



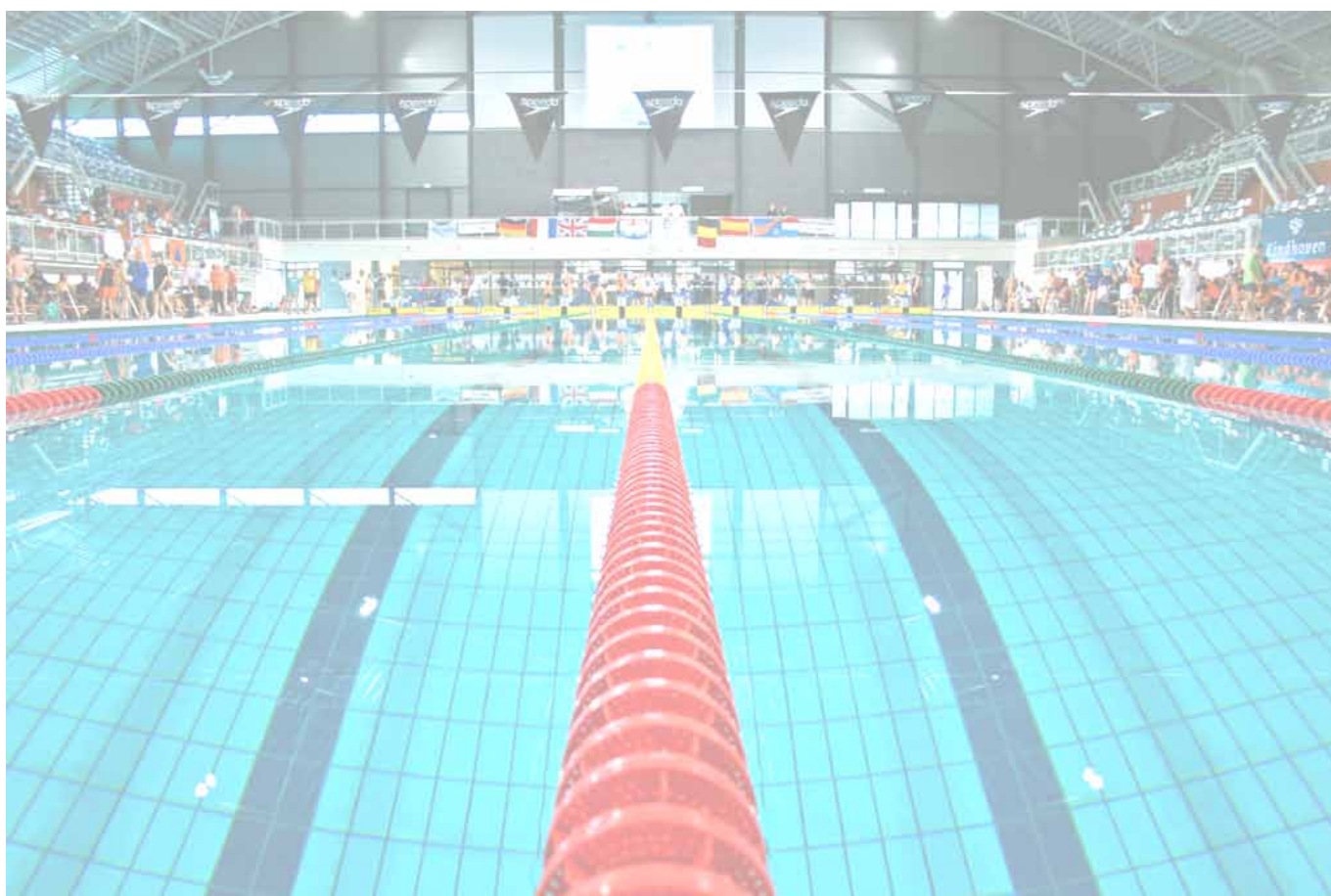
Join the ODMC 2011 long course!

Friday 6 - Sunday 8 May 2011

Pieter van den Hoogenband Swimstadion

[Antoon Coolenlaan 1, 5644 RX Eindhoven](#)

Location of the European Masters Championships 2013



Organisation:

PSV Masters Swimming i.c.w.

