

1 - ONMK 2012 kb sessie 1

27-01-2012 - 9:00

Programmanr. 1
27-01-2012 - 9:00

Heren, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	17:12.88	199003283	17:18.34	+0,95		
	50m: 29.48	29.48	450m: 5:05.33	34.49	850m: 9:45.10	35.01	1250m: 14:27.49	35.47
	100m: 1:02.73	33.25	500m: 5:39.86	34.53	900m: 10:20.32	35.22	1300m: 15:03.32	35.83
	150m: 1:37.62	34.89	550m: 6:14.69	34.83	950m: 10:55.78	35.46	1350m: 15:37.58	34.26
	200m: 2:12.12	34.50	600m: 6:49.43	34.74	1000m: 11:30.41	34.63	1400m: 16:12.45	34.87
	250m: 2:46.61	34.49	650m: 7:24.51	35.08	1050m: 12:05.95	35.54	1450m: 16:46.97	34.52
	300m: 3:21.06	34.45	700m: 7:59.47	34.96	1100m: 12:41.93	35.98	1500m: 17:18.34	31.37
	350m: 3:55.96	34.90	750m: 8:34.53	35.06	1150m: 13:16.59	34.66		
	400m: 4:30.84	34.88	800m: 9:10.09	35.56	1200m: 13:52.02	35.43		
2.	Emile Manni	Octopus	17:40.82	199001901	17:28.66	+0,67		
	50m: 29.56	29.56	450m: 5:07.72	35.14	850m: 9:51.20	35.56	1250m: 14:34.36	35.32
	100m: 1:02.64	33.08	500m: 5:43.08	35.36	900m: 10:26.56	35.36	1300m: 15:09.62	35.26
	150m: 1:36.95	34.31	550m: 6:18.44	35.36	950m: 11:01.98	35.42	1350m: 15:44.81	35.19
	200m: 2:12.05	35.10	600m: 6:53.96	35.52	1000m: 11:37.33	35.35	1400m: 16:19.95	35.14
	250m: 2:47.51	35.46	650m: 7:29.44	35.48	1050m: 12:12.89	35.56	1450m: 16:54.87	34.92
	300m: 3:22.32	34.81	700m: 8:04.92	35.48	1100m: 12:48.44	35.55	1500m: 17:28.66	33.79
	350m: 3:57.47	35.15	750m: 8:40.06	35.14	1150m: 13:23.72	35.28		
	400m: 4:32.58	35.11	800m: 9:15.64	35.58	1200m: 13:59.04	35.32		
3.	Wessel Everloo	De Veene	18:30.80	198906597	18:16.93	+0,84		
	50m: 31.58	31.58	450m: 5:23.13	36.15	850m: 10:15.64	36.14	1250m: 15:13.04	37.59
	100m: 1:07.15	35.57	500m: 5:59.87	36.74	900m: 10:52.31	36.67	1300m: 15:51.67	38.63
	150m: 1:43.39	36.24	550m: 6:36.32	36.45	950m: 11:29.37	37.06	1350m: 16:28.17	36.50
	200m: 2:19.88	36.49	600m: 7:12.25	35.93	1000m: 12:05.78	36.41	1400m: 17:05.65	37.48
	250m: 2:56.48	36.60	650m: 7:48.25	36.00	1050m: 12:43.42	37.64	1450m: 17:42.61	36.96
	300m: 3:33.34	36.86	700m: 8:25.05	36.80	1100m: 13:20.85	37.43	1500m: 18:16.93	34.32
	350m: 4:09.89	36.55	750m: 9:01.81	36.76	1150m: 13:57.99	37.14		
	400m: 4:46.98	37.09	800m: 9:39.50	37.69	1200m: 14:35.45	37.46		
4.	Erik Simons	D'Eift WAVE (SG)	18:11.67	198902845	18:18.74	+0,89		
	50m: 28.99	28.99	450m: 5:14.23	37.14	850m: 10:14.50	38.12	1250m: 15:17.20	37.47
	100m: 1:01.90	32.91	500m: 5:51.35	37.12	900m: 10:51.90	37.40	1300m: 15:55.13	37.93
	150m: 1:36.28	34.38	550m: 6:28.63	37.28	950m: 11:29.76	37.86	1350m: 16:32.28	37.15
	200m: 2:11.65	35.37	600m: 7:06.47	37.84	1000m: 12:07.32	37.56	1400m: 17:09.23	36.95
	250m: 2:47.84	36.19	650m: 7:44.27	37.80	1050m: 12:45.42	38.10	1450m: 17:45.95	36.72
	300m: 3:23.56	35.72	700m: 8:21.65	37.38	1100m: 13:23.64	38.22	1500m: 18:18.74	32.79
	350m: 4:00.32	36.76	750m: 8:58.94	37.29	1150m: 14:02.09	38.45		
	400m: 4:37.09	36.77	800m: 9:36.38	37.44	1200m: 14:39.73	37.64		
5.	Maik Steenkamp	NDD	18:15.96	199103847	18:22.94	+0,49		
	50m: 31.61	31.61	450m: 5:21.41	37.37	850m: 10:20.49	37.39	1250m: 15:19.29	36.74
	100m: 1:06.45	34.84	500m: 5:58.47	37.06	900m: 10:57.90	37.41	1300m: 15:56.94	37.65
	150m: 1:41.88	35.43	550m: 6:36.04	37.57	950m: 11:35.39	37.49	1350m: 16:33.90	36.96
	200m: 2:17.33	35.45	600m: 7:13.55	37.51	1000m: 12:13.22	37.83	1400m: 17:10.67	36.77
	250m: 2:53.34	36.01	650m: 7:50.95	37.40	1050m: 12:50.77	37.55	1450m: 17:47.10	36.43
	300m: 3:30.17	36.83	700m: 8:28.59	37.64	1100m: 13:28.05	37.28	1500m: 18:22.94	35.84
	350m: 4:06.87	36.70	750m: 9:05.86	37.27	1150m: 14:05.35	37.30		
	400m: 4:44.04	37.17	800m: 9:43.10	37.24	1200m: 14:42.55	37.20		
6.	Tim Bunnik	Triton	18:12.90	199000505	18:37.56	+1,00		
	50m: 30.52	30.52	450m: 5:21.76	36.55	850m: 10:21.61	37.27	1250m: 15:29.93	37.63
	100m: 1:04.75	34.23	500m: 5:58.81	37.05	900m: 11:00.54	38.93	1300m: 16:07.39	37.46
	150m: 1:40.86	36.11	550m: 6:35.68	36.87	950m: 11:38.28	37.74	1350m: 16:44.90	37.51
	200m: 2:17.55	36.69	600m: 7:12.59	36.91	1000m: 12:17.71	39.43	1400m: 17:22.89	37.99
	250m: 2:54.86	37.31	650m: 7:50.21	37.62	1050m: 12:55.36	37.65	1450m: 18:00.24	37.35
	300m: 3:31.67	36.81	700m: 8:28.00	37.79	1100m: 13:33.44	38.08	1500m: 18:37.56	37.32
	350m: 4:08.17	36.50	750m: 9:06.29	38.29	1150m: 14:12.88	39.44		
	400m: 4:45.21	37.04	800m: 9:44.34	38.05	1200m: 14:52.30	39.42		
7.	Rick Hellenbrand	HGN (SG)	19:57.67	198901173	20:06.66	+0,62		
	50m: 36.41	36.41	450m: 5:59.76	40.61	850m: 11:27.19	40.72	1250m: 16:47.82	39.75
	100m: 1:16.59	40.18	500m: 6:40.40	40.64	900m: 12:08.33	41.14	1300m: 17:27.56	39.74
	150m: 1:56.89	40.30	550m: 7:21.02	40.62	950m: 12:48.56	40.23	1350m: 18:07.73	40.17
	200m: 2:37.68	40.79	600m: 8:02.10	41.08	1000m: 13:28.43	39.87	1400m: 18:47.67	39.94
	250m: 3:18.02	40.34	650m: 8:42.93	40.83	1050m: 14:08.68	40.25	1450m: 19:28.35	40.68
	300m: 3:58.38	40.36	700m: 9:23.84	40.91	1100m: 14:48.61	39.93	1500m: 20:06.66	38.31
	350m: 4:38.79	40.41	750m: 10:05.63	41.79	1150m: 15:28.41	39.80		
	400m: 5:19.15	40.36	800m: 10:46.47	40.84	1200m: 16:08.07	39.66		

Programmanr. 1, Heren, 1500m vrije slag

Masters 25+

1. Remco van Althuis			SBC2000		17:35.30		198300029		18:20.59		+0,92	
50m:	30.43	30.43	450m:	5:12.90	36.37	850m:	10:12.08	37.74	1250m:	15:15.60	38.12	
100m:	1:04.12	33.69	500m:	5:49.66	36.76	900m:	10:49.93	37.85	1300m:	15:53.60	38.00	
150m:	1:38.97	34.85	550m:	6:26.56	36.90	950m:	11:27.82	37.89	1350m:	16:31.53	37.93	
200m:	2:14.07	35.10	600m:	7:03.68	37.12	1000m:	12:05.62	37.80	1400m:	17:08.61	37.08	
250m:	2:49.24	35.17	650m:	7:41.21	37.53	1050m:	12:43.16	37.54	1450m:	17:45.29	36.68	
300m:	3:24.61	35.37	700m:	8:18.88	37.67	1100m:	13:21.11	37.95	1500m:	18:20.59	35.30	
350m:	4:00.26	35.65	750m:	8:56.64	37.76	1150m:	13:59.37	38.26				
400m:	4:36.53	36.27	800m:	9:34.34	37.70	1200m:	14:37.48	38.11				
2. Lennart Middel			D'Eift WAVE (SG)		19:03.38		198503723		18:51.83		+0,96	
50m:	33.13	33.13	450m:	5:30.62	38.85	850m:	10:37.79	38.39	1250m:	15:41.21	38.51	
100m:	1:08.52	35.39	500m:	6:09.31	38.69	900m:	11:15.19	37.40	1300m:	16:19.18	37.97	
150m:	1:45.02	36.50	550m:	6:47.60	38.29	950m:	11:53.36	38.17	1350m:	16:57.64	38.46	
200m:	2:22.31	37.29	600m:	7:25.72	38.12	1000m:	12:31.33	37.97	1400m:	17:35.23	37.59	
250m:	2:59.54	37.23	650m:	8:04.53	38.81	1050m:	13:09.10	37.77	1450m:	18:11.94	36.71	
300m:	3:36.62	37.08	700m:	8:42.55	38.02	1100m:	13:47.12	38.02	1500m:	18:51.83	39.89	
350m:	4:14.03	37.41	750m:	9:20.56	38.01	1150m:	14:25.15	38.03				
400m:	4:51.77	37.74	800m:	9:59.40	38.84	1200m:	15:02.70	37.55				
3. Victor den Heijer			D'Eift WAVE (SG)		20:13.51		198300867		19:52.51		+0,79	
50m:	32.12	32.12	450m:	5:45.86	39.83	850m:	11:06.66	41.11	1250m:	16:30.75	41.02	
100m:	1:10.31	38.19	500m:	6:25.06	39.20	900m:	11:45.99	39.33	1300m:	17:10.66	39.91	
150m:	1:48.85	38.54	550m:	7:04.88	39.82	950m:	12:26.58	40.59	1350m:	17:51.83	41.17	
200m:	2:27.48	38.63	600m:	7:44.37	39.49	1000m:	13:07.73	41.15	1400m:	18:32.91	41.08	
250m:	3:07.18	39.70	650m:	8:24.70	40.33	1050m:	13:48.69	40.96	1450m:	19:13.83	40.92	
300m:	3:46.51	39.33	700m:	9:05.42	40.72	1100m:	14:29.08	40.39	1500m:	19:52.51	38.68	
350m:	4:26.28	39.77	750m:	9:44.79	39.37	1150m:	15:09.62	40.54				
400m:	5:06.03	39.75	800m:	10:25.55	40.76	1200m:	15:49.73	40.11				
4. Norbert de Maillie <i>alle tijden *</i>			De Bruinvis		20:57.15		198601997		21:32.43		* +0,95	
50m:	33.45	33.45	450m:	6:12.08	44.39	850m:	12:04.68	44.23	1250m:	17:57.97	43.88	
100m:	1:12.53	39.08	500m:	6:55.68	43.60	900m:	12:48.88	44.20	1300m:	18:41.84	43.87	
150m:	1:53.82	41.29	550m:	7:39.21	43.53	950m:	13:33.43	44.55	1350m:	19:25.76	43.92	
200m:	2:35.93	42.11	600m:	8:23.47	44.26	1000m:	14:17.65	44.22	1400m:	20:09.48	43.72	
250m:	3:17.94	42.01	650m:	9:07.69	44.22	1050m:	15:01.81	44.16	1450m:	20:51.91	42.43	
300m:	4:01.01	43.07	700m:	9:52.17	44.48	1100m:	15:45.89	44.08	1500m:	21:32.43	40.52	
350m:	4:43.87	42.86	750m:	10:36.32	44.15	1150m:	16:29.93	44.04				
400m:	5:27.69	43.82	800m:	11:20.45	44.13	1200m:	17:14.09	44.16				

Masters 30+

1. Marcel Reefhuis			De Veene		18:21.44		198101381		18:55.71		+0,50	
50m:	31.65	31.65	450m:	5:19.91	36.89	850m:	10:22.99	38.36	1250m:	15:36.55	40.05	
100m:	1:05.76	34.11	500m:	5:57.16	37.25	900m:	11:01.50	38.51	1300m:	16:16.80	40.25	
150m:	1:41.34	35.58	550m:	6:34.61	37.45	950m:	11:40.31	38.81	1350m:	16:57.14	40.34	
200m:	2:17.29	35.95	600m:	7:12.72	38.11	1000m:	12:19.33	39.02	1400m:	17:37.49	40.35	
250m:	2:53.14	35.85	650m:	7:50.71	37.99	1050m:	12:58.39	39.06	1450m:	18:17.61	40.12	
300m:	3:29.47	36.33	700m:	8:28.67	37.96	1100m:	13:37.42	39.03	1500m:	18:55.71	38.10	
350m:	4:06.09	36.62	750m:	9:06.57	37.90	1150m:	14:16.77	39.35				
400m:	4:43.02	36.93	800m:	9:44.63	38.06	1200m:	14:56.50	39.73				
2. Freddie Geerlings			HGN (SG)		19:15.09		197900379		19:04.79		+0,54	
50m:	33.17	33.17	450m:	5:32.52	37.01	850m:	10:33.94	38.81	1250m:	15:48.85	39.46	
100m:	1:10.53	37.36	500m:	6:09.18	36.66	900m:	11:13.12	39.18	1300m:	16:28.53	39.68	
150m:	1:48.32	37.79	550m:	6:46.49	37.31	950m:	11:52.37	39.25	1350m:	17:08.11	39.58	
200m:	2:25.93	37.61	600m:	7:23.33	36.84	1000m:	12:31.68	39.31	1400m:	17:47.98	39.87	
250m:	3:03.44	37.51	650m:	8:00.68	37.35	1050m:	13:11.07	39.39	1450m:	18:27.41	39.43	
300m:	3:40.96	37.52	700m:	8:38.61	37.93	1100m:	13:50.74	39.67	1500m:	19:04.79	37.38	
350m:	4:18.53	37.57	750m:	9:16.50	37.89	1150m:	14:29.73	38.99				
400m:	4:55.51	36.98	800m:	9:55.13	38.63	1200m:	15:09.39	39.66				
3. Jeroen Vogelsang			DAW		19:49.12		198001645		20:27.81		+0,99	
50m:	32.97	32.97	450m:	5:43.29	41.10	850m:	11:18.10	42.39	1250m:	16:58.69	42.99	
100m:	1:09.09	36.12	500m:	6:24.41	41.12	900m:	12:01.15	43.05	1300m:	17:40.80	42.11	
150m:	1:46.15	37.06	550m:	7:06.15	41.74	950m:	12:43.32	42.17	1350m:	18:23.73	42.93	
200m:	2:24.53	38.38	600m:	7:47.02	40.87	1000m:	13:26.10	42.78	1400m:	19:07.47	43.74	
250m:	3:03.70	39.17	650m:	8:28.74	41.72	1050m:	14:07.88	41.78	1450m:	19:49.26	41.79	
300m:	3:42.69	38.99	700m:	9:11.35	42.61	1100m:	14:50.88	43.00	1500m:	20:27.81	38.55	
350m:	4:22.30	39.61	750m:	9:53.81	42.46	1150m:	15:32.89	42.01				
400m:	5:02.19	39.89	800m:	10:35.71	41.90	1200m:	16:15.70	42.81				

Programmanr. 1, Heren, 1500m vrije slag

Masters 40+

1. Konstantin Sklyar		Krivbassmasters	20:29.22	1968konst	20:09.71	+1,03					
<i>UKR Masters Record</i>											
50m:	36.32	36.32	450m:	5:56.89	40.27	850m:	11:21.04	40.92	1250m:	16:47.28	40.96
100m:	1:15.14	38.82	500m:	6:36.96	40.07	900m:	12:01.60	40.56	1300m:	17:28.27	40.99
150m:	1:55.08	39.94	550m:	7:17.30	40.34	950m:	12:42.33	40.73	1350m:	18:08.88	40.61
200m:	2:35.57	40.49	600m:	7:57.48	40.18	1000m:	13:23.07	40.74	1400m:	18:49.76	40.88
250m:	3:15.83	40.26	650m:	8:37.97	40.49	1050m:	14:04.10	41.03	1450m:	19:30.18	40.42
300m:	3:56.14	40.31	700m:	9:18.56	40.59	1100m:	14:44.85	40.75	1500m:	20:09.71	39.53
350m:	4:36.68	40.54	750m:	9:59.21	40.65	1150m:	15:25.41	40.56			
400m:	5:16.62	39.94	800m:	10:40.12	40.91	1200m:	16:06.32	40.91			
2. John Pfaff		Zwemlust-den Hommel	20:25.45	196901475	21:08.19	* +0,96					
50m:	35.73	35.73	450m:	6:16.88	43.11	850m:	11:57.98	42.49	1250m:	17:38.09	43.11
100m:	1:17.03	41.30	500m:	6:59.53	42.65	900m:	12:40.23	42.25	1300m:	18:20.93	42.84
150m:	1:59.63	42.60	550m:	7:42.07	42.54	950m:	13:22.31	42.08	1350m:	19:03.15	42.22
200m:	2:42.41	42.78	600m:	8:24.74	42.67	1000m:	14:04.92	42.61	1400m:	19:45.18	42.03
250m:	3:25.02	42.61	650m:	9:07.38	42.64	1050m:	14:47.30	42.38	1450m:	20:27.79	42.61
300m:	4:07.42	42.40	700m:	9:49.98	42.60	1100m:	15:29.77	42.47	1500m:	21:08.19	40.40
350m:	4:50.92	43.50	750m:	10:32.72	42.74	1150m:	16:12.39	42.62			
400m:	5:33.77	42.85	800m:	11:15.49	42.77	1200m:	16:54.98	42.59			
3. Sander de Weert		OEZA	23:37.48	197201453	24:14.49	+1,20					
50m:	41.15	41.15	450m:	6:46.24	46.92	850m:	13:18.92	50.12	1250m:	20:04.53	51.10
100m:	1:26.05	44.90	500m:	7:34.45	48.21	900m:	14:08.97	50.05	1300m:	20:55.86	51.33
150m:	2:10.20	44.15	550m:	8:22.64	48.19	950m:	14:59.79	50.82	1350m:	21:47.06	51.20
200m:	2:55.31	45.11	600m:	9:11.50	48.86	1000m:	15:50.10	50.31	1400m:	22:37.10	50.04
250m:	3:41.10	45.79	650m:	10:00.73	49.23	1050m:	16:40.48	50.38	1450m:	23:27.17	50.07
300m:	4:26.93	45.83	700m:	10:50.17	49.44	1100m:	17:31.45	50.97	1500m:	24:14.49	47.32
350m:	5:12.95	46.02	750m:	11:39.29	49.12	1150m:	18:22.00	50.55			
400m:	5:59.32	46.37	800m:	12:28.80	49.51	1200m:	19:13.43	51.43			
4. Arnold Jonker		HZ&PC Heerenveen	24:46.40	197000529	25:37.71	+1,16					
50m:	46.31	46.31	450m:	7:30.15	51.46	850m:	14:20.20	51.82	1250m:	21:20.46	53.54
100m:	1:35.39	49.08	500m:	8:21.47	51.32	900m:	15:11.87	51.67	1300m:	22:12.65	52.19
150m:	2:25.57	50.18	550m:	9:12.20	50.73	950m:	16:04.11	52.24	1350m:	23:05.12	52.47
200m:	3:15.95	50.38	600m:	10:03.28	51.08	1000m:	16:56.01	51.90	1400m:	23:56.90	51.78
250m:	4:06.14	50.19	650m:	10:54.60	51.32	1050m:	17:48.29	52.28	1450m:	24:49.08	52.18
300m:	4:57.19	51.05	700m:	11:44.98	50.38	1100m:	18:41.17	52.88	1500m:	25:37.71	48.63
350m:	5:47.68	50.49	750m:	12:36.72	51.74	1150m:	19:33.87	52.70			
400m:	6:38.69	51.01	800m:	13:28.38	51.66	1200m:	20:26.92	53.05			

Masters 45+

1. Jo-an Mudde		Zeester-Meerval	18:46.45	196701457	18:48.15	+0,83					
50m:	33.58	33.58	450m:	5:32.75	37.34	850m:	10:35.54	37.98	1250m:	15:40.59	38.16
100m:	1:09.95	36.37	500m:	6:10.58	37.83	900m:	11:13.67	38.13	1300m:	16:18.27	37.68
150m:	1:47.17	37.22	550m:	6:48.29	37.71	950m:	11:52.01	38.34	1350m:	16:55.60	37.33
200m:	2:24.58	37.41	600m:	7:26.15	37.86	1000m:	12:29.98	37.97	1400m:	17:32.03	36.43
250m:	3:02.38	37.80	650m:	8:03.95	37.80	1050m:	13:08.10	38.12	1450m:	18:10.52	38.49
300m:	3:40.23	37.85	700m:	8:41.64	37.69	1100m:	13:46.25	38.15	1500m:	18:48.15	37.63
350m:	4:17.68	37.45	750m:	9:19.47	37.83	1150m:	14:24.30	38.05			
400m:	4:55.41	37.73	800m:	9:57.56	38.09	1200m:	15:02.43	38.13			
2. Ronald van Maurik		Nat Utrecht	21:20.75	196600509	19:53.64	+0,55					
50m:	35.17	35.17	450m:	5:52.48	40.58	850m:	11:16.87	41.08	1250m:	16:39.83	41.08
100m:	1:13.69	38.52	500m:	6:33.09	40.61	900m:	11:56.81	39.94	1300m:	17:20.27	40.44
150m:	1:52.94	39.25	550m:	7:13.55	40.46	950m:	12:36.80	39.99	1350m:	17:59.75	39.48
200m:	2:32.01	39.07	600m:	7:53.89	40.34	1000m:	13:17.41	40.61	1400m:	18:40.32	40.57
250m:	3:11.44	39.43	650m:	8:34.39	40.50	1050m:	13:57.45	40.04	1450m:	19:18.87	38.55
300m:	3:51.94	40.50	700m:	9:15.39	41.00	1100m:	14:37.65	40.20	1500m:	19:53.64	34.77
350m:	4:31.93	39.99	750m:	9:55.78	40.39	1150m:	15:18.14	40.49			
400m:	5:11.90	39.97	800m:	10:35.79	40.01	1200m:	15:58.75	40.61			
3. Joost de Kroon		AquAmigos	21:48.89	196400999	21:18.38	+1,30					
50m:	38.11	38.11	450m:	6:16.34	42.50	850m:	11:57.99	42.85	1250m:	17:45.29	44.06
100m:	1:19.34	41.23	500m:	6:59.01	42.67	900m:	12:41.13	43.14	1300m:	18:28.61	43.32
150m:	2:01.97	42.63	550m:	7:41.64	42.63	950m:	13:23.96	42.83	1350m:	19:12.19	43.58
200m:	2:44.24	42.27	600m:	8:24.37	42.73	1000m:	14:07.28	43.32	1400m:	19:55.94	43.75
250m:	3:26.66	42.42	650m:	9:07.14	42.77	1050m:	14:50.59	43.31	1450m:	20:38.59	42.65
300m:	4:08.79	42.13	700m:	9:50.18	43.04	1100m:	15:33.89	43.30	1500m:	21:18.38	39.79
350m:	4:51.10	42.31	750m:	10:32.36	42.18	1150m:	16:17.43	43.54			
400m:	5:33.84	42.74	800m:	11:15.14	42.78	1200m:	17:01.23	43.80			

Programmanr. 1, Heren, 1500m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Eric Smits	Z&PC De Gouwe	21:21.64	196501453	21:29.78			
	50m: 37.52	37.52	450m: 6:19.16	43.10	850m: 12:07.97	43.56	1250m: 17:55.45	43.72
	100m: 1:17.16	39.64	500m: 7:02.81	43.65	900m: 12:51.38	43.41	1300m: 18:38.35	42.90
	150m: 1:59.31	42.15	550m: 7:46.16	43.35	950m: 13:34.93	43.55	1350m: 19:21.40	43.05
	200m: 2:42.00	42.69	600m: 8:30.18	44.02	1000m: 14:18.62	43.69	1400m: 20:04.08	42.68
	250m: 3:25.08	43.08	650m: 9:14.36	44.18	1050m: 15:01.68	43.06	1450m: 20:46.56	42.48
	300m: 4:08.55	43.47	700m: 9:58.18	43.82	1100m: 15:45.07	43.39	1500m: 21:29.78	43.22
	350m: 4:52.38	43.83	750m: 10:41.50	43.32	1150m: 16:28.71	43.64		
	400m: 5:36.06	43.68	800m: 11:24.41	42.91	1200m: 17:11.73	43.02		
5.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	23:30.73	196501027	22:42.03	+0,97		
	50m: 37.85	37.85	450m: 6:40.45	46.18	850m: 12:48.82	46.13	1250m: 18:58.04	45.56
	100m: 1:20.19	42.34	500m: 7:26.99	46.54	900m: 13:34.96	46.14	1300m: 19:43.48	45.44
	150m: 2:04.58	44.39	550m: 8:13.47	46.48	950m: 14:21.43	46.47	1350m: 20:28.23	44.75
	200m: 2:50.21	45.63	600m: 8:59.29	45.82	1000m: 15:07.48	46.05	1400m: 21:13.04	44.81
	250m: 3:36.18	45.97	650m: 9:44.89	45.60	1050m: 15:53.17	45.69	1450m: 21:58.27	45.23
	300m: 4:21.92	45.74	700m: 10:30.76	45.87	1100m: 16:39.50	46.33	1500m: 22:42.03	43.76
	350m: 5:08.18	46.26	750m: 11:16.50	45.74	1150m: 17:25.43	45.93		
	400m: 5:54.27	46.09	800m: 12:02.69	46.19	1200m: 18:12.48	47.05		
6.	Jan Smalheer	SCOM	22:30.30	196400701	22:46.31	+1,33		
	50m: 37.94	37.94	450m: 6:38.65	45.80	850m: 12:50.09	46.71	1250m: 18:59.03	46.93
	100m: 1:20.87	42.93	500m: 7:24.70	46.05	900m: 13:36.20	46.11	1300m: 19:44.55	45.52
	150m: 2:05.33	44.46	550m: 8:11.33	46.63	950m: 14:22.38	46.18	1350m: 20:30.53	45.98
	200m: 2:50.38	45.05	600m: 8:57.78	46.45	1000m: 15:07.89	45.51	1400m: 21:16.31	45.78
	250m: 3:35.74	45.36	650m: 9:44.31	46.53	1050m: 15:53.53	45.64	1450m: 22:01.37	45.06
	300m: 4:21.23	45.49	700m: 10:30.82	46.51	1100m: 16:40.10	46.57	1500m: 22:46.31	44.94
	350m: 5:06.60	45.37	750m: 11:17.04	46.22	1150m: 17:25.83	45.73		
	400m: 5:52.85	46.25	800m: 12:03.38	46.34	1200m: 18:12.10	46.27		
7.	Servaas van Oosterhout	De Gelenberg	25:48.16	196401237	26:29.71	*		
	50m: 43.13	43.13	450m: 7:42.47	53.15	850m: 14:50.82	52.82	1250m: 22:02.52	53.64
	100m: 1:31.16	48.03	500m: 8:36.38	53.91	900m: 15:45.63	54.81	1300m: 22:56.09	53.57
	150m: 2:23.14	51.98	550m: 9:30.39	54.01	950m: 16:39.46	53.83	1350m: 23:49.48	53.39
	200m: 3:15.55	52.41	600m: 10:23.86	53.47	1000m: 17:33.97	54.51	1400m: 24:43.99	54.51
	250m: 4:08.51	52.96	650m: 11:17.28	53.42	1050m: 18:27.53	53.56	1450m: 25:37.36	53.37
	300m: 5:02.44	53.93	700m: 12:10.44	53.16	1100m: 19:21.25	53.72	1500m: 26:29.71	52.35
	350m: 5:55.80	53.36	750m: 13:04.14	53.70	1150m: 20:14.34	53.09		
	400m: 6:49.32	53.52	800m: 13:58.00	53.86	1200m: 21:08.88	54.54		

