

Zuidelijke Cirkel 2022 - 6e wedstrijd
Eindhoven, 4/12/2022

Programmanr. 12
04/12/2022 - 17:12

400m vrije slag

20 jaar en ouder
Resultaten

rang	naam	vereniging	intijd	tijd	RT
Masters 25+, Heren					
1.	Wouter Sijmons	Z&PV Nuenen	4:21.09	199302695	4:18.45 +0,76 90,08
	50m: 28.74	150m: 1:32.28	250m: 2:37.32	350m: 3:44.91	
	100m: 1:00.10	200m: 2:04.79	300m: 3:10.88	400m: 4:18.45	
2.	Sybren Groenewegen	z.c De Schotejil	4:43.49	199306223	4:43.04 +0,80 82,26
	50m: 32.28	150m: 1:44.65	250m: 2:56.19	350m: 4:08.56	
	100m: 1:07.97	200m: 2:20.12	300m: 3:32.43	400m: 4:43.04	
3.	Sven Dubbeld	z.c De Schotejil	5:12.65	199601141	5:09.20 +0,83 75,30
	50m: 33.35	150m: 1:50.90	250m: 3:10.61	350m: 4:30.08	
	100m: 1:11.49	200m: 2:30.83	300m: 3:50.33	400m: 5:09.20	
Masters 30+, Heren					
1.	Niels Albrechts	z.c De Schotejil	4:35.73	198800039	4:39.14 +0,81 83,10
	50m: 32.33	150m: 1:44.14	250m: 2:54.43	350m: 4:05.52	
	100m: 1:07.98	200m: 2:19.28	300m: 3:29.66	400m: 4:39.14	
Masters 35+, Heren					
1.	Rick de Greef	ZPK Budel	5:10.98	198400749	4:53.36 +0,64 81,05
	50m: 31.71	150m: 1:45.77	250m: 3:01.43	350m: 4:17.18	
	100m: 1:08.23	200m: 2:23.64	300m: 3:39.11	400m: 4:53.36	
Masters 40+, Heren					
1.	Geoffry Barbery	Z.V. Zeelandia	7:00.00	197801941	7:09.07 +0,98 56,09
	50m: 43.92	150m: 2:32.96	250m: 4:23.29	350m: 6:15.06	
	100m: 1:37.76	200m: 3:28.37	300m: 5:19.85	400m: 7:09.07	
Masters 45+, Heren					
1.	Erik Keukens	V.Z.V. Njord	5:01.59	197500445	4:55.02 +0,87 82,40
	50m: 32.86	150m: 1:49.29	250m: 3:05.42	350m: 4:20.61	
	100m: 1:10.89	200m: 2:27.55	300m: 3:44.22	400m: 4:55.02	
2.	Bas Broekhuis	MZ&PC	5:02.12	197601561	4:56.19 +0,81 82,07
	50m: 33.92	150m: 1:49.52	250m: 3:04.81	350m: 4:20.15	
	100m: 1:11.41	200m: 2:27.10	300m: 3:42.41	400m: 4:56.19	
3.	Niels Wisse	PSV	4:55.00	197401393	5:04.42 +0,91 79,85
	50m: 35.31	150m: 1:52.24	250m: 3:10.07	350m: 4:27.61	
	100m: 1:13.25	200m: 2:31.35	300m: 3:48.88	400m: 5:04.42	
Masters 50+, Heren					
1.	Bruno Nahon	Cercle De Natation Sportcity	5:07.00	CNSW/000390/70	5:03.92 +0,91 80,44
	50m: 34.20	150m: 1:49.09	250m: 3:06.18	350m: 4:25.02	
	100m: 1:11.16	200m: 2:27.69	300m: 3:45.41	400m: 5:03.92	
2.	Grigorios Vourekas	MZ&PC	5:40.00	196901843	5:19.79 +0,77 76,45
	50m: 35.83	150m: 1:55.92	250m: 3:17.41	350m: 4:40.00	
	100m: 1:15.28	200m: 2:36.47	300m: 3:58.52	400m: 5:19.79	
3.	Wouter van der Stelt	De Biesboschzwemmers	5:25.70	197200889	5:26.21 +0,85 74,94
	50m: 35.87	150m: 1:55.93	250m: 3:19.97	350m: 4:44.75	
	100m: 1:15.25	200m: 2:37.76	300m: 4:02.72	400m: 5:26.21	
4.	Bas Kremers	TRB/RES	5:45.00	197201611	5:50.82 +0,84 69,68
	50m: 38.04	150m: 2:06.49	250m: 3:35.59	350m: 5:07.08	
	100m: 1:22.02	200m: 2:50.32	300m: 4:20.95	400m: 5:50.82	
5.	Erwin Snip	ESCA Zwemmen	6:17.13	197001555	6:02.88 +1,01 67,37
	50m: 39.07	150m: 2:10.19	250m: 3:43.32	350m: 5:16.90	
	100m: 1:24.24	200m: 2:56.42	300m: 4:30.21	400m: 6:02.88	
6.	Thomas Pas	V.Z.V. Njord	6:15.00	196901747	6:16.31 +0,95 64,96
	50m: 40.13	150m: 2:14.53	250m: 3:51.31	350m: 5:29.05	
	100m: 1:26.48	200m: 3:02.81	300m: 4:40.49	400m: 6:16.31	
AFGEM	Leon Slingerland	WVZ	5:49.10	196801707	
AFGEM	Richard Ricksen	PSV	4:46.70	197000841	

