



**Open Dutch  
Masters Championships Swimming  
2007  
long course**



## About this newsletter

In this newsletter you will find the latest news about the Open Dutch Masters Championships next week. Please distribute this newsletter among your team members.

## Headlines

- New **session time tables** available: see the next page
- **Starting lists** are on internet now, final **programme** follows Tuesday or Wednesday
  - [www.knzb.nl](http://www.knzb.nl) or [www.psvmasters.nl](http://www.psvmasters.nl)
- **Warming-up/ training** before and during the competition
  - The 4 lanes 50m pool is available for warming-up/training during the whole competition
  - No swimming in the competition pool during the short breaks during the sessions, only before the sessions start
  - Warming-up for the 1500 on Sunday is in the training pool
  - Please leave the competition pool 5 minutes before the competition
- The Open Dutch Masters Championships is a **one-start competition**.
  - There is no marshalling area.
  - Please be sure to be on time for your start, there will be no waiting.
- During the competition, Harry Op den Kamp, a well-known Dutch **swimming photographer**, will take action pictures.
  - You can request him to make a beautiful action picture of you during your race.
  - After the championships he will contact you and send you a picture in low resolution so you can decide to print the picture in photo quality in the dimensions of your choice (15x22½, 20x30, 30x40, 40x60 or even bigger).
  - You can make the **request** during the competition or by e-mail: [photos@psvmasters.nl](mailto:photos@psvmasters.nl)
- You can sign up for the **integration relay** as a team or an individual
  - Teams must consist of 4 women and 4 men of at least 4 different clubs
  - Individuals will be put together
  - You can sign up until Saturday 21 April 18:00.
- For those who visit the National Swimming Centre a **guide to the pool** follows below.
- During the weekend the club pavilion is open for drinks and relaxing.
- In the entrance hall of the pool you can have lunch or drinks in Grand café Swimmers, which offers tolerably- priced sandwiches, soup, etc.
- The Masters buffet is also at Grand café Swimmers.
  - This will be a wok-buffet and drinks are included!





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*New session time tables*

Due to the unexpectedly large interest in this championships we were forced to adapt the session time tables.

Please notify the organization by [mastersinschrijvingen@knzb.nl](mailto:mastersinschrijvingen@knzb.nl) if you already have withdrawals. This can be done by e-mail until Monday 16 April 24:00. These withdrawals will be deleted from the starting list, which may reduce the number of heats.

Withdrawals after Monday 16 April 24:00 are also welcome by e-mail before the starting of the competition, but must also be done by submitting a withdrawal form to the official-desk in the pool.

Within the programme some heats of the pre masters will be combined:

- 400m freestyle, 400m ind. medley and the 1500m

For the Masters, only the first heats of the men and women 1500m freestyle will be combined. This means no change for the men. For the women this means that the following 3 women will start earlier in the second heat of the day (with the men):

- Clementine van Bruxvoort
- Annie de Vos
- Loekie van Huissteden

Below the new session time tables

| Day      | Session        | Change         | Warming-up               | Start of competition | Break after prog.nr. | Break | End of competition |
|----------|----------------|----------------|--------------------------|----------------------|----------------------|-------|--------------------|
| Friday   | Session 1      | ½ hour earlier | 18:00                    | 18:30                | 4                    | 20:08 | 22:00              |
| Saturday | Session 2      | 1 hour earlier | 08:00                    | 08:30                | 13                   | 10:28 | 12:40              |
|          | Session 3      | No change      | 13:00                    | 13:30                | No break             |       | 17:00/17:15        |
|          | Session 4      | 1 hour later   | End of session 3         | 17:30                | No break             |       | 19:30              |
|          | Masters Buffet | 1 hour earlier | Start 19:30<br>End 21:30 |                      |                      |       |                    |
| Sunday   | Session 5      | 1 hour earlier | 7:30<br>(4-lane pool)    | 8:00                 | No break             |       | 12:30              |
|          | Session 6      | No change      | 13:00                    | 13:30                | 36                   | 15:12 | 17:40              |



