

Open Masters Zwemwedstrijd Neptunus 100 jaar

Plaats: Arnhem (NED)
 Datum: zaterdag 24-3-2012
 Zwembad: De Grote Koppel
 Organisatie: Neptunus
 Inzwemmen: 12:30 uur
 Aanvang juryvergadering: 12:30 uur
 Watertemperatuur: 26,0°



Baanlengte: 25m bad
 Aantal banen: 6 (1-6)
 Tijdmeeting: Handmatig
 Start methode: 1-starts regel
 Aanvang: 13.00 uur
 Einde: 16.12 uur
 Prijs startlijst: € 1,-

Deelnemende verenigingen: **zie bijlage verenigingslijst**

| Functie | Naam | Plaats | Bevoegdheden | Functie |
|-------------------|------------------------------------|------------|--------------|-------------|
| 1 Scheidsrechter | Dhr. L.H.G. Westerbroek | Vorden | 1.3.J. | Sch. |
| 2 Kamprechter | Mw.T. Westerbroek - Broersma | Vorden | 1.2.3.J. | K. Pl. Sch. |
| 3 Kamprechter | Dhr. J.H. Campschroer | Velp | 2.3.J.K. | K. |
| 4 Starter | Dhr. J.J. Wenderich | Eerbeek | a2.3.J.aK. | St. |
| 5 Jurysecretaris | Mw. M.H.H. van Susteren | Wijchen | 3.J. | H.J. |
| 6 Jurysecretaris | Dhr. R.A. Hengeveld | Arnhem | 2.3.J. | J. |
| 7 Jurysecretaris | Mw. J.M.C. Brouwer - Starink | Arnhem | 3. | J. |
| 8 Tijdwaarnemer | Mw. A.M.T. Willeme - Hagelen | Denekamp | 3. | T2/K5 |
| 9 Tijdwaarnemer | Mw. H.W.Timmer - Garritsen | Brummen | 4. | T1/K4 |
| 10 Tijdwaarnemer | Mw. C.M.E. Nicolai | Apeldoorn | 3. | K5/T2 |
| 11 Tijdwaarnemer | Dhr. R. Nijenhuis | Hengelo | 3.aJ. | T4/K1 |
| 12 Tijdwaarnemer | Mw. M. Arnold-Jansen | Duiven | 3.J. | K1/T4 |
| 13 Tijdwaarnemer | Dhr. N. Dijkshoorn | Bodegraven | 4. | T6/K3 |
| 14 Tijdwaarnemer | Dhr. H. Dijkstra | Arnhem | a4. | K4/T1 |
| 15 Tijdwaarnemer | Mw. W.J. Kanninga - Combé | Arnhem | 3. | T3/K6 |
| 16 Tijdwaarnemer | Dhr. C.M.J. Elshof | Arnhem | 3. | K6/T3 |
| 17 Tijdwaarnemer | Mw. J.H.M. Hermeling - Scholten | Driel | 3. | T5/K2 |
| 18 Tijdwaarnemer | Mw. H.A. Voskamp - van Tent Beking | Brummen | 3.J. | K2/T5 |
| 19 Tijdwaarnemer | Mw. M.E.W.H. Peters | Arnhem | 4. | K3/T6 |
| 20 Tijdwaarnemer | Mw. S.A. Baltus - Podt | Arnhem | 3.J. | |
| 21 Tijdwaarnemer | | | | |
| 22 Speaker | Mw. E. de Haar | Arnhem | | |
| 23 Voorstarter | N.V.T. | | | |
| 24 Contactpersoon | Mw. S. Elshof | Arnhem | | |

Aantal zwemmers AFGEM: 9 INCL. 3 ESTAFFETTES
 Aantal zwemmers NG:
 Aantal starts NGZA: **4**
 Afmeldingen tijdens wedstrijd (AFGEM of NG): 2 x AFGEMELD
 Opmerking Scheidsrechter en/of Jurysecretaris:
 De klokken zijn gecontroleerd en akkoord bevonden
 Rinse Rooker PSV ziek tijdens wedstrijd (2,8,12)
 Evert Jan Verweij Swol 1894 ziek tijdens wedstrijd (8,13)

Wisselen na progr.nr.: 9
 Afwezig met kennisgeving: 20
 Afwezig zonder kennisgeving:

Aantal bijlage(n): 8

Handtekening Jurysecretaris

Handtekening Scheidsrechter

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 1
24-03-2012 - 13:00

4 x 25m wisselslag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | tijd | |
|----------------------|--|----------------------------------|--|----------------|
| 100+, Dames | | | | |
| 1. | Montferland Renate Kuiper-Straub Annemiek Willems | Montferland 71 26.29 87 | 1:23.25 Wieteke Jansen 90 Marije Jansen 85 | 1:23.75 |
| 120+, Dames | | | | |
| 1. | Aquapoldro Irene Hoenderdos Marjolein Kiewiet | Aquapoldro 63 25.20 79 | 1:20.00 Angélique Rotteveel 84 Barbara van Beek 75 | 1:18.98 |
| 120+, Gemengd | | | | |
| 1. | Neptunus 4 Janneke Snellink Bart Dijk | Neptunus 81 18.64 80 | 1:09.33 Hinke Pannenburg 83 Fred Helmink 62 | 1:10.35 |
| 160+, Heren | | | | |
| 1. | Neptunus 2 Daniël Prinse Rik Regtering | Neptunus 74 17.25 79 | 1:00.47 Gert de Jong 61 Marco Leijen 71 | 1:00.92 |
| 160+, Dames | | | | |
| 1. | Neptunus 3 Lia Rooker Linda van Haren | Neptunus 66 19.42 80 | 1:10.01 Jeanette Vriesen 64 Tjiske Parma 65 | 1:14.39 |
| 2. | ESCA Zwemmen 1 Anke Bakker Yvette den Daas v.d Poel | ESCA Zwemmen 67 20.78 81 | 1:30.00 Colette Visser 73 Francien van den Boomen 65 | 1:20.51 |
| 3. | ESCA Zwemmen 2 Rosita Wassink Maria Alice Marques Viola | ESCA Zwemmen 77 18.82 61 | 1:30.00 Denise Leenders 69 Janny Schokker 69 | 1:23.75 |
| 160+, Gemengd | | | | |
| 1. | WIDEX GZC DONK 1 Jacqueline de Ruiter-Wijnolst Lia Bijkerk | WIDEX GZC DONK 74 17.82 60 | NT Harm Bodewes 55 Pim Nieuwenkamp 63 | 1:10.29 |
| 2. | ESCA Zwemmen 1 Mireille Willems Anja van Schilt | ESCA Zwemmen 74 22.58 60 | 1:28.00 Wim Plaisier 63 Jacques Schuiling 58 | 1:16.36 |
| AFGEM | Aqua-Novio'94 1 | Aqua-Novio'94 | 1:04.45 | |
| 200+, Dames | | | | |
| 1. | De Dinkel 1 Karin Rikhof Annette Rikhof | De Dinkel 66 21.04 59 | 1:11.57 Anja Tijink 64 Wilma Welhuis 59 | 1:13.88 |
| 2. | Swol 1894 1 Annemarie Vuijs Marjan Spoelstra | Swol 1894 63 20.03 60 | 1:18.33 Joke Burgers 60 Christien Nieuwenhuis 51 | 1:18.86 |
| 200+, Gemengd | | | | |
| 1. | WS Twente 1 Frans van Enst Herbert Katgert | WS Twente 40 17.80 59 | 1:14.41 Marijke Kraak 60 Antoinette Gilding-Tussaud 50 | 1:14.48 |
| AFGEM | Neptunus 1 | Neptunus | 1:37.12 | |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 2
24-03-2012 - 13:06

100m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | | tijd |
|---------------------------|-------------------------------|-----------------------|---------------|--------------|----------------|
| Masters 20+, Heren | | | | | |
| 1. | Marien Willeme | De Dinkel | 1:00.92 | 198903623 | 58.92 |
| 2. | Niels Blok | WIDEX GZC DONK | | NT 199004405 | 1:10.26 |
| 3. | Rutger Wagenvoort | De Waterratten | 1:43.65 | 198906441 | 1:43.16 |
| | | | | S14 | |
| Masters 20+, Dames | | | | | |
| 1. | Wieteke Jansen | Montferland | 1:16.00 | 199001750 | 1:15.26 |
| 2. | Leonie Broekhof | Proteus | 1:22.81 | 198806148 | 1:21.68 |
| Masters 25+, Heren | | | | | |
| 1. | Maarten Prot | Upstream Amsterdam | 1:07.76 | 198403195 | 1:09.09 |
| 2. | Tijn Huttenhuis | De Dinkel | 1:28.00 | 198302949 | 1:17.25 |
| AFGEM | Freek Elshof | Neptunus | 1:01.70 | 198600787 | |
| Masters 25+, Dames | | | | | |
| 1. | Marije Jansen | Montferland | 1:04.93 | 198504088 | 1:03.36 |
| 2. | Anique Willeme | De Dinkel | 1:01.95 | 198604106 | 1:04.57 |
| 3. | Ramona Linting | HoogenboomTours/BZ&PC | 1:10.70 | 198301274 | 1:09.91 |
| 4. | Ellen Lubben | De Dinkel | 1:16.00 | 198401568 | 1:12.12 |
| 5. | Hinke Pannenburg | Neptunus | 1:16.20 | 198301556 | 1:17.61 |
| 6. | Angélique Rotteveel | Aquapoldro | 1:18.13 | 198402090 | 1:20.01 |
| 7. | Marjolein Timmer | De Spreng | 1:22.10 | 198502884 | 1:20.93 |
| 8. | Melinda Driessen | Neptunus | 1:23.00 | 198500746 | 1:25.67 |
| 9. | Annie Beugel | Neptunus | 1:28.84 | 198302710 | 1:31.67 |
| 10. | Annemiek Willems | Montferland | 1:58.65 | 198706116 | 1:56.39 |
| 11. | Mariëlle Boers | Hera'11 | 2:53.18 | 198503624 | 3:02.45 |
| | | | | S4 | |
| Masters 30+, Heren | | | | | |
| 1. | Pieter Muller | HoogenboomTours/BZ&PC | 59.55 | 198101187 | 59.45 |
| 2. | Rik Regtering | Neptunus | 1:00.00 | 197900999 | 1:00.88 |
| 3. | Dyon de Greef | Budel | 1:08.00 | 198202385 | 1:05.67 |
| 4. | Bart Dijk | Neptunus | 1:14.42 | 198002141 | 1:14.86 |
| AFGEM | Robert Bais | Zwemclub Polaris | | NT 197800021 | |
| Masters 30+, Dames | | | | | |
| 1. | Femke Hofkens | Aqua-Novio'94 | 1:13.39 | 197801094 | 1:15.05 |
| 2. | Sanne Wemekamp - Hoogendoorn | Neptunus | 1:17.13 | 198202314 | 1:15.51 |
| 3. | Marjolein Knetsch | HoogenboomTours/BZ&PC | | NT 197900466 | 1:15.68 |
| 4. | Kim Regtering-Bijzenberg | Neptunus | 1:25.00 | 197801254 | 1:16.54 |
| 5. | Patricia Strohm | De Dinkel | 1:15.91 | 198102110 | 1:16.95 |
| 6. | Marjolein Kiewiet | Aquapoldro | 1:24.11 | 197901404 | 1:19.64 |
| Masters 35+, Heren | | | | | |
| 1. | Rogier Becker | De Dinkel | 1:08.00 | 197301439 | 1:04.05 |
| Masters 35+, Dames | | | | | |
| 1. | Jacqueline de Rooter-Wijnolst | WIDEX GZC DONK | 1:07.91 | 197400446 | 1:07.69 |
| 2. | Petra Guijt | Aqua-Novio'94 | 1:08.64 | 197600798 | 1:09.51 |
| 3. | Barbara van Beek | Aquapoldro | 1:20.98 | 197500032 | 1:16.09 |
| 4. | Ellen Brans | Neptunus | 1:21.32 | 197700874 | 1:17.02 |
| 5. | Natasja Kooiker | De Dinkel | 1:24.00 | 197500786 | 1:25.04 |
| 6. | Clementine van Bruxvoort | ZPB H&L Productions | 1:25.73 | 197700138 | 1:26.66 |
| 7. | Colette Visser | ESCA Zwemmen | 1:35.77 | 197300766 | 1:34.92 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 2, 100m vrije slag