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Masters 55+, Heren

1. Arno Schrauwen	SG Patrick - De Roersoppers	5:05.87	196501355	5:15.38	+0,84	81,18
50m: 34.26	150m: 1:53.71	250m: 3:14.50	350m: 4:35.50			
100m: 1:13.55	200m: 2:34.06	300m: 3:55.25	400m: 5:15.38			
2. Marcel Nelissen	MZ&PC	7:43.78	196501611	7:35.27	+0,86	56,23
50m: 47.39	150m: 2:44.05	250m: 4:44.30	350m: 6:42.65			
100m: 1:43.58	200m: 3:44.23	300m: 5:43.33	400m: 7:35.27			

Masters 60+, Heren

1. André Pantekoek	PSV	7:11.00	195800321	7:24.41	+1,05	60,73
50m: 45.44	150m: 2:36.68	250m: 4:32.38	350m: 6:31.93			
100m: 1:39.31	200m: 3:34.41	300m: 5:31.87	400m: 7:24.41			

Masters 65+, Heren

1. Michaël Hohenbichler	Cercle De Natation Sportcity	V9:50.00	CNSW/000229/53	9:36.31	+1,29	46,48
50m: 1:01.99	150m: 3:29.69	250m: 5:58.52	350m: 8:25.21			
100m: 2:16.98	200m: 4:44.09	300m: 7:12.35	400m: 9:36.31			

Masters 70+, Heren

1. Brend Brevé	PSV	5:45.00	195200265	6:01.31	+0,92	79,37
50m: 40.97	150m: 2:13.40	250m: 3:46.28	350m: 5:17.20			
100m: 1:25.99	200m: 2:59.73	300m: 4:32.06	400m: 6:01.31			

Masters 80+, Heren

1. Nic Geers	PSV	8:55.29	193800007	8:42.79	+1,10	64,89
50m: 59.68	150m: 3:14.78	250m: 5:31.52	350m: 7:44.25			
100m: 2:05.96	200m: 4:23.13	300m: 6:38.73	400m: 8:42.79			

