

Event 8
08.05.2010 - 9:00

Men, 400m Freestyle

Masters Open
Results

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|---------------------------|-------------------|---------------|--------------|---------------|-------|---------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Marc Catsburg | MNC Dordrecht | 4:21.36 | 9000533 | 4:36.59 | +0,88 | | |
| | 50m: 30.59 | 30.59 | 150m: 1:39.99 | 35.07 | 250m: 2:50.25 | 35.17 | 350m: 4:01.39 | 35.73 |
| | 100m: 1:04.92 | 34.33 | 200m: 2:15.08 | 35.09 | 300m: 3:25.66 | 35.41 | 400m: 4:36.59 | 35.20 |
| 2. | Tim Bunnik | Triton | 4:51.29 | 9000505 | 4:50.67 | +0,95 | | |
| | 50m: 31.05 | 31.05 | 150m: 1:44.33 | 37.66 | 250m: 2:59.75 | 38.13 | 350m: 4:13.65 | 36.70 |
| | 100m: 1:06.67 | 35.62 | 200m: 2:21.62 | 37.29 | 300m: 3:36.95 | 37.20 | 400m: 4:50.67 | 37.02 |
| 3. | Rick Hellenbrand | NIMO | 4:54.82 | 8901173 | 4:53.18 | +0,92 | | |
| | 50m: 32.57 | 32.57 | 150m: 1:45.37 | 36.89 | 250m: 3:00.45 | 37.67 | 350m: 4:15.70 | 37.72 |
| | 100m: 1:08.48 | 35.91 | 200m: 2:22.78 | 37.41 | 300m: 3:37.98 | 37.53 | 400m: 4:53.18 | 37.48 |
| 4. | Niels Albrechts 200m * | De Schotelijl | 4:39.16 | 8800039 | 4:56.40 | +0,94 | | |
| | 50m: 32.25 | 32.25 | 150m: 1:46.13 | 37.74 | 250m: 3:03.06 | 39.22 | 350m: 4:21.43 | 39.15 |
| | 100m: 1:08.39 | 36.14 | 200m: 2:23.84 | 37.71 | 300m: 3:42.28 | 39.22 | 400m: 4:56.40 | 34.97 |
| 5. | Jan Hofstede | De Reest | 5:10.54 | 8601269 | 5:31.16 | +0,81 | | |
| | 50m: 33.44 | 33.44 | 150m: 1:55.02 | 41.54 | 250m: 3:20.83 | 41.94 | 350m: 4:49.79 | 44.27 |
| | 100m: 1:13.48 | 40.04 | 200m: 2:38.89 | 43.87 | 300m: 4:05.52 | 44.69 | 400m: 5:31.16 | 41.37 |
| 6. | Martijn van Hoorn | De Schotelijl | 5:18.08 | 8901343 | 5:33.38 | +0,90 | | |
| | 50m: 34.18 | 34.18 | 150m: 1:54.73 | 41.13 | 250m: 3:22.71 | 44.52 | 350m: 4:52.17 | 44.91 |
| | 100m: 1:13.60 | 39.42 | 200m: 2:38.19 | 43.46 | 300m: 4:07.26 | 44.55 | 400m: 5:33.38 | 41.21 |
| Masters 25+ | | | | | | | | |
| 1. | Erik Schroeder | TriVia | 4:12.70 | 8402025 | 4:25.83 | +0,88 | | |
| | 50m: 29.01 | 29.01 | 150m: 1:35.33 | 33.58 | 250m: 2:43.73 | 34.48 | 350m: 3:53.07 | 34.77 |
| | 100m: 1:01.75 | 32.74 | 200m: 2:09.25 | 33.92 | 300m: 3:18.30 | 34.57 | 400m: 4:25.83 | 32.76 |
| 2. | Ian van der Hulst | PSV | 4:38.14 | 8401021 | 4:33.84 | +0,85 | | |
| | 50m: 29.50 | 29.50 | 150m: 1:39.62 | 34.92 | 250m: 2:49.52 | 33.87 | 350m: 3:59.08 | 34.79 |
| | 100m: 1:04.70 | 35.20 | 200m: 2:15.65 | 36.03 | 300m: 3:24.29 | 34.77 | 400m: 4:33.84 | 34.76 |
| 3. | Sylvain Faticoni | CHTHN | 4:32.19 | CHTHN/066/83 | 4:39.40 | +0,82 | | |
| | 50m: 31.27 | 31.27 | 150m: 1:39.97 | 34.82 | 250m: 2:50.95 | 35.74 | 350m: 4:03.90 | 36.66 |
| | 100m: 1:05.15 | 33.88 | 200m: 2:15.21 | 35.24 | 300m: 3:27.24 | 36.29 | 400m: 4:39.40 | 35.50 |
| 4. | Remco van Althuis | SBC2000 | 4:36.53 | 8300029 | 4:45.52 | +0,88 | | |
| | 50m: 30.93 | 30.93 | 150m: 1:41.16 | 35.82 | 250m: 2:54.71 | 36.66 | 350m: 4:09.25 | 37.35 |
| | 100m: 1:05.34 | 34.41 | 200m: 2:18.05 | 36.89 | 300m: 3:31.90 | 37.19 | 400m: 4:45.52 | 36.27 |
| 5. | Sander Bouts | RZ | 4:29.91 | 8500331 | 4:45.56 | +0,82 | | |
| | 50m: 31.86 | 31.86 | 150m: 1:43.36 | 36.09 | 250m: 2:56.73 | 36.64 | 350m: 4:09.69 | 36.43 |
| | 100m: 1:07.27 | 35.41 | 200m: 2:20.09 | 36.73 | 300m: 3:33.26 | 36.53 | 400m: 4:45.56 | 35.87 |
| 6. | Marcel Reefhuis | De Veene | 4:43.12 | 8101381 | 4:46.18 | +0,81 | | |
| | 50m: 31.03 | 31.03 | 150m: 1:41.57 | 35.62 | 250m: 2:53.95 | 35.96 | 350m: 4:08.51 | 37.59 |
| | 100m: 1:05.95 | 34.92 | 200m: 2:17.99 | 36.42 | 300m: 3:30.92 | 36.97 | 400m: 4:46.18 | 37.67 |
| Masters 30+ | | | | | | | | |
| 1. | Gergely Molnar | Sprint Fortuna SC | 4:38.00 | 80MOLN | 4:36.66 | +0,87 | | |
| | 50m: 31.35 | 31.35 | 150m: 1:41.37 | 35.58 | 250m: 2:52.20 | 35.41 | 350m: 4:02.61 | 34.99 |
| | 100m: 1:05.79 | 34.44 | 200m: 2:16.79 | 35.42 | 300m: 3:27.62 | 35.42 | 400m: 4:36.66 | 34.05 |
| 2. | Ivo Roozeboom | DES | 4:41.49 | 7700801 | 4:37.79 | +0,88 | | |
| | 50m: 30.58 | 30.58 | 150m: 1:40.83 | 35.84 | 250m: 2:52.35 | 36.05 | 350m: 4:03.68 | 35.43 |
| | 100m: 1:04.99 | 34.41 | 200m: 2:16.30 | 35.47 | 300m: 3:28.25 | 35.90 | 400m: 4:37.79 | 34.11 |
| 3. | Ralf Peters | KZPC | 4:37.00 | 7600737 | 4:39.87 | +0,85 | | |
| | 50m: 30.49 | 30.49 | 150m: 1:41.44 | 35.71 | 250m: 2:53.09 | 35.57 | 350m: 4:05.46 | 36.02 |
| | 100m: 1:05.73 | 35.24 | 200m: 2:17.52 | 36.08 | 300m: 3:29.44 | 36.35 | 400m: 4:39.87 | 34.41 |
| 4. | Jeroen Vogelsang | Het Y | 4:45.08 | 8001645 | 4:58.29 | +0,91 | | |
| | 50m: 31.40 | 31.40 | 150m: 1:44.52 | 37.06 | 250m: 3:01.92 | 38.57 | 350m: 4:20.59 | 38.00 |
| | 100m: 1:07.46 | 36.06 | 200m: 2:23.35 | 38.83 | 300m: 3:42.59 | 40.67 | 400m: 4:58.29 | 37.70 |
| 5. | Koen de Haan | PSV | 4:57.84 | 7801671 | 5:02.21 | +0,92 | | |
| | 50m: 30.87 | 30.87 | 150m: 1:44.98 | 38.18 | 250m: 3:04.37 | 40.11 | 350m: 4:22.73 | 38.75 |
| | 100m: 1:06.80 | 35.93 | 200m: 2:24.26 | 39.28 | 300m: 3:43.98 | 39.61 | 400m: 5:02.21 | 39.48 |

Event 8, Men, 400m Freestyle, Masters 30+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|----------------|------------|---------------|----------|---------------|-------|
| 6. | Michel Wigbers | DWT | 5:09.34 | 8001743 | 5:18.53 | +0,90 |
| | 50m: 34.67 | 34.67 | 150m: 1:54.30 | 40.51 | 250m: 3:17.11 | 41.22 |
| | 100m: 1:13.79 | 39.12 | 200m: 2:35.62 | 41.32 | 300m: 3:58.99 | 41.88 |
| | | | | | 350m: 4:40.21 | 42.22 |
| | | | | | 400m: 5:18.53 | 38.32 |
| 7. | Han Ruijs | RZ | 5:52.16 | 7901867 | 6:10.64 | +0,82 |
| | 50m: 37.36 | 37.36 | 150m: 2:07.38 | 47.09 | 250m: 3:44.15 | 48.34 |
| | 100m: 1:20.29 | 42.93 | 200m: 2:54.76 | 47.38 | 300m: 4:33.80 | 49.65 |
| | | | | | 350m: 5:22.14 | 48.34 |
| | | | | | 400m: 6:10.64 | 48.50 |
| 8. | Jeroen Tebbens | IJZ&PC | 6:41.42 | 7601405 | 7:00.65 | +0,92 |
| | 50m: 42.05 | 42.05 | 150m: 2:26.10 | 54.25 | 250m: 4:17.08 | 56.23 |
| | 100m: 1:31.85 | 49.80 | 200m: 3:20.97 | 54.87 | 300m: 5:13.16 | 56.08 |
| | | | | | 350m: 6:09.39 | 56.23 |
| | | | | | 400m: 7:00.65 | 51.26 |

Masters 35+

| | | | | | | |
|----|------------------|----------|---------------|---------|---------------|-------|
| 1. | Agnus Gerringa | DWK | 5:01.49 | 7100285 | 4:55.04 | +0,91 |
| | 50m: 31.54 | 31.54 | 150m: 1:44.62 | 37.36 | 250m: 3:00.28 | 37.81 |
| | 100m: 1:07.26 | 35.72 | 200m: 2:22.47 | 37.85 | 300m: 3:38.66 | 38.38 |
| | | | | | 350m: 4:16.94 | 38.28 |
| | | | | | 400m: 4:55.04 | 38.10 |
| 2. | Erwin Zuidervelt | De Futen | 5:01.43 | 7501015 | 5:12.90 | +0,86 |
| | 50m: 34.95 | 34.95 | 150m: 1:52.84 | 39.38 | 250m: 3:13.23 | 40.38 |
| | 100m: 1:13.46 | 38.51 | 200m: 2:32.85 | 40.01 | 300m: 3:54.21 | 40.98 |
| | | | | | 350m: 4:34.73 | 40.52 |
| | | | | | 400m: 5:12.90 | 38.17 |

Masters 40+

| | | | | | | |
|-----|---------------------------|-------------------|---------------|---------|---------------|-------|
| 1. | Norbert Nagy | Sprint Fortuna SC | 4:40.72 | 69NAGY | 4:47.93 | +0,82 |
| | 50m: 32.25 | 32.25 | 150m: 1:44.48 | 36.58 | 250m: 2:57.90 | 36.58 |
| | 100m: 1:07.90 | 35.65 | 200m: 2:21.32 | 36.84 | 300m: 3:35.06 | 37.16 |
| | | | | | 350m: 4:11.68 | 36.62 |
| | | | | | 400m: 4:47.93 | 36.25 |
| 2. | Rene Beetsma | HZ&PC Heerenveen | 4:40.26 | 6900069 | 4:58.90 | +0,89 |
| | 50m: 31.76 | 31.76 | 150m: 1:45.38 | 37.72 | 250m: 3:03.11 | 39.07 |
| | 100m: 1:07.66 | 35.90 | 200m: 2:24.04 | 38.66 | 300m: 3:42.17 | 39.06 |
| | | | | | 350m: 4:20.90 | 38.73 |
| | | | | | 400m: 4:58.90 | 38.00 |
| 3. | Kees Akershoek | De Stelle | 4:51.00 | 6900009 | 5:08.08 | +0,85 |
| | 50m: 33.88 | 33.88 | 150m: 1:49.50 | 38.67 | 250m: 3:08.55 | 39.90 |
| | 100m: 1:10.83 | 36.95 | 200m: 2:28.65 | 39.15 | 300m: 3:48.33 | 39.78 |
| | | | | | 350m: 4:28.33 | 40.00 |
| | | | | | 400m: 5:08.08 | 39.75 |
| 4. | Erik van Dartel 200m * | PSV | 4:42.19 | 6700185 | 5:21.77 | +1,01 |
| | 50m: 34.67 | 34.67 | 150m: 1:53.80 | 39.94 | 250m: 3:15.73 | 41.41 |
| | 100m: 1:13.86 | 39.19 | 200m: 2:34.32 | 40.52 | 300m: 3:57.57 | 41.84 |
| | | | | | 350m: 4:39.82 | 42.25 |
| | | | | | 400m: 5:21.77 | 41.95 |
| 5. | Peter v. Meerveld | AZ&PC | 5:07.26 | 6700649 | 5:29.63 | +0,98 |
| | 50m: 35.75 | 35.75 | 150m: 1:57.97 | 41.66 | 250m: 3:24.60 | 43.25 |
| | 100m: 1:16.31 | 40.56 | 200m: 2:41.35 | 43.38 | 300m: 4:07.92 | 43.32 |
| | | | | | 350m: 4:49.56 | 41.64 |
| | | | | | 400m: 5:29.63 | 40.07 |
| 6. | Arnold Jonker | HZ&PC Heerenveen | 6:42.51 | 7000529 | 6:27.21 | +0,85 |
| | 50m: 40.94 | 40.94 | 150m: 2:15.80 | 47.44 | 250m: 3:55.60 | 49.62 |
| | 100m: 1:28.36 | 47.42 | 200m: 3:05.98 | 50.18 | 300m: 4:46.74 | 51.14 |
| | | | | | 350m: 5:37.16 | 50.42 |
| | | | | | 400m: 6:27.21 | 50.05 |
| 7. | Marcel Brittijn | De Duinkickers | 6:44.51 | 6900159 | 6:33.81 | +0,87 |
| | 50m: 39.31 | 39.31 | 150m: 2:13.23 | 48.89 | 250m: 3:56.80 | 52.13 |
| | 100m: 1:24.34 | 45.03 | 200m: 3:04.67 | 51.44 | 300m: 4:51.23 | 54.43 |
| | | | | | 350m: 5:45.49 | 54.26 |
| | | | | | 400m: 6:33.81 | 48.32 |
| WDR | Henk van Zetten | Octopus | 6:23.29 | 6701261 | | |
| | 50m: | 150m: | 250m: | 350m: | | |
| | 100m: | 200m: | 300m: | 400m: | | |

