+0,75
	50m: 41.30	41.30	250m: 4:04.64	52.99	450m: 7:42.09	54.37
	100m: 1:29.03	47.73	300m: 4:58.87	54.23	500m: 8:37.35	55.26
	150m: 2:19.12	50.09	350m: 5:53.31	54.44	550m: 9:31.33	53.98
	200m: 3:11.65	52.53	400m: 6:47.72	54.41	600m: 10:24.70	53.37
					650m: 11:18.79	54.09
					700m: 12:14.76	55.97
					750m: 13:07.44	52.68
					800m: 13:57.73	50.29

Masters 25+

1.	Lisanne Andeweg <i>Kampioenschaps Record</i>	Zuiderzeewimmers	9:54.21	198800092	<b>9:50.37</b>	+0,90
	50m: 32.89	32.89	250m: 3:02.49	37.97	450m: 5:34.22	37.72
	100m: 1:09.35	36.46	300m: 3:40.35	37.86	500m: 6:11.16	36.94
	150m: 1:46.76	37.41	350m: 4:18.44	38.09	550m: 6:48.32	37.16
	200m: 2:24.52	37.76	400m: 4:56.50	38.06	600m: 7:25.51	37.19
					650m: 8:02.63	37.12
					700m: 8:39.41	36.78
					750m: 9:15.92	36.51
					800m: 9:50.37	34.45
2.	Ann Van Beylen	RSCM	10:22.10	RSCM/264/84	<b>10:16.13</b>	+0,87
	50m: 33.75	33.75	250m: 3:05.99	38.93	450m: 5:43.08	39.62
	100m: 1:10.89	37.14	300m: 3:45.06	39.07	500m: 6:22.30	39.22
	150m: 1:48.79	37.90	350m: 4:24.40	39.34	550m: 7:01.96	39.66
	200m: 2:27.06	38.27	400m: 5:03.46	39.06	600m: 7:41.03	39.07
					650m: 8:20.58	39.55
					700m: 8:59.46	38.88
					750m: 9:38.63	39.17
					800m: 10:16.13	37.50
3.	Margot Stenveld	SBC2000	10:02.58	198804170	<b>10:20.92</b>	+0,63
	50m: 36.78	36.78	250m: 3:13.54	38.97	450m: 5:50.30	39.18
	100m: 1:16.37	39.59	300m: 3:52.83	39.29	500m: 6:29.82	39.52
	150m: 1:55.68	39.31	350m: 4:31.95	39.12	550m: 7:08.62	38.80
	200m: 2:34.57	38.89	400m: 5:11.12	39.17	600m: 7:47.97	39.35
					650m: 8:27.08	39.11
					700m: 9:06.21	39.13
					750m: 9:44.60	38.39
					800m: 10:20.92	36.32
4.	Pauline Tieleman	De Geul	10:31.47	198403348	<b>10:48.36</b>	+0,79
	50m: 34.82	34.82	250m: 3:11.89	36.80	450m: 6:02.20	41.09
	100m: 1:14.35	39.53	300m: 3:57.87	45.98	500m: 6:43.50	41.30
	150m: 1:54.36	40.01	350m: 4:39.38	41.51	550m: 7:24.74	41.24
	200m: 2:35.09	40.73	400m: 5:21.11	41.73	600m: 8:06.19	41.45
					650m: 8:47.72	41.53
					700m: 9:28.75	41.03
					750m: 10:09.55	40.80
					800m: 10:48.36	38.81
5.	Sandra Schellekens	Neptunus'58	11:10.85	198503416	<b>11:34.87</b>	+0,85
	50m: 37.36	37.36	250m: 3:30.42	44.13	450m: 6:27.71	44.43
	100m: 1:19.34	41.98	300m: 4:14.14	43.72	500m: 7:11.88	44.17
	150m: 2:02.27	42.93	350m: 4:58.39	44.25	550m: 7:56.23	44.35
	200m: 2:46.29	44.02	400m: 5:43.28	44.89	600m: 8:40.84	44.61
					650m: 9:25.07	44.23
					700m: 10:09.38	44.31
					750m: 10:53.21	43.83
					800m: 11:34.87	41.66
6.	Annette Vogelsang	ZV De Bron	11:32.03	198402632	<b>11:55.85</b>	+0,89
	50m: 36.59	36.59	250m: 3:31.01	45.21	450m: 6:36.20	46.33
	100m: 1:18.02	41.43	300m: 4:17.68	46.67	500m: 7:23.10	46.90
	150m: 2:01.20	43.18	350m: 5:04.00	46.32	550m: 8:09.85	46.75
	200m: 2:45.80	44.60	400m: 5:49.87	45.87	600m: 8:56.16	46.31
					650m: 9:42.78	46.62
					700m: 10:29.94	47.16
					750m: 11:14.51	44.57
					800m: 11:55.85	41.34

Programmanr. 36, Dames, 800m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
7.	Channe Noort	DAW	12:06.53	198605032	<b>12:04.32</b>	+0,79		
	50m: 37.43	37.43	250m: 3:35.46	45.89	450m: 6:42.35	45.30	650m: 9:48.36	45.68
	100m: 1:19.86	42.43	300m: 4:23.04	47.58	500m: 7:29.61	47.26	700m: 10:35.28	46.92
	150m: 2:03.45	43.59	350m: 5:09.52	46.48	550m: 8:15.16	45.55	750m: 11:19.86	44.58
	200m: 2:49.57	46.12	400m: 5:57.05	47.53	600m: 9:02.68	47.52	800m: 12:04.32	44.46
8.	Annemarie Jakobs	EZ&PC	12:00.11	198601744	<b>12:05.44</b>	+0,85		
	50m: 38.18	38.18	250m: 3:37.48	46.28	450m: 6:45.06	47.19	650m: 9:53.20	46.81
	100m: 1:21.00	42.82	300m: 4:23.69	46.21	500m: 7:32.17	47.11	700m: 10:38.60	45.40
	150m: 2:05.84	44.84	350m: 5:10.13	46.44	550m: 8:19.47	47.30	750m: 11:23.81	45.21
	200m: 2:51.20	45.36	400m: 5:57.87	47.74	600m: 9:06.39	46.92	800m: 12:05.44	41.63
9.	Esther van Maastrigt	Montferland	11:39.55	198802836	<b>12:11.42</b>	+0,81		
	50m: 40.19	40.19	250m: 3:42.43	46.22	450m: 6:48.03	46.83	650m: 9:55.80	46.62
	100m: 1:24.73	44.54	300m: 4:29.29	46.86	500m: 7:35.22	47.19	700m: 10:42.63	46.83
	150m: 2:10.21	45.48	350m: 5:15.88	46.59	550m: 8:22.17	46.95	750m: 11:27.91	45.28
	200m: 2:56.21	46.00	400m: 6:01.20	45.32	600m: 9:09.18	47.01	800m: 12:11.42	43.51

Masters 30+

1.	Stephanie Vaernewyck	MEGA	10:45.16	MEGA/352/83	<b>10:31.23</b>	+0,87		
	50m: 34.64	34.64	250m: 3:11.65	39.76	450m: 5:51.61	39.76	650m: 8:32.07	40.09
	100m: 1:13.33	38.69	300m: 3:51.86	40.21	500m: 6:31.87	40.26	700m: 9:12.19	40.12
	150m: 1:52.23	38.90	350m: 4:31.68	39.82	550m: 7:11.69	39.82	750m: 9:52.16	39.97
	200m: 2:31.89	39.66	400m: 5:11.85	40.17	600m: 7:51.98	40.29	800m: 10:31.23	39.07
2.	Bianca Cox	PSV	10:25.11	198000214	<b>10:32.19</b>	+0,87		
	50m: 35.64	35.64	250m: 3:14.59	39.62	450m: 5:54.92	39.44	650m: 8:34.22	39.78
	100m: 1:15.36	39.72	300m: 3:55.17	40.58	500m: 6:35.09	40.17	700m: 9:14.40	40.18
	150m: 1:54.71	39.35	350m: 4:35.07	39.90	550m: 7:14.44	39.35	750m: 9:53.75	39.35
	200m: 2:34.97	40.26	400m: 5:15.48	40.41	600m: 7:54.44	40.00	800m: 10:32.19	38.44
3.	Linda Hoogendam	Zoetermeer	10:44.59	198300892	<b>10:53.81</b>			
	50m: 35.60	35.60	250m: 3:19.72	41.73	450m: 6:06.63	41.88	650m: 8:53.54	41.69
	100m: 1:15.59	39.99	300m: 4:01.09	41.37	500m: 6:48.38	41.75	700m: 9:34.53	40.99
	150m: 1:56.84	41.25	350m: 4:43.32	42.23	550m: 7:30.01	41.63	750m: 10:15.67	41.14
	200m: 2:37.99	41.15	400m: 5:24.75	41.43	600m: 8:11.85	41.84	800m: 10:53.81	38.14
4.	Natascha Hartman	PSV	12:26.02	198101780	<b>11:58.47</b>	+1,07		
	50m: 37.13	37.13	250m: 3:32.31	44.65	450m: 6:35.42	45.99	650m: 9:40.94	46.64
	100m: 1:19.44	42.31	300m: 4:17.24	44.93	500m: 7:21.53	46.11	700m: 10:27.79	46.85
	150m: 2:02.96	43.52	350m: 5:02.93	45.69	550m: 8:07.84	46.31	750m: 11:14.56	46.77
	200m: 2:47.66	44.70	400m: 5:49.43	46.50	600m: 8:54.30	46.46	800m: 11:58.47	43.91
5.	Yvette Roozen	DWT	12:01.09	198000926	<b>12:07.87</b>	+0,88		
	50m: 39.64	39.64	250m: 3:42.25	46.25	450m: 6:48.35	45.87	650m: 9:53.25	45.88
	100m: 1:24.59	44.95	300m: 4:28.95	46.70	500m: 7:34.49	46.14	700m: 10:39.26	46.01
	150m: 2:09.50	44.91	350m: 5:15.67	46.72	550m: 8:20.73	46.24	750m: 11:24.79	45.53
	200m: 2:56.00	46.50	400m: 6:02.48	46.81	600m: 9:07.37	46.64	800m: 12:07.87	43.08
6.	Rianne van Vegchelen	Deltasteur	13:48.35	198101530	<b>13:34.02</b>	+1,09		
	50m: 42.99	42.99	250m: 4:04.84	51.16	450m: 7:34.58	52.17	650m: 11:03.65	51.63
	100m: 1:32.28	49.29	300m: 4:57.80	52.96	500m: 8:27.51	52.93	700m: 11:55.49	51.84
	150m: 2:22.01	49.73	350m: 5:49.64	51.84	550m: 9:19.53	52.02	750m: 12:46.02	50.53
	200m: 3:13.68	51.67	400m: 6:42.41	52.77	600m: 10:12.02	52.49	800m: 13:34.02	48.00

Masters 35+

1.	Liselotte Joling	PSV	10:38.93	197500268	<b>10:17.48</b>	+0,94		
	50m: 33.70	33.70	250m: 3:08.30	38.20	450m: 5:44.02	37.99	650m: 8:22.21	39.22
	100m: 1:11.69	37.99	300m: 3:47.36	39.06	500m: 6:23.59	39.57	700m: 9:02.08	39.87
	150m: 1:50.65	38.96	350m: 4:26.48	39.12	550m: 7:03.34	39.75	750m: 9:40.33	38.25
	200m: 2:30.10	39.45	400m: 5:06.03	39.55	600m: 7:42.99	39.65	800m: 10:17.48	37.15
2.	Babette Rens	Dedemsvaart-AC	11:43.72	197801200	<b>12:10.12</b>	+0,85		
	50m: 38.91	38.91	250m: 3:37.75	46.14	450m: 6:44.56	46.74	650m: 9:51.77	46.50
	100m: 1:21.39	42.48	300m: 4:24.59	46.84	500m: 7:31.29	46.73	700m: 10:38.07	46.30
	150m: 2:06.33	44.94	350m: 5:11.26	46.67	550m: 8:18.46	47.17	750m: 11:24.49	46.42
	200m: 2:51.61	45.28	400m: 5:57.82	46.56	600m: 9:05.27	46.81	800m: 12:10.12	45.63
3.	Anneke de Groot	De Fuut	12:37.35	197701140	<b>13:14.50</b>	+0,81		
	50m: 40.89	40.89	250m: 3:56.66	50.30	450m: 7:12.90	49.93	650m: 10:44.04	50.90
	100m: 1:27.94	47.05	300m: 4:47.26	50.60	500m: 8:10.57	57.67	700m: 11:35.73	51.69
	150m: 2:16.52	48.58	350m: 5:38.28	51.02	550m: 9:01.99	51.42	750m: 12:27.09	51.36
	200m: 3:06.36	49.84	400m: 6:28.97	50.69	600m: 9:53.14	51.15	800m: 13:14.50	47.41

Programmanr. 36, Dames, 800m vrije slag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Clementine van Bruxvoort	ZPB H&L Productions	14:02.79	197700138	<b>14:38.93</b>	+0,95		
	50m: 44.59	44.59	250m: 4:22.11	55.08	450m: 8:06.01	55.74	650m: 11:52.08	56.66
	100m: 1:37.59	53.00	300m: 5:18.20	56.09	500m: 9:02.01	56.00	700m: 12:49.51	57.43
	150m: 2:32.18	54.59	350m: 6:13.25	55.05	550m: 9:58.92	56.91	750m: 13:46.68	57.17
	200m: 3:27.03	54.85	400m: 7:10.27	57.02	600m: 10:55.42	56.50	800m: 14:38.93	52.25

Masters 40+

1.	Karin Stein	ZVVS	10:06.08	197100554	<b>10:19.30</b>	+0,88		
	50m: 34.46	34.46	250m: 3:07.86	39.09	450m: 5:45.17	39.21	650m: 8:22.23	39.04
	100m: 1:11.95	37.49	300m: 3:47.15	39.29	500m: 6:24.64	39.47	700m: 9:01.72	39.49
	150m: 1:50.19	38.24	350m: 4:26.58	39.43	550m: 7:03.67	39.03	750m: 9:41.34	39.62
	200m: 2:28.77	38.58	400m: 5:05.96	39.38	600m: 7:43.19	39.52	800m: 10:19.30	37.96
2.	Lisenka Kornet	One Team Swimming	10:47.32	196900914	<b>10:46.74</b>	+0,85		
	50m: 35.61	35.61	250m: 3:16.62	40.66	450m: 6:01.12	40.86	650m: 8:45.43	40.79
	100m: 1:14.77	39.16	300m: 3:57.68	41.06	500m: 6:42.35	41.23	700m: 9:26.52	41.09
	150m: 1:54.85	40.08	350m: 4:38.77	41.09	550m: 7:23.48	41.13	750m: 10:07.19	40.67
	200m: 2:35.96	41.11	400m: 5:20.26	41.49	600m: 8:04.64	41.16	800m: 10:46.74	39.55
3.	Annette de Visser	Oceanus	10:58.48	197100602	<b>11:02.93</b>	+0,84		
	50m: 35.72	35.72	250m: 3:19.00	42.08	450m: 6:09.64	42.61	650m: 8:59.85	42.29
	100m: 1:14.94	39.22	300m: 4:01.57	42.57	500m: 6:52.58	42.94	700m: 9:42.09	42.24
	150m: 1:55.68	40.74	350m: 4:44.31	42.74	550m: 7:35.22	42.64	750m: 10:23.35	41.26
	200m: 2:36.92	41.24	400m: 5:27.03	42.72	600m: 8:17.56	42.34	800m: 11:02.93	39.58
4.	Nicole Vrijhoeven	PSV	11:59.92	196900834	<b>11:57.11</b>	+0,54		
	50m: 40.53	40.53	250m: 3:39.85	44.80	450m: 6:39.47	44.96	650m: 9:38.83	44.46
	100m: 1:25.23	44.70	300m: 4:24.75	44.90	500m: 7:24.35	44.88	700m: 10:21.12	42.29
	150m: 2:09.72	44.49	350m: 5:09.42	44.67	550m: 8:09.24	44.89	750m: 11:07.19	40.67
	200m: 2:55.05	45.33	400m: 5:54.51	45.09	600m: 8:54.37	45.13	800m: 11:57.11	39.55
5.	Natacha Van Hoof	ShaRK	11:31.70	SHARK/260/73	<b>12:07.60</b>	+0,93		
	50m: 41.06	41.06	250m: 3:42.70	45.39	450m: 6:46.18	46.09	650m: 9:51.40	46.00
	100m: 1:25.76	44.70	300m: 4:28.57	45.87	500m: 7:32.95	46.77	700m: 10:38.16	46.76
	150m: 2:11.36	45.60	350m: 5:14.34	45.77	550m: 8:18.71	45.76	750m: 11:23.81	45.65
	200m: 2:57.31	45.95	400m: 6:00.09	45.75	600m: 9:05.40	46.69	800m: 12:07.60	43.79
6.	Annet Kootstra	Swol 1894	12:14.10	197100344	<b>12:11.50</b>	+1,01		
	50m: 39.77	39.77	250m: 3:42.08	46.41	450m: 6:49.88	46.87	650m: 9:56.12	45.87
	100m: 1:24.22	44.45	300m: 4:29.07	46.99	500m: 7:37.01	47.13	700m: 10:42.30	46.18
	150m: 2:09.31	45.09	350m: 5:15.66	46.59	550m: 8:23.31	46.30	750m: 11:27.08	44.78
	200m: 2:55.67	46.36	400m: 6:03.01	47.35	600m: 9:10.25	46.94	800m: 12:11.50	44.42
7.	Renata van Essen	Zuiderzeewimmers	12:25.10	197300740	<b>12:27.60</b>	+0,90		
	50m: 40.67	40.67	250m: 3:46.73	47.70	450m: 6:57.69	47.82	650m: 10:09.11	47.96
	100m: 1:25.13	44.46	300m: 4:34.29	47.56	500m: 7:45.54	47.85	700m: 10:56.40	47.29
	150m: 2:11.93	46.80	350m: 5:22.10	47.81	550m: 8:33.14	47.60	750m: 11:43.17	46.77
	200m: 2:59.03	47.10	400m: 6:09.87	47.77	600m: 9:21.15	48.01	800m: 12:27.60	44.43
8.	Pascale Neiss-Janssen	De Roersoppers	12:18.65	197300852	<b>12:29.32</b>	+1,09		
	50m: 40.71	40.71	250m: 3:46.64	47.37	450m: 6:56.69	48.08	650m: 10:09.35	48.71
	100m: 1:25.42	44.71	300m: 4:33.91	47.27	500m: 7:44.43	47.74	700m: 10:56.94	47.59
	150m: 2:12.31	46.89	350m: 5:21.40	47.49	550m: 8:32.72	48.29	750m: 11:44.86	47.92
	200m: 2:59.27	46.96	400m: 6:08.61	47.21	600m: 9:20.64	47.92	800m: 12:29.32	44.46
9.	Ingrid Versteegen	DBD	13:00.29	197300770	<b>12:57.17</b>	+0,86		
	50m: 42.85	42.85	250m: 3:58.35	49.75	450m: 7:15.27	49.57	650m: 10:32.64	49.48
	100m: 1:29.96	47.11	300m: 4:47.39	49.04	500m: 8:03.99	48.72	700m: 11:21.29	48.65
	150m: 2:19.12	49.16	350m: 5:36.61	49.22	550m: 8:53.28	49.29	750m: 12:10.94	49.65
	200m: 3:08.60	49.48	400m: 6:25.70	49.09	600m: 9:43.16	49.88	800m: 12:57.17	46.23
10.	Natalie van den Broek	Nautilus	13:17.60	197300810	<b>13:21.80</b>	+1,22		
	50m: 41.97	41.97	250m: 3:54.77	50.97	450m: 7:23.41	51.80	650m: 10:52.32	52.11
	100m: 1:26.32	44.35	300m: 4:45.79	51.02	500m: 8:15.58	52.17	700m: 11:44.43	52.11
	150m: 2:13.80	47.48	350m: 5:39.05	53.26	550m: 9:08.64	53.06	750m: 12:36.14	51.71
	200m: 3:03.80	50.00	400m: 6:31.61	52.56	600m: 10:00.21	51.57	800m: 13:21.80	45.66
11.	Karin Sagonas	Njord	12:34.00	197000964	<b>13:29.34</b>	+0,85		
	50m: 40.42	40.42	250m: 3:55.41	50.40	450m: 7:23.98	52.73	650m: 10:55.00	52.77
	100m: 1:26.85	46.43	300m: 4:46.39	50.98	500m: 8:16.89	52.91	700m: 11:46.79	51.79
	150m: 2:14.86	48.01	350m: 5:38.73	52.34	550m: 9:09.30	52.41	750m: 12:39.29	52.50
	200m: 3:05.01	50.15	400m: 6:31.25	52.52	600m: 10:02.23	52.93	800m: 13:29.34	50.05
12.	Kristien Van de Moortel	ShaRK	12:32.88	SHARK/315/69	<b>13:51.22</b>	+0,64		
	50m: 44.19	44.19	250m: 4:15.02	53.04	450m: 7:47.74	53.87	650m: 11:17.18	52.58
	100m: 1:36.05	51.86	300m: 5:08.32	53.30	500m: 8:40.06	52.32	700m: 12:09.83	52.65
	150m: 2:29.37	53.32	350m: 6:01.90	53.58	550m: 9:32.80	52.74	750m: 13:02.39	52.56
	200m: 3:21.98	52.61	400m: 6:53.87	51.97	600m: 10:24.60	51.80	800m: 13:51.22	48.83