Masters 20+, Dames

1. Kayleigh Kloet	Z.V. Zeelandia	5:10.99	199802860	5:39.70	+0,89	68,86
50m: 36.25	150m: 1:59.66	250m: 3:27.30	350m: 4:55.47			
100m: 1:16.78	200m: 2:43.32	300m: 4:11.10	400m: 5:39.70			
2. Danique de Vegt	ESCA Zwemmen	5:35.75	199802692	5:44.99	+0,81	67,80
50m: 35.85	150m: 2:01.25	250m: 3:31.36	350m: 5:01.33			
100m: 1:17.49	200m: 2:45.78	300m: 4:16.41	400m: 5:44.99			

Masters 25+, Dames

1. Edwige Vanderelst	Cercle De Natation Sportcity	V4:59.20	CNSW/012276/94	4:46.37	+0,74	89,30
50m: 33.03	150m: 1:44.06	250m: 2:56.68	350m: 4:10.56			
100m: 1:08.15	200m: 2:20.38	300m: 3:33.44	400m: 4:46.37			
2. Larissa Jansen	PSV	5:18.96	199500660	5:04.98	+0,80	83,85
50m: 33.70	150m: 1:49.70	250m: 3:08.08	350m: 4:26.54			
100m: 1:11.09	200m: 2:29.00	300m: 3:47.47	400m: 5:04.98			
3. Sanne Minkels-Huisman	Zeester Meerval	5:43.99	199308014	5:46.98	+0,75	73,70
50m: 38.63	150m: 2:05.18	250m: 3:34.09	350m: 5:03.72			
100m: 1:21.41	200m: 2:49.54	300m: 4:18.84	400m: 5:46.98			
4. Esther Taks	MZ&PC	6:39.70	199507028	7:07.48	+0,67	59,82
50m: 42.55	150m: 2:27.54	250m: 4:18.23	350m: 6:12.34			
100m: 1:33.55	200m: 3:22.73	300m: 5:15.09	400m: 7:07.48			

AFGEM Isabel van Loon V.Z.V. Njord 6:15.00 199507072

Masters 30+, Dames

1. Marlijn Hendriksen	Z&PC DIO	4:50.00	198806828	4:57.74	+0,75	85,49
50m: 34.42	150m: 1:47.44	250m: 3:02.63	350m: 4:19.81			
100m: 1:10.50	200m: 2:24.79	300m: 3:41.09	400m: 4:57.74			
2. Joëlle Vaes	Z&PC DIO	5:50.53	199007576	5:44.62	+0,71	73,86
50m: 37.60	150m: 2:04.87	250m: 3:34.44	350m: 5:04.13			
100m: 1:20.69	200m: 2:49.78	300m: 4:19.67	400m: 5:44.62			
3. Frea Zwaag	PSV	7:00.00	199208086	8:16.10	+1,26	51,31
50m: 52.45	150m: 2:58.36	250m: 5:04.78	350m: 7:14.46			
100m: 1:54.65	200m: 4:01.98	300m: 6:09.56	400m: 8:16.10			

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Programmanr. 12, Dames, 400m vrije slag, Masters 30+

rang	naam	vereniging	intijd	tijd	RT
AFGEM	Susanne van der Linden	Z&PC DIO	5:32.86	198802736	

Masters 35+, Dames

1.	Jenny Schouten	MZ&PC	4:40.60	198703674	4:41.96	+0,84	93,11
	50m: 32.15	150m: 1:42.62	250m: 2:54.48	350m: 4:06.82			
	100m: 1:07.03	200m: 2:18.48	300m: 3:30.61	400m: 4:41.96			
2.	Hoy Lin Moo	MZ&PC	5:40.00	198302898	5:39.09	+0,78	77,43
	50m: 39.52	150m: 2:05.50	250m: 3:32.25	350m: 4:57.80			
	100m: 1:22.40	200m: 2:49.15	300m: 4:15.59	400m: 5:39.09			
3.	Sandra Schellekens	Neptunus'58	5:46.39	198503416	5:49.30	+0,81	75,16
	50m: 37.09	150m: 2:03.94	250m: 3:34.20	350m: 5:05.53			
	100m: 1:19.81	200m: 2:48.87	300m: 4:19.43	400m: 5:49.30			
4.	Dominique Clement	Cally Masters London	7:10.00	1620478	6:20.03	+0,96	69,08
	50m: 41.97	150m: 2:16.94	250m: 3:54.84	350m: 5:34.36			
	100m: 1:28.99	200m: 3:05.65	300m: 4:44.90	400m: 6:20.03			
AFGEM	Fabiënne Jeukens	MZ&PC	6:28.90	198401156			