Masters 45+

| | | | | | | |
|----|---------------------------|---------------|---------------|---------|---------------|-------|
| 1. | Frank Gomoll | SG Gladbeck | 4:44.52 | 112232 | 4:43.32 | +1,04 |
| | 50m: 33.24 | 33.24 | 150m: 1:43.97 | 35.62 | 250m: 2:55.97 | 36.00 |
| | 100m: 1:08.35 | 35.11 | 200m: 2:19.97 | 36.00 | 300m: 3:31.86 | 35.89 |
| | | | | | 350m: 4:08.81 | 36.95 |
| | | | | | 400m: 4:43.32 | 34.51 |
| 2. | Edwin v. Norden | AZ&PC | 4:35.06 | 6300563 | 4:47.09 | +0,82 |
| | 50m: 32.14 | 32.14 | 150m: 1:43.61 | 36.11 | 250m: 2:56.64 | 36.48 |
| | 100m: 1:07.50 | 35.36 | 200m: 2:20.16 | 36.55 | 300m: 3:33.73 | 37.09 |
| | | | | | 350m: 4:10.19 | 36.46 |
| | | | | | 400m: 4:47.09 | 36.90 |
| 3. | Jan Brink 100m, 200m * | De Stormvogel | 4:43.27 | 6200091 | 4:53.91 | +0,81 |
| | 50m: 33.15 | 33.15 | 150m: 1:46.32 | 36.56 | 250m: 3:01.02 | 37.06 |
| | 100m: 1:09.76 | 36.61 | 200m: 2:23.96 | 37.64 | 300m: 3:38.89 | 37.87 |
| | | | | | 350m: 4:16.57 | 37.68 |
| | | | | | 400m: 4:53.91 | 37.34 |
| 4. | Rene de Boer | DAW-FINENZO | 4:53.13 | 6400087 | 5:03.55 | +0,95 |
| | 50m: 31.83 | 31.83 | 150m: 1:45.98 | 37.99 | 250m: 3:04.02 | 39.36 |
| | 100m: 1:07.99 | 36.16 | 200m: 2:24.66 | 38.68 | 300m: 3:43.94 | 39.92 |
| | | | | | 350m: 4:24.59 | 40.65 |
| | | | | | 400m: 5:03.55 | 38.96 |

Event 8, Men, 400m Freestyle, Masters 45+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|---|--|--------------------------------|--|------------------|-------|
| 5. | John Stoffer | Zoetermeer | 5:13.58 | 6300725 | 5:22.62 | +0,89 |
| | 50m: 34.53 34.53 100m: 1:12.81 38.28 | 150m: 1:53.57 40.76 200m: 2:35.84 42.27 | 250m: 3:18.07 300m: 4:00.38 | 42.23 350m: 4:42.46 42.31 400m: 5:22.62 | 42.08 40.16 | |
| 6. | Mark Kas | PLONS | 5:22.86 | 6100285 | 5:23.66 | +0,87 |
| | 50m: 36.55 36.55 100m: 1:17.95 41.40 | 150m: 1:59.87 41.92 200m: 2:41.90 42.03 | 250m: 3:23.21 300m: 4:04.82 | 41.31 350m: 4:44.78 41.61 400m: 5:23.66 | 39.96 38.88 | |
| 7. | Edzo Huisman | Aquapoldro | 5:09.94 | 6301029 | 5:29.01 | +0,95 |
| | 50m: 34.99 34.99 100m: 1:14.55 39.56 | 150m: 1:56.12 41.57 200m: 2:38.66 42.54 | 250m: 3:22.10 300m: 4:05.74 | 43.44 350m: 4:48.72 43.64 400m: 5:29.01 | 42.98 40.29 | |
| 8. | Aan Tjalke Pander | Gay Swim Amsterdam | 5:41.73 | 6400569 | 5:37.50 | +0,98 |
| | 50m: 39.21 39.21 100m: 1:21.86 42.65 | 150m: 2:05.37 43.51 200m: 2:49.29 43.92 | 250m: 3:32.60 300m: 4:16.86 | 43.31 350m: 4:58.90 44.26 400m: 5:37.50 | 42.04 38.60 | |
| 9. | Joost de Kroon 200m* | AquAmigos | 5:29.00 | 6400999 | 5:37.84 | +1,02 |
| | 50m: 37.98 37.98 100m: 1:20.36 42.38 | 150m: 2:03.48 43.12 200m: 2:47.02 43.54 | 250m: 3:30.82 300m: 4:14.39 | 43.80 350m: 4:57.31 43.57 400m: 5:37.84 | 42.92 40.53 | |
| 10. | Paul van der Voort | De Zwoer | 5:24.39 | 6200715 | 5:39.48 | +1,11 |
| | 50m: 35.90 35.90 100m: 1:17.33 41.43 | 150m: 2:00.51 43.18 200m: 2:45.24 44.73 | 250m: 3:29.17 300m: 4:14.85 | 43.93 350m: 4:58.69 45.68 400m: 5:39.48 | 43.84 40.79 | |
| 11. | Aldo Atzeni | Florange olympique club | 5:54.90 | 546024 | 6:02.09 | +0,99 |
| | 50m: 38.70 38.70 100m: 1:22.01 43.31 | 150m: 2:06.21 44.20 200m: 2:53.72 47.51 | 250m: 3:39.61 300m: 4:28.10 | 45.89 350m: 5:15.03 48.49 400m: 6:02.09 | 46.93 47.06 | |
| 12. | Erik Saan 100m* | De Duck | 5:55.58 | 6500769 | 6:03.54 | +1,07 |
| | 50m: 36.16 36.16 100m: 1:18.68 42.52 | 150m: 2:05.21 46.53 200m: 2:51.90 46.69 | 250m: 3:40.59 300m: 4:29.12 | 48.69 350m: 5:18.67 48.53 400m: 6:03.54 | 49.55 44.87 | |
| 13. | Aris Jan van Ek | IJZ&PC | 6:52.31 | 6100125 | 7:04.02 | +0,99 |
| | 50m: 44.59 44.59 100m: 1:33.88 49.29 | 150m: 2:27.67 53.79 200m: 3:22.86 55.19 | 250m: 4:19.54 300m: 5:16.12 | 56.68 350m: 5:47.23 56.58 400m: 7:04.02 | 31.11 1:16.79 | |
| 14. | Perry Dekker | ZV De Bron | 7:18.02 | 6201081 | 7:29.72 | +1,23 |
| | 50m: 46.71 46.71 100m: 1:40.41 53.70 | 150m: 2:37.97 57.56 200m: 3:36.52 58.55 | 250m: 4:35.17 300m: 5:33.69 | 58.65 350m: 6:32.82 58.52 400m: 7:29.72 | 59.13 56.90 | |

Masters 50+

| | | | | | | |
|-----|--|--|--------------------------------|--|----------------|-------|
| 1. | Hugo Bregman <i>Nederlands Masters Record</i> | WVZ | 4:38.49 | 5800069 | 4:40.92 | +0,85 |
| | 50m: 32.05 32.05 100m: 1:06.83 34.78 | 150m: 1:43.31 36.48 200m: 2:18.90 35.59 | 250m: 2:55.12 300m: 3:30.69 | 36.22 350m: 4:06.67 35.57 400m: 4:40.92 | 35.98 34.25 | |
| 2. | Hans Groothelm | DBD | 5:30.50 | 5800151 | 5:36.25 | +0,87 |
| | 50m: 36.29 36.29 100m: 1:17.66 41.37 | 150m: 2:00.23 42.57 200m: 2:43.52 43.29 | 250m: 3:27.41 300m: 4:11.16 | 43.89 350m: 4:54.92 43.75 400m: 5:36.25 | 43.76 41.33 | |
| 3. | Philippe Mattelaer | AZV | 5:48.78 | AZV/124/60 | 5:39.37 | +0,82 |
| | 50m: 35.76 35.76 100m: 1:17.42 41.66 | 150m: 2:01.00 43.58 200m: 2:45.35 44.35 | 250m: 3:29.79 300m: 4:14.53 | 44.44 350m: 4:59.01 44.74 400m: 5:39.37 | 44.48 40.36 | |
| 4. | Andre Wertz | Royal Verviers Natation | 5:17.83 | VN/110/56 | 5:44.41 | +0,89 |
| | 50m: 38.28 38.28 100m: 1:21.18 42.90 | 150m: 2:04.96 43.78 200m: 2:49.15 44.19 | 250m: 3:33.32 300m: 4:18.27 | 44.17 350m: 5:02.94 44.95 400m: 5:44.41 | 44.67 41.47 | |
| 5. | Jan Willem Heuten | WS Twente | 5:51.10 | 6000883 | 5:53.02 | +0,99 |
| | 50m: 36.81 36.81 100m: 1:19.01 42.20 | 150m: 2:03.75 44.74 200m: 2:50.75 47.00 | 250m: 3:37.08 300m: 4:24.53 | 46.33 350m: 5:09.60 47.45 400m: 5:53.02 | 45.07 43.42 | |
| 6. | Paul Bunnik | Triton | 5:43.59 | 5600413 | 5:53.32 | +1,06 |
| | 50m: 35.78 35.78 100m: 1:18.43 42.65 | 150m: 2:04.47 46.04 200m: 2:50.64 46.17 | 250m: 3:37.92 300m: 4:25.03 | 47.28 350m: 5:12.18 47.11 400m: 5:53.32 | 47.15 41.14 | |
| 7. | Filip Timmermans | ShaRK | 6:24.79 | ShaRK/163/60 | 6:56.72 | +1,03 |
| | 50m: 50.06 50.06 100m: 1:39.45 49.39 | 150m: 2:31.54 52.09 200m: 3:22.06 50.52 | 250m: 4:15.48 300m: 5:09.41 | 53.42 350m: 6:06.14 53.93 400m: 6:56.72 | 56.73 50.58 | |
| 8. | Jan Minkels | Zegenwerp | 7:26.07 | 5600213 | 7:33.29 | +1,18 |
| | 50m: 49.75 49.75 100m: 1:47.07 57.32 | 150m: 2:45.85 58.78 200m: 3:45.53 59.68 | 250m: 4:44.67 300m: 5:42.66 | 59.14 350m: 6:40.82 57.99 400m: 7:33.29 | 58.16 52.47 | |
| WDR | Marius Ros | ZCNF'34 | 5:04.96 | 5900779 | | |
| | 50m: 100m: | 150m: 200m: | 250m: 300m: | 350m: 400m: | | |

Event 8, Men, 400m Freestyle, Masters 50+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|---------------|------------|---------------|----------|------|----|
| WDR | Elzo Dijkhuis | TriVia | 4:58.71 | 6000873 | | |
| | 50m: | 150m: | 250m: | 350m: | | |
| | 100m: | 200m: | 300m: | 400m: | | |

Masters 55+

| | | | | | | |
|----|---------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Henk Slomp | De Pinquin | 5:23.03 | 5500359 | 5:39.22 | +0,97 |
| | 50m: 36.18 36.18 | 150m: 1:59.97 43.39 | 250m: 3:28.89 45.38 | 350m: 4:59.09 44.56 | | |
| | 100m: 1:16.58 40.40 | 200m: 2:43.51 43.54 | 300m: 4:14.53 45.64 | 400m: 5:39.22 40.13 | | |
| 2. | Hugo Staudt | WS Twente | 5:47.36 | 5300253 | 5:45.97 | +0,88 |
| | 50m: 38.93 38.93 | 150m: 2:05.85 44.80 | 250m: 3:35.87 44.84 | 350m: 5:04.41 44.30 | | |
| | 100m: 1:21.05 42.12 | 200m: 2:51.03 45.18 | 300m: 4:20.11 44.24 | 400m: 5:45.97 41.56 | | |
| 3. | Arthur Jansen | Gay Swim Amsterdam | 6:26.78 | 5400299 | 6:20.87 | +0,87 |
| | 100m.200m* | | | | | |
| | 50m: 39.77 39.77 | 150m: 2:14.39 49.45 | 250m: 3:55.40 51.43 | 350m: 5:35.62 49.83 | | |
| | 100m: 1:24.94 45.17 | 200m: 3:03.97 49.58 | 300m: 4:45.79 50.39 | 400m: 6:20.87 45.25 | | |

Masters 60+

| | | | | | | |
|----|----------------------|---------------------|---------------------|---------------------|----------------|-------|
| 1. | Donald Uijtenbogaart | Het Y | 5:09.12 | 4700107 | 5:17.77 | +0,94 |
| | 50m: 37.22 37.22 | 150m: 1:58.32 41.61 | 250m: 3:19.81 40.55 | 350m: 4:39.98 40.06 | | |
| | 100m: 1:16.71 39.49 | 200m: 2:39.26 40.94 | 300m: 3:59.92 40.11 | 400m: 5:17.77 37.79 | | |
| 2. | Mar van Geel | Old Dutch | 6:53.09 | 4700135 | 7:10.32 | +1,18 |
| | 50m: 44.42 44.42 | 150m: 2:31.17 55.54 | 250m: 4:23.12 56.61 | 350m: 6:16.61 56.39 | | |
| | 100m: 1:35.63 51.21 | 200m: 3:26.51 55.34 | 300m: 5:20.22 57.10 | 400m: 7:10.32 53.71 | | |

Masters 65+

| | | | | | | |
|----|-----------------------|-----------------------|-----------------------|-----------------------|----------------|-------|
| 1. | Rob Hanou | PSV | 6:04.73 | 4300109 | 6:17.95 | +1,12 |
| | 50m: 40.15 40.15 | 150m: 2:15.96 49.02 | 250m: 3:54.50 48.86 | 350m: 5:32.41 47.96 | | |
| | 100m: 1:26.94 46.79 | 200m: 3:05.64 49.68 | 300m: 4:44.45 49.95 | 400m: 6:17.95 45.54 | | |
| 2. | Manfred Bottin | SV Langenfeld 1912 | 6:38.77 | 057993 | 6:56.66 | +1,16 |
| | 50m: 44.09 44.09 | 150m: 2:29.08 53.47 | 250m: 4:19.37 54.61 | 350m: 6:06.50 52.66 | | |
| | 100m: 1:35.61 51.52 | 200m: 3:24.76 55.68 | 300m: 5:13.84 54.47 | 400m: 6:56.66 50.16 | | |
| 3. | Peter Ouweneel | RSW (SG) | 9:05.23 | 4500077 | 8:35.06 | +1,28 |
| | 50m: 53.34 53.34 | 150m: 3:02.97 1:05.78 | 250m: 5:18.47 1:08.64 | 350m: 7:34.18 1:08.23 | | |
| | 100m: 1:57.19 1:03.85 | 200m: 4:09.83 1:06.86 | 300m: 6:25.95 1:07.48 | 400m: 8:35.06 1:00.88 | | |