Masters 40+, Heren

| | | | | | |
|-----|------------------------|-----------------------|---------|--------------|----------------|
| 1. | Bernd Hendriksen | Aqua-Novio'94 | 1:02.62 | 197001491 | 1:02.20 |
| 2. | Wiljo Mackus | Budel | 1:10.00 | 197101557 | 1:05.11 |
| 3. | Albert Foekens | ZV Overbetuwe | | NT 196901649 | 1:06.41 |
| 4. | Marco Leijen | Neptunus | 1:07.28 | 197101517 | 1:08.36 |
| 5. | Pieter van Driel | Aqua-Novio'94 | 1:12.00 | 196901653 | 1:08.92 |
| 6. | Roland Schol | HoogenboomTours/BZ&PC | 1:07.20 | 196901543 | 1:09.51 |
| 7. | Dennis van Markesteijn | TZC-Vahalis | 1:08.78 | 197201333 | 1:10.26 |
| DIS | Rob Meurkens | Budel | 1:09.00 | 196901651 | AA |

Masters 40+, Dames

| | | | | | |
|----|------------------|-----------|---------|-----------|----------------|
| 1. | Marion Broekhuis | WS Twente | 1:13.67 | 196800060 | 1:14.86 |
|----|------------------|-----------|---------|-----------|----------------|

Masters 45+, Heren

| | | | | | |
|-------|-----------------------|----------------|---------|-----------|---------------------|
| 1. | Wijam Nijenhuis | De IJssel | 1:00.90 | 196400547 | 1:01.33 |
| 2. | Jan Wierenga | De Aalscholver | 1:02.04 | 196400843 | 1:02.32 |
| 3. | Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 1:05.98 | 196501027 | 1:06.45 FJ 1 |
| 4. | Alex Visser | ESCA Zwemmen | 1:07.00 | 196500961 | 1:06.45 FJ 2 |
| 5. | Pim Nieuwenkamp | WIDEX GZC DONK | 1:07.96 | 196301331 | 1:07.29 |
| 6. | Evert-Jan Verweij | Swol 1894 | 1:06.01 | 196301143 | 1:07.67 |
| 7. | Marcel Hoff | Aqua-Novio'94 | 1:09.37 | 196400317 | 1:08.67 |
| 8. | Yves van den Berg | WIDEX GZC DONK | 1:12.62 | 196601437 | 1:12.52 |
| AFGEM | Rinse Rooker | PSV | 1:07.08 | 196600675 | |
| AFGEM | Edzo Huisman | Aquapoldro | 1:02.57 | 196301029 | |

Masters 45+, Dames

| | | | | | |
|----|----------------------------|--------------|---------|-----------|----------------|
| 1. | Jeannette Ruesink | WS Twente | 1:10.28 | 196300212 | 1:10.60 |
| 2. | Judith Heijdens-Schasfoort | De Dinkel | 1:12.83 | 196500112 | 1:12.64 |
| 3. | Annamarie Vuist | Swol 1894 | 1:15.46 | 196300282 | 1:15.42 |
| 4. | Irma de Winter | Montferland | 1:19.00 | 196700654 | 1:15.62 |
| 5. | Anke Bakker | ESCA Zwemmen | 1:25.70 | 196700648 | 1:24.45 |
| 6. | Irene Hoenderdos | Aquapoldro | 1:41.59 | 196300428 | 1:39.79 |

Masters 50+, Heren

| | | | | | |
|----|----------------------|-----------|---------|-----------|----------------|
| 1. | Gudo Hemeltjen | De Dinkel | 1:01.39 | 196100187 | 1:02.85 |
| 2. | Hans Roodzant | Torpedo | 1:15.14 | 196000979 | 1:05.67 |
| 3. | Jack Barends | WS Twente | 1:06.54 | 196201011 | 1:06.82 |
| 4. | Harrie Oude Weernink | WS Twente | 1:15.85 | 196001037 | 1:08.18 |
| 5. | Jan Willem Heuten | WS Twente | 1:13.75 | 196000883 | 1:12.83 |

Masters 50+, Dames

| | | | | | |
|----|------------------|----------|---------|-----------|----------------|
| 1. | Michaéle Eijsink | Neptunus | 1:36.14 | 196000306 | 1:35.06 |
|----|------------------|----------|---------|-----------|----------------|

Masters 55+, Heren

| | | | | | |
|----|------------------------|----------------|---------|--------------|----------------|
| 1. | Laurens Klein Breteler | WWV | 1:19.47 | 195400109 | 1:17.45 |
| 2. | Peter Coffeng | WIDEX GZC DONK | | NT 195700063 | 1:18.48 |
| 3. | Harm Bodewes | WIDEX GZC DONK | | NT 195500367 | 1:32.54 |

Masters 60+, Dames

| | | | | | |
|----|-----------------------|-----------|---------|-----------|----------------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 1:11.50 | 195100022 | 1:13.38 |
|----|-----------------------|-----------|---------|-----------|----------------|

Masters 65+, Heren

| | | | | | |
|----|----------------------|---------|---------|-----------|----------------|
| 1. | Donald Uijtenbogaart | Het Y | 1:09.84 | 194700107 | 1:10.48 |
| 2. | Ruud Sloof | De Rijn | 1:20.84 | 194400073 | 1:21.60 |

Masters 70+, Heren

| | | | | | |
|----|-----------|---------------|---------|-----------|----------------|
| 1. | Nic Geers | Z&PC De Gouwe | 1:13.00 | 193800007 | 1:13.95 |
|----|-----------|---------------|---------|-----------|----------------|

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 2, 100m vrije slag

Masters 75+, Heren

| | | | | | |
|----|---------------|---------------|---------|-----------|----------------|
| 1. | Gregor Pompen | Aqua-Novio'94 | 1:28.00 | 193700021 | 1:28.16 |
|----|---------------|---------------|---------|-----------|----------------|

Programmanr. 3

24-03-2012 - 13:33

25m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|---------------------------|------------------------|-----------------|--------------|
| Masters 30+, Heren | | | | |
| 1. | Vincent Westerkamp | De IJsel | 15.00 197801271 | 14.00 |
| Masters 30+, Dames | | | | |
| 1. | Yvette den Daas v.d Poel | ESCA Zwemmen | 19.00 198102190 | 17.30 |
| DIS | Natasja van de Schaaf | De Dinkel | 19.50 198202404 | A A |
| Masters 35+, Heren | | | | |
| 1. | Arjan Arends | De Spreng | NT 197601073 | 14.89 |
| 2. | Patrick Arnold | Arnhemse Watervrienden | NT 197500021 | 17.76 |
| Masters 35+, Dames | | | | |
| 1. | Ellen Brans | Neptunus | 17.65 197700874 | 16.33 |
| 2. | Rosita Wassink | ESCA Zwemmen | 19.04 197701046 | 20.10 |
| 3. | Colette Visser | ESCA Zwemmen | 22.00 197300766 | 23.45 |
| Masters 40+, Heren | | | | |
| 1. | Jean-Phillippe Paap | De IJsel | 13.35 197000791 | 12.93 |
| Masters 40+, Dames | | | | |
| 1. | Janny Schokker | ESCA Zwemmen | 18.25 196900884 | 18.70 |
| 2. | Denise Leenders | ESCA Zwemmen | 21.01 196900882 | 20.01 |
| 3. | Renate Kuiper-Straub | Montferland | 22.00 197100908 | 22.39 |
| Masters 45+, Heren | | | | |
| 1. | Wim Plaisier | ESCA Zwemmen | 15.58 196301303 | 15.64 |
| Masters 45+, Dames | | | | |
| 1. | Lia Rooker | Neptunus | 20.17 196600608 | 19.98 |
| 2. | Ilse Bekker | Montferland | 21.32 196600644 | 21.29 |
| 3. | Francien van den Boomen | ESCA Zwemmen | 21.66 196500598 | 21.36 |
| 4. | Michella van Ballegooyen | TZC-Vahalis | 25.06 196300474 | 26.70 |
| AFGEM | Milou Kouwijzer | Aqua-Novio'94 | 19.52 196700212 | |
| Masters 50+, Heren | | | | |
| 1. | Fons van Bindsbergen | Aqua-Novio'94 | 16.20 195800715 | 15.70 |
| 2. | Gert de Jong | Neptunus | 19.60 196101075 | 16.00 |
| Masters 50+, Dames | | | | |
| 1. | Lia Bijkerk | WIDEX GZC DONK | NT 196000014 | 20.42 |
| 2. | Joke Burgers | Swol 1894 | 22.13 196000226 | 22.23 |
| NG.ZA | Maria Alice Marques Viola | ESCA Zwemmen | 26.13 196100366 | |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 4
24-03-2012 - 13:37