Masters 50+

1.	Marten de Groot	HZ&PC Heerenveen	19:00.33	195800149	18:53.18	+0,75		
	<i>Kampioenschaps Record</i>							
	50m: 34.63	34.63	450m: 5:32.16	37.46	850m: 10:35.64	38.11	1250m: 15:41.52	38.39
	100m: 1:11.80	37.17	500m: 6:09.90	37.74	900m: 11:13.57	37.93	1300m: 16:20.33	38.81
	150m: 1:49.20	37.40	550m: 6:47.85	37.95	950m: 11:51.84	38.27	1350m: 16:59.16	38.83
	200m: 2:26.17	36.97	600m: 7:25.55	37.70	1000m: 12:30.16	38.32	1400m: 17:38.06	38.90
	250m: 3:02.89	36.72	650m: 8:03.10	37.55	1050m: 13:08.60	38.44	1450m: 18:16.51	38.45
	300m: 3:39.74	36.85	700m: 8:40.93	37.83	1100m: 13:46.87	38.27	1500m: 18:53.18	36.67
	350m: 4:17.29	37.55	750m: 9:19.16	38.23	1150m: 14:24.79	37.92		
	400m: 4:54.70	37.41	800m: 9:57.53	38.37	1200m: 15:03.13	38.34		
2.	Jan Brink	De Zeeuwse Kust (SG)	19:09.90	196200091	19:13.39	+0,96		
	50m: 34.69	34.69	450m: 5:47.13	39.67	850m: 10:55.14	38.01	1250m: 16:02.55	38.79
	100m: 1:12.65	37.96	500m: 6:26.76	39.63	900m: 11:33.43	38.29	1300m: 16:40.96	38.41
	150m: 1:51.16	38.51	550m: 7:05.62	38.86	950m: 12:11.74	38.31	1350m: 17:19.33	38.37
	200m: 2:30.15	38.99	600m: 7:44.03	38.41	1000m: 12:49.84	38.10	1400m: 17:57.66	38.33
	250m: 3:09.28	39.13	650m: 8:22.52	38.49	1050m: 13:28.16	38.32	1450m: 18:36.10	38.44
	300m: 3:48.60	39.32	700m: 9:00.77	38.25	1100m: 14:06.47	38.31	1500m: 19:13.39	37.29
	350m: 4:27.98	39.38	750m: 9:39.17	38.40	1150m: 14:45.08	38.61		
	400m: 5:07.46	39.48	800m: 10:17.13	37.96	1200m: 15:23.76	38.68		
3.	Richard Broer	PLONS	19:25.13	195900077	19:49.05	+1,22		
	50m: 35.15	35.15	450m: 5:48.72	39.93	850m: 11:08.99	39.98	1250m: 16:28.82	40.66
	100m: 1:13.33	38.18	500m: 6:28.73	40.01	900m: 11:48.41	39.42	1300m: 17:10.20	41.38
	150m: 1:52.23	38.90	550m: 7:08.00	39.27	950m: 12:27.96	39.55	1350m: 17:50.18	39.98
	200m: 2:31.27	39.04	600m: 7:48.10	40.10	1000m: 13:07.80	39.84	1400m: 18:29.85	39.67
	250m: 3:10.42	39.15	650m: 8:27.90	39.80	1050m: 13:48.01	40.21	1450m: 19:10.32	40.47
	300m: 3:49.71	39.29	700m: 9:08.22	40.32	1100m: 14:27.90	39.89	1500m: 19:49.05	38.73
	350m: 4:28.93	39.22	750m: 9:48.58	40.36	1150m: 15:08.20	40.30		
	400m: 5:08.79	39.86	800m: 10:29.01	40.43	1200m: 15:48.16	39.96		

Programmanr. 1, Heren, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Elzo Dijkhuis	TriVia	19:51.82	196000873	20:25.34	+1,17
	50m: 36.40	36.40	450m: 6:03.25	41.44	850m: 11:35.16	41.71
	100m: 1:16.42	40.02	500m: 6:44.69	41.44	900m: 12:16.39	41.23
	150m: 1:56.58	40.16	550m: 7:26.17	41.48	950m: 12:57.59	41.20
	200m: 2:36.99	40.41	600m: 8:07.98	41.81	1000m: 13:38.98	41.39
	250m: 3:18.13	41.14	650m: 8:50.04	42.06	1050m: 14:19.81	40.83
	300m: 3:58.92	40.79	700m: 9:30.83	40.79	1100m: 15:00.87	41.06
	350m: 4:40.28	41.36	750m: 10:12.26	41.43	1150m: 15:42.09	41.22
	400m: 5:21.81	41.53	800m: 10:53.45	41.19	1200m: 16:23.13	41.04
5.	Peter Marc de Rooij	Zwemlust-den Hommel	20:59.13	196100829	21:17.23	+1,06
	50m: 35.40	35.40	450m: 6:07.77	42.08	850m: 11:50.71	42.87
	100m: 1:16.48	41.08	500m: 6:50.05	42.28	900m: 12:34.11	43.40
	150m: 1:57.65	41.17	550m: 7:32.80	42.75	950m: 13:17.33	43.22
	200m: 2:38.48	40.83	600m: 8:15.14	42.34	1000m: 14:00.99	43.66
	250m: 3:19.78	41.30	650m: 8:57.97	42.83	1050m: 14:44.68	43.69
	300m: 4:01.80	42.02	700m: 9:41.05	43.08	1100m: 15:27.91	43.23
	350m: 4:43.87	42.07	750m: 10:24.72	43.67	1150m: 16:12.06	44.15
	400m: 5:25.69	41.82	800m: 11:07.84	43.12	1200m: 16:56.36	44.30
6.	Jan de Laat	AquAmigos	25:22.94	196000861	24:44.44	+1,21
	50m: 41.35	41.35	450m: 7:17.79	50.27	850m: 13:58.18	48.88
	100m: 1:27.51	46.16	500m: 8:08.04	50.25	900m: 14:48.92	50.74
	150m: 2:16.64	49.13	550m: 8:58.66	50.62	950m: 15:39.39	50.47
	200m: 3:06.01	49.37	600m: 9:49.47	50.81	1000m: 16:29.55	50.16
	250m: 3:55.71	49.70	650m: 10:39.43	49.96	1050m: 17:19.43	49.88
	300m: 4:46.57	50.86	700m: 11:29.81	50.38	1100m: 18:09.28	49.85
	350m: 5:36.90	50.33	750m: 12:19.65	49.84	1150m: 19:00.25	50.97
	400m: 6:27.52	50.62	800m: 13:09.30	49.65	1200m: 19:50.60	50.35
7.	Jeroen Ouendag	GoSwim	25:26.11	195900725	25:03.53	
	50m: 45.31	45.31	450m: 7:24.60	50.36	850m: 14:08.18	50.54
	100m: 1:33.95	48.64	500m: 8:14.24	49.64	900m: 14:59.26	51.08
	150m: 2:23.50	49.55	550m: 9:05.14	50.90	950m: 15:49.28	50.02
	200m: 3:13.18	49.68	600m: 9:55.64	50.50	1000m: 16:40.12	50.84
	250m: 4:02.87	49.69	650m: 10:45.51	49.87	1050m: 17:30.61	50.49
	300m: 4:53.18	50.31	700m: 11:36.34	50.83	1100m: 18:20.87	50.26
	350m: 5:43.26	50.08	750m: 12:26.70	50.36	1150m: 19:10.98	50.11
	400m: 6:34.24	50.98	800m: 13:17.64	50.94	1200m: 20:00.65	49.67
NG.ZA	Paul van der Voort	De Zwoer	20:53.26	196200715		
AFGEM	Marius Ros	ZCNF'34	19:59.43	195900779		

Masters 55+

1.	Paul Bunnik	Triton	22:04.14	195600413	22:29.00	+1,09
	50m: 36.56	36.56	450m: 6:29.66	45.38	850m: 12:33.57	45.99
	100m: 1:18.25	41.69	500m: 7:14.45	44.79	900m: 13:20.09	46.52
	150m: 2:01.17	42.92	550m: 7:58.93	44.48	950m: 14:06.45	46.36
	200m: 2:45.30	44.13	600m: 8:44.84	45.91	1000m: 14:52.81	46.36
	250m: 3:29.26	43.96	650m: 9:29.68	44.84	1050m: 15:38.75	45.94
	300m: 4:14.02	44.76	700m: 10:15.79	46.11	1100m: 16:24.50	45.75
	350m: 4:59.42	45.40	750m: 11:01.39	45.60	1150m: 17:10.92	46.42
	400m: 5:44.28	44.86	800m: 11:47.58	46.19	1200m: 17:58.58	47.66
2.	Emiel van Elderen	ZVVS	22:02.00	195600383	22:31.00	+1,17
	50m: 39.58	39.58	450m: 6:35.99	45.12	850m: 12:41.00	45.68
	100m: 1:21.75	42.17	500m: 7:21.30	45.31	900m: 13:26.58	45.58
	150m: 2:05.54	43.79	550m: 8:07.12	45.82	950m: 14:12.18	45.60
	200m: 2:50.02	44.48	600m: 8:53.08	45.96	1000m: 14:58.24	46.06
	250m: 3:34.66	44.64	650m: 9:38.52	45.44	1050m: 15:43.43	45.19
	300m: 4:20.33	45.67	700m: 10:24.14	45.62	1100m: 16:28.85	45.42
	350m: 5:05.41	45.08	750m: 11:09.64	45.50	1150m: 17:14.31	45.46
	400m: 5:50.87	45.46	800m: 11:55.32	45.68	1200m: 17:59.60	45.29
3.	Lex Hoogendam	MNC Dordrecht	22:22.88	195700541	22:54.82	+1,26
	50m: 38.92	38.92	450m: 6:40.70	46.11	850m: 12:51.05	46.40
	100m: 1:21.62	42.70	500m: 7:26.72	46.02	900m: 13:37.07	46.02
	150m: 2:05.76	44.14	550m: 8:12.75	46.03	950m: 14:23.32	46.25
	200m: 2:50.82	45.06	600m: 8:59.32	46.57	1000m: 15:10.15	46.83
	250m: 3:36.60	45.78	650m: 9:45.29	45.97	1050m: 15:56.80	46.65
	300m: 4:22.48	45.88	700m: 10:31.54	46.25	1100m: 16:43.48	46.68
	350m: 5:08.11	45.63	750m: 11:18.27	46.73	1150m: 17:29.96	46.48
	400m: 5:54.59	46.48	800m: 12:04.65	46.38	1200m: 18:16.68	46.72

Programmanr. 1, Heren, 1500m vrije slag, Masters 55+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Peter van Genderen	Old Dutch	26:45.30	195500405	25:38.42	+1,12		
	50m: 41.37	41.37	450m: 7:21.96	51.29	850m: 14:16.28	52.14	1250m: 21:16.48	52.72
	100m: 1:27.42	46.05	500m: 8:13.77	51.81	900m: 15:08.37	52.09	1300m: 22:09.36	52.88
	150m: 2:16.17	48.75	550m: 9:05.91	52.14	950m: 16:00.53	52.16	1350m: 23:02.46	53.10
	200m: 3:06.21	50.04	600m: 9:57.09	51.18	1000m: 16:53.03	52.50	1400m: 23:56.25	53.79
	250m: 3:56.57	50.36	650m: 10:48.19	51.10	1050m: 17:45.65	52.62	1450m: 24:48.97	52.72
	300m: 4:47.86	51.29	700m: 11:39.90	51.71	1100m: 18:38.08	52.43	1500m: 25:38.42	49.45
	350m: 5:39.28	51.42	750m: 12:31.99	52.09	1150m: 19:30.76	52.68		
	400m: 6:30.67	51.39	800m: 13:24.14	52.15	1200m: 20:23.76	53.00		

Masters 60+

1.	Wout Hemmes	De Plons	22:58.49	194800059	22:59.41	* +1,21		
	50m: 38.83	38.83	450m: 6:45.34	47.06	850m: 12:55.82	46.68	1250m: 19:08.26	46.74
	100m: 1:22.56	43.73	500m: 7:31.70	46.36	900m: 13:42.01	46.19	1300m: 19:54.53	46.27
	150m: 2:07.15	44.59	550m: 8:17.87	46.17	950m: 14:28.40	46.39	1350m: 20:41.60	47.07
	200m: 2:53.35	46.20	600m: 9:03.82	45.95	1000m: 15:14.71	46.31	1400m: 21:28.13	46.53
	250m: 3:38.93	45.58	650m: 9:49.89	46.07	1050m: 16:00.85	46.14	1450m: 22:15.10	46.97
	300m: 4:24.94	46.01	700m: 10:37.10	47.21	1100m: 16:47.67	46.82	1500m: 22:59.41	44.31
	350m: 5:11.60	46.66	750m: 11:22.34	45.24	1150m: 17:34.96	47.29		
	400m: 5:58.28	46.68	800m: 12:09.14	46.80	1200m: 18:21.52	46.56		
2.	Piet Schop	De Bevelanders	23:14.49	195000109	23:09.00			
	50m: 38.39	38.39	450m: 6:46.03	47.13	850m: 13:01.65	47.26	1250m: 19:16.98	47.35
	100m: 1:21.01	42.62	500m: 7:33.34	47.31	900m: 13:48.97	47.32	1300m: 20:04.35	47.37
	150m: 2:06.54	45.53	550m: 8:20.69	47.35	950m: 14:35.69	46.72	1350m: 20:51.46	47.11
	200m: 2:52.38	45.84	600m: 9:07.15	46.46	1000m: 15:21.77	46.08	1400m: 21:38.43	46.97
	250m: 3:38.13	45.75	650m: 9:53.77	46.62	1050m: 16:08.18	46.41	1450m: 22:24.76	46.33
	300m: 4:24.56	46.43	700m: 10:40.83	47.06	1100m: 16:55.06	46.88	1500m: 23:09.00	44.24
	350m: 5:11.33	46.77	750m: 11:28.29	47.46	1150m: 17:43.33	48.27		
	400m: 5:58.90	47.57	800m: 12:14.39	46.10	1200m: 18:29.63	46.30		

Masters 65+

1.	Donald Uijtenbogaart	Het Y	19:57.45	194700107	20:06.53	+1,00		
	<i>Nederlands Masters Record, tt 800 NMR</i>							
	50m: 38.23	38.23	450m: 6:03.59	39.95	850m: 11:27.07	40.75	1250m: 16:50.09	40.12
	100m: 1:19.02	40.79	500m: 6:44.01	40.42	900m: 12:07.60	40.53	1300m: 17:30.14	40.05
	150m: 2:00.18	41.16	550m: 7:24.46	40.45	950m: 12:47.81	40.21	1350m: 18:09.56	39.42
	200m: 2:40.97	40.79	600m: 8:04.62	40.16	1000m: 13:28.21	40.40	1400m: 18:49.13	39.57
	250m: 3:21.97	41.00	650m: 8:44.87	40.25	1050m: 14:08.57	40.36	1450m: 19:28.87	39.74
	300m: 4:02.71	40.74	700m: 9:25.42	40.55	1100m: 14:48.93	40.36	1500m: 20:06.53	37.66
	350m: 4:43.23	40.52	750m: 10:05.80	40.38	1150m: 15:29.45	40.52		
	400m: 5:23.64	40.41	800m: 10:46.32	40.52	1200m: 16:09.97	40.52		
2.	Rob Hanou	PSV	23:55.49	194300109	24:23.30	+1,08		
	50m: 41.38	41.38	450m: 7:11.34	49.76	850m: 13:46.97	48.60	1250m: 20:22.22	49.15
	100m: 1:28.32	46.94	500m: 8:00.70	49.36	900m: 14:37.76	50.79	1300m: 21:12.16	49.94
	150m: 2:15.28	46.96	550m: 8:50.82	50.12	950m: 15:26.90	49.14	1350m: 22:00.35	48.19
	200m: 3:03.84	48.56	600m: 9:40.50	49.68	1000m: 16:16.97	50.07	1400m: 22:47.86	47.51
	250m: 3:53.03	49.19	650m: 10:30.32	49.82	1050m: 17:05.06	48.09	1450m: 23:36.68	48.82
	300m: 4:42.83	49.80	700m: 11:18.38	48.06	1100m: 17:55.33	50.27	1500m: 24:23.30	46.62
	350m: 5:31.44	48.61	750m: 12:07.97	49.59	1150m: 18:43.40	48.07		
	400m: 6:21.58	50.14	800m: 12:58.37	50.40	1200m: 19:33.07	49.67		

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	23:05.17	193800007	23:21.02	+0,63		
	50m: 40.87	40.87	450m: 6:49.76	46.15	850m: 13:05.25	47.30	1250m: 19:26.51	48.85
	100m: 1:26.04	45.17	500m: 7:36.84	47.08	900m: 13:51.99	46.74	1300m: 20:12.61	46.10
	150m: 2:12.15	46.11	550m: 8:22.81	45.97	950m: 14:39.74	47.75	1350m: 21:00.70	48.09
	200m: 2:58.71	46.56	600m: 9:09.48	46.67	1000m: 15:27.53	47.79	1400m: 21:49.67	48.97
	250m: 3:45.25	46.54	650m: 9:56.94	47.46	1050m: 16:15.12	47.59	1450m: 22:37.03	47.36
	300m: 4:31.38	46.13	700m: 10:43.54	46.60	1100m: 17:02.80	47.68	1500m: 23:21.02	43.99
	350m: 5:17.42	46.04	750m: 11:30.72	47.18	1150m: 17:50.52	47.72		
	400m: 6:03.61	46.19	800m: 12:17.95	47.23	1200m: 18:37.66	47.14		

Masters 75+

Programmanr. 1, Heren, 1500m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Gregor Pompen	Aqua-Novio'94	26:36.11	193700021	27:32.34	
	<i>Kampioenschaps Record</i>					
	50m: 49.48	49.48	450m: 8:08.02	54.45	850m: 15:29.10	55.35
	100m: 1:42.85	53.37	500m: 9:02.66	54.64	900m: 16:24.58	55.48
	150m: 2:37.84	54.99	550m: 9:57.61	54.95	950m: 17:20.27	55.69
	200m: 3:33.30	55.46	600m: 10:52.61	55.00	1000m: 18:16.10	55.83
	250m: 4:28.96	55.66	650m: 11:47.75	55.14	1050m: 19:11.83	55.73
	300m: 5:23.82	54.86	700m: 12:42.66	54.91	1100m: 20:08.16	56.33
	350m: 6:18.75	54.93	750m: 13:37.99	55.33	1150m: 21:05.18	57.02
	400m: 7:13.57	54.82	800m: 14:33.75	55.76	1200m: 22:01.89	56.71
					1250m: 22:57.75	55.86
					1300m: 23:54.51	56.76
					1350m: 24:50.09	55.58
					1400m: 25:45.13	55.04
					1450m: 26:40.27	55.14
					1500m: 27:32.34	52.07

Programmanr. 2
27-01-2012 - 11:33

Dames, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Desirée Emmen	De Warande	9:36.22	199204862	9:45.67	+0,71
	50m: 31.58	31.58	250m: 2:55.29	36.71	450m: 5:24.68	37.69
	100m: 1:06.41	34.83	300m: 3:32.53	37.24	500m: 6:02.11	37.43
	150m: 1:42.36	35.95	350m: 4:09.85	37.32	550m: 6:39.64	37.53
	200m: 2:18.58	36.22	400m: 4:46.99	37.14	600m: 7:17.12	37.48
					650m: 7:54.39	37.27
					700m: 8:31.87	37.48
					750m: 9:09.33	37.46
					800m: 9:45.67	36.34
2.	Lisanne Andeweg	Zuiderzeewimmers	10:03.69	198800092	9:51.30	+0,70
	50m: 33.44	33.44	250m: 3:03.01	37.64	450m: 5:32.47	37.18
	100m: 1:10.00	36.56	300m: 3:40.44	37.43	500m: 6:09.50	37.03
	150m: 1:47.61	37.61	350m: 4:17.98	37.54	550m: 6:46.83	37.33
	200m: 2:25.37	37.76	400m: 4:55.29	37.31	600m: 7:24.57	37.74
					650m: 8:02.14	37.57
					700m: 8:39.32	37.18
					750m: 9:16.01	36.69
					800m: 9:51.30	35.29
3.	Nanda de Vries	HZ&PC Heerenveen	10:19.96	199204328	10:03.06	+0,89
	50m: 31.79	31.79	250m: 3:00.70	37.62	450m: 5:33.95	38.82
	100m: 1:07.79	36.00	300m: 3:38.54	37.84	500m: 6:12.62	38.67
	150m: 1:45.33	37.54	350m: 4:16.67	38.13	550m: 6:51.24	38.62
	200m: 2:23.08	37.75	400m: 4:55.13	38.46	600m: 7:29.97	38.73
					650m: 8:09.00	39.03
					700m: 8:48.06	39.06
					750m: 9:26.58	38.52
					800m: 10:03.06	36.48
4.	Sigrid Dogger	De Zwoer	10:47.99	199200452	10:16.78	+0,67
	50m: 34.23	34.23	250m: 3:09.47	38.97	450m: 5:44.69	38.54
	100m: 1:12.39	38.16	300m: 3:48.59	39.12	500m: 6:23.68	38.99
	150m: 1:51.57	39.18	350m: 4:27.31	38.72	550m: 7:03.11	39.43
	200m: 2:30.50	38.93	400m: 5:06.15	38.84	600m: 7:42.19	39.08
					650m: 8:20.74	38.55
					700m: 8:59.86	39.12
					750m: 9:39.26	39.40
					800m: 10:16.78	37.52
5.	Sunanda van Heteren	De Geul	10:50.84	198901728	11:00.13	+0,84
	50m: 34.61	34.61	250m: 3:16.63	41.65	450m: 6:06.30	42.63
	100m: 1:13.31	38.70	300m: 3:58.71	42.08	500m: 6:48.92	42.62
	150m: 1:53.80	40.49	350m: 4:41.00	42.29	550m: 7:31.85	42.93
	200m: 2:34.98	41.18	400m: 5:23.67	42.67	600m: 8:15.24	43.39
					650m: 8:58.02	42.78
					700m: 9:40.47	42.45
					750m: 10:22.13	41.66
					800m: 11:00.13	38.00

Masters 25+

1.	Pauline Tieleman	De Geul	10:38.32	198403348	10:37.78	+0,98
	50m: 35.02	35.02	250m: 3:14.32	40.44	450m: 5:56.63	40.67
	100m: 1:14.22	39.20	300m: 3:54.86	40.54	500m: 6:37.08	40.45
	150m: 1:53.55	39.33	350m: 4:35.39	40.53	550m: 7:17.77	40.69
	200m: 2:33.88	40.33	400m: 5:15.96	40.57	600m: 7:58.40	40.63
					650m: 8:38.98	40.58
					700m: 9:19.47	40.49
					750m: 9:59.21	39.74
					800m: 10:37.78	38.57
2.	Annette Vogelsang	ZV De Bron	12:06.75	198402632	11:33.05	+0,94
	50m: 35.49	35.49	250m: 3:20.36	43.07	450m: 6:17.15	44.46
	100m: 1:14.43	38.94	300m: 4:03.62	43.26	500m: 7:01.64	44.49
	150m: 1:55.04	40.61	350m: 4:47.94	44.32	550m: 7:46.48	44.84
	200m: 2:37.29	42.25	400m: 5:32.69	44.75	600m: 8:32.81	46.33
					650m: 9:18.85	46.04
					700m: 10:03.81	44.96
					750m: 10:49.82	46.01
					800m: 11:33.05	43.23
3.	Liset de Veer	Aqua-Novio'94	11:42.88	198704190	11:36.21	+0,50
	50m: 37.37	37.37	250m: 3:26.71	42.98	450m: 6:21.97	44.37
	100m: 1:18.83	41.46	300m: 4:09.99	43.28	500m: 7:06.81	44.84
	150m: 2:00.90	42.07	350m: 4:53.76	43.77	550m: 7:52.20	45.39
	200m: 2:43.73	42.83	400m: 5:37.60	43.84	600m: 8:37.50	45.30
					650m: 9:22.55	45.05
					700m: 10:07.82	45.27
					750m: 10:52.94	45.12
					800m: 11:36.21	43.27

Masters 30+

Programmanr. 2, Dames, 800m vrije slag, Masters 30+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Yvonne Gerritsen	WVZ	10:42.60	198000342	11:08.81	+0,96
	50m: 36.52	36.52	250m: 3:24.97	42.60	450m: 6:14.79	42.11
	100m: 1:17.60	41.08	300m: 4:07.16	42.19	500m: 6:57.00	41.74
	150m: 2:00.10	42.50	350m: 4:49.60	42.44	550m: 7:39.45	41.98
	200m: 2:42.37	42.27	400m: 5:32.27	42.67	600m: 8:21.55	41.43
2.	Babette Rens	Dedemsvaart-AC	11:43.72	197801200	11:55.87	+0,85
	50m: 39.54	39.54	250m: 3:35.78	44.78	450m: 6:36.25	45.81
	100m: 1:22.43	42.89	300m: 4:21.31	45.53	500m: 7:21.49	45.71
	150m: 2:06.36	43.93	350m: 5:06.35	45.04	550m: 8:06.96	46.62
	200m: 2:51.00	44.64	400m: 5:51.05	44.70	600m: 8:52.28	45.45

Masters 35+

1.	Natacha Van Hoof	ShaRK	11:50.47	ShaRK/260/73	11:31.70	+1,02
	50m: 38.69	38.69	250m: 3:29.96	43.26	450m: 6:25.67	44.10
	100m: 1:20.83	42.14	300m: 4:13.81	43.85	500m: 7:09.64	44.08
	150m: 2:03.86	43.03	350m: 4:57.54	43.73	550m: 7:53.70	44.05
	200m: 2:46.70	42.84	400m: 5:41.86	44.32	600m: 8:38.05	41.42
2.	Clementine van Bruxvoort	ZPB H&L Productions	13:32.23	197700138	14:04.55	+0,70
	50m: 45.16	45.16	250m: 4:14.07	53.59	450m: 7:49.98	54.65
	100m: 1:36.13	50.97	300m: 5:08.78	54.71	500m: 8:43.40	54.30
	150m: 2:27.79	51.66	350m: 6:02.35	53.57	550m: 9:37.30	54.62
	200m: 3:20.48	52.69	400m: 6:55.91	53.56	600m: 10:31.31	49.67

Masters 40+

1.	Karin Stein	ZVVS	9:51.31	197100554	10:00.95	+0,86
	50m: 34.91	34.91	250m: 3:03.93	37.37	450m: 5:34.61	38.34
	100m: 1:11.74	36.83	300m: 3:41.65	37.72	500m: 6:12.66	38.28
	150m: 1:48.97	37.23	350m: 4:19.32	37.67	550m: 6:50.74	38.13
	200m: 2:26.56	37.59	400m: 4:56.91	37.59	600m: 7:29.03	37.17
2.	Annette de Visser	Oceanus	10:31.54	197100602	10:42.73	+0,92
	50m: 35.52	35.52	250m: 3:16.48	40.75	450m: 6:00.28	41.07
	100m: 1:14.92	39.40	300m: 3:57.36	40.88	500m: 6:41.11	40.25
	150m: 1:55.30	40.38	350m: 4:38.10	40.74	550m: 7:21.97	40.15
	200m: 2:35.73	40.43	400m: 5:19.41	41.31	600m: 8:03.02	38.24
3.	Anja Reinhard	PLONS	11:29.89	197000818	11:27.59	+0,84
	50m: 36.81	36.81	250m: 3:27.66	43.49	450m: 6:23.42	43.60
	100m: 1:18.08	41.27	300m: 4:11.10	43.44	500m: 7:07.30	43.67
	150m: 2:00.81	42.73	350m: 4:55.00	43.90	550m: 7:51.33	43.21
	200m: 2:44.17	43.36	400m: 5:38.93	43.93	600m: 8:35.90	41.21
4.	Kristien Van De Moortel	ShaRK	12:14.80	ShaRK/315/69	12:33.20	+0,97
	50m: 40.32	40.32	250m: 3:47.94	47.58	450m: 6:59.96	47.97
	100m: 1:26.31	45.99	300m: 4:36.60	48.66	500m: 7:47.82	48.59
	150m: 2:13.05	46.74	350m: 5:24.43	47.83	550m: 8:35.53	47.36
	200m: 3:00.36	47.31	400m: 6:12.27	47.84	600m: 9:23.44	45.84

