

Zuidelijke Cirkel 2023 - 6e wedstrijd
Eindhoven, 26/11/2023

Programmanr. 12
26/11/2023 - 17:24

400m wisselslag

20 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 25+, Heren					
1.	Emiro Goossen	SwimGym	5:25.00	199506361	5:22.34 +0,75
	50m: 31.99	150m: 1:54.94	250m: 3:25.26	350m: 4:51.21	
	100m: 1:11.15	200m: 2:38.77	300m: 4:12.52	400m: 5:22.34	
2.	Koen Wijnands	SG Patrick - De Roersoppers	5:30.00	199800247	5:23.94 +0,70
	50m: 31.48	150m: 1:57.12	250m: 3:26.79	350m: 4:49.42	
	100m: 1:11.02	200m: 2:40.97	300m: 4:12.50	400m: 5:23.94	

Masters 30+, Heren

AFGEM Jan-Willem van der Graaff Psv 5:35.00 198901023

Masters 35+, Heren

1.	Jeroen Leuwerink	Psv	5:35.00	198601899	5:33.68 +0,94
	50m: 33.26	150m: 1:54.35	250m: 3:25.07	350m: 4:56.35	
	100m: 1:13.47	200m: 2:35.28	300m: 4:15.82	400m: 5:33.68	
2.	Sander van Tilburg	De Biesboschzweimmers	6:26.29	198604609	6:15.10 +0,86
	50m: 45.58	150m: 2:25.92	250m: 4:02.43	350m: 5:35.69	
	100m: 1:36.47	200m: 3:13.07	300m: 4:53.14	400m: 6:15.10	
3.	Mark Godwaldt	Psv	6:13.79	198701039	6:21.02 +0,93
	50m: 37.48	150m: 2:20.55	250m: 4:05.95	350m: 5:44.18	
	100m: 1:31.02	200m: 3:05.96	300m: 5:06.14	400m: 6:21.02	
4.	Nicky Valentijn	AquAmigos	6:30.00	198806175	6:28.11 +0,88
	50m: 41.31	150m: 2:21.46	250m: 4:02.75	350m: 5:43.38	
	100m: 1:29.71	200m: 3:12.98	300m: 4:54.58	400m: 6:28.11	

Masters 40+, Heren

1.	Jeroen Wijering	Psv	5:20.00	198002151	5:13.45 +0,91
	50m: 33.53	150m: 1:52.33	250m: 3:15.96	350m: 4:36.93	
	100m: 1:11.50	200m: 2:32.92	300m: 4:00.22	400m: 5:13.45	

Masters 50+, Heren

1.	Richard Ricksen	Psv	5:40.00	197000841	5:33.17 +0,85
	50m: 34.74	150m: 2:00.59	250m: 3:31.78	350m: 4:57.67	
	100m: 1:15.30	200m: 2:43.88	300m: 4:19.49	400m: 5:33.17	
2.	Jacques Verriet	V.Z.V. Njord	6:25.97	197001039	6:24.14 +0,78
	50m: 41.63	150m: 2:23.50	250m: 4:02.14	350m: 5:40.46	
	100m: 1:33.81	200m: 3:10.61	300m: 4:54.48	400m: 6:24.14	

AFGEM Bruno Nahon Cercle De Natation Sportcity W5:50.00 CNSW/000390/70

Masters 55+, Heren

1.	Gijsbert van der Leden	Psv	5:35.00	196700597	5:26.98 +1,00
	50m: 32.95	150m: 1:55.04	250m: 3:26.84	350m: 4:52.40	
	100m: 1:10.96	200m: 2:38.39	300m: 4:15.07	400m: 5:26.98	

Masters 60+, Heren

1.	Lars Damen	AquAmigos	6:30.00	196301085	6:35.59 +0,98
	50m: 37.87	150m: 2:20.90	250m: 4:10.52	350m: 5:55.28	
	100m: 1:28.09	200m: 3:11.49	300m: 5:11.71	400m: 6:35.59	

DIS Christian Kiekens Cercle De Natation Sportcity W7:14.54 CNSW/010557/60
RE - Het keer- en/of eindpunt niet aangeraakt met enig lichaamsdeel.