Masters 70+

| | | | | | | |
|----|-----------------------|-----------------------|-----------------------|-----------------------|-----------------|-------|
| 1. | Nico Geers | Z&PC De Gouwe | 5:49.34 | 3800007 | 6:02.37 | +1,05 |
| | 50m: 41.95 41.95 | 150m: 2:13.74 46.22 | 250m: 3:47.26 46.40 | 350m: 5:19.83 45.84 | | |
| | 100m: 1:27.52 45.57 | 200m: 3:00.86 47.12 | 300m: 4:33.99 46.73 | 400m: 6:02.37 42.54 | | |
| 2. | Frans van Enst | WS Twente | 6:28.32 | 4000011 | 6:36.15 | +1,09 |
| | 50m: 40.43 40.43 | 150m: 2:21.91 51.98 | 250m: 4:04.59 51.02 | 350m: 5:46.55 50.82 | | |
| | 100m: 1:29.93 49.50 | 200m: 3:13.57 51.66 | 300m: 4:55.73 51.14 | 400m: 6:36.15 49.60 | | |
| 3. | Gregor Pompen | Aqua-Novio'94 | 6:38.33 | 3700021 | 6:58.90 | +1,00 |
| | 50m: 46.01 46.01 | 150m: 2:29.63 52.87 | 250m: 4:17.14 54.34 | 350m: 6:07.18 55.55 | | |
| | 100m: 1:36.76 50.75 | 200m: 3:22.80 53.17 | 300m: 5:11.63 54.49 | 400m: 6:58.90 51.72 | | |
| 4. | Ad Tersteeg | Old Dutch | 8:55.59 | 3900021 | 9:12.85 | +1,18 |
| | 50m: | 150m: | 250m: | 350m: | | |
| | 100m: 2:10.44 | 200m: 4:37.12 | 300m: 6:57.42 | 400m: 9:12.85 | 1:08.20 1:07.23 | |
| 5. | Wim ter Laak | PSV | 8:55.16 | 4000027 | 9:21.58 | +1,17 |
| | 50m: 1:02.17 1:02.17 | 150m: 3:32.03 1:15.73 | 250m: 5:56.82 1:11.17 | 350m: 8:17.12 1:09.08 | | |
| | 100m: 2:16.30 1:14.13 | 200m: 4:45.65 1:13.62 | 300m: 7:08.04 1:11.22 | 400m: 9:21.58 1:04.46 | | |

Masters 75+

| | | | | | | |
|----|-----------------------|---------------|---------------|---------------------|-----------------|-------|
| 1. | Georges Verhelst | RZV | 7:28.33 | RZV/160/31 | 7:51.92 | +1,11 |
| | Kampioenschaps Record | | | | | |
| | 50m: | 150m: | 250m: | 350m: | 6:52.63 1:00.95 | |
| | 100m: 1:47.55 | 200m: 3:47.69 | 300m: 5:51.68 | 400m: 7:51.92 59.29 | | |

Event 9
08.05.2010 - 9:49

Women, 400m Freestyle

Masters Open
Results

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|--------------------|-------------------------|---------------------|---------------|----------|----------------|-------|---------------|-------|
| Masters 20+ | | | | | | | | |
| 1. | Petra de Groot | Van Vliet-Barracuda | 4:33.73 | 8701420 | 4:39.09 | +0,93 | | |
| | 50m: 32.07 | 32.07 | 150m: 1:41.07 | 34.74 | 250m: 2:51.60 | 34.99 | 350m: 4:03.88 | 36.03 |
| | 100m: 1:06.33 | 34.26 | 200m: 2:16.61 | 35.54 | 300m: 3:27.85 | 36.25 | 400m: 4:39.09 | 35.21 |
| 2. | Samantha Vuijst | De Otters Het Gooi | 4:47.63 | 8904522 | 4:50.58 | +0,92 | | |
| | 50m: 32.59 | 32.59 | 150m: 1:45.58 | 37.17 | 250m: 3:00.55 | 37.24 | 350m: 4:14.98 | 36.87 |
| | 100m: 1:08.41 | 35.82 | 200m: 2:23.31 | 37.73 | 300m: 3:38.11 | 37.56 | 400m: 4:50.58 | 35.60 |
| 3. | Iris Barendregt | Van Vliet-Barracuda | 4:57.35 | 8600172 | 4:52.98 | +0,83 | | |
| | 50m: 33.36 | 33.36 | 150m: 1:47.54 | 37.49 | 250m: 3:02.97 | 37.50 | 350m: 4:17.04 | 37.11 |
| | 100m: 1:10.05 | 36.69 | 200m: 2:25.47 | 37.93 | 300m: 3:39.93 | 36.96 | 400m: 4:52.98 | 35.94 |
| 4. | Cynthia Grooteboer | De Reest | 5:06.88 | 8901462 | 5:18.11 | +0,83 | | |
| | 50m: 34.72 | 34.72 | 150m: 1:54.71 | 40.85 | 250m: 3:17.34 | 41.18 | 350m: 4:39.24 | 40.42 |
| | 100m: 1:13.86 | 39.14 | 200m: 2:36.16 | 41.45 | 300m: 3:58.82 | 41.48 | 400m: 5:18.11 | 38.87 |
| 5. | Tonny Methorst | De Biesboschwimmers | 5:13.49 | 8802998 | 5:22.05 | +0,87 | | |
| | 50m: 36.27 | 36.27 | 150m: 1:58.74 | 41.36 | 250m: 3:21.55 | 41.05 | 350m: 4:44.04 | 40.91 |
| | 100m: 1:17.38 | 41.11 | 200m: 2:40.50 | 41.76 | 300m: 4:03.13 | 41.58 | 400m: 5:22.05 | 38.01 |
| 6. | Monique Nieuwelink | De Haaien | 5:15.57 | 9002724 | 5:26.10 | +0,96 | | |
| | 50m: 36.45 | 36.45 | 150m: 1:58.68 | 41.87 | 250m: 3:22.92 | 41.92 | 350m: 4:46.71 | 41.64 |
| | 100m: 1:16.81 | 40.36 | 200m: 2:41.00 | 42.32 | 300m: 4:05.07 | 42.15 | 400m: 5:26.10 | 39.39 |
| 7. | Miriam Visserman | Octopus | 5:40.36 | 8704364 | 5:36.72 | +0,88 | | |
| | 50m: 37.38 | 37.38 | 150m: 2:01.73 | 42.59 | 250m: 3:27.60 | 43.18 | 350m: 4:54.92 | 43.91 |
| | 100m: 1:19.14 | 41.76 | 200m: 2:44.42 | 42.69 | 300m: 4:11.01 | 43.41 | 400m: 5:36.72 | 41.80 |
| 8. | Anita Engels | Zegenwerp | 5:42.22 | 9001016 | 5:43.33 | +0,86 | | |
| | 50m: 37.31 | 37.31 | 150m: 2:03.26 | 43.73 | 250m: 3:31.51 | 44.37 | 350m: 5:00.83 | 44.29 |
| | 100m: 1:19.53 | 42.22 | 200m: 2:47.14 | 43.88 | 300m: 4:16.54 | 45.03 | 400m: 5:43.33 | 42.50 |
| 9. | Kitty van Gendt | PSV | 6:05.15 | 8701288 | 5:47.78 | +0,89 | | |
| | 50m: 37.52 | 37.52 | 150m: 2:04.67 | 44.67 | 250m: 3:35.49 | 45.81 | 350m: 5:05.79 | 45.30 |
| | 100m: 1:20.00 | 42.48 | 200m: 2:49.68 | 45.01 | 300m: 4:20.49 | 45.00 | 400m: 5:47.78 | 41.99 |
| 10. | Henrike de Vries | De Veene | 5:24.00 | 8904490 | 5:49.00 | +1,00 | | |
| | 50m: 37.93 | 37.93 | 150m: 2:02.69 | 43.15 | 250m: 3:32.09 | 44.41 | 350m: 5:03.57 | 45.42 |
| | 100m: 1:19.54 | 41.61 | 200m: 2:47.68 | 44.99 | 300m: 4:18.15 | 46.06 | 400m: 5:49.00 | 45.43 |
| 11. | Liset de Veer | Aqua-Novio'94 | 5:36.84 | 8704190 | 5:51.68 | +0,86 | | |
| | 50m: 38.37 | 38.37 | 150m: 2:04.07 | 43.47 | 250m: 3:33.59 | 44.88 | 350m: 5:05.68 | 45.81 |
| | 100m: 1:20.60 | 42.23 | 200m: 2:48.71 | 44.64 | 300m: 4:19.87 | 46.28 | 400m: 5:51.68 | 46.00 |
| 12. | Liesbeth van Mill | DWK | 5:47.80 | 8702786 | 5:54.64 | +0,98 | | |
| | 50m: 40.03 | 40.03 | 150m: 2:10.45 | 45.31 | 250m: 3:41.43 | 45.32 | 350m: 5:12.35 | 45.35 |
| | 100m: 1:25.14 | 45.11 | 200m: 2:56.11 | 45.66 | 300m: 4:27.00 | 45.57 | 400m: 5:54.64 | 42.29 |
| 13. | Annebeth van Ark | Octopus | 5:47.02 | 8805588 | 5:59.26 | +0,89 | | |
| | 50m: 39.61 | 39.61 | 150m: 2:08.06 | 44.67 | 250m: 3:40.17 | 46.80 | 350m: 5:14.71 | 47.38 |
| | 100m: 1:23.39 | 43.78 | 200m: 2:53.37 | 45.31 | 300m: 4:27.33 | 47.16 | 400m: 5:59.26 | 44.55 |
| 14. | Ildiko van der Ploeg | De Warande | 5:34.95 | 9002960 | 5:59.74 | +0,79 | | |
| | 50m: 36.92 | 36.92 | 150m: 2:06.27 | 46.27 | 250m: 3:38.55 | 47.31 | 350m: 5:12.42 | 46.84 |
| | 100m: 1:20.00 | 43.08 | 200m: 2:51.24 | 44.97 | 300m: 4:25.58 | 47.03 | 400m: 5:59.74 | 47.32 |
| 15. | Esther van Maastrigt | Montferland | 5:55.07 | 8802836 | 6:06.32 | +0,88 | | |
| | 50m: 42.87 | 42.87 | 150m: 2:15.61 | 46.76 | 250m: 3:49.28 | 46.58 | 350m: 5:22.42 | 46.29 |
| | 100m: 1:28.85 | 45.98 | 200m: 3:02.70 | 47.09 | 300m: 4:36.13 | 46.85 | 400m: 6:06.32 | 43.90 |
| WDR | Chantal Enkoroma Coffie | DES | 4:56.45 | 8701142 | | | | |
| | 50m: | 150m: | 250m: | 350m: | | | | |
| | 100m: | 200m: | 300m: | 400m: | | | | |
| Masters 25+ | | | | | | | | |
| 1. | Nadya Putter | Vlaardingen | 4:55.65 | 8301630 | 4:56.20 | +0,88 | | |
| | 50m: 34.08 | 34.08 | 150m: 1:47.42 | 36.82 | 250m: 3:02.97 | 37.87 | 350m: 4:19.25 | 38.10 |
| | 100m: 1:10.60 | 36.52 | 200m: 2:25.10 | 37.68 | 300m: 3:41.15 | 38.18 | 400m: 4:56.20 | 36.95 |
| 2. | Linda Hoogendam | D'Elft | 5:13.24 | 8300892 | 5:14.46 | +0,76 | | |
| | 50m: 34.00 | 34.00 | 150m: 1:54.63 | 41.13 | 250m: 3:16.44 | 40.54 | 350m: 4:37.61 | 40.08 |
| | 100m: 1:13.50 | 39.50 | 200m: 2:35.90 | 41.27 | 300m: 3:57.53 | 41.09 | 400m: 5:14.46 | 36.85 |
| 3. | Sandra Schellekens | Neptunus'58 | 5:19.53 | 8503416 | 5:23.22 | +0,88 | | |
| | 50m: 35.79 | 35.79 | 150m: 1:58.37 | 41.98 | 250m: 3:22.18 | 42.01 | 350m: 4:46.21 | 42.27 |
| | 100m: 1:16.39 | 40.60 | 200m: 2:40.17 | 41.80 | 300m: 4:03.94 | 41.76 | 400m: 5:23.22 | 37.01 |

Event 9, Women, 400m Freestyle, Masters 25+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT | | |
|------|---|-------------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 4. | Ramona Linting | HoogenboomTours/BZ&PC | 5:17.00 | 8301274 | 5:23.65 | +0,93 | | |
| | 50m: 36.11 36.11 | 150m: 1:57.79 41.32 | 250m: 3:21.00 41.54 | 350m: 4:44.29 41.80 | 100m: 1:16.47 40.36 | 200m: 2:39.46 41.67 | 300m: 4:02.49 41.49 | 400m: 5:23.65 39.36 |
| 5. | Andrea van Leeuwen | De Zijl/LGB | 5:33.66 | 8100904 | 5:26.41 | +0,91 | | |
| | 50m: 34.94 34.94 | 150m: 1:55.72 41.21 | 250m: 3:20.22 42.36 | 350m: 4:45.65 42.11 | 100m: 1:14.51 39.57 | 200m: 2:37.86 42.14 | 300m: 4:03.54 43.32 | 400m: 5:26.41 40.76 |
| 6. | Cindy Joller | Florange olympique club | 5:37.73 | 107966 | 5:37.17 | +1,00 | | |
| | 50m: 35.87 35.87 | 150m: 1:57.92 42.05 | 250m: 3:25.27 43.93 | 350m: 4:54.22 44.36 | 100m: 1:15.87 40.00 | 200m: 2:41.34 43.42 | 300m: 4:09.86 44.59 | 400m: 5:37.17 42.95 |
| 7. | Rianne van Vegchelen 200m* | Deltasteur | 6:27.07 | 8101530 | 6:33.79 | +1,08 | | |
| | 50m: 41.89 41.89 | 150m: 2:20.83 49.51 | 250m: 4:01.31 50.08 | 350m: 5:41.91 49.17 | 100m: 1:31.32 49.43 | 200m: 3:11.23 50.40 | 300m: 4:52.74 51.43 | 400m: 6:33.79 51.88 |
| DSQ | Roos van Esch | TRB-RES | 4:46.42 | 8200468 | | | | |
| | AA - Te vroeg weg of bewogen bij start. (geen tijd noteren) | | | | | | | |
| | 50m: | 150m: | 250m: | 350m: | | | | |
| | 100m: | 200m: | 300m: | 400m: | | | | |