Programmanr. 36, Dames, 800m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
13.	Greta Wyra-Teitsma	DWK	13:58.14	197100696	<b>14:19.23</b>	+1,00		
	50m: 45.84	45.84	250m: 4:18.64	54.89	450m: 7:58.95	55.24	650m: 11:38.51	54.69
	100m: 1:37.43	51.59	300m: 5:13.25	54.61	500m: 8:54.08	55.13	700m: 12:34.34	55.83
	150m: 2:30.41	52.98	350m: 6:08.30	55.05	550m: 9:48.94	54.86	750m: 13:27.77	53.43
	200m: 3:23.75	53.34	400m: 7:03.71	55.41	600m: 10:43.82	54.88	800m: 14:19.23	51.46
14.	Evelien Breman-Alers	Nautilus	14:33.80	197200878	<b>15:14.97</b>	+0,80		
	50m: 43.38	43.38	250m: 4:21.91	58.64	450m: 8:19.47	1:00.30	650m: 12:18.61	1:00.23
	100m: 1:32.21	48.83	300m: 5:20.18	58.27	500m: 9:18.65	59.18	700m: 13:17.94	59.33
	150m: 2:26.71	54.50	350m: 6:20.07	59.89	550m: 10:18.13	59.48	750m: 14:17.75	59.81
	200m: 3:23.27	56.56	400m: 7:19.17	59.10	600m: 11:18.38	1:00.25	800m: 15:14.97	57.22

Masters 45+

1.	Claudia Goldschmidt	Maidenhead Marlins ASC	11:12.35	954626	<b>11:30.58</b>	+0,94		
	50m: 36.57	36.57	250m: 3:24.98	43.47	450m: 6:24.08	45.00	650m: 9:21.87	44.44
	100m: 1:17.22	40.65	300m: 4:09.60	44.62	500m: 7:08.30	44.22	700m: 10:06.19	44.32
	150m: 1:58.68	41.46	350m: 4:54.16	44.56	550m: 7:53.05	44.75	750m: 10:49.98	43.79
	200m: 2:41.51	42.83	400m: 5:39.08	44.92	600m: 8:37.43	44.38	800m: 11:30.58	40.60
2.	Margreet van der Pol	Oceanus	12:08.69	196600276	<b>12:09.00</b>	+1,07		
	50m: 40.14	40.14	250m: 3:45.43	46.91	450m: 6:49.62	45.39	650m: 9:53.06	46.05
	100m: 1:24.55	44.41	300m: 4:31.84	46.41	500m: 7:35.24	45.62	700m: 10:38.52	45.46
	150m: 2:11.82	47.27	350m: 5:18.58	46.74	550m: 8:21.37	46.13	750m: 11:24.50	45.98
	200m: 2:58.52	46.70	400m: 6:04.23	45.65	600m: 9:07.01	45.64	800m: 12:09.00	44.50
3.	Lilian Schippers	Njord	13:37.04	196800850	<b>13:38.94</b>	+0,92		
	50m: 45.11	45.11	250m: 4:11.73	51.95	450m: 7:40.77	52.34	650m: 11:10.15	52.53
	100m: 1:35.75	50.64	300m: 5:03.98	52.25	500m: 8:33.30	52.53	700m: 12:01.14	50.99
	150m: 2:27.50	51.75	350m: 5:56.28	52.30	550m: 9:25.38	52.08	750m: 12:51.71	50.57
	200m: 3:19.78	52.28	400m: 6:48.43	52.15	600m: 10:17.62	52.24	800m: 13:38.94	47.23
4.	Ymke Snellen van Vollenhoven	PSV	14:05.69	196800836	<b>13:52.74</b>	+1,04		
	200/400m*							
	50m: 44.41	44.41	250m: 4:14.63	53.12	450m: 7:48.03	53.47	650m: 11:17.97	53.25
	100m: 1:33.77	49.36	300m: 5:07.69	53.06	500m: 8:40.46	52.43	700m: 12:11.27	53.30
	150m: 2:27.48	53.71	350m: 6:01.43	53.74	550m: 9:32.05	51.59	750m: 13:04.34	53.07
	200m: 3:21.51	54.03	400m: 6:54.56	53.13	600m: 10:24.72	52.67	800m: 13:52.74	48.40
5.	Betty van Kemenade	PSV	14:08.61	196800832	<b>14:06.05</b>	+1,13		
	50m: 43.81	43.81	250m: 4:10.33	53.62	450m: 7:45.95	53.93	650m: 11:24.24	54.88
	100m: 1:32.55	48.74	300m: 5:03.78	53.45	500m: 8:40.03	54.08	700m: 12:19.14	54.90
	150m: 2:24.57	52.02	350m: 5:58.37	54.59	550m: 9:34.86	54.83	750m: 13:14.52	55.38
	200m: 3:16.71	52.14	400m: 6:52.02	53.65	600m: 10:29.36	54.50	800m: 14:06.05	51.53
6.	Frances van der Moolen	Aqua-Novio'94	14:12.48	196400454	<b>14:14.89</b>			
	50m: 48.42	48.42	250m: 4:22.75	53.89	450m: 7:59.15	54.31	650m: 11:36.04	53.50
	100m: 1:41.45	53.03	300m: 5:16.62	53.87	500m: 8:53.53	54.38	700m: 12:30.29	54.25
	150m: 2:34.84	53.39	350m: 6:09.84	53.22	550m: 9:47.91	54.38	750m: 13:23.56	53.27
	200m: 3:28.86	54.02	400m: 7:04.84	55.00	600m: 10:42.54	54.63	800m: 14:14.89	51.33

Masters 50+

1.	Irene van der Laan	ZV De Bron	11:01.68	196000096	<b>11:08.84</b>	+0,92		
	50m: 38.90	38.90	250m: 3:27.14	41.59	450m: 6:15.34	41.83	650m: 9:03.53	41.56
	100m: 1:21.13	42.23	300m: 4:09.22	42.08	500m: 6:57.49	42.15	700m: 9:45.97	42.44
	150m: 2:03.25	42.12	350m: 4:50.96	41.74	550m: 7:39.39	41.90	750m: 10:27.55	41.58
	200m: 2:45.55	42.30	400m: 5:33.51	42.55	600m: 8:21.97	42.58	800m: 11:08.84	41.29
2.	Patty Verhagen	PSV	11:20.47	195900146	<b>11:51.63</b>	+0,70		
	50m: 40.86	40.86	250m: 3:39.23	45.26	450m: 6:39.50	45.16	650m: 9:38.91	45.21
	100m: 1:24.60	43.74	300m: 4:24.33	45.10	500m: 7:24.01	44.51	700m: 10:23.65	44.74
	150m: 2:09.54	44.94	350m: 5:09.46	45.13	550m: 8:08.91	44.90	750m: 11:08.71	45.06
	200m: 2:53.97	44.43	400m: 5:54.34	44.88	600m: 8:53.70	44.79	800m: 11:51.63	42.92
3.	Francine Sommer	Triton	11:44.23	196200384	<b>11:58.28</b>	+0,84		
	50m: 38.21	38.21	250m: 3:36.93	44.88	450m: 6:37.89	45.75	650m: 9:42.50	47.04
	100m: 1:20.70	42.49	300m: 4:22.58	45.65	500m: 7:23.51	45.62	700m: 10:28.86	46.36
	150m: 2:06.21	45.51	350m: 5:07.81	45.23	550m: 8:09.12	45.61	750m: 11:14.85	45.99
	200m: 2:52.05	45.84	400m: 5:52.14	44.33	600m: 8:55.46	46.34	800m: 11:58.28	43.43
4.	Ingrid Van Cauteren	LZV	12:30.32	LZV/097/62	<b>12:35.45</b>	+0,86		
	50m: 41.72	41.72	250m: 3:52.50	48.55	450m: 7:05.87	47.91	650m: 10:16.69	47.32
	100m: 1:27.92	46.20	300m: 4:40.97	48.47	500m: 7:53.92	48.05	700m: 11:04.49	47.80
	150m: 2:15.77	47.85	350m: 5:28.98	48.01	550m: 8:41.59	47.67	750m: 11:51.08	46.59
	200m: 3:03.95	48.18	400m: 6:17.96	48.98	600m: 9:29.37	47.78	800m: 12:35.45	44.37

Programmanr. 36, Dames, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Riny Zeijveld	De Berkelduikers	12:58.81	196000204	<b>13:21.92</b>	+0,93		
	50m: 42.99	42.99	250m: 4:02.05	50.50	450m: 7:26.68	50.23	650m: 10:50.75	50.53
	100m: 1:31.99	49.00	300m: 4:53.84	51.79	500m: 8:18.28	51.60	700m: 11:41.84	51.09
	150m: 2:21.13	49.14	350m: 5:44.64	50.80	550m: 9:08.78	50.50	750m: 12:31.72	49.88
	200m: 3:11.55	50.42	400m: 6:36.45	51.81	600m: 10:00.22	51.44	800m: 13:21.92	50.20
6.	Pia van der Molen	HZ&PC Heerenveen	13:13.27	196000116	<b>13:25.99</b>	+0,97		
	50m: 42.07	42.07	250m: 3:59.75	51.46	450m: 7:29.58	52.88	650m: 10:56.86	51.35
	100m: 1:28.36	46.29	300m: 4:51.95	52.20	500m: 8:21.97	52.39	700m: 11:48.05	51.19
	150m: 2:17.62	49.26	350m: 5:44.27	52.32	550m: 9:14.48	52.51	750m: 12:38.53	50.48
	200m: 3:08.29	50.67	400m: 6:36.70	52.43	600m: 10:05.51	51.03	800m: 13:25.99	47.46

Masters 55+

1.	Dorothy Ledwith <i>IMR</i>	Ennis Masters	11:39.64	10009706	<b>11:46.59</b>	+0,89		
	50m: 39.05	39.05	250m: 3:34.46	45.16	450m: 6:34.28	45.63	650m: 9:34.82	45.47
	100m: 1:21.24	42.19	300m: 4:18.76	44.30	500m: 7:19.19	44.91	700m: 10:19.15	44.33
	150m: 2:05.34	44.10	350m: 5:04.02	45.26	550m: 8:04.61	45.42	750m: 11:04.28	45.13
	200m: 2:49.30	43.96	400m: 5:48.65	44.63	600m: 8:49.35	44.74	800m: 11:46.59	42.31
2.	Jolanda Rob	ZV De Bron	13:20.37	195700144	<b>13:46.61</b>	+0,95		
	50m: 43.73	43.73	250m: 4:11.79	52.95	450m: 7:44.36	52.87	650m: 11:13.76	51.77
	100m: 1:33.90	50.17	300m: 5:05.39	53.60	500m: 8:37.79	53.43	700m: 12:05.96	52.20
	150m: 2:25.37	51.47	350m: 5:58.58	53.19	550m: 9:29.16	51.37	750m: 12:57.06	51.10
	200m: 3:18.84	53.47	400m: 6:51.49	52.91	600m: 10:21.99	52.83	800m: 13:46.61	49.55
3.	Monika Zilliken	SC Wiesbaden 1911 e.V.	14:06.35	231829	<b>13:48.64</b>	+0,81		
	50m: 43.90	43.90	250m: 4:11.95	52.42	450m: 7:40.69	52.35	650m: 11:12.14	53.29
	100m: 1:34.27	50.37	300m: 5:03.89	51.94	500m: 8:33.35	52.66	700m: 12:05.55	53.41
	150m: 2:26.53	52.26	350m: 5:56.30	52.41	550m: 9:25.75	52.40	750m: 12:58.19	52.64
	200m: 3:19.53	53.00	400m: 6:48.34	52.04	600m: 10:18.85	53.10	800m: 13:48.64	50.45
4.	Elly Kiestra-Broertjes	Zignea	13:42.68	195600100	<b>14:16.58</b>	+0,97		
	50m: 44.37	44.37	250m: 4:16.54	54.86	450m: 7:56.28	54.71	650m: 11:35.63	54.94
	100m: 1:34.84	50.47	300m: 5:11.49	54.95	500m: 8:50.39	54.11	700m: 12:30.04	54.41
	150m: 2:27.81	52.97	350m: 6:06.81	55.32	550m: 9:44.98	54.59	750m: 13:24.65	54.61
	200m: 3:21.68	53.87	400m: 7:01.57	54.76	600m: 10:40.69	55.71	800m: 14:16.58	51.93

Masters 60+

1.	Ineke Weekers <i>Kampioenschaps Record</i>	PSV	12:06.00	195300050	<b>11:46.85</b>	+0,90		
	50m: 40.80	40.80	250m: 3:38.37	44.59	450m: 6:37.55	44.79	650m: 9:36.42	44.40
	100m: 1:24.52	43.72	300m: 4:23.28	44.91	500m: 7:22.53	44.98	700m: 10:21.24	44.82
	150m: 2:09.14	44.62	350m: 5:08.02	44.74	550m: 8:07.21	44.68	750m: 11:04.95	43.71
	200m: 2:53.78	44.64	400m: 5:52.76	44.74	600m: 8:52.02	44.81	800m: 11:46.85	41.90
2.	Ineke Meijer	HZ&PC Heerenveen	13:47.56	195200034	<b>14:39.68</b>	+0,95		
	50m: 47.27	47.27	250m: 4:28.63	55.74	450m: 8:13.17	56.10	650m: 11:57.80	55.99
	100m: 1:41.07	53.80	300m: 5:24.78	56.15	500m: 9:10.47	57.30	700m: 12:53.58	55.78
	150m: 2:36.62	55.55	350m: 6:20.53	55.75	550m: 10:06.81	56.34	750m: 13:48.30	54.72
	200m: 3:32.89	56.27	400m: 7:17.07	56.54	600m: 11:01.81	55.00	800m: 14:39.68	51.38
3.	Corine Kalbfleisch	DWT	15:28.03	195200024	<b>14:51.47</b>	+1,26		
	50m: 47.70	47.70	250m: 4:34.26	56.49	450m: 8:21.27	55.54	650m: 12:09.88	56.12
	100m: 1:44.18	56.48	300m: 5:31.73	57.47	500m: 9:18.59	57.32	700m: 13:06.39	56.51
	150m: 2:40.99	56.81	350m: 6:27.73	56.00	550m: 10:15.71	57.12	750m: 14:00.44	54.05
	200m: 3:37.77	56.78	400m: 7:25.73	58.00	600m: 11:13.76	58.05	800m: 14:51.47	51.03
4.	Gonnie Bak	PSV	15:39.91	195100064	<b>15:01.44</b>	+0,90		
	50m: 49.88	49.88	250m: 4:36.78	57.98	450m: 8:24.67	58.23	650m: 12:13.73	57.72
	100m: 1:44.62	54.74	300m: 5:32.19	55.41	500m: 9:20.87	56.20	700m: 13:10.05	56.32
	150m: 2:43.43	58.81	350m: 6:30.29	58.10	550m: 10:19.61	58.74	750m: 14:07.87	57.82
	200m: 3:38.80	55.37	400m: 7:26.44	56.15	600m: 11:16.01	56.40	800m: 15:01.44	53.57
5.	Tineke van Diggelen	Oceanus	15:22.48	195200048	<b>15:59.31</b>	+1,00		
	50m: 50.99	50.99	250m: 4:47.54	59.53	450m: 8:52.59	1:01.27	650m: 12:58.12	1:01.21
	100m: 1:48.47	57.48	300m: 5:48.78	1:01.24	500m: 9:53.86	1:01.27	700m: 13:59.26	1:01.14
	150m: 2:47.72	59.25	350m: 6:49.75	1:00.97	550m: 10:55.25	1:01.39	750m: 14:59.81	1:00.55
	200m: 3:48.01	1:00.29	400m: 7:51.32	1:01.57	600m: 11:56.91	1:01.66	800m: 15:59.31	59.50

Programmanr. 36, Dames, 800m vrije slag

Masters 65+

1. Matty van der Veen	Old Dutch	14:39.11	194400020	<b>15:48.54</b>	+1,13
50m: 48.76	48.76	250m: 4:36.89	59.09	450m: 8:38.49	1:00.90
100m: 1:43.21	54.45	300m: 5:36.28	59.39	500m: 9:39.23	1:00.74
150m: 2:39.82	56.61	350m: 6:37.07	1:00.79	550m: 10:40.62	1:01.39
200m: 3:37.80	57.98	400m: 7:37.59	1:00.52	600m: 11:42.65	1:02.03
				650m: 12:43.61	1:00.96
				700m: 13:45.38	1:01.77
				750m: 14:47.65	1:02.27
				800m: 15:48.54	1:00.89
2. Greet Brehler-Middag	Hatto Heim	16:48.37	194400004	<b>17:55.48</b>	+1,11
50m: 55.30	55.30	250m: 5:23.91	1:07.63	450m: 9:57.73	1:07.40
100m: 2:00.27	1:04.97	300m: 6:34.06	1:10.15	500m: 11:06.62	1:08.89
150m: 3:07.37	1:07.10	350m: 7:41.85	1:07.79	550m: 12:14.32	1:07.70
200m: 4:16.28	1:08.91	400m: 8:50.33	1:08.48	600m: 13:23.78	1:09.46
				650m: 14:31.31	1:07.53
				700m: 15:41.52	1:10.21
				750m: 16:50.52	1:09.00
				800m: 17:55.48	1:04.96

Masters 75+

1. Bep van Riessen	Aquapoldro	20:14.80	193700006	<b>19:42.96 *</b>	+1,31
50m: 1:01.47	1:01.47	250m: 5:56.87	1:13.38	450m: 10:55.49	1:15.66
100m: 2:13.87	1:12.40	300m: 7:10.70	1:13.83	500m: 12:11.20	1:15.71
150m: 3:29.84	1:15.97	350m: 8:25.22	1:14.52	550m: 13:26.36	1:15.16
200m: 4:43.49	1:13.65	400m: 9:39.83	1:14.61	600m: 14:41.62	1:15.26
				650m: 15:58.40	1:16.78
				700m: 17:13.71	1:15.31
				750m: 18:30.63	1:16.92
				800m: 19:42.96	1:12.33