Masters 40+, Dames

1.	Roos van Esch	ACZ	5:14.34	198200468	5:04.82	+0,89	85,87
	50m: 34.97	150m: 1:51.77	250m: 3:09.64	350m: 4:27.38			
	100m: 1:13.24	200m: 2:30.64	300m: 3:48.58	400m: 5:04.82			
2.	Chantal Verhoeff	Old Dutch	5:24.97	197900912	5:30.51	+0,90	79,19
	50m: 36.09	150m: 1:59.25	250m: 3:23.16	350m: 4:48.15			
	100m: 1:17.00	200m: 2:41.39	300m: 4:05.41	400m: 5:30.51			
3.	Martine de Haart	SG Patrick - De Roersoppers	5:27.55	197901492	5:30.71	+0,83	79,14
	50m: 36.80	150m: 1:58.97	250m: 3:24.12	350m: 4:49.77			
	100m: 1:17.42	200m: 2:41.25	300m: 4:06.68	400m: 5:30.71			
4.	Jolanda van Gendt	PSV	5:33.18	197800266	5:35.95	+0,79	77,91
	50m: 37.19	150m: 2:01.68	250m: 3:28.01	350m: 4:54.28			
	100m: 1:18.56	200m: 2:44.67	300m: 4:11.25	400m: 5:35.95			
5.	Marijn Post	ESCA Zwemmen	6:00.00	198101194	5:38.16	+0,86	77,40
	50m: 35.95	150m: 1:58.82	250m: 3:26.19	350m: 4:53.94			
	100m: 1:15.94	200m: 2:42.42	300m: 4:10.11	400m: 5:38.16			

Masters 45+, Dames

1.	Liselotte Joling	PSV	4:48.23	197500268	4:59.27	+0,87	88,50
	50m: 34.59	150m: 1:51.81	250m: 3:07.81	350m: 4:22.95			
	100m: 1:13.00	200m: 2:30.47	300m: 3:45.51	400m: 4:59.27			
2.	Edith Janssen-Koolen	TRB/RES	5:20.33	197300898	5:24.34	+0,79	81,66
	50m: 35.05	150m: 1:55.18	250m: 3:19.50	350m: 4:43.26			
	100m: 1:14.92	200m: 2:37.32	300m: 4:01.68	400m: 5:24.34			
3.	Claudia van Drunen	AquAmigos	5:30.00	197700810	5:25.09	+0,85	81,47
	50m: 33.56	150m: 1:53.08	250m: 3:17.00	350m: 4:43.21			
	100m: 1:12.34	200m: 2:34.99	300m: 4:00.17	400m: 5:25.09			
4.	S. van den Bosch-Kentgens	V.Z.V. Njord	5:41.57	197701246	5:42.97	+0,90	77,22
	50m: 38.93	150m: 2:05.11	250m: 3:32.21	350m: 5:00.14			
	100m: 1:21.46	200m: 2:48.79	300m: 4:16.38	400m: 5:42.97			