Masters 30+

| | | | | | | | | |
|------|--|-----------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 1. | Myriam Reuland <i>Luxemburgs Masters Record</i> | Le Dauphin Ettelbruck | 5:27.85 | 2014 | 5:12.73 | +0,86 | | |
| | 50m: 35.78 35.78 | 150m: 1:54.99 40.10 | 250m: 3:14.55 39.31 | 350m: 4:34.13 39.68 | 100m: 1:14.89 39.11 | 200m: 2:35.24 40.25 | 300m: 3:54.45 39.90 | 400m: 5:12.73 38.60 |
| 2. | Yvonne Gerritsen | DES | 5:24.40 | 8000342 | 5:18.39 | +0,88 | | |
| | 50m: 34.10 34.10 | 150m: 1:54.00 40.82 | 250m: 3:15.93 41.03 | 350m: 4:38.13 40.71 | 100m: 1:13.18 39.08 | 200m: 2:34.90 40.90 | 300m: 3:57.42 41.49 | 400m: 5:18.39 40.26 |
| 3. | Alana Miles | KZPC | 5:27.13 | 8001626 | 5:23.62 | +0,93 | | |
| | 50m: 34.64 34.64 | 150m: 1:53.28 40.21 | 250m: 3:16.36 41.97 | 350m: 4:41.67 43.35 | 100m: 1:13.07 38.43 | 200m: 2:34.39 41.11 | 300m: 3:58.32 41.96 | 400m: 5:23.62 41.95 |
| 4. | Emerentia Knebel | KZPC | 5:41.44 | 7600322 | 5:24.91 | +0,83 | | |
| | 50m: 36.13 36.13 | 150m: 1:57.57 41.25 | 250m: 3:20.86 41.27 | 350m: 4:44.77 41.79 | 100m: 1:16.32 40.19 | 200m: 2:39.59 42.02 | 300m: 4:02.98 42.12 | 400m: 5:24.91 40.14 |
| 5. | Jolanda van Gendt | PSV | 5:37.44 | 7800266 | 5:45.19 | +0,78 | | |
| | 50m: 36.67 36.67 | 150m: 2:02.89 44.55 | 250m: 3:32.46 45.01 | 350m: 5:01.62 44.36 | 100m: 1:18.34 41.67 | 200m: 2:47.45 44.56 | 300m: 4:17.26 44.80 | 400m: 5:45.19 43.57 |
| 6. | Clementine van Bruxvoort | ZPB H&L Productions | 6:38.26 | 7700138 | 6:41.08 | +0,96 | | |
| | 50m: 42.61 42.61 | 150m: 2:22.69 50.45 | 250m: 4:07.06 52.09 | 350m: 5:51.24 51.47 | 100m: 1:32.24 49.63 | 200m: 3:14.97 52.28 | 300m: 4:59.77 52.71 | 400m: 6:41.08 49.84 |
| sick | Helma Koot | AZ&PC | 5:39.60 | 7600336 | | | | |
| | 50m: | 150m: | 250m: | 350m: | | | | |
| | 100m: | 200m: | 300m: | 400m: | | | | |

Masters 35+

| | | | | | | | | |
|----|-------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|---------------------|
| 1. | Grith Sigsgaard | Het Y | 4:49.20 | 7200772 | 4:51.51 | +0,86 | | |
| | 50m: 33.47 33.47 | 150m: 1:47.08 37.06 | 250m: 3:01.03 36.81 | 350m: 4:15.41 36.97 | 100m: 1:10.02 36.55 | 200m: 2:24.22 37.14 | 300m: 3:38.44 37.41 | 400m: 4:51.51 36.10 |
| 2. | Marleen Vos | Aquapoldro | 5:03.45 | 7400598 | 5:12.00 | +0,91 | | |
| | 50m: 35.61 35.61 | 150m: 1:53.81 39.21 | 250m: 3:13.65 39.61 | 350m: 4:33.43 39.61 | 100m: 1:14.60 38.99 | 200m: 2:34.04 40.23 | 300m: 3:53.82 40.17 | 400m: 5:12.00 38.57 |
| 3. | Annette de Visser | Oceanus | 5:15.13 | 7100602 | 5:16.02 | +0,86 | | |
| | 50m: 35.49 35.49 | 150m: 1:54.88 39.98 | 250m: 3:16.49 40.98 | 350m: 4:38.33 40.53 | 100m: 1:14.90 39.41 | 200m: 2:35.51 40.63 | 300m: 3:57.80 41.31 | 400m: 5:16.02 37.69 |
| 4. | Inez Heideman | WS Twente | 5:37.90 | 7500198 | 5:42.49 | +0,92 | | |
| | 50m: 36.85 36.85 | 150m: 2:03.78 44.50 | 250m: 3:32.82 44.39 | 350m: 5:00.17 43.59 | 100m: 1:19.28 42.43 | 200m: 2:48.43 44.65 | 300m: 4:16.58 43.76 | 400m: 5:42.49 42.32 |
| 5. | Natacha Van Hoof | ShaRK | 6:00.90 | ShaRK/260/73 | 5:58.76 | +1,01 | | |
| | 50m: 41.85 41.85 | 150m: 2:12.74 45.93 | 250m: 3:43.82 45.32 | 350m: 5:14.95 45.43 | 100m: 1:26.81 44.96 | 200m: 2:58.50 45.76 | 300m: 4:29.52 45.70 | 400m: 5:58.76 43.81 |
| 6. | Ingrid Versteegen | DBD | 6:25.84 | 7300770 | 6:30.52 | +0,92 | | |
| | 50m: 42.72 42.72 | 150m: 2:20.30 49.68 | 250m: 4:01.64 50.78 | 350m: 5:42.75 50.24 | 100m: 1:30.62 47.90 | 200m: 3:10.86 50.56 | 300m: 4:52.51 50.87 | 400m: 6:30.52 47.77 |

Event 9, Women, 400m Freestyle

Masters 40+

| | | | | | | | | |
|------------------|-------|---------------|-------|---------------|---------|---------------|----------------|-------|
| 1. Anita Smits | | DIO | | 5:00.30 | 6900522 | | 5:02.77 | +0,85 |
| 50m: 33.36 | 33.36 | 150m: 1:49.30 | 38.87 | 250m: 3:07.63 | 39.36 | 350m: 4:25.40 | 38.81 | |
| 100m: 1:10.43 | 37.07 | 200m: 2:28.27 | 38.97 | 300m: 3:46.59 | 38.96 | 400m: 5:02.77 | 37.37 | |
| 2. Laura Staal | | Oceanus | | 5:15.63 | 6700358 | | 5:26.77 | +0,97 |
| 50m: 36.49 | 36.49 | 150m: 1:58.32 | 41.06 | 250m: 3:22.06 | 41.77 | 350m: 4:46.33 | 41.54 | |
| 100m: 1:17.26 | 40.77 | 200m: 2:40.29 | 41.97 | 300m: 4:04.79 | 42.73 | 400m: 5:26.77 | 40.44 | |
| 3. Helen Turner | | PSV | | 5:49.23 | 7000894 | | 5:50.74 | +0,81 |
| 50m: 38.70 | 38.70 | 150m: 2:06.62 | 44.48 | 250m: 3:36.84 | 45.31 | 350m: 5:06.83 | 45.30 | |
| 100m: 1:22.14 | 43.44 | 200m: 2:51.53 | 44.91 | 300m: 4:21.53 | 44.69 | 400m: 5:50.74 | 43.91 | |
| 4. Emmy Radelaar | | De Fuut | | 6:23.65 | 6600572 | | 6:24.38 | +1,11 |
| 50m: 41.96 | 41.96 | 150m: 2:16.44 | 48.32 | 250m: 3:55.51 | 49.82 | 350m: 5:35.02 | 49.88 | |
| 100m: 1:28.12 | 46.16 | 200m: 3:05.69 | 49.25 | 300m: 4:45.14 | 49.63 | 400m: 6:24.38 | 49.36 | |
| 5. Meke Oomens | | Old Dutch | | 6:23.94 | 7000370 | | 6:40.57 | +1,10 |
| 50m: 43.35 | 43.35 | 150m: 2:22.33 | 50.05 | 250m: 4:05.10 | 51.06 | 350m: 5:49.46 | 52.09 | |
| 100m: 1:32.28 | 48.93 | 200m: 3:14.04 | 51.71 | 300m: 4:57.37 | 52.27 | 400m: 6:40.57 | 51.11 | |
| 6. Remona Dekker | | ZV De Bron | | 6:55.48 | 6600620 | | 6:57.02 | +1,56 |
| 50m: 45.45 | 45.45 | 150m: 2:30.01 | 53.32 | 250m: 4:18.66 | 54.84 | 350m: 6:07.88 | 55.11 | |
| 100m: 1:36.69 | 51.24 | 200m: 3:23.82 | 53.81 | 300m: 5:12.77 | 54.11 | 400m: 6:57.02 | 49.14 | |

Masters 45+

| | | | | | | | | | |
|--------------------------------|-------|------------------------|-------|---------------|------------|---------------|----------------|---------------|-------|
| 1. Kristin van Cauteren | | Lokerse Zwemvereniging | | 5:17.70 | LZV/009/64 | | 5:16.02 | +0,87 | |
| <i>Belgisch Masters Record</i> | | 50m: 36.47 | 36.47 | 150m: 1:55.53 | 39.41 | 250m: 3:16.64 | 40.24 | 350m: 4:37.30 | 40.06 |
| | | 100m: 1:16.12 | 39.65 | 200m: 2:36.40 | 40.87 | 300m: 3:57.24 | 40.60 | 400m: 5:16.02 | 38.72 |
| 2. Jacqueline Rolloos | | De Lansingh | | 5:42.92 | 6300222 | | 5:40.17 | +1,02 | |
| 50m: 37.90 | 37.90 | 150m: 2:04.18 | 43.54 | 250m: 3:32.13 | 43.59 | 350m: 4:58.94 | 42.78 | | |
| 100m: 1:20.64 | 42.74 | 200m: 2:48.54 | 44.36 | 300m: 4:16.16 | 44.03 | 400m: 5:40.17 | 41.23 | | |

Masters 50+

| | | | | | | | | |
|----------------------|-------|------------------|-------|---------------|---------|---------------|----------------|-------|
| 1. Patty Verhagen | | AquAmigos | | 5:21.77 | 5900146 | | 5:27.82 | +0,97 |
| 50m: 37.04 | 37.04 | 150m: 1:57.66 | 40.53 | 250m: 3:21.82 | 41.94 | 350m: 4:46.52 | 42.07 | |
| 100m: 1:17.13 | 40.09 | 200m: 2:39.88 | 42.22 | 300m: 4:04.45 | 42.63 | 400m: 5:27.82 | 41.30 | |
| 2. Pia van der Molen | | HZ&PC Heerenveen | | 6:11.66 | 6000116 | | 6:26.14 | +0,92 |
| 50m: 41.16 | 41.16 | 150m: 2:17.30 | 48.64 | 250m: 3:56.78 | 49.63 | 350m: 5:37.17 | 50.24 | |
| 100m: 1:28.66 | 47.50 | 200m: 3:07.15 | 49.85 | 300m: 4:46.93 | 50.15 | 400m: 6:26.14 | 48.97 | |
| 3. Inge Wolfs | | PLONS | | 6:35.44 | 6000304 | | 6:29.01 | +1,08 |
| 50m: 43.03 | 43.03 | 150m: 2:19.83 | 49.62 | 250m: 3:57.55 | 49.14 | 350m: 5:38.14 | 51.70 | |
| 100m: 1:30.21 | 47.18 | 200m: 3:08.41 | 48.58 | 300m: 4:46.44 | 48.89 | 400m: 6:29.01 | 50.87 | |

Masters 55+

| | | | | | | | | |
|-----------------------|-------|---------------|---------|---------------|---------|---------------|----------------|-------|
| 1. Margriet Pasma | | De Pinquin | | 6:04.80 | 5500088 | | 6:17.32 | +0,96 |
| 50m: 42.51 | 42.51 | 150m: 2:18.08 | 48.59 | 250m: 3:55.34 | 49.22 | 350m: 5:31.69 | 48.41 | |
| 100m: 1:29.49 | 46.98 | 200m: 3:06.12 | 48.04 | 300m: 4:43.28 | 47.94 | 400m: 6:17.32 | 45.63 | |
| 2. Carla Hensen | | PSV | | 7:05.33 | 5300062 | | 7:05.94 | +0,97 |
| 50m: 44.95 | 44.95 | 150m: 2:31.78 | 53.85 | 250m: 4:21.93 | 54.91 | 350m: 6:11.95 | 54.25 | |
| 100m: 1:37.93 | 52.98 | 200m: 3:27.02 | 55.24 | 300m: 5:17.70 | 55.77 | 400m: 7:05.94 | 53.99 | |
| 3. Corine Kalbfleisch | | DWT | | 7:04.65 | 5200024 | | 7:11.33 | +1,15 |
| 50m: 46.07 | 46.07 | 150m: 2:34.38 | 54.64 | 250m: 4:26.71 | 56.18 | 350m: 6:18.62 | 55.21 | |
| 100m: 1:39.74 | 53.67 | 200m: 3:30.53 | 56.15 | 300m: 5:23.41 | 56.70 | 400m: 7:11.33 | 52.71 | |
| 4. Gonnje Bak | | PSV | | 7:19.05 | 5100002 | | 7:46.49 | +0,95 |
| 50m: 49.30 | 49.30 | 150m: 2:47.30 | 1:00.14 | 250m: 4:47.09 | 59.36 | 350m: 6:48.30 | 1:01.05 | |
| 100m: 1:47.16 | 57.86 | 200m: 3:47.73 | 1:00.43 | 300m: 5:47.25 | 1:00.16 | 400m: 7:46.49 | 58.19 | |

Masters 60+

| | | | | | | | | | |
|---|--|---------------|-------|---------------|---------|---------------|----------------|---------------|-------|
| 1. Conny Boer-Buys | | Vlaardingeng | | 5:33.86 | 5000006 | | 5:46.88 | +0,93 | |
| <i>Nederlands Masters Record, tussentijden 100m en 200m NMR</i> | | 50m: 36.63 | 36.63 | 150m: 2:04.30 | 45.09 | 250m: 3:35.63 | 45.72 | 350m: 5:05.03 | 44.40 |
| | | 100m: 1:19.21 | 42.58 | 200m: 2:49.91 | 45.61 | 300m: 4:20.63 | 45.00 | 400m: 5:46.88 | 41.85 |

Event 9, Women, 400m Freestyle, Masters 60+

| rang | naam | vereniging | inschrijftijd | startnr. | tijd | RT |
|------|--------------------|------------|---------------|----------|----------------|-------|
| 2. | Marja van der Meer | Neptunus | 6:56.32 | 4700014 | 7:00.44 | +1,05 |
| | 50m: 44.84 | 44.84 | 150m: 2:29.10 | 53.63 | 250m: 4:17.57 | 54.58 |
| | 100m: 1:35.47 | 50.63 | 200m: 3:22.99 | 53.89 | 300m: 5:11.85 | 54.28 |
| | | | | | 350m: 6:06.73 | 54.88 |
| | | | | | 400m: 7:00.44 | 53.71 |