6 - ONMK 2013 lb sessie 6

05-05-2013 - 14:00

Programmanr. 38  
05-05-2013 - 14:00

4 x 100m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
<b>80+, Dames</b>					
1.	<b>De Vrije Slag 1</b>	<b>De Vrije Slag</b>	<b>4:41.09</b>	<b>4:47.41</b>	<b>+0,78</b>
	Tamara Peelen +0,78 33.67 Miliène Catoire +0,39 34.98	1:10.33 1:15.51	Marlissa van Driel +0,39 Arne van Holland +0,15	35.27 1:14.54 31.47 1:07.03	
2.	<b>Montferland 2</b>	<b>Montferland</b>	<b>4:50.60</b>	<b>4:50.18</b>	<b>+0,80</b>
	Esther van Maastrigt +0,80 35.31 Kelly Bocking +0,53 36.53	1:13.05 1:16.85	Marije Jansen +0,31 Wieteke Jansen +0,59	30.76 1:05.76 35.51 1:14.52	
<b>80+, Heren</b>					
1.	<b>LZ 1886 1</b> <i>Nederlands Masters Record</i>	<b>LZ 1886</b>	<b>3:37.78</b>	<b>3:45.69</b>	<b>+0,72</b>
	Lars Sieval +0,72 26.73 Kristiaan Lenos +0,43 26.25	56.15 55.58	Joost Rijntjes +0,52 Sjoerd Sieval +0,25	26.11 55.97 27.46 57.99	
<b>80+, Gemengd</b>					
1.	<b>Merlet 1</b>	<b>Merlet</b>	<b>4:14.36</b>	<b>4:23.50</b>	<b>+0,73</b>
	Elodie Siroen +0,73 36.46 Merel Siroen +0,75 31.87	1:15.98 1:06.94	Mark Effing +0,15 Joppe Schuurmans +0,26	29.53 1:01.97 28.62 58.61	
<b>100+, Dames</b>					
1.	<b>DAW 1</b>	<b>DAW</b>	<b>4:32.14</b>	<b>4:33.64</b>	<b>+0,66</b>
	Sandra Pannekeet +0,66 30.56 Channe Noort +0,49 33.33	1:06.94 1:10.92	Wieteke Elzinga +0,38 Sandra Zwaanswijk +0,42	32.81 1:10.06 30.95 1:05.72	
<b>100+, Heren</b>					
1.	<b>De Schotejil 1</b>	<b>De Schotejil</b>	<b>3:50.53</b>	<b>3:57.39</b>	<b>+0,82</b>
	Martijn van Hoornt +0,82 28.85 Niels Albrechts +0,32 28.79	59.29 1:00.92	Arjan Blok +0,50 Mark Costeris +0,15	30.73 1:03.70 26.05 53.48	
2.	<b>Montferland 1</b>	<b>Montferland</b>	<b>4:18.27</b>	<b>4:23.56</b>	<b>+0,78</b>
	Roel van Beek +0,78 30.94 Kevin Dieker +0,53 31.32	1:06.53 1:06.24	Tim Meijer +0,46 Martijn Giezen +0,69	32.49 1:09.24 29.07 1:01.55	
<b>100+, Gemengd</b>					
1.	<b>Zwemlust-den Hommel 1</b> <i>Nederlands Masters Record</i>	<b>Zwemlust-den Hommel</b>	<b>3:57.66</b>	<b>3:56.93</b>	<b>+0,77</b>
	Malissa van der Horst +0,77 28.22 Charlotte Groeneveld +0,38 29.33	59.45 1:02.05	Mark Zwart +0,36 Sven Jaeger +0,37	28.01 58.65 26.88 56.78	
2.	<b>Zuiderzeewimmers 1</b>	<b>Zuiderzeewimmers</b>	<b>4:07.83</b>	<b>4:05.30</b>	<b>+0,71</b>
	Jen-Ai van Soelen +0,71 30.07 Erik van der Heide +0,21 27.41	1:04.07 57.93	Lisanne Andeweg +0,42 Ralf van der Poel +0,16	30.97 1:04.68 27.62 58.62	
3.	<b>WVZ 1</b>	<b>WVZ</b>	<b>4:06.26</b>	<b>4:13.57</b>	<b>+0,81</b>
	Mea Ferreira +0,81 31.81 Nina Ferreira +0,57 31.01	1:07.73 1:04.26	Bas v.d. Laan +0,39 Nick Baron +0,41	28.41 1:00.98 27.77 1:00.60	
4.	<b>De Duinkickers 1</b>	<b>De Duinkickers</b>	<b>4:27.85</b>	<b>4:44.48</b>	<b>+0,75</b>
	Marcel Brittijn +0,75 34.14 Eline Schoenmaker +0,58 35.39	1:13.91 1:15.29	Maaïke de Boer +0,56 Remko Hooft +0,40	33.77 1:11.14 29.60 1:04.14	



Programmanr. 38, 4 x 100m vrije slag

120+, Dames

1.	CNSW 1	CNSW	4:55.00	<b>5:01.26</b>	+0,86			
	Claire Anthony	+0,86	41.86	1:26.11	Chiara Miglioli	+0,15	33.60	1:10.80
	Aida Ponce Del Castillo	+0,71	33.67	1:11.31	Isaline Manchel	+0,29	33.81	1:13.04

120+, Heren

1.	De IJsselmeeuwen 1	De IJsselmeeuwen	3:56.25	<b>3:59.86</b>	+0,81			
	Lennart Kasper	+0,81	28.76	1:00.87	Bas Kervel	+0,62	27.26	59.84
	Erik Schepers	+0,54	28.46	1:01.23	Erwin Croes	+0,46	27.41	57.92
2.	RZ 1	RZ	4:26.33	<b>4:27.41</b>	+0,78			
	Ralph Caster	+0,78	32.90	1:10.52	Gino Martijn	+0,50	32.76	1:07.80
	Erik van der Zeijden	+0,55	31.83	1:06.58	Dimitrie Sonnemans	+0,74	29.73	1:02.51

120+, Gemengd

1.	PSV 4	PSV	4:05.64	<b>4:08.60</b>	+0,81			
	<i>Nederlands Masters Record</i>							
	Stefan Oosting	+0,81	25.82	54.74	Wesley van Diejen	+0,72	30.48	1:03.97
	Liselotte Joling	+0,91	31.50	1:07.25	Stephanie Rombout	+0,58	29.00	1:02.64
2.	ZVVS 2	ZVVS	4:27.28	<b>4:26.59</b>	+0,71			
	Nadya Putter	+0,71	31.81	1:05.89	Joyce Brummelkamp	+0,42	35.54	1:15.90
	Rene de Jong	+0,50	30.22	1:04.03	Bas van den Nouwelant	+0,32	28.87	1:00.77
3.	Zoetermeer 1	Zoetermeer	4:44.79	<b>4:37.96</b>	+0,83			
	Harald Mulder	+0,83	35.56	1:12.52	Fleur Maas	+0,49	35.30	1:14.33
	Chita van der Goorbergh	+0,51	31.92	1:07.77	Markus van Rest	+0,23	29.98	1:03.34
4.	DAW 2	DAW	4:51.96	<b>4:42.81</b>	+0,64			
	Jacqueline Schroer	+0,64	34.99	1:13.00	Esther Steltenpohl	+0,55	35.15	1:15.36
	Jeroen Kort	+0,31	31.97	1:07.99	Jeroen Vogelsang	+0,35	30.97	1:06.46
5.	Den Doorn 1	Den Doorn	5:10.43	<b>5:14.15</b>	+0,84			
	Tommy Uilenberg	+0,84	32.11	1:05.69	Wouter van der Stelt	+0,36	32.65	1:09.06
	Ineke Branderhorst	+0,58	44.47	1:35.54	Antoinette Kant	+0,68	37.38	1:23.86
DIS	DES 1	DES	4:08.09	<b>AQ</b>	+0,73			
	<i>dis derde zwemmer</i>							
	Ilonka Hesseling	+0,73	34.05	1:11.01	Tyrick de Kort			
	Roshendra Vrolijk	+0,50	32.51	1:07.58	Jean Pierre Bisslik			

160+, Gemengd

1.	AZ&PC 1	AZ&PC	4:09.09	<b>4:18.91</b>	+0,87			
	Henriëtte v. Norden	+0,87	32.48	1:09.50	Lidia v. Bon-Rosenbrand	+0,28	30.98	1:07.33
	Ron Korzelius	+0,20	29.50	1:02.55	Edwin v. Norden	+0,14	27.53	59.53
2.	Oceanus 1	Oceanus	4:27.00	<b>4:27.95</b>				
	Ronald Grove		30.60	1:03.60	Annette de Visser		33.14	1:09.83
	Margriet Grove-Lingeman		34.13	1:13.65	Arjan Bellaart	+0,37	29.05	1:00.87
3.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	5:03.21	<b>4:59.73</b>	+0,86			
	Pia van der Molen	+0,86	36.40	1:18.29	Jannie Vennik	+0,40	39.33	1:21.42
	Pieter Ponne	+0,53	34.58	1:12.66	Gerard Eghuizen	+0,51	31.34	1:07.36

200+, Heren

1.	WWV 1	WWV	4:40.00	<b>4:39.11</b>	+0,81			
	Laurens Klein Breteler	+0,81	33.70	1:13.63	Robert Vink	+0,32	30.22	1:04.42
	Theo Schouten	+0,49	35.92	1:17.50	Kees-Jan van Overbeeke	+0,46	30.15	1:03.56
2.	PSV 1	PSV	4:52.29	<b>4:52.96</b>				
	Nico Buurman	64	36.65	1:16.15	Rob Penninks	60	32.32	1:08.58
	Frank Zwijnenberg	54	38.13	1:19.44	Marc Wouters	65	32.81	1:08.79

Programmanr. 38, 4 x 100m vrije slag

200+, Gemengd

1.	CNSW 2	CNSW	4:14.00		<b>4:17.95</b>		+0,82
	Jean-Marie Cadiat	+0,82	30.30	1:05.21	Lionel Godeaux	+0,38	28.14 1:01.41
	Colette Crabbe	+0,23	32.35	1:08.95	Nathalie Blondeel	+0,22	29.50 1:02.38
2.	PSV 3	PSV	4:34.47		<b>4:32.90</b>		+0,46
	<i>Nederlands Masters Record</i>						
	Annetje Dieleman	+0,46	34.43	1:12.29	Joop Ariaens	+0,44	31.32 1:06.30
	Katrin Pennings	+0,42	32.12	1:08.04	Brend Brevé	+0,50	31.90 1:06.27

240+, Dames

1.	Old Dutch 1	Old Dutch	7:30.91		<b>8:07.45</b>		+0,82
	Karien Musters	+0,82	48.29	1:46.34	Matty van der Veen	+0,55	49.39 1:45.53
	Tineke de Bueger	+0,42	1:11.43	2:31.30	Mies Kuipers	+0,76	1:02.40 2:04.28

240+, Gemengd

1.	ZVVS 1	ZVVS	5:07.97		<b>5:00.37</b>		+0,83
	<i>Nederlands Masters Record</i>						
	Ada de Voogd	+0,83	35.87	1:14.66	Willem Putter	+0,33	36.58 1:18.19
	Emiel van Elderen	+0,70	35.33	1:14.50	Conny Boer-Buys	+0,45	34.68 1:13.02

320+, Gemengd

1.	PSV 2	PSV	7:29.65		<b>8:07.20</b>		+1,31
	<i>Europees Masters Record</i>						
	Bob Berg	+1,31	47.54	1:42.85	Cor Sprengers	+0,58	46.38 1:45.99
	Marianne Maandonks	+0,76	1:13.80	3:03.18	Lottie Geurts	+0,78	46.23 1:35.18

BM	SPONS 1	SPONS	NT		<b>5:05.60</b>		+0,95
	Kelly van de Weijdeven	+0,95	41.56	1:28.20	Linde Rustenburg	+0,47	34.95 1:12.72
	Saïssa Hornsma	+0,36	36.36	1:16.03	Mandy van Wakeren	+0,40	32.26 1:08.65

Programmanr. 39  
05-05-2013 - 14:29

Heren, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
<b>Masters 20+</b>								
1.	Dennis Wijbenga	Stadskanaal	2:22.37 199003283	<b>2:31.83</b>	+0,81	33.38	1:12.44	1:51.94 2:31.83
	<i>Nederlands Masters Record</i>							
2.	Rian Visser	DAW	2:35.64 199007141	<b>2:36.60</b>	+0,69	33.38	1:13.12	1:55.32 2:36.60
3.	Bram Becks	HZPC	2:43.07 199303701	<b>2:47.71</b>	+0,68	36.24	1:18.37	2:02.73 2:47.71
4.	Patrick Janssen	HZPC	2:47.10 199302009	<b>2:50.92</b>	+0,74	36.51	1:19.15	2:03.95 2:50.92
5.	Sander Boidin	Scheldestroom	2:56.34 199200111	<b>2:56.81</b>	+0,72	37.06	1:21.46	2:09.21 2:56.81
6.	Rens Post	WVZ	2:50.09 199101827	<b>3:03.25</b>	+0,70	40.07	1:27.03	2:14.42 3:03.25
7.	Mark Huijsman	De Lansingh	2:48.70 199001305	<b>3:05.88</b>	+0,74	40.02	1:27.69	2:17.58 3:05.88
8.	D. van den Wildenberg	Eurode KZC	3:06.94 199206491	<b>3:17.53</b>	+0,73	42.84	1:32.59	2:25.77 3:17.53
<b>Masters 25+</b>								
1.	Albert van Piekeren	Octopus	2:30.06 198401767	<b>2:37.86</b>	+0,79	34.94	1:14.00	1:54.20 2:37.86
2.	Ralf van der Poel	Zuiderzeewimmers	2:40.53 198401783	<b>2:43.20</b>	+0,72	35.54	1:16.80	1:59.31 2:43.20
3.	Remko Hooft	De Duinkickers	2:36.55 198701405	<b>2:44.11</b>	+0,71	37.09	1:19.33	2:01.65 2:44.11
4.	Stefan van der Griff	Octopus	2:42.90 198701121	<b>2:45.36</b>	+0,80	37.17	1:19.46	2:02.31 2:45.36
5.	Elmar Steenhof	ZVW'74	2:56.32 198502481	<b>2:58.66</b>	+0,85	40.37	1:25.91	2:12.08 2:58.66
6.	Wesley Determann	De Amer	3:34.02 198806107	<b>3:28.38</b>	+0,96	46.58	1:40.43	2:35.57 3:28.38
AFGEM	Roderik Meijers	ZOB'66	2:42.90 198602063					

Programmanr. 39, Heren, 200m schoolslag

Masters 30+

1. Richard Claus	Swimteam Helden-Mosa	(S2:35.14 198000265	<b>2:37.75</b>	+0,73	35.13	1:15.96	1:56.83	2:37.75
2. Simon van Ravesteijn	Zoetermeer	2:54.30 198002263	<b>2:42.41</b>	+0,79	35.49	1:16.74	1:58.78	2:42.41
3. Freddie Geerlings	HGN (SG)	2:41.96 197900379	<b>2:49.29</b>	+0,92	39.68	1:22.45	2:06.45	2:49.29
4. Arjan Buijsse	Sassenheim	2:45.10 197901767	<b>2:52.21</b>	+0,81	38.23	1:22.05	2:06.64	2:52.21
5. Mark Brinkhuis	Hera'11	3:13.08 198302609	<b>3:04.15</b>	+0,84	41.40	1:28.96	2:16.36	3:04.15

Masters 35+

1. Vincent Versteeg	Zwemlust-den Hommel	2:46.40 197701003	<b>2:42.89</b>	+0,73	34.94	1:16.89	2:00.11	2:42.89
2. Ron Langelaan	DAW	2:41.05 197800643	<b>2:51.88</b>	+0,68	36.58	1:20.41	2:05.06	2:51.88
3. Juris Plotnieks	ASV Wuppertal	2:50.19 156240	<b>2:58.28</b>	+0,70	40.12	1:24.79	2:11.46	2:58.28

Masters 40+

1. Dirk Medland <i>BMR</i>	Genker ZV Neptunus	2:43.80 GZVN/999/69	<b>2:47.12</b>	+0,70	36.70	1:18.92	2:01.99	2:47.12
2. René Beetsma	HZ&PC Heerenveen	2:46.63 196900069	<b>3:00.66</b>	+0,79	39.56	1:25.33	2:12.98	3:00.66
3. Hans Schoenmakers	DAW	2:52.72 196900863	<b>3:01.62</b>	+0,79	38.51	1:26.08	2:13.43	3:01.62
4. Didzis Zeidaks	Riga Kipsala SC	3:04.97 1969ZEID	<b>3:02.60</b>	+0,81	41.80	1:29.44	2:17.13	3:02.60

Masters 45+

1. Dieter Späker <i>Kampioenschaps Record</i>	SV Gladbeck 13	2:39.41 93798	<b>2:44.95</b>	+0,81	37.96	1:20.36	2:02.57	2:44.95
2. Patrick Juncker	Swimming Luxembourg	2:46.63 136	<b>2:48.65</b>	+0,80	38.10	1:21.62	2:04.68	2:48.65
3. Harold Matla	PSV	2:47.72 196800591	<b>2:51.87</b>	+0,88	38.69	1:23.04	2:08.39	2:51.87
4. Bernd Bienek	SV Gladbeck 13	2:52.28 278658	<b>2:56.70</b>	+0,89	38.25	1:22.83	2:10.09	2:56.70
5. Peter Fölker	Aqua-Novio'94	3:05.76 196401021	<b>3:08.76</b>	+0,76	41.99	1:29.23	2:18.70	3:08.76
6. Eric Verboven	Club Nautique Croix	3:07.81 732659	<b>3:08.84</b>	+0,99	43.40	1:33.37	2:21.64	3:08.84
7. Joop Weenink	WS Twente	3:03.00 196801535	<b>3:10.84</b>	+1,03	42.24	1:31.11	2:20.44	3:10.84
8. Theo Bakker	TriVia	2:56.70 196401231	<b>3:13.53</b>	+0,75	40.57	1:28.97	2:22.03	3:13.53
9. Marcel van der Lem	Ed-Vo	3:00.89 196500563	<b>3:13.93</b>	+0,84	43.03	1:31.85	2:21.99	3:13.93
10. Henk van Zetten	Octopus	3:39.23 196701261	<b>3:32.50</b>	+0,89	47.10	1:41.38	2:36.80	3:32.50
11. Marco Schoenmakers	ZVVS	3:59.37 196401375	<b>3:55.44</b>	+1,05	50.04	1:49.96	2:53.50	3:55.44

Masters 50+

1. Edwin v. Norden <i>Nederlands Masters Record</i>	AZ&PC	2:50.03 196300563	<b>2:47.29</b>	+0,71	37.88	1:19.71	2:03.22	2:47.29
2. Cees van Houwelingen	De Schelde	2:40.62 196300351	<b>2:52.29</b>	+0,86	38.95	1:22.98	2:08.05	2:52.29
3. Jo Rogiers <i>BMR</i>	RSCM	2:43.10 RSCM/194/63	<b>2:54.19</b>	+0,82	38.65	1:23.00	2:08.60	2:54.19
4. Ronald Grove	Oceanus	3:03.87 196100161	<b>3:03.62</b>	+0,78	41.12	1:27.99	2:16.01	3:03.62
5. Ron Phaff	PSV	3:04.31 196200495	<b>3:03.91</b>	+0,90	39.53	1:27.00	2:14.39	3:03.91
6. Ralph Caster	RZ	2:54.46 196100069	<b>3:08.47</b>	+0,81	39.41	1:26.67	2:17.01	3:08.47
7. Johan Vandewalle	Zwemclub Iloka Kapellen	3:02.56 ZIK/154/60	<b>3:12.48</b>	+0,96	42.35	1:31.25	2:21.39	3:12.48
8. Jack Barends	WS Twente	3:13.29 196201011	<b>3:17.60</b>	+0,87	44.35	1:34.90	2:26.72	3:17.60
9. Michiel Klaren	PSV	3:25.26 196201087	<b>3:19.22</b>	+0,82	45.14	1:36.62	2:29.46	3:19.22