Masters 45+

1.	Laura Staal	Oceanus	11:01.86	196700358	11:00.55	+0,92
	50m: 37.02	37.02	250m: 3:22.62	41.78	450m: 6:11.12	41.46
	100m: 1:17.48	40.46	300m: 4:04.81	42.19	500m: 6:52.88	41.53
	150m: 1:59.17	41.69	350m: 4:46.88	42.07	550m: 7:34.46	41.68
	200m: 2:40.84	41.67	400m: 5:29.18	42.30	600m: 8:16.12	39.76
2.	Jacqueline Rolloos-Bakker	De Lansingh	10:59.69	196300222	11:08.29	+1,03
	50m: 36.66	36.66	250m: 3:23.59	41.87	450m: 6:13.95	43.14
	100m: 1:17.66	41.00	300m: 4:06.10	42.51	500m: 6:56.52	42.10
	150m: 1:59.69	42.03	350m: 4:48.82	42.72	550m: 7:38.81	42.06
	200m: 2:41.72	42.03	400m: 5:31.10	42.28	600m: 8:20.98	40.01
3.	Margreet van der Pol	Oceanus	12:00.26	196600276	11:41.76	+1,00
	50m: 38.34	38.34	250m: 3:33.97	44.78	450m: 6:33.15	44.32
	100m: 1:20.48	42.14	300m: 4:19.01	45.04	500m: 7:18.10	44.97
	150m: 2:04.68	44.20	350m: 5:03.76	44.75	550m: 8:02.95	43.67
	200m: 2:49.19	44.51	400m: 5:48.81	45.05	600m: 8:47.30	41.50
4.	Karin van den Heuvel	Old Dutch	11:50.73	196600188	12:05.53	+1,08
	50m: 40.84	40.84	250m: 3:41.29	45.70	450m: 6:43.60	46.02
	100m: 1:25.00	44.16	300m: 4:27.29	46.00	500m: 7:28.66	46.66
	150m: 2:09.83	44.83	350m: 5:13.12	45.83	550m: 8:14.17	46.44
	200m: 2:55.59	45.76	400m: 5:59.19	46.07	600m: 9:00.11	46.30

Programmanr. 2, Dames, 800m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
5.	Hetty Smalheer	SCOM	12:19.27	196700352	12:43.26	+1,03		
	50m: 41.90	41.90	250m: 3:52.76	48.54	450m: 7:06.63	48.60	650m: 10:20.96	47.60
	100m: 1:28.57	46.67	300m: 4:40.96	48.20	500m: 7:56.38	49.75	700m: 11:08.90	47.94
	150m: 2:16.33	47.76	350m: 5:29.07	48.11	550m: 8:46.50	50.12	750m: 11:57.17	48.27
	200m: 3:04.22	47.89	400m: 6:18.03	48.96	600m: 9:33.36	46.86	800m: 12:43.26	46.09

Masters 50+

1.	Patty Verhagen	AquAmigos	11:00.71	195900146	11:10.08	+0,98		
	50m: 39.03	39.03	250m: 3:26.48	42.15	450m: 6:16.23	42.47	650m: 9:05.54	42.29
	100m: 1:20.41	41.38	300m: 4:08.71	42.23	500m: 6:58.46	42.23	700m: 9:47.84	42.30
	150m: 2:02.35	41.94	350m: 4:51.24	42.53	550m: 7:40.86	42.40	750m: 10:30.10	42.26
	200m: 2:44.33	41.98	400m: 5:33.76	42.52	600m: 8:23.25	42.39	800m: 11:10.08	39.98
2.	Marlien Wijnhof	Nat Utrecht	12:02.78	196100300	11:58.72	+0,73		
	50m: 40.45	40.45	250m: 3:42.10	46.19	450m: 6:45.75	45.53	650m: 9:47.75	44.68
	100m: 1:25.07	44.62	300m: 4:27.88	45.78	500m: 7:31.74	45.99	700m: 10:32.81	45.06
	150m: 2:10.24	45.17	350m: 5:14.09	46.21	550m: 8:17.39	45.65	750m: 11:17.06	44.25
	200m: 2:55.91	45.67	400m: 6:00.22	46.13	600m: 9:03.07	45.68	800m: 11:58.72	41.66
3.	Ellen Parma	Triton	13:40.24	196200366	13:12.97	+1,15		
	50m: 43.27	43.27	250m: 4:04.44	50.65	450m: 7:26.83	50.53	650m: 10:49.19	50.29
	100m: 1:32.36	49.09	300m: 4:55.31	50.87	500m: 8:17.51	50.68	700m: 11:39.51	50.32
	150m: 2:22.89	50.53	350m: 5:45.51	50.20	550m: 9:08.31	50.80	750m: 12:29.18	49.67
	200m: 3:13.79	50.90	400m: 6:36.30	50.79	600m: 9:58.90	50.59	800m: 13:12.97	43.79
4.	Jacqueline Brouwer	ZV De Bron	14:45.61	196100296	15:07.44	+1,19		
	50m: 47.04	47.04	250m: 4:27.10	57.84	450m: 8:19.85	58.16	650m: 12:14.36	58.08
	100m: 1:38.14	51.10	300m: 5:25.19	58.09	500m: 9:18.94	59.09	700m: 13:12.79	58.43
	150m: 2:31.97	53.83	350m: 6:23.65	58.46	550m: 10:17.31	58.37	750m: 14:12.06	59.27
	200m: 3:29.26	57.29	400m: 7:21.69	58.04	600m: 11:16.28	58.97	800m: 15:07.44	55.38

Masters 60+

1.	Conny Boer-Buys	ZVVS	11:13.35	195000006	11:39.68	+1,04		
	50m: 38.63	38.63	250m: 3:35.95	44.98	450m: 6:34.77	44.20	650m: 9:31.81	44.30
	100m: 1:21.43	42.80	300m: 4:21.00	45.05	500m: 7:18.89	44.12	700m: 10:15.90	44.09
	150m: 2:06.40	44.97	350m: 5:05.60	44.60	550m: 8:03.17	44.28	750m: 10:59.00	43.10
	200m: 2:50.97	44.57	400m: 5:50.57	44.97	600m: 8:47.51	44.34	800m: 11:39.68	40.68
2.	Ineke Meijer	HZ&PC Heerenveen	13:49.83	195200034	14:02.91	+1,12		
	50m: 47.29	47.29	250m: 4:18.16	53.49	450m: 7:53.64	53.87	650m: 11:27.48	53.48
	100m: 1:38.01	50.72	300m: 5:12.06	53.90	500m: 8:47.06	53.42	700m: 12:20.98	53.50
	150m: 2:30.96	52.95	350m: 6:05.87	53.81	550m: 9:40.68	53.62	750m: 13:14.04	53.06
	200m: 3:24.67	53.71	400m: 6:59.77	53.90	600m: 10:34.00	53.32	800m: 14:02.91	48.87
3.	Gonnie Bak	PSV	15:19.18	195100064	15:22.88	+1,12		
	50m: 51.86	51.86	250m: 4:43.09	58.94	450m: 8:36.79	59.47	650m: 12:31.56	59.41
	100m: 1:47.72	55.86	300m: 5:40.51	57.42	500m: 9:34.59	57.80	700m: 13:28.98	57.42
	150m: 2:44.77	57.05	350m: 6:39.29	58.78	550m: 10:33.09	58.50	750m: 14:27.45	58.47
	200m: 3:44.15	59.38	400m: 7:37.32	58.03	600m: 11:32.15	59.06	800m: 15:22.88	55.43

Masters 65+

1.	Matty van der Veen	Old Dutch	14:23.50	194400020	14:45.54	+1,16		
	50m: 49.08	49.08	250m: 4:21.13	53.69	450m: 8:02.93	55.82	650m: 11:52.53	57.96
	100m: 1:39.81	50.73	300m: 5:15.33	54.20	500m: 8:59.93	57.00	700m: 12:50.42	57.89
	150m: 2:33.22	53.41	350m: 6:10.76	55.43	550m: 9:57.43	57.50	750m: 13:47.95	57.53
	200m: 3:27.44	54.22	400m: 7:07.11	56.35	600m: 10:54.57	57.14	800m: 14:45.54	57.59
2.	Annie Smits	PSV	15:13.15	194600016	15:58.21	+1,32		
	50m: 52.77	52.77	250m: 4:40.41	56.67	450m: 8:26.60	56.36	650m: 12:12.36	54.90
	100m: 1:49.71	56.94	300m: 5:37.00	56.59	500m: 9:23.53	56.93	700m: 13:08.98	56.62
	150m: 2:46.89	57.18	350m: 6:33.66	56.66	550m: 10:20.68	57.15	750m: 14:05.60	56.62
	200m: 3:43.74	56.85	400m: 7:30.24	56.58	600m: 11:17.46	56.78	800m: 14:58.21	52.61

Masters 75+

1.	Lottie Geurts	PSV	14:59.75	193500006	15:08.79	+1,23		
	<i>Nederlands Masters Record</i>							
	50m: 51.44	51.44	250m: 4:39.06	58.42	450m: 8:31.81	58.31	650m: 12:21.65	57.72
	100m: 1:46.93	55.49	300m: 5:37.52	58.46	500m: 9:29.17	57.36	700m: 13:20.13	58.48
	150m: 2:43.36	56.43	350m: 6:35.09	57.57	550m: 10:26.45	57.28	750m: 14:16.62	56.49
	200m: 3:40.64	57.28	400m: 7:33.50	58.41	600m: 11:23.93	57.48	800m: 15:08.79	52.17

Programmanr. 2, Dames, 800m vrije slag, Masters 75+

rang	naam	vereniging	inschrijftijd		startnr.	tijd		RT
2.	Annie de Vos <i>400 en 800m*</i>	Old Dutch	17:38.97		193400004	17:51.67		
	50m: 56.67	56.67	250m: 5:26.50	1:08.76	450m: 9:58.73	1:07.26	650m: 14:28.16	1:07.48
	100m: 2:01.87	1:05.20	300m: 6:35.76	1:09.26	500m: 11:06.39	1:07.66	700m: 15:36.28	1:08.12
	150m: 3:09.54	1:07.67	350m: 7:44.04	1:08.28	550m: 12:13.49	1:07.10	750m: 16:44.54	1:08.26
	200m: 4:17.74	1:08.20	400m: 8:51.47	1:07.43	600m: 13:20.68	1:07.19	800m: 17:51.67	1:07.13
BM	Laura Oosterbroek	De Rijn	10:32.73		198803264	10:19.00		+0,67
	50m: 33.23	33.23	250m: 3:07.09	38.69	450m: 5:46.07	39.59	650m: 8:24.01	38.81
	100m: 1:11.12	37.89	300m: 3:46.40	39.31	500m: 6:26.02	39.95	700m: 9:03.07	39.06
	150m: 1:49.62	38.50	350m: 4:26.42	40.02	550m: 7:05.30	39.28	750m: 9:41.59	38.52
	200m: 2:28.40	38.78	400m: 5:06.48	40.06	600m: 7:45.20	39.90	800m: 10:19.00	37.41
BM	Melanie Kuiper	Zignea	NT		197600350	10:36.36		
	50m: 34.98	34.98	250m: 3:12.70	40.09	450m: 5:55.45	40.73	650m: 8:37.86	40.33
	100m: 1:13.10	38.12	300m: 3:53.10	40.40	500m: 6:35.98	40.53	700m: 9:18.26	40.40
	150m: 1:52.44	39.34	350m: 4:33.95	40.85	550m: 7:16.80	40.82	750m: 9:58.36	40.10
	200m: 2:32.61	40.17	400m: 5:14.72	40.77	600m: 7:57.53	40.73	800m: 10:36.36	38.00

2 - ONMK 2012 kb sessie 2

27-01-2012 - 14:00

Programmanr. 3
27-01-2012 - 14:00

4 x 200m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd						tijd	RT	
100+, Dames										
1.	DAW 1	DAW	9:58.31						9:47.02	+0,96
	<i>Nederlands Masters Record</i>									
	Laura Badoux	82	+0,96	31.59	1:06.68	1:42.73	2:19.37	2:19.37		
	Channe Noort	86	+0,33	33.63	1:11.67	1:51.18	2:31.32	2:31.32		
	Sandra Pannekeet	84	+0,52	31.29	1:09.15	1:51.36	2:34.78	2:34.78		
	Sandra Zwaanswijk	85	+0,37	31.51	1:07.05	1:43.83	2:21.55	2:21.55		
2.	WVZ 1	WVZ	10:16.28						10:26.55	+1,00
	Monique Pronk	88	+1,00	33.46	1:11.12	1:50.96	2:30.50	2:30.50		
	Tessa Verheijdt	89	+0,58	37.97	1:19.91	2:02.98	2:44.33	2:44.33		
	Lisette Prins	88	+0,20	34.34	1:13.16	1:54.12	2:34.74	2:34.74		
	Yvonne Gerritsen	80	+0,33	34.50	1:14.33	1:55.78	2:36.98	2:36.98		
100+, Heren										
1.	D'Elft WAVE (SG) 1	D'Elft WAVE (SG)	8:40.90						8:41.64	+0,76
	<i>Kampioenschaps Record</i>									
	Victor den Heijer	83	+0,76	28.49	1:02.36	1:37.84	2:12.62	2:12.62		
	Marc Verhaeg	89	+0,34	29.46	1:03.74	1:39.96	2:17.14	2:17.14		
	Lennart Middel	85	+0,50	30.10	1:03.33	1:36.76	2:09.64	2:09.64		
	Erik Simons	89	+0,40	26.58	56.98	1:29.46	2:02.24	2:02.24		
100+, Gemengd										
1.	De Zwoer 1	De Zwoer	9:17.04						9:55.33	+0,80
	<i>Nederlands Masters Record</i>									
	Suzanne Lange	92	+0,80	30.42	1:04.98	1:39.96	2:13.79	2:13.79		
	Joan Mulder	64	+0,30	35.70	1:16.71	2:07.77	3:03.99	3:03.99		
	Sigrid Dogger	92	+0,59	31.65	1:07.75	1:45.25	2:22.03	2:22.03		
	Dennis de Groot	83	+0,53	31.10	1:06.18	1:41.25	2:15.52	2:15.52		
2.	De Schotejil 1	De Schotejil	9:38.89						9:57.38	+0,72
	Susanne van Hooven	68	+0,72	34.63	1:13.59	1:54.59	2:37.20	2:37.20		
	Niels Albrechts	88	+0,21	33.13	1:09.66	1:47.17	2:23.71	2:23.71		
	Martijn van Hoorn	89	+0,60	30.89	1:06.11	1:42.50	2:18.48	2:18.48		
	Whitley Rens	90	+0,27	35.58	1:15.74	1:57.20	2:37.99	2:37.99		
3.	De Duinkickers 1	De Duinkickers	9:49.71						10:04.05	+0,76
	Remko Hooft	87	+0,76	30.23	1:04.39	1:38.33	2:11.67	2:11.67		
	Eline Schoenmaker	90	+0,46	36.99	1:19.30	2:01.30	2:42.41	2:42.41		
	Marcel Brittijn	69	+0,55	35.47	1:16.63	2:00.93	2:42.69	2:42.69		
	Maaikje de Boer	90	+0,75	33.23	1:10.85	1:49.71	2:27.28	2:27.28		
120+, Heren										
1.	De Futen 1	De Futen	8:57.40						9:01.74	+0,96
	<i>Nederlands Masters Record</i>									
	André Koster	76	+0,96	30.98	1:06.40	1:44.14	2:19.92	2:19.92		
	Erwin Zuidervelt	75	+0,64	31.31	1:06.26	1:42.40	2:18.18	2:18.18		
	Arnold de Rover	64	+0,47	29.97	1:03.04	1:36.42	2:10.95	2:10.95		
	Mike Hereijgers	85	+0,35	29.54	1:02.95	1:37.87	2:12.69	2:12.69		
2.	DAW 1	DAW	9:31.00						9:25.11	+0,90
	Ron Langelaan	78	+0,90	30.57	1:05.53	1:43.37	2:22.01	2:22.01		
	Hans Schoenmakers	69	+0,51	32.24	1:09.53	1:48.27	2:26.47	2:26.47		
	Jeroen Vogelsang	80	+0,59	31.62	1:07.34	1:46.24	2:24.26	2:24.26		
	Kars Luttk	78	+0,45	29.87	1:03.32	1:37.97	2:12.37	2:12.37		

Programmanr. 3, 4 x 200m vrije slag

120+, Gemengd

1.	OEZA 1	OEZA		9:27.29				9:29.73	+0,92
	<i>Nederlands Masters Record</i>								
	Mariska Stins	84	+0,92	34.30	1:13.34	1:54.97	2:37.39	2:37.39	
	Marina van Stavereen	78	+0,41	32.16	1:08.75	1:49.43	2:31.33	2:31.33	
	Paul Oudendijk	81	+0,31	29.47	1:03.22	1:38.28	2:12.63	2:12.63	
	Martijn Butter	79	+0,50	29.52	1:01.82	1:34.60	2:08.38	2:08.38	
2.	't Tolhekke 1	't Tolhekke		10:27.15				10:16.48	+0,86
	Mark van Damme	91	+0,86	33.45	1:10.67	1:49.48	2:27.68	2:27.68	
	Wilna Heijman	64	+0,48	36.08	1:16.21	1:57.85	2:39.91	2:39.91	
	Lars Erik Beute	86	+0,34	31.35	1:07.73	1:46.87	2:26.79	2:26.79	
	Anneke Veenstra	79	+0,58	35.42	1:16.34	1:59.47	2:42.10	2:42.10	

160+, Heren

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		10:37.36				11:12.86	+1,09
	Gerard Eghuizen	74	+1,09	33.66	1:11.25	1:51.44	2:27.17	2:27.17	
	Arnold Jonker	70	+0,93	38.30	1:22.27	2:10.20	2:58.27	2:58.27	
	Jan van der Heide	51	+0,95	40.65	1:25.68	2:15.23	3:03.95	3:03.95	
	Pieter Ponne	76	+0,46	37.11	1:17.73	2:00.37	2:43.47	2:43.47	

160+, Gemengd

1.	PLONS 1	PLONS		10:09.89				10:41.66	+0,84
	<i>Kampioenschaps Record</i>								
	Anja Reinhard	70	+0,84	38.24	1:20.95	2:04.94	2:47.93	2:47.93	
	Inge Wolfs	60	+0,51	42.94	1:30.67	2:20.09	3:09.66	3:09.66	
	Richard Broer	59	+0,86	33.39	1:09.65	1:48.22	2:25.11	2:25.11	
	Stan Dekker	79	+0,54	32.10	1:07.62	1:43.45	2:18.96	2:18.96	

200+, Dames

1.	PSV 1	PSV		11:33.08				11:38.84	+0,55
	<i>Nederlands Masters Record</i>								
	Gudule van der Meer	72	+0,55	32.41	1:10.36	1:49.22	2:28.15	2:28.15	
	Annie Smits	46	+0,62	48.00	1:41.41	2:35.77	3:28.30	3:28.30	
	Lottie Geurts	35	+0,70	46.80	1:38.21	2:31.10	3:19.94	3:19.94	
	Liselotte Joling	75	+0,65	32.45	1:10.07	1:46.85	2:22.45	2:22.45	

200+, Gemengd

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen		10:34.29				10:40.31	+0,93
	<i>Nederlands Masters Record</i>								
	René Beetsma	69	+0,93	30.62	1:04.14	1:38.77	2:13.08	2:13.08	
	Ineke Meijer	52	+0,68	42.91	1:32.20	2:24.01	3:14.24	3:14.24	
	Pia van der Molen	60	+0,35	39.14	1:23.81	2:10.60	2:57.24	2:57.24	
	Marten de Groot	58	+0,43	30.91	1:06.15	1:41.41	2:15.75	2:15.75	

280+, Dames

1.	Old Dutch 1	Old Dutch		16:37.71				16:39.99	
	<i>Nederlands Masters Record</i>								
	Truus Ruiters	40	+1,07	52.82	1:54.52	2:58.07	4:02.65	4:02.65	
	Matty van der Veen	44	+0,88	48.76	1:40.94	2:36.37	3:32.55	3:32.55	
	Tineke de Bueger	37	+0,68	1:05.28	2:18.57	3:34.51	4:51.80	4:51.80	
	Annie de Vos	34	+0,73	57.31	2:01.81	3:07.65	4:12.99	4:12.99	

Programmanr. 5
27-01-2012 - 14:33

Heren, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Emile Manni <i>Kampioenschaps Record</i>	Octopus	2:14.20 199001901	2:13.61	+0,64	29.86	1:04.01	1:38.82	2:13.61
2. Maik Steenkamp	NDD	2:19.29 199103847	2:22.47	+0,80	31.74	1:08.47	1:44.95	2:22.47
3. Tim Bunnik	Triton	2:30.74 199000505	2:30.22	+0,94	31.17	1:08.44	1:48.45	2:30.22
4. Davy Hermans	Scheldestroom	2:40.55 199103913	2:37.38	+0,86	33.47	1:11.66	1:53.24	2:37.38
5. Rick Hellenbrand	HGN (SG)	2:36.47 198901173	2:42.01	+0,63	35.08	1:16.08	1:58.45	2:42.01
6. Kevin Dieker	Montferland	3:02.26 199100461	2:55.48	+0,59	34.11	1:17.34	2:06.52	2:55.48
Masters 25+								
1. Raymond van de Merwe WVZ <i>Nederlands Masters Record</i>		2:05.00 198602077	2:07.43	+0,78	28.18	1:00.35	1:33.24	2:07.43
2. Remco van Althuis	SBC2000	2:24.67 198300029	2:25.06	+0,92	31.37	1:08.05	1:46.67	2:25.06
3. Rick Driezen	Steenwijk 1934	2:21.02 198600713	2:25.51	+0,96	31.27	1:07.20	1:45.04	2:25.51
Masters 30+								
1. Carl Knelange	Zwemlust-den Hommel	2:33.66 198000795	2:36.51	+0,95	33.21	1:12.60	1:54.55	2:36.51
2. Jeroen Vogelsang	DAW	2:48.05 198001645	2:56.33	+1,00	38.91	1:22.50	2:09.39	2:56.33
Masters 40+								
1. René Beetsma	HZ&PC Heerenveen	2:23.46 196900069	2:28.25	+0,59	32.61	1:10.80	1:49.92	2:28.25
2. Frank v Nobelen	Sassenheim	2:34.73 196900753	2:39.69	+0,93	33.67	1:13.43	1:55.86	2:39.69
3. Heiner Stevens	Zignea	2:53.23 197201299	2:55.51	+0,95	33.59	1:15.80	2:02.68	2:55.51
Masters 45+								
1. Fred Heemstra	DAW	2:47.19 196500357	2:50.48	+0,97	35.17	1:16.45	2:02.50	2:50.48
2. Eric Smits <i>50 en 100m*</i>	Z&PC De Gouwe	3:00.76 196501453	3:14.58	+0,70	39.30	1:28.04	2:21.35	3:14.58
Masters 50+								
1. Hugo Bregman	WVZ	2:12.90 195800069	2:26.52	+0,86	32.23	1:09.32	1:47.62	2:26.52
2. Johan Remmits	One Team Swimming	2:37.37 196201159	2:36.71	+0,83	33.11	1:12.51	1:54.35	2:36.71
3. Ron van Vliet	De Zeeuwse Kust (SG)	2:50.84 196100849	2:48.53	+1,00	34.69	1:16.61	2:01.16	2:48.53
Masters 65+								
1. Rob Hanou <i>100m*</i>	PSV	3:19.66 194300109	3:37.99	+1,22	45.57	1:42.23	2:40.82	3:37.99
Masters 70+								
1. Nico Geers	Z&PC De Gouwe	3:44.08 193800007	3:53.15	+1,26	50.92	1:51.33	2:51.78	3:53.15
BM Philip Smans	ShaRK	NT ShaRK/077/70	2:23.46	+0,56	31.07	1:06.13	1:43.10	2:23.46

Programmanr. 6
27-01-2012 - 14:44

Dames, 200m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Yvon Versteeg	De Veene	2:34.91 199201864	2:32.78	+0,67	32.07	1:10.29	1:51.06	2:32.78
<i>Kampioenschaps Record</i>								
2. Jen-Ai van Soelen	Zuiderzeezwemmers	2:39.98 199003510	2:41.66	+0,78	32.09	1:10.13	1:53.27	2:41.66
3. Laura Oosterbroek	De Rijn	2:48.74 198803264	2:42.81	+0,72	34.05	1:14.69	1:58.29	2:42.81
4. Cindy Hendriks	Hydrofiel	2:46.26 199207672	2:44.29	+0,84	34.26	1:13.27	1:57.26	2:44.29
5. Danielle Scheepers	Njord	2:54.47 199005428	2:45.91	+0,76	34.33	1:15.61	2:00.91	2:45.91
6. Nanda de Vries	HZ&PC Heerenveen	2:42.55 199204328	2:47.18	+0,81	34.25	1:16.19	2:01.54	2:47.18
7. Whitley Rens	De Schoteijl	2:56.10 199007520	3:05.06	+0,87	39.75	1:26.80	2:16.19	3:05.06
DIS René Kleinveld	One Team Swimming	3:09.00 199001966		AA				

Masters 25+

1. Nadya Putter	ZVVS	2:35.30 198301630	2:33.03	+0,83	34.18	1:12.07	1:50.76	2:33.03
2. Miriam Visserman	Octopus	2:56.78 198704364	2:57.52	+0,53	35.85	1:19.38	2:07.23	2:57.52
3. Liset de Veer	Aqua-Novio'94	3:03.49 198704190	3:05.66	+0,72	38.58	1:25.42	2:14.86	3:05.66
4. Annette Vogelsang	ZV De Bron	3:15.11 198402632	3:11.33	+0,93	38.50	1:25.36	2:18.44	3:11.33
5. Maaïke van Diggele	ZPB H&L Productions	3:08.02 198700868	3:12.22	+0,82	37.44	1:23.29	2:17.09	3:12.22
6. Margriet Aan het Rot	Octopus	3:17.64 198603088	3:19.17	+0,93	41.28	1:30.65	2:23.92	3:19.17
<i>100m*</i>								

Masters 30+

1. Roos van Esch	TRB-RES	2:36.62 198200468	2:44.84	+0,98	35.38	1:15.68	1:59.18	2:44.84
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Masters 35+

1. Natacha Van Hoof	ShaRK	3:33.53 ShaRK/260/73	3:28.33	+0,95	46.09	1:39.09	2:34.09	3:28.33
2. C. van Bruxvoort	ZPB H&L Productions	4:01.45 197700138	3:55.40	+1,00	49.80	1:50.27	2:53.78	3:55.40

Masters 45+

1. Karin van den Heuvel	Old Dutch	3:12.50 196600188	3:12.05	+0,97	42.04	1:31.20	2:21.92	3:12.05
2. Hetty Smalheer	SCOM	3:27.43 196700352	3:27.06	+1,02	46.66	1:39.99	2:33.39	3:27.06
<i>100m*</i>								
3. Hanny Rotteveel	Zignea	3:18.44 196600538	3:29.74	+1,04	40.13	1:34.02	2:30.38	3:29.74
DIS Caroline Schreuder	Triton	3:16.39 196700550	3:22.88	VB +0,86	39.98	1:29.71	2:23.91	3:22.88
<i>50, 100 en 200m*</i>								

Masters 50+

1. Mathilde Vink	Swol 1894	2:45.65 195800128	2:50.47	+1,16	38.62	1:21.91	2:05.59	2:50.47
<i>50 en 100m*</i>								
2. M. Grove-Lingeman	Oceanus	2:52.35 196200080	2:55.36	+0,91	39.28	1:23.97	2:09.68	2:55.36

Programmanr. 7
27-01-2012 - 14:56

Heren, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Dennis Wijbenga	Stadskanaal	2:22.37 199003283	2:25.05	+0,82	32.83	1:10.62	1:48.18	2:25.05
2. Marcel Noordermeer	ZOB'66	2:30.88 199003455	2:35.08	+0,70	35.04	1:14.39	1:54.70	2:35.08
3. Erik Simons	D'Eift WAVE (SG)	2:34.83 198902845	2:37.52	+0,90	35.03	1:16.30	1:57.21	2:37.52
4. Maik Steenkamp	NDD	2:35.31 199103847	2:38.37	+0,79	36.90	1:17.60	1:58.12	2:38.37
5. Mark van Damme	't Tolhekke	2:52.10 199100435	2:50.33	+0,81	37.83	1:20.28	2:06.63	2:50.33