KNZB Taskforce Masters swimming





Open Dutch Masters Championships Swimming 2011 long course

Program

Friday 6 May

day 1 morning session
08:30 h Warming-up
09:00 h Competition

- 1 1500m free style Men
- 2 800m free style Women

Friday 6 May

day 1 afternoon session
13:00 h Warming-up
14:00 h Competition

- 4x200m free style
- 3 D/H/Mixed
- Pause (5 min.)**
- 5 200m breast Men
- 6 200m breast Women
- 7 200m fly Men
- 8 200m fly Women
- Pause (15 min.)**
- 9 200m free style Men
- 10 200m free style Women
- 11 200m back Men
- 12 200m back Women
- Pause (5 min.)**
- 13 4x100m medley D/H/Mixed

Saturday 7 May

day 2 morning session
08:30 h Warming-up
09:00 h Competition

- 14 400m free style Women
- 15 400m free style Men
- 16 50m fly Women
- 17 50m fly Men
- Pause (5 min.)**
- 18 4x100m free style D/H/Mixed

Saturday 7 May

day 2 afternoon session 2
13:00 h Warming-up
14:00 h Competition

- 19 4x50m medley Mixed
- Pause (5 min.)**
- 20 100m free style Women
- 21 100m free style Men
- 22 50m breast Women
- 23 50m breast Men
- Pause (15 min.)**
- 24 200m medley Women
- 25 200m medley Men
- 26 100m back Women
- 27 100m back Men
- Pause (5 min.)**
- 28 4x50m free style Women
- 29 4x50m free style Men

Sunday 8 May

day 3 morning session
08:30 h Warming-up
09:00 h Competition

- 31 800m free style Men
- 32 1500m free style Women

Sunday 8 May

day 3 afternoon session
13:00 h Warming-up
14:00 h Competition

- 33 4x50m medley Men
- 34 4x50m medley Women
- Pause (5 min.)**
- 35 50m free style Men
- 36 50m free style Women
- 37 100m breast Men
- 38 100m breast Women
- 39 400m medley Men
- 40 400m medley Women
- Pause (15 min.)**
- 41 50m back Men
- 42 50m back Women
- 43 100m fly Men
- 44 100m fly Women
- Pause (5 min.)**
- 45 4x50m free style Mixed

Outline of Sessions

Friday 6th May

Session	Warmup	Competition	End
Morning	08:30	09:00	12:30
Afternoon	13:00	14:00	18:00

Saturday 7th May

Session	Warmup	Competition	End
Morning	08:30	09:00	12:30
Afternoon	13:00	14:00	18:00
Masters buffet		18:30	20:00

Sunday 8th May

Session	Warmup	Competition	End
Morning	08:30	09:00	12:30
Afternoon	13:00	14:00	17:30

18:30-20:00 Masters buffet

Disclaimer

- Starting times are with reservation (this depends on the number of starts).

Warming up

- In accordance with FINA regulations the warming up is under the supervision of the organization.
- Warm-up lanes are arranged based on 100m freestyle times. Please follow the directions of supervisors.
- During the entire tournament it will be possible to warm up and cool down in the 4-lane 50m pool under the public stands.



Regulations

General

- Indoor pool, length 50 meters, 10 lanes, electronic timing.
- The one-start procedure will be in effect.
- There will be overhead starts with the exception of the 50 meter events and the relays. After finishing swimmers must stay in their own lane, to the side and at a distance of least 1 meter from the electronic touchpad. After the start of the next heat, or after directions from the officials, swimmers should leave the water as soon as possible.

Age groups Individual

- | | | |
|-------------------|-------------------|-------------------|
| - 20-24 1987-1991 | - 50-54 1957-1961 | - 80-84 1927-1931 |
| - 25-29 1982-1986 | - 55-59 1952-1956 | - 85-89 1922-1926 |
| - 30-34 1977-1981 | - 60-64 1947-1951 | - 90-94 1917-1921 |
| - 35-39 1972-1976 | - 65-69 1942-1946 | - etc. |
| - 40-44 1967-1971 | - 70-74 1937-1941 | |
| - 45-49 1962-1966 | - 75-79 1932-1936 | |

Age groups Relays

- 80-99, 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360-399 etc.