50m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|----------------------------|---------------------|-------------------|----------------|
| Masters 20+, Heren | | | | |
| 1. | Marien Willeme | De Dinkel | 30.47 198903623 | 33.57 |
| Masters 20+, Dames | | | | |
| 1. | Wieteke Jansen | Montferland | 41.00 199001750 | 42.26 |
| 2. | Liesbeth Bruinekool | Zuiderzeezwemmers | 1:02.34 199007958 | 56.36 |
| Masters 25+, Dames | | | | |
| 1. | Angélique Rotteveel | Aquapoldro | 40.76 198402090 | 43.26 |
| Masters 30+, Dames | | | | |
| 1. | Janneke Snellink | Neptunus | 42.89 198102186 | 41.48 |
| Masters 35+, Heren | | | | |
| 1. | Daniël Prinse | Neptunus | 38.84 197401385 | 37.11 |
| Masters 35+, Dames | | | | |
| 1. | Natasja Kooiker | De Dinkel | 42.15 197500786 | 43.67 |
| NG.ZA | Rosita Wassink | ESCA Zwemmen | 43.18 197701046 | |
| Masters 40+, Dames | | | | |
| 1. | Trudie van Niejenhuis | TZC-Vahalis | 35.90 197100444 | 37.29 |
| Masters 45+, Heren | | | | |
| 1. | Henk Viering | Swol 1894 | 46.40 196600917 | 48.53 |
| 2. | Jan Pruntel | Revas "De Peperbus" | 53.07 196500733 | 56.94 |
| Masters 50+, Heren | | | | |
| 1. | Gudo Hemeltjen | De Dinkel | 33.26 196100187 | 38.64 |
| 2. | Herbert Katgert | WS Twente | 45.01 195900739 | 47.17 |
| Masters 60+, Dames | | | | |
| 1. | Christien Nieuwenhuis | Swol 1894 | 43.50 195100022 | 43.05 |
| 2. | Antoinette Gilding-Tussaud | WS Twente | 45.33 195000038 | 48.48 |
| Masters 65+, Dames | | | | |
| 1. | Leny Kamp | Aquapoldro | 58.00 194400008 | 56.32 |
| Masters 70+, Heren | | | | |
| 1. | Frans van Enst | WS Twente | 35.77 194000011 | 37.11 |
| 2. | Pieter Scharphorn | Neptunus | 58.36 193800037 | 1:02.12 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 5
24-03-2012 - 13:41

100m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|------------------------|-----------------------|-------------------|----------------|
| Masters 25+, Dames | | | | |
| 1. | Karin Hidding | De Dinkel | 1:16.76 198400970 | 1:19.23 |
| Masters 30+, Heren | | | | |
| 1. | Pieter Muller | HoogenboomTours/BZ&PC | 1:22.83 198101187 | 1:27.98 |
| 2. | Bart Dijk | Neptunus | 1:29.31 198002141 | 1:31.56 |
| 3. | Remco Veerkamp | Zuiderzeezwemmers | 1:37.79 198102311 | 1:36.00 |
| Masters 30+, Dames | | | | |
| 1. | Anneke Balkema | ZV Overbetuwe | NT 198001684 | 1:37.08 |
| 2. | Linda van Haren | Neptunus | 1:42.00 198001646 | 1:41.14 |
| 3. | Marjolein Kiewiet | Aquapoldro | 1:46.10 197901404 | 1:47.09 |
| Masters 35+, Heren | | | | |
| DIS | Ivo Verdonschot | Budel | 1:30.00 197500903 | AA |
| Masters 35+, Dames | | | | |
| 1. | Inez Heideman | WS Twente | 1:28.48 197500198 | 1:25.98 |
| Masters 40+, Heren | | | | |
| 1. | Roland Schol | HoogenboomTours/BZ&PC | 1:23.32 196901543 | 1:25.55 |
| 2. | Pieter van Driel | Aqua-Novio'94 | 1:25.00 196901653 | 1:26.67 |
| 3. | Erik Prinsen | Ruislip Northwood | 1:35.00 1968 | 1:40.74 |
| Masters 40+, Dames | | | | |
| 1. | Mariëtte Verbruggen | TZC-Vahalis | 1:55.00 197000948 | 1:55.34 |
| Masters 45+, Heren | | | | |
| 1. | Peter Fölker | Aqua-Novio'94 | 1:19.88 196401021 | 1:20.69 |
| 2. | Marcel Hoff | Aqua-Novio'94 | 1:30.00 196400317 | 1:28.24 |
| 3. | Pim Nieuwenkamp | WIDEX GZC DONK | NT 196301331 | 1:36.39 |
| 4. | Ger de Hoop | Zwemclub Polaris | NT 196401367 | 1:37.01 |
| 5. | Yves van den Berg | WIDEX GZC DONK | 1:35.31 196601437 | 1:38.68 |
| Masters 45+, Dames | | | | |
| 1. | Annemarie Vuijs | Swol 1894 | 1:33.06 196300282 | 1:33.80 |
| 2. | Tjiske Parma | Neptunus | 1:40.00 196500514 | 1:44.58 |
| 3. | Irene Hoenderdos | Aquapoldro | 1:54.84 196300428 | 1:52.73 |
| AFGEM | Milou Kouwijzer | Aqua-Novio'94 | 2:00.00 196700212 | |
| Masters 50+, Heren | | | | |
| 1. | Rob Segers | Aqua-Novio'94 | 1:33.49 196100971 | 1:34.07 |
| 2. | Harry Paas | ZVVS | 1:34.69 195800689 | 1:34.26 |
| Masters 50+, Dames | | | | |
| 1. | Marja Bloemzaad NMR | AZ&PC | NT 196100014 | 1:21.61 |
| 2. | Marijke Kraak | WS Twente | 1:35.40 196000240 | 1:35.20 |
| 3. | Gonnie Paas | ZVVS | NT 196200418 | 1:45.18 |
| 4. | Marjan Spoelstra | Swol 1894 | 1:44.10 196000236 | 1:47.53 |
| 5. | Lia Bijkerk | WIDEX GZC DONK | 1:50.74 196000014 | 1:49.36 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 5, 100m schoolslag

Masters 55+, Heren

1. Albert Boonstra Aqua-Novio'94 1:15.51 195700425 **1:16.89**

Masters 55+, Dames

1. Joke Zuyderwijk TZC-Vahalis 2:28.02 195700168 **2:20.33**

Masters 60+, Heren

1. Bert Veerkamp Zuiderzeezwemmers 2:12.63 195200271 **2:11.64**

Masters 65+, Heren

1. Donald Uijtenbogaart Het Y 1:28.11 194700107 **1:27.95**
2. Rob Hanou PSV 1:31.00 194300109 **1:31.20**
3. Ruud Sloof De Rijn 1:38.35 194400073 **1:39.58**

Masters 65+, Dames

1. Loekie v. Huissteden AZ&PC 2:02.21 194500002 **2:10.94**

Programmanr. 6

25m vrije slag

Masters Open

24-03-2012 - 13:56

Resultaten

| rang | naam | vereniging | inschrijftijd | | tijd |
|---------------------------|--------------------------|------------------------|-----------------|----|--------------|
| Masters 25+, Dames | | | | | |
| 1. | Mariëlle Boers | Hera'11 | 38.74 198503624 | S4 | 43.09 |
| Masters 30+, Dames | | | | | |
| 1. | Yvette den Daas v.d Poel | ESCA Zwemmen | 17.00 198102190 | | 15.13 |
| 2. | Janneke Snellink | Neptunus | 15.70 198102186 | | 15.59 |
| Masters 35+, Heren | | | | | |
| 1. | Patrick Arnold | Arnhemse Watervrienden | 13.77 197500021 | | 14.70 |
| Masters 35+, Dames | | | | | |
| 1. | Mireille Willems | ESCA Zwemmen | 18.06 197400932 | | 18.34 |
| 2. | Colette Visser | ESCA Zwemmen | 20.48 197300766 | | 19.45 |
| Masters 40+, Heren | | | | | |
| 1. | Albert Foekens | ZV Overbetuwe | NT 196901649 | | 13.10 |
| 2. | Marco Leijen | Neptunus | 13.34 197101517 | | 13.24 |
| Masters 40+, Dames | | | | | |
| 1. | Denise Leenders | ESCA Zwemmen | 16.80 196900882 | | 17.04 |
| 2. | Renate Kuiper-Straub | Montferland | 21.00 197100908 | | 20.57 |
| DIS | Janny Schokker | ESCA Zwemmen | 15.59 196900884 | | AA |
| AFGEM | Tamar van der Meer | Aquapoldro | 21.79 197200850 | | |
| Masters 45+, Heren | | | | | |
| 1. | Wim Plaisier | ESCA Zwemmen | 13.67 196301303 | | 14.20 |
| Masters 45+, Dames | | | | | |
| 1. | Jeanette Vriesen | Neptunus | 14.95 196400472 | | 15.10 |
| 2. | Lia Rooker | Neptunus | 16.89 196600608 | | 16.64 |
| 3. | Michella van Ballegooyen | TZC-Vahalis | 18.24 196300474 | | 20.20 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 6, 25m vrije slag