Programmanr. 7, Heren, 200m schoolslag

Masters 25+

1. Albert van Piekeren	Octopus	2:32.75	198401767	2:31.13	+0,91	33.80	1:11.68	1:50.61	2:31.13
2. Kristiaan Lenos	LZ 1886	2:29.68	198301331	2:34.60	+0,96	33.52	1:12.28	1:52.68	2:34.60
3. Remko Hoof	De Duinkickers	2:35.29	198701405	2:37.77	+0,74	35.30	1:16.49	1:58.00	2:37.77
4. Stefan van der Griff	Octopus	2:37.32	198701121	2:39.96	+0,91	35.49	1:16.11	1:57.19	2:39.96
5. Dennis Klop	De Biesboschwimmers	2:57.39	198302643	2:56.88	+0,82	39.18	1:23.83	2:10.92	2:56.88
6. Sebastiaan Baars	WS Twente	2:52.26	198300053	2:57.69	+0,63	39.37	1:23.85	2:10.20	2:57.69
7. Harmen Reemst	ZOB'66	2:53.54	198702715	2:59.87	+0,89	38.84	1:23.97	2:10.93	2:59.87

Masters 30+

1. Evgeny Ryzhov	All Stars	2:27.62	102628	2:24.59	+0,79	32.29	1:08.47	1:45.90	2:24.59
2. Ron Langelaan	DAW	2:35.81	197800643	2:33.57	+0,91	34.61	1:13.92	1:53.35	2:33.57
3. Freddie Geerlings	HGN (SG)	2:33.26	197900379	2:37.17	+1,01	34.98	1:13.93	1:54.99	2:37.17

Masters 35+

1. André Koster	De Futen	2:50.48	197601465	2:50.12	+0,96	37.91	1:21.48	2:05.94	2:50.12
2. Kasper van den Berghe	Swol 1894	3:02.85	197301125	2:58.14	+0,91	40.14	1:25.44	2:11.85	2:58.14
DIS Jiri Geers	AZK	2:27.08	AZK/011/74	2:32.65	SK +0,77	33.74	1:12.18	1:52.45	2:32.65

Masters 40+

1. Harry Cornet	De Biesboschwimmers	2:34.72	197100175	2:36.68	+0,86	33.83	1:13.24	1:54.00	2:36.68
2. Marcel van Winssen	De Gelenberg	2:37.88	197101477	2:41.34	+0,72	35.87	1:16.57	1:58.25	2:41.34
3. Richard Ricksen	HGN (SG)	2:43.87	197000841	2:51.82	+0,92	38.07	1:22.54	2:07.54	2:51.82
4. Hans Schoenmakers	DAW	2:54.83	196900863	2:55.03	+0,87	38.93	1:24.30	2:10.48	2:55.03
5. Heiner Stevens	Zignea	2:52.42	197201299	3:00.10	+1,01	39.82	1:25.84	2:13.21	3:00.10
6. Erik de Bruijne	De Schelde	3:13.85	197201417	3:04.54	+0,96	41.60	1:28.00	2:17.30	3:04.54
7. David van 't Hoof	PSV	3:37.65	196901595	3:34.68	+0,92	46.70	1:40.28	2:37.84	3:34.68

Masters 45+

1. Cees van Houwelingen	De Schelde	2:37.52	196300351	2:40.62	+0,88	35.16	1:15.44	1:57.41	2:40.62
2. Arnold de Rover	De Futen	2:48.51	196400645	2:57.52	+1,00	40.44	1:24.81	2:11.00	2:57.52
3. Huyb Stegeman	Steenwijk 1934	3:24.51	196701535	3:11.37	+1,07	41.05	1:29.56	2:20.93	3:11.37
DIS Gert Sikkema	Zignea	2:43.34	196300687						AA

Masters 50+

1. Ralph Caster	RZ	2:51.46	196100069	2:49.71	+0,92	38.76	1:21.88	2:05.15	2:49.71
2. Ronald Grove	Oceanus	2:53.26	196100161	2:53.34	+0,78	38.34	1:22.53	2:07.72	2:53.34
3. Ron Phaff	PSV	2:58.26	196200495	2:58.69	+0,57	40.07	1:25.40	2:11.28	2:58.69
4. Bart van Calker	WS Twente	3:19.92	196100067	3:20.30	+1,03	45.99	1:36.86	2:29.23	3:20.30
5. Herbert Katgert	WS Twente	3:35.66	195900739	3:33.42	+1,20	47.14	1:40.19	2:37.15	3:33.42

Masters 55+

1. Paul Bunnik	Triton	3:06.66	195600413	3:15.65	+1,01	42.13	1:31.13	2:23.57	3:15.65
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Masters 60+

1. Piet Schop	De Bevelanders	3:17.83	195000109	3:16.48	+0,86	42.91	1:32.48	2:24.76	3:16.48
2. Jan van der Heide	HZ&PC Heerenveen	3:44.17	195100059	3:45.98	+1,33	50.22	1:46.31	2:46.25	3:45.98

Masters 65+

1. Donald Uijtenbogaart	Het Y	3:04.92	194700107	3:09.66	+0,57	43.87	1:31.75	2:20.74	3:09.66
2. Ruud Sloof	De Rijn	3:33.48	194400073	3:36.29	+1,22	49.24	1:44.48	2:41.13	3:36.29

Programmanr. 7, Heren, 200m schoolslag

Masters 70+

1. Nico Baay	Old Dutch	3:34.78	194200053	3:34.76	+0,90	47.90	1:41.74	2:38.47	3:34.76
<i>Nederlands Masters Record</i>									
2. Gustave Lempereur	CHAT	3:41.63	CHAT/099/42	3:37.64	+1,17	49.49	1:44.50	2:41.19	3:37.64
<i>BEL Masters Record</i>									
3. Wieger Mensonides	NZ&PC	3:40.04	193800035	3:41.55	+1,04	48.62	1:46.29	2:45.28	3:41.55
<i>50m*</i>									

Masters 75+

1. Jan Eichhorn	ZV Haerlem	3:57.69	193700015	4:03.48	+1,35	54.57	1:56.13	2:59.95	4:03.48
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Masters 80+

1. Georges Verhelst	KRZ	4:10.07	RZV/160/31	4:26.37	+1,41	59.55	2:07.56	3:16.78	4:26.37
<i>Kampioenschaps Record</i>									

Programmanr. 8
27-01-2012 - 15:19

Dames, 200m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
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Masters 20+

1. Stephanie Rombout	De Zeeuwse Kust (SG)	2:43.52	198803696	2:46.48	+0,82	36.39	1:18.61	2:02.92	2:46.48
2. Rosanne de Boer	LZ 1886	2:48.64	199104060	2:53.37	+0,89	39.69	1:23.98	2:08.60	2:53.37
3. Elmi Roelofsen	ZVV	2:54.57	199008198	2:58.60	+0,98	38.74	1:23.15	2:10.19	2:58.60
4. Monique Pronk	WVZ	2:59.20	198803528	3:01.41	+0,90	40.40	1:26.38	2:13.74	3:01.41
5. Maaïke de Boer	De Duinkickers	2:58.62	199000362	3:01.68	+0,89	40.98	1:26.80	2:14.44	3:01.68
6. Esther van Maastricht	Montferland	2:56.96	198802836	3:03.03	+0,53	41.97	1:29.64	2:17.09	3:03.03
7. Annemarie Crok	OEZA	3:05.90	198900828	3:07.64	+0,75	42.37	1:29.41	2:18.03	3:07.64
8. Marijke Pras	GZVW	3:05.69	199203700	3:14.71	+1,22	43.30	1:33.33	2:23.71	3:14.71
9. Liesbeth Bruinekoel	Zuiderzeewemmers	5:05.95	199007958	5:05.47	+0,92	1:11.01	2:29.38	3:47.60	5:05.47

Masters 25+

1. Margriet Aan het Rot	Octopus	3:14.00	198603088	3:21.53	+0,97	45.74	1:36.60	2:29.49	3:21.53
2. Dorien Vasseur	Scheldestroom	3:42.31	198704164	3:36.43	+1,08	48.18	1:43.05	2:39.59	3:36.43

Masters 30+

1. Laura Badoux	DAW	2:44.91	198200038	2:45.75	+0,69	37.04	1:19.34	2:02.92	2:45.75
<i>Nederlands Masters Record, tt 100m KR</i>									
2. Yvonne Gerritsen	WVZ	3:01.48	198000342	3:12.85	+0,97	44.49	1:33.72	2:24.32	3:12.85
3. Anneke Veenstra	't Tolhekke	3:17.57	197900882	3:21.22	+1,00	44.22	1:35.08	2:27.84	3:21.22
4. Martine Varwijk	Montferland	4:42.27	198202392	4:44.30	+1,20	1:00.36	2:14.02	3:31.15	4:44.30

Masters 35+

1. Liselotte Joling	PSV	3:02.61	197500268	3:03.14	+0,67	42.22	1:28.89	2:17.22	3:03.14
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Masters 40+

1. Karin Stein	ZVVS	2:51.89	197100554	2:54.21	+0,83	40.45	1:24.85	2:10.12	2:54.21
2. Gudule van der Meer	PSV	3:01.29	197200396	3:03.85	+0,85	42.27	1:29.31	2:16.39	3:03.85

Programmanr. 8, Dames, 200m schoolslag

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzwemmers	2:58.79	196700528	3:04.87	+0,83	42.29	1:29.46	2:17.08	3:04.87
2. Karin van den Heuvel	Old Dutch	3:17.02	196600188	3:22.40	+1,00	46.77	1:38.40	2:30.55	3:22.40
3. Friderika Kerekes	AZ&PC	3:31.72	196500540	3:39.54	+1,15	48.27	1:43.49	2:40.55	3:39.54
4. Ina van Beusekom	Van Vliet-Barracuda	3:39.36	196400480	3:42.56	+1,06	50.71	1:47.74	2:44.49	3:42.56
5. Alie Visser	HZ&PC Heerenveen	3:46.22	196400494	3:48.75	+0,56	50.89	1:49.61	2:49.55	3:48.75
6. Ingeborg Stokx	DAW	3:54.10	196700666	3:53.00	+1,06	52.40	1:52.64	2:53.54	3:53.00

100m*

Masters 50+

1. Marijke van Hoek	De Zeeuwse Kust (SG)	3:27.16	195800050	3:31.68	+0,86	47.96	1:41.73	2:37.21	3:31.68
2. Marjan Spoelstra	Swol 1894	3:46.09	196000236	3:45.76		51.11	1:48.38	2:47.31	3:45.76
3. Jacqueline Brouwer	ZV De Bron	4:15.77	196100296	4:17.60	+1,02	59.87	2:04.40	3:13.29	4:17.60
4. Mies Kuipers	Old Dutch	4:08.99	195800202	4:18.52	+1,01	1:00.97	2:07.12	3:14.98	4:18.52

Masters 55+

1. Elly Kiestra-Broertjes	Zignea	3:58.39	195600100	3:53.92	+1,05	52.11	1:51.01	2:54.74	3:53.92
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Masters 60+

1. Gonnje Bak	PSV	3:57.46	195100064	3:57.14	+0,97	56.27	1:57.95	3:00.41	3:57.14
2. Tineke van Diggelen	Oceanus	3:58.70	195200048	4:04.23	+1,09	55.26	1:58.37	3:00.87	4:04.23

Masters 65+

1. Matty van der Veen	Old Dutch	3:55.80	194400020	4:07.32	+1,15	58.26	2:01.74	3:04.01	4:07.32
2. Loekie v. Huissteden	AZ&PC	4:23.95	194500002	4:18.24	+1,36	1:00.60	2:07.24	3:13.46	4:18.24

Masters 75+

1. Tineke de Bueger	Old Dutch	4:38.95	193700010	4:53.86	+1,20	1:07.96	2:23.90	3:38.87	4:53.86
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Kampioenschaps Record

Masters 80+

1. Anneke Logtenberg	OZ&PC	5:51.12	192900004	5:50.96	+1,18	1:14.63	2:45.15	4:22.33	5:50.96
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100m*

Programmanr. 9
27-01-2012 - 15:43

Heren, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Tim Bunnik	Triton	2:05.51	199000505	2:08.70	+1,04	28.52	1:01.33	1:35.42	2:08.70
2. Rick Hellenbrand	HGN (SG)	2:16.73	198901173	2:17.02	+0,62	32.09	1:06.70	1:42.37	2:17.02
3. Davy Hermans	Scheldestroom	2:14.96	199103913	2:17.10	+0,90	30.37	1:04.27	1:40.31	2:17.10
4. Roel van Beek	Montferland	2:36.45	198905861	2:22.07	+0,51	32.26	1:08.22	1:46.32	2:22.07
Masters 25+									
1. Kristiaan Lenos	LZ 1886	1:58.20	198301331	2:02.50	+0,95	27.31	57.66	1:29.59	2:02.50
2. Remco van Althuis	SBC2000	2:07.04	198300029	2:07.46	+0,92	28.36	1:00.45	1:34.22	2:07.46
3. Rick Driezen	Steenwijk 1934	2:05.92	198600713	2:09.02	+0,91	29.96	1:02.08	1:35.28	2:09.02
4. Mike Hereijgers	De Futen	2:10.58	198501007	2:12.95	+0,87	28.86	1:01.98	1:37.06	2:12.95
5. Hans de Korte	De Rijn	2:14.50	198601705	2:16.63	+0,80	31.17	1:05.86	1:41.85	2:16.63
6. Sebastiaan Baars	WS Twente	2:20.45	198300053	2:21.85	+0,63	31.68	1:07.48	1:44.50	2:21.85
7. Lars Erik Beute	't Tolhekke	2:27.43	198600227	2:25.74	+0,96	32.28	1:09.68	1:48.35	2:25.74
8. Erik van der Zeijden	RZ	2:29.44	198604569	2:29.40	+0,92	33.18	1:10.20	1:49.93	2:29.40

Programmanr. 9, Heren, 200m vrije slag

Masters 30+

1. Nol van Thull	ZOB'66	1:59.08	198001513	1:59.20	+0,87	27.32	56.59	1:26.93	1:59.20
2. Martijn Butter	OEZA	2:08.41	197900231	2:06.74	+0,91	29.15	1:01.17	1:34.24	2:06.74
3. Jeroen Vogelsang	DAW	2:20.24	198001645	2:21.18	+0,93	31.90	1:06.75	1:43.98	2:21.18

Masters 35+

1. Ivo Roozeboom	WVZ	2:01.67	197700801	2:08.39	+0,89	28.35	1:00.94	1:34.81	2:08.39
2. Dennis Schouten	LZ 1886	2:17.78	197501351	2:10.56	+0,76	29.96	1:03.03	1:36.88	2:10.56
3. Jaap Bovendorp	De Zeeuwse Kust (SG)	2:22.49	197601333	2:25.89	+0,86	30.61	1:06.09	1:45.27	2:25.89

Masters 40+

1. Harry Cornet	De Biesboschwimmers	2:03.71	197100175	2:06.45	+0,83	28.42	1:00.36	1:33.38	2:06.45
2. Richard Rickson	HGN (SG)	2:08.76	197000841	2:06.70	+0,94	29.90	1:01.87	1:34.30	2:06.70
3. Marcel van Winssen	De Gelenberg	2:11.49	197101477	2:18.45	+0,94	30.81	1:05.84	1:42.67	2:18.45
4. Tiemen Stegenga	HZ&PC Heerenveen	2:27.73	197101379	2:28.20	+0,86	32.15	1:08.57	1:48.22	2:28.20
5. Dennis van Markesteyn	TZC-Vahalis	2:36.25	197201333	2:36.52	+1,01	35.49	1:14.48	1:55.28	2:36.52
6. Marcel Brittijn	De Duinkickers	2:36.34	196900159	2:45.96	+0,95	35.26	1:17.75	2:03.05	2:45.96
7. Arnold Jonker	HZ&PC Heerenveen	2:48.89	197000529	2:51.80	+0,95	38.21	1:20.63	2:05.84	2:51.80

Masters 45+

1. Cees van Houwelingen	De Schelde	2:02.63	196300351	2:04.19	+1,01	28.20	59.37	1:31.83	2:04.19
2. Geert Wijn	De Gelenberg	2:05.47	196701101	2:06.29	+0,84	28.95	1:00.56	1:33.14	2:06.29
3. Gert Sikkema	Zignea	2:12.05	196300687	2:17.77	+0,53	33.47	1:09.73	1:45.36	2:17.77
4. Pieter-Sjoerd de Wijn	Aqua-Novio'94	2:30.38	196501027	2:31.87	+0,91	35.41	1:13.92	1:53.33	2:31.87
5. Erik Saan	De Duck	2:35.75	196500769	2:39.08	+0,55	34.35	1:14.11	1:56.64	2:39.08
6. Eric Smits	Z&PC De Gouwe	2:28.99	196501453	2:39.78 *	+0,68	34.40	1:13.70	1:56.53	2:39.78
7. Casper Dollekamp	Steenwijk 1934	2:38.56	196301341	2:42.18	+0,97	35.73	1:16.02	1:59.50	2:42.18
8. Rik van Gasteren	AquAmigos	3:16.58	196401015	3:02.35	+0,63	41.94	1:27.84	2:15.14	3:02.35

Masters 50+

1. Marten de Groot	HZ&PC Heerenveen	2:11.91	195800149	2:09.22	+1,00	29.34	1:01.64	1:35.12	2:09.22
<i>Kampioenschaps Record</i>									
2. Jan Brink	De Zeeuwse Kust (SG)	2:12.25	196200091	2:13.24	+0,88	30.45	1:03.70	1:38.26	2:13.24
3. Frank Leusink	Torpedo	2:20.90	196201109	2:21.01	+0,85	31.57	1:07.51	1:44.63	2:21.01
4. Hans Roodzant	Torpedo	2:32.23	196000979	2:23.38	+0,96	34.34	1:11.08	1:46.93	2:23.38
5. Richard Broer	PLONS	2:27.57	195900077	2:23.83	+1,19	32.62	1:08.59	1:46.74	2:23.83
6. Ralph Caster	RZ	2:31.05	196100069	2:27.47	+0,86	34.11	1:11.05	1:49.25	2:27.47
7. John Albrechts	De Schoteijl	2:26.90	196000007	2:29.31	+0,88	32.86	1:09.49	1:49.08	2:29.31
8. Mark Kas	PLONS	2:29.47	196100285	2:30.56	+0,86	35.33	1:13.79	1:52.35	2:30.56
9. Jack Barends	WS Twente	2:31.89	196201011	2:34.02	+1,05	36.34	1:16.00	1:55.81	2:34.02
10. André Schutte	De Zeeuwse Kust (SG)	2:35.09	196000521	2:35.34	+0,94	34.36	1:12.16	1:53.62	2:35.34
11. Bart van Calker	WS Twente	2:34.57	196100067	2:40.64	+0,72	38.05	1:18.64	2:00.72	2:40.64
12. John Dam	Zignea	2:37.72	196000915	2:41.51	+0,61	35.44	1:15.45	1:58.30	2:41.51

Masters 55+

1. Andre Storm	Zoetermeer	2:23.58	195600407	2:22.36	+0,90	32.63	1:09.21	1:46.42	2:22.36
2. Evertjan Masurel	PSV	2:35.41	195600495	2:33.54	+0,92	33.99	1:13.75	1:54.56	2:33.54
3. Steven Miller	Westchester Masters	2:35.97	1R-02XVX	2:33.87	+0,85	36.02	1:15.15	1:55.26	2:33.87
4. Hugo Staudt	WS Twente	2:41.13	195300253	2:43.11	+0,86	36.99	1:18.29	2:01.90	2:43.11

Masters 60+

1. Brend Brevé	PSV	2:30.29	195200265	2:29.73	+0,55	34.96	1:13.24	1:53.02	2:29.73
2. Piet Schop	De Bevelanders	2:39.17	195000109	2:38.53	+0,75	35.90	1:15.50	1:57.32	2:38.53
3. Wout Hemmes	De Plons	2:51.54	194800059	2:45.21 *	+1,23	36.23	1:16.57	2:00.89	2:45.21
4. Jan van der Heide	HZ&PC Heerenveen	3:03.83	195100059	3:05.60	+1,11	40.43	1:26.73	2:16.29	3:05.60

Programmanr. 9, Heren, 200m vrije slag

Masters 65+

1. Donald Uijtenbogaart	Het Y	2:25.87	194700107	2:28.74	+0,92	35.18	1:13.31	1:51.79	2:28.74
<i>Nederlands Masters Record</i>									
2. Ruud Sloof	De Rijn	3:03.25	194400073	3:06.58	+1,16	40.67	1:28.02	2:18.99	3:06.58

Masters 70+

1. Nico Geers	Z&PC De Gouwe	2:38.47	193800007	2:47.90	+0,66	39.20	1:22.83	2:07.03	2:47.90
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Masters 75+

1. Gregor Pompen	Aqua-Novio'94	3:06.17	193700021	3:13.47	+0,54	44.15	1:32.55	2:22.94	3:13.47
<i>Kampioenschaps Record, tt 50 KR</i>									

Programmanr. 10
27-01-2012 - 16:09

Dames, 200m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Stephanie Rombout	De Zeeuwse Kust (SG)	2:09.59	198803696	2:11.25	+0,78	29.79	1:02.44	1:36.64	2:11.25
2. Yvon Versteeg	De Veene	2:11.49	199201864	2:12.44	+0,67	30.63	1:04.55	1:38.98	2:12.44
3. Lisanne Andeweg	Zuiderzeezwemmers	2:15.60	198800092	2:13.09	+0,92	31.22	1:04.89	1:39.15	2:13.09
4. Nanda de Vries	HZ&PC Heerenveen	2:16.86	199204328	2:18.53	+0,89	31.64	1:07.25	1:43.64	2:18.53
5. Danielle Scheepers	Njord	2:17.30	199005428	2:18.61	+0,81	31.37	1:05.78	1:42.00	2:18.61
6. Maaike Vooren	DAW	2:19.80	199103324	2:18.69	+0,54	32.44	1:07.15	1:42.40	2:18.69
7. Ilse van den Wijngaard	One Team Swimming	2:18.69	198904736	2:19.31	+0,74	31.30	1:06.52	1:43.17	2:19.31
8. Wendy de Bruin	ZOB'66	2:22.06	199206320	2:20.59	+0,70	32.66	1:08.35	1:45.04	2:20.59
9. Daniëlle Hoek	OEZA	2:22.21	198801790	2:20.85	+0,48	33.03	1:09.33	1:45.37	2:20.85
10. Cindy Hendriks	Hydrofiel	2:20.13	199207672	2:21.26	+0,84	32.29	1:08.64	1:45.43	2:21.26
11. Elmi Roelofsen	ZVV	2:17.58	199008198	2:21.93	+1,07	32.49	1:08.55	1:45.57	2:21.93
12. Rosanne de Boer	LZ 1886	2:14.64	199104060	2:25.31	+0,87	32.95	1:09.55	1:47.24	2:25.31
13. Sabine Lina	Aquarijn	2:17.81	198902680	2:25.41	+0,74	32.88	1:09.06	1:46.88	2:25.41
14. Kim Wijnja	De Biesboschzwemmers	2:27.32	199107812	2:26.61	+0,80	33.81	1:11.01	1:49.50	2:26.61
15. Marijke Pras	GZVW	2:31.51	199203700	2:34.89	+1,14	35.21	1:14.69	1:55.32	2:34.89
16. René Kleinveld	One Team Swimming	2:33.92	199001966	2:35.02	+0,87	35.52	1:14.35	1:55.00	2:35.02
17. Samantha van Eijk	De Geul	2:41.26	198806826	2:35.58	+0,87	36.28	1:15.89	1:56.47	2:35.58
18. Anne Volwerk	De Schotejil	2:40.04	199004032	2:37.29	+0,85	36.87	1:16.24	1:58.53	2:37.29
19. Sandra den Oudsten	GoSwim	2:39.42	198906664	2:37.87	+0,70	35.38	1:14.65	1:55.95	2:37.87
20. Fleur Maas	Zoetermeer	2:48.35	198902768	2:48.43	+0,99	36.77	1:18.85	2:03.68	2:48.43
21. Liesbeth Bruinekool	Zuiderzeezwemmers	3:53.45	199007958	4:06.95	+0,89	56.75	2:00.12	3:04.68	4:06.95

Masters 25+

1. Esther Versteeg	Van Vliet-Barracuda	2:22.80	198302112	2:20.36	+0,85	33.23	1:09.29	1:45.25	2:20.36
2. Sandra Zwaanswijk	DAW	2:23.17	198503934	2:20.48	+0,82	31.99	1:07.28	1:43.99	2:20.48
3. Annelette de Vries	De Veene	2:18.87	198603908	2:24.41	+0,92	32.32	1:08.60	1:46.19	2:24.41
4. Pauline Tieleman	De Geul	2:22.69	198403348	2:25.49	+0,63	33.26	1:09.70	1:47.79	2:25.49
5. Channe Noort	DAW	2:33.38	198605032	2:30.73	+0,82	33.57	1:11.15	1:50.80	2:30.73
6. Annette Vogelsang	ZV De Bron	2:33.20	198402632	2:34.85	+0,64	34.91	1:13.21	1:54.09	2:34.85
7. Veronique Vasseur	Scheldestroom	2:39.74	198302026	2:47.07	+0,86	35.20	1:17.21	2:02.17	2:47.07

Masters 35+

1. Janneke Harmsen	De Spatters	2:14.86	197700938	2:13.85	+0,93	31.51	1:06.05	1:40.11	2:13.85
<i>Nederlands Masters Record</i>									
2. Inez Heideman	WS Twente	2:34.15	197500198	2:25.62	+0,97	32.80	1:09.44	1:47.71	2:25.62
3. Melanie Kuiper	Zignea	2:27.82	197600350	2:27.38	+1,03	34.63	1:12.17	1:50.80	2:27.38

Programmanr. 10, Dames, 200m vrije slag

Masters 40+

1. Heidi van Stein	LZ 1886	2:23.56	196900864	2:24.21	+0,86	32.06	1:08.66	1:46.52	2:24.21
2. Annette de Visser	Oceanus	2:24.77	197100602	2:27.54	+0,88	33.96	1:11.04	1:49.56	2:27.54
3. Lisenka Kornet	One Team Swimming	2:29.17	196900914	2:28.76	+0,92	33.60	1:11.08	1:50.20	2:28.76
4. Anja Reinhard	PLONS	2:40.89	197000818	2:40.35	+0,85	36.33	1:17.45	2:00.09	2:40.35
5. Marion Broekhuis	WS Twente	2:45.36	196800060	2:44.62	+1,40	37.18	1:17.85	2:00.96	2:44.62
6. Kristien Van De Moortel	ShaRK	2:51.76	ShaRK/315/69	2:52.43	+0,85	37.53	1:22.29	2:07.58	2:52.43

Masters 45+

1. Jeannette Ruesink	WS Twente	2:30.29	196300212	2:34.71	+0,52	36.97	1:16.30	1:56.23	2:34.71
2. Friderika Kerekes	AZ&PC	3:03.15	196500540	3:05.64	+0,87	40.95	1:28.41	2:18.06	3:05.64
3. Riekie Schra	Steenwijk 1934	4:41.86	196400404	4:23.21		56.02	2:00.05	3:10.32	4:23.21

Masters 50+

1. Marijke Kraak	WS Twente	2:42.92	196000240	2:40.48	+0,99	35.82	1:16.30	1:58.00	2:40.48
2. Marijke van Hoek	De Zeeuwse Kust (SG)	2:46.64	195800050	2:50.59	+0,88	37.73	1:21.08	2:06.22	2:50.59
3. Ellen Parma	Triton	3:06.41	196200366	3:03.08	+1,02	40.72	1:28.02	2:17.21	3:03.08
4. Marjan Spoelstra	Swol 1894	3:02.49	196000236	3:04.74	+0,94	44.34	1:32.33	2:20.18	3:04.74

Masters 55+

1. Patty Krupiarz	PSV	3:15.23	195400074	3:08.55	+0,86	40.91	1:29.06	2:20.27	3:08.55
2. Elly Kiestra-Broertjes	Zignea	3:06.23	195600100	3:11.63	+1,12	41.43	1:28.70	2:21.18	3:11.63