Inschrijvingen

- **Sending entries is possible from March 28th. The closing date for entries is Monday, April 18th at 20:00h.** Entries that are sent in later, changed or added, will be processed until the list of participants has been published with an administrative charge (see C 14.1).
- Entries will only be accepted if they are sent in by the swimming secretariat of the club in question.
- Entries without an entry time will not be accepted. Times have to be verifiable and swum from **May 1th, 2009** onwards. Times swum in 25m pools may be used.
- Entry times needs to be
 - o swum at an official competition sanctioned by a national swimming federation
 - o are verifiable if these are exactly to be found on www.swimrankings.net.
 - o if you cannot comply with the above you will need to attach the official results of the competition in question to your entry
- Times made in unofficial competitions or in unlawful starts will not be accepted.
- Times made by the first swimmer in a relay will be accepted, as long as they were marked in the official results.
- Split times may be used as entry times, as long as they were marked in the official results.
- More than one relay team per club may be entered in an event.
- **Attention!** All relays will be placed in the appropriate age group based on the sum of the age of the individual participants (per 31 December 2011). 80+ team and 100+ and higher teams with one or more 20+ participants are excluded from European and World Masters record and LEN and FINA rankings.
- A swimmer will only be allowed to swim in one team in each relay event.
- Replacing swimmers in a relay is not allowed to change the age group of the relay.
- Changes in relay teams must be made by submitting a written document to the meet secretariat before the start of the warming up of the session in which the relay will be swum.
- A swimmer may enter a maximum of 2 individual events per session.
- If a swimmer wishes to attempt a European or World Masters Record, this should be noted at the KNZB entry form (MS Word).
- If there are more starts at the closing of the entries then can be processed per planned session duration, the organization reserves the right, in consultation with the KNZB Taskforce Masters Swimming, to select the entries based on a percentage of the World Masters Records (WMR) according to the following formula:
 - $Points = WMR/entrytime * 1000 + CategoryAge$
 - Here the WMR will be used of the course length in which the entrytime is swumSwimmers of AgeCategory 65+ and older will not be limited on the 50m distances. In case of limitation there will be a reserve list in order of points.



- If there are fewer than 1800 starts at the closing date for entries, the organization reserves the right to cancel or adapt these championships, after conferring with the KNZB Taskforce Masters Swimming. This will be communicated to those concerned at the latest within a week of the closing date.

You only can send your entries via email:

- The entry can only be made with the aid of a computer program that is Lenex v2/3 compatible.
 - The lxf invitation file can be found on the [KNZB website](#).
 - The entry form can be found on the [KNZB website](#).
- With the entry you need to attach the following files:
 - 1 x lxf (Lenex v2/3 compatible) with all digital data for the competition program.
 - 1 x pdf with an overview of all events to be swum, ordered by swimmer, including license number, place and date where the entry time was swum, and the names of relay swimmers.
 - 1 x doc, the entry form of the KNZB.
- So, three files, including in all files **the name of your club**, according to the following format:
 - 2011-05-06=(Your Swim Club name)-ODMC2011lc-entry.lxf
 - 2011-05-06=(Your Swim Club name)-ODMC2011lc-entry.pdf
 - 2011-05-06=(Your Swim Club name)-ODMC2011lc-entryform.doc
- Entries for several days must be sent as 1 complete file.
 - **Note:** All file names should include your club name.
 - **Note:** Please indicate in the entryform which swimmers will take part in the Masters Buffet.
 - **Note:** All files can be only mailed to mastersinschrijvingen@knzb.nl.
 - **Note:** Please use as subject line of the email: "**Entry ODMC2011lc + your swim club name**".
- By sending your entries by email you will receive twice a notification that your email has been received. If you do not receive these notifications, your entries have not been received.
 - First: an automatic notification that the e-mail is received.
 - Second: a personal confirmation from the organization that the entry procedure is correctly followed. Only with this second confirmation your entry is certainly received
 - § The first notification will follow quickly
 - § For the second confirmation we strive to a maximum of 24 hours.

Unlawful, incomplete or late entries

- Incomplete entries and entries that have not been received in time cannot be processed.