Masters 50+, Heren

| | | | | | |
|----|----------------------|--------------|-------|-----------|--------------|
| 1. | Harrie Oude Weernink | WS Twente | 15.00 | 196001037 | 14.08 |
| 2. | Jacques Schuiling | ESCA Zwemmen | 14.70 | 195800391 | 14.13 |
| 3. | Gert de Jong | Neptunus | 18.40 | 196101075 | 14.32 |
| 4. | Fred Helmink | Neptunus | 17.00 | 196201205 | 20.86 |

Masters 50+, Dames

| | | | | | |
|----|---------------------------|----------------|-------|-----------|--------------|
| 1. | Patricia Molenaar | WIDEX GZC DONK | NT | 195800240 | 17.76 |
| 2. | Heleen Daaleman | Neptunus | 19.00 | 196100374 | 18.02 |
| 3. | Anja van Schilt | ESCA Zwemmen | 19.04 | 196000282 | 18.98 |
| 4. | Maria Alice Marques Viola | ESCA Zwemmen | 20.54 | 196100366 | 21.04 |

Masters 55+, Dames

| | | | | | |
|----|----------------------|-----------|-------|-----------|--------------|
| 1. | Marga Stroot | De Dinkel | 17.50 | 195700170 | 16.71 |
| 2. | Christa van der Meer | Neptunus | 20.00 | 195600106 | 22.89 |

Masters 60+, Heren

| | | | | | |
|-------|---------------|-------------------|-------|-----------|--------------|
| 1. | Bert Veerkamp | Zuiderzeezwemmers | 23.04 | 195200271 | 23.32 |
| AFGEM | Frans Gielen | Neptunus | 30.00 | 194800177 | |

Programmanr. 7
24-03-2012 - 14:02

50m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | | tijd |
|---------------------------|------------------------------|-----------------------|---------------|-----------|------------------|
| Masters 20+, Heren | | | | | |
| 1. | Rutger Wagenvoort | De Waterratten | 52.80 | 198906441 | S14 50.64 |
| Masters 20+, Dames | | | | | |
| 1. | Sanne Groenen | AZ&PC | 36.69 | 199007412 | 35.64 |
| 2. | Leonie Broekhof | Proteus | 47.23 | 198806148 | 49.58 |
| 3. | Liesbeth Bruinekool | Zuiderzeezwemmers | 59.05 | 199007958 | 1:02.34 |
| Masters 25+, Heren | | | | | |
| AFGEM | Freek Elshof | Neptunus | 30.73 | 198600787 | |
| Masters 25+, Dames | | | | | |
| 1. | Ramona Linting | HoogenboomTours/BZ&PC | 35.84 | 198301274 | 35.67 |
| 2. | Aphra de Graaf | Proteus | 46.64 | 198604692 | 45.57 |
| Masters 30+, Heren | | | | | |
| 1. | Remco Veerkamp | Zuiderzeezwemmers | 38.83 | 198102311 | 40.25 |
| AFGEM | Robert Bais | Zwemclub Polaris | NT | 197800021 | |
| Masters 30+, Dames | | | | | |
| 1. | Sanne Wemekamp - Hoogendoorn | Neptunus | 41.38 | 198202314 | 38.29 |
| Masters 35+, Heren | | | | | |
| 1. | Kasper van den Berghe | Swol 1894 | 31.96 | 197301125 | 32.29 |
| 2. | Daniël Prinse | Neptunus | 35.29 | 197401385 | 33.82 |
| 3. | Ivo Verdonshot | Budel | 33.00 | 197500903 | 35.81 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 7, 50m vlinderslag

Masters 35+, Dames

| | | | | | |
|----|------------------|------------|-------|-----------|--------------|
| 1. | Inez Heideman | WS Twente | 32.37 | 197500198 | 32.73 |
| 2. | Barbara van Beek | Aquapoldro | 40.00 | 197500032 | 37.57 |

Masters 40+, Heren

| | | | | | |
|----|---------------------|-------------|-------|-----------|--------------|
| 1. | Jean-Phillippe Paap | De IJssel | 28.67 | 197000791 | 28.76 |
| 2. | Ferdinand Teitink | Montferland | 44.00 | 197001583 | 34.44 |
| 3. | Rob Meurkens | Budel | 29.00 | 196901651 | 35.81 |

Masters 45+, Heren

| | | | | | |
|----|-----------------------|----------------|-------|-----------|--------------|
| 1. | Wiljam Nijenhuis | De IJssel | 30.70 | 196400547 | 30.41 |
| 2. | Jan Wierenga | De Aalscholver | 33.02 | 196400843 | 32.55 |
| 3. | Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 36.14 | 196501027 | 35.10 |

Masters 45+, Dames

| | | | | | |
|----|-------------------------|-------------------|-------|-----------|--------------|
| 1. | Lesley Cordial | Ruislip Northwood | 31.50 | 1967 | 31.54 |
| 2. | Anja Tijink | De Dinkel | 33.33 | 196400296 | 34.13 |
| 3. | Francien van den Boomen | ESCA Zwemmen | 50.00 | 196500598 | 50.98 |

Masters 50+, Heren

| | | | | | |
|----|----------------------|---------------|-------|-----------|--------------|
| 1. | Fons van Bindsbergen | Aqua-Novio'94 | 35.97 | 195800715 | 35.11 |
| 2. | Jan Willem Heuten | WS Twente | 35.23 | 196000883 | 36.33 |

Masters 50+, Dames

| | | | | | |
|----|---------------|-----------|-------|-----------|--------------|
| 1. | Marijke Kraak | WS Twente | 37.38 | 196000240 | 37.26 |
| 2. | Joke Burgers | Swol 1894 | 52.26 | 196000226 | 47.64 |

Masters 55+, Heren

| | | | | | |
|-----|------------------------|----------------|-------|-----------|-----------------|
| 1. | Harm Bodewes | WIDEX GZC DONK | 42.67 | 195500367 | 39.20 |
| 2. | Peter Coffeng | WIDEX GZC DONK | 39.16 | 195700063 | 40.25 |
| DIS | Laurens Klein Breteler | WWV | 40.52 | 195400109 | 40.26 VG |

Masters 60+, Dames

| | | | | | |
|----|-----------------------|-----------|-------|-----------|--------------|
| 1. | Christien Nieuwenhuis | Swol 1894 | 36.15 | 195100022 | 37.59 |
|----|-----------------------|-----------|-------|-----------|--------------|

Masters 65+, Heren

| | | | | | |
|----|----------------------|-------|-------|-----------|--------------|
| 1. | Donald Uijtenbogaart | Het Y | 35.97 | 194700107 | 37.10 |
| 2. | Rob Hanou | PSV | 39.00 | 194300109 | 39.62 |

Programmanr. 8
24-03-2012 - 14:10

100m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|---------------------|--------------------|-------------------|----------------|
| Masters 25+, Heren | | | | |
| 1. | Maarten Prot | Upstream Amsterdam | NT 198403195 | 1:25.01 |
| Masters 25+, Dames | | | | |
| 1. | Franca Willeme | De Dinkel | 1:16.49 198402760 | 1:16.57 |
| 2. | Angélique Rotteveel | Aquapoldro | 1:28.89 198402090 | 1:35.38 |
| 3. | Annie Beugel | Neptunus | 1:39.29 198302710 | 1:43.51 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 8, 100m rugslag

Masters 30+, Heren

| | | | | |
|-----------------------|----------|---------|-----------|----------------|
| 1. Vincent Westerkamp | De IJsel | 1:24.15 | 197801271 | 1:22.73 |
|-----------------------|----------|---------|-----------|----------------|

Masters 30+, Dames

| | | | | |
|----------------------------|-----------------------|---------|-----------|----------------|
| 1. Marjolein Knetsch | HoogenboomTours/BZ&PC | NT | 197900466 | 1:24.55 |
| 2. Kim Regtering-Bijenberg | Neptunus | 1:39.00 | 197801254 | 1:26.23 |
| 3. Patricia Strohm | De Dinkel | 1:30.00 | 198102110 | 1:29.39 |
| 4. Linda van Haren | Neptunus | 1:27.00 | 198001646 | 1:33.17 |

Masters 35+, Dames

| | | | | |
|-----------------------------|---------------------|---------|-----------|----------------|
| 1. Petra Guijt | Aqua-Novio'94 | 1:27.10 | 197600798 | 1:27.64 |
| 2. Clementine van Bruxvoort | ZPB H&L Productions | 1:36.64 | 197700138 | 1:40.31 |

Masters 40+, Heren

| | | | | |
|----------------------|---------------|---------|-----------|----------------|
| 1. Bernd Hendriksen | Aqua-Novio'94 | 1:11.00 | 197001491 | 1:13.53 |
| 2. Ferdinand Teitink | Montferland | 1:23.00 | 197001583 | 1:23.88 |

Masters 40+, Dames

| | | | | |
|--------------------------|-------------|---------|-----------|----------------|
| 1. Trudie van Niejenhuis | TZC-Vahalis | 1:18.09 | 197100444 | 1:22.40 |
|--------------------------|-------------|---------|-----------|----------------|

Masters 45+, Heren

| | | | | |
|-------------------------|--------------|---------|-----------|----------------|
| 1. Alex Visser | ESCA Zwemmen | 1:18.00 | 196500961 | 1:26.07 |
| 2. Henk Viering | Swol 1894 | 1:35.57 | 196600917 | 1:40.31 |
| AFGEM Rinse Rooker | PSV | 1:30.51 | 196600675 | |
| AFGEM Edzo Huisman | Aquapoldro | 1:19.78 | 196301029 | |
| AFGEM Evert-Jan Verweij | Swol 1894 | 1:18.51 | 196301143 | |

Masters 45+, Dames

| | | | | |
|-----------------------|---------------|---------|-----------|----------------|
| 1. Jeannette Ruesink | WS Twente | 1:21.42 | 196300212 | 1:21.15 |
| 2. Annemarie Vuist | Swol 1894 | 1:27.50 | 196300282 | 1:26.36 |
| AFGEM Milou Kouwijzer | Aqua-Novio'94 | 1:52.50 | 196700212 | |

Masters 50+, Heren

| | | | | |
|--------------------|-----------|---------|-----------|----------------|
| 1. Jack Barends | WS Twente | 1:22.47 | 196201011 | 1:23.60 |
| 2. Bart van Calker | WS Twente | 1:26.61 | 196100067 | 1:27.64 |
| 3. Herbert Katgert | WS Twente | 1:49.16 | 195900739 | 1:48.23 |