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	2:39.56	195100022	2:43.54	+0,88	35.43	1:15.70	1:59.78	2:43.54
2. Conny Boer-Buys	ZVVS	2:31.69	195000006	2:47.02	+0,93	37.92	1:20.28	2:04.44	2:47.02
3. Ineke Meijer	HZ&PC Heerenveen	3:10.02	195200034	3:14.11	+0,98	44.16	1:33.78	2:25.53	3:14.11
4. Tineke van Diggelen	Oceanus	3:33.82	195200048	3:30.86	+1,12	49.09	1:42.28	2:36.05	3:30.86
5. Gonnje Bak	PSV	3:32.70	195100064	3:32.50	+1,12	49.99	1:44.99	2:40.59	3:32.50

Masters 65+

1. Annie Smits	PSV	3:20.60	194600016	3:28.83		49.13	1:43.01	2:36.67	3:28.83
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Masters 70+

1. Truus Ruiter	Old Dutch	4:07.78	194000004	4:03.62		53.81	1:55.58	2:58.81	4:03.62
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Masters 75+

1. Lottie Geurts	PSV	3:15.74	193500006	3:30.09	+1,24	47.93	1:42.76	2:38.04	3:30.09
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Programmanr. 11
27-01-2012 - 16:35

Heren, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Jos de Graaf	PSV	2:01.93	199106095	2:04.41	28.93	1:00.16	1:32.63	2:04.41
<i>Nederlands Masters Record</i>								
2. Yelmar van der Veer	GoSwim	2:12.70	198805237	2:14.53	30.26	1:03.60	1:38.75	2:14.53
3. Erik van der Heide	Zuiderzeezwemmers	2:21.22	198801337	2:25.71	32.44	1:08.10	1:45.93	2:25.71
4. Wessel Everloo	De Veene	2:20.57	198906597	2:28.75	35.18	1:12.83	1:51.19	2:28.75
5. Marc Verhaeg	D'Elft WAVE (SG)	2:36.62	198905665	2:32.65	35.23	1:13.28	1:52.64	2:32.65
6. Niels Albrechts	De Schotejil	2:34.22	198800039	2:44.74	38.32	1:19.13	2:02.14	2:44.74
7. Kevin Dieker	Montferland	2:36.07	199100461	2:45.41	39.73	1:21.43	2:04.31	2:45.41
8. Jeroen de Putter	De Schelde	2:55.04	199204149	2:54.96	40.28	1:24.44	2:10.52	2:54.96

Programmanr. 11, Heren, 200m rugslag

Masters 25+

1. Raymond van de Merwe WVZ		2:02.97	198602077	2:04.14	29.03	1:00.01	1:32.07	2:04.14
<i>Nederlands Masters Record</i>								
2. Tommy Nickel	Van Vliet-Barracuda	2:19.97	198401627	2:20.36	33.51	1:08.79	1:44.86	2:20.36
3. Albert van Piekeren	Octopus	2:27.23	198401767	2:30.95 *	35.70	1:13.50	1:52.59	2:30.95

Masters 30+

1. Stan Dekker	PLONS	2:26.68	197901823	2:23.87	32.95	1:09.52	1:46.56	2:23.87
2. Marcel Reefhuis	De Veene	2:19.88	198101381	2:25.33	34.21	1:11.08	1:48.29	2:25.33
3. Carl Knelange	Zwemlust-den Hommel	2:28.51	198000795	2:26.63	33.70	1:10.24	1:48.47	2:26.63
4. Freddie Geerlings	HGN (SG)	2:29.32	197900379	2:31.95	35.41	1:13.38	1:53.08	2:31.95

Masters 35+

1. Ivo Roozeboom	WVZ	2:15.63	197700801	2:23.84	33.22	1:09.43	1:46.80	2:23.84
2. Erwin Zuijdervelt	De Futen	2:36.96	197501015	2:36.98	37.00	1:16.22	1:57.02	2:36.98
3. Gerard Eghuizen	HZ&PC Heerenveen	2:35.88	197400197	2:42.47	38.96	1:20.25	2:02.49	2:42.47
4. Kasper van den Berghe	Swol 1894	2:51.11	197301125	2:42.68	37.95	1:17.92	1:59.90	2:42.68
5. Pieter Ponne	HZ&PC Heerenveen	2:45.19	197600749	2:57.79	41.04	1:25.03	2:10.45	2:57.79

Masters 40+

1. Philip Smans	ShaRK	2:21.18	ShaRK/077/70	2:18.84	32.76	1:07.60	1:43.53	2:18.84
<i>BEL Masters Record</i>								
2. René Beetsma	HZ&PC Heerenveen	2:26.49	196900069	2:29.23	34.65	1:12.56	1:50.89	2:29.23
3. Frank v Nobelen	Sassenheim	2:29.30	196900753	2:36.16	36.71	1:16.06	1:55.79	2:36.16
4. Arjon de Bok	De Biesboschwemmers	2:37.26	196900125	2:36.22 *	36.49	1:15.90	1:56.10	2:36.22
5. Alex Hagedoorn	Stadskanaal	3:10.23	197100319	3:06.42 *	43.14	1:30.36	2:18.98	3:06.42
<i>100m*</i>								
6. Sander de Weert	OEZA	3:25.19	197201453	3:14.55	44.86	1:33.12	2:23.73	3:14.55
<i>100m*</i>								

Masters 45+

1. Arnold de Rover	De Futen	2:33.10	196400645	2:33.74	36.18	1:13.88	1:52.81	2:33.74
2. Fred Heemstra	DAW	2:34.52	196500357	2:35.97	35.49	1:14.56	1:55.29	2:35.97
3. Jan Smalheer	SCOM	3:10.12	196400701	3:08.81	45.14	1:32.28	2:20.78	3:08.81
<i>50m*</i>								
4. Rik van Gasteren	AquAmigos	3:55.91	196401015	3:50.72	54.93	1:53.84	2:52.52	3:50.72
DIS Hans Maas	PLONS	3:19.09	196501433	3:33.30 RF	44.77	1:33.03	2:20.01	3:33.30
<i>50m*</i>								

Masters 50+

1. Johan Remmits	One Team Swimming	2:33.91	196201159	2:29.07	34.72	1:11.56	1:50.09	2:29.07
2. Hugo Bregman	WVZ	2:26.92	195800069	2:32.38	36.04	1:14.90	1:54.20	2:32.38
3. Jan Brink	De Zeeuwse Kust (SG)	2:31.74	196200091	2:36.87	37.05	1:16.50	1:56.49	2:36.87
4. Ron Phaff	PSV	2:42.23	196200495	2:45.94	38.88	1:21.16	2:03.76	2:45.94
5. Ron van Vliet	De Zeeuwse Kust (SG)	2:50.91	196100849	2:52.91	39.92	1:22.79	2:07.77	2:52.91
<i>50m*</i>								
6. John Albrechts	De Schotejil	2:50.91	196000007	2:53.86	40.07	1:23.90	2:09.32	2:53.86
7. André Schutte	De Zeeuwse Kust (SG)	2:53.77	196000521	3:01.96	42.22	1:27.80	2:14.72	3:01.96
<i>100m*</i>								
8. Filip Timmermans	ShaRK	3:41.85	ShaRK/163/60	3:44.18	50.67	1:45.97	2:48.19	3:44.18

Masters 55+

1. Paul Bunnik	Triton	3:07.07	195600413	3:04.69	41.72	1:28.59	2:17.90	3:04.69
DIS Steven Miller	Westchester Masters	3:02.03	1R-02XVX					AF



Open Nederlandse Masters
Kampioenschappen 2012 kb
Terneuzen, 27-29 januari 2012



Programmanr. 11, Heren, 200m rugslag

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	2:36.02	195200203	2:31.95	36.01	1:14.13	1:52.99	2:31.95
<i>Europees Masters Record, tt 100m NMR</i>								
2. Brend Brevé	PSV	2:46.82	195200265	2:47.41	40.28	1:21.61	2:05.35	2:47.41
<i>50m*</i>								
3. Rob Berkhof	Swol 1894	3:13.95	195200245	3:15.47	45.63	1:33.88	2:22.97	3:15.47
<i>100m*</i>								

Masters 65+

1. Rob Hanou	PSV	3:40.99	194300109	3:28.10	48.07	1:40.62	2:34.64	3:28.10
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Masters 70+

1. Frans van Enst	WS Twente	3:02.13	194000011	3:02.12	42.88	1:28.83	2:16.43	3:02.12
<i>Nederlands Masters Record, 50m*</i>								

Masters 75+

1. Jan Eichhorn	ZV Haerlem	3:48.38	193700015	3:46.78	51.47	1:48.93	2:47.13	3:46.78
<i>Kampioenschaps Record, tt 100m KR</i>								

Masters 80+

1. Georges Verhelst	KRZ	4:03.02	RZV/160/31	4:07.96	58.26	2:01.65	3:05.24	4:07.96
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Programmanr. 12
27-01-2012 - 16:56

Dames, 200m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Desirée Emmen	De Warande	2:27.61	199204862	2:27.25	34.30	1:10.78	1:49.29	2:27.25	
2. Kim Anne Bouw	AZ&PC	2:26.50	199000500	2:28.50	34.53	1:11.90	1:50.22	2:28.50	
3. Ilse van den Wijngaard	One Team Swimming	2:30.39	198904736	2:29.60	35.77	1:13.45	1:51.52	2:29.60	
4. Cynthia Grootenboer	SBC2000	2:36.37	198901462	2:32.88	35.53	1:14.22	1:53.79	2:32.88	
5. Sigrid Dogger	De Zwoer	2:29.77	199200452	2:33.81	36.05	1:15.25	1:54.90	2:33.81	
6. Merel Toussaint	D'Elf WAVE (SG)	2:36.16	199203788	2:37.53	35.40	1:14.73	1:55.88	2:37.53	
7. Maaïke de Boer	De Duinkickers	2:41.05	199000362	2:46.32	39.64	1:22.11	2:05.32	2:46.32	
8. Lisette Prins	WVZ	2:49.58	198803522	2:46.33	38.52	1:20.26	2:03.55	2:46.33	
9. Sunanda van Heteren	De Geul	2:39.42	198901728	2:48.02	39.72	1:22.34	2:06.07	2:48.02	
10. Sabine Lina	Aquarijn	2:33.89	198902680	2:52.62	40.01	1:23.05	2:07.63	2:52.62	
11. Eline Schoenmaker	De Duinkickers	2:50.68	199003322	2:54.09	40.83	1:25.83	2:11.15	2:54.09	
12. Relinda Baas	GZVW	2:49.22	198900144	3:01.90	41.38	1:26.20	2:14.43	3:01.90	
DIS Jen-Ai van Soelen	Zuiderzeewimmers	2:35.17	199003510	2:41.11	RC	36.70	1:18.41	2:00.76	2:41.11
Masters 25+									
1. Nadya Putter	ZVVS	2:33.28	198301630	2:38.56	38.46	1:18.52	1:58.71	2:38.56	
2. Miriam Visserman	Octopus	2:48.98	198704364	2:46.44	39.46	1:21.36	2:04.41	2:46.44	
3. Maaïke van Diggele	ZPB H&L Productions	2:53.08	198700868	2:53.75	40.75	1:24.10	2:09.11	2:53.75	
4. Sabine Wieland	De Schelde	2:58.49	198604050	2:54.64	41.42	1:25.76	2:10.60	2:54.64	
5. Veronique Vasseur	Scheldestroom	3:08.93	198302026	3:10.04	45.32	1:32.94	2:21.92	3:10.04	
6. Dorien Vasseur	Scheldestroom	3:16.29	198704164	3:12.13	45.88	1:34.36	2:23.21	3:12.13	
Masters 30+									
1. Annie Buitelaar	ZVVS	2:30.92	198202284	2:25.44	34.43	1:10.88	1:48.51	2:25.44	
<i>Nederlands Masters Record</i>									
2. Roos van Esch	TRB-RES	2:37.45	198200468	2:45.49	38.64	1:20.14	2:02.79	2:45.49	
3. Jolanda van Gendt	PSV	2:46.28	197800266	2:51.12	39.96	1:23.18	2:07.44	2:51.12	



Programmanr. 12, Dames, 200m rugslag, Masters 30+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
4. Babette Rens	Dedemsvaart-AC	3:00.50 197801200	3:03.64		42.02	1:27.68	2:16.04	3:03.64

Masters 35+

1. Melanie Kuiper	Zignea	2:46.49 197600350	2:48.88		39.85	1:22.80	2:05.50	2:48.88
2. C. van Bruxvoort	ZPB H&L Productions	3:29.57 197700138	3:33.98		51.47	1:45.47	2:40.28	3:33.98

Masters 40+

1. Heidi van Stein	LZ 1886	2:49.47 196900864	2:49.01		39.78	1:22.11	2:05.54	2:49.01
2. Trudie van Niejenhuis	TZC-Vahalis	2:51.10 197100444	2:49.51		40.42	1:23.37	2:06.95	2:49.51
3. Susanne van Hooven	De Schoteijl	2:55.77 196800752	2:57.71		42.05	1:26.93	2:12.54	2:57.71

Masters 45+

1. Judith Cromjongh	De Zwoer	2:40.25 196400054	2:39.79		38.02	1:18.75	1:59.92	2:39.79
<i>Nederlands Masters Record</i>								
2. Wilna Heijman	't Tolhekke	2:45.88 196400506	2:49.62		40.73	1:23.60	2:07.03	2:49.62
3. Laura Staal	Oceanus	2:50.56 196700358	2:51.49		40.44	1:23.84	2:08.07	2:51.49
4. J. Rolloos-Bakker	De Lansingh	2:49.69 196300222	2:55.10		40.72	1:25.62	2:11.33	2:55.10
5. Caroline Schreuder	Triton	2:55.22 196700550	3:00.56		41.97	1:27.21	2:14.09	3:00.56
<i>100m *</i>								
6. Hanny Rotteveel	Zignea	3:13.30 196600538	3:10.15		44.75	1:34.64	2:24.47	3:10.15
7. Hetty Smalheer	SCOM	3:13.98 196700352	3:17.59		46.84	1:36.72	2:28.43	3:17.59
8. Alie Visser	HZ&PC Heerenveen	3:29.79 196400494	3:26.20		47.27	1:39.01	2:33.03	3:26.20
<i>50m *</i>								
9. Haya Mellema	Aquapoldro	3:45.75 196600482	4:00.15	S7	54.96	1:54.73	2:56.64	4:00.15

Masters 50+

1. M. Grove-Lingeman	Oceanus	2:54.68 196200080	2:56.01		40.88	1:25.39	2:11.22	2:56.01
2. Patty Verhagen	AquAmigos	3:09.78 195900146	3:06.06		46.29	1:33.40	2:20.80	3:06.06
3. Inge Wolfs	PLONS	3:20.88 196000304	3:17.42		46.42	1:38.10	2:27.72	3:17.42
4. Ellen Parma	Triton	3:14.39 196200366	3:17.62		46.98	1:37.19	2:28.72	3:17.62
<i>50m *</i>								
5. Pia van der Molen	HZ&PC Heerenveen	3:20.09 196000116	3:22.53		46.19	1:36.72	2:29.83	3:22.53
6. Mies Kuipers	Old Dutch	5:08.48 195800202	4:43.03		1:06.85	2:18.45	3:33.07	4:43.03
<i>50m *</i>								

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	3:16.81 195100022	3:16.73		47.33	1:37.98	2:29.13	3:16.73
2. A. Gilding-Tussaud	WS Twente	3:33.62 195000038	3:43.79		52.22	1:48.74	2:48.60	3:43.79

Masters 65+

1. Loekie v. Huissteden	AZ&PC	4:20.17 194500002	4:29.53 *		59.90	2:10.83	3:21.80	4:29.53
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Masters 75+

1. Annie de Vos	Old Dutch	4:29.05 193400004	4:28.98		1:03.20	2:10.57	3:19.59	4:28.98
<i>Kampioenschaps Record</i>								

Programmanr. 13
27-01-2012 - 17:25

4 x 100m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+, Gemengd				
1.	De Veene	4:48.24	5:02.13	
	Wessel Everloo	35.09	31.28	1:09.37
	Leonie Versteeg	+0,64 41.21	1:28.40	1:12.57
		Marcel Reefhuis	+0,41	
		Milou Bouwhuis	+0,74	
100+, Heren				
1.	't Tolhekke	5:19.23	5:17.03	
	Berné Beute	38.06	35.08	1:19.42
	Arie van Damme	+0,67 44.93	1:34.59	1:04.26
		Mark van Damme	+0,71	
		Lars Erik Beute	+0,43	
100+, Gemengd				
1.	OEZA	4:40.39	4:42.14	
	<i>Nederlands Masters Record</i>			
	Martijn Butter	32.57	34.01	1:15.22
	Paul Oudendijk	+0,32 34.08	1:13.33	1:05.39
		Annemarie Crok	+0,32	
		Daniëlle Hoek	+0,69	
2.	Octopus	4:47.03	4:44.59	
	Albert van Piekeren	32.17	27.35	58.90
	Margriet Aan het Rot	+0,60 43.15	1:05.99	1:07.30
		1:32.40	Emile Manni	+0,15
			Miriam Visserman	+0,56
3.	De Zwoer	4:44.87	4:48.83	
	Sigrid Dogger	34.79	33.87	1:12.06
	Dennis de Groot	+0,41 32.68	1:11.76	1:13.38
		1:11.63	Suzanne Lange	+0,32
			Joan Mulder	+0,48
4.	De Duinkickers	4:56.52	5:09.28	
	Eline Schoenmaker	40.02	31.39	1:09.48
	Maaïke de Boer	+0,57 40.35	1:21.21	1:12.52
		1:26.07	Remko Hooft	+0,55
			Marcel Britlijn	+0,55
DIS	Montferland	4:37.73	EA	
	Montferland 1			
	<i>dis 3e zwemmer</i>			
	Martijn Giezen	30.57	31.16	1:10.54
	Esther van Maastrigt	+0,42 36.95	1:02.96	
		1:20.59	Roel van Beek	+0,68
			Marije Jansen	-0,08
120+, Dames				
1.	DAW	5:36.79	5:36.78	
	Sandra Pannekeet	38.60	34.17	1:14.21
	Ingeborg Stokx	+1,01 53.86	1:21.62	1:09.18
		1:51.77	Maaïke Vooren	+0,14
			Channe Noort	+0,39
120+, Heren				
1.	De Futen	4:33.28	4:37.15	
	Mike Hereijgers	33.26	33.10	1:11.68
	André Koster	+0,58 35.23	1:08.67	1:00.91
		1:15.89	Arnold de Rover	+0,52
			Erwin Zuijdervelt	+0,18
120+, Gemengd				
1.	DAW	4:35.15	4:36.02	
	Sandra Zwaanswijk	37.16	29.76	1:06.03
	Ron Langelaan	+0,33 32.90	1:16.50	1:02.59
		1:10.90	Kars Luttik	+0,35
			Laura Badoux	+0,47
2.	LZ 1886	4:39.56	4:43.62	
	Rosanne de Boer	39.18	28.15	1:02.02
	Dennis Schouten	+0,17 34.99	1:20.76	1:05.54
		1:15.30	Kristiaan Lenos	+0,36
			Heidi van Stein	+0,41
3.	WVZ	4:39.11	4:46.00	
	Petra Versteegen	39.35	30.16	1:05.54
	Monique Pronk	+0,67 38.68	1:21.00	56.08
		1:23.38	Hugo Bregman	+0,28
			Ivo Roozeboom	+0,44
4.	De Biesboschzwemmers	4:42.77	4:47.29	
	Arjon de Bok	35.13	29.42	1:04.02
	Annette Wijnja-Visser	+0,53 39.90	1:11.77	1:05.75
		1:25.75	Harry Cornet	+0,40
			Kim Wijnja	+0,56
5.	De Schotejil	5:37.94	5:14.30	
	Niels Albrechts	35.91	37.08	1:20.63
	Anne Volwerk	+0,57 43.71	1:14.89	1:06.82
		1:31.96	Whitley Rens	+0,35
			John Albrechts	+0,31

Programmanr. 13, 4 x 100m wisselslag

160+, Dames

1.	ZVVS 1 <i>Wereld Masters Record</i>	ZVVS	4:49.45		4:48.25
	Annie Buitelaar	33.53	1:08.90	Nadya Putter	+0,48 31.63 1:08.51
	Karin Stein	+0,57 37.91	1:19.99	Conny Boer-Buys	+0,39 32.95 1:10.85
2.	WS Twente 1	WS Twente	5:24.79		5:29.01
	Jeannette Ruesink	40.18	1:22.64	Inez Heideman	+0,52 33.90 1:15.43
	Marijke Kraak	+0,45 43.99	1:34.09	Marion Broekhuis	+0,77 36.69 1:16.85

160+, Heren

1.	HZ&PC Heerenveen 1 <i>Nederlands Masters Record</i>	HZ&PC Heerenveen	4:45.90		4:44.01
	Gerard Eghuizen	34.93	1:11.58	Marten de Groot	+0,85 34.18 1:12.64
	René Beetsma	+0,23 34.15	1:14.40	Tiemen Stegenga	+0,19 30.62 1:05.39
2.	Steenwijk 1934 1	Steenwijk 1934	4:56.66		4:54.94
	Fred van de Meeberg	37.24	1:20.78	Rick Driezen	+0,42 28.41 1:00.95
	Huyb Stegeman	+0,36 38.23	1:23.51	Casper Dollekamp	+0,38 32.17 1:09.70

160+, Gemengd

1.	Triton 1	Triton	5:12.12		5:22.38
	Ellen Parma	47.71	1:38.22	Tim Bunnik	+0,41 29.76 1:05.79
	Paul Bunnik	+0,49 39.78	1:27.66	Caroline Schreuder	+0,45 33.84 1:10.71

200+, Gemengd

1.	PSV 1 <i>Nederlands Masters Record</i>	PSV	5:16.63		5:28.04
	Patty Krupiarz	46.71	1:36.83	Liselotte Joling	+0,68 36.89 1:17.99
	Ron Phaff	+0,58 40.28	1:26.15	Brend Brevé	+0,46 32.36 1:07.07

280+, Dames

1.	Old Dutch 1 <i>Kampioenschaps Record, 100m*</i>	Old Dutch	8:13.95		8:29.78
	Annie de Vos	1:02.57	2:09.63	Matty van der Veen	+0,81 59.81 2:08.99
	Tineke de Bueger	1:06.27	2:19.30	Truus Ruiter	+0,65 51.65 1:51.86

3 - ONMK 2012 kb sessie 3

28-01-2012 - 9:00

Programmanr. 14
28-01-2012 - 9:00

Dames, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Yvon Versteeg	De Veene	4:33.51	199201864	4:36.36	+0,74
	50m: 31.13 31.13	150m: 1:40.41 35.01	250m: 2:51.56 35.87	350m: 4:02.30 35.07		
	100m: 1:05.40 34.27	200m: 2:15.69 35.28	300m: 3:27.23 35.67	400m: 4:36.36 34.06		
2.	Lisanne Andeweg	Zuiderzeewimmers	4:47.00	198800092	4:39.69	+0,66
	50m: 31.70 31.70	150m: 1:41.80 35.69	250m: 2:53.82 35.92	350m: 4:05.62 35.45		
	100m: 1:06.11 34.41	200m: 2:17.90 36.10	300m: 3:30.17 36.35	400m: 4:39.69 34.07		
3.	Desirée Emmen	De Warande	4:39.13	199204862	4:45.25	+0,72
	50m: 31.14 31.14	150m: 1:41.13 35.47	250m: 2:53.66 36.70	350m: 4:08.49 37.65		
	100m: 1:05.66 34.52	200m: 2:16.96 35.83	300m: 3:30.84 37.18	400m: 4:45.25 36.76		
4.	Stephanie Rombout	De Zeeuwse Kust (SG)	4:43.46	198803696	4:46.06	+0,83
	50m: 31.38 31.38	150m: 1:41.81 35.69	250m: 2:55.52 37.16	350m: 4:09.57 36.91		
	100m: 1:06.12 34.74	200m: 2:18.36 36.55	300m: 3:32.66 37.14	400m: 4:46.06 36.49		
5.	Nanda de Vries	HZ&PC Heerenveen	4:48.11	199204328	4:51.53	+0,87
	50m: 31.70 31.70	150m: 1:45.53 37.48	250m: 3:01.10 37.76	350m: 4:16.74 37.65		
	100m: 1:09.05 36.35	200m: 2:23.34 37.81	300m: 3:39.09 37.99	400m: 4:51.53 34.79		
6.	Margot Stenveld	SBC2000	4:50.32	198804170	4:51.93	+0,82
	50m: 33.57 33.57	150m: 1:47.05 36.84	250m: 3:01.22 37.16	350m: 4:15.78 37.16		
	100m: 1:10.21 36.64	200m: 2:24.06 37.01	300m: 3:38.62 37.40	400m: 4:51.93 36.15		
7.	Maaïke Vooren	DAW	4:54.59	199103324	4:54.00	+0,53
	50m: 34.06 34.06	150m: 1:47.74 37.16	250m: 3:02.59 37.33	350m: 4:17.26 37.17		
	100m: 1:10.58 36.52	200m: 2:25.26 37.52	300m: 3:40.09 37.50	400m: 4:54.00 36.74		
8.	Merel Toussaint	D'Elft WAVE (SG)	5:01.50	199203788	4:57.48	+0,85
	50m: 32.91 32.91	150m: 1:47.47 37.87	250m: 3:03.94 38.49	350m: 4:20.48 38.20		
	100m: 1:09.60 36.69	200m: 2:25.45 37.98	300m: 3:42.28 38.34	400m: 4:57.48 37.00		
9.	Laura Oosterbroek	De Rijn	5:05.49	198803264	4:57.60	+0,78
	50m: 33.34 33.34	150m: 1:47.41 37.42	250m: 3:03.27 37.77	350m: 4:20.07 38.48		
	100m: 1:09.99 36.65	200m: 2:25.50 38.09	300m: 3:41.59 38.32	400m: 4:57.60 37.53		
10.	Wendy de Bruin	ZOB'66	5:02.21	199206320	4:58.12	+0,80
	50m: 33.79 33.79	150m: 1:48.61 38.01	250m: 3:05.43 38.62	350m: 4:22.37 37.87		
	100m: 1:10.60 36.81	200m: 2:26.81 38.20	300m: 3:44.50 39.07	400m: 4:58.12 35.75		
11.	Ilse van den Wijngaard	One Team Swimming	5:02.60	198904736	5:00.81	+0,71
	50m: 32.17 32.17	150m: 1:46.69 37.94	250m: 3:04.35 39.15	350m: 4:22.99 39.02		
	100m: 1:08.75 36.58	200m: 2:25.20 38.51	300m: 3:43.97 39.62	400m: 5:00.81 37.82		
12.	Cynthia Grooteboer	SBC2000	4:58.84	198901462	5:02.85	+0,90
	50m: 34.46 34.46	150m: 1:49.97 38.12	250m: 3:07.84 38.98	350m: 4:25.54 38.49		
	100m: 1:11.85 37.39	200m: 2:28.86 38.89	300m: 3:47.05 39.21	400m: 5:02.85 37.31		
13.	Elmi Roelofsens	ZVV	5:20.45	199008198	5:04.16	+1,05
	50m: 34.48 34.48	150m: 1:51.19 38.47	250m: 3:08.73 38.97	350m: 4:27.38 39.30		
	100m: 1:12.72 38.24	200m: 2:29.76 38.57	300m: 3:48.08 39.35	400m: 5:04.16 36.78		
14.	Sandra den Oudsten	GoSwim	5:37.71	198906664	5:39.64	+1,02
	50m: 37.04 37.04	150m: 1:59.97 42.65	250m: 3:27.86 44.28	350m: 4:56.81 44.62		
	100m: 1:17.32 40.28	200m: 2:43.58 43.61	300m: 4:12.19 44.33	400m: 5:39.64 42.83		
15.	Liesbeth Bruinekool	Zuiderzeewimmers	8:44.14	199007958	8:24.59	+0,90
	50m: 54.84 54.84	150m: 3:02.13 1:04.46	250m: 5:12.25 1:05.34	350m: 7:23.32 1:04.97		
	100m: 1:57.67 1:02.83	200m: 4:06.91 1:04.78	300m: 6:18.35 1:06.10	400m: 8:24.59 1:01.27		