Masters 65+

| | | | | | | |
|-----|--|-------|----------|---------|--|--|
| DSQ | Liesbeth ter Laak | PSV | 10:54.68 | 4200008 | | |
| | <i>AA - Te vroeg weg of bewogen bij start. (geen tijd noteren)</i> | | | | | |
| | 50m: | 150m: | 250m: | 350m: | | |
| | 100m: | 200m: | 300m: | 400m: | | |

Masters 70+

| | | | | | | |
|----|-------------------|------------|---------------|---------|----------------|---------|
| 1. | Bep van Riessen | Aquapoldro | 8:59.28 | 3700006 | 9:12.39 | +1,43 |
| | <i>100m,200m*</i> | | | | | |
| | 50m: 57.96 | 57.96 | 150m: 3:15.99 | 1:09.35 | 250m: 5:38.65 | 1:11.07 |
| | 100m: 2:06.64 | 1:08.68 | 200m: 4:27.58 | 1:11.59 | 300m: 6:52.54 | 1:13.89 |
| | | | | | 350m: 8:03.72 | 1:11.18 |
| | | | | | 400m: 9:12.39 | 1:08.67 |

Masters 75+

| | | | | | | |
|-----|---------------|-----------|---------------|---------|----------------|---------|
| 1. | Annie de Vos | Old Dutch | 8:44.83 | 3400004 | 9:08.07 | +0,98 |
| | 50m: 59.74 | 59.74 | 150m: 3:18.00 | 1:09.51 | 250m: 5:37.65 | 1:09.70 |
| | 100m: 2:08.49 | 1:08.75 | 200m: 4:27.95 | 1:09.95 | 300m: 6:48.66 | 1:11.01 |
| | | | | | 350m: 7:58.42 | 1:09.76 |
| | | | | | 400m: 9:08.07 | 1:09.65 |
| WDR | Lottie Geurts | PSV | 6:50.22 | 3500006 | | |
| | 50m: | 150m: | 250m: | 350m: | | |
| | 100m: | 200m: | 300m: | 400m: | | |

Masters 80+

| | | | | | | |
|----|---------------|------------|---------------|---------|-----------------|---------|
| 1. | Ati Derkse | Aquapoldro | 10:43.02 | 2900002 | 11:30.17 | |
| | 50m: 1:21.30 | 1:21.30 | 150m: 4:19.48 | 1:30.94 | 250m: 7:18.72 | 1:31.46 |
| | 100m: 2:48.54 | 1:27.24 | 200m: 5:47.26 | 1:27.78 | 300m: 8:42.11 | 1:23.39 |
| | | | | | 350m: 10:10.86 | 1:28.75 |
| | | | | | 400m: 11:30.17 | 1:19.31 |

Event 10
08.05.2010 - 10:50

Men, 200m Breaststroke

Masters Open
Results

| rang | naam | vereniging | inschrijftijd | tijd | RT | 50m | 100m | 150m | 200m |
|--------------------|------------------------------|----------------------|-----------------|----------------|-------|-------|---------|---------|---------|
| Masters 20+ | | | | | | | | | |
| 1. | Erik Simons | WZK Zwemmen | 2:36.57 8902845 | 2:39.87 | +0,84 | 34.67 | 1:16.15 | 1:58.37 | 2:39.87 |
| | <i>Kampioenschaps Record</i> | | | | | | | | |
| 2. | Jelle Beerens | De Dommelbaarzen | 2:28.42 8600159 | 2:40.19 | +0,90 | 34.33 | 1:15.13 | 1:58.29 | 2:40.19 |
| 3. | Sander Slaghuis | NIMO | 2:39.76 8805305 | 2:46.01 | +0,88 | 36.31 | 1:19.08 | 2:02.90 | 2:46.01 |
| 4. | Mario Peeters | MNC Dordrecht | 2:40.38 8602355 | 2:46.85 | +0,84 | 37.39 | 1:21.12 | 2:04.04 | 2:46.85 |
| 5. | Stef Hoeven | Zegenwerp | 2:54.00 9001223 | 3:01.73 | +0,91 | 41.32 | 1:28.56 | 2:17.69 | 3:01.73 |
| 6. | Harmen Reemst | ZOB'66 | 2:53.63 8702715 | 3:03.66 | +0,91 | 40.19 | 1:26.56 | 2:15.06 | 3:03.66 |
| Masters 25+ | | | | | | | | | |
| 1. | Tommy van Overmeeren | De Schelde | 2:33.67 8402887 | 2:45.04 | +0,83 | 36.89 | 1:19.36 | 2:02.17 | 2:45.04 |
| 2. | Rob van Vliet | AZ&PC | 2:41.49 8402459 | 2:46.08 | +0,90 | 37.75 | 1:20.02 | 2:03.76 | 2:46.08 |
| 3. | Albert van Piekeren | Octopus | 2:38.27 8401767 | 2:48.59 | +0,81 | 37.81 | 1:20.43 | 2:03.66 | 2:48.59 |
| 4. | Dirkjan Beugelsdijk | De Zijl/LGB | 2:48.06 8100123 | 2:50.35 | +0,85 | 37.68 | 1:21.31 | 2:05.87 | 2:50.35 |
| 5. | Dennis Klop | De Biesboschzwemmers | 2:59.17 8302643 | 3:07.05 | +0,78 | 41.79 | 1:29.28 | 2:18.75 | 3:07.05 |

Event 10, Men, 200m Breaststroke

Masters 30+

| | | | | | | | | | |
|-------------------------|-------------|---------|--------------|----------------|-------|-------|---------|---------|---------|
| 1. Freddie Geerlings | NIMO | 2:32.68 | 7900379 | 2:42.97 | +0,88 | 34.70 | 1:15.00 | 1:58.26 | 2:42.97 |
| 2. Ron Langelaan | DAW-FINENZO | 2:44.55 | 7800643 | 2:47.32 | +0,91 | 37.62 | 1:19.65 | 2:02.73 | 2:47.32 |
| 3. Vincent Bastin | CHTHN | 2:52.23 | CHTHN/342/77 | 2:49.00 | +0,76 | 36.75 | 1:20.06 | 2:03.89 | 2:49.00 |
| 4. Jeroen Vogelsang | Het Y | 2:46.80 | 8001645 | 2:57.32 | +0,93 | 38.88 | 1:23.73 | 2:09.78 | 2:57.32 |
| 5. Okko de Haas | ZV De Bron | 2:57.80 | 7801593 | 3:00.21 | +0,93 | 40.99 | 1:27.52 | 2:13.68 | 3:00.21 |
| 6. Niels van Wageningen | D'Eift | 3:05.15 | 7601335 | 3:04.80 | +0,99 | 40.32 | 1:27.00 | 2:15.77 | 3:04.80 |
| 7. Han Ruijs | RZ | 3:02.27 | 7901867 | 3:13.93 | +0,84 | 41.95 | 1:31.89 | 2:21.95 | 3:13.93 |

Masters 35+

| | | | | | | | | | |
|-------------------|-------------|---------|--------|----------------|-------|-------|---------|---------|---------|
| 1. Andreas Kaptur | SG Gladbeck | 2:49.26 | 125218 | 2:50.11 | +0,91 | 37.83 | 1:21.70 | 2:06.09 | 2:50.11 |
|-------------------|-------------|---------|--------|----------------|-------|-------|---------|---------|---------|

Masters 40+

| | | | | | | | | | |
|----------------------|---------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Rene Beetsma | HZ&PC Heerenveen | 2:49.27 | 6900069 | 2:55.60 | +0,87 | 38.34 | 1:23.46 | 2:09.86 | 2:55.60 |
| 2. Harold Matla | PSV | 2:49.03 | 6800591 | 3:00.44 | +0,92 | 40.63 | 1:27.01 | 2:14.72 | 3:00.44 |
| 3. Peter v. Meerveld | AZ&PC | 2:57.60 | 6700649 | 3:01.60 | +0,96 | 41.22 | 1:28.03 | 2:15.35 | 3:01.60 |
| 4. Jacques Verriet | Njord | 3:05.50 | 7001039 | 3:11.87 | +0,87 | 44.66 | 1:32.96 | 2:22.00 | 3:11.87 |
| 5. Peter Musschenga | Zwem Goud | 3:17.84 | 6901347 | 3:20.26 | +0,92 | 44.52 | 1:35.27 | 2:27.84 | 3:20.26 |
| 6. Arnold Jonker | HZ&PC Heerenveen | 3:46.83 | 7000529 | 3:44.40 | +0,91 | 50.32 | 1:47.14 | 2:46.57 | 3:44.40 |
| WDR Patrick Juncker | Swimming Luxembourg | 2:46.11 | 67-JUNC | | | | | | |

Masters 45+

| | | | | | | | | | |
|------------------------------|----------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Cees van Houwelingen | De Schelde | 2:37.52 | 6300351 | 2:45.58 | +0,94 | 36.90 | 1:19.29 | 2:02.73 | 2:45.58 |
| <i>Kampioenschaps Record</i> | | | | | | | | | |
| 2. Edwin v. Norden | AZ&PC | 2:37.17 | 6300563 | 2:51.39 | +0,86 | 37.18 | 1:20.17 | 2:04.71 | 2:51.39 |
| 3. Ronald Grove | Oceanus | 2:53.09 | 6100161 | 3:00.03 | +0,85 | 40.73 | 1:26.53 | 2:14.02 | 3:00.03 |
| 4. Theo Bakker | TriVia | 2:55.14 | 6401231 | 3:03.71 | +0,91 | 41.01 | 1:28.48 | 2:16.86 | 3:03.71 |
| 5. Marcel van Lochem | Zoetermeer | 2:55.05 | 6500581 | 3:04.63 | +0,85 | 39.96 | 1:27.46 | 2:16.39 | 3:04.63 |
| 6. Ron Phaff | PSV | 2:54.46 | 6200495 | 3:05.25 | +0,85 | 40.11 | 1:26.87 | 2:14.76 | 3:05.25 |
| 7. Peter Foelker | Aqua-Novio'94 | 3:05.80 | 6401021 | 3:08.58 | +0,75 | 43.34 | 1:31.01 | 2:20.26 | 3:08.58 |
| 8. Ronald van Vliet | De Aalscholver | 3:15.37 | 6300997 | 3:11.39 | +0,86 | 43.04 | 1:31.34 | 2:20.89 | 3:11.39 |
| 9. Marcel van der Lem | Kon AZ 1870 | 3:05.85 | 6500563 | 3:12.41 | +0,82 | 41.90 | 1:30.14 | 2:21.22 | 3:12.41 |
| 10. Michiel Klaren | PSV | 3:20.32 | 6201087 | 3:26.34 | +1,05 | 46.74 | 1:38.87 | 2:33.19 | 3:26.34 |
| 11. Bart van Calker | WS Twente | 3:26.36 | 6100067 | 3:28.01 | +1,12 | 47.45 | 1:39.23 | 2:33.34 | 3:28.01 |

Masters 50+

| | | | | | | | | | |
|------------------------------|------------------|---------|------------|----------------|-------|-------|---------|---------|---------|
| 1. Hugo Bregman | WVZ | 2:46.92 | 5800069 | 2:49.64 | +0,87 | 38.31 | 1:22.03 | 2:05.72 | 2:49.64 |
| <i>Kampioenschaps Record</i> | | | | | | | | | |
| 2. Peter Romkes | Luctor et Emergo | 3:05.74 | 5900389 | 3:06.28 | +0,80 | 42.56 | 1:30.73 | 2:19.95 | 3:06.28 |
| 3. Wim de Lange | Electrolux AZC | 3:06.93 | 5800533 | 3:18.86 | +0,98 | 43.39 | 1:33.58 | 2:25.78 | 3:18.86 |
| 4. Luc Nijs | AZV | 3:19.57 | AZV/080/59 | 3:21.79 | +0,94 | 43.82 | 1:34.84 | 2:28.72 | 3:21.79 |
| 5. Paul Bunnik | Triton | 3:11.82 | 5600413 | 3:25.35 | +1,07 | 44.29 | 1:38.33 | 2:33.71 | 3:25.35 |
| 6. Jan Willem Heuten | WS Twente | 3:36.51 | 6000883 | 3:32.64 | +1,02 | 48.26 | 1:43.45 | 2:38.78 | 3:32.64 |
| 7. Michiel Tonsbeek | DWT | 3:50.76 | 6000889 | 3:52.28 | +1,12 | 54.38 | 1:54.20 | 2:54.04 | 3:52.28 |
| 8. Jan Glorie | OEZA | 4:23.18 | 5700513 | 4:28.82 | +1,30 | 57.54 | 2:05.08 | 3:18.82 | 4:28.82 |
| sick Vincent de Keijzer | PLONS | 3:09.21 | 5800207 | | | | | | |

Masters 55+

| | | | | | | | | | |
|---------------------------|-----------------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Laurens klein Breteler | WWW | 3:40.67 | 5400109 | 3:40.17 | +1,01 | 44.56 | 1:41.02 | 2:40.94 | 3:40.17 |
| WDR Peter Gulyas | Totkomlosi Rozmar Szenior3: | 16.17 | 51GULY | | | | | | |

Masters 60+

| | | | | | | | | | |
|-------------------------|------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Donald Uijtenbogaart | Het Y | 3:12.17 | 4700107 | 3:13.84 | +0,87 | 44.72 | 1:34.13 | 2:24.26 | 3:13.84 |
| 2. Harry Smits | ZC'90 | 3:28.30 | 4800163 | 3:30.92 | +1,06 | 46.53 | 1:39.48 | 2:35.52 | 3:30.92 |
| 3. Mar van Geel | Old Dutch | 3:53.91 | 4700135 | 3:59.50 | +1,09 | 52.20 | 1:53.62 | 2:58.25 | 3:59.50 |
| 4. Henk Oostendorp | ZV De Bron | 4:09.08 | 4800093 | 4:13.52 | +0,94 | 55.99 | 2:01.32 | 3:07.50 | 4:13.52 |

Event 10, Men, 200m Breaststroke

Masters 65+

| | | | | | | | | | |
|-------------------|-----------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Rob Hanou | PSV | 3:14.68 | 4300109 | 3:25.10 | +1,09 | 44.83 | 1:38.03 | 2:32.50 | 3:25.10 |
| 2. Nico Baay | Old Dutch | 3:30.31 | 4200053 | 3:36.03 | +0,94 | 47.51 | 1:42.15 | 2:38.81 | 3:36.03 |
| 3. Ruud Sloof | De Rijn | 3:38.51 | 4400073 | 3:46.49 | +1,36 | 50.88 | 1:47.15 | 2:47.56 | 3:46.49 |
| 4. Peter Ouweneel | RSW (SG) | 4:04.91 | 4500077 | 4:16.40 | +1,21 | 56.19 | 1:58.13 | 3:04.27 | 4:16.40 |