Masters 50+, Dames

| | | | | |
|---------------------|----------|---------|-----------|----------------|
| 1. Michaële Eijsink | Neptunus | 1:47.00 | 196000306 | 1:43.10 |
|---------------------|----------|---------|-----------|----------------|

Masters 55+, Heren

| | | | | |
|--------------------|---------------|---------|-----------|----------------|
| 1. Albert Boonstra | Aqua-Novio'94 | 1:08.80 | 195700425 | 1:10.45 |
|--------------------|---------------|---------|-----------|----------------|

Masters 60+, Dames

| | | | | |
|-------------------------------|-----------|---------|-----------|----------------|
| 1. Antoinette Gilding-Tussaud | WS Twente | 1:40.06 | 195000038 | 1:45.54 |
|-------------------------------|-----------|---------|-----------|----------------|

Masters 65+, Dames

| | | | | |
|--------------|------------|---------|-----------|----------------|
| 1. Leny Kamp | Aquapoldro | 2:09.00 | 194400008 | 2:07.13 |
|--------------|------------|---------|-----------|----------------|

Masters 70+, Heren

| | | | | |
|-------------------|-----------|---------|-----------|----------------|
| 1. Frans van Enst | WS Twente | 1:20.80 | 194000011 | 1:21.89 |
|-------------------|-----------|---------|-----------|----------------|

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 8, 100m rugslag

Masters 75+, Heren

1. Gregor Pompen Aqua-Novio'94 1:55.00 193700021 **1:49.64**

Programmanr. 9

4 x 50m schoolslag

Masters Open

24-03-2012 - 14:24

Resultaten

| rang | vereniging | inschrijftijd | tijd |
|----------------------|--|----------------------------|--|
| 120+, Heren | | | |
| 1. | Neptunus 5 Marco Leijen Bart Dijk | Neptunus 71 80 | 2:27.21 Daniël Prinse Rik Regtering 74 79 |
| 120+, Dames | | | |
| 1. | De Dinkel 1 Natasja van de Schaaf Judith Heijdens-Schasfoort | De Dinkel 82 65 | 47.25 Anja Tijink Karin Hidding 64 84 |
| 2. | Aquapoldro 1 Irene Hoenderdos Angélique Rotteveel | Aquapoldro 63 84 | 53.01 Marjolein Kiewiet Barbara van Beek 79 75 |
| 3. | Montferland 1 Ise Bekker Renate Kuiper-Straub | Montferland 66 71 | 46.76 Irma de Winter Annemiek Willems 67 87 |
| 160+, Dames | | | |
| 1. | Neptunus 6 Tjiske Parma Jeanette Vriesen | Neptunus 65 64 | 46.58 Michaéle Eijsink Linda van Haren 60 80 |
| 2. | ESCA Zwemmen 1 Yvette den Daas v.d Poel Anja van Schilt | ESCA Zwemmen 81 60 | 43.98 Maria Alice Marques Viola Rosita Wassink 61 77 |
| 160+, Gemengd | | | |
| 1. | WS Twente 1 Harrie Oude Weemink Inez Heideman | WS Twente 60 75 | 45.30 Jan Willem Heuten Marion Broekhuis 60 68 |
| 2. | Swol 1894 2 Annemarie Vuisst Henk Viering | Swol 1894 63 66 | 42.86 Marjan Spoelstra Kasper van den Berghe 60 73 |
| 3. | ESCA Zwemmen 1 Mireille Willems Alex Visser | ESCA Zwemmen 74 65 | 69 Denise Leenders Wim Plaisier 63 |
| 200+, Heren | | | |
| 1. | Aqua-Novio'94 1 Marcel Hoff Peter Fölker | Aqua-Novio'94 64 64 | 39.88 Rob Segers Albert Boonstra 61 57 |
| 200+, Gemengd | | | |
| 1. | WIDEX GZC DONK 1 Lia Bijkerk Yves van den Berg | WIDEX GZC DONK 60 66 | 48.46 Patricia Molenaar Pim Nieuwenkamp 58 63 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 100
24-03-2012 - 14:52

Lange zeemanslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|------|------------|---------------|------|
| Programmanr. 101 | | | | |
| 24-03-2012 - 14:55 | | | | |
| Lange Spaanse slag | | | | |
| rang | naam | vereniging | inschrijftijd | tijd |

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|------|------------|---------------|------|
| Programmanr. 10 | | | | |
| 24-03-2012 - 14:57 | | | | |
| 4 x 25m rugslag | | | | |
| rang | naam | vereniging | inschrijftijd | tijd |

| rang | naam | vereniging | inschrijftijd | tijd |
|--------------------|--|-------------------------|---|----------------|
| 120+, Dames | | | | |
| 1. | Montferland 1 Marije Jansen Renate Kuiper-Straub | Montferland 85 71 | 17.35 Wieteke Jansen Irma de Winter | 90 67 |
| | | | 1:22.34 | 1:22.57 |
| 2. | Neptunus 7 Michaële Eijsink Annie Beugel | Neptunus 60 83 | 21.85 Sanne Wemekamp - Hoogendoorn Janneke Snellink | 82 81 |
| | | | 1:20.76 | 1:24.39 |

| rang | naam | vereniging | inschrijftijd | tijd |
|--------------------|---|--------------------------|---|----------------|
| 160+, Dames | | | | |
| 1. | ESCA Zwemmen 1 Anke Bakker Rosita Wassink | ESCA Zwemmen 67 77 | 20.76 Mireille Willems Janny Schokker | 74 69 |
| | | | 1:25.00 | 1:24.02 |

| rang | naam | vereniging | inschrijftijd | tijd |
|----------------------|--|--------------------------|--|----------------|
| 160+, Gemengd | | | | |
| 1. | Neptunus 8 Lia Rooker Gert de Jong | Neptunus 66 61 | 20.86 Jeanette Vriesen Daniël Prinse | 64 74 |
| | | | 1:13.16 | 1:15.05 |
| 2. | ESCA Zwemmen 1 Francien van den Boomen Alex Visser | ESCA Zwemmen 65 65 | 23.43 Colette Visser Jacques Schuiling | 73 58 |
| | | | 1:24.00 | 1:21.29 |
| 3. | Swol 1894 3 Henk Viering Marjan Spoelstra | Swol 1894 66 60 | 23.61 Kasper van den Berghe Joke Burgers | 73 60 |
| | | | 1:23.12 | 1:26.95 |

| rang | naam | vereniging | inschrijftijd | tijd |
|----------------------|--|-----------------------|---|----------------|
| 200+, Gemengd | | | | |
| 1. | WS Twente 1 Herbert Katgert Antoinette Gilding-Tussaud | WS Twente 59 50 | 21.02 Jeannette Ruesink Bart van Calker | 63 61 |
| | | | 1:21.11 | 1:20.02 |

Programmanr. 11
24-03-2012 - 15:01

25m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|------------------|-------------------|-----------------|--------------|
| Masters 30+, Heren | | | | |
| 1. | Remco Veerkamp | Zuiderzeezwemmers | 19.67 198102311 | 19.48 |
| Masters 30+, Dames | | | | |
| 1. | Anneke Balkema | ZV Overbetuwe | NT 198001684 | 20.07 |
| Masters 35+, Dames | | | | |
| 1. | Mireille Willems | ESCA Zwemmen | 22.13 197400932 | 22.61 |

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Arnhem, 24-3-2012



Programmanr. 11, 25m schoolslag

Masters 40+, Heren

1. Rob Meurkens Budel NT 196901651 **18.45**

Masters 40+, Dames

AFGEM Tamar van der Meer Aquapoldro 21.79 197200850

Masters 45+, Heren

1. Peter Fölker Aqua-Novio'94 16.19 196401021 **16.67**
2. Marcel Hoff Aqua-Novio'94 17.44 196400317 **17.27**

Masters 45+, Dames

1. Irene Hoenderdos Aquapoldro 24.20 196300428 **24.29**

Masters 50+, Heren

1. Jacques Schuiling ESCA Zwemmen 23.00 195800391 **18.57**
2. Fred Helmink Neptunus 22.00 196201205 **20.86**
NG.ZA Gert de Jong Neptunus 22.20 196101075

Masters 50+, Dames

1. Heleen Daaleman Neptunus 24.00 196100374 **20.93**
2. Marjan Spoelstra Swol 1894 21.04 196000236 **21.89**
3. Anja van Schilt ESCA Zwemmen 23.40 196000282 **24.44**
4. Maria Alice Marques Viola ESCA Zwemmen 25.89 196100366 **26.82**

Masters 55+, Dames

1. Joke Zuyderwijk TZC-Vahalis 26.24 195700168 **26.19**
2. Christa van der Meer Neptunus 25.00 195600106 **29.96**

Masters 60+, Heren

1. Bert Veerkamp Zuiderzeezwemmers 24.05 195200271 **24.95**
AFGEM Frans Gielen Neptunus 32.00 194800177

Programmanr. 12
24-03-2012 - 15:04

50m vrije slag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|---------------------|-------------------|-----------------|----------------|
| Masters 20+, Heren | | | | |
| 1. | Marien Willeme | De Dinkel | 26.92 198903623 | 26.80 |
| Masters 20+, Dames | | | | |
| 1. | Liesbeth Bruinekool | Zuiderzeezwemmers | 48.27 199007958 | 48.67 |
| Masters 25+, Heren | | | | |
| 1. | Tijn Huttenhuis | De Dinkel | 34.00 198302949 | 33.11 |
| Masters 25+, Dames | | | | |
| 1. | Karin Hidding | De Dinkel | 28.25 198400970 | 28.56 |
| 2. | Marije Jansen | Montferland | 29.56 198504088 | 29.29 |
| 3. | Miriam Geuskens | NDD | 31.45 198300660 | 31.32 |
| 4. | Hinke Pannenburg | Neptunus | 32.73 198301556 | 32.90 |
| 5. | Melinda Driessen | Neptunus | 40.50 198500746 | 38.07 |
| 6. | Aphra de Graaf | Proteus | 42.29 198604692 | 42.86 |
| 7. | Annemiek Willems | Montferland | 48.31 198706116 | 54.82 |
| 8. | Mariëlle Boers | Hera'11 | NT 198503624 S4 | 1:23.55 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 12, 50m vrije slag