Masters 25+

1.	Linda Hoogendam	D'Elft WAVE (SG)	4:54.56	198300892	4:59.14	+0,82
	50m: 33.14 33.14	150m: 1:48.84 38.20	250m: 3:05.36 38.28	350m: 4:23.31 39.28		
	100m: 1:10.64 37.50	200m: 2:27.08 38.24	300m: 3:44.03 38.67	400m: 4:59.14 35.83		
2.	Marina Belousova	Sprut	5:36.96	018047	5:08.84 *	+1,01
	50m: 33.79 33.79	150m: 1:49.88 38.82	250m: 3:09.18 39.52	350m: 4:29.54 40.32		
	100m: 1:11.06 37.27	200m: 2:29.66 39.78	300m: 3:49.22 40.04	400m: 5:08.84 39.30		
3.	Emmy Soer	WS Twente	5:40.67	198503618	5:22.18	+0,98
	50m: 35.90 35.90	150m: 1:56.04 41.00	250m: 3:18.65 41.07	350m: 4:40.81 41.14		
	100m: 1:15.04 39.14	200m: 2:37.58 41.54	300m: 3:59.67 41.02	400m: 5:22.18 41.37		

Programmanr. 14, Dames, 400m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
4.	Channe Noort	DAW	5:26.07	198605032	5:24.10	+0,53
	50m: 34.67 34.67	150m: 1:53.53 40.35	250m: 3:18.05 42.74	350m: 4:42.97 42.53		
	100m: 1:13.18 38.51	200m: 2:35.31 41.78	300m: 4:00.44 42.39	400m: 5:24.10 41.13		
5.	Annette Vogelsang	ZV De Bron	5:39.04	198402632	5:37.00	+0,88
	50m: 34.14 34.14	150m: 1:52.02 40.23	250m: 3:20.68 44.99	350m: 4:53.24 47.10		
	100m: 1:11.79 37.65	200m: 2:35.69 43.67	300m: 4:06.14 45.46	400m: 5:37.00 43.76		

Masters 30+

1.	Anneke Veenstra	't Tolhekke	5:34.01	197900882	5:36.71	+0,96
	50m: 35.85 35.85	150m: 1:59.22 43.41	250m: 3:27.26 44.05	350m: 4:55.03 44.12		
	100m: 1:15.81 39.96	200m: 2:43.21 43.99	300m: 4:10.91 43.65	400m: 5:36.71 41.68		
2.	Kristel Lips	ZV De Bron	5:45.82	197900562	5:37.60	+0,95
	50m: 36.91 36.91	150m: 1:59.82 42.28	250m: 3:26.63 43.48	350m: 4:54.16 43.31		
	100m: 1:17.54 40.63	200m: 2:43.15 43.33	300m: 4:10.85 44.22	400m: 5:37.60 43.44		
3.	Babette Rens	Dedemsvaart-AC	5:44.19	197801200	5:52.22	+0,82
	50m: 37.97 37.97	150m: 2:03.84 43.73	250m: 3:34.27 45.63	350m: 5:07.05 46.19		
	100m: 1:20.11 42.14	200m: 2:48.64 44.80	300m: 4:20.86 46.59	400m: 5:52.22 45.17		

Masters 35+

1.	Liselotte Joling	PSV	4:58.39	197500268	4:57.78	+0,98
	50m: 34.55 34.55	150m: 1:50.31 37.46	250m: 3:05.45 35.97	350m: 4:21.57 37.44		
	100m: 1:12.85 38.30	200m: 2:29.48 39.17	300m: 3:44.13 38.68	400m: 4:57.78 36.21		
2.	Melanie Kuiper	Zignea	5:08.83	197600350	5:14.84	+1,05
	50m: 34.97 34.97	150m: 1:52.20 39.08	250m: 3:12.41 40.50	350m: 4:34.87 41.37		
	100m: 1:13.12 38.15	200m: 2:31.91 39.71	300m: 3:53.50 41.09	400m: 5:14.84 39.97		
3.	Petra Guijt	Aqua-Novio'94	5:36.26	197600798	5:27.24 *	+1,39
	50m: 34.69 34.69	150m: 1:53.93 40.90	250m: 3:18.03 42.39	350m: 4:44.70 43.88		
	100m: 1:13.03 38.34	200m: 2:35.64 41.71	300m: 4:00.82 42.79	400m: 5:27.24 42.54		
4.	Renata van Essen	Zuiderzeewimmers	5:56.01	197300740	5:50.24	+0,86
	50m: 39.51 39.51	150m: 2:07.16 44.42	250m: 3:37.32 45.14	350m: 5:07.24 44.64		
	100m: 1:22.74 43.23	200m: 2:52.18 45.02	300m: 4:22.60 45.28	400m: 5:50.24 43.00		
5.	Clementine van Bruxvoort	ZPB H&L Productions	6:34.78	197700138	6:47.04	+0,99
	50m: 43.97 43.97	150m: 2:26.68 51.90	250m: 4:10.84 52.29	350m: 5:57.04 53.25		
	100m: 1:34.78 50.81	200m: 3:18.55 51.87	300m: 5:03.79 52.95	400m: 6:47.04 50.00		

Masters 40+

1.	Karin Stein	ZVVS	4:49.71	197100554	4:54.91	+0,77
	50m: 33.77 33.77	150m: 1:47.26 37.13	250m: 3:02.51 37.79	350m: 4:18.27 37.82		
	100m: 1:10.13 36.36	200m: 2:24.72 37.46	300m: 3:40.45 37.94	400m: 4:54.91 36.64		
2.	Heidi van Stein	LZ 1886	5:09.67	196900864	5:04.89	+0,95
	50m: 33.88 33.88	150m: 1:50.31 38.96	250m: 3:09.42 39.61	350m: 4:27.73 38.79		
	100m: 1:11.35 37.47	200m: 2:29.81 39.50	300m: 3:48.94 39.52	400m: 5:04.89 37.16		
3.	Annette de Visser	Oceanus	5:06.95	197100602	5:10.22	+0,87
	50m: 34.72 34.72	150m: 1:51.60 39.12	250m: 3:11.47 40.34	350m: 4:31.62 40.07		
	100m: 1:12.48 37.76	200m: 2:31.13 39.53	300m: 3:51.55 40.08	400m: 5:10.22 38.60		
4.	Lisenka Kornet	One Team Swimming	5:09.85	196900914	5:15.72	+0,95
	50m: 35.05 35.05	150m: 1:53.63 40.10	250m: 3:14.75 40.64	350m: 4:36.57 40.76		
	100m: 1:13.53 38.48	200m: 2:34.11 40.48	300m: 3:55.81 41.06	400m: 5:15.72 39.15		
5.	Anja Reinhard	PLONS	5:32.66	197000818	5:33.29	+0,85
	50m: 37.32 37.32	150m: 2:00.48 42.36	250m: 3:26.43 43.00	350m: 4:52.09 42.82		
	100m: 1:18.12 40.80	200m: 2:43.43 42.95	300m: 4:09.27 42.84	400m: 5:33.29 41.20		

Masters 45+

1.	Jacqueline Rolloos-Bakker	De Lansingh	5:20.88	196300222	5:26.90	+1,04
	50m: 35.96 35.96	150m: 1:59.48 42.53	250m: 3:24.26 42.39	350m: 4:47.91 41.33		
	100m: 1:16.95 40.99	200m: 2:41.87 42.39	300m: 4:06.58 42.32	400m: 5:26.90 38.99		
2.	Hetty Smalheer	SCOM	5:56.69	196700352	6:06.00	+1,02
	50m: 40.45 40.45	150m: 2:11.25 45.70	250m: 3:45.67 47.66	350m: 5:20.45 47.40		
	100m: 1:25.55 45.10	200m: 2:58.01 46.76	300m: 4:33.05 47.38	400m: 6:06.00 45.55		

Programmanr. 14, Dames, 400m vrije slag, Masters 45+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
3.	Miranda Keijl	Zignea	6:40.04	196500588	6:36.03		
	50m: 44.20	150m: 2:24.67	51.35	250m: 4:06.96	50.61	350m: 5:49.35	50.27
	100m: 1:33.32	200m: 3:16.35	51.68	300m: 4:59.08	52.12	400m: 6:36.03	46.68

Masters 50+

1.	Marijke Kraak	WS Twente	5:50.99	196000240	5:47.57	+1,04	
	50m: 39.39	150m: 2:06.57	44.04	250m: 3:35.22	44.12	350m: 5:04.40	44.64
	100m: 1:22.53	200m: 2:51.10	44.53	300m: 4:19.76	44.54	400m: 5:47.57	43.17
2.	Marijke van Hoek	De Zeeuwse Kust (SG)	6:07.45	195800050	6:03.06	+0,88	
	50m: 39.98	150m: 2:11.47	46.37	250m: 3:45.50	47.48	350m: 5:19.77	46.95
	100m: 1:25.10	200m: 2:58.02	46.55	300m: 4:32.82	47.32	400m: 6:03.06	43.29
3.	Ellen Parma	Triton	6:47.20	196200366	6:31.64	+1,07	
	50m: 42.49	150m: 2:23.58	51.52	250m: 4:05.43	50.51	350m: 5:44.64	49.16
	100m: 1:32.06	200m: 3:14.92	51.34	300m: 4:55.48	50.05	400m: 6:31.64	47.00

Masters 55+

1.	Margriet Pasma	De Pinquin	6:02.25	195500088	5:59.37	+1,26	
	50m: 40.38	150m: 2:10.51	45.75	250m: 3:43.35	46.35	350m: 5:15.57	45.64
	100m: 1:24.76	200m: 2:57.00	46.49	300m: 4:29.93	46.58	400m: 5:59.37	43.80
2.	Elly Kiestra-Broertjes	Zignea	6:38.73	195600100	6:36.99	* +1,12	
	50m: 43.10	150m: 2:23.43	51.10	250m: 4:05.72	50.67	350m: 5:48.37	50.76
	100m: 1:32.33	200m: 3:15.05	51.62	300m: 4:57.61	51.89	400m: 6:36.99	48.62

Masters 60+

1.	Conny Boer-Buys	ZVVS	5:25.13	195000006	5:41.37	+1,01	
	50m: 37.61	150m: 2:03.47	44.04	250m: 3:31.65	44.13	350m: 4:59.43	43.95
	100m: 1:19.43	200m: 2:47.52	44.05	300m: 4:15.48	43.83	400m: 5:41.37	41.94
2.	Gonnie Bak	PSV	7:23.17	195100064	7:35.45	+1,05	
	50m: 50.68	150m: 2:45.98	58.45	250m: 4:43.49	59.17	350m: 6:40.05	57.29
	100m: 1:47.53	200m: 3:44.32	58.34	300m: 5:42.76	59.27	400m: 7:35.45	55.40

Masters 65+

1.	Annie Smits	PSV	7:28.77	194600016	7:17.52	+1,19	
	50m: 50.51	150m: 2:41.58	56.60	250m: 4:32.92	55.49	350m: 6:23.76	55.10
	100m: 1:44.98	200m: 3:37.43	55.85	300m: 5:28.66	55.74	400m: 7:17.52	53.76

Masters 75+

1.	Lottie Geurts	PSV	7:04.33	193500006	7:22.74	+1,34	
	50m: 50.36	150m: 2:41.46	56.46	250m: 4:34.47	56.74	350m: 6:28.38	57.33
	100m: 1:45.00	200m: 3:37.73	56.27	300m: 5:31.05	56.58	400m: 7:22.74	54.36
2.	Annie de Vos	Old Dutch	8:39.87	193400004	8:43.40	+1,13	
	50m: 56.70	150m: 3:07.40	1:06.14	250m: 5:23.32	1:08.69	350m: 7:37.32	1:07.38
	100m: 2:01.26	200m: 4:14.63	1:07.23	300m: 6:29.94	1:06.62	400m: 8:43.40	1:06.08

Programmanr. 15
28-01-2012 - 9:41

Heren, 400m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
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Programmanr. 15, Heren, 400m vrije slag

Masters 20+

1. Dennis Wijbenga		Stadskanaal	4:21.78	199003283	4:24.19	+0,98
50m: 29.37	29.37	150m: 1:34.72	33.22	34.16	350m: 3:51.51	33.70
100m: 1:01.50	32.13	200m: 2:09.23	34.51	34.42	400m: 4:24.19	32.68
2. Maik Steenkamp		NDD	4:30.05	199103847	4:36.67	+0,80
50m: 30.61	30.61	150m: 1:39.38	34.72	35.36	350m: 4:01.60	35.95
100m: 1:04.66	34.05	200m: 2:14.81	35.43	35.48	400m: 4:36.67	35.07
3. Tim Bunnik		Triton	4:35.18	199000505	4:38.03	+0,99
50m: 30.56	30.56	150m: 1:40.42	35.72	35.86	350m: 4:04.68	36.06
100m: 1:04.70	34.14	200m: 2:16.13	35.71	36.63	400m: 4:38.03	33.35
4. Wessel Everloo		De Veene	4:31.00	198906597	4:39.09	+1,00
50m: 31.23	31.23	150m: 1:42.42	36.36	35.84	350m: 4:03.91	34.84
100m: 1:06.06	34.83	200m: 2:17.06	34.64	36.17	400m: 4:39.09	35.18
5. Rick Hellenbrand		HGN (SG)	4:50.89	198901173	4:54.63	+0,68
50m: 33.56	33.56	150m: 1:47.29	37.07	37.55	350m: 4:17.37	37.81
100m: 1:10.22	36.66	200m: 2:24.79	37.50	37.22	400m: 4:54.63	37.26
6. Vincent Keijmel		Scheldestroom	4:51.65	199101169	5:20.57	+0,82
50m: 33.36	33.36	150m: 1:51.57	40.37	42.15	350m: 4:39.35	41.28
100m: 1:11.20	37.84	200m: 2:33.56	41.99	42.36	400m: 5:20.57	41.22

Masters 25+

1. Raymond van de Merwe		WVZ	4:01.52	198602077	4:06.04	+0,78
<i>Nederlands Masters Record</i>		150m: 1:30.46	31.71	30.99	350m: 3:35.27	31.15
50m: 27.58	27.58	200m: 2:01.75	31.29	31.38	400m: 4:06.04	30.77
100m: 58.75	31.17					
2. Kristiaan Lenos		LZ 1886	4:15.42	198301331	4:20.67	+0,97
50m: 28.26	28.26	150m: 1:32.30	32.44	33.51	350m: 3:47.67	34.48
100m: 59.86	31.60	200m: 2:05.38	33.08	34.30	400m: 4:20.67	33.00
3. Remco van Althuis		SBC2000	4:35.39	198300029	4:31.49	+0,93
50m: 29.94	29.94	150m: 1:37.64	34.57	35.01	350m: 3:57.92	34.90
100m: 1:03.07	33.13	200m: 2:12.60	34.96	35.41	400m: 4:31.49	33.57
4. Mathijs Lenos		HPC	4:50.67	198401407	4:44.68	+0,93
50m: 30.59	30.59	150m: 1:40.96	36.06	36.72	350m: 4:07.43	37.00
100m: 1:04.90	34.31	200m: 2:17.40	36.44	37.31	400m: 4:44.68	37.25
5. Lars Erik Beute		't Tolhekke	5:46.70	198600227	5:23.58	+0,93
50m: 34.84	34.84	150m: 1:53.20	39.97	41.40	350m: 4:41.31	43.01
100m: 1:13.23	38.39	200m: 2:34.94	41.74	41.96	400m: 5:23.58	42.27

Masters 30+

1. Marcel Reefhuis		De Veene	4:31.56	198101381	4:37.65	+0,52
50m: 30.53	30.53	150m: 1:38.23	34.52	35.76	350m: 4:02.09	36.84
100m: 1:03.71	33.18	200m: 2:13.30	35.07	36.19	400m: 4:37.65	35.56
2. Jeroen Vogelsang		DAW	4:44.87	198001645	5:00.31	+0,64
50m: 31.69	31.69	150m: 1:43.94	36.91	39.40	350m: 4:21.64	40.16
100m: 1:07.03	35.34	200m: 2:22.76	38.82	39.32	400m: 5:00.31	38.67
3. Steven Prins		PLONS	5:18.73	197901833	5:30.41	+0,82
50m: 35.06	35.06	150m: 1:56.34	41.33	42.13	350m: 4:47.53	43.80
100m: 1:15.01	39.95	200m: 2:38.52	42.18	43.08	400m: 5:30.41	42.88

Masters 35+

1. Markus van Rest		Zoetermeer	4:56.10	197701197	4:50.06	+1,00
50m: 32.09	32.09	150m: 1:44.97	37.22	38.04	350m: 4:15.04	36.32
100m: 1:07.75	35.66	200m: 2:22.84	37.87	37.84	400m: 4:50.06	35.02
2. Erwin Zuidervelt		De Futen	4:52.83	197501015	4:59.30	+0,96
50m: 33.50	33.50	150m: 1:49.90	38.56	38.64	350m: 4:23.38	37.53
100m: 1:11.34	37.84	200m: 2:28.80	38.90	38.41	400m: 4:59.30	35.92
3. Pieter Ponne		HZ&PC Heerenveen	5:56.29	197600749	6:09.58	* +0,91
50m: 38.49	38.49	150m: 2:08.10	45.51	47.22	350m: 5:20.20	49.18
100m: 1:22.59	44.10	200m: 2:53.87	45.77	49.93	400m: 6:09.58	49.38

Programmanr. 15, Heren, 400m vrije slag

Masters 40+

1. Richard Rickson	HGN (SG)	4:46.51	197000841	4:38.68	+0,60
50m: 32.11	150m: 1:42.23	35.46	35.57	350m: 4:04.03	34.94
100m: 1:06.77	200m: 2:18.07	35.84	35.45	400m: 4:38.68	34.65
2. Arjan Bellaart	Oceanus	4:46.29	196900079	4:39.34	+0,91
50m: 30.90	150m: 1:40.96	35.05	35.87	350m: 4:04.07	35.55
100m: 1:05.91	200m: 2:16.77	35.81	35.88	400m: 4:39.34	35.27
3. René Beetsma	HZ&PC Heerenveen	4:39.97	196900069	4:42.72	+0,93
50m: 32.15	150m: 1:42.29	35.59	35.98	350m: 4:07.43	36.47
100m: 1:06.70	200m: 2:18.33	36.04	36.65	400m: 4:42.72	35.29
4. Frank v Nobelen	Sassenheim	4:46.37	196900753	5:01.07	+0,92
50m: 33.81	150m: 1:47.65	37.40	38.23	350m: 4:22.24	39.14
100m: 1:10.25	200m: 2:26.26	38.61	38.61	400m: 5:01.07	38.83
5. Sander de Weert	OEZA	5:39.29	197201453	5:47.75	+0,60
50m: 38.00	150m: 2:02.80	43.17	44.84	350m: 5:02.46	45.84
100m: 1:19.63	200m: 2:46.70	43.90	45.08	400m: 5:47.75	45.29
6. Marcel Brittijn	De Duinkkikers	6:00.31	196900159	6:04.20	+1,01
50m: 38.16	150m: 2:07.95	46.37	48.43	350m: 5:20.36	48.56
100m: 1:21.58	200m: 2:55.77	47.82	47.60	400m: 6:04.20	43.84
7. Arnold Jonker	HZ&PC Heerenveen	6:10.50	197000529	6:17.68	+1,08
50m: 43.57	150m: 2:19.45	47.52	47.34	350m: 5:30.41	48.09
100m: 1:31.93	200m: 3:07.57	48.12	47.41	400m: 6:17.68	47.27

Masters 45+

1. Geert Wijn	De Gelenberg	4:31.76	196701101	4:40.22	+0,82
50m: 31.04	150m: 1:41.07	35.50	35.53	350m: 4:03.66	36.11
100m: 1:05.57	200m: 2:16.65	35.58	35.37	400m: 4:40.22	36.56
2. Jo-an Mudde	Zeester-Meerval	4:39.88	196701457	4:42.50	+0,83
50m: 32.03	150m: 1:43.23	35.90	35.49	350m: 4:06.54	36.15
100m: 1:07.33	200m: 2:18.84	35.61	36.06	400m: 4:42.50	35.96
3. Gert Sikkema	Zignea	4:48.16	196300687	4:49.85	+0,96
50m: 33.39	150m: 1:46.84	37.30	36.67	350m: 4:14.62	37.11
100m: 1:09.54	200m: 2:24.48	37.64	36.36	400m: 4:49.85	35.23
4. Erik van Dartel	PSV	5:06.69	196700185	5:14.57	+1,01
50m: 35.54	150m: 1:53.30	38.96	39.97	350m: 4:34.24	40.93
100m: 1:14.34	200m: 2:33.32	40.02	40.02	400m: 5:14.57	40.33
5. Jan Smalheer	SCOM	5:29.09	196400701	5:42.00	+1,23
50m: 35.17	150m: 1:59.59	43.60	44.55	350m: 4:57.31	44.35
100m: 1:15.99	200m: 2:43.90	44.31	44.51	400m: 5:42.00	44.69
6. Willem Jan Ribberink	WIDEX GZC DONK	6:01.34	196501327	5:58.50	+1,16
50m: 36.56	150m: 2:04.03	45.35	47.83	350m: 5:14.64	47.85
100m: 1:18.68	200m: 2:51.15	47.12	47.81	400m: 5:58.50	43.86
7. Casper Dollekamp	Steenwijk 1934	5:51.92	196301341	6:00.05	+1,07
50m: 38.95	150m: 2:06.47	45.13	46.70	350m: 5:14.41	48.27
100m: 1:21.34	200m: 2:52.37	45.90	47.07	400m: 6:00.05	45.64
8. Rik van Gasteren	AquAmigos	6:35.29	196401015	6:39.34	+1,15
50m: 42.91	150m: 2:19.97	49.43	51.85	350m: 5:49.51	53.11
100m: 1:30.54	200m: 3:11.04	51.07	53.51	400m: 6:39.34	49.83

Masters 50+

1. Marten de Groot <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	4:45.66	195800149	4:33.46	+0,89
50m: 30.96	150m: 1:37.77	33.57	34.28	350m: 3:57.95	36.19
100m: 1:04.20	200m: 2:11.66	33.89	35.82	400m: 4:33.46	35.51
2. Hugo Bregman	WVZ	4:38.49	195800069	4:44.69	+0,88
50m: 33.25	150m: 1:46.13	36.84	36.09	350m: 4:10.52	36.01
100m: 1:09.29	200m: 2:22.54	36.41	35.88	400m: 4:44.69	34.17
3. Jan Brink	De Zeeuwse Kust (SG)	4:44.49	196200091	4:52.04	+0,88
50m: 30.80	150m: 1:45.57	37.97	37.19	350m: 4:15.45	37.05
100m: 1:07.60	200m: 2:23.80	38.23	37.41	400m: 4:52.04	36.59
4. Elzo Dijkhuis	TriVia	4:56.71	196000873	5:07.59	+1,15
50m: 34.08	150m: 1:50.77	39.03	39.27	350m: 4:28.45	38.84
100m: 1:11.74	200m: 2:30.57	39.80	39.77	400m: 5:07.59	39.14

Programmanr. 15, Heren, 400m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
5.	Hans Roodzant	Torpedo	5:02.21	196000979	5:09.18	+0,98
	50m: 36.28 36.28	150m: 1:53.92 39.06	250m: 3:11.96	39.03 350m: 4:30.03 39.21		
	100m: 1:14.86 38.58	200m: 2:32.93 39.01	300m: 3:50.82	38.86 400m: 5:09.18 39.15		
6.	Peter van Vuuren	Upstream Amsterdam	5:15.10	196000641	5:13.72	+0,97
	50m: 32.77 32.77	150m: 1:51.26 40.31	250m: 3:12.88	40.97 350m: 4:34.57 40.67		
	100m: 1:10.95 38.18	200m: 2:31.91 40.65	300m: 3:53.90	41.02 400m: 5:13.72 39.15		
7.	Mark Kas	PLONS	5:21.42	196100285	5:20.58	+0,84
	50m: 37.31 37.31	150m: 1:59.16 41.51	250m: 3:20.67	40.61 350m: 4:41.79 40.60		
	100m: 1:17.65 40.34	200m: 2:40.06 40.90	300m: 4:01.19	40.52 400m: 5:20.58 38.79		
8.	Hans Groothelm	DBD	5:22.85	195800151	5:27.16	+0,86
	50m: 34.90 34.90	150m: 1:55.67 41.10	250m: 3:20.46	42.58 350m: 4:45.22 42.46		
	100m: 1:14.57 39.67	200m: 2:37.88 42.21	300m: 4:02.76	42.30 400m: 5:27.16 41.94		
9.	Jack Barends	WS Twente	5:30.73	196201011	5:32.32	+1,02
	50m: 36.33 36.33	150m: 1:57.75 41.57	250m: 3:22.81	42.68 350m: 4:49.14 43.43		
	100m: 1:16.18 39.85	200m: 2:40.13 42.38	300m: 4:05.71	42.90 400m: 5:32.32 43.18		
10.	Bart van Calker	WS Twente	5:41.03	196100067	5:41.54	+0,67
	50m: 38.16 38.16	150m: 2:02.04 43.23	250m: 3:29.47	44.34 350m: 4:57.40 44.18		
	100m: 1:18.81 40.65	200m: 2:45.13 43.09	300m: 4:13.22	43.75 400m: 5:41.54 44.14		
11.	Jan Willem Heuten	WS Twente	5:45.13	196000883	5:48.97	+1,00
	50m: 38.78 38.78	150m: 2:07.45 44.80	250m: 3:39.01	45.53 350m: 5:07.94 43.82		
	100m: 1:22.65 43.87	200m: 2:53.48 46.03	300m: 4:24.12	45.11 400m: 5:48.97 41.03		
12.	John Dam	Zignea	6:03.86	196000915	5:50.34	+1,17
	50m: 36.63 36.63	150m: 2:01.35 43.89	250m: 3:32.69	45.69 350m: 5:04.79 45.69		
	100m: 1:17.46 40.83	200m: 2:47.00 45.65	300m: 4:19.10	46.41 400m: 5:50.34 45.55		
13.	Herbert Katgert	WS Twente	6:48.83	195900739	6:31.20	+1,39
	50m: 43.15 43.15	150m: 2:23.98 51.19	250m: 4:03.80	49.89 350m: 5:42.96 49.68		
	100m: 1:32.79 49.64	200m: 3:13.91 49.93	300m: 4:53.28	49.48 400m: 6:31.20 48.24		

Masters 55+

1.	Andre Storm	Zoetermeer	5:08.64	195600407	5:16.09	+0,92
	50m: 35.39 35.39	150m: 1:56.24 40.88	250m: 3:17.95	40.57 350m: 4:39.06 40.37		
	100m: 1:15.36 39.97	200m: 2:37.38 41.14	300m: 3:58.69	40.74 400m: 5:16.09 37.03		
2.	Paul Bunnik	Triton	5:22.31	195600413	5:33.45	+1,05
	50m: 33.96 33.96	150m: 1:54.15 41.82	250m: 3:20.32	43.74 350m: 4:49.76 45.24		
	100m: 1:12.33 38.37	200m: 2:36.58 42.43	300m: 4:04.52	44.20 400m: 5:33.45 43.69		
3.	Steven Miller	Westchester Masters	5:38.38	1R-02XVX	5:40.42	+1,00
	50m: 38.34 38.34	150m: 2:03.90 43.44	250m: 3:31.38	43.95 350m: 4:59.49 44.08		
	100m: 1:20.46 42.12	200m: 2:47.43 43.53	300m: 4:15.41	44.03 400m: 5:40.42 40.93		
4.	Lex Hoogendam	MNC Dordrecht	5:41.52	195700541	5:54.46	+0,52
	50m: 37.71 37.71	150m: 2:04.91 44.90	250m: 3:36.78	46.14 350m: 5:09.04 46.09		
	100m: 1:20.01 42.30	200m: 2:50.64 45.73	300m: 4:22.95	46.17 400m: 5:54.46 45.42		
5.	Hugo Staudt	WS Twente	5:45.57	195300253	5:55.79	+0,55
	50m: 39.75 39.75	150m: 2:09.70 45.58	250m: 3:41.11	46.06 350m: 5:11.76 45.06		
	100m: 1:24.12 44.37	200m: 2:55.05 45.35	300m: 4:26.70	45.59 400m: 5:55.79 44.03		
6.	Pieter Husslage 200m *	Old Dutch	5:51.04	195300091	6:13.61	+1,19
	50m: 41.35 41.35	150m: 2:15.38 47.58	250m: 3:51.71	48.23 350m: 5:27.25 46.93		
	100m: 1:27.80 46.45	200m: 3:03.48 48.10	300m: 4:40.32	48.61 400m: 6:13.61 46.36		
7.	Abe Kramer	De Zeeuwse Kust (SG)	8:02.66	195700481	8:13.32	+1,16
	50m: 51.43 51.43	150m: 2:51.86 1:01.90	250m: 4:59.79	1:04.72 350m: 7:09.97 1:04.90		
	100m: 1:49.96 58.53	200m: 3:55.07 1:03.21	300m: 6:05.07	1:05.28 400m: 8:13.32 1:03.35		