Masters 70+

| | | | | | | | | | |
|------------------------|---------------|---------|---------|----------------|-------|---------|---------|---------|---------|
| 1. Wieger Mensonides | NZ&PC | 3:36.07 | 3800035 | 3:41.55 | +0,97 | 49.59 | 1:47.54 | 2:47.33 | 3:41.55 |
| 2. Gregor Pompen | Aqua-Novio'94 | 4:02.65 | 3700021 | 4:15.27 | +1,05 | 58.87 | 2:03.96 | 3:10.39 | 4:15.27 |
| 3. Ad Tersteeg | Old Dutch | 5:00.57 | 3900021 | 5:19.14 | +1,20 | 1:08.09 | 2:30.38 | 3:57.06 | 5:19.14 |
| sick Pieter Scharphorn | Neptunus | 4:49.11 | 3800037 | | | | | | |

Event 11

08.05.2010 - 11:16

Women, 200m Breaststroke

Masters Open
Results

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m | 150m | 200m |
|-----------|------------|---------------|--|------|----|-----|------|------|------|
|-----------|------------|---------------|--|------|----|-----|------|------|------|

Masters 20+

| | | | | | | | | | |
|-----------------------------|---------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Karin van Dijk | HZ&PC Heerenveen | 2:52.63 | 8600850 | 2:52.37 | +0,94 | 39.05 | 1:22.80 | 2:07.47 | 2:52.37 |
| 2. Maaïke de Boer | De Duinkickers | 3:01.62 | 9000362 | 3:05.20 | +0,88 | 42.84 | 1:30.16 | 2:18.41 | 3:05.20 |
| 3. Nicole van der Kooy | SBC2000 | 3:04.32 | 8702310 | 3:06.37 | +0,93 | 42.43 | 1:29.48 | 2:18.44 | 3:06.37 |
| 4. Iris Barendregt | Van Vliet-Barracuda | 3:03.96 | 8600172 | 3:09.42 | +0,87 | 42.26 | 1:30.63 | 2:19.53 | 3:09.42 |
| 5. Monique Nieuwelink | De Haaien | 3:00.36 | 9002724 | 3:09.78 | +0,95 | 42.72 | 1:30.92 | 2:19.76 | 3:09.78 |
| 6. Milou Bouwhuis | De Veene | 3:07.90 | 8900532 | 3:16.39 | +0,79 | 42.01 | 1:30.67 | 2:22.42 | 3:16.39 |
| 7. Fleur Maas | Zoetermeer | 3:23.18 | 8902768 | 3:32.79 | +0,96 | 48.03 | 1:42.88 | 2:38.31 | 3:32.79 |
| 8. M. van de Nieuwenhuijzen | ZV De Bron | 3:33.96 | 8803172 | 3:36.89 | +0,98 | 47.72 | 1:42.38 | 2:39.95 | 3:36.89 |
| 9. Sigrid Leusink | De Hokseberg | 3:52.61 | 9002326 | 3:55.91 | +0,91 | 50.10 | 1:51.11 | 2:52.75 | 3:55.91 |

Masters 25+

| | | | | | | | | | |
|----------------------|-------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Laura Badoux | DAW-FINENZO | 3:01.24 | 8200038 | 3:07.64 | +0,97 | 41.52 | 1:29.83 | 2:18.27 | 3:07.64 |
| 2. Judith Kremers | De Spatters | 3:18.73 | 8102094 | 3:12.82 | +0,78 | 42.78 | 1:30.60 | 2:22.06 | 3:12.82 |
| 3. Annette Vogelsang | ZV De Bron | 3:27.83 | 8402632 | 3:25.23 | +0,91 | 45.72 | 1:37.65 | 2:30.96 | 3:25.23 |
| 4. Renee de Kok | PSV | 3:25.28 | 8403350 | 3:30.61 | +0,79 | 46.39 | 1:39.91 | 2:35.89 | 3:30.61 |

Masters 30+

| | | | | | | | | | |
|----------------------------------|-----------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Peggy Loffeld | KZPC | 3:05.58 | 7700468 | 3:04.77 | +0,85 | 41.78 | 1:27.43 | 2:15.88 | 3:04.77 |
| 2. Yvonne Gerritsen | DES | 3:07.06 | 8000342 | 3:06.96 | +0,93 | 41.38 | 1:29.55 | 2:18.39 | 3:06.96 |
| 3. Myriam Reuland | Le Dauphin Ettelbruck | 3:15.21 | 2014 | 3:12.91 | +0,93 | 43.06 | 1:32.86 | 2:22.20 | 3:12.91 |
| <i>Luxemburgs Masters Record</i> | | | | | | | | | |
| 4. Kristel Lips | ZV De Bron | 3:29.26 | 7900562 | 3:20.16 | +0,91 | 45.79 | 1:36.76 | 2:28.52 | 3:20.16 |
| 5. A. Balkema-Willemsen | EZZ | 3:20.10 | 8001268 | 3:22.72 | +0,95 | 44.86 | 1:35.80 | 2:29.16 | 3:22.72 |

Masters 35+

| | | | | | | | | | |
|----------------------------------|-------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Karin Stein | Vlaardingen | 2:58.65 | 7100554 | 2:56.22 | +0,99 | 40.82 | 1:25.72 | 2:11.59 | 2:56.22 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. Dora Cerva | Sprint Fortuna SC | 2:57.78 | 74CERV | 2:58.55 | +0,88 | 40.41 | 1:26.22 | 2:12.56 | 2:58.55 |
| 3. Annetje Dieleman | PSV | 3:07.52 | 7100130 | 3:11.75 | +0,73 | 42.09 | 1:30.09 | 2:20.53 | 3:11.75 |
| 4. Liselotte Joling | PSV | 3:04.78 | 7500268 | 3:14.70 | +1,01 | 42.88 | 1:33.58 | 2:24.17 | 3:14.70 |
| 5. Tony de Groot | De Futen | 3:29.49 | 7300758 | 3:52.79 | +0,91 | 48.63 | 1:44.73 | 2:49.05 | 3:52.79 |

Event 11, Women, 200m Breaststroke

Masters 40+

| | | | | | | | | | |
|----------------------------------|---------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Annette Wijnja-Visser | De Biesboschwimmers | 3:08.31 | 6700528 | 3:05.73 | +0,86 | 41.50 | 1:28.40 | 2:16.75 | 3:05.73 |
| <i>Nederlands Masters Record</i> | | | | | | | | | |
| 2. F. Heijdeman-Duran | AZ&PC | 3:08.53 | 6900222 | 3:21.08 | +0,87 | 45.51 | 1:37.20 | 2:29.02 | 3:21.08 |
| 3. Desiree van der Lem | Kon AZ 1870 | 3:40.28 | 6800282 | 3:21.13 | +0,87 | 44.15 | 1:35.88 | 2:29.21 | 3:21.13 |
| 4. Yolanda Mante | Gay Swim Amsterdam | 3:18.75 | 6600432 | 3:22.00 | +0,74 | 46.65 | 1:40.68 | 2:31.73 | 3:22.00 |
| 5. Henriett Cseszregi | Budapesti Delfinek | 3:20.50 | 69CSES | 3:24.69 | +0,83 | 44.66 | 1:36.12 | 2:30.51 | 3:24.69 |
| 6. Ilse Vos | De Hokseberg | 3:28.23 | 6800644 | 3:32.29 | +1,07 | 47.52 | 1:41.46 | 2:36.31 | 3:32.29 |
| 7. Meke Oomens | Old Dutch | 3:29.26 | 7000370 | 3:33.39 | +1,08 | 46.46 | 1:41.09 | 2:36.01 | 3:33.39 |
| 8. Remona Dekker | ZV De Bron | 4:00.50 | 6600620 | 3:59.59 | +1,23 | 53.72 | 1:56.40 | 3:00.05 | 3:59.59 |

Masters 45+

| | | | | | | | | | |
|-----------------------|---------------------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Karin Vrijburg | De Columbiaan | 3:15.64 | 6100228 | 3:25.77 | +1,00 | 46.27 | 1:38.01 | 2:31.22 | 3:25.77 |
| 2. Friderika Kerekes | AZ&PC | 3:39.21 | 6500540 | 3:36.64 | +0,88 | 50.22 | 1:45.50 | 2:41.86 | 3:36.64 |
| 3. Ina van Beusekom | Van Vliet-Barracuda | 3:48.44 | 6400480 | 3:50.28 | +0,95 | 52.42 | 1:51.17 | 2:52.27 | 3:50.28 |
| 4. Jacqueline Brouwer | ZV De Bron | 4:06.10 | 6100296 | 4:15.77 | +0,94 | 56.96 | 2:01.81 | 3:11.70 | 4:15.77 |

Masters 50+

| | | | | | | | | | |
|----------------------|---------|---------|---------|----------------|-------|-------|---------|---------|---------|
| 1. Susan Lipsey | LZ 1886 | 3:22.10 | 5700156 | 3:30.69 | +0,92 | 46.40 | 1:39.04 | 2:33.90 | 3:30.69 |
| 2. Willy Schoenmaker | DWK | 3:58.92 | 5900254 | 4:10.89 | +1,29 | 56.94 | 2:00.02 | 3:05.91 | 4:10.89 |

Masters 55+

| | | | | | | | | | |
|------------------------|-------------|---------|---------|----------------|-------|---------|---------|---------|---------|
| 1. Mieke van der Fluit | SBC2000 | 3:27.83 | 5400012 | 3:42.77 | +1,27 | 50.35 | 1:46.98 | 2:44.81 | 3:42.77 |
| 2. Gonnje Bak | PSV | 3:55.56 | 5100002 | 4:00.39 | +0,92 | 57.17 | 1:59.28 | 3:02.20 | 4:00.39 |
| 3. Tineke van Diggelen | Oceanus | 3:58.70 | 5200048 | 4:04.60 | +0,97 | 54.73 | 1:57.41 | 3:00.77 | 4:04.60 |
| 4. Nini van Dongen | De Lansingh | 4:49.69 | 5100044 | 4:50.11 | +1,23 | 1:06.05 | 2:20.81 | 3:35.76 | 4:50.11 |

Masters 60+

| | | | | | | | | | |
|---|-----------|---------|---------|----------------|-------|---------|---------|---------|---------|
| DSQ Nelly Jansen | Old Dutch | 5:44.74 | 4600020 | 6:14.25 | +1,42 | 1:23.32 | 2:59.19 | 4:38.68 | 6:14.25 |
| <i>SK - Niet met twee handen gelijktijdig keer- en/of eindpunt aangetikt.</i> | | | | | | | | | |

Masters 65+

| | | | | | | | | | |
|-------------------------|-----------|---------|---------|----------------|-------|---------|---------|---------|---------|
| 1. Matty van der Veen | Old Dutch | 3:50.93 | 4400020 | 4:07.97 | +1,12 | 56.47 | 1:59.91 | 3:03.27 | 4:07.97 |
| 2. Loekie v. Huissteden | AZ&PC | 4:27.70 | 4500002 | 4:26.09 | +1,01 | 1:02.09 | 2:10.85 | 3:18.30 | 4:26.09 |
| 3. Liesbeth ter Laak | PSV | 5:01.77 | 4200008 | 5:09.56 | +1,31 | 1:10.58 | 2:31.82 | 3:48.96 | 5:09.56 |

Masters 70+

| | | | | | | | | | |
|------------------------------|----------------|---------|---------|----------------|-------|---------|---------|---------|---------|
| 1. Ingrid Luening | EOSC Offenbach | 3:51.90 | 136789 | 3:49.06 | +1,04 | 52.95 | 1:50.81 | 2:49.98 | 3:49.06 |
| <i>Kampioenschaps Record</i> | | | | | | | | | |
| 2. Tineke de Bueger | Old Dutch | 4:24.89 | 3700010 | 4:42.58 | +1,13 | 1:05.38 | 2:17.56 | 3:30.27 | 4:42.58 |

Masters 75+

| | | | | | | | | | |
|------------------------|------|---------|-------------|----------------|-------|-------|---------|---------|---------|
| 1. Agnes van Obberghen | AZSC | 4:00.38 | AZSC/696/31 | 4:02.51 | +1,01 | 53.57 | 1:55.32 | 2:59.37 | 4:02.51 |
|------------------------|------|---------|-------------|----------------|-------|-------|---------|---------|---------|