Masters 30+, Heren

| | | | | | | |
|-------|-----------------------|-----------------------|-------|--------------|--|--------------|
| | 1. Rik Regtering | Neptunus | 26.06 | 197900999 | | 26.20 |
| | 2. Pieter Muller | HoogenboomTours/BZ&PC | 28.26 | 198101187 | | 27.41 |
| | 3. Vincent Westerkamp | De IJssel | 30.00 | 197801271 | | 30.23 |
| AFGEM | Robert Bais | Zwemclub Polaris | | NT 197800021 | | |

Masters 30+, Dames

| | | | | | | |
|--|--------------------------|-----------------------|-------|--------------|--|--------------|
| | 1. Marjolein Knetsch | HoogenboomTours/BZ&PC | | NT 197900466 | | 34.76 |
| | 2. Natasja van de Schaaf | De Dinkel | 36.34 | 198202404 | | 36.09 |

Masters 35+, Heren

| | | | | | | |
|--|-------------------|-----------|-------|-----------|--|--------------|
| | 1. Arjan Arends | De Spreng | 29.03 | 197601073 | | 29.26 |
| | 2. Rogier Becker | De Dinkel | 30.00 | 197301439 | | 29.70 |
| | 3. Ivo Verdonshot | Budel | 31.00 | 197500903 | | 30.32 |

Masters 35+, Dames

| | | | | | | |
|--|----------------------------------|----------------|-------|-----------|--|--------------|
| | 1. Jacqueline de Ruiter-Wijnolst | WIDEX GZC DONK | 29.87 | 197400446 | | 30.74 |
| | 2. Petra Guijt | Aqua-Novio'94 | 31.51 | 197600798 | | 31.41 |
| | 3. Ellen Brans | Neptunus | 35.60 | 197700874 | | 34.60 |

Masters 40+, Heren

| | | | | | | |
|--|---------------------------|-------------------|-------|--------------|--|--------------|
| | 1. Wiljo Mackus | Budel | 31.00 | 197101557 | | 29.02 |
| | 2. Albert Foekens | ZV Overbetuwe | | NT 196901649 | | 29.20 |
| | 3. Marco Leijen | Neptunus | 29.29 | 197101517 | | 29.57 |
| | 4. Dennis van Markesteijn | TZC-Vahalis | 30.08 | 197201333 | | 30.86 |
| | 5. Frank Heinrich | Budel | 32.00 | 197201511 | | 33.23 |
| | 6. Erik Prinsen | Ruislip Northwood | 32.00 | 1968 | | 34.33 |

Masters 40+, Dames

| | | | | | | |
|--|------------------------|--------------|-------|-----------|--|--------------|
| | 1. Marion Broekhuis | WS Twente | 33.21 | 196800060 | | 33.70 |
| | 2. Denise Leenders | ESCA Zwemmen | 37.50 | 196900882 | | 36.83 |
| | 3. Mariëtte Verbruggen | TZC-Vahalis | 42.00 | 197000948 | | 47.02 |

Masters 45+, Heren

| | | | | | | |
|-------|--------------------------|---------------------|-------|-----------|-----|--------------|
| | 1. Pieter-Sjoerd de Wijn | Aqua-Novio'94 | 30.03 | 196501027 | | 30.37 |
| | 2. Yves van den Berg | WIDEX GZC DONK | 32.76 | 196601437 | | 33.57 |
| | 3. Henk Viering | Swol 1894 | 41.93 | 196600917 | | 43.60 |
| | 4. Jan Pruntel | Revas "De Peperbus" | 39.77 | 196500733 | S10 | 44.29 |
| AFGEM | Rinse Rooker | PSV | 29.18 | 196600675 | | |
| AFGEM | Edzo Huisman | Aquapoldro | 28.20 | 196301029 | | |

Masters 45+, Dames

| | | | | | | |
|-------|-------------------------------|-------------------|-------|-----------|--|--------------|
| | 1. Anja Tijink | De Dinkel | 29.98 | 196400296 | | 30.42 |
| | 2. Judith Heijdens-Schasfoort | De Dinkel | 31.86 | 196500112 | | 32.16 |
| | 3. Jeanette Vriesen | Neptunus | 34.07 | 196400472 | | 34.18 |
| | 4. Lia Rooker | Neptunus | 37.52 | 196600608 | | 37.20 |
| | 5. Karin Rikhof | De Dinkel | 37.04 | 196600480 | | 37.39 |
| | 6. Ilse Bekker | Montferland | 38.79 | 196600644 | | 38.36 |
| | 7. Anke Bakker | ESCA Zwemmen | 38.34 | 196700648 | | 38.59 |
| | 8. Tjiske Parma | Neptunus | 37.00 | 196500514 | | 38.62 |
| | 9. Francien van den Boomen | ESCA Zwemmen | 41.00 | 196500598 | | 43.16 |
| NG.ZA | Lesley Cordial | Ruislip Northwood | 29.50 | 1967 | | |

Masters 50+, Heren

| | | | | | | |
|--|-------------------------|---------------|-------|-----------|--|--------------|
| | 1. Gudo Hemeltjen | De Dinkel | 27.72 | 196100187 | | 28.00 |
| | 2. Harrie Oude Weernink | WS Twente | 31.29 | 196001037 | | 30.64 |
| | 3. Fons van Bindsbergen | Aqua-Novio'94 | 34.00 | 195800715 | | 31.36 |
| | 4. Harry Paas | ZVVS | 32.40 | 195800689 | | 32.64 |
| | 5. Bart van Calker | WS Twente | 31.84 | 196100067 | | 34.14 |
| | 6. Herbert Katgert | WS Twente | 34.79 | 195900739 | | 35.42 |
| | 7. Rob Segers | Aqua-Novio'94 | 35.15 | 196100971 | | 36.26 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 12, 50m vrije slag

Masters 50+, Dames

| | | | | | |
|----|-------------------|----------------|-------|-----------|--------------|
| 1. | Marja Bloemzaad | AZ&PC | 29.28 | 196100014 | 29.67 |
| 2. | Wilma Welhuis | De Dinkel | 36.26 | 195900288 | 36.09 |
| 3. | Gonnie Paas | ZVVS | 37.19 | 196200418 | 37.10 |
| 4. | Patricia Molenaar | WIDEX GZC DONK | 39.43 | 195800240 | 43.16 |
| 5. | Joke Burgers | Swol 1894 | 44.02 | 196000226 | 44.13 |

Masters 55+, Heren

| | | | | | |
|----|---------------|----------------|-------|-----------|--------------|
| 1. | Peter Coffeng | WIDEX GZC DONK | 32.90 | 195700063 | 34.18 |
|----|---------------|----------------|-------|-----------|--------------|

Masters 55+, Dames

| | | | | | |
|----|--------------|-----------|-------|-----------|--------------|
| 1. | Marga Stroot | De Dinkel | 38.45 | 195700170 | 38.17 |
|----|--------------|-----------|-------|-----------|--------------|

Masters 65+, Dames

| | | | | | |
|----|----------------------|-------|-------|-----------|--------------|
| 1. | Loekie v. Huissteden | AZ&PC | 46.67 | 194500002 | 52.24 |
|----|----------------------|-------|-------|-----------|--------------|

Masters 70+, Heren

| | | | | | |
|----|-------------------|---------------|-------|-----------|--------------|
| 1. | Nic Geers | Z&PC De Gouwe | 33.00 | 193800007 | 33.48 |
| 2. | Pieter Scharphorn | Neptunus | 48.38 | 193800037 | 51.95 |

Masters 75+, Heren

| | | | | | |
|----|---------------|---------------|-------|-----------|--------------|
| 1. | Gregor Pompen | Aqua-Novio'94 | 37.57 | 193700021 | 39.03 |
|----|---------------|---------------|-------|-----------|--------------|

Programmanr. 13
24-03-2012 - 15:18

100m vlinderslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|--------------------------|-----------------------|-------------------|----------------|
| Masters 25+, Heren | | | | |
| 1. | Maarten Prot | Upstream Amsterdam | NT 198403195 | 1:30.67 |
| Masters 25+, Dames | | | | |
| 1. | Anique Willeme | De Dinkel | 1:07.32 198604106 | 1:08.82 |
| 2. | Franca Willeme | De Dinkel | 1:20.48 198402760 | 1:17.67 |
| 3. | Ramona Linting | HoogenboomTours/BZ&PC | 1:21.16 198301274 | 1:25.02 |
| 4. | Marjolein Timmer | De Spreng | 1:41.65 198502884 | 1:41.95 |
| Masters 30+, Heren | | | | |
| 1. | Bart Dijk | Neptunus | 1:25.95 198002141 | 1:27.86 |
| Masters 30+, Dames | | | | |
| 1. | Patricia Strohm | De Dinkel | 1:29.13 198102110 | 1:27.86 |
| Masters 35+, Heren | | | | |
| 1. | Kasper van den Berghe | Swol 1894 | 1:14.20 197301125 | 1:17.10 |
| Masters 35+, Dames | | | | |
| 1. | Inez Heideman | WS Twente | 1:14.20 197500198 | 1:15.26 |
| 2. | Clementine van Bruxvoort | ZPB H&L Productions | 1:40.15 197700138 | 1:46.48 |
| Masters 40+, Heren | | | | |
| 1. | Jean-Phillippe Paap | De IJsel | 1:04.79 197000791 | 1:04.30 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 13, 100m vlinderslag

Masters 45+, Heren

| | | | | | |
|-------|-------------------|----------------|---------|--------------|----------------|
| 1. | Wijam Nijenhuis | De IJsel | 1:07.00 | 196400547 | 1:11.67 |
| 2. | Pim Nieuwenkamp | WIDEX GZC DONK | | NT 196301331 | 1:25.39 |
| AFGEM | Evert-Jan Verweij | Swol 1894 | 1:13.12 | 196301143 | |

Masters 45+, Dames

| | | | | | |
|----|----------------|-------------------|---------|------|----------------|
| 1. | Lesley Cordial | Ruislip Northwood | 1:11.00 | 1967 | 1:11.10 |
|----|----------------|-------------------|---------|------|----------------|