Masters 60+

1.	Piet Schop	De Bevelanders	5:54.02	195000109	5:41.30	+0,76
	50m: 36.92 36.92	150m: 2:01.45 43.44	250m: 3:30.46	44.74 350m: 5:00.51 45.29		
	100m: 1:18.01 41.09	200m: 2:45.72 44.27	300m: 4:15.22	44.76 400m: 5:41.30 40.79		
2.	Wout Hemmes	De Plons	5:51.08	194800059	5:54.91	+1,22
	50m: 38.52 38.52	150m: 2:06.87 44.82	250m: 3:38.21	45.55 350m: 5:09.94 46.10		
	100m: 1:22.05 43.53	200m: 2:52.66 45.79	300m: 4:23.84	45.63 400m: 5:54.91 44.97		
3.	Jan van der Heide	HZ&PC Heerenvveen	6:32.61	195100059	6:38.79	+1,20
	50m: 42.70 42.70	150m: 2:20.98 50.49	250m: 4:03.79	51.47 350m: 5:47.05 51.79		
	100m: 1:30.49 47.79	200m: 3:12.32 51.34	300m: 4:55.26	51.47 400m: 6:38.79 51.74		

Programmanr. 15, Heren, 400m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
4.	Antanas Guoga	Takas	7:02.09	1948guog	6:44.60	+1,31	
	50m: 43.12	150m: 2:21.82	50.57	250m: 4:06.40	52.54	350m: 5:50.94	52.25
	100m: 1:31.25	200m: 3:13.86	52.04	300m: 4:58.69	52.29	400m: 6:44.60	53.66

Masters 65+

1.	Donald Uijtenbogaart	Het Y	5:04.13	194700107	5:15.16	+0,91	
	<i>Nederlands Masters Record</i>						
	50m: 36.23	150m: 1:55.69	40.28	250m: 3:16.18	40.23	350m: 4:35.50	39.42
	100m: 1:15.41	200m: 2:35.95	40.26	300m: 3:56.08	39.90	400m: 5:15.16	39.66
2.	Rob Hanou	PSV	5:58.26	194300109	6:11.37	+1,06	
	50m: 39.90	150m: 2:13.77	48.57	250m: 3:51.42	48.01	350m: 5:27.76	48.05
	100m: 1:25.20	200m: 3:03.41	49.64	300m: 4:39.71	48.29	400m: 6:11.37	43.61
3.	Mar van Geel	Old Dutch	7:04.33	194700135	7:12.18	+1,92	
	50m: 46.61	150m: 2:32.71	54.71	250m: 4:25.42	56.79	350m: 6:17.80	55.21
	100m: 1:38.00	200m: 3:28.63	55.92	300m: 5:22.59	57.17	400m: 7:12.18	54.38

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	5:45.50	193800007	5:48.41	+0,68	
	50m: 39.69	150m: 2:09.28	45.26	250m: 3:39.08	45.08	350m: 5:07.51	44.08
	100m: 1:24.02	200m: 2:54.00	44.72	300m: 4:23.43	44.35	400m: 5:48.41	40.90

Masters 75+

1.	Gregor Pompen	Aqua-Novio'94	6:39.88	193700021	6:54.87	+0,59	
	50m: 46.13	150m: 2:28.15	51.87	250m: 4:14.15	53.48	350m: 6:01.21	53.95
	100m: 1:38.28	200m: 3:20.67	52.52	300m: 5:07.26	53.11	400m: 6:54.87	53.66

Masters 80+

1.	Georges Verhelst	KRZ	7:41.28	RZV/160/31	8:14.19	+1,11	
	<i>Kampioenschaps Record</i>						
	50m: 52.58	150m: 2:53.77	1:01.78	250m: 5:01.55	1:02.15	350m: 7:09.65	1:03.61
	100m: 1:51.99	200m: 3:59.40	1:05.63	300m: 6:06.04	1:04.49	400m: 8:14.19	1:04.54

Programmanr. 16
28-01-2012 - 10:32

Dames, 100m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+								
1.	Stephanie Rombout	De Zeeuwse Kust (SG)	1:06.23	198803696	1:08.53	+0,86	31.19	1:08.53
2.	Jen-Ai van Soelen	Zuiderzeezwimmers	1:12.41	199003510	1:11.38	+0,75	30.99	1:11.38
3.	Ilse van den Wijngaard	One Team Swimming	1:11.49	198904736	1:11.67	+0,76	33.59	1:11.67
4.	Isabelle Massar	WVZ	1:11.15	199102034	1:12.04	+0,83	33.25	1:12.04
5.	Tonny Methorst	De Biesboschswimmers	1:12.47	198802998	1:13.64	+0,91	34.58	1:13.64
6.	Monique Pronk	WVZ	1:15.20	198803528	1:14.39	+0,66	34.32	1:14.39
7.	Sabine Lina	Aquarijn	1:10.48	198902680	1:14.40	+0,73	34.66	1:14.40
8.	Esther van Maastricht	Montferland	1:14.89	198802836	1:15.24	+0,46	34.89	1:15.24
9.	Rosanne de Boer	LZ 1886	1:11.62	199104060	1:16.28	+0,90	37.25	1:16.28
10.	Nicky Vanhijfte	Scheldestroom	1:17.51	199201806	1:17.80	+0,79	36.36	1:17.80
11.	Samantha van Eijk	De Geul	1:21.36	198806826	1:18.43	+0,81	35.87	1:18.43
12.	Lisette Prins	WVZ	1:20.02	198803522	1:18.97	+0,59	35.74	1:18.97
13.	Ilona Neels	De Schelde	1:21.20	198803150	1:20.29	+0,84	36.76	1:20.29
14.	Milou Bouwhuis	De Veene	1:16.90	198900532	1:21.08	+0,84	37.21	1:21.08
	Whitley Rens	De Schotejil	1:20.66	199007520	1:21.08	+0,91	36.95	1:21.08
16.	Eline Schoenmaker	De Duinkickers	1:21.09	199003322	1:23.18	+0,81	37.42	1:23.18
17.	René Kleinveld	One Team Swimming	1:23.23	199001966	1:23.96	+0,86	38.89	1:23.96
18.	Tessa Verheijdt	WVZ	1:23.51	198904290	1:25.09	+0,87	40.09	1:25.09
19.	Anne Volwerk	De Schotejil	1:20.84	199004032	1:26.47	+0,83	41.31	1:26.47

Programmanr. 16, Dames, 100m wisselslag, Masters 20+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
20. Wieteke Jansen	Montferland	1:26.39 199001750	1:26.54	+1,07	40.02	1:26.54
21. Leonie Versteeg	De Veene	1:24.28 199003962	1:27.08	+0,56	41.16	1:27.08
22. Liesbeth Bruinekool	Zuiderzeezwemmers	2:03.62 199007958	2:08.64	+0,88	1:01.46	2:08.64

Masters 25+

1. Nadya Putter	ZVVS	1:10.79 198301630	1:11.51	+0,80	33.66	1:11.51
2. Carly Noordermeer	ZOB'66	1:13.41 198702984	1:13.87	+0,71	33.28	1:13.87
3. Sandra Zwaanswijk	DAW	1:14.42 198503934	1:14.03	+0,74	34.24	1:14.03
4. Esther Versteeg	Van Vliet-Barracuda	1:13.92 198302112	1:14.65	+0,86	33.75	1:14.65
5. Miriam Visserman	Octopus	1:15.72 198704364	1:16.11	+0,88	35.17	1:16.11
6. Sandra Pannekeet	DAW	1:21.22 198403458	1:18.02	+0,93	35.23	1:18.02
7. Marije Jansen	Montferland	1:21.07 198504088	1:19.57	+0,95	36.68	1:19.57
8. Pauline Tieleman	De Geul	1:18.15 198403348	1:19.71	+0,53	36.70	1:19.71
9. Maaïke van Diggele	ZPB H&L Productions	1:17.58 198700868	1:20.54	+0,91	36.95	1:20.54
10. Sabine Wieland	De Schelde	1:20.87 198604050	1:20.75	+0,92	37.81	1:20.75
11. Sabine Duijst	De Amer	1:24.46 198701032	1:22.38	+1,08	38.43	1:22.38
12. Margriet Aan het Rot	Octopus	1:25.36 198603088	1:26.79	+0,89	41.30	1:26.79
13. Mariëlla Rijk	De Zeeuwse Kust (SG)	1:33.44 198705976	1:32.54	+1,06	45.19	1:32.54

Masters 30+

1. Laura Badoux	DAW	1:10.70 198200038	1:12.08	+0,96	34.94	1:12.08
2. Sylvia Reijers	De Gelenberg	1:16.33 198201360	1:16.83	+0,65	34.18	1:16.83

Masters 35+

1. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:17.71 197400446	1:17.98	+0,91	36.31	1:17.98
2. Petra Versteegen	WVZ	1:20.98 197700906	1:20.99	+0,91	36.40	1:20.99

Masters 40+

1. Annette de Visser	Oceanus	1:18.84 197100602	1:20.24	+0,53	39.54	1:20.24
2. Mengersanne Heijnen	Zignea	1:26.10 197100878	1:24.76	+0,91	38.72	1:24.76
3. Iris van Aurich	DWK	1:23.87 196900866	1:24.91	+0,86	39.83	1:24.91
4. Marion Broekhuis	WS Twente	1:30.82 196800060	1:29.33	+0,86	42.99	1:29.33

Masters 45+

1. Laura Staal	Oceanus	1:18.21 196700358	1:16.98	+0,90	36.53	1:16.98
2. Annette Wijnja-Visser	De Biesboschzwemmers	1:16.60 196700528	1:17.36	+0,82	36.35	1:17.36
3. Caroline Schreuder	Triton	1:18.48 196700550	1:20.13	+0,62	37.50	1:20.13
4. Jeannette Ruesink	WS Twente	1:22.95 196300212	1:22.77	+0,83	38.45	1:22.77
5. Wilna Heijman	't Tolhekke	1:21.60 196400506	1:22.87	+0,54	37.83	1:22.87
6. Monique Gerritsen	WS Twente	1:25.02 196500188	1:23.44	+0,89	39.33	1:23.44
7. Hanny Rotteveel	Zignea	1:23.09 196600538	1:23.98	+1,03	38.24	1:23.98
8. Friderika Kerekes	AZ&PC	1:26.47 196500540	1:31.44	+0,98	43.44	1:31.44
9. Miranda Keijl	Zignea	1:33.44 196500588	1:32.39	+0,98	42.39	1:32.39
10. Ingeborg Stokx	DAW	1:46.56 196700666	1:44.64	+1,10	52.68	1:44.64

Masters 50+

1. Mathilde Vink	Swol 1894	1:21.99 195800128	1:23.23	+0,99	39.06	1:23.23
2. Marijke Kraak	WS Twente	1:23.27 196000240	1:23.45	+1,03	39.95	1:23.45
3. Patty Verhagen	AquAmigos	1:24.10 195900146	1:25.83	+0,97	40.60	1:25.83
4. Janny van Eijk	ZV De Bron	1:30.22 195800022	1:29.54	+0,93	42.51	1:29.54
5. Pia van der Molen	HZ&PC Heerenveen	1:28.83 196000116	1:30.74	+0,88	40.57	1:30.74
6. Inge Wolfs	PLONS	1:31.88 196000304	1:33.91	+0,98	42.73	1:33.91
7. Gonnje Paas	ZVVS	1:37.73 196200418	1:34.88	+1,48	45.98	1:34.88
8. Lia Bijkerk	WIDEX GZC DONK	1:40.78 196000014	1:37.00	+1,15	46.97	1:37.00
9. Jennie Resink-lindeboom	DWK	1:35.60 196000142	1:37.97	+1,12	44.76	1:37.97
10. Ellen Parma	Triton	1:34.06 196200366	1:40.06	+1,03	46.89	1:40.06
11. Mies Kuipers	Old Dutch	2:02.54 195800202	2:01.40	+0,96	1:01.60	2:01.40

Programmanr. 16, Dames, 100m wisselslag

Masters 55+

1. Patty Krupiarz	PSV	1:36.85	195400074	1:35.69	+0,93	45.47	1:35.69
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Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:23.87	195100022	1:25.27	+0,89	41.19	1:25.27
2. Gonnje Bak	PSV	1:45.74	195100064	1:45.44	+0,98	53.18	1:45.44
3. Tineke van Diggelen	Oceanus	1:46.03	195200048	1:47.19	+1,11	53.04	1:47.19
4. Antoinette Gilding-Tussaud	WS Twente	1:47.95	195000038	1:50.99	+1,14	48.35	1:50.99

Masters 65+

1. Matty van der Veen	Old Dutch	1:45.41	194400020	1:55.12	+1,27	56.84	1:55.12
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Masters 70+

1. Truus Ruiter	Old Dutch	2:14.54	194000004	2:14.70	+1,02	1:07.40	2:14.70
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Masters 75+

1. Annie de Vos	Old Dutch	2:16.04	193400004	2:24.81	+1,09	1:10.11	2:24.81
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Programmanr. 17
28-01-2012 - 10:51

Heren, 100m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
Masters 20+							
1. Emile Manni	Octopus	1:00.72	199001901	1:01.39	+0,82	28.14	1:01.39
2. Roderick van Doeselaar	De Rijn	1:02.09	199200261	1:01.89	+0,58	28.42	1:01.89
3. Marcel Noordermeer	ZOB'66	1:01.87	199003455	1:03.41	+0,67	30.16	1:03.41
4. Jasper Groothelm	DBD	1:01.99	199005735	1:04.74	+0,76	29.99	1:04.74
5. Tim Bunnik	Triton	1:05.04	199000505	1:06.61	+0,90	30.90	1:06.61
6. Sander Boidin	Scheldestroom	1:06.85	199200111	1:07.59	+0,84	31.03	1:07.59
7. Boy Heijnekamp	LZ 1886	1:15.79	198901161	1:07.86	+0,85	30.98	1:07.86
8. Mark van Damme	't Tolhekke	1:11.05	199100435	1:08.88	+0,82	33.31	1:08.88
9. Martijn van Hoorn	De Schotejil	1:08.58	198901343	1:09.22	+0,88	32.10	1:09.22
10. Maik Steenkamp	NDD	1:04.97	199103847	1:10.76	+0,66	34.35	1:10.76
11. Kevin Dieker	Montferland	1:10.48	199100461	1:11.67	+0,92	33.45	1:11.67
12. Glenn Mijnders	De Schotejil	1:11.91	199204569	1:16.28	+0,88	33.08	1:16.28
13. Berné Beute	't Tolhekke	1:21.10	199100135	1:16.81	+1,00	34.89	1:16.81
14. Jeroen de Putter	De Schelde	1:18.58	199204149	1:19.65	+0,72	36.49	1:19.65
DIS Owen Louwes	HoogenboomTours/BZ&PC	1:12.23	199101487		AF		
Masters 25+							
1. Kristiaan Lenos	LZ 1886	1:01.57	198301331	1:02.30	+0,96	29.22	1:02.30
2. Martijn Giezen	Montferland	1:04.91	198500813	1:05.12	+0,83	29.63	1:05.12
3. Thommy Nickel	Van Vliet-Barracuda	1:04.50	198401627	1:05.15	+0,90	30.56	1:05.15
4. Victor den Heijer	D'Elft WAVE (SG)	1:03.59	198300867	1:05.92	+0,74	30.05	1:05.92
5. Albert van Piekeren	Octopus	1:05.70	198401767	1:06.21	+0,87	29.80	1:06.21
6. Rick Driezen	Steenwijk 1934	1:08.29	198600713	1:06.40	+0,88	29.65	1:06.40
7. Remko Hooft	De Duinkickers	1:06.20	198701405	1:07.72	+0,73	31.97	1:07.72
8. Mathijs Lenos	HPC	1:10.55	198401407	1:11.32	+0,94	33.28	1:11.32
9. Sebastiaan Baars	WS Twente	1:12.31	198300053	1:14.02	+0,64	34.18	1:14.02
10. Harmen Reemst	ZOB'66	1:12.53	198702715	1:15.17	+0,87	34.60	1:15.17
11. Dennis Klop	De Biesboschzwemmers	1:15.64	198302643	1:15.93	+0,78	37.65	1:15.93
12. Erik van der Zeijden	RZ	1:17.20	198604569	1:16.38	+0,86	36.20	1:16.38

Programmanr. 17, Heren, 100m wisselslag

Masters 30+

1. Evgeny Ryzhov	All Stars	1:00.38	102628	59.91	+0,80	28.32	59.91
<i>Kampioenschaps Record</i>							
2. Nol van Thull	ZOB'66	1:02.97	198001513	1:03.37	+0,87	29.40	1:03.37
3. Simon van Ravensteijn	Zoetermeer	1:07.90	198002263	1:06.45	+0,80	31.75	1:06.45
4. Freddie Geerlings	HGN (SG)	1:05.91	197900379	1:06.46	+0,87	30.69	1:06.46
5. Kars Luttik	DAW	1:06.33	197800675	1:06.76	+0,94	30.52	1:06.76
6. Carl Knelange	Zwemlust-den Hommel	1:08.79	198000795	1:08.45	+0,93	30.68	1:08.45
7. Ron Langelaan	DAW	1:11.68	197800643	1:09.42	+0,87	32.19	1:09.42
8. Pieter Muller	HoogenboomTours/BZ&PC	1:12.63	198101187	1:12.07	+0,89	33.32	1:12.07
9. Gino Martijn	RZ	1:17.88	197901865	1:17.23	+0,81	37.25	1:17.23
10. Remco Veerkamp	Zuiderzeezwemmers	1:25.57	198102311	1:24.45	+0,93	37.77	1:24.45
11. Remco Luijnenburg	WIDEX GZC DONK	1:34.70	197901851	1:36.17	+1,00	49.50	1:36.17

Masters 35+

1. Dennis Schouten	LZ 1886	1:08.52	197501351	1:05.57	+0,73	30.26	1:05.57
2. Gerard Eghuizen	HZ&PC Heerenveen	1:08.76	197400197	1:10.21	+0,97	32.91	1:10.21
3. Roger Flinterman	Zoetermeer	1:10.84	197601261	1:10.40	+0,99	31.77	1:10.40
4. Bas Streutgers	HPC	1:19.94	197401213	1:13.47	+0,89	35.17	1:13.47
5. Michel Ophuis	WS Twente	1:17.51	197301355	1:16.68	+0,85	36.40	1:16.68

Masters 40+

1. Harry Cornet	De Biesboschzwemmers	1:03.42	197100175	1:03.70	+0,82	31.25	1:03.70
2. Marcel van Winssen	De Gelenberg	1:04.86	197101477	1:05.26	+0,87	30.15	1:05.26
3. Richard Ricksen	HGN (SG)	1:05.48	197000841	1:05.71	+0,86	32.46	1:05.71
4. René Beetsma	HZ&PC Heerenveen	1:07.39	196900069	1:07.17	+0,86	30.79	1:07.17
5. Arjan Bellaart	Oceanus	1:07.97	196900079	1:07.43	+0,84	31.24	1:07.43
6. Arjon de Bok	De Biesboschzwemmers	1:08.37	196900125	1:08.55	+0,84	32.31	1:08.55
7. Harold Matla	PSV	1:09.14	196800591	1:10.78	+0,84	35.70	1:10.78
8. Albertas Balaisis	Takas	1:14.65	1969bala	1:12.71	+0,97	33.72	1:12.71
9. Arvydas Burinskas	Takas	1:13.18	1969buri	1:12.81	+0,87	32.16	1:12.81
10. Hans Schoenmakers	DAW	1:14.74	196900863	1:16.01	+0,83	37.46	1:16.01
11. Erik de Bruijne	De Schelde	1:18.99	197201417	1:17.48	+0,84	37.23	1:17.48
12. Arjan Dekker	Koewacht	1:20.38	196900225	1:17.50	+0,90	36.72	1:17.50
13. Roland Schol	HoogenboomTours/BZ&PC	1:17.77	196901543	1:18.17	+1,00	37.77	1:18.17

Masters 45+

1. Cees van Houwelingen	De Schelde	1:04.85	196300351	1:05.16	+0,99	32.35	1:05.16
2. Gert Sikkema	Zignea	1:08.72	196300687	1:09.80	+0,94	33.35	1:09.80
3. Igor Penchukov	Sprut	1:10.56	102154	1:09.85	+0,91	34.10	1:09.85
4. Fred Heemstra	DAW	1:10.26	196500357	1:09.91	+0,90	31.47	1:09.91
5. John Stokx	DAW	1:13.57	196401341	1:12.20	+0,92	32.37	1:12.20
6. Jeroen den Boer	TRB-RES	1:10.38	196701475	1:12.34	+0,78	31.71	1:12.34
7. Peter Fölker	Aqua-Novio'94	1:11.91	196401021	1:13.73	+0,78	35.13	1:13.73
8. Erik Saan	De Duck	1:15.07	196500769	1:14.69	+1,08	34.61	1:14.69
9. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:18.66	196501027	1:18.80	+0,86	37.00	1:18.80
DIS Huyb Stegeman	Steenwijk 1934	1:22.99	196701535	1:20.19	RH+1,01	39.08	1:20.19
NG Pim Nieuwenkamp	WIDEX GZC DONK	1:19.67	196301331				

Masters 50+

1. Ronald Grove	Oceanus	1:10.77	196100161	1:11.78	+0,79	33.56	1:11.78
2. Ron van Vliet	De Zeeuwse Kust (SG)	1:12.12	196100849	1:12.63	+0,84	32.69	1:12.63
3. Arlandas Juodeska	Takas	1:14.29	1961juod	1:12.82	+0,86	34.01	1:12.82
4. Arturas Tuomas	Takas	1:14.23	1961tuom	1:13.46	+0,90	35.18	1:13.46
5. Ralph Caster	RZ	1:15.08	196100069	1:14.35	+0,85	36.12	1:14.35
6. Rudolf Meijer	De Amer	1:18.69	196000995	1:19.31	+1,11	37.86	1:19.31
7. André Schutte	De Zeeuwse Kust (SG)	1:18.27	196000521	1:21.04	+0,96	38.04	1:21.04
8. Bart van Calker	WS Twente	1:23.30	196100067	1:21.41	+0,99	39.32	1:21.41
9. Harry Paas	ZVVS	1:25.02	195800689	1:23.68	+1,02	38.94	1:23.68
10. Arie van Damme	t Tolhekke	1:32.60	196101029	1:30.56	+0,87	40.90	1:30.56

Programmanr. 17, Heren, 100m wisselslag

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	1:05.95	195700425	1:06.12	+0,82	30.55	1:06.12
2. Paul Bunnik	Triton	1:15.73	195600413	1:18.10	+1,01	36.69	1:18.10
3. Evertjan Masurel	PSV	1:19.86	195600495	1:21.47	+0,55	38.86	1:21.47
4. Steven Miller	Westchester Masters	1:17.69	1R-02XVX	1:22.35	+0,79	37.95	1:22.35
5. Pieter Husslage	Old Dutch	1:20.29	195300091	1:26.70	+1,08	40.25	1:26.70
6. Peter Coffeng	WIDEX GZC DONK	1:36.12	195700063	1:29.32	+1,34	41.12	1:29.32

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	1:08.70	195200203	1:07.77	+0,59	31.93	1:07.77
<i>Europees Masters Record</i>							
2. Brend Brevé	PSV	1:15.56	195200265	1:15.56	+0,92	34.83	1:15.56
3. Piet Schop	De Bevelanders	1:19.44	195000109	1:19.41	+0,78	37.69	1:19.41
4. Rob Berkhof	Swol 1894	1:28.14	195200245	1:27.19	+0,97	39.36	1:27.19

Masters 65+

1. Jaap Kwakkel	DAW	1:22.21	194700157	1:26.54	+0,99	39.95	1:26.54
2. Rob Hanou	PSV	1:24.09	194300109	1:27.05	+1,06	43.34	1:27.05
3. Mar van Geel	Old Dutch	1:49.53	194700135	1:49.76	+1,14	58.48	1:49.76

Masters 70+

1. Frans van Enst	WS Twente	1:25.06	194000011	1:28.02	+1,09	40.12	1:28.02
2. Gustave Lempereur	CHAT	1:31.00	CHAT/099/42	1:28.44	+1,05	42.66	1:28.44
<i>BEL Masters Record</i>							
3. Nico Geers	Z&PC De Gouwe	1:29.88	193800007	1:34.05	+0,65	44.64	1:34.05
4. Pavelas Bezzubovas	Takas	1:37.95	1939bezz	1:37.60	+1,17	48.50	1:37.60
5. Pieter Scharphorn	Neptunus	2:16.37	193800037	2:15.42 *	+1,38	1:04.23	2:15.42

Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:44.93	193700015	1:48.55	+1,16	51.35	1:48.55
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Masters 80+

1. Georges Verhelst	KRZ	1:50.80	RZV/160/31	1:57.28	+1,18	56.54	1:57.28
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Programmanr. 18
28-01-2012 - 11:23

4 x 100m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+, Dames				
1. WVZ 1	WVZ	4:36.68	4:38.25	+0,84
<i>Kampioenschaps Record</i>				
Isabelle Massar	+0,84	30.52	1:04.47	Monique Pronk
Lisette Prins	+0,34	34.02	1:11.42	Tessa Verheijdt
			+0,71	32.45
			+0,58	35.32
80+, Heren				
1. De Schotejil 1	De Schotejil	3:49.43	3:58.40	+0,93
Niels Albrechts	+0,93	30.05	1:02.04	Glenn Mijnders
Martijn van Hoorn	+0,56	27.93	58.85	Mark Costeris
			+0,61	30.31
			+0,44	24.79

Programmanr. 18, 4 x 100m vrije slag

80+, Gemengd

1.	De Rijn 1 <i>Nederlands Masters Record</i>	De Rijn	3:58.97		4:02.81	+0,80		
	Hans de Korte	+0,80	29.67	1:03.13	Roderick van Doeselaar	+0,48	26.57	54.53
	Loes van Ooijen	+0,29	28.50	1:00.43	Laura Oosterbroek	+0,51	30.59	1:04.72
2.	SBC2000 1	SBC2000	4:06.25		4:05.02	+0,82		
	Dennis van Oosterhout	+0,82	27.45	58.66	Cynthia Grooteboer	+0,16	30.17	1:02.92
	Kitty Schiphorst Preuper	+0,28	30.99	1:05.58	Remco van Althuis	+0,22	27.35	57.86
3.	Scheldestroom 1	Scheldestroom	4:12.09		4:19.15	+0,82		
	Marlinda Eggermont	+0,82	30.39	1:04.06	Nicky Vanhijfte	+0,40	32.59	1:08.95
	Vincent Keijmel	+0,61	30.08	1:03.52	Sander Boidin	+0,60	29.56	1:02.62
4.	Montferland 1	Montferland	5:14.48		5:17.75	+0,83		
	Roel van Beek	+0,83	29.32	1:01.36	Martine Varwijk	+0,84	53.66	1:55.69
	Wieteke Jansen	+0,70	36.27	1:16.94	Kevin Dieker	+0,73	29.92	1:03.76

100+, Dames

1.	DAW 1	DAW	4:37.82		4:38.48	+0,98		
	Sandra Pannekeet	+0,98	32.34	1:09.32	Chantal Kranenburg	+0,63	34.54	1:15.82
	Channe Noort	+0,43	33.57	1:09.79	Sandra Zwaanswijk	+0,50	30.29	1:03.55

100+, Gemengd

1.	De Veene 1 <i>Nederlands Masters Record</i>	De Veene	4:01.32		4:02.42	+0,81		
	Annelette de Vries	+0,81	29.69	1:02.39	Yvon Versteeg	+0,30	28.37	59.57
	Wessel Everloo	+0,48	29.24	1:01.74	Marcel Reefhuis	+0,30	27.73	58.72
2.	ZOB'66 1	ZOB'66	4:04.66		4:04.15	+0,69		
	Ferry Blange	+0,69	28.15	59.52	Carly Noordermeer	+0,34	30.89	1:05.98
	Wendy de Bruin	+0,22	30.76	1:05.00	Nol van Thull	+0,14	25.74	53.65
3.	De Amer 1	De Amer	4:21.52		4:26.91	+0,97		
	Paul de Boer	+0,97	30.41	1:05.25	Anne Duijst	+0,64	32.99	1:07.58
	Sabine Duijst	+0,64	35.09	1:14.09	Dick Kampman	+0,10	28.00	59.99