Masters 55+

1. Peter Kauch	SV Gladbeck 13	2:45.61 73094	<b>2:49.03</b>	+0,80	37.52	1:20.56	2:04.33	2:49.03
2. Wolfgang Grenzing	SG Mönchengladbach	3:12.26 275182	<b>3:08.36</b>	+0,94	43.36	1:32.04	2:21.70	3:08.36
3. Bart van Doesburg	PSV	3:24.53 195600463	<b>3:19.34</b>	+0,78	46.18	1:37.97	2:30.07	3:19.34
4. Laurens klein Breteler	WWV	3:27.20 195400109	<b>3:20.20</b>	+0,83	43.34	1:35.49	2:29.35	3:20.20
5. Viktors Komarovs	Riga Kipsala SC	3:19.88 1958KOMA	<b>3:20.43</b>	+0,89	46.68	1:38.41	2:28.91	3:20.43
DIS Harry Paas	ZVVS	3:29.15 195800689						SK
NG.ZA Kai Andersen	MOSS SK	3:39.28 M240457KAI1						
AFGEM Vincent de Keijzer	PLONS	3:15.50 195800207						

Programmanr. 39, Heren, 200m schoolslag

Masters 60+

1. Georg Dombrowski	SV Gladbeck 13	3:20.24	217978	<b>3:18.21</b>	+0,74	44.57	1:36.08	2:28.52	3:18.21
2. Günter Uhlich	SV Gladbeck 13	3:18.76	206688	<b>3:19.93</b>	+0,96	44.37	1:36.58	2:28.48	3:19.93
DIS Jean-Marie Cadiat	CNSW	2:50.86	CNSW/557/53						

SR - Made more than one butterfly kick after start or turn

Masters 65+

1. Donald Uijtenbogaart	Het Y	3:13.89	194700107	<b>3:14.29</b>	+0,86	43.53	1:33.19	2:22.77	3:14.29
<i>Kampioenschaps Record</i>									
2. Harry Smits	ZC'90	3:27.09	194800163	<b>3:30.33</b>	+1,03	46.86	1:40.79	2:35.60	3:30.33
3. Ruud Sloof	De Rijn	3:41.48	194400073	<b>3:45.11</b>	+1,04	50.83	1:48.49	2:48.15	3:45.11
4. Peter Ouweneel	RSW (SG)	4:14.45	194500077	<b>4:23.68</b>	+1,16	1:00.10	2:07.85	3:15.71	4:23.68
NG.ZA Sümeghy László	Budapesti Delfinek	3:56.70	20049						

Masters 70+

1. Rob Hanou	PSV	3:19.69	194300109	<b>3:25.99</b>	+1,02	45.61	1:38.42	2:34.23	3:25.99
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*Nederlands Masters Record*

Masters 80+

1. Georges Verhelst	AZSC	4:28.37	AZSC/952/31	<b>4:53.00</b>	+1,10	1:09.41	2:26.82	3:41.67	4:53.00
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Programmanr. 40  
05-05-2013 - 14:57

Dames, 200m schoolslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
<b>Masters 20+</b>									
1. Nina Ferreira	WVZ	2:51.02	198901196	<b>2:55.37</b>	+0,84	38.85	1:23.56	2:09.02	2:55.37
2. Erika Aan het Rot	Octopus	2:48.94	199000010	<b>2:55.92</b>	+0,79	37.87	1:21.91	2:08.05	2:55.92
3. Anne Duijst	De Amer	2:57.21	198901030	<b>3:03.76</b>	+0,82	41.12	1:27.26	2:14.76	3:03.76
4. Karin Verbeek	Nautilus	3:03.86	199201848	<b>3:05.74</b>	+0,71	42.31	1:30.97	2:18.74	3:05.74
5. Maaïke de Boer	De Duinkickers	2:56.29	199000362	<b>3:06.64</b>	+0,77	42.19	1:29.81	2:17.50	3:06.64
6. Zarife Gela	D'Elfth WAVE (SG)	3:03.67	199200584	<b>3:09.63</b>	+0,67	41.49	1:29.61	2:19.09	3:09.63
7. Nicky Vanhijfte	Scheldestroom	3:14.26	199201806	<b>3:18.06</b>	+0,80	43.38	1:32.93	2:23.97	3:18.06
8. Danielle Scheepers	Njord	3:14.26	199005428	<b>3:20.21</b>	+0,79	44.27	1:34.80	2:27.40	3:20.21
9. Jacqueline Schroer	DAW	3:22.52	199108490	<b>3:21.67</b>	+0,63	45.37	1:37.61	2:29.82	3:21.67
<b>Masters 25+</b>									
1. Karin van Dijk	HZ&PC Heerenveen	2:47.81	198600850	<b>2:54.74</b>	+0,79	39.09	1:23.15	2:09.17	2:54.74
2. Marlijn Hendriksen	Arethusa	2:59.92	198806828	<b>2:55.89</b>	+0,76	40.04	1:24.54	2:10.43	2:55.89
3. Aniek Huijsman	De Lansingh	2:59.38	198801932	<b>3:04.02</b>	+0,73	40.26	1:26.79	2:14.67	3:04.02
4. Margot Stenveld	SBC2000	2:53.36	198804170	<b>3:09.55</b>	+0,74	43.87	1:32.15	2:20.89	3:09.55
5. Pauline Tieleman	De Geul	3:03.80	198403348	<b>3:11.04</b>	+0,74	43.23	1:31.48	2:21.18	3:11.04
6. Milja Breed	Torpedo	3:07.88	198800594	<b>3:15.23</b>	+0,83	42.56	1:32.12	2:22.96	3:15.23
7. Annette Vogelsang	ZV De Bron	3:13.55	198402632	<b>3:21.58</b>	+0,88	45.58	1:36.37	2:29.94	3:21.58
8. Marlies Jehoel-van As	PSV	3:11.16	198500074	<b>3:21.63</b>	+0,69	45.77	1:36.92	2:29.36	3:21.63
9. Margriet Aan het Rot	Octopus	3:24.73	198603088	<b>3:27.71</b>	+0,87	46.09	1:38.30	2:33.01	3:27.71
10. Anne van der Jagt	PSV	4:02.49	198706100	<b>3:52.30</b>	+0,77	52.52	1:52.25	2:52.58	3:52.30
<b>Masters 30+</b>									
1. Stefanie Brunckhorst	SV Blau-Weiss Bochum	2:58.52	126939	<b>2:54.89</b>	+0,70	39.97	1:23.75	2:09.08	2:54.89
2. Yvette Roozen	DWT	3:12.05	198000926	<b>3:14.65</b>	+0,81	44.36	1:34.87	2:24.57	3:14.65
3. Kristel Lips	ZV De Bron	3:12.90	197900562	<b>3:22.92</b>	+0,98	44.98	1:36.11	2:28.40	3:22.92



Programmanr. 40, Dames, 200m schoolslag

Masters 35+

1. Nadège van Meeteren	De Meer	3:05.97	197400736	<b>3:06.98</b>	+0,83	42.20	1:30.03	2:18.34	3:06.98
2. C. Kettenmeyer-Reuland	Cercle de Natation Diekirch	3:13.04	2017	<b>3:12.34</b>	+0,87	43.43	1:31.88	2:21.70	3:12.34
3. Miranda Straetemans	Zignea	3:22.57	197400514	<b>3:15.26</b>	+0,82	43.12	1:32.49	2:23.48	3:15.26
4. Evelien Meeuwissen	Sassenheim	3:12.71	197500360	<b>3:18.69</b>	+0,81	44.05	1:34.13	2:27.05	3:18.69
5. Erika Schellens	Zwemclub Iloka Kapellen	3:20.94	ZIK/162/76	<b>3:20.69</b>	+0,75	44.81	1:35.52	2:27.86	3:20.69
6. Marian Nederlof	DWF	3:19.86	197600950	<b>3:24.09</b>	+0,80	46.47	1:38.78	2:31.45	3:24.09
7. Paula 't Hart-Buitelaar	ZVVS	4:09.93	197701132	<b>4:01.89</b>	+0,89	53.20	1:56.35	2:59.42	4:01.89

Masters 40+

1. Karin Stein	ZVVS	2:57.80	197100554	<b>3:01.73</b>	+0,83	41.61	1:29.12	2:15.90	3:01.73
2. Trudy Ketting	PSV	3:01.28	197000268	<b>3:09.35</b>	+0,78	43.19	1:31.93	2:20.99	3:09.35
3. Dorette Vogels	PSV	3:15.93	197000938	<b>3:14.91</b>	+0,93	45.26	1:35.23	2:25.97	3:14.91
4. Annetje Dieleman	PSV	3:13.25	197100130	<b>3:15.13</b>	+0,45	44.19	1:34.58	2:25.66	3:15.13
5. Iris van Aurich	DWK	3:20.68	196900866	<b>3:23.07</b>	+0,95	45.21	1:36.80	2:30.09	3:23.07
6. Pascalle Neiss-Janssen	De Roersoppers	3:23.89	197300852	<b>3:25.02</b>	+0,88	45.29	1:37.86	2:31.40	3:25.02
7. Simone van Lent	Njord	3:28.46	196900950	<b>3:26.45</b>	+0,99	46.91	1:40.26	2:34.95	3:26.45
8. Esther Mijnen	ZV De Zaan	3:19.77	196900846	<b>3:26.99</b>	+0,90	46.13	1:38.57	2:33.22	3:26.99
9. Annet Kootstra	Swol 1894	3:32.83	197100344	<b>3:31.49</b>	+0,95	48.91	1:43.08	2:37.74	3:31.49
10. Irna van der Molen	WS Twente	3:33.34	196900938	<b>3:36.56</b>	+0,77	48.90	1:45.18	2:41.23	3:36.56

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	3:07.76	196700528	<b>3:06.95</b>	+0,79	42.59	1:30.13	2:18.78	3:06.95
2. Bridget Bewick	Maidenhead ASC	3:08.52	462298	<b>3:11.93</b>	+0,96	43.54	1:31.35	2:21.36	3:11.93
3. Desiree van der Lem	Ed-Vo	3:10.11	196800282	<b>3:21.60</b>	+0,93	44.80	1:35.96	2:28.89	3:21.60
4. Karin van den Heuvel	Old Dutch	3:27.30	196600188	<b>3:28.40</b>	+0,94	48.33	1:41.23	2:35.51	3:28.40
5. Ingeborg Stokx	DAW	3:57.23	196700666	<b>3:57.26</b>	+0,67	53.24	1:55.27	2:58.18	3:57.26
6. Els De Keyzer	MZVA	3:51.23	MZVA/052/65	<b>4:05.94</b>	+0,95	52.52	1:51.98	2:58.32	4:05.94

Masters 50+

1. Marja Bloemzaad	AZ&PC	3:02.56	196100014	<b>3:04.80</b>	+0,77	40.89	1:27.27	2:15.94	3:04.80
<i>Kampioenschaps Record</i>									
2. Annemarie Vuist	Swol 1894	3:20.24	196300282	<b>3:15.91</b>	+0,99	45.56	1:35.73	2:25.93	3:15.91
3. Petra Tossings	DAW	3:38.80	196100376	<b>3:31.97</b>	+0,81	47.93	1:42.08	2:37.49	3:31.97
4. Marijke Kraak-Beckers	WS Twente	3:40.71	196000240	<b>3:40.41</b>	+1,01	49.37	1:46.38	2:42.95	3:40.41
5. Herlinde Segers	Groot Beverse Zwemclub	3:49.22	GBZ/151/60	<b>3:44.98</b>	+1,02	51.42	1:48.64	2:46.97	3:44.98
6. Marie-Paule Waterval	Les Dauphins Visétois	3:44.00	B8817C142	<b>3:50.52</b>	+0,91	56.14	1:56.56	2:54.49	3:50.52
7. Marjan Spoelstra	Swol 1894	3:51.00	196000236	<b>3:51.86</b>	+0,90	54.94	1:53.83	2:53.95	3:51.86
8. Jacqueline Brouwer	ZV De Bron	4:02.13	196100296	<b>4:25.03</b>	+0,95	58.98	2:07.29	3:17.31	4:25.03

Masters 55+

1. Colette Crabbe	CNSW	3:07.07	CNSW/559/56	<b>3:08.88</b>	+0,82	42.99	1:31.55	2:20.22	3:08.88
<i>Kampioenschaps Record</i>									
2. Marijke van Hoek	De Zeeuwse Kust (SG)	3:31.68	195800050	<b>3:33.22</b>	+0,79	47.73	1:42.55	2:38.08	3:33.22
3. Elly Kiestra-Broertjes	Zignea	3:53.28	195600100	<b>4:00.34</b>	+0,98	54.24	1:55.32	2:58.63	4:00.34
4. Dorry Elshout	PSV	4:16.69	195700180	<b>4:05.09</b>	+1,00	56.51	1:58.85	3:02.70	4:05.09
5. Mies Kuipers	Old Dutch	4:18.20	195800202	<b>4:25.03</b>	+0,90	1:02.96	2:11.64	3:19.78	4:25.03

Masters 60+

1. Gonnje Bak	PSV	4:00.37	195100064	<b>3:59.46</b>	+0,94	55.65	1:57.85	2:59.19	3:59.46
2. Geerdien Meerwaldt	Van Vliet-Barracuda	4:50.43	195200058	<b>4:41.45</b>	+1,11	1:03.04	2:13.83	3:28.38	4:41.45

Masters 65+

1. Matty van der Veen	Old Dutch	4:07.82	194400020	<b>4:22.69</b>	+1,12	1:01.35	2:08.52	3:15.98	4:22.69
2. Loekie v. Huissteden	AZ&PC	4:20.21	194500002	<b>4:24.64</b>	+0,92	1:00.31	2:08.56	3:17.96	4:24.64

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Masters 70+

1. Liesbeth ter Laak PSV 5:17.47 194200008 **5:25.63** +1,49 1:14.66 2:38.04 4:02.46 5:25.63

Masters 75+

1. Lea Maes Groot Beverse Zwemclub 5:09.17 GBZ/041/37 **5:06.18** +1,14 1:10.81 2:29.73 3:49.32 5:06.18  
2. Tineke de Bueger Old Dutch 4:44.16 193700010 **5:14.28** +1,13 1:12.09 2:33.78 3:55.09 5:14.28

Masters 80+

1. Agnes Van Obberghen AZSC 4:05.52 AZSC/491/31 **4:12.82** +0,97 55.06 2:00.16 3:05.58 4:12.82  
2. Anneke Logtenberg OZ&PC 5:51.12 192900004 **6:31.20** +1,09 1:28.26 3:14.34 4:55.15 6:31.20

Masters 85+

1. Marianne Maandonks PSV 6:51.94 192600004 **7:24.88** +1,17 1:45.21 3:38.37 5:36.16 7:24.88

Programmanr. 41  
05-05-2013 - 15:29

Heren, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Emile Manni <i>Nederlands Masters Record</i>	Octopus	5:00.57	199001901	<b>4:58.02</b>	+0,62
	50m: 28.62 28.62 100m: 1:03.35 34.73	150m: 1:41.91 38.56 200m: 2:20.91 39.00	250m: 3:03.73 42.82 300m: 3:47.76 44.03	350m: 4:22.14 34.38 400m: 4:58.02 35.88		
2.	Jan-Willem v.d. Graaff	Het Y	4:50.06	198901023	<b>5:03.10</b>	+0,71
	50m: 31.12 31.12 100m: 1:07.50 36.38	150m: 1:47.72 40.22 200m: 2:25.40 37.68	250m: 3:12.00 46.60 300m: 3:57.36 45.36	350m: 4:32.17 34.81 400m: 5:03.10 30.93		
3.	Dennis Wijbenga	Stadskanaal	4:43.65	199003283	<b>5:03.73</b>	+0,83
	50m: 31.90 31.90 100m: 1:11.36 39.46	150m: 1:52.52 41.16 200m: 2:31.83 39.31	250m: 3:12.29 40.46 300m: 3:53.53 41.24	350m: 4:30.33 36.80 400m: 5:03.73 33.40		
4.	Tim Bunnik	Triton	4:55.32	199000505	<b>5:10.31</b>	+0,80
	50m: 30.77 30.77 100m: 1:08.98 38.21	150m: 1:48.90 39.92 200m: 2:29.80 40.90	250m: 3:16.03 46.23 300m: 4:02.16 46.13	350m: 4:35.96 33.80 400m: 5:10.31 34.35		
5.	Maik Steenkamp	Montferland	5:05.16	199103847	<b>5:25.70</b>	+0,68
	50m: 32.21 32.21 100m: 1:12.07 39.86	150m: 1:55.25 43.18 200m: 2:38.44 43.19	250m: 3:23.63 45.19 300m: 4:10.30 46.67	350m: 4:48.33 38.03 400m: 5:25.70 37.37		
<b>Masters 25+</b>						
1.	Ralf van der Poel	Zuiderzeezwemmers	5:10.04	198401783	<b>5:15.48</b>	+0,69
	50m: 33.26 33.26 100m: 1:14.08 40.82	150m: 1:57.43 43.35 200m: 2:38.95 41.52	250m: 3:21.39 42.44 300m: 4:04.57 43.18	350m: 4:40.73 36.16 400m: 5:15.48 34.75		
2.	Thommy Nickel	Van Vliet-Barracuda	5:25.48	198401627	<b>5:26.18</b>	+0,76
	50m: 32.90 32.90 100m: 1:14.11 41.21	150m: 1:54.85 40.74 200m: 2:35.90 41.05	250m: 3:22.42 46.52 300m: 4:10.19 47.77	350m: 4:48.55 38.36 400m: 5:26.18 37.63		
3.	Niels Albrechts	De Schotejil	5:34.62	198800039	<b>5:50.72</b>	+0,86
	50m: 35.75 35.75 100m: 1:20.39 44.64	150m: 2:04.66 44.27 200m: 2:47.49 42.83	250m: 3:44.01 56.52 300m: 4:40.71 56.70	350m: 5:16.54 35.83 400m: 5:50.72 34.18		
4.	Robin Dellaert	Scheldestroom	5:56.66	198800745	<b>5:52.11</b>	+0,81
	50m: 33.52 33.52 100m: 1:15.40 41.88	150m: 2:02.56 47.16 200m: 2:47.86 45.30	250m: 3:40.22 52.36 300m: 4:32.12 51.90	350m: 5:13.05 40.93 400m: 5:52.11 39.06		
AFGEM	Christiaan Fusers	De Roersoppers	5:03.54	198700977		

Programmanr. 41, Heren, 400m wisselslag

Masters 30+

1.	Kristiaan Lenos	LZ 1886	4:54.00	198301331	<b>5:09.91</b>	+0,78
	50m: 30.24	30.24	150m: 1:48.08	40.96	250m: 3:13.37	44.70
	100m: 1:07.12	36.88	200m: 2:28.67	40.59	300m: 3:58.79	45.42
					350m: 4:35.74	36.95
					400m: 5:09.91	34.17
2.	Alexander Hulleman	Steenwijk 1934	5:02.92	198300989	<b>5:22.07</b>	+0,76
	50m: 31.94	31.94	150m: 1:53.57	43.30	250m: 3:22.11	45.76
	100m: 1:10.27	38.33	200m: 2:36.35	42.78	300m: 4:10.38	48.27
					350m: 4:46.60	36.22
					400m: 5:22.07	35.47
3.	Freddie Geerlings	HGN (SG)	5:29.35	197900379	<b>5:30.41</b>	+0,85
	50m: 33.41	33.41	150m: 2:00.88	44.29	250m: 3:28.58	44.04
	100m: 1:16.59	43.18	200m: 2:44.54	43.66	300m: 4:13.40	44.82
					350m: 4:52.12	38.72
					400m: 5:30.41	38.29
4.	Jeroen Vogelsang	DAW	5:47.16	198001645	<b>5:51.92</b>	+0,89
	50m: 35.49	35.49	150m: 2:11.37	51.50	250m: 3:48.51	47.60
	100m: 1:19.87	44.38	200m: 3:00.91	49.54	300m: 4:37.58	49.07
					350m: 5:15.18	37.60
					400m: 5:51.92	36.74