Masters 50+, Heren

| | | | | | |
|----|---------------|---------|--|--------------|----------------|
| 1. | Hans Roodzant | Torpedo | | NT 196000979 | 1:17.99 |
|----|---------------|---------|--|--------------|----------------|

Masters 50+, Dames

| | | | | | |
|----|-------------|----------------|--|--------------|----------------|
| 1. | Lia Bijkerk | WIDEX GZC DONK | | NT 196000014 | 1:48.70 |
|----|-------------|----------------|--|--------------|----------------|

Masters 55+, Heren

| | | | | | |
|----|------------------------|-----|---------|-----------|----------------|
| 1. | Laurens Klein Breteler | WWV | 1:35.00 | 195400109 | 1:39.64 |
|----|------------------------|-----|---------|-----------|----------------|

Programmanr. 14
24-03-2012 - 15:25

25m rugslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|------------------------|--------------|-----------------|--------------|
| Masters 30+, Dames | | | | |
| 1. | Janneke Snellink | Neptunus | 19.13 198102186 | 19.26 |
| 2. | Natasja van de Schaaf | De Dinkel | 20.50 198202404 | 19.64 |
| Masters 35+, Dames | | | | |
| 1. | Mireille Willems | ESCA Zwemmen | 22.01 197400932 | 22.70 |
| Masters 40+, Heren | | | | |
| 1. | Dennis van Markesteijn | TZC-Vahalis | 17.51 197201333 | 17.89 |
| Masters 40+, Dames | | | | |
| 1. | Janny Schokker | ESCA Zwemmen | 19.42 196900884 | 20.46 |
| Masters 45+, Dames | | | | |
| 1. | Anke Bakker | ESCA Zwemmen | 20.00 196700648 | 20.98 |
| 2. | Karin Rikhof | De Dinkel | 19.00 196600480 | 22.04 |
| Masters 50+, Heren | | | | |
| 1. | Jacques Schuiling | ESCA Zwemmen | 23.00 195800391 | 18.38 |
| 2. | Fred Helmink | Neptunus | 21.00 196201205 | 19.58 |
| Masters 50+, Dames | | | | |
| 1. | Heleen Daaleman | Neptunus | 25.00 196100374 | 22.72 |
| 2. | Anja van Schilt | ESCA Zwemmen | 23.19 196000282 | 24.09 |
| Masters 55+, Dames | | | | |
| 1. | Joke Zuyderwijk | TZC-Vahalis | 27.86 195700168 | 28.80 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 14, 25m rugslag

Masters 60+, Dames

| | | | | | |
|----|----------------------------|-----------|-------|-----------|--------------|
| 1. | Antoinette Gilding-Tussaud | WS Twente | 21.53 | 195000038 | 22.72 |
|----|----------------------------|-----------|-------|-----------|--------------|

Masters 65+, Dames

| | | | | | |
|----|-----------|------------|-------|-----------|--------------|
| 1. | Leny Kamp | Aquapoldro | 26.00 | 194400008 | 25.73 |
|----|-----------|------------|-------|-----------|--------------|

Programmanr. 15
24-03-2012 - 15:29

50m schoolslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|--------------------------|------------------------|-----------------|----------------|
| Masters 20+, Heren | | | | |
| 1. | Niels Blok | WIDEX GZC DONK | NT 199004405 | 39.29 |
| Masters 20+, Dames | | | | |
| 1. | Sanne Groenen | AZ&PC | 39.29 199007412 | 39.23 |
| 2. | Wieteke Jansen | Montferland | 45.24 199001750 | 46.07 |
| Masters 25+, Heren | | | | |
| AFGEM | Freek Elshof | Neptunus | 34.04 198600787 | |
| Masters 25+, Dames | | | | |
| 1. | Karin Hidding | De Dinkel | 33.73 198400970 | 34.68 |
| 2. | Mignon Brussen | NDD | 37.14 198500504 | 39.16 |
| 3. | Annemiek Willems | Montferland | 59.31 198706116 | 1:00.07 |
| Masters 30+, Heren | | | | |
| 1. | Rik Regtering | Neptunus | 38.00 197900999 | 33.48 |
| Masters 30+, Dames | | | | |
| 1. | Yvette den Daas v.d Poel | ESCA Zwemmen | 51.00 198102190 | 43.80 |
| 2. | Anneke Balkema | ZV Overbetuwe | NT 198001684 | 44.26 |
| 3. | Linda van Haren | Neptunus | 47.74 198001646 | 48.07 |
| Masters 35+, Heren | | | | |
| 1. | Patrick Arnold | Arnhemse Watervrienden | 39.55 197500021 | 44.36 |
| Masters 35+, Dames | | | | |
| 1. | Rosita Wassink | ESCA Zwemmen | 51.00 197701046 | 48.24 |
| Masters 40+, Heren | | | | |
| 1. | Roland Schol | HoogenboomTours/BZ&PC | 38.66 196901543 | 39.62 |
| 2. | Frank Heinrich | Budel | 38.00 197201511 | 43.26 |
| 3. | Erik Prinsen | Ruislip Northwood | 42.00 1968 | 44.07 |
| Masters 40+, Dames | | | | |
| 1. | Trudie van Niejenhuis | TZC-Vahalis | 39.92 197100444 | 41.98 |
| 2. | Mariëtte Verbruggen | TZC-Vahalis | 45.00 197000948 | 50.98 |
| 3. | Renate Kuiper-Straub | Montferland | 55.06 197100908 | 53.42 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 15, 50m schoolslag

Masters 45+, Heren

| | | | | | | |
|----|--------------|---------------------|-------|--------------|-----|--------------|
| 1. | Peter Fölker | Aqua-Novio'94 | 36.25 | 196401021 | | 36.92 |
| 2. | Wim Plaisier | ESCA Zwemmen | 41.10 | 196301303 | | 40.86 |
| 3. | Ger de Hoop | Zwemclub Polaris | | NT 196401367 | | 44.07 |
| 4. | Jan Pruntel | Revas "De Peperbus" | 48.57 | 196500733 | SB9 | 55.80 |

Masters 45+, Dames

| | | | | | | |
|----|----------------------------|-------------|-------|-----------|--|--------------|
| 1. | Judith Heijdens-Schasfoort | De Dinkel | 43.01 | 196500112 | | 43.04 |
| 2. | Ilse Bekker | Montferland | 50.48 | 196600644 | | 47.34 |
| 3. | Michella van Ballegooyen | TZC-Vahalis | 53.50 | 196300474 | | 57.67 |

Masters 50+, Heren

| | | | | | | |
|----|-------------------|-----------|-------|-----------|--|--------------|
| 1. | Jack Barends | WS Twente | 40.06 | 196201011 | | 41.00 |
| 2. | Bart van Calker | WS Twente | 40.64 | 196100067 | | 42.16 |
| 3. | Jan Willem Heuten | WS Twente | 41.79 | 196000883 | | 43.26 |

Masters 50+, Dames

| | | | | | | |
|----|-------------------|----------------|-------|--------------|--|--------------|
| 1. | Marja Bloemzaad | AZ&PC | 37.06 | 196100014 | | 37.55 |
| 2. | Marijke Kraak | WS Twente | 43.71 | 196000240 | | 42.73 |
| 3. | Annette Rikhof | De Dinkel | 45.82 | 195900268 | | 47.15 |
| 4. | Marjan Spoelstra | Swol 1894 | 46.62 | 196000236 | | 49.29 |
| 5. | Patricia Molenaar | WIDEX GZC DONK | | NT 195800240 | | 53.70 |
| 6. | Michaéle Eijnsink | Neptunus | 56.48 | 196000306 | | 58.93 |

Masters 55+, Heren

| | | | | | | |
|----|-----------------|---------------|-------|-----------|--|--------------|
| 1. | Albert Boonstra | Aqua-Novio'94 | 33.44 | 195700425 | | 34.68 |
|----|-----------------|---------------|-------|-----------|--|--------------|

Masters 55+, Dames

| | | | | | | |
|----|----------------------|----------|-------|-----------|--|----------------|
| 1. | Christa van der Meer | Neptunus | 52.00 | 195600106 | | 1:04.51 |
|----|----------------------|----------|-------|-----------|--|----------------|

Masters 60+, Heren

| | | | | | | |
|-------|--------------|----------|---------|-----------|--|--|
| AFGEM | Frans Gielen | Neptunus | 1:04.04 | 194800177 | | |
|-------|--------------|----------|---------|-----------|--|--|

Masters 65+, Heren

| | | | | | | |
|----|------------|---------|-------|-----------|--|--------------|
| 1. | Rob Hanou | PSV | 41.50 | 194300109 | | 42.38 |
| 2. | Ruud Sloof | De Rijn | 47.31 | 194400073 | | 45.13 |

Masters 65+, Dames

| | | | | | | |
|----|----------------------|-------|-------|-----------|--|--------------|
| 1. | Loekie v. Huissteden | AZ&PC | 57.35 | 194500002 | | 59.20 |
|----|----------------------|-------|-------|-----------|--|--------------|

Masters 70+, Heren

| | | | | | | |
|----|-------------------|----------|-------|-----------|--|--------------|
| 1. | Pieter Scharphorn | Neptunus | 56.03 | 193800037 | | 59.65 |
|----|-------------------|----------|-------|-----------|--|--------------|

Programmanr. 16
24-03-2012 - 15:41

100m wisselslag

Masters Open
Resultaten

| rang | naam | vereniging | inschrijftijd | tijd |
|---------------------------|-------------------|----------------|-------------------|---------------------|
| Masters 20+, Heren | | | | |
| 1. | Rutger Wagenvoort | De Waterratten | 1:53.13 198906441 | SM14 1:56.80 |
| Masters 20+, Dames | | | | |
| 1. | Leonie Broekhof | Proteus | 1:37.07 198806148 | 1:38.86 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 16, 100m wisselslag