Event 12
08.05.2010 - 11:41

Men, 100m Backstroke

Masters Open
Results

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|----------------------------------|-------------------------|---------------|------------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | |
| 1. Martijn Dolk | MNC Dordrecht | 1:01.86 | 8900737 | 1:05.12 | +0,74 | 31.97 | 1:05.12 |
| 2. Alex Vermeulen | WZK Zwemmen | 1:04.40 | 8905811 | 1:06.80 | +0,67 | 32.38 | 1:06.80 |
| 3. Mario Peeters | MNC Dordrecht | 1:06.01 | 8602355 | 1:09.62 | +0,71 | 33.66 | 1:09.62 |
| 4. Sander van den Berg | NIMO | 1:04.62 | 8700211 | 1:11.38 | +0,81 | 34.06 | 1:11.38 |
| 5. Mark Pijtak | AZ&PC | 1:12.95 | 9002287 | 1:12.15 | +0,73 | 34.90 | 1:12.15 |
| 6. Jelle Beerens | De Dommelbaarzen | 1:07.23 | 8600159 | 1:12.46 | +0,76 | 34.75 | 1:12.46 |
| 7. Jan van Opstal | DIO | 1:08.86 | 8602291 | 1:12.77 | +0,80 | 36.09 | 1:12.77 |
| 8. Jan Hofstede | De Reest | 1:07.86 | 8601269 | 1:13.70 | +0,67 | 35.49 | 1:13.70 |
| 9. Sven van Zanten | De Duinkikkers | 1:11.49 | 9003405 | 1:14.50 | +0,65 | 34.73 | 1:14.50 |
| 10. Tom Hinskens | NIMO | 1:19.31 | 9007241 | 1:15.19 | +0,91 | 36.62 | 1:15.19 |
| 11. Koen Florijn | MNC Dordrecht | 1:06.17 | 8600851 | 1:16.43 | +0,82 | 36.46 | 1:16.43 |
| 12. Remco Joukes | Triton | 1:09.36 | 8801763 | 1:16.66 | +0,64 | 37.21 | 1:16.66 |
| 13. Wesley Bezemer | De Duinkikkers | 1:13.73 | 8900237 | 1:16.89 | +0,82 | 38.11 | 1:16.89 |
| 14. Harmen Reemst | ZOB'66 | 1:12.40 | 8702715 | 1:17.97 | +0,64 | 37.67 | 1:17.97 |
| Masters 25+ | | | | | | | |
| 1. Merijn Ellenkamp | DWK | 1:00.53 | 8500691 | 1:00.54 | +0,62 | 29.82 | 1:00.54 |
| <i>Nederlands Masters Record</i> | | | | | | | |
| 2. Martijn Giezen | Montferland | 1:02.86 | 8500813 | 1:05.04 | +0,60 | 31.12 | 1:05.04 |
| 3. Thommy Nickel | Van Vliet-Barracuda | 1:06.69 | 8401627 | 1:06.99 | +0,72 | 32.56 | 1:06.99 |
| 4. Leander Noordijk | De Schotejil | 1:04.95 | 8101221 | 1:07.85 | +0,77 | 33.14 | 1:07.85 |
| 5. Sander Bouts | RZ | 1:04.58 | 8500331 | 1:08.65 | +0,72 | 33.20 | 1:08.65 |
| 6. Marcel Reefhuis | De Veene | 1:07.51 | 8101381 | 1:08.73 | +0,77 | 33.39 | 1:08.73 |
| 7. Albert van Piekeren | Octopus | 1:06.61 | 8401767 | 1:09.80 | +0,75 | 33.84 | 1:09.80 |
| 8. Victor den Heijer | Wave | 1:10.00 | 8300867 | 1:10.45 | +0,60 | 33.87 | 1:10.45 |
| 9. Tommy van Overmeeren | De Schelde | 1:04.82 | 8402887 | 1:10.82 | +0,74 | 35.10 | 1:10.82 |
| sick Erik Drewes | De Biesboschzwemmers | 1:11.31 | 8400543 | | | | |
| Masters 30+ | | | | | | | |
| 1. Dennis Brouwers | HZPC | 1:03.18 | 7800167 | 1:04.65 | +0,68 | 32.05 | 1:04.65 |
| 2. Erik Kusters | Dedemsvaart-AC | 1:06.90 | 8000837 | 1:05.34 | +0,76 | 31.65 | 1:05.34 |
| 3. Ivo Roozeboom | DES | 1:06.37 | 7700801 | 1:05.79 | +0,71 | 32.38 | 1:05.79 |
| 4. Ronald Smits | PSV | 1:04.56 | 7800981 | 1:06.26 | +0,74 | 32.97 | 1:06.26 |
| 5. Stan Dekker | PLONS | 1:09.73 | 7901823 | 1:09.63 | +0,71 | 33.57 | 1:09.63 |
| 6. Gino Martijn | RZ | 1:15.00 | 7901865 | 1:17.55 | +0,65 | 38.20 | 1:17.55 |
| Masters 35+ | | | | | | | |
| 1. Eelco van Gemert | De Stormvogel | 1:05.06 | 7200299 | 1:10.03 | +0,75 | 33.96 | 1:10.03 |
| 2. Agnus Gerringa | DWK | 1:16.20 | 7100285 | 1:13.84 | +0,79 | 35.85 | 1:13.84 |
| 3. Herman Smit | De Veene | 1:17.48 | 7101493 | 1:14.23 | +0,76 | 36.07 | 1:14.23 |
| 4. Erwin Zuidervelt | De Futen | 1:11.61 | 7501015 | 1:15.83 | +0,69 | 36.36 | 1:15.83 |
| 5. Bart Van Gorp | AZV | 1:19.97 | AZV/117/75 | 1:22.30 | +0,73 | 39.04 | 1:22.30 |
| Masters 40+ | | | | | | | |
| 1. Zoltan Balajti | Budapesti Delfinek | 1:04.65 | 66BALA | 1:04.72 | +0,66 | 31.77 | 1:04.72 |
| 2. Frederic Andres | Florange olympique club | 1:11.54 | 103316 | 1:12.58 | +0,80 | 36.08 | 1:12.58 |
| 3. Casper de Zeeuw | WS Twente | 1:16.69 | 7001137 | 1:14.26 | +0,71 | 36.65 | 1:14.26 |
| 4. Arjon de Bok | De Biesboschzwemmers | 1:11.90 | 6900125 | 1:15.02 | +0,87 | 35.80 | 1:15.02 |
| 5. Gerco Schakel | DWK | 1:26.03 | 6900849 | 1:19.02 | +0,71 | 39.09 | 1:19.02 |
| 6. Gerard Da Deppo | DBD | 1:18.83 | 7001509 | 1:21.85 | +0,75 | 39.02 | 1:21.85 |
| 7. Oliver Podebrad | SC Wiesbaden 1911 | 1:22.73 | 262705 | 1:24.22 | +0,79 | 41.84 | 1:24.22 |
| WDR Henk van Zetten | Octopus | 1:35.93 | 6701261 | | | | |
| WDR Patrick Juncker | Swimming Luxembourg | 1:18.12 | 67-JUNC | | | | |

Event 12, Men, 100m Backstroke

Masters 45+

| | | | | | | | |
|-------------------------|---------------|---------|---------|----------------|-------|-------|---------|
| 1. Evert Bregman | WZK Zwemmen | 1:08.95 | 6200089 | 1:09.93 | +0,63 | 31.67 | 1:09.93 |
| 2. Jan Brink | De Stormvogel | 1:10.17 | 6200091 | 1:10.25 | +0,72 | 34.11 | 1:10.25 |
| 3. Ron Korzelius | AZ&PC | 1:12.31 | 6500513 | 1:13.86 | +0,72 | 36.09 | 1:13.86 |
| 4. Fred Heemstra | DAW-FINENZO | 1:09.47 | 6500357 | 1:14.23 | +0,75 | 35.67 | 1:14.23 |
| 5. Cees van Houwelingen | De Schelde | 1:12.02 | 6300351 | 1:15.36 | +0,78 | 37.23 | 1:15.36 |
| 6. Marcel van der Lem | Kon AZ 1870 | 1:18.57 | 6500563 | 1:20.22 | +0,81 | 38.41 | 1:20.22 |
| 7. Ron Phaff | PSV | 1:16.27 | 6200495 | 1:21.58 | +0,69 | 39.21 | 1:21.58 |
| 8. Michiel Klaren | PSV | 1:25.04 | 6201087 | 1:23.08 | +0,69 | 40.02 | 1:23.08 |
| 9. Werenfried Spit | LAC | 1:23.66 | 6401307 | 1:23.54 | +0,73 | 39.81 | 1:23.54 |
| 10. Bart van Betuw | Zegenwerp | 1:29.30 | 6500087 | 1:24.26 | +0,75 | 40.45 | 1:24.26 |
| 11. Jack Barends | WS Twente | 1:24.88 | 6201011 | 1:26.66 | +0,87 | 42.30 | 1:26.66 |

Masters 50+

| | | | | | | | |
|----------------------|-------------------------|---------|--------------|----------------|-------|-------|---------|
| 1. Andre Storm | Zoetermeer | 1:18.24 | 5600407 | 1:18.30 | +0,51 | 36.78 | 1:18.30 |
| 2. Raymond Renzonnet | Royal Verviers Natation | 1:24.47 | VN/439/60 | 1:20.00 | +0,73 | 38.81 | 1:20.00 |
| 3. Wim de Lange | Electrolux AZC | 1:18.93 | 5800533 | 1:23.78 | +0,71 | 40.40 | 1:23.78 |
| 4. Filip Timmermans | ShaRK | 1:39.86 | ShaRK/163/60 | 1:42.49 | +0,87 | 50.43 | 1:42.49 |
| 5. Michiel Tonsbeek | DWT | 1:40.99 | 6000889 | 1:47.34 | +0,78 | 53.08 | 1:47.34 |
| WDR Elzo Dijkhuis | TriVia | 1:15.28 | 6000873 | | | | |

Masters 55+

| | | | | | | | |
|----------------------|----------------|---------|---------|----------------|-------|-------|---------|
| 1. Ron van der Zande | De Aalscholver | 1:19.78 | 5500307 | 1:18.56 | +0,68 | 38.68 | 1:18.56 |
| 2. Henk Slomp | De Pinquin | 1:20.91 | 5500359 | 1:25.26 | +0,64 | 41.06 | 1:25.26 |

Masters 60+

| | | | | | | | |
|------------------|--------------------|---------|--------|----------------|-------|-------|---------|
| 1. Janos Koczian | Budapesti Delfinek | 1:21.47 | 50KOCZ | 1:23.48 | +0,74 | 40.82 | 1:23.48 |
|------------------|--------------------|---------|--------|----------------|-------|-------|---------|

Masters 70+

| | | | | | | | |
|--------------------------------|--------------------|---------|---------|----------------|-------|---------|---------|
| 1. Frans van Enst | WS Twente | 1:21.05 | 4000011 | 1:22.79 | +0,63 | 40.04 | 1:22.79 |
| <i>Europees Masters Record</i> | | | | | | | |
| 2. Nico Geers | Z&PC De Gouwe | 1:36.32 | 3800007 | 1:35.41 | +0,81 | 47.88 | 1:35.41 |
| 3. Robert Nagy | Budapesti Delfinek | 1:48.19 | 38NAGY | 1:48.68 | +1,16 | 50.63 | 1:48.68 |
| 4. Pieter Scharphorn | Neptunus | 2:08.32 | 3800037 | 2:17.18 | +0,83 | 1:04.35 | 2:17.18 |

Masters 75+

| | | | | | | | |
|----------------|------|---------|-------------|----------------|-------|-------|---------|
| 1. Jef van Roy | AZSC | 1:49.86 | AZSC/572/32 | 1:46.58 | +0,97 | 50.70 | 1:46.58 |
|----------------|------|---------|-------------|----------------|-------|-------|---------|

Masters 85+

| | | | | | | | |
|---|------------|---------|---------|----------------|-------|-------|---------|
| 1. Ru Holtes | De Dolfijn | 2:00.23 | 2500001 | 2:01.04 | +0,80 | 56.84 | 2:01.04 |
| <i>Kampioenschaps Record, tussentijd 50m is NMR</i> | | | | | | | |

Event 13
08.05.2010 - 11:58

Women, 100m Backstroke

Masters Open
Results

| rang naam | vereniging | inschrijftijd | | tijd | RT | 50m | 100m |
|------------------------------|-------------------------|---------------|---------|----------------|-------|-------|---------|
| Masters 20+ | | | | | | | |
| 1. Petra de Groot | Van Vliet-Barracuda | 1:13.64 | 8701420 | 1:13.93 | +0,73 | 36.42 | 1:13.93 |
| 2. Jolanda Post | DIO | 1:12.80 | 9004848 | 1:14.18 | +0,72 | 36.55 | 1:14.18 |
| 3. Cynthia Grootebroer | De Reest | 1:13.18 | 8901462 | 1:15.44 | +0,79 | 37.11 | 1:15.44 |
| 4. Sunanda van Heteren | PCG | 1:14.07 | 8901728 | 1:19.06 | +0,80 | 39.04 | 1:19.06 |
| 5. Maaïke de Boer | De Duinkickers | 1:16.49 | 9000362 | 1:21.41 | +0,74 | 39.96 | 1:21.41 |
| 6. Eline Schoenmaker | De Duinkickers | 1:17.45 | 9003322 | 1:21.70 | +0,68 | 40.62 | 1:21.70 |
| 7. Marian Bouts | RZ | 1:17.71 | 8600492 | 1:22.19 | +0,64 | 39.68 | 1:22.19 |
| 8. Carly Noordermeer | ZOB'66 | 1:16.55 | 8702984 | 1:22.68 | +0,65 | 39.86 | 1:22.68 |
| 9. Jessica Hooyer | Triton | 1:20.96 | 9001582 | 1:23.01 | +0,68 | 40.09 | 1:23.01 |
| 10. Sanne van Dijk | Zoetermeer | 1:18.13 | 9000818 | 1:23.17 | +0,74 | 39.17 | 1:23.17 |
| 11. Annelette de Vries | De Veene | 1:18.14 | 8603908 | 1:24.08 | +0,75 | 39.66 | 1:24.08 |
| 12. Kitty van Gendt | PSV | 1:24.37 | 8701288 | 1:24.53 | +0,71 | 41.42 | 1:24.53 |
| 13. Gerdine Fix | ZOB'66 | 1:23.02 | 8701198 | 1:24.61 | +0,70 | 41.55 | 1:24.61 |
| 14. Liesbeth van Mill | DWK | 1:21.14 | 8702786 | 1:25.56 | +0,80 | 40.97 | 1:25.56 |
| 15. Patricia Becks | Zegenwerp | 1:23.36 | 8705946 | 1:25.59 | +0,69 | 43.45 | 1:25.59 |
| 16. Karin Simons | WZK Zwemmen | 1:14.98 | 8903804 | 1:26.58 | +0,72 | 39.59 | 1:26.58 |
| 17. Marion Lewonczuk | Florange olympique club | 1:26.30 | 77224 | 1:27.62 | +0,76 | 43.28 | 1:27.62 |
| 18. Manon Jansen | Zegenwerp | 1:25.69 | 9001738 | 1:28.56 | +0,95 | 43.49 | 1:28.56 |
| 19. Whitley Rens | De Schotejil | 1:22.20 | 9007520 | 1:29.53 | +0,88 | 43.40 | 1:29.53 |
| 20. Fleur Maas | Zoetermeer | 1:26.43 | 8902768 | 1:31.20 | +0,80 | 42.61 | 1:31.20 |
| 21. Eveline van Avezaath | TRB-RES | 1:28.64 | 8700108 | 1:31.36 | +0,86 | 44.35 | 1:31.36 |
| 22. Paulien v.d Molen | HZ&PC Heerenveen | 1:36.18 | 9006048 | 1:38.10 | +0,88 | 47.64 | 1:38.10 |
| WDR Chantal Enkoroma Coffie | DES | 1:15.45 | 8701142 | | | | |
| Masters 25+ | | | | | | | |
| 1. Nadya Putter | Vlaardingen | 1:16.34 | 8301630 | 1:15.98 | +0,79 | 37.48 | 1:15.98 |
| 2. Roos van Esch | TRB-RES | 1:12.11 | 8200468 | 1:18.08 | +0,79 | 37.26 | 1:18.08 |
| 3. Hanneke Heymen | Montferland | 1:16.39 | 8400968 | 1:18.33 | +0,63 | 38.27 | 1:18.33 |
| 4. Esther Versteeg | Van Vliet-Barracuda | 1:21.53 | 8302112 | 1:19.78 | +0,67 | 38.35 | 1:19.78 |
| 5. Sandra Zwaanswijk | Aquarius | 1:20.96 | 8503934 | 1:24.04 | +0,81 | 41.18 | 1:24.04 |
| 6. Angelique Rotteveel | Aquapoldro | 1:28.89 | 8402090 | 1:36.20 | +0,72 | 46.42 | 1:36.20 |
| Masters 30+ | | | | | | | |
| 1. Janneke Harmsen | De Spatters | 1:20.29 | 7700938 | 1:12.02 | +0,75 | 34.49 | 1:12.02 |
| <i>Kampioenschaps Record</i> | | | | | | | |
| 2. Francijna de Kooter | De Biesboschwimmers | 1:16.70 | 8000634 | 1:17.18 | +0,78 | 36.78 | 1:17.18 |
| 3. Emerentia Knebel | KZPC | 1:19.74 | 7600322 | 1:17.57 | +0,70 | 37.47 | 1:17.57 |
| 4. Jolan Molnar | Budapesti Delfinek | 1:22.12 | 77MOLN | 1:17.86 | +0,70 | 37.29 | 1:17.86 |
| 5. Jolanda van Gendt | PSV | 1:21.45 | 7800266 | 1:22.38 | +0,76 | 39.81 | 1:22.38 |
| 6. Jolika Csibra | DES | 1:26.21 | 7600838 | 1:24.58 | +0,75 | 41.10 | 1:24.58 |
| 7. Petra Verstegen | WVZ | 1:20.64 | 7700906 | 1:24.73 | +0,83 | 41.21 | 1:24.73 |
| 8. Kristel Lips | ZV De Bron | 1:21.86 | 7900562 | 1:27.23 | +0,81 | 41.98 | 1:27.23 |
| 9. Anneke Balkema-Willemsen | EZZ | 1:27.76 | 8001268 | 1:32.09 | +0,74 | 45.77 | 1:32.09 |
| 10. Marian Nederlof | DWF | 1:30.26 | 7600950 | 1:36.19 | +0,83 | 48.07 | 1:36.19 |
| sick Helma Koot | AZ&PC | 1:26.86 | 7600336 | | | | |
| Masters 35+ | | | | | | | |
| 1. Gudule van der Meer | PSV | 1:18.44 | 7200396 | 1:17.56 | +0,66 | 37.17 | 1:17.56 |
| 2. Henriette Manting | GZVW | 1:21.86 | 7100246 | 1:23.81 | +0,73 | 39.89 | 1:23.81 |
| 3. Ingrid Versteegen | DBD | 1:33.41 | 7300770 | 1:35.05 | +0,78 | 46.18 | 1:35.05 |