Masters 35+

1.	Egbert Stolk	D'Eft WAVE (SG)	4:54.14	197600889	<b>5:07.55</b>	+0,76
	<i>Kampioenschaps Record</i>					
	50m: 31.98	31.98	150m: 1:51.01	40.99	250m: 3:14.10	44.26
	100m: 1:10.02	38.04	200m: 2:29.84	38.83	300m: 3:57.86	43.76
					350m: 4:33.46	35.60
					400m: 5:07.55	34.09
2.	Dennis Brouwers	HZPC	5:05.73	197800167	<b>5:11.26</b>	+0,85
	50m: 34.81	34.81	150m: 1:53.97	37.58	250m: 3:16.08	45.61
	100m: 1:16.39	41.58	200m: 2:30.47	36.50	300m: 4:01.86	45.78
					350m: 4:36.54	34.68
					400m: 5:11.26	34.72
3.	Gerard Eghuizen	HZ&PC Heerenveen	5:51.13	197400197	<b>6:05.86</b>	+0,92
	50m: 36.96	36.96	150m: 2:09.55	44.98	250m: 3:47.38	53.96
	100m: 1:24.57	47.61	200m: 2:53.42	43.87	300m: 4:42.79	55.41
					350m: 5:24.70	41.91
					400m: 6:05.86	41.16
4.	Erwin Zuidervelt	De Futen	5:43.52	197501015	<b>6:09.67</b>	* +0,80
	50m: 34.52	34.52	150m: 2:08.52	47.83	250m: 3:48.72	52.82
	100m: 1:20.69	46.17	200m: 2:55.90	47.38	300m: 4:44.31	55.59
					350m: 5:26.91	42.60
					400m: 6:09.67	42.76

Masters 40+

1.	Janis Plotnieks	Riga Kipsala SC	5:33.73	1971PLOT	<b>5:24.37</b>	+0,96
	<i>LMK</i>					
	50m: 33.07	33.07	150m: 1:53.12	40.39	250m: 3:19.57	45.54
	100m: 1:12.73	39.66	200m: 2:34.03	40.91	300m: 4:07.13	47.56
					350m: 4:46.06	38.93
					400m: 5:24.37	38.31
2.	Arjan Bellaart	Oceanus	5:23.60	196900079	<b>5:42.01</b>	+0,77
	50m: 32.99	32.99	150m: 1:58.22	44.31	250m: 3:32.18	50.75
	100m: 1:13.91	40.92	200m: 2:41.43	43.21	300m: 4:24.82	52.64
					350m: 5:04.02	39.20
					400m: 5:42.01	37.99
3.	Kasper van den Berghe	Swol 1894	6:14.07	197301125	<b>6:05.52</b>	+0,89
	50m: 37.00	37.00	150m: 2:08.10	45.81	250m: 3:47.62	53.95
	100m: 1:22.29	45.29	200m: 2:53.67	45.57	300m: 4:40.71	53.09
					350m: 5:23.56	42.85
					400m: 6:05.52	41.96
NG	Oliver Podebrad	SC Wiesbaden 1911 e.V.	6:03.14	262705		

Masters 45+

1.	Dieter Späker	SV Gladbeck 13	5:14.72	93798	<b>5:36.13</b>	+0,84
	50m: 33.48	33.48	150m: 2:01.92	48.00	250m: 3:32.90	45.20
	100m: 1:13.92	40.44	200m: 2:47.70	45.78	300m: 4:17.61	44.71
					350m: 4:57.84	40.23
					400m: 5:36.13	38.29
2.	Konstantin Sklyar	TG Lage	5:54.93	321129	<b>5:50.03</b>	+0,77
	50m: 35.06	35.06	150m: 2:06.63	49.34	250m: 3:43.02	49.81
	100m: 1:17.29	42.23	200m: 2:53.21	46.58	300m: 4:33.40	50.38
					350m: 5:12.47	39.07
					400m: 5:50.03	37.56
3.	Ron Korzelius	AZ&PC	5:46.80	196500513	<b>5:51.66</b>	+0,92
	50m: 35.77	35.77	150m: 2:09.47	46.92	250m: 3:45.24	52.41
	100m: 1:22.55	46.78	200m: 2:52.83	43.36	300m: 4:37.17	51.93
					350m: 5:15.22	38.05
					400m: 5:51.66	36.44

Masters 50+

1.	Jan Brink	De Zeeuwse Kust (SG)	5:25.16	196200091	<b>5:43.11</b>	+0,85
	50m: 36.91	36.91	150m: 2:06.02	43.31	250m: 3:37.50	49.29
	100m: 1:22.71	45.80	200m: 2:48.21	42.19	300m: 4:26.08	48.58
					350m: 5:05.61	39.53
					400m: 5:43.11	37.50
2.	Ronald Grove	Oceanus	5:52.93	196100161	<b>5:58.54</b>	+0,79
	50m: 36.67	36.67	150m: 2:12.44	49.84	250m: 3:49.63	49.46
	100m: 1:22.60	45.93	200m: 3:00.17	47.73	300m: 4:39.85	50.22
					350m: 5:19.26	39.41
					400m: 5:58.54	39.28

Programmanr. 41, Heren, 400m wisselslag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
3.	Paul van der Voort	De Zwoer	6:26.86	196200715	<b>6:34.00</b>	+1,11
	50m: 37.57	37.57	150m: 2:18.70	51.01	250m: 4:07.38	58.60
	100m: 1:27.69	50.12	200m: 3:08.78	50.08	350m: 5:49.92	41.84
					400m: 6:34.00	44.08
4.	Jan Willem Heuten	WS Twente	7:05.92	196000883	<b>6:55.62</b>	+0,96
	50m: 42.01	42.01	150m: 2:31.91	58.47	250m: 4:30.84	1:00.49
	100m: 1:33.44	51.43	200m: 3:30.35	58.44	350m: 6:12.89	43.62
					400m: 6:55.62	42.73

Masters 55+

1.	Bart van Doesburg	PSV	6:37.61	195600463	<b>6:39.90</b>	+0,79
	50m: 42.85	42.85	150m: 2:30.02	53.64	250m: 4:19.31	56.35
	100m: 1:36.38	53.53	200m: 3:22.96	52.94	300m: 5:13.90	54.59
					350m: 5:57.31	43.41
					400m: 6:39.90	42.59
2.	Paul Bunnik	Triton	6:30.60	195600413	<b>6:43.10</b>	+1,00
	50m: 40.91	40.91	150m: 2:28.29	56.61	250m: 4:18.92	57.62
	100m: 1:31.68	50.77	200m: 3:21.30	53.01	300m: 5:17.67	58.75
					350m: 6:01.75	44.08
					400m: 6:43.10	41.35
3.	Hans Groothelm	DBD	6:49.02	195800151	<b>6:43.39</b>	+0,72
	50m: 41.09	41.09	150m: 2:31.53	53.37	250m: 4:20.59	57.08
	100m: 1:38.16	57.07	200m: 3:23.51	51.98	300m: 5:18.19	57.60
					350m: 6:02.48	44.29
					400m: 6:43.39	40.91

Masters 60+

1.	Jan Tinholt	PSV	6:39.51	195000185	<b>6:59.43</b>	+1,06
	50m: 48.82	48.82	150m: 2:41.54	57.09	250m: 4:34.04	58.15
	100m: 1:44.45	55.63	200m: 3:35.89	54.35	300m: 5:32.11	58.07
					350m: 6:16.28	44.17
					400m: 6:59.43	43.15

Masters 65+

1.	Donald Uijtenbogaart <i>Nederlands Masters Record</i>	Het Y	6:18.10	194700107	<b>6:15.57</b>	+0,89
	50m: 40.52	40.52	150m: 2:19.41	51.59	250m: 4:02.60	52.35
	100m: 1:27.82	47.30	200m: 3:10.25	50.84	300m: 4:54.74	52.14
					350m: 5:36.11	41.37
					400m: 6:15.57	39.46

Masters 70+

1.	Rob Hanou <i>Kampioenschaps Record</i>	PSV	7:00.24	194300109	<b>7:16.23</b>	+1,05
	50m: 48.17	48.17	150m: 2:47.02	59.79	250m: 4:41.57	57.01
	100m: 1:47.23	59.06	200m: 3:44.56	57.54	300m: 5:39.68	58.11
					350m: 6:27.73	48.05
					400m: 7:16.23	48.50

Programmanr. 42  
05-05-2013 - 15:56

Dames, 400m wisselslag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Maaïke Vooren	DAW	5:48.25	199103324	<b>5:37.45</b>	+0,85
	50m: 34.87	34.87	150m: 2:04.65	46.76	250m: 3:36.26	46.14
	100m: 1:17.89	43.02	200m: 2:50.12	45.47	300m: 4:23.91	47.65
					350m: 5:00.56	36.65
					400m: 5:37.45	36.89
2.	Wendy de Bruin	ZOB'66	5:38.15	199206320	<b>5:51.54</b>	+0,68
	50m: 34.85	34.85	150m: 2:04.83	46.34	250m: 3:39.72	49.97
	100m: 1:18.49	43.64	200m: 2:49.75	44.92	300m: 4:30.69	50.97
					350m: 5:11.46	40.77
					400m: 5:51.54	40.08
3.	Cindy Hendriks	De Waalstroom	6:09.65	199207672	<b>6:07.79</b>	+0,75
	50m: 35.53	35.53	150m: 2:07.24	49.23	250m: 3:47.81	51.98
	100m: 1:18.01	42.48	200m: 2:55.83	48.59	300m: 4:41.71	53.90
					350m: 5:24.37	42.66
					400m: 6:07.79	43.42
4.	Esther Sprick	EZ&PC	6:15.16	199107930	<b>6:31.31</b>	+0,79
	50m: 38.95	38.95	150m: 2:18.55	50.00	250m: 4:06.42	59.92
	100m: 1:28.55	49.60	200m: 3:06.50	47.95	300m: 5:06.68	1:00.26
					350m: 5:49.75	43.07
					400m: 6:31.31	41.56
5.	Nicky Vanhijfte	Scheldestroom	6:15.21	199201806	<b>6:33.11</b>	+0,80
	50m: 40.10	40.10	150m: 2:22.18	52.26	250m: 4:05.27	53.20
	100m: 1:29.92	49.82	200m: 3:12.07	49.89	300m: 5:00.51	55.24
					350m: 5:46.58	46.07
					400m: 6:33.11	46.53



Programmanr. 42, Dames, 400m wisselslag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Claudia Creemers	De Roersoppers	6:53.94	199202864	<b>7:19.23</b>	+0,72		
	50m: 41.69	41.69	150m: 2:36.34	58.59	250m: 4:35.37	1:02.26	350m: 6:28.86	51.48
	100m: 1:37.75	56.06	200m: 3:33.11	56.77	300m: 5:37.38	1:02.01	400m: 7:19.23	50.37

Masters 25+

1.	Stephanie Rombout	PSV	5:28.80	198803696	<b>5:48.20</b>	+0,79		
	50m: 32.77	32.77	150m: 2:01.78	47.06	250m: 3:36.51	48.83	350m: 5:05.78	39.46
	100m: 1:14.72	41.95	200m: 2:47.68	45.90	300m: 4:26.32	49.81	400m: 5:48.20	42.42
2.	P. van der Wal-van Achteren	De Lansingh	5:40.28	198400020	<b>5:51.95</b>	+0,71		
	50m: 35.43	35.43	150m: 2:04.59	46.58	250m: 3:39.60	49.73	350m: 5:11.29	41.27
	100m: 1:18.01	42.58	200m: 2:49.87	45.28	300m: 4:30.02	50.42	400m: 5:51.95	40.66
3.	Linda Janssen	ZPB H&L Productions	5:45.18	198802088	<b>6:01.50</b>	+0,90		
	50m: 37.46	37.46	150m: 2:11.06	46.94	250m: 3:47.82	50.24	350m: 5:21.35	41.41
	100m: 1:24.12	46.66	200m: 2:57.58	46.52	300m: 4:39.94	52.12	400m: 6:01.50	40.15
4.	Milja Breed	Torpedo	5:58.07	198800594	<b>6:09.40</b>	+0,78		
	50m: 37.75	37.75	150m: 2:09.39	47.38	250m: 3:50.12	52.47	350m: 5:26.16	42.99
	100m: 1:22.01	44.26	200m: 2:57.65	48.26	300m: 4:43.17	53.05	400m: 6:09.40	43.24
5.	Nele Van Campfort	CNBA	6:17.02	CNBA/915/86	<b>6:12.96</b>	+0,77		
	50m: 40.76	40.76	150m: 2:15.34	47.50	250m: 3:53.58	52.52	350m: 5:30.60	43.84
	100m: 1:27.84	47.08	200m: 3:01.06	45.72	300m: 4:46.76	53.18	400m: 6:12.96	42.36
6.	Liset de Veer	Aqua-Novio'94	6:15.97	198704190	<b>6:15.32</b>	+0,85		
	50m: 37.47	37.47	150m: 2:09.74	47.28	250m: 3:52.77	55.87	350m: 5:32.66	42.80
	100m: 1:22.46	44.99	200m: 2:56.90	47.16	300m: 4:49.86	57.09	400m: 6:15.32	42.66
7.	Tamara Peelen	De Vrije Slag	6:14.82	198701406	<b>6:27.02</b>	+0,77		
	50m: 40.02	40.02	150m: 2:19.13	51.08	250m: 4:06.31	57.64	350m: 5:45.82	42.34
	100m: 1:28.05	48.03	200m: 3:08.67	49.54	300m: 5:03.48	57.17	400m: 6:27.02	41.20
8.	Annemarie Jakobs	EZ&PC	6:25.39	198601744	<b>6:32.08</b>	+0,93		
	50m: 39.38	39.38	150m: 2:24.28	54.38	250m: 4:11.28	54.85	350m: 5:52.31	44.43
	100m: 1:29.90	50.52	200m: 3:16.43	52.15	300m: 5:07.88	56.60	400m: 6:32.08	39.77

Masters 30+

1.	Nadya Putter	ZVVS	5:31.77	198301630	<b>5:43.25</b>	+0,72		
	50m: 34.57	34.57	150m: 1:57.76	43.65	250m: 3:30.45	49.52	350m: 5:03.03	41.42
	100m: 1:14.11	39.54	200m: 2:40.93	43.17	300m: 4:21.61	51.16	400m: 5:43.25	40.22
2.	Stephanie Vaernewyck	MEGA	5:53.04	MEGA/352/83	<b>5:44.11</b>	+0,84		
	50m: 35.92	35.92	150m: 2:03.02	44.81	250m: 3:36.09	49.22	350m: 5:05.87	39.82
	100m: 1:18.21	42.29	200m: 2:46.87	43.85	300m: 4:26.05	49.96	400m: 5:44.11	38.24
3.	Chiara Miglioli	CNSW	6:00.60	CNSW/524/82	<b>6:02.19</b>	+0,95		
	50m: 36.05	36.05	150m: 2:06.02	48.67	250m: 3:44.50	52.71	350m: 5:20.16	44.70
	100m: 1:17.35	41.30	200m: 2:51.79	45.77	300m: 4:35.46	50.96	400m: 6:02.19	42.03
4.	Linda Hoogendam	Zoetermeer	6:14.73	198300892	<b>6:22.31</b>	+0,75		
	50m: 38.76	38.76	150m: 2:16.15	48.59	250m: 4:01.41	57.43	350m: 5:42.75	41.53
	100m: 1:27.56	48.80	200m: 3:03.98	47.83	300m: 5:01.22	59.81	400m: 6:22.31	39.56
5.	Rianne van Vegchelen	Deltasteur	7:37.94	198101530	<b>7:43.35</b>	+1,16		
	50m: 53.03	53.03	150m: 3:00.40	1:03.67	250m: 5:02.08	1:02.46	350m: 6:53.83	48.30
	100m: 1:56.73	1:03.70	200m: 3:59.62	59.22	300m: 6:05.53	1:03.45	400m: 7:43.35	49.52
AFGEM	Roos van Esch	TRB-RES	5:40.52	198200468				

Masters 35+

1.	Liselotte Joling	PSV	5:53.61	197500268	<b>5:43.83</b>	+0,94		
	50m: 36.96	36.96	150m: 2:05.75	45.85	250m: 3:38.87	49.15	350m: 5:07.35	39.39
	100m: 1:19.90	42.94	200m: 2:49.72	43.97	300m: 4:27.96	49.09	400m: 5:43.83	36.48
2.	Aida Ponce Del Castillo	CNSW	6:11.05	CNSW/358/74	<b>5:48.08</b>	+0,90		
	50m: 36.74	36.74	150m: 2:03.60	44.68	250m: 3:38.92	51.12	350m: 5:10.55	39.15
	100m: 1:18.92	42.18	200m: 2:47.80	44.20	300m: 4:31.40	52.48	400m: 5:48.08	37.53
3.	Carole Kettenmeyer-Reuland	Cercle de Natation Diekirch	5:52.98	2017	<b>6:02.94</b>	+0,92		
	50m: 37.46	37.46	150m: 2:12.69	47.49	250m: 3:50.48	52.01	350m: 5:23.26	41.67
	100m: 1:25.20	47.74	200m: 2:58.47	45.78	300m: 4:41.59	51.11	400m: 6:02.94	39.68
4.	Jolanda van Gendt	PSV	6:07.59	197800266	<b>6:19.27</b>	+0,83		
	50m: 39.85	39.85	150m: 2:16.33	47.68	250m: 3:57.90	53.91	350m: 5:36.25	42.67
	100m: 1:28.65	48.80	200m: 3:03.99	47.66	300m: 4:53.58	55.68	400m: 6:19.27	43.02

Programmanr. 42, Dames, 400m wisselslag, Masters 35+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Nadège van Meeteren	De Meer	6:14.49	197400736	<b>6:32.14</b>	+0,81
	50m: 43.00	43.00	150m: 2:31.47	52.18	250m: 4:12.75	51.09
	100m: 1:39.29	56.29	200m: 3:21.66	50.19	300m: 5:03.07	50.32
					350m: 5:48.19	45.12
					400m: 6:32.14	43.95
6.	Jannie Vennik	HZ&PC Heerenveen	6:51.70	197601006	<b>7:10.80</b>	+0,97
	50m: 49.46	49.46	150m: 2:43.53	55.65	250m: 4:37.93	59.09
	100m: 1:47.88	58.42	200m: 3:38.84	55.31	300m: 5:37.77	59.84
					350m: 6:25.35	47.58
					400m: 7:10.80	45.45

Masters 45+

1.	Bridget Bewick	Maidenhead ASC	5:41.20	462298	<b>6:01.58</b>	+1,00
	50m: 37.14	37.14	150m: 2:10.22	47.85	250m: 3:47.12	50.76
	100m: 1:22.37	45.23	200m: 2:56.36	46.14	300m: 4:38.97	51.85
					350m: 5:21.36	42.39
					400m: 6:01.58	40.22
2.	Karin van den Heuvel	Old Dutch	6:38.07	196600188	<b>6:53.83</b>	+0,94
	50m: 44.78	44.78	150m: 2:35.85	56.68	250m: 4:27.49	53.53
	100m: 1:39.17	54.39	200m: 3:33.96	58.11	300m: 5:22.97	55.48
					350m: 6:09.50	46.53
					400m: 6:53.83	44.33
3.	Miranda Keijl	Zignea	7:26.92	196500588	<b>7:19.42</b>	+1,10
	50m: 47.28	47.28	150m: 2:41.95	58.10	250m: 4:43.18	1:05.88
	100m: 1:43.85	56.57	200m: 3:37.30	55.35	300m: 5:47.09	1:03.91
					350m: 6:37.12	50.03
					400m: 7:19.42	42.30