Masters 50+, Dames

1.	Carla Geurts	PSV	4:45.56	197100178	4:40.53	+0,75	97,62
	<i>EMR, TT 200m NMR</i>						
	50m: 31.94	150m: 1:41.93	250m: 2:53.51	350m: 4:05.52			
	100m: 1:06.62	200m: 2:17.84	300m: 3:29.27	400m: 4:40.53			
2.	Kathy Van Lindt	Cercle De Natation Sportcity	5:13.98	CNSW/007949/71	5:20.12	+0,94	85,54
	50m: 36.43	150m: 1:57.02	250m: 3:18.74	350m: 4:40.73			
	100m: 1:16.37	200m: 2:37.96	300m: 4:00.10	400m: 5:20.12			
3.	Trudie van Niejenhuis	TZC Vahalis	5:41.38	197100444	5:40.01	+0,82	80,54
	50m: 38.50	150m: 2:05.71	250m: 3:33.39	350m: 4:59.98			
	100m: 1:21.59	200m: 2:49.78	300m: 4:17.14	400m: 5:40.01			
4.	Marjolein Klunne	Hieronymus	6:05.49	197101098	5:57.78	+0,80	76,54
	50m: 39.91	150m: 2:09.34	250m: 3:41.65	350m: 5:14.37			
	100m: 1:23.86	200m: 2:55.34	300m: 4:28.27	400m: 5:57.78			
5.	Karin Sagonas-Koolen	V.Z.V. Njord	6:15.00	197000964	6:07.62	+0,96	74,49
	50m: 39.37	150m: 2:10.55	250m: 3:45.36	350m: 5:22.49			
	100m: 1:23.51	200m: 2:57.69	300m: 4:33.53	400m: 6:07.62			

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Eindhoven, 4/12/2022

Programmanr. 12, Dames, 400m vrije slag, Masters 50+

rang	naam	vereniging	intijd	tijd	RT
6.	Kristien Van de Moortel	ShaRk	6:28.42	ShaRK/20315/69	6:47.55 +0,89 67,19
	50m: 46.32	150m: 2:31.02	250m: 4:15.39	350m: 5:58.58	
	100m: 1:38.40	200m: 3:23.28	300m: 5:07.00	400m: 6:47.55	

Masters 55+, Dames

1.	Erica Muller	De Geul	6:35.69	196400412	6:34.08 +0,80 70,37
	50m: 44.05	150m: 2:21.67	250m: 4:02.21	350m: 5:44.12	
	100m: 1:32.24	200m: 3:11.89	300m: 4:53.32	400m: 6:34.08	
2.	Marleen Malais	ESCA Zwemmen	7:23.22	196300542	7:11.02 +1,02 64,34
	50m: 46.27	150m: 2:32.33	250m: 4:24.95	350m: 6:20.95	
	100m: 1:37.98	200m: 3:28.04	300m: 5:23.30	400m: 7:11.02	
3.	Cora Smulders	ESCA Zwemmen	7:19.16	196600668	7:37.48 +0,75 60,62
	50m: 47.38	150m: 2:41.65	250m: 4:40.52	350m: 6:40.63	
	100m: 1:43.24	200m: 3:41.22	300m: 5:40.76	400m: 7:37.48	

Masters 60+, Dames

1.	Mies Kuipers	Old Dutch	9:28.41	195800202	9:22.43 +0,99 51,34
	50m: 1:02.59	150m: 3:27.25	250m: 5:53.47	350m: 8:16.56	
	100m: 2:14.20	200m: 4:40.46	300m: 7:06.75	400m: 9:22.43	

Masters 65+, Dames

1.	Carla Hensen	PSV	6:57.15	195300062	7:03.43 +1,06 71,34
	50m: 46.48	150m: 2:33.37	250m: 4:22.59	350m: 6:11.36	
	100m: 1:39.27	200m: 3:28.07	300m: 5:17.04	400m: 7:03.43	

Masters 80+, Dames

1.	Marie Smits	Old Dutch	8:49.46	193800004	8:41.98 +1,20 73,40
	50m: 55.89	150m: 3:09.80	250m: 5:24.39	350m: 7:40.05	
	100m: 2:01.47	200m: 4:16.84	300m: 6:32.80	400m: 8:41.98	