Masters 25+, Dames

| | | | | | |
|----|------------------|-------------|---------|-----------|----------------|
| 1. | Mignon Brussen | NDD | 1:10.07 | 198500504 | 1:18.16 |
| 2. | Marije Jansen | Montferland | 1:19.57 | 198504088 | 1:19.00 |
| 3. | Miriam Geuskens | NDD | 1:19.16 | 198300660 | 1:19.26 |
| 4. | Ellen Lubben | De Dinkel | 1:31.00 | 198401568 | 1:23.35 |
| 5. | Hinke Pannenburg | Neptunus | 1:27.78 | 198301556 | 1:29.33 |
| 6. | Melinda Driessen | Neptunus | 1:28.50 | 198500746 | 1:36.48 |
| 7. | Marjolein Timmer | De Spreng | 1:35.36 | 198502884 | 1:36.64 |
| 8. | Aphra de Graaf | Proteus | 1:44.29 | 198604692 | 1:42.08 |
| 9. | Annie Beugel | Neptunus | 1:38.73 | 198302710 | 1:45.64 |

Masters 30+, Heren

| | | | | | |
|----|---------------|-------|---------|-----------|----------------|
| 1. | Dyon de Greef | Budel | 1:20.00 | 198202385 | 1:15.42 |
|----|---------------|-------|---------|-----------|----------------|

Masters 30+, Dames

| | | | | | |
|----|------------------------------|---------------|---------|-----------|----------------|
| 1. | Kim Regtering-Bijenberg | Neptunus | 1:27.50 | 197801254 | 1:25.48 |
| 2. | Femke Hofkens | Aqua-Novio'94 | 1:25.05 | 197801094 | 1:27.60 |
| 3. | Sanne Wemekamp - Hoogendoorn | Neptunus | 1:26.32 | 198202314 | 1:27.95 |
| 4. | Marjolein Kiewiet | Aquapoldro | 1:31.20 | 197901404 | 1:32.86 |

Masters 35+, Heren

| | | | | | |
|----|-----------------------|-----------|---------|-----------|----------------|
| 1. | Kasper van den Berghe | Swol 1894 | 1:13.59 | 197301125 | 1:13.20 |
| 2. | Daniël Prinse | Neptunus | 1:22.00 | 197401385 | 1:17.23 |
| 3. | Arjan Arends | De Spreng | 1:16.98 | 197601073 | 1:18.19 |

Masters 35+, Dames

| | | | | | |
|----|-------------------------------|----------------|---------|-----------|----------------|
| 1. | Jacqueline de Ruiter-Wijnolst | WIDEX GZC DONK | 1:17.71 | 197400446 | 1:18.71 |
| 2. | Barbara van Beek | Aquapoldro | 1:30.00 | 197500032 | 1:27.71 |
| 3. | Natasja Kooiker | De Dinkel | 1:36.00 | 197500786 | 1:34.80 |

Masters 40+, Heren

| | | | | | |
|----|-------------------|---------------|---------|-----------|----------------|
| 1. | Bernd Hendriksen | Aqua-Novio'94 | 1:10.89 | 197001491 | 1:12.02 |
| 2. | Ferdinand Teitink | Montferland | 1:30.00 | 197001583 | 1:21.07 |

Masters 40+, Dames

| | | | | | |
|----|------------------|-----------|---------|-----------|----------------|
| 1. | Marion Broekhuis | WS Twente | 1:29.33 | 196800060 | 1:31.64 |
|----|------------------|-----------|---------|-----------|----------------|

Masters 45+, Heren

| | | | | | |
|----|--------------|----------------|---------|-----------|----------------|
| 1. | Jan Wierenga | De Aalscholver | 1:14.44 | 196400843 | 1:16.02 |
|----|--------------|----------------|---------|-----------|----------------|

Masters 45+, Dames

| | | | | | |
|----|-------------------|-------------|---------|-----------|----------------|
| 1. | Jeannette Ruesink | WS Twente | 1:22.77 | 196300212 | 1:24.32 |
| 2. | Irma de Winter | Montferland | 1:27.07 | 196700654 | 1:26.52 |
| 3. | Jeanette Vriesen | Neptunus | 1:25.20 | 196400472 | 1:29.08 |
| 4. | Tjiske Parma | Neptunus | 1:33.00 | 196500514 | 1:40.13 |

Masters 50+, Heren

| | | | | | |
|----|---------------|---------------|---------|--------------|----------------|
| 1. | Hans Roodzant | Torpedo | | NT 196000979 | 1:19.23 |
| 2. | Harry Paas | ZVVS | 1:23.68 | 195800689 | 1:22.79 |
| 3. | Rob Segers | Aqua-Novio'94 | 1:34.61 | 196100971 | 1:35.64 |

Masters 50+, Dames

| | | | | | |
|----|-------------|------|---------|-----------|----------------|
| 1. | Gonnie Paas | ZVVS | 1:34.88 | 196200418 | 1:35.42 |
|----|-------------|------|---------|-----------|----------------|

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 16, 100m wisselslag

Masters 55+, Heren

1. Harm Bodewes WIDEX GZC DONK NT 195500367 1:48.67

Masters 70+, Heren

1. Frans van Enst WS Twente 1:25.06 194000011 1:28.10
2. Nic Geers Z&PC De Gouwe 1:34.00 193800007 1:34.30

Programmanr. 17
24-03-2012 - 15:56

4 x 50m vrije slag

Masters Open
Resultaten

| rang | vereniging | inschrijftijd | tijd |
|----------------------|---|-----------------------------------|--|
| 100+, Dames | | | |
| 1. | De Dinkel 1 Ellen Lubben Anique Willeme | De Dinkel 84 32.36 86 | 2:01.85 Franca Willeme 84 Karin Hidding 84 2:01.14 |
| 120+, Heren | | | |
| 1. | Budel 1 Dyon de Greef Ivo Verdonshot | Budel 82 30.64 75 | 2:05.00 Rob Meurkens 69 Wiljo Mackus 71 1:59.57 |
| 2. | Neptunus 9 Bart Dijk Marco Leijen | Neptunus 80 33.80 71 | 1:52.00 Daniël Prinse 74 Rik Regtering 79 1:59.92 |
| DIS | De Dinkel 1 Marien Willeme Tijn Huttenhuis | De Dinkel 89 83 | 1:52.66 Rogier Becker 73 Gudo Hemeltjen 61 A A |
| 120+, Dames | | | |
| 1. | Montferland 1 Marije Jansen Ilse Bekker | Montferland 85 29.39 66 | 2:15.12 Irma de Winter 67 Wieteke Jansen 90 2:16.92 |
| 2. | Neptunus 11 Sanne Wemekamp - Hoogendoorn Lia Rooker | Neptunus 82 34.70 66 | 2:16.83 Hinke Pannenburg 83 Jeanette Vriesen 64 2:22.13 |
| 120+, Gemengd | | | |
| 1. | HoogenboomTours/BZ&PC 1 Pieter Muller Marjolein Knetsch | HoogenboomTours/BZ&PC 81 79 | NT Roland Schol 69 Ramona Linting 83 2:06.92 |
| 160+, Dames | | | |
| 1. | WS Twente 1 Marijke Kraak Jeannette Ruesink | WS Twente 60 33.54 63 | 2:11.15 Marion Broekhuis 68 Inez Heideman 75 2:09.92 |
| 2. | De Dinkel 3 Natasja van de Schaaf Judith Heijdens-Schasfoort | De Dinkel 82 35.80 65 | 2:15.22 Karin Rikhof 66 Anja Tijink 64 2:14.89 |
| 3. | De Dinkel 2 Patricia Strohm Annette Rikhof | De Dinkel 81 35.20 59 | 2:25.80 Marga Stroot 57 Wilma Welhuis 59 2:26.04 |
| 4. | ESCA Zwemmen 1 Francien van den Boomen Yvette den Daas v.d Poel | ESCA Zwemmen 65 41.10 81 | 2:35.00 Anke Bakker 67 Colette Visser 73 2:38.48 |
| 5. | Neptunus 13 Michaële Eijsink Tjske Parma | Neptunus 60 65 | 2:28.76 Melinda Driessen 85 Kim Regtering-Bijenbergh 78 2:40.83 |
| 6. | TZC-Vahalis 1 Mariëtte Verbruggen Joke Zuyderwijk | TZC-Vahalis 70 46.30 57 | 2:52.74 Michella van Ballegooyen 63 Trudie van Niejenhuis 71 3:06.99 |

Open Masters Zwemwedstrijd
Arnhem, 24-3-2012



Programmanr. 17, 4 x 50m vrije slag

160+, Gemengd

| | | | | | |
|--|----------------------------|-------|--|----------|----------------|
| 1. Aqua-Novio'94 1 Pieter-Sjoerd de Wijn Femke Hofkens | Aqua-Novio'94 65 78 | 30.36 | 2:09.19 Fons van Bindsbergen Petra Guijt | 58 76 | 2:07.16 |
| 2. ESCA Zwemmen 1 Denise Leenders Wim Plaisier | ESCA Zwemmen 69 63 | 37.26 | 2:30.00 Janny Schokker Alex Visser | 69 65 | 2:17.51 |
| 3. WIDEX GZC DONK 1 Peter Coffeng Patricia Molenaar | WIDEX GZC DONK 57 58 | | NT Yves van den Berg Jacqueline de Ruiter-Wijnolst | 66 74 | 2:22.60 |
| 4. Neptunus 10 Annie Beugel Fred Helmink | Neptunus 83 62 | 42.16 | 2:36.55 Linda van Haren Gert de Jong | 80 61 | 2:28.02 |
| 5. Swol 1894 4 Joke Burgers Henk Viering | Swol 1894 60 66 | 45.23 | 2:33.97 Marian Spoelstra Kasper van den Berghe | 60 73 | 2:37.95 |

200+, Heren

| | | | | | |
|---|-----------------------|-------|--|----------|----------------|
| 1. WS Twente 1 Jack Barends Bart van Calker | WS Twente 62 61 | 31.22 | 2:09.48 Jan Willem Heuten Harrie Oude Weernink | 60 60 | 2:10.00 |
|---|-----------------------|-------|--|----------|----------------|

240+, Gemengd

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|-------------------|----------|--|---------|--|--|
| AFGEM Neptunus 12 | Neptunus | | 3:32.78 | | |
|-------------------|----------|--|---------|--|--|