Masters 50+

1.	Pierrette Michel <i>Kampioenschaps Record</i>	CNSW	5:51.19	CNSW/500/62	<b>5:51.42</b>	+0,89
	50m: 35.67	35.67	150m: 2:04.31	44.98	250m: 3:38.22	50.30
	100m: 1:19.33	43.66	200m: 2:47.92	43.61	300m: 4:30.19	51.97
					350m: 5:11.47	41.28
					400m: 5:51.42	39.95
2.	Margriet Grove-Lingeman	Oceanus	6:35.55	196200080	<b>6:35.67</b>	+0,81
	50m: 39.22	39.22	150m: 2:17.50	51.67	250m: 4:05.24	57.69
	100m: 1:25.83	46.61	200m: 3:07.55	50.05	300m: 5:03.29	58.05
					350m: 5:49.71	46.42
					400m: 6:35.67	45.96
3.	Marie-Paule Waterval	Les Dauphins Visétois	7:36.94	B8817C142	<b>7:52.95</b>	+0,96
	50m: 1:03.10	1:03.10	150m: 3:13.84	1:00.04	250m: 5:10.82	1:00.46
	100m: 2:13.80	1:10.70	200m: 4:10.36	56.52	300m: 6:11.66	1:00.84
					350m: 7:03.89	52.23
					400m: 7:52.95	49.06

Masters 55+

1.	Mathilde Vink	Swol 1894	6:40.64	195800128	<b>6:52.58</b>	+0,98
	50m: 39.58	39.58	150m: 2:22.92	57.56	250m: 4:21.55	1:03.14
	100m: 1:25.36	45.78	200m: 3:18.41	55.49	300m: 5:23.67	1:02.12
					350m: 6:09.29	45.62
					400m: 6:52.58	43.29
2.	Mies Kuipers	Old Dutch	9:14.93	195800202	<b>9:34.98</b>	+0,88
	50m: 1:09.17	1:09.17	150m: 3:42.59	1:16.20	250m: 6:07.17	1:12.21
	100m: 2:26.39	1:17.22	200m: 4:54.96	1:12.37	300m: 7:17.79	1:10.62
					350m: 8:29.58	1:11.79
					400m: 9:34.98	1:05.40

Masters 60+

1.	Christien Nieuwenhuis <i>Nederlands Masters Record</i>	Swol 1894	6:50.29	195100022	<b>7:12.75</b>	+0,88
	50m: 38.47	38.47	150m: 2:30.73	59.99	250m: 4:32.82	1:02.98
	100m: 1:30.74	52.27	200m: 3:29.84	59.11	300m: 5:38.03	1:05.21
					350m: 6:25.14	47.11
					400m: 7:12.75	47.61
2.	Gonnie Bak	PSV	8:28.26	195100064	<b>8:11.35</b>	+1,01
	50m: 1:02.11	1:02.11	150m: 3:16.07	1:08.81	250m: 5:21.34	1:02.32
	100m: 2:07.26	1:05.15	200m: 4:19.02	1:02.95	300m: 6:23.57	1:02.23
					350m: 7:18.04	54.47
					400m: 8:11.35	53.31
3.	Antoinette Gilding-Tussaud	WS Twente	8:50.18	195000038	<b>8:56.33</b>	+1,03
	50m: 59.58	59.58	150m: 3:18.47	1:03.80	250m: 5:40.57	1:16.60
	100m: 2:14.67	1:15.09	200m: 4:23.97	1:05.50	300m: 6:56.96	1:16.39
					350m: 7:57.05	1:00.09
					400m: 8:56.33	59.28
NG	Ineke Weekers	PSV	7:00.00	195300050		

Programmanr. 43  
05-05-2013 - 16:42

Heren, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Mark Costeris <i>Kampioenschaps Record</i>	De Schotejil	23.29	199202327	<b>24.29</b>	+0,71
2.	Lars Sieval	LZ 1886	24.91	199300723	<b>26.01</b>	+0,71
3.	Jens Van Cauteren	RSCM	26.35	RSCM/423/93	<b>26.07</b>	+0,69
4.	Rian Visser	DAW	26.89	199007141	<b>26.09</b>	+0,70
5.	Gil Rogiers	RSCM	25.74	RSCM/336/90	<b>26.10</b>	+0,73
6.	Tyrick de Kort	DES	25.57	198906745	<b>26.11</b>	+0,70
7.	Lorenzo Cavallini	De Futen	27.09	199007465	<b>26.14</b>	+0,82
8.	Martijn van Hoorn	De Schotejil	25.73	198901343	<b>26.34</b>	+0,80
9.	Raoul Engelenburg	Het Y	25.54	198900843	<b>26.44</b>	+0,68
10.	Nick Baron	WVZ	26.08	199103533	<b>26.76</b>	+0,73
11.	Mike Stoffer	WVZ	25.67	198903041	<b>26.77</b>	+0,71
12.	Joppe Schuurmans	Merlet	27.64	198905447	<b>27.29</b>	+0,71
13.	Sjoerd Sieval	LZ 1886	25.74	199002663	<b>27.30</b>	+0,69
14.	Erwin Sneek	De Futen	26.57	199102153	<b>27.75</b>	+0,72
15.	Bram Becks	HZPC	27.40	199303701	<b>27.90</b>	+0,69
16.	Boy Heijnekamp	LZ 1886	27.03	198901161	<b>28.29</b>	+0,74
17.	Rens Post	WVZ	27.42	199101827	<b>28.30</b>	+0,70
18.	Roel van Beek	Montferland	26.71	198905861	<b>28.41</b>	+0,82
19.	Jeroen van Blanken	De Lansingh	29.01	199206451	<b>28.59</b>	+0,81
20.	Kevin Dieker	Montferland	30.36	199100461	<b>28.73</b>	+0,85
21.	Bas Zierikzee	LZ 1886	27.72	199204321	<b>28.96</b>	+0,84
22.	Dimitri Sauvage	TRB-RES	29.13	198906755	<b>29.10</b>	+0,68
23.	Sven van Zanten	De Duinkickers	28.24	199003405	<b>29.16</b>	+0,72
24.	Daniel van den Wildenberg	Eurode KZC	30.89	199206491	<b>32.29</b>	+0,73
NG.ZA	Ken Rogiers	RSCM	25.64	RSCM/193/89		

**Masters 25+**

1.	Antoine Olsen	CNBA	26.15	CNBA/924/87	<b>25.10</b>	+0,76
2.	Remy Florean	CNBA	25.02	CNBA/828/86	<b>25.44</b>	+0,77
3.	Jean Pierre Bisslik	DES	24.93	198705243	<b>26.07</b>	+0,58
4.	Roderik Meijers	ZOB'66	24.95	198602063	<b>26.18</b>	+0,75
5.	Ronald Vullings	Merlet	26.75	198703655	<b>26.43</b>	+0,86
6.	Erik van der Heide	Zuiderzeezwemmers	26.67	198801337	<b>26.44</b>	+0,76
7.	David Janzen	SV Gladbeck 13	26.48	301956	<b>26.62</b>	+0,83
8.	Bastian Zoon	De Gooye	25.71	198703929	<b>26.67</b>	+0,58
9.	Martijn Giezen	Montferland	26.62	198500813	<b>27.24</b>	+0,76
10.	Mark Effing	Merlet	28.30	198600761	<b>28.56</b>	+0,82
11.	Erik van der Zeijden	RZ	28.79	198604569	<b>28.95</b>	+0,79
12.	Elmar Steenhof	ZVW'74	28.07	198502481	<b>28.99</b>	+0,82
13.	Wesley van Diejen	PSV	27.52	198604551	<b>29.33</b>	+0,76
14.	Tommy Uilenberg	Den Doorn	28.19	198603135	<b>29.39</b>	+0,83
15.	Wesley Determann	De Amer	32.83	198806107	<b>33.22</b>	+0,95

**Masters 30+**

1.	Stefan Oosting	PSV	24.19	198101265	<b>24.89</b>	+0,75
2.	Nol van Thull	ZOB'66	24.54	198001513	<b>25.10</b>	+0,82
3.	Lauren Vis	Steenwijk 1934	25.94	198201883	<b>25.57</b>	+0,74
4.	Erwin Croes	De IJsselmeeuwen	25.44	198000273	<b>25.85</b>	+0,78
5.	John Kranendonk	HZPC	25.61	198301233	<b>25.96</b>	+0,88
6.	Bas Kervel	De IJsselmeeuwen	26.84	198000759	<b>26.45</b>	+0,83
7.	Bas van den Nouwelant	ZVVS	26.53	198001103	<b>26.89</b>	+0,73
8.	Stan Dekker	PLONS	26.94	197901823	<b>26.93</b>	+0,61
9.	Erik Schepers	De IJsselmeeuwen	27.01	198001311	<b>27.11</b>	+0,83
10.	Bas v.d. Laan	WVZ	27.49	198302471	<b>27.29</b>	+0,77
11.	Simon van Ravesteijn	Zoetermeer	27.63	198002263	<b>27.44</b>	+0,79
12.	Rutger Stam	De Amer	27.10	198102463	<b>27.47</b>	+0,76
13.	John Meijdam	DAW	28.97	198301439	<b>27.62</b>	+0,73

Programmanr. 43, Heren, 50m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
14.	Albert Garcia i Tormo	PSV	29.91	198202583	<b>28.25</b>	+0,62
15.	Frits Delicaat	DAW	27.93	197901629	<b>28.34</b>	+0,91
16.	Gino Martijn	RZ	28.80	197901865	<b>28.45</b>	+0,71
17.	Joël Kapelle	ZVW'74	28.16	198200857	<b>28.96</b>	+0,82
18.	Tim Meijer	Montferland	30.23	198102481	<b>30.33</b>	+0,89
NG.ZA	Ingmar Kooman	De Zijl/LGB	32.94	197901517		

Masters 35+

1.	Jeroen Zelsmann	AZ&PC	24.49	197701551	<b>25.28</b>	+0,72
2.	Dimitrie Sonnemans	RZ	27.22	197501391	<b>27.11</b>	+0,83
3.	Pascal Balancier	CNSW	27.08	CNSW/361/74	<b>27.18</b>	+0,74
4.	Alex Damen	DAW	26.66	197501371	<b>27.44</b>	+0,69
5.	Vincent Versteeg	Zwemlust-den Hommel	27.27	197701003	<b>27.47</b>	+0,59
6.	Peter Lutjes	Stadskanaal	29.05	197601471	<b>29.30</b>	+0,81
7.	Arjan Blok	De Schoteijl	29.28	197401413	<b>29.36</b>	+0,95
8.	Pieter Ponne	HZ&PC Heerenveen	29.16	197600749	<b>30.77</b>	+0,86

Masters 40+

1.	Richard Ricksen	HGN (SG)	26.74	197000841	<b>26.94</b>	+0,78
2.	Arjon de Bok	De Biesboschzwemmers	27.91	196900125	<b>28.10</b>	+0,73
3.	Andreas Pauli	Delphin Ratingen-Lintorf	29.18	292201	<b>28.97</b>	+0,83
4.	Rogier Becker	De Dinkel	29.25	197301439	<b>29.82</b>	+0,83
5.	Erik Veltman	Stadskanaal	29.56	197200941	<b>30.32</b>	+0,82
6.	Rob Dissel	DBD	31.70	197101463	<b>30.53</b>	+0,82
7.	Marcel Brittijn	De Duinkickers	29.61	196900159	<b>30.64</b>	+0,74
8.	Wouter van der Stelt	Den Doorn	28.82	197200889	<b>30.69</b>	+0,72
9.	Bas van Gool	De Geul	34.09	197201435	<b>32.00</b>	+0,70
10.	Marc Weijers	PSV	31.93	197101347	<b>32.78</b>	+0,79
NG	Oliver Podebrad	SC Wiesbaden 1911 e.V.	30.88	262705		

Masters 45+

1.	Erik Saan	De Duck	27.88	196500769	<b>28.34</b>	+1,01
2.	Peter Hesseling	DES	27.90	196401397	<b>29.00</b>	+0,72
3.	Marcel van der Lem	Ed-Vo	28.20	196500563	<b>29.44</b>	+0,80
4.	Eric van der Burgt	Arethusa	29.99	196701613	<b>29.57</b>	+0,80
5.	Nico Swart	Den Doorn	28.17	196801475	<b>29.63</b>	+0,92
6.	Theo Bakker	TriVia	28.30	196401231	<b>29.65</b>	+0,76
7.	Jeroen Kort	DAW	30.95	196801543	<b>30.16</b>	+0,75
8.	Marc Wouters	PSV	29.98	196501501	<b>30.30</b>	+0,80
9.	Robert de Brauwer	De Duinkickers	29.91	196401383	<b>30.34</b>	+0,86
10.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	30.92	196501027	<b>30.48</b>	+0,84
11.	Fred Dijkshoorn	ZV Westland Dijkglas	30.94	196501539	<b>30.68</b>	+0,93
12.	Jan Van Genechten	ShaRK	31.47	SHARK/419/68	<b>31.07</b>	+0,72
13.	Nico Buurman	PSV	33.04	196401357	<b>32.01</b>	+0,85
14.	Henk van Zetten	Octopus	39.98	196701261	<b>33.88</b>	+0,94
15.	Gertjan van der Vaart	ZVVS	34.30	196801529	<b>34.32</b>	+0,81
16.	William Lueb	PSV	38.14	196701579	<b>38.86</b>	+0,97
17.	Marco Schoenmakers	ZVVS	41.36	196401375	<b>39.11</b>	+1,03
18.	Paul Weeren	PSV	37.65	196401339	<b>40.42</b>	+1,12
NG.ZA	Steven Sadettin Saran	Han Batur Spor Kulubu	25.91	1964SARAN		

Masters 50+

1.	Lionel Godeaux	CNSW	25.64	CNSW/014/60	<b>26.18</b>	+0,69
2.	Cees van Houwelingen	De Schelde	25.19	196300351	<b>26.66</b>	+0,88
3.	Dmitry Kromskiy	Poseidon	27.10	037011	<b>27.63</b>	+0,93
4.	Fred Ketting	PSV	27.48	196000289	<b>27.70</b>	+0,83
5.	Alain Schellinck	LZV	27.08	LZV/240/62	<b>27.80</b>	+0,82
6.	Robert Vink	WWV	28.20	196301075	<b>28.98</b>	+0,90
7.	Ingo Pichler	Delphin Ratingen-Lintorf	28.86	254872	<b>29.72</b>	+0,76
8.	Eric Suykerbuyk	MZVA	29.50	MZVA/116/62	<b>30.21</b>	+0,84



Programmanr. 43, Heren, 50m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
9.	Michiel Klaren	PSV	30.46	196201087	<b>30.80</b>	+0,88
10.	Rob Penninks	PSV	31.06	196000897	<b>31.02</b>	+0,76
11.	Berend Geurts	Nuenen	29.56	196201121	<b>31.73</b>	+0,85
12.	Jack Barends	WS Twente	31.65	196201011	<b>32.12</b>	+0,86
13.	Lieven De Rijcke	Groot Beverse Zwemclub	31.68	GBZ/130/60	<b>32.16</b>	+0,70
14.	Johan Vandewalle	Zwemclub Iloka Kapellen	32.86	ZIK/154/60	<b>32.67</b>	+0,86

Masters 55+

1.	Marten de Groot	HZ&PC Heerenveen	28.47	195800149	<b>27.87</b>	+0,77
2.	Hans Wijsman	Zwemclub Iloka Kapellen	27.56	ZIK/159/55	<b>28.22</b>	+0,82
3.	Hans Groothelm	DBD	30.85	195800151	<b>30.76</b>	+0,74
4.	Eddy Mourmans	Dauphins Mouscronnois	29.75	DM/630/57	<b>31.27</b>	+0,73
5.	Evertjan Masurel	PSV	30.93	195600495	<b>31.39</b>	+0,87
6.	Laurens klein Breteler	WWV	33.36	195400109	<b>32.17</b>	+0,83
7.	Harry Paas	ZVVS	33.36	195800689	<b>33.43</b>	+0,81
8.	Jaap de Boer	De Duinkickers	34.51	195800691	<b>34.02</b>	+0,71
9.	Jan Timmerman	IJZPC	34.51	195700347	<b>35.24</b>	+0,80
NG.ZA	Philippe Morelle	Namur Olympic Club	27.02	NOC /157/56		
AFGEM	Vincent de Keijzer	PLONS	34.22	195800207		

Masters 60+

1.	Rolf Aust	VfR Übach-Palenberg	27.72	124580	<b>28.89</b>	+0,86
	<i>Kampioenschaps Record</i>					
2.	Brend Brevé	PSV	29.38	195200265	<b>30.20</b>	+0,83
3.	Etienne Languillier	CNSW	58.75	CNSW/061/50	<b>1:07.78</b>	+1,24

Masters 65+

1.	Han Roos	ZV De Bron	32.52	194500081	<b>32.02</b>	+0,95
2.	Jaap Kwakkel	DAW	32.31	194700157	<b>32.04</b>	+0,83
3.	Theo Schouten	WWV	31.73	194600161	<b>32.57</b>	+0,93
4.	Willem Putter	ZVVS	34.66	194500135	<b>33.46</b>	+1,01
5.	Sümeqhy László	Budapesti Delfinek	35.31	20049	<b>35.25</b>	+0,99
6.	Ruud Sloof	De Rijn	35.16	194400073	<b>36.19</b>	+0,91
7.	Peter Ouweneel	RSW (SG)	42.30	194500077	<b>43.48</b>	+1,24