Masters 65+, Heren

1.	Hugo Bregman	Wvz	5:15.31	195800069	5:27.66 +0,81
	EMR				
	50m: 33.04	150m: 1:53.65	250m: 3:23.56	350m: 4:51.33	
	100m: 1:11.60	200m: 2:35.68	300m: 4:12.26	400m: 5:27.66	

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Masters 20+, Dames

1. Selina Janssen	Neptunus'58	6:08.19	199905974	6:00.27	+0,72
50m: 34.47	150m: 2:00.52	250m: 3:42.58	350m: 5:20.49		
100m: 1:14.18	200m: 2:46.83	300m: 4:38.95	400m: 6:00.27		

Masters 25+, Dames

1. Fiona Meuffels	Psv	5:36.85	199504366	5:42.28	+0,64
50m: 36.94	150m: 2:06.90	250m: 3:38.77	350m: 5:05.61		
100m: 1:22.13	200m: 2:51.10	300m: 4:28.20	400m: 5:42.28		
2. Larissa Jansen	Psv	6:00.00	199500660	5:47.00	+0,75
50m: 35.60	150m: 2:06.35	250m: 3:40.51	350m: 5:09.11		
100m: 1:19.24	200m: 2:51.21	300m: 4:29.59	400m: 5:47.00		
3. Sahar Hamam	SwimGym	5:55.00	199407604	5:47.78	+0,82
50m: 36.15	150m: 2:03.83	250m: 3:39.26	350m: 5:09.50		
100m: 1:18.33	200m: 2:48.75	300m: 4:29.55	400m: 5:47.78		
4. Diane Schoenmaker	Psv	5:54.94	199502920	5:56.66	+0,80
50m: 36.59	150m: 2:05.42	250m: 3:42.90	350m: 5:16.97		
100m: 1:19.85	200m: 2:50.90	300m: 4:35.22	400m: 5:56.66		

Masters 30+, Dames

1. Y. op den Kamp-Bruls	MZ&PC Maastricht	6:55.00	199008114	6:29.66	+0,78
50m: 42.91	150m: 2:24.72	250m: 4:10.00	350m: 5:47.61		
100m: 1:34.26	200m: 3:15.00	300m: 5:03.54	400m: 6:29.66		
2. Anouk Bloem	Trb/Res	8:33.70	199000320	8:39.18	+1,01
50m: 58.76	150m: 3:15.44	250m: 5:32.06	350m: 7:41.10		
100m: 2:08.00	200m: 4:22.84	300m: 6:42.59	400m: 8:39.18		

Masters 35+, Dames

1. Sandra Schellekens	Neptunus'58	6:50.00	198503416	6:36.96	+0,87
50m: 39.00	150m: 2:17.88	250m: 4:05.85	350m: 5:52.25		
100m: 1:26.15	200m: 3:07.42	300m: 5:05.66	400m: 6:36.96		

Masters 40+, Dames

1. Roos van Esch	Acz	5:34.26	198200468	5:40.73	
50m: 35.70	150m: 2:01.22	250m: 3:34.16	350m: 5:03.03		
100m: 1:16.54	200m: 2:45.49	300m: 4:23.10	400m: 5:40.73		
2. Michelle de Villiers	Hellas-Glana	6:47.67	198302944	6:32.27	+0,77
50m: 38.24	150m: 2:16.98	250m: 4:03.85	350m: 5:48.05		
100m: 1:25.32	200m: 3:08.00	300m: 5:01.15	400m: 6:32.27		

Masters 45+, Dames

1. Liselotte Joling	Psv	5:38.55	197500268	5:44.96	+0,85
50m: 37.12	150m: 2:06.27	250m: 3:40.21	350m: 5:08.95		
100m: 1:20.18	200m: 2:50.52	300m: 4:30.50	400m: 5:44.96		
2. Leontine Loeber	SwimGym	6:21.66	197701010	6:27.14	
50m: 41.00	150m: 2:21.75	250m: 4:04.02	350m: 5:43.66		
100m: 1:31.91	200m: 3:11.51	300m: 4:58.60	400m: 6:27.14		

Masters 55+, Dames

1. K. van Nassau-van den Heuvel	Old Dutch Breda	6:57.36	196600188	6:58.57	+1,07
50m: 50.32	150m: 2:41.04	250m: 4:31.49	350m: 6:13.80		
100m: 1:44.67	200m: 3:35.89	300m: 5:26.71	400m: 6:58.57		

Masters 60+, Dames

1. Patty Verhagen	Psv	6:55.68	195900146	7:03.73	+1,04
50m: 51.58	150m: 2:40.87	250m: 4:32.93	350m: 6:19.08		
100m: 1:48.50	200m: 3:31.56	300m: 5:33.10	400m: 7:03.73		