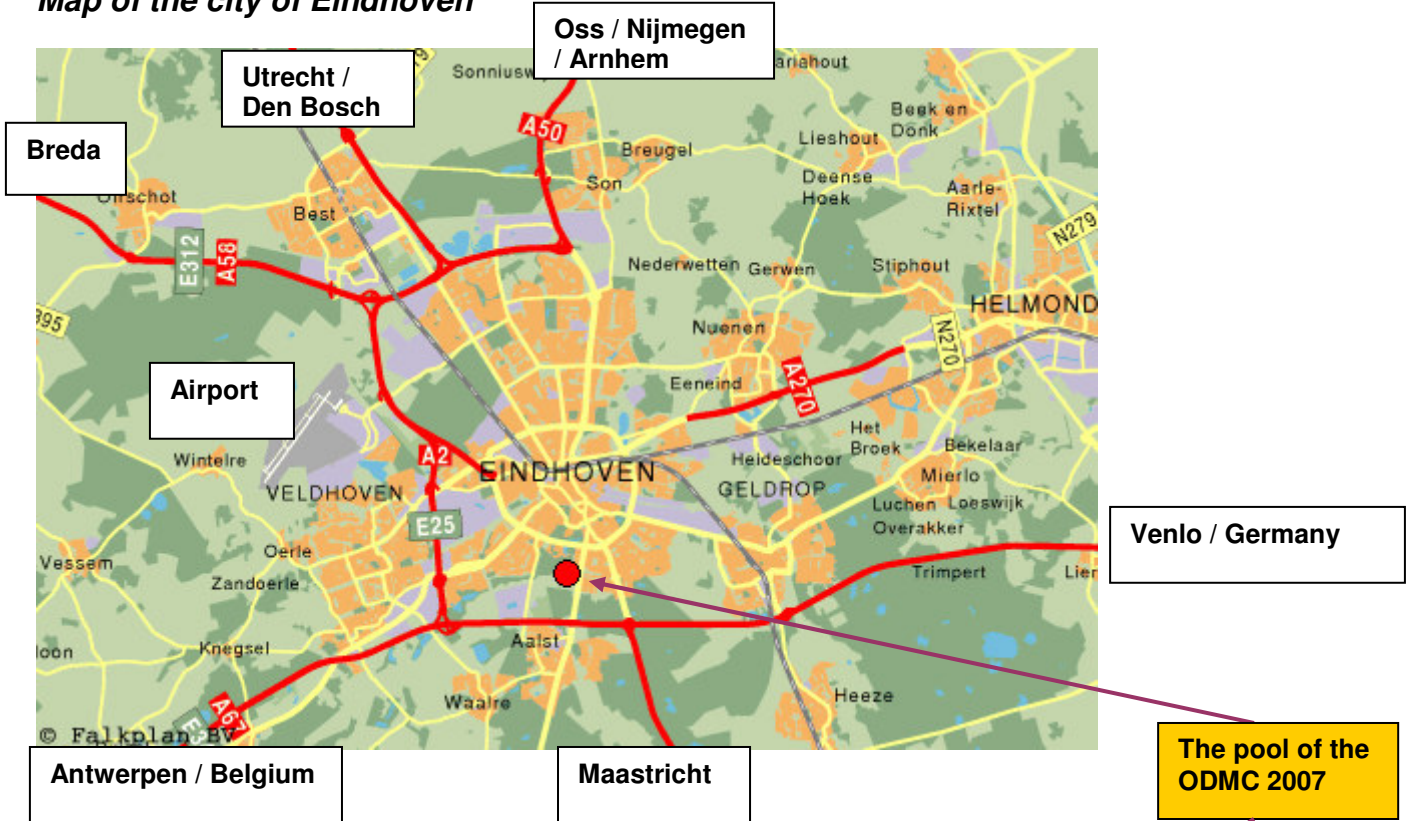


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*Guide to the pool*

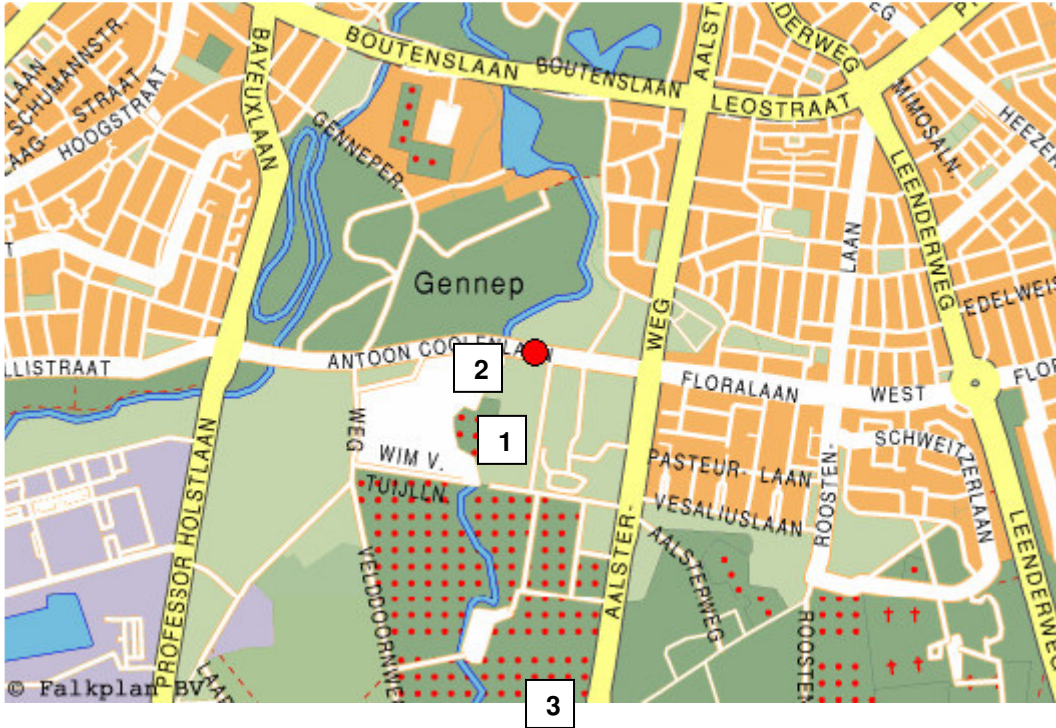
**Map of the city of Eindhoven**



**Map of the south of the city of Eindhoven, near the pool**



**Near the pool**



- 1** National Swimming Center Eindhoven
- 2** Parking
- 3** Hotel van de Valk