Masters 70+

1.	Frans van Enst	WS Twente	32.08	194000011	<b>33.27</b>	+0,81
2.	Wim ter Laak	PSV	47.20	194000027	<b>46.86</b>	+1,09

Masters 75+

1.	Nic Geers	Z&PC De Gouwe	32.70	193800007	<b>39.37</b>	+0,83
2.	Cor Sprengers	PSV	44.10	193500019	<b>41.04</b>	+0,97

Masters 80+

1.	Jozef Van Roy	AZSC	39.34	AZSC/572/32	<b>40.47</b>	+0,96
	<i>BMR</i>					

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Dames, 50m vrije slag

Masters Open  
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
<b>Masters 20+</b>						
1.	Malissa van der Horst <i>Kampioenschaps Record</i>	Zwemlust-den Hommel	27.41	199200810	<b>27.20</b>	+0,81
2.	Nanda de Vries	HZ&PC Heerenveen	28.86	199204328	<b>28.22</b>	+0,71
3.	Désirée Emmen	De Warande	28.53	199204862	<b>28.94</b>	+0,74
4.	Anouk van der Pligt	ZOB'66	28.55	199303296	<b>29.29</b>	+0,63
5.	Janet van der Poel	LZ 1886	28.58	199301842	<b>29.54</b>	+0,81
6.	Danielle Scheepers	Njord	29.27	199005428	<b>29.59</b>	+0,82
7.	Karin Verbeek	Nautilus	30.93	199201848	<b>29.73</b>	+0,69
8.	Chantal Willems	Merlet	30.17	199105482	<b>30.48</b>	
9.	Simone de Boer	LZ 1886	29.47	199306858	<b>30.51</b>	+0,74
10.	Zarife Gela	D'Eift WAVE (SG)	29.40	199200584	<b>30.54</b>	+0,63
11.	Sanne van Dijk	Zoetermeer	31.14	199000818	<b>30.60</b>	+0,91
12.	Kim Wijnja	De Biesboschzwemmers	30.59	199107812	<b>30.85</b>	+0,78
13.	Sarissa Homsma	SPONS	31.63	199200786	<b>30.89</b>	
14.	Kirsten Oosterhuis	Eemsrobben	29.34	198903136	<b>30.94</b>	+0,84
15.	Jacqueline Schroer	DAW	31.59	199108490	<b>31.61</b>	+0,70
16.	Lindsey Hol	De Meer	33.98	199008088	<b>31.65</b>	+0,77
17.	Elske Eikholt	Merlet	32.11	199305032	<b>32.62</b>	+0,83
18.	Wieteke Jansen	Montferland	33.55	199001750	<b>32.67</b>	+0,79
19.	Yvonne Bruls	Eurode KZC	32.14	199008114	<b>32.90</b>	+0,78
20.	Fleur Maas	Zoetermeer	38.35	198902768	<b>32.97</b>	+0,89
21.	Elodie Siroen	Merlet	32.93	199003414	<b>33.89</b>	+0,76
22.	Kelly Bockting	Montferland	33.80	199104050	<b>34.85</b>	+0,87
23.	Pauline Magnée	De Warande	35.42	199205434	<b>34.99</b>	+0,90
24.	Daphne van Korlaar	EZ&PC	34.26	198907364	<b>35.12</b>	+0,85
AFGEM	Marlissa van Driel	De Vrije Slag	32.68	199202516		
<b>Masters 25+</b>						
1.	Femke Hendriks <i>Kampioenschaps Record</i>	Nuenen	26.14	198801698	<b>27.29</b>	+0,75
2.	Pauline Gouwens	DWK	26.80	198400790	<b>27.35</b>	
3.	Roshendra Vrolijk	DES	28.36	198403268	<b>28.71</b>	+0,74
4.	Samantha van Eijk	De Geul	29.13	198806826	<b>29.05</b>	+0,73
5.	Mandy van Wakeren	SPONS	28.13	198603954	<b>29.09</b>	+0,69
6.	Christine Verdonck	Zwemclub Iloka Kapellen	28.72	ZIK/165/85	<b>29.63</b>	+0,71
7.	Nienke van Stipriaan	PSV	29.68	198703970	<b>29.70</b>	+0,90
8.	Annelette de Vries	WS Twente	28.58	198603908	<b>30.00</b>	+0,78
9.	Sandra Pannekeet	DAW	30.53	198403458	<b>30.06</b>	+0,65
10.	Arine van Holland	De Vrije Slag	29.40	198701768	<b>30.18</b>	+0,83
11.	Roos Lemmen	Eurode KZC	29.66	198403078	<b>30.21</b>	+0,84
12.	Carly Noordermeer	ZOB'66	29.91	198702984	<b>30.24</b>	+0,64
13.	Merel Siroen	Merlet	30.18	198804006	<b>30.35</b>	+0,93
14.	Sandra Zwaanswijk Sandra Schellekens	DAW Neptunus'58	29.18 30.14	198503934 198503416	<b>30.92</b> <b>30.92</b>	+0,72 +0,85
16.	Kim van der Beek	PSV	31.89	198700196	<b>31.09</b>	+0,76
17.	Linda Janssen	ZPB H&L Productions	29.89	198802088	<b>31.30</b>	+0,87
18.	Nele Van Campfort	CNBA	33.98	CNBA/915/86	<b>31.89</b>	+0,79
19.	Marlies Jehoel-van As	PSV	32.99	198500074	<b>32.00</b>	+0,74
20.	Esther Steltenpohl	DAW	31.82	198504116	<b>32.29</b>	+0,74
21.	Céline Saver	Club Nautique Croix	32.98	204299	<b>32.43</b>	+0,82
22.	Annette Vogelsang	ZV De Bron	31.41	198402632	<b>32.52</b>	+0,90
23.	Isaline Manchel	CNSW	34.42	CNSW/475/85	<b>32.78</b>	+0,85
	Channe Noort	DAW	31.56	198605032	<b>32.78</b>	+0,85
25.	Jacqueline Wissink	PSV	31.76	198503286	<b>32.80</b>	+0,83
26.	Sabine Duijst	De Amer	32.14	198701032	<b>33.09</b>	+1,09
27.	Esther Boonk	Zignea	34.57	198806570	<b>33.45</b>	+0,96
28.	Tineke Roelofs	PSV	34.12	198504004	<b>33.69</b>	+0,89
29.	Marjolein v.d Sanden	Noord-Limburg (SG)	36.13	198402136	<b>36.69</b>	+0,82
30.	Anne van der Jagt	PSV	37.32	198706100	<b>37.63</b>	+0,76

Programmanr. 44, Dames, 50m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
31.	Kelly van de Weijdeven	SPONS	37.84	198605268	<b>38.53</b>	+0,95
32.	Marloes Rebel	WS Twente	39.71	198403474	<b>40.40</b>	+1,05

Masters 30+

1.	Delia Badoux	Zoetermeer	28.64	198000042	<b>28.84</b>	+0,79
2.	Liga Libere LMR	Riga Kipsala SC	30.25	1982LIBE	<b>29.64</b>	+0,87
3.	Natascha Hartman	PSV	31.01	198101780	<b>31.54</b>	
4.	Yvette Roozen	DWT	31.80	198000926	<b>32.12</b>	+0,89
5.	Esther van Buren	De Duinkickers	35.97	198001670	<b>37.18</b>	+1,01

Masters 35+

1.	Nathalie Blondeel	CNSW	28.68	CNSW/012/77	<b>28.44</b>	
2.	Ilona Hogerheyde	DAW	30.06	197400224	<b>30.11</b>	+0,70
3.	Geraldine Trainor	De Duck	30.36	197500544	<b>30.24</b>	+0,76
4.	Marian Nederlof	DWF	31.97	197600950	<b>31.69</b>	+0,78
5.	Vivian van Kerkwijk	RZ	33.80	197500892	<b>33.42</b>	+0,87
6.	Paula 't Hart-Buitelaar	ZVVS	40.40	197701132	<b>36.90</b>	+0,86
7.	Clementine van Bruxvoort	ZPB H&L Productions	38.50	197700138	<b>39.60</b>	+0,97

Masters 40+

1.	Monique Tuijp	Ed-Vo	28.21	196900800	<b>29.08</b>	+1,08
2.	Lidia v. Bon-Rosenbrand	AZ&PC	30.25	197000054	<b>30.07</b>	+0,86
3.	Mariska van Doorn	Arethusa	31.30	197200444	<b>30.41</b>	+0,87
4.	Marlies van Deursen	HPC	31.49	197000674	<b>30.43</b>	+0,74
5.	Ilonka Hesseling	DES	31.03	196900958	<b>32.02</b>	+0,76
6.	Wendy van der Kruk	MSV- Zeemacht	32.30	197100960	<b>32.62</b>	+0,89
7.	Annetje Dieleman	PSV	31.57	197100130	<b>32.83</b>	+0,45
8.	Esther Mijnen	ZV De Zaan	32.48	196900846	<b>32.84</b>	+0,86
9.	Marissa van Gent	De Geul	31.98	197300890	<b>33.09</b>	+1,01
10.	Octavie Hoyer-Bovers	PSV	32.76	197000940	<b>33.41</b>	+0,72
11.	Renata van Essen	Zuiderzeewemmers	32.47	197300740	<b>33.61</b>	+0,71
12.	Joyce Brummelkamp	ZVVS	34.85	197000952	<b>34.43</b>	+0,88
13.	Dianne Nien	RZ	33.73	197100452	<b>34.70</b>	+0,77
14.	Natacha Van Hoof	ShaRK	35.72	SHARK/260/73	<b>34.71</b>	+0,71
15.	Kristien Van de Moortel	ShaRK	35.22	SHARK/315/69	<b>36.34</b>	+0,89
16.	Simone van Lent	Njord	39.36	196900950	<b>38.83</b>	+1,03
17.	Yvonne Russ - Dijk	RZ	41.84	197000950	<b>39.05</b>	+0,89
18.	Klasien Blankestijn	De Duinkickers	47.72	196900934	<b>48.08</b>	+0,99
NG.ZA	Alexandra de Jong	HPC	29.70	196900926		

Masters 45+

1.	Lesley Cordial	Neptunus	29.96	196700684	<b>29.94</b>	+0,91
2.	Claudia Goldschmidt	Maidenhead Marlins ASC	32.33	954626	<b>31.02</b>	+0,88
3.	Katrin Pennings	PSV	30.91	196400570	<b>31.54</b>	+0,80
4.	Annette Wijnja-Visser	De Biesboschzwemmers	31.01	196700528	<b>32.00</b>	+0,75
5.	Desiree van der Lem	Ed-Vo	32.11	196800282	<b>33.72</b>	+0,93
6.	Marion van Gerwen	RZ	34.05	196500566	<b>33.78</b>	+0,88
7.	Lilian Schippers	Njord	35.01	196800850	<b>34.42</b>	+0,88
8.	Ariane Ruymaekers	Zwemclub Iloka Kapellen	34.39	ZIK/173/67	<b>35.14</b>	+0,86
9.	José Sanders	PSV	36.29	196800834	<b>36.06</b>	+0,85
10.	Ingeborg Stokx	DAW	36.74	196700666	<b>37.38</b>	+0,66
DIS	Saskia Phaff	PSV	29.57	196600242		A A

Programmanr. 44, Dames, 50m vrije slag

Masters 50+

1.	Marja Bloemzaad	AZ&PC	29.79	196100014	<b>30.40</b>	+0,74
2.	Marjan Remmits	One Team Swimming	30.98	196300518	<b>31.13</b>	+0,80
3.	Francine Sommer	Triton	31.76	196200384	<b>32.97</b>	+0,84
4.	Ada de Voogd	ZVVS	34.23	195900280	<b>33.33</b>	+0,83
5.	Marijke Kraak-Beckers	WS Twente	33.21	196000240	<b>33.83</b>	+0,93
6.	Pia van der Molen	HZ&PC Heerenveen	34.06	196000116	<b>34.09</b>	+0,96
7.	Gonnie Paas	ZVVS	37.46	196200418	<b>37.20</b>	+0,91
8.	Jacqueline Brouwer	ZV De Bron	41.46	196100296	<b>46.27</b>	+0,81

Masters 55+

1.	Marijke van Hoek	De Zeeuwse Kust (SG)	33.74	195800050	<b>34.31</b>	+0,82
2.	Patty Krupiarz	PSV	34.62	195400074	<b>35.45</b>	+0,81
3.	Claire Anthony	CNSW	34.30	CNSW/487/57	<b>35.47</b>	+0,85
4.	Elly Kiestra-Broertjes	Zignea	39.13	195600100	<b>39.06</b>	+0,97
5.	Dorry Elshout	PSV	47.82	195700180	<b>45.33</b>	+0,97
6.	Karien Musters	Old Dutch	45.90	195800236	<b>45.39</b>	+0,80
7.	Anje Manuputty	De Dolfijn	47.81	195700176	<b>46.57</b>	+1,11
8.	Lies Hartman	VfR Übach-Palenberg	58.60	164684	<b>52.97</b>	+1,13
NG	Monika Zilliken	SC Wiesbaden 1911 e.V.	36.30	231829		

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	32.22	195100022	<b>32.92</b>	+0,86
2.	Csanádiné Tóth Magdolna	Budapesti Delfinek	34.23	20037	<b>35.19</b>	+0,92
3.	Tineke Brouwer-Maat	ZV Westland Dijkglas	38.14	195300074	<b>37.18</b>	+1,08
4.	Corine Kalbfleisch	DWT	38.52	195200024	<b>38.71</b>	+1,03
5.	Geerdien Meerwaldt	Van Vliet-Barracuda	51.28	195200058	<b>53.76</b>	+1,22
6.	Janny van der Weide	Deltasteur	51.46	195100066	<b>55.62</b>	

Masters 65+

1.	Corrie Verhoeven	PSV	36.97	194600026	<b>35.57</b>	+0,85
	<i>Nederlands Masters Record</i>					
2.	Iris van Glinstra-Bleeker	RSW (SG)	47.90	194800032	<b>45.06</b>	+1,28
3.	Loekie v. Huissteden	AZ&PC	46.72	194500002	<b>46.08</b>	+0,97
4.	Greet Brehler-Middag	Hatto Heim	45.05	194400004	<b>46.33</b>	+1,06
5.	Annet Verhoeven	De Duinkickers	47.61	194600024	<b>47.21</b>	+1,19

Masters 70+

1.	Piroska Weidinger	Uszo Klub Budapest	39.63	1942WEID	<b>39.35</b>	+1,08
	<i>HMR</i>					
2.	Liesbeth ter Laak	PSV	1:09.42	194200008	<b>1:15.08</b>	+0,86

Masters 75+

1.	Lottie Geurts	PSV	39.87	193500006	<b>42.16</b>	+1,16
2.	Alice Lindhout	PSV	55.26	193500010	<b>54.51</b>	+1,08
3.	Tineke de Bueger	Old Dutch	1:03.50	193700010	<b>1:11.26</b>	+1,18

Masters 80+

1.	Eliane Pellis	AZSC	42.11	AZSC/672/33	<b>41.80</b>	+0,90
	<i>BMR</i>					
2.	Anneke Logtenberg	OZ&PC	58.13	192900004	<b>1:20.53</b>	+1,07



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Heren, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
<b>Masters 20+</b>							
1. Emile Manni	Octopus	59.99	199001901	<b>1:00.10</b>	+0,60	27.80	1:00.10
2. Joost Rijntjes	LZ 1886	59.43	199101899	<b>1:00.63</b>	+0,74	28.06	1:00.63
3. Gil Rogiers	RSCM	1:00.21	RSCM/336/90	<b>1:01.95</b>	+0,75	28.86	1:01.95
4. Jens Van Cauteren	RSCM	1:03.01	RSCM/423/93	<b>1:02.89</b>	+0,79	29.42	1:02.89
5. Lars Sieval	LZ 1886	58.44	199300723	<b>1:03.27</b>	+0,72	28.55	1:03.27
6. Tim Bunnik	Triton	1:03.00	199000505	<b>1:04.66</b>	+0,77	29.34	1:04.66
7. Patrick Janssen	HZPC	1:06.37	199302009	<b>1:08.93</b>	+0,75	31.08	1:08.93
8. Erwin Sneek	De Futen	1:05.33	199102153	<b>1:10.45</b>	+0,79	32.10	1:10.45
9. Roel van Beek	Montferland	1:09.73	198905861	<b>1:10.51</b>	+0,81	32.24	1:10.51
10. Sander Boidin	Scheldestroom	1:12.52	199200111	<b>1:12.40</b>	+0,71	31.44	1:12.40
11. Kevin Dieker	Montferland	1:16.59	199100461	<b>1:16.63</b>	+0,81	34.11	1:16.63
<b>Masters 25+</b>							
1. Remy Florean	CNBA	1:00.08	CNBA/828/86	<b>1:01.50</b>	+0,76	28.29	1:01.50
2. Jean Pierre Bisslik	DES	59.63	198705243	<b>1:01.94</b>	+0,56	28.87	1:01.94
3. Bastian Zoon	De Gooye	1:01.82	198703929	<b>1:04.07</b>	+0,70	29.28	1:04.07
4. Mark Gorissen	HGN (SG)	1:07.42	198600973	<b>1:06.33</b>	+0,85	30.74	1:06.33
5. Thommy Nickel	Van Vliet-Barracuda	1:08.40	198401627	<b>1:09.59</b>	+0,79	31.49	1:09.59
6. Robin Dellaert	Scheldestroom	1:12.88	198800745	<b>1:13.68</b>	+0,78	32.35	1:13.68
7. Wesley van Diejen	PSV	1:16.61	198604551	<b>1:17.69</b>	+0,76	33.14	1:17.69
8. Erik van der Zeijden	RZ	1:18.36	198604569	<b>1:21.42</b>	+0,77	35.07	1:21.42
<b>Masters 30+</b>							
1. Sven Jaeger	Zwemlust-den Hommel	59.47	198301021	<b>1:00.06</b>	+0,67	27.90	1:00.06
2. Lauren Vis	Steenwijk 1934	1:05.81	198201883	<b>1:04.10</b>	+0,71	29.69	1:04.10
3. Nol van Thull	ZOB'66	1:02.42	198001513	<b>1:04.41</b>	+0,81	29.22	1:04.41
4. John Kranendonk	HZPC	1:06.12	198301233	<b>1:07.97</b>	+0,85	30.50	1:07.97
5. Marcel Reefhuis	WS Twente	1:07.72	198101381	<b>1:09.05</b>	+0,77	31.06	1:09.05
6. John Meijdam	DAW	1:13.93	198301439	<b>1:09.51</b>	+0,75	32.11	1:09.51
7. Mark Zwart	Zwemlust-den Hommel	1:05.71	197901461	<b>1:10.70</b>	+0,76	31.75	1:10.70
8. Jeroen Vogelsang	DAW	1:11.89	198001645	<b>1:17.68</b>	+0,85	35.26	1:17.68
9. Tim Meijer	Montferland	1:18.95	198102481	<b>1:22.73</b>	+0,86	33.85	1:22.73
10. Mark Brinkhuis	Hera'11	1:36.77	198302609	<b>1:32.08</b>	+0,86	40.01	1:32.08
NG.ZA Ingmar Kooman	De Zijl/LGB	1:13.87	197901517				
<b>Masters 35+</b>							
1. Markus van Rest	Zoetermeer	1:07.33	197701197	<b>1:08.59</b>	+0,79	31.02	1:08.59
2. Kars Luttkik	DAW	1:08.22	197800675	<b>1:11.72</b>	+0,87	31.71	1:11.72
3. Arjan Blok	De Schotejil	1:11.82	197401413	<b>1:13.46</b>	+0,83	33.64	1:13.46
4. Bas Spoelstra	De Futen	1:19.80	197701573	<b>1:15.40</b>	+0,63	33.07	1:15.40
<b>Masters 40+</b>							
1. Michael Bes	MSV- Zeemacht	1:03.69	197201205	<b>1:07.32</b>	+0,74	30.59	1:07.32
2. Richard Ricksen	HGN (SG)	1:10.56	197000841	<b>1:09.62</b>	+0,85	32.52	1:09.62
3. Gertjan van der Knaap	De Duck	1:12.58	197300459	<b>1:11.58</b>	+0,82	32.95	1:11.58
4. René Beetsma	HZ&PC Heerenveen	1:07.47	196900069	<b>1:14.32</b>	+0,73	32.64	1:14.32
5. Kasper van den Berghe	Swol 1894	1:16.92	197301125	<b>1:15.78</b>	+0,85	34.93	1:15.78
6. Hans Schoenmakers	DAW	1:15.07	196900863	<b>1:18.93</b>	+0,89	34.74	1:18.93
7. Hans Spronken	PSV	1:14.00	197301469	<b>1:19.65</b>	+0,83	35.75	1:19.65
8. Ferdinand Teitink	Montferland	1:31.69	197001583	<b>1:29.43</b>	+0,81	37.97	1:29.43
NG Arjon de Bok	De Biesboschwimmers	1:08.33	196900125				

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Masters 45+

1. Konstantin Sklyar	TG Lage	1:11.51	321129	<b>1:10.87</b>	+0,81	32.88	1:10.87
2. Rene de Jong	ZVVS	1:12.30	196600351	<b>1:12.95</b>	+0,91	33.31	1:12.95
3. Bernd Bienek	SV Gladbeck 13	1:16.84	278658	<b>1:17.78</b>	+0,88	35.03	1:17.78
4. Harald Mulder	Zoetermeer	1:17.58	196701459	<b>1:18.79</b>	+0,89	36.60	1:18.79
5. John Stokx	DAW	1:13.86	196401341	<b>1:19.51</b>	+0,76	34.06	1:19.51
6. Danny Zulver	ZVVS	1:17.62	196701617	<b>1:19.79</b>	+0,75	35.08	1:19.79
7. Marcel van Lochem	Zoetermeer	1:17.63	196500581	<b>1:23.81</b>	+0,87	37.94	1:23.81

Masters 50+

1. Jo Rogiers	RSCM	1:04.08	RSCM/194/63	<b>1:05.21</b>	+0,80	31.15	1:05.21
2. Johan Remmits	One Team Swimming	1:06.18	196201159	<b>1:06.73</b>	+0,81	30.73	1:06.73
3. Fred Ketting	PSV	1:13.67	196000289	<b>1:15.36</b>	+0,88	35.01	1:15.36
4. Ralph Caster	RZ	1:22.45	196100069	<b>1:23.07</b>	+0,85	37.19	1:23.07
5. Jan Willem Heuten	WS Twente	1:27.88	196000883	<b>1:26.98</b>	+0,91	38.95	1:26.98