Heats, seeding, start lists, withdrawals and taking out of competition

- Lists of participants will be published on the [KNZB](#) and the [local organisation](#) once the entries have been processed. After this, changes in the entries are no longer possible.
- Start lists will be published on the websites in question 24 hours before the start of the session at the latest.
- All heats will be seeded on entry times
- In case of a large number of swimmers in the 400 m, 800 m. and 1500 m. the organization may ask swimmers to confirm their participation before the start of the warming up of the session in question. After this confirmation the heats will be seeded.
- Withdrawals must be in possession of the organization at the latest before the start of the first officials meeting of the meet day (that is before the first warming up of that day).
- Later withdrawals will be sanctioned
- The referees may decide to take a participant out of the competition if this swimmer will exceed his entry time by a large margin.



Open Dutch Masters Championships Swimming 2011 long course

Results, Ceremonies, and prizes

- Results will be posted on central locations in the pool and placed as soon as possible on the [KNZB](#) en [PSV Masters](#) websites. Live timing on [KNZB Live Timing website](#).
- Prizes may be picked up at the prizes table. Prizes that are not picked up will not be sent afterwards.
- Swimmers who have swum a National, European or World Masters Record may be called for an extra ceremony. Absence from this ceremony means no prize.
- There will be 3 medals per age group in each individual event.
- For the relays, three times four medals will be awarded by age group.

Entry fees and payment

- Entry fees for the Dutch Championships are:
 - Individual events € 7,50 per start
 - Relays € 15,00 per start
 - Saturday evening dinner: Masters buffet (not only for swimmers)
 - § Signed up with entries € 15,00
 - § During tournament € 2,50 **extra** (limited availability only!)
 - § Children 12 and under € 5,00 discount
 - § Please indicate in advance (with your entry) if you'd like a vegetarian meal.
- **Foreign clubs** must transfer the entry and buffet fees before the closing date for entries to:
 - Account No : 146127056
 - From : PSV zwemmen en waterpolo inz. Masters
 - At : Eindhoven
 - IBAN : NL92RABO0146127056
 - BIC/SWIFT : RABONL2UWith payment details: Entry fee ODMC2011Ic-"name swim Club"
Please note all bank charges for own account.

Marshalling area

- There is no marshalling area. Swimmers have to make sure themselves to be at the start at time. There will be no waiting.

Doping

- Doping checks are contained in the doping regulations of the KNZB. The procedures are described here and apply to all athletes taking part in a competition under the responsibility of the KNZB and/or one of her affiliated members. More information can be found on the [KNZB website](#) (Dutch language).

Spectators

- Admittance is free.
- The cost of an extra program is € 4,00 for all sessions and € 1,00 for a program for one session (while they're still available). Each club will receive one free set.

Children's program

- Children and adults may make use of the recreational pool of De Tongelreep at a reduced price on Saturday and Sunday.
- Children under 8 must be accompanied by an adult.
- Reduced tickets for the recreational pool can be obtained from the swimmers info desk.
 - o Children up to 16 years € 1,50
 - o Adults and children over 16 years € 3,00

Inquiries

- Harold Matla Tel. +31-6-24531775 e-mail: odmc@psvmasters.nl
- Kees-Jan van Overbeeke Tel. +31-543-533717 e-mail: Masters@knzb.nl



Final condition

- The organization and the KNZB Taskforce Masters swimming reserve the right to make changes if the circumstances so require.
- Participants can never hold the organization responsible for the consequences of participating.
- By entering the participant confirms that he or she is fit enough to participate in this competition.

The organization can be reached during the competition

by telephone **+31(0)40-2381142**

and e-mail mastersinschrijvingen@knzb.nl

Competition and other information on websites

[KNZB](#) en [PSV Masters](#)

Accommodations in the area

A special Masters Accommodation arrangement is offered by:

Hotel Van der Valk in Eindhoven,
Aalsterweg 322, 5644 RL Eindhoven

tel 040-2116033

fax 040-2120774

Website: www.vandervalk.com



The hotel is at ± 1500 meters of the pool, with ample parking space. A luxurious standard room costs € 65,00 (breakfast ad € 12,50 per person not included) per night. If there are two people to a room, the same room price will apply, but two breakfasts will be counted.

The use of swimming pool and sports facilities is included. Guests need to make their own booking. Doing so, they need to indicate they wish to make use of the “**PSV Masters arrangement**”. The room price is based on availability.

The price does not include tourist taxes.