Event 13, Women, 100m Backstroke

Masters 40+

| | | | | | | | |
|------------------------|-------------------------|---------|-----------|----------------|-------|-------|---------|
| 1. Laura Staal | Oceanus | 1:18.83 | 6700358 | 1:19.84 | +0,72 | 39.08 | 1:19.84 |
| 2. Henriette v. Norden | AZ&PC | 1:20.60 | 6800046 | 1:20.49 | +0,78 | 39.21 | 1:20.49 |
| 3. Heidi van Stein | LZ 1886 | 1:19.97 | 6900864 | 1:21.19 | +0,73 | 38.85 | 1:21.19 |
| 4. Susanne van Hooven | De Schotejil | 1:20.88 | 6800752 | 1:25.34 | +0,78 | 40.72 | 1:25.34 |
| 5. AnneMarie Smit | Gay Swim Amsterdam | 1:23.20 | 6700440 | 1:26.75 | +0,79 | 43.01 | 1:26.75 |
| 6. Wendy Knoops | RZ | 1:25.12 | 6800720 | 1:27.08 | +0,83 | 42.30 | 1:27.08 |
| 7. Helen Turner | PSV | 1:28.54 | 7000894 | 1:28.71 | +0,62 | 42.47 | 1:28.71 |
| 8. Desiree van der Lem | Kon AZ 1870 | 1:32.18 | 6800282 | 1:29.54 | +0,79 | 43.44 | 1:29.54 |
| 9. Nadine Hauseux | Royal Verviers Natation | 1:49.31 | VN/445/68 | 1:44.29 | +0,67 | 49.82 | 1:44.29 |
| 10. Haya Mellema | Aquapoldro | 1:45.00 | 6600482 | 1:56.87 | +0,96 | 54.40 | 1:56.87 |

Masters 45+

| | | | | | | | |
|-----------------------|--------------------|---------|---------|----------------|-------|-------|---------|
| 1. Monique Dijkstra | Gay Swim Amsterdam | 1:19.66 | 6400066 | 1:20.40 | +0,77 | 38.95 | 1:20.40 |
| 2. Jacqueline Rolloos | De Lansingh | 1:24.64 | 6300222 | 1:24.93 | +0,81 | 42.11 | 1:24.93 |
| 3. Alie Visser | HZ&PC Heerenveen | 1:36.95 | 6400494 | 1:38.20 | +0,67 | 46.77 | 1:38.20 |

Masters 50+

| | | | | | | | |
|-------------------------|------------------|---------|---------|----------------|-------|-------|---------|
| 1. Atie Pijtak-Radersma | AZ&PC | 1:19.97 | 5600048 | 1:24.22 | +0,75 | 41.01 | 1:24.22 |
| 2. Patty Verhagen | AquAmigos | 1:27.47 | 5900146 | 1:29.13 | +0,81 | 44.23 | 1:29.13 |
| 3. Pia van der Molen | HZ&PC Heerenveen | 1:29.89 | 6000116 | 1:33.23 | +0,75 | 44.76 | 1:33.23 |

Masters 55+

| | | | | | | | |
|------------------------|------------|---------|---------|----------------|-------|---------|---------|
| 1. Margriet Pasma | De Pinquin | 1:28.98 | 5500088 | 1:31.35 | +0,77 | 44.65 | 1:31.35 |
| 2. Tineke van Diggelen | Oceanus | 1:48.75 | 5200048 | 1:51.44 | +0,86 | 54.28 | 1:51.44 |
| 3. Corine Kalbfleisch | DWT | 1:47.45 | 5200024 | 1:52.47 | +0,93 | 53.24 | 1:52.47 |
| 4. Janny van der Weide | Deltasteur | 2:29.82 | 5100066 | 2:42.61 | +0,98 | 1:17.02 | 2:42.61 |

Masters 60+

| | | | | | | | |
|-------------------------------|------------------------------|---------|---------|----------------|-------|---------|---------|
| 1. Antoinette Gilding-Tussaud | WS Twente | 1:45.14 | 5000038 | 1:43.02 | +0,79 | 49.41 | 1:43.02 |
| | <i>Kampioenschaps Record</i> | | | | | | |
| 2. Marja van der Meer | Neptunus | 1:46.76 | 4700014 | 1:45.93 | +0,94 | 49.97 | 1:45.93 |
| 3. Hannelore Bottin | SV Langenfeld 1912 | 2:27.68 | 057992 | 2:29.91 | +1,06 | 1:10.94 | 2:29.91 |

Masters 65+

| | | | | | | | |
|--------------------|------------|---------|--------------|----------------|-------|---------|---------|
| 1. Nicole Davidson | ShaRK | 1:59.86 | ShaRK/184/44 | 2:00.98 | +0,57 | 57.95 | 2:00.98 |
| 2. Leny Kamp | Aquapoldro | 2:00.95 | 4400008 | 2:10.10 | +0,69 | 1:01.75 | 2:10.10 |

Masters 70+

| | | | | | | | |
|---------------------|-----------|---------|---------|----------------|-------|---------|---------|
| 1. Tineke de Bueger | Old Dutch | 2:18.17 | 3700010 | 2:27.75 | +0,89 | 1:08.68 | 2:27.75 |
|---------------------|-----------|---------|---------|----------------|-------|---------|---------|

Masters 75+

| | | | | | | | |
|----------------------|----------------------------------|---------|---------|----------------|-------|---------|---------|
| 1. Jeltje van Bergen | De Pinquin | 1:57.67 | 3500002 | 1:58.29 | +0,69 | 55.26 | 1:58.29 |
| | <i>Nederlands Masters Record</i> | | | | | | |
| 2. Annie de Vos | Old Dutch | 2:08.55 | 3400004 | 2:09.18 | +0,81 | 1:02.12 | 2:09.18 |

Masters 85+

| | | | | | | | |
|-----------------------|-------|---------|--------------|--|--|--|--|
| WDR Virginia Keteleer | ShaRK | 2:19.99 | ShaRK/155/25 | | | | |
|-----------------------|-------|---------|--------------|--|--|--|--|

Event 14
08.05.2010 - 12:19

Mixed, 4 x 50m Medley

Masters Open
Results

| rang | vereniging | inschrijftijd | tijd | RT |
|-------------|--|---------------|----------------|-------|
| 80+ | | | | |
| 1. | De Duinkickers | 2:07.54 | 2:14.81 | +0,67 |
| | <i>Kampioenschaps Record</i> | | | |
| | Eline Schoenmaker | 90 | +0,18 | 29.59 |
| | Maaïke de Boer | 90 | +0,45 | 27.20 |
| 2. | ZOB'66 | 2:15.50 | 2:21.05 | +0,71 |
| | Gerdine Fix | 87 | +0,58 | 30.04 |
| | Harmen Reemst | 87 | | 31.95 |
| 100+ | | | | |
| 1. | PSV | 2:06.79 | 2:06.39 | +0,62 |
| | Bianca van Ringelestijn | 85 | +0,30 | 29.09 |
| | Ronald Smits | 78 | +0,46 | 29.01 |
| 2. | RZ | 2:12.02 | 2:10.59 | +0,65 |
| | Marian Bouts | 86 | +0,37 | 28.35 |
| | Suzan van den Bogaard | 89 | +0,49 | 28.07 |
| 3. | Triton | 2:14.70 | 2:18.78 | +0,61 |
| | Remco Joukes | 88 | +0,66 | 33.99 |
| | Francine Sommer | 62 | +0,46 | 26.51 |
| DSQ | Zegenwerp 1 | 2:17.34 | | +0,70 |
| | <i>EA - Te vroeg overgenomen. (geen eindtijd noteren**), DIS 2de zwemmer</i> | | | |
| | Bart van Betuw | 65 | +0,70 | 37.88 |
| | Stef Hoeven | 90 | -0,07 | |
| | Patricia Becks | 87 | 0.00 | |
| | Anita Engels | 90 | 0.00 | |
| WDR | Octopus 1 | 2:20.40 | | |
| | Albert van Piekeren | 84 | | |
| | Henk van Zetten | 67 | | |
| | Miriam Visserman | 87 | | |
| | Annebeth van Ark | 88 | | |
| 120+ | | | | |
| 1. | Vlaardingen | 2:02.99 | 2:05.05 | +0,74 |
| | Paul Brinkman | 84 | +0,25 | 31.08 |
| | Karin Stein | 71 | +0,44 | 25.75 |
| 2. | De Biesboschzwemmers 1 | 2:11.62 | 2:13.94 | +0,73 |
| | Francijna de Kooter | 80 | +0,73 | 36.57 |
| | Dennis Klop | 83 | +0,41 | 36.21 |
| | Arjon de Bok | 69 | +0,52 | 30.62 |
| | Tonny Methorst | 88 | +0,50 | 30.54 |
| 3. | AZ&PC 1 | 2:12.45 | 2:16.36 | +0,79 |
| | Henriette v. Norden | 68 | +0,79 | 37.83 |
| | Francoise Heijdeman-Duran | 69 | +0,41 | 41.70 |
| | Rob van Vliet | 84 | +0,34 | 28.76 |
| | Mark Pijtak | 90 | +0,28 | 28.07 |
| 4. | De Veene 1 | 2:19.45 | 2:17.41 | +0,74 |
| | Marcel Reefhuis | 81 | +0,74 | 32.14 |
| | Milou Bouwhuis | 89 | +0,43 | 40.65 |
| | Herman Smit | 71 | +0,38 | 29.24 |
| | Gerlinde Smit | 73 | +0,66 | 35.38 |
| 5. | Zoetermeer 1 | 2:21.74 | 2:23.43 | +0,53 |
| | Andre Storm | 56 | +0,53 | 35.16 |
| | John Stoffer | 63 | +0,46 | 36.97 |
| | Sanne van Dijk | 90 | +0,58 | 38.08 |
| | Fleur Maas | 89 | +0,55 | 33.22 |
| 6. | RZ 2 | 2:30.00 | 2:25.65 | +0,85 |
| | Wendy Knoops | 68 | +0,85 | 41.06 |
| | Han Ruijs | 79 | +0,51 | 36.89 |
| | Dianne Nien | 71 | +0,59 | 36.95 |
| | Ralf Brull | 75 | +0,20 | 30.75 |
| 7. | HZ&PC Heerenveen 1 | 2:28.63 | 2:30.66 | +0,70 |
| | Alie Visser | 64 | +0,70 | 45.78 |
| | Karin van Dijk | 86 | +0,68 | 38.07 |
| | Rene Beetsma | 69 | +0,43 | 30.39 |
| | Arnold Jonker | 70 | +0,61 | 36.42 |
| DSQ | PSV 3 | 2:22.08 | | +0,79 |
| | <i>EA - Te vroeg overgenomen. (geen eindtijd noteren**), DIS 2de zwemmer</i> | | | |
| | Koen de Haan | 78 | +0,79 | 34.07 |
| | Renee de Kok | 84 | -0,07 | |
| | Peter Soudant | 62 | 0.00 | |
| | Jolanda van Gendt | 78 | 0.00 | |

Event 14, Mixed, 4 x 50m Medley

160+

| | | | | | | | | |
|----|------------------|-----------|-------|---------|-------------------|----------------|-------|-------|
| 1. | PSV 2 | PSV | | 2:16.05 | | 2:21.22 | +0,65 | |
| | Ron Phaff | 62 | +0,65 | 37.12 | Erik van Dartel | 67 | +0,67 | 32.23 |
| | Annetje Dieleman | 71 | +0,26 | 38.67 | Helen Turner | 70 | +0,33 | 33.20 |
| 2. | WS Twente 1 | WS Twente | | 2:24.74 | | 2:25.09 | +0,71 | |
| | Casper de Zeeuw | 70 | +0,71 | 33.84 | Jan Willem Heuten | 60 | +0,60 | 36.29 |
| | Marijke Kraak | 60 | +0,48 | 43.95 | Inez Heideman | 75 | +0,46 | 31.01 |

200+

| | | | | | | | | |
|-----|----------------------|--------------------|-------|---------|------------------------|----------------|-------|-------|
| 1. | AZ&PC 2 | AZ&PC | | 2:24.75 | | 2:29.89 | +0,72 | |
| | Atie Pijtak-Radersma | 56 | +0,72 | 38.99 | Edwin v. Norden | 63 | +0,28 | 28.51 |
| | Peter v. Meerveld | 67 | +0,22 | 36.06 | Loekie v. Huissteden | 45 | +0,43 | 46.33 |
| 2. | Budapesti Delfinek 1 | Budapesti Delfinek | | 2:37.00 | | 2:35.94 | +0,79 | |
| | Janos Koczian | 50 | +0,79 | 38.41 | Jolan Molnar | 77 | +0,64 | 35.56 |
| | Henriett Cseszregi | 69 | +0,64 | 44.14 | Robert Nagy | 38 | +0,85 | 37.83 |
| WDR | PSV 1 | PSV | | 2:14.64 | | | | |
| | Gudule van der Meer | 72 | | | Kees-Jan van Overbeeke | 62 | | |
| | Harold Matla | 68 | | | Lottie Geurts | 35 | | |

240+

| | | | | | | | | |
|----|--------------------|-----------|-------|---------|--------------|----------------|-------|-------|
| 1. | Old Dutch 1 | Old Dutch | | 3:21.04 | | 3:21.16 | +0,78 | |
| | Matty van der Veen | 44 | +0,78 | 52.35 | Meke Oomens | 70 | +0,66 | 44.40 |
| | Ad Tersteeg | 39 | +0,79 | 1:04.47 | Mar van Geel | 47 | +0,97 | 39.94 |