Masters 55+

1. Hugo Bregman	WVZ	1:00.58	195800069	<b>1:01.62</b>	+0,82	28.63	1:01.62
<i>Europees Masters Record</i>							
2. Peter Kauch	SV Gladbeck 13	1:08.88	73094	<b>1:09.67</b>	+0,82	32.14	1:09.67
3. Marten de Groot	HZ&PC Heerenveen	1:12.19	195800149	<b>1:11.19</b>	+0,81	33.47	1:11.19
4. Paul Bunnik	Triton	1:20.34	195600413	<b>1:26.86</b>	+1,01	38.04	1:26.86

Masters 60+

1. Georg Dombrowski	SV Gladbeck 13	1:21.28	217978	<b>1:24.63</b>	+0,76	38.98	1:24.63
2. Jan Tinholt	PSV	1:25.77	195000185	<b>1:28.32</b>	+1,01	38.73	1:28.32

Masters 65+

1. Jaap Kwakkel	DAW	1:38.37	194700157	<b>1:43.61</b>	+0,84	45.99	1:43.61
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Masters 70+

1. Gustave Lempereur	HELIOS	1:46.50	HELIOS/099/42	<b>1:28.46</b>	+0,96	41.05	1:28.46
<i>BMR</i>							
2. Manfred Bottin	SV Langenfeld	1:50.30	57993	<b>1:59.17</b>	+1,13	53.48	1:59.17

Programmanr. 46  
05-05-2013 - 17:31

Dames, 100m vlinderslag

Masters Open  
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
<b>Masters 20+</b>							
1. Chantal Nap	HZ&PC Heerenveen	1:03.72	198903004	<b>1:04.31</b>	+0,74	30.38	1:04.31
<i>Nederlands Masters Record</i>							
2. Jen-Ai van Soelen	Zuiderzeewimmers	1:09.94	199003510	<b>1:10.66</b>	+0,70	32.48	1:10.66
3. Mea Ferreira	WVZ	1:11.80	198901194	<b>1:11.90</b>	+0,77	32.76	1:11.90
4. Kirsten Oosterhuis	Eemsrobber	1:10.30	198903136	<b>1:14.21</b>	+0,81	33.15	1:14.21
5. Simone de Boer	LZ 1886	1:13.96	199306858	<b>1:15.55</b>	+0,82	35.36	1:15.55
6. Kim Wijnja	De Biesboschzimmers	1:14.71	199107812	<b>1:16.68</b>	+0,72	35.16	1:16.68
7. Cindy Hendriks	De Waalstroom	1:12.88	199207672	<b>1:17.07</b>	+0,75	34.85	1:17.07
8. Anouk van der Pligt	ZOB'66	1:12.37	199303296	<b>1:21.42</b>	+0,65	34.65	1:21.42
9. Lindsey Hol	De Meer	1:26.78	199008088	<b>1:26.13</b>	+0,80	39.74	1:26.13
10. Eline Schoenmaker	De Duinkickers	1:26.09	199003322	<b>1:35.01</b>	+0,66	42.23	1:35.01
11. Claudia Creemers	De Roersoppers	1:27.75	199202864	<b>1:40.27</b>	+0,75	42.73	1:40.27
12. Daphne van Korlaar	EZ&PC	1:33.31	198907364	<b>1:41.07</b>	+0,80	44.42	1:41.07

Programmanr. 46, Dames, 100m vlinderslag

Masters 25+

1. Pauline Gouwens	DWK	1:05.53	198400790	<b>1:04.53</b>	+0,72	30.12	1:04.53
<i>Nederlands Masters Record</i>							
2. Marlijn Hendriksen	Arethusa	1:08.98	198806828	<b>1:07.46</b>	+0,80	31.64	1:07.46
3. Charlotte Groeneveld	Zwemlust-den Hommel	1:09.31	198701404	<b>1:10.68</b>	+0,78	32.18	1:10.68
4. Mandy van Wakeren	SPONS	1:08.93	198603954	<b>1:12.15</b>	+0,72	32.46	1:12.15
5. Stephanie Rombout	PSV	1:08.43	198803696	<b>1:12.79</b>	+0,77	32.21	1:12.79
6. Samantha van Eijk	De Geul	1:12.17	198806826	<b>1:14.09</b>	+0,75	34.86	1:14.09
7. Nienke van Stipriaan	PSV	1:13.79	198703970	<b>1:14.77</b>	+0,91	34.84	1:14.77
8. Kim van der Beek	PSV	1:17.46	198700196	<b>1:17.08</b>	+0,84	34.80	1:17.08
9. Elles van Leeuwen	PSV	1:17.84	198602240	<b>1:17.37</b>	+0,92	34.12	1:17.37
10. Roshendra Vrolijk	DES	1:12.93	198403268	<b>1:18.06</b>	+0,82	35.13	1:18.06
11. Annelette de Vries	WS Twente	1:15.33	198603908	<b>1:21.01</b>	+0,80	35.03	1:21.01
12. Liset de Veer	Aqua-Novio'94	1:24.29	198704190	<b>1:22.35</b>	+0,84	37.40	1:22.35
13. Marije Jansen	Montferland	1:21.08	198504088	<b>1:24.86</b>	+0,83	39.39	1:24.86
14. Esther Boonk	Zignea	1:21.31	198806570	<b>1:24.87</b>	+0,83	38.72	1:24.87
15. Sabine Duijst	De Amer	1:23.58	198701032	<b>1:29.78</b>	+0,97	40.08	1:29.78

Masters 30+

1. Delia Badoux	Zoetermeer	1:07.50	198000042	<b>1:09.78</b>	+0,73	31.84	1:09.78
2. Elvira Jonkers	De Pinquin	1:09.04	197900420	<b>1:11.71</b>	+0,87	32.73	1:11.71
3. Nadya Putter	ZVVS	1:09.77	198301630	<b>1:11.94</b>	+0,73	33.05	1:11.94
4. Esther Versteeg	Van Vliet-Barracuda	1:12.39	198302112	<b>1:11.98</b>	+0,88	33.30	1:11.98
5. Roos van Esch	TRB-RES	1:12.80	198200468	<b>1:12.31</b>	+0,82	33.29	1:12.31
6. Chiara Miglioli	CNSW	1:15.43	CNSW/524/82	<b>1:14.55</b>	+0,92	35.06	1:14.55
7. Patricia Strohm	De Dinkel	1:24.98	198102110	<b>1:20.01</b>	+0,86	35.14	1:20.01
8. Kristel Lips	ZV De Bron	1:23.32	197900562	<b>1:28.52</b>	+0,96	39.57	1:28.52

Masters 35+

1. Ilona Hogerheyde	DAW	1:15.23	197400224	<b>1:14.92</b>	+0,71	34.16	1:14.92
2. Babette Rens	Dedemsvaart-AC	1:27.89	197801200	<b>1:26.47</b>	+0,84	39.17	1:26.47
3. Miranda Straetemans	Zignea	1:29.80	197400514	<b>1:29.67</b>	+0,88	37.09	1:29.67

Masters 40+

1. Lidia v. Bon-Rosenbrand	AZ&PC	1:15.58	197000054	<b>1:17.07</b>	+0,86	35.87	1:17.07
2. Monique Tuijp	Ed-Vo	1:17.39	196900800	<b>1:20.29</b>	+0,92	36.22	1:20.29
3. Renata van Essen	Zuiderzeezwemmers	1:28.43	197300740	<b>1:33.77</b>	+0,79	42.20	1:33.77
4. Iris van Aurich	DWK	1:36.70	196900866	<b>1:35.78</b>	+0,81	42.38	1:35.78
5. Ilonka Hesseling	DES	1:34.79	196900958	<b>1:37.87</b>	+0,70	42.27	1:37.87
6. Irna van der Molen	WS Twente	1:44.58	196900938	<b>1:43.20</b>	+0,82	42.29	1:43.20

Masters 45+

1. Lesley Cordial	Neptunus	1:11.04	196700684	<b>1:11.93</b>	+0,87	34.33	1:11.93
<i>Nederlands Masters Record, Nederlands Masters Record</i>							
2. Miranda Keijl	Zignea	1:35.13	196500588	<b>1:38.60</b>	+1,06	45.43	1:38.60

Masters 50+

1. Marjan Remmits	One Team Swimming	1:18.74	196300518	<b>1:17.14</b>	+0,85	35.13	1:17.14
2. Marjan Spoelstra	Swol 1894	1:46.29	196000236	<b>1:50.64</b>	+0,96	50.47	1:50.64

Masters 55+

1. Colette Crabbe	CNSW	1:14.73	CNSW/559/56	<b>1:14.27</b>	+0,81	34.87	1:14.27
<i>BMR</i>							
2. Mathilde Vink	Swol 1894	1:15.20	195800128	<b>1:17.49</b>	+0,91	36.29	1:17.49
<i>Nederlands Masters Record</i>							
3. Claire Anthony	CNSW	1:23.94	CNSW/487/57	<b>1:31.20</b>	+0,85	42.45	1:31.20

Programmanr. 46, Dames, 100m vlinderslag

Masters 60+

1. Carla Hensen PSV 1:45.09 195300062 **1:45.22** +1,00 47.74 1:45.22

Programmanr. 48  
05-05-2013 - 17:49

Gemengd, 4 x 50m vrije slag

Masters Open  
Resultaten

rang	vereniging	inschrijftijd	startnr.	tijd	RT
<b>80+</b>					
1.	WVZ 1 <i>Kampioenschaps Record</i>	WVZ	1:54.14	<b>1:52.98</b>	+0,69
	Nick Baron	91 +0,69	26.50	89 +0,44	29.71
	Rens Post	91 +0,33	27.45	89 +0,55	29.32
2.	LZ 1886 1	LZ 1886	1:53.00	<b>1:53.21</b>	+0,83
	Bas Zierikzee	92 +0,83	28.67	90 +0,14	26.00
	Janet van der Poel	93 +0,25	28.84	93 +0,44	29.70
3.	Merlet 1	Merlet	1:56.67	<b>1:56.58</b>	+0,91
	Chantal Willems	91 +0,91	30.59	93 +0,33	32.54
	Joppe Schuurmans	89 +0,32	27.67	87 +0,22	25.78
4.	De Lansingh 1	De Lansingh	1:58.63	<b>1:58.10</b>	+0,75
	Aniek Huijsman	88 +0,75	30.53	84 +0,37	31.04
	Jeroen van Blanken	92 +0,31	27.85	90 +0,49	28.68
5.	Montferland 2	Montferland	2:02.01	<b>2:02.76</b>	+0,70
	Maik Steenkamp	91 +0,70	28.08	91 +0,59	35.21
	Wieteke Jansen	90 +0,49	33.11	85 +0,09	26.36
<b>100+</b>					
1.	Zwemlust-den Hommel 1 <i>Nederlands Masters Record</i>	Zwemlust-den Hommel	1:48.29	<b>1:46.56</b>	+0,77
	Malissa van der Horst	92 +0,77	27.08	79 +0,40	26.89
	Charlotte Groeneveld	87 +0,07	27.64	83 +0,22	24.95
2.	ZOB'66 1	ZOB'66	1:47.95	<b>1:49.10</b>	+0,64
	Anouk van der Pliigt	93 +0,64	29.22	86 +0,39	25.43
	Carly Noordermeer	87 +0,27	29.48	80 +0,29	24.97
3.	Zuiderzeezwemmers 1	Zuiderzeezwemmers	1:54.32	<b>1:50.24</b>	+0,78
	Lisanne Andeweg	88 +0,78	29.65	90 +0,23	28.37
	Ralf van der Poel	84 +0,13	26.36	88 +0,16	25.86
4.	DAW 1	DAW	1:58.08	<b>1:57.11</b>	+0,67
	Ron Langelaan	78 +0,67	29.06	86 +0,43	30.78
	Maaïke Vooren	91 +0,44	30.58	83 -0,02	26.69
5.	De Amer 1	De Amer	2:03.60	<b>2:01.35</b>	+0,82
	Anne Duijst	89 +0,82	28.61	88 +0,69	32.75
	Sabine Duijst	87 +0,31	33.09	81 +0,19	26.90
6.	PSV 8	PSV	2:10.35	<b>2:08.08</b>	+0,74
	Anne van der Jagt	87 +0,74	36.72	85 +0,51	34.31
	Albert Garcia i Tormo	82 +0,32	27.94	86 +0,56	29.11
7.	De Duinkickers 1	De Duinkickers	2:04.19	<b>2:08.82</b>	+0,71
	Sven van Zanten	90 +0,71	29.30	90 +0,48	34.47
	Esther van Buren	80 +0,27	37.19	87 +0,47	27.86



Programmanr. 48, Gemengd, 4 x 50m vrije slag

120+

1.	DAW 3 Sandra Pannekeet Alex Damen	DAW 84 +0,67 29.41 75 +0,27 26.93	1:55.25 Sandra Zwaanswijk Kars Luttk	85 +0,29 29.37 78 +0,32 27.55	<b>1:53.26</b>	+0,67
2.	DES 1 Ilonka Hesseling Peter Hesseling	DES 69 +0,63 32.07 64 +0,33 28.10	1:51.84 Roshendra Vrolijk Jean Pierre Bisslik	84 +0,54 29.62 87 +0,43 25.63	<b>1:55.42</b>	+0,63
3.	HZ&PC Heerenveen 1 René Beetsma Pia van der Molen	HZ&PC Heerenveen 69 +0,83 28.35 60 +0,29 34.13	1:59.24 Gerard Eghuizen Nanda de Vries	74 +0,39 27.99 92 +0,37 27.64	<b>1:58.11</b>	+0,83
4.	Zoetermeer 1 Linda Hoogendam Fleur Maas	Zoetermeer 83 +0,75 32.26 89 +0,49 32.41	2:08.04 Simon van Ravesteijn Markus van Rest	80 +0,42 27.21 77 +0,34 27.39	<b>1:59.27</b>	+0,75
5.	Montferland 1 Esther van Maastrigt Ferdinand Teitink	Montferland 88 +0,74 31.88 70 +0,50 31.22	2:05.35 Marije Jansen Tim Meijer	85 +0,35 29.06 81 +0,43 29.71	<b>2:01.87</b>	+0,74
6.	WS Twente 1 Marcel Reefhuis Ima van der Molen	WS Twente 81 +0,85 28.37 69 +0,48 33.60	2:00.81 Joop Weenink Annelette de Vries	68 +0,56 33.82 86 +0,48 29.41	<b>2:05.20</b>	+0,85
7.	PSV 7 Octavie Hoyer-Bovers Marc Weijers	PSV 70 +0,70 33.20 71 +0,17 32.35	2:04.93 Elles van Leeuwen Hans Spronken	86 +0,60 32.04 73 +0,46 28.81	<b>2:06.40</b>	+0,70
8.	DAW 2 Channe Noort Hans Schoenmakers	DAW 86 +0,67 32.26 69 +0,16 31.30	2:05.95 Esther Steltenpohl Jeroen Vogelsang	85 +0,62 33.03 80 -0,02 30.32	<b>2:06.91</b>	+0,67
9.	RZ 2 Yvonne Russ - Dijk Dianne Nien	RZ 70 +0,82 39.35 71 +0,34 34.85	2:13.91 Erik van der Zeijden Gino Martijn	86 +0,25 29.02 79 +0,35 28.10	<b>2:11.32</b>	+0,82

160+

1.	PSV 3 <i>Kampioenschaps Record</i> Stephanie Rombout Saskia Phaff	PSV 88 +0,82 28.82 66 +0,28 29.64	1:51.62 Brend Brevé Stefan Oosting	52 +0,18 29.50 81 +0,29 24.45	<b>1:52.41</b>	+0,82
2.	ZVVS 2 Karin Stein Rene de Jong	ZVVS 71 +0,83 32.50 66 +0,44 29.18	2:02.90 Joyce Brummelkamp Bas van den Nouwelant	70 +0,58 34.19 80 +0,47 26.66	<b>2:02.53</b>	+0,83
3.	Zwemclub Iloka Kapellen 1 Christine Verdonck Erika Schellens	Zwemclub Iloka Kapellen 85 +0,66 30.00 76 +0,48 32.66	2:04.30 Johan Vandewalle Hans Wijsman	60 +0,50 32.02 55 +0,36 28.63	<b>2:03.31</b>	+0,66
4.	RZ 1 Marion van Gerwen Vivian van Kerkwijk	RZ 65 +0,85 34.42 75 +0,53 32.60	2:06.25 Ralph Caster Dimitrie Sonnemans	61 +0,35 30.66 75 +0,51 27.13	<b>2:04.81</b>	+0,85
5.	Den Doorn 1 Antoinette Kant Nico Swart	Den Doorn 69 +0,96 35.73 68 +0,49 29.61	2:12.68 Ineke Branderhorst Tommy Uilenberg	69 +0,48 39.87 86 +0,41 29.52	<b>2:14.73</b>	+0,96
6.	ZVVS 3 Paula 't Hart-Buitelaar Marco Schoenmakers	ZVVS 77 +0,89 37.71 64 +0,43 38.59	2:32.58 Gonnie Paas Harry Paas	62 +0,70 37.43 58 +0,50 33.61	<b>2:27.34</b>	+0,89
DIS	CNSW 1 <i>AA - Moved before the starting signal at 1st (in case of 1 start rule) or 2nd start</i> Lionel Godeaux Pascal Balancier	CNSW 60 74	1:51.00 Nathalie Blondeel Colette Crabbe	77 56		

Programmanr. 48, Gemengd, 4 x 50m vrije slag

200+

1. PSV 1	PSV			2:15.65		<b>2:12.05</b>	+0,75
Frank Zwijnenberg	54	+0,75	33.71	Marc Wouters	65	+0,64	30.42
José Sanders	68	+0,36	35.93	Katrin Pennings	64	+0,44	31.99
2. DAW 4	DAW			2:19.27		<b>2:17.94</b>	+0,65
Ingeborg Stokx	67	+0,65	37.41	Petra Tossings	61	+0,70	37.59
Jaap Kwakkel	47	+0,54	33.86	John Stokx	64	+0,48	29.08
3. De Duinkickers 2	De Duinkickers			2:39.45		<b>2:39.63</b>	+0,80
Jaap de Boer	58	+0,80	34.24	Annet Verhoeven	46	+0,73	47.50
Klasien Blankestijn	69	+0,99	47.40	Marcel Brittijn	69	+0,39	30.49
4. PSV 6	PSV			2:46.63		<b>2:42.57</b>	+0,85
Kim van der Beek	87	+0,85	30.65	Dorry Elshout	57	+0,38	44.36
Paul Weeren	64	+0,72	39.27	Wim ter Laak	40	+0,79	48.29

240+

1. ZVVS 1	ZVVS			2:18.56		<b>2:11.50</b>	+0,80
<i>Nederlands Masters Record</i>							
Ada de Voogd	59	+0,80	34.04	Conny Boer-Buys	50	+0,33	31.97
Emiel van Elderen	56	+0,56	32.92	Willem Putter	45	+0,37	32.57
2. PSV 4	PSV			2:15.23		<b>2:13.88</b>	+1,07
Corrie Verhoeven	46	+1,07	36.29	Bart van Doesburg	56	+0,45	31.70
Patty Krupiarz	54	+0,20	35.32	Evertjan Masurel	56	+0,53	30.57
3. WS Twente 2	WS Twente			2:22.02		<b>2:23.68</b>	+1,03
Antoinette Gilding-Tussaud	50	+1,03	45.26	Marijke Kraak-Beckers	60	+0,44	33.80
Frans van Enst	40	+0,60	33.44	Jack Barends	62	+0,52	31.18

280+

1. PSV 5	PSV			3:14.36		<b>3:17.53</b>	+1,16
Alice Lindhout	35	+1,16	54.53	Liesbeth ter Laak	42	+1,53	1:13.04
Jan Tinholt	50	+0,83	33.35	Rob Hanou	43	+0,99	36.61

320+

1. PSV 2	PSV			3:25.46		<b>3:32.73</b>	+1,02
<i>Nederlands Masters Record</i>							
Bob Berg	33	+1,02	47.29	Cor Sprengers	35	+0,74	41.40
Marianne Maandonks	26		1:17.41	Lottie Geurts	35	+0,81	46.63