120+, Heren

1.	Den Doorn 1	Den Doorn	4:12.35		4:12.32	+0,90		
	Tommy Uilenberg	+0,90	29.66	1:02.25	Wouter van der Steit	+0,36	29.98	1:03.83
	Nico Swart	+0,53	30.51	1:05.98	Dylan Haverkamp	+0,60	28.83	1:00.26
2.	Zoetermeer 1	Zoetermeer	4:14.00		4:29.60	* +0,97		
	Mike Molenaar	+0,97	36.37	1:18.01	Marcel van Lochem	+0,48	31.32	1:06.49
	Markus van Rest	+0,08	28.78	1:00.65	Simon van Ravensteijn	+0,56	30.76	1:04.45

120+, Gemengd

1.	LZ 1886 1 <i>Nederlands Masters Record</i>	LZ 1886	4:02.27		4:02.40	+0,90		
	Kristiaan Lenos	+0,90	25.95	53.97	Rosanne de Boer	+0,53	31.03	1:05.17
	Heidi van Stein	+0,37	30.51	1:05.23	Dennis Schouten	+0,16	27.75	58.03
2.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	4:42.75		4:36.33	+1,03		
	Pia van der Molen	+1,03	38.17	1:21.00	Gerard Eghuizen	+0,48	29.62	1:03.82
	Pieter Ponne	+0,46	32.55	1:08.95	Nanda de Vries	+0,27	29.32	1:02.56
3.	't Tolhekke 1	't Tolhekke	4:59.97		5:01.06	+0,91		
	Arie van Damme	+0,91	40.66	1:24.13	Lars Erik Beute	+0,52	30.59	1:05.75
	Wilna Heijman	+0,67	35.61	1:14.74	Anneke Veenstra	+0,86	35.74	1:16.44

160+, Dames

1.	WS Twente 1	WS Twente	4:44.33		4:52.46	+0,88		
	Jeannette Ruesink	+0,88	35.52	1:12.40	Marijke Kraak	+0,65	36.12	1:16.17
	Marion Broekhuis	+0,67	36.66	1:16.32	Inez Heideman	+0,42	31.96	1:07.57

Programmanr. 18, 4 x 100m vrije slag

160+, Heren

1.	De Gelenberg 1 <i>Kampioenschaps Record</i>	De Gelenberg	3:58.32			4:01.91	+1,00	
	Ron van der Meer	+1,00	30.65	1:07.33	Geert Wijn	+0,28	26.78	56.71
	Erik Lamers	+0,45	28.73	59.75	Marcel van Winssen	+0,48	27.81	58.12
2.	De Schelde 1	De Schelde	4:05.81			4:07.49	+0,76	
	Bas Westdorp	+0,76	30.03	1:03.62	Cees van Houwelingen	+0,22	26.43	55.78
	Maarten de Pooter	+0,45	29.28	1:04.48	Patrick Keijmel	+0,36	29.02	1:03.61
3.	DAW 1	DAW	4:21.24			4:27.28	+0,90	
	Hans Schoenmakers	+0,90	31.89	1:07.00	Jeroen Vogelsang	+0,55	30.83	1:04.69
	Jaap Kwakkel	+0,56	34.97	1:14.82	Fred Heemstra	+0,50	29.34	1:00.77
4.	WS Twente 1	WS Twente	4:30.41			4:36.53	+0,59	
	Sebastiaan Baars	+0,59	30.98	1:05.86	Bart van Calker	+0,55	35.90	1:12.75
	Jack Barends	+0,64	34.92	1:11.93	Michel Ophuis	+0,37	30.86	1:05.99
5.	WIDEX GZC DONK 1	WIDEX GZC DONK	4:56.16			5:10.00	+1,03	
	Yves van den Berg	+1,03	34.39	1:12.62	Peter Coffeng	+0,64	36.05	1:21.19
	Remco Luijnenburg	+0,36	41.73	1:25.75	Willem Jan Ribberink	+0,64	33.53	1:10.44

160+, Gemengd

1.	Oceanus 1 <i>Nederlands Masters Record</i>	Oceanus	4:15.00			4:13.46	+0,84	
	Arjan Bellaart	+0,84	28.13	58.81	Ronald Grove	+0,33	28.92	1:00.87
	Laura Staal	+0,57	31.82	1:06.53	Annette de Visser	+0,55	32.12	1:07.25
2.	Upstream Amsterdam 1	Upstream Amsterdam	4:25.00			4:18.26	+0,93	
	Rebecca Gentek	+0,93	31.91	1:08.78	Monique Dijkstra	+0,52	32.09	1:07.40
	Peter van Vuuren	+0,35	29.81	1:03.72	Joost Roelofs	+0,52	27.49	58.36
3.	Triton 1	Triton	4:40.64			4:45.97	+0,89	
	Tim Bunnik	+0,89	27.57	58.64	Ellen Parma	+0,60	40.39	1:27.59
	Caroline Schreuder	+0,53	33.43	1:11.20	Paul Bunnik	+0,41	32.65	1:08.54

200+, Heren

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	4:38.94			4:38.30	+0,70	
	Marten de Groot	+0,70	30.45	1:02.83	Arnold Jonker	+0,64	35.52	1:15.24
	Jan van der Heide	+0,66	37.69	1:20.95	René Beetsma	+0,28	28.24	59.28

200+, Gemengd

1.	PSV 1 <i>Nederlands Masters Record, Startzwemmer KR 100 vrij</i>	PSV	4:51.44			4:49.43	+0,91	
	Brend Brevé	+0,91	32.57	1:06.71	Liselotte Joling	+0,46	33.59	1:10.28
	Patty Krupiarz	+0,60	40.32	1:26.54	Erik van Dartel	+0,54	31.01	1:05.90

240+, Gemengd

1.	PSV 2 <i>Nederlands Masters Record</i>	PSV	5:39.68			5:29.97	+1,07	
	Rob Hanou	+1,07	36.56	1:17.32	Lottie Geurts	+0,75	45.57	1:33.84
	Annie Smits	+0,43	44.99	1:34.20	Harold Matla	+0,43	31.40	1:04.61
2.	Old Dutch 1	Old Dutch	6:07.69			6:18.80	+1,07	
	Mar van Geel	+1,07	40.39	1:27.02	Pieter Husslage	+0,81	36.88	1:18.19
	Mies Kuipers	+0,85	57.22	1:57.18	Matty van der Veen	+0,62	45.39	1:36.41

4 - ONMK 2012 kb sessie 4

28-01-2012 - 14:00

Programmanr. 19
28-01-2012 - 14:00

Gemengd, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	De Rijn	2:06.03	2:05.67	
	Laura Oosterbroek 88 35.08	Roderick van Doeselaar 92 +0,37	26.72	
	Hans de Korte 86 +0,61 36.61	Loes van Ooijen 92 +0,37	27.26	
2.	ZOB'66	2:08.16	2:08.29	
	Wendy de Bruin 92 35.36	Marcel Noordermeer 90 +0,35	27.18	
	Harmen Reemst 87 +0,38 36.22	Carly Noordermeer 87 +0,17	29.53	
3.	Tritium (SG) 2	2:10.20	2:09.77	
	Jelte Schuurmans 91 29.33	Joppe Schuurmans 89 +0,16	27.53	
	Marjolein van der Sanden 84 +0,47 43.80	Merel Siroen 88 +0,65	29.11	
4.	Montferland 1	2:26.79	2:10.10	
	Martijn Giezen 85 29.13	Kevin Dieker 91 +0,56	31.34	
	Esther van Maastrigt 88 +0,42 36.33	Wieteke Jansen 90 +0,88	33.30	
5.	Tritium (SG) 1	2:10.65	2:12.64	
	Elodie Siroen 90 38.72	Mark Effing 86 +0,32	29.60	
	Bas Berndes 89 +0,19 35.37	Chantal Willems 91 +0,36	28.95	
6.	D'Elft WAVE (SG) 1	2:12.60	2:12.82	
	Merel Toussaint 92 34.57	Joana Carneiro 82 +0,36	32.07	
	Marc Verhaeg 89 +0,49 37.64	Mark den Blanken 88 +0,08	28.54	
7.	De Schelde 2	2:19.06	2:18.78	
	Jeroen de Putter 92 36.61	Mertijn Loof 90 +0,23	28.55	
	Ilona Neels 88 +0,40 40.93	Sabine Wieland 86 +0,63	32.69	
DIS	SBC2000 1	2:08.90		EA
	<i>dis 2e zwemmer</i>			
	Cynthia Grootenboer 89 33.93	Remco van Althuis 83		
	Dennis van Oosterhout 89 -0,04	Kitty Schiphorst Preuper 91		
100+				
1.	De Veene	2:06.24	2:05.72	
	Marcel Reefhuis 81 31.44	Wessel Everloo 89 +0,49	32.26	
	Yvon Versteeg 92 +0,40 34.05	Annette de Vries 86 +0,34	27.97	
2.	Octopus 1	2:12.81	2:07.18	
	Emile Manni 90 29.00	Miriam Visserman 87 +0,71	31.86	
	Albert van Piekeren 84 +0,50 32.30	Margriet Aan het Rot 86 +0,44	34.02	
3.	De Duinkickers 1	2:11.54	2:12.82	
	Eline Schoenmaker 90 35.84	Marcel Brittijn 69 +0,47	34.60	
	Remko Hooft 87 +0,46 31.99	Maaïke de Boer 90 +0,74	30.39	
4.	De Amer 1	2:14.75	2:17.53	
	Dick Kampman 88 32.11	Paul de Boer 68 +0,53	35.15	
	Anne Duijst 89 +0,11 38.05	Sabine Duijst 87 +0,48	32.22	
5.	De Schotejil 1	2:16.19	2:18.25	
	Susanne van Hooven 68 37.15	Anne Volwerk 90 +0,61	37.20	
	Martijn van Hoorn 89 +0,54 36.28	Glenn Mijnders 92 +0,58	27.62	
6.	Scheldestroom 1	2:21.96	2:24.82	
	Vincent Keijmel 91 36.36	Martijn Eggermont 82 +0,79	30.79	
	Dorien Vasseur 87 +0,78 44.95	Evelyn Verplanke 81 +0,48	32.72	

Programmanr. 19, Gemengd, 4 x 50m wisselslag

120+

1. DAW 3 Sandra Pannekeet Ron Langelaan	DAW 84 78 +0,42	37.31 32.59	Kars Luttk Laura Badoux	78 82	+0,41 +0,46	29.25 28.83	2:07.98
2. LZ 1886 1 Rosanne de Boer Dennis Schouten	LZ 1886 91 75 +0,02	37.64 33.35	Kristiaan Lenos Heidi van Stein	83 69	+0,42 +0,40	27.49 30.12	2:08.60
3. WVZ 1 Petra Versteegen Monique Pronk	WVZ 77 88 +0,66	38.26 38.10	Hugo Bregman Rens Post	58 91	+0,18 +0,46	27.96 27.24	2:11.56
4. DAW 2 Fred Heemstra Hans Schoenmakers	DAW 65 69 +0,55	32.51 35.72	Sandra Zwaanswijk Channe Noort	85 86	+0,33 +0,25	32.36 31.21	2:11.80
5. De Schelde 1 Claudia Sutin Erik de Bruijne	De Schelde 72 72 +0,14	44.88 35.86	Marco de Bat Marouschka Rijnhout	71 78	+0,30 +0,33	32.42 31.30	2:24.46
6. Den Doorn 1 Ineke Branderhorst Wouter van der Stelt	Den Doorn 69 72 +0,37	50.82 37.92	Pim Scheffer Antoinette Kant	92 69	+0,26 +0,54	29.98 34.56	2:33.28
7. 't Tolhekke 1 Wilna Heijman Anneke Veenstra	't Tolhekke 64 79 +0,71	39.41 43.69	Berné Beute Arie van Damme	91 61	+0,57 +0,48	35.54 35.21	2:33.85

160+

1. Upstream Amsterdam 1 Rebecca Gentek Robert Weyhenke	Upstream Amsterdam 85 52 +0,25	37.27 34.56	Monique Dijkstra Joost Roelofs	64 76	+0,46 +0,62	34.13 26.29	2:12.25
2. Oceanus 1 Laura Staal Ronald Grove	Oceanus 67 61 +0,21	37.06 35.96	Arjan Bellaart Annette de Visser	69 71	+0,51 +0,40	30.12 30.69	2:13.83
3. Aqua-Novio'94 1 Albert Boonstra Peter Fölker	Aqua-Novio'94 57 64 +0,55	31.13 36.87	Liset de Veer Petra Guijt	87 76	+0,26 +0,43	35.79 31.40	2:15.19
4. RZC 1 Jan Gerard Sterrenburg Geert van Duinhoven	RZC 75 64 +0,55	31.43 35.61	Rita van der Horst Jule Verschoor-Holland	69 75	+0,38 +0,52	34.61 35.48	2:17.13
5. DAW 1 John Stokx Jaap Kwakkel	DAW 64 47 +0,40	33.27 42.95	Maaikje Vooren Ingeborg Stokx	91 67	+0,40 +0,37	32.70 37.12	2:26.04
6. Triton 1 Tim Bunnik Caroline Schreuder	Triton 90 67 +0,26	32.25 42.23	Paul Bunnik Ellen Parma	56 62	+0,72	34.80 37.42	2:26.70
7. Steenwijk 1934 1 Fred van de Meeberg Riekie Schra	Steenwijk 1934 66 64	35.72 56.77	Rick Driezen Geke Talsma-Prent	86 58	+0,12 +0,39	27.22 34.05	2:33.76
8. WIDEX GZC DONK 1 Jacqueline de Ruiter-Wijnolst Lia Bijkerk	WIDEX GZC DONK 74 60 +0,54	37.13 46.73	Peter Coffeng Yves van den Berg	57 66	+0,65 +0,25	39.33 31.95	2:35.14
9. Zeelandia 1 Bianca Smet François Smet	Zeelandia 71 68 +0,50	48.30 44.00	Thérèse de Munck Peter Koeman	71 59	+0,45 +0,63	37.62 39.80	2:49.72

200+

1. HZ&PC Heerenveen 1 Alie Visser Jan van der Heide	HZ&PC Heerenveen 64 51 +0,53	43.73 46.39	René Beetsma Pia van der Molen	69 60	+0,48 +0,46	29.40 35.38	2:34.90
2. PLONS 1 Anja Reinhard Jan Vlasblom	PLONS 70 61 +0,49	42.26 38.49	Inge Wolfs Joop van Eijk	60 47	+0,36 +0,28	39.86 34.70	2:35.31

Programmanr. 19, Gemengd, 4 x 50m wisselslag

240+

1. PSV 1	PSV	2:28.99	2:28.22
<i>Nederlands Masters Record, Startzwemmer 50m rug KR</i>			
Brend Brevé	52	34.31	72
Rob Hanou	43	+0,66 42.06	35 +0,50 31.40 +0,67 40.45

Programmanr. 20
28-01-2012 - 14:21

Dames, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Stephanie Rombout	De Zeeuwse Kust (SG)	58.88 198803696	59.70	+0,71	28.48	59.70
2. Elmi Roelofsen	ZVV	1:01.26 199008198	1:01.17	+0,95	29.25	1:01.17
3. Lisanne Andeweg	Zuiderzeewemmers	1:03.39 198800092	1:02.79	+0,63	30.41	1:02.79
4. Nanda de Vries	HZ&PC Heerenveen	1:02.75 199204328	1:02.96	+0,86	30.04	1:02.96
5. Ilse van den Wijngaard	One Team Swimming	1:03.65 198904736	1:02.99	+0,78	30.15	1:02.99
6. Isabelle Massar	WVZ	1:03.03 199102034	1:04.18	+0,88	30.54	1:04.18
7. Anne Duijst	De Amer	1:04.03 198901030	1:04.43	+0,64	31.46	1:04.43
8. Chantal Willems	Tritium (SG)	1:03.92 199105482	1:05.32	+0,92	30.91	1:05.32
9. Wendy de Bruin	ZOB'66	1:04.48 199206320	1:05.77	+0,55	31.98	1:05.77
10. Kitty Schiphorst Preuper	SBC2000	1:02.72 199102752	1:05.81	+0,85	31.52	1:05.81
11. Sabine Lina	Aquarijn	1:02.45 198902680	1:06.17	+0,78	32.03	1:06.17
12. Kim Wijnja	De Biesboschzwemmers	1:06.21 199107812	1:06.99	+0,76	32.35	1:06.99
13. Nicky Vanhijfte	Scheldestroom	1:08.44 199201806	1:09.25	+0,85	32.85	1:09.25
14. Sanne Groenen	AZ&PC	1:09.69 199007412	1:09.77	+0,95	33.83	1:09.77
15. Marijke Pras	GZVW	1:06.47 199203700	1:10.17	+1,07	33.70	1:10.17
16. René Kleinveld	One Team Swimming	1:10.12 199001966	1:10.73	+0,83	33.89	1:10.73
17. Elodie Siroen	Tritium (SG)	1:08.39 199003414	1:12.70	+0,79	35.26	1:12.70
18. Relinda Baas	GZVW	1:09.90 198900144	1:13.52	+1,03	34.78	1:13.52
19. Devina de With	Den Doorn	1:14.02 199204892	1:20.36	+0,59	36.07	1:20.36

Masters 25+

1. Charlotte Groeneveld	Zwemlust-den Hommel	1:01.65 198701404	1:01.68	+0,81	29.02	1:01.68
2. Annelette de Vries	De Veene	1:02.43 198603908	1:02.72	+0,84	29.98	1:02.72
3. Marijke Monsma	DWK	1:02.71 198502100	1:03.11	+0,82	30.05	1:03.11
4. Sandra Zwaanswijk	DAW	1:03.20 198503934	1:03.90	+0,77	30.72	1:03.90
5. Marlinda Eggermont	Scheldestroom	1:02.95 198500804	1:04.04	+0,83	30.64	1:04.04
6. Marina Belousova	Sprut	1:11.29 018047	1:04.87	+0,99	31.17	1:04.87
7. Marije Jansen	Montferland	1:05.86 198504088	1:05.13	+0,88	30.52	1:05.13
8. Emmy Soer	WS Twente	1:05.92 198503618	1:05.98	+0,94	31.68	1:05.98
9. Miriam Visserman	Octopus	1:06.51 198704364	1:06.85	+0,87	32.08	1:06.85
10. Sandra Pannekeet	DAW	1:12.60 198403458	1:07.73	+0,95	31.39	1:07.73
11. Pauline Tieleman	De Geul	1:06.23 198403348	1:08.09	+0,86	32.81	1:08.09
12. Carly Noordermeer	ZOB'66	1:04.76 198702984	1:08.68	+0,80	32.53	1:08.68
13. Channe Noort	DAW	1:09.33 198605032	1:08.91	+0,53	33.21	1:08.91
14. Rebecca Gentek	Upstream Amsterdam	1:08.08 198504034	1:09.31	+0,62	33.22	1:09.31
15. Sabine Wieland	De Schelde	1:13.82 198604050	1:11.54	+0,94	34.29	1:11.54
16. Sabine Duijst	De Amer	1:14.74 198701032	1:13.59	+0,93	34.41	1:13.59
17. Roos Lemmen	Eurode KZC	1:07.62 198403078	1:14.75	+0,94	34.90	1:14.75
18. Tineke Roelofs	Nayade	1:18.83 198504004	1:15.90	+1,00	36.20	1:15.90
19. Chantal Kranenburg	DAW	1:13.77 198604528	1:17.67	+0,99	35.88	1:17.67
20. Mariella Rijk	De Zeeuwse Kust (SG)	1:16.23 198705976	1:19.18	+1,13	37.88	1:19.18

Masters 30+

1. Angelique Boersma	De Vikings	1:01.98 198001586	1:03.42	+0,85	30.28	1:03.42
2. Martine Varwijk	Montferland	2:01.98 198202392	1:54.30	+1,23	54.70	1:54.30

Programmanr. 20, Dames, 100m vrije slag

Masters 35+

1. Janneke Harmsen	De Spatters	1:00.96	197700938	1:00.57	+0,81	29.34	1:00.57
<i>Kampioenschaps Record</i>							
2. Elena Babikova	Sprut	1:02.52	018010	1:02.65	+1,07	29.74	1:02.65
3. Nathalie Blondeel	CNSW	1:03.14	CNSW/012/77	1:02.85	+0,83	30.02	1:02.85
<i>BEL Masters Record</i>							
4. Inez Heideman	WS Twente	1:06.24	197500198	1:04.32	+0,88	31.06	1:04.32
5. J. de Ruiter-Wijnolst	WIDEX GZC DONK	1:07.91	197400446	1:08.08	+0,69	32.86	1:08.08
6. Melanie Kuiper	Zignea	1:09.36	197600350	1:08.20	+0,92	33.14	1:08.20
7. Petra Guijt	Aqua-Novio'94	1:08.19	197600798	1:08.75	+0,91	32.87	1:08.75
8. Renata van Essen	Zuiderzeewemmers	1:11.54	197300740	1:11.06	+0,90	34.01	1:11.06
9. Marian Nederlof	DWF	1:10.18	197600950	1:12.05	+0,98	34.38	1:12.05
10. Jule Verschoor-Holland	RZC	1:18.82	197500874	1:18.11	+1,00	37.29	1:18.11
11. Clementine van Bruxvoort	ZPB H&L Productions	1:25.73	197700138	1:28.68	+0,98	42.57	1:28.68

Masters 40+

1. Alexandra de Jong	HPC	1:07.57	196900926	1:05.28	+0,63	31.69	1:05.28
2. Heidi van Stein	LZ 1886	1:04.93	196900864	1:06.08	+0,85	31.69	1:06.08
3. Annette de Visser	Oceanus	1:06.81	197100602	1:07.48	+0,86	32.51	1:07.48
4. Rita van der Horst	RZC	1:07.81	196900260	1:08.00	+0,85	31.60	1:08.00
5. Chita van der Goorbergh	Zoetermeer	1:09.51	196800762	1:10.39	+0,94	33.30	1:10.39
6. Marion Broekhuis	WS Twente	1:13.67	196800060	1:13.73	+0,97	35.43	1:13.73
7. Thérèse de Munck	Zeelandia	1:12.96	197100438	1:15.35	+0,88	35.20	1:15.35
8. Iris van Aurich	DWK	1:14.26	196900866	1:15.67	+0,88	35.84	1:15.67
9. Bianca Smet	Zeelandia	1:42.44	197100416	1:39.20	+0,57	46.56	1:39.20

Masters 45+

1. Monique Dijkstra	Upstream Amsterdam	1:07.11	196400066	1:06.35	+0,94	32.33	1:06.35
2. Y. van Slagmaat-van den Hul	HuboSwim	1:10.46	196400556	1:07.01	+0,85	32.06	1:07.01
3. Wilna Heijman	't Tolhekke	1:12.49	196400506	1:14.36	+0,92	35.54	1:14.36
4. Yvette Kilian	Zoetermeer	1:15.88	196600534	1:14.77	+0,98	34.99	1:14.77
5. Hetty Smalheer	SCOM	1:18.80	196700352	1:19.52	+0,99	37.44	1:19.52
6. Ingeborg Stokx	DAW	1:26.31	196700666	1:25.89	+0,94	42.17	1:25.89
7. Haya Mellema	Aquapoldro	1:37.88	196600482	1:40.68	+1,05	47.08	1:40.68
8. Riekie Schra	Steenwijk 1934	1:58.39	196400404	1:55.74		55.54	1:55.74

Masters 50+

1. Margriet Grove-Lingeman	Oceanus	1:12.06	196200080	1:10.46	+0,89	33.90	1:10.46
2. Marijke Kraak	WS Twente	1:13.93	196000240	1:12.39	+1,04	34.74	1:12.39
3. Janny van Eijk	ZV De Bron	1:15.36	195800022	1:13.75	+0,91	35.57	1:13.75
4. Marijke van Hoek	De Zeeuwse Kust (SG)	1:14.33	195800050	1:15.44	+0,84	35.98	1:15.44
5. Geke Talsma-Prent	Steenwijk 1934	1:21.29	195800228	1:18.08	+1,17	36.59	1:18.08
6. Pia van der Molen	HZ&PC Heerenveen	1:17.59	196000116	1:21.28	+0,92	38.46	1:21.28

Masters 55+

1. Margriet Pasma	De Pinquin	1:16.57	195500088	1:18.20	+0,94	36.93	1:18.20
2. Elly Kiestra-Broertjes	Zignea	1:27.67	195600100	1:25.37 *	+1,11	40.19	1:25.37
3. Carolien Maas	Zoetermeer	1:23.28	195700130	1:28.13	+1,12	42.84	1:28.13

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:11.32	195100022	1:10.79	+0,87	33.24	1:10.79
2. Conny Boer-Buys	ZVVS	1:08.58	195000006	1:11.08	+0,86	34.15	1:11.08
3. Antoinette Gilding-Tussaud	WS Twente	1:42.42	195000038	1:38.46	+1,16	47.01	1:38.46
4. Geerdien Meerwaldt	Van Vliet-Barracuda	2:07.17	195200058	1:57.23	+1,19	53.86	1:57.23

Programmanr. 20, Dames, 100m vrije slag

Masters 65+

1. Annie Smits	PSV	1:31.47	194600016	1:35.47	+1,22	45.38	1:35.47
2. Jacqueline Everaert	CHAT	1:41.80	CHAT/282/47	1:37.10	+1,17	44.92	1:37.10

Masters 70+

1. Truus Ruiter	Old Dutch	1:52.95	194000004	1:53.03	+0,93	53.07	1:53.03
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Masters 75+

1. Lottie Geurts	PSV	1:29.45	193500006	1:31.16	+1,12	45.14	1:31.16
<i>Nederlands Masters Record</i>							

Programmanr. 21
28-01-2012 - 14:42

Heren, 100m vrije slag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
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Masters 20+

1. Mark Costeris	De Schotejil	51.83	199202327	51.43	+0,80	24.39	51.43
<i>Kampioenschaps Record</i>							
2. Jos de Graaf	PSV	54.28	199106095	53.26	+0,62	25.62	53.26
3. Emile Manni	Octopus	55.00	199001901	54.84	+0,63	26.09	54.84
4. Jeroen Custers	Kimbria	55.25	199106319	55.39	+0,57	26.19	55.39
5. Pim Scheffer	Den Doorn	55.51	199205535	55.77	+0,82	27.26	55.77
6. Jasper Groothelm	DBD	53.82	199005735	56.26	+0,75	26.58	56.26
7. Jasper Barsingerhorn	D'Elft WAVE (SG)	56.36	198906599	56.65	+0,77	27.40	56.65
8. Tim Bunnik	Triton	57.33	199000505	57.43	+0,91	27.38	57.43
9. Jelte Schuurmans	Tritium (SG)	56.04	199104841	57.44	+0,85	26.96	57.44
10. Erik van der Heide	Zuiderzeewemmers	55.84	198801337	58.26	+0,95	27.76	58.26
11. Martijn van Hoorn	De Schotejil	57.42	198901343	59.66	+0,90	28.77	59.66
12. Rens Post	WVZ	1:00.01	199101827	59.95	+0,83	28.60	59.95
13. Dick Kampman	De Amer	58.23	198801789	1:00.24	+0,86	28.40	1:00.24
14. Boy Heijnekamp	LZ 1886	59.99	198901161	1:00.30	+0,82	28.41	1:00.30
15. Mark van Damme	't Tolhekke	1:01.34	199100435	1:01.16	+0,83	29.14	1:01.16
16. Dylan Haverkamp	Den Doorn	1:00.85	198901123	1:01.46	+0,83	29.63	1:01.46
17. Niek Kampman	De Schelde	1:00.80	198901557	1:02.00	+0,81	28.80	1:02.00
18. Mertijn Loof	De Schelde	1:00.43	199001853	1:02.03	+0,90	28.80	1:02.03
19. Roel van Beek	Montferland	1:01.31	198905861	1:02.16	+0,79	29.24	1:02.16
20. Niels Albrechts	De Schotejil	59.36	198800039	1:02.75	+0,92	29.66	1:02.75
21. Berné Beute	't Tolhekke	1:07.60	199100135	1:06.49	+0,98	31.58	1:06.49
22. Mark den Blanken	D'Elft WAVE (SG)	1:08.44	198806087	1:07.52	+0,50	32.52	1:07.52

Masters 25+

1. Kristiaan Lenos	LZ 1886	53.86	198301331	54.56	+0,90	26.04	54.56
2. Roel Dellaert	De Bruinvis	55.07	198400447	55.96	+0,86	26.69	55.96
3. Maarten van der Beek	D'Elft WAVE (SG)	55.30	198600143	56.21	+0,91	26.61	56.21
4. Ronald Vullings	Tritium (SG)	56.32	198703655	57.06	+0,90	27.45	57.06
5. Rick Driezen	Steenwijk 1934	56.76	198600713	58.62	+0,88	28.40	58.62
6. Mark Effing	Tritium (SG)	59.61	198600761	1:02.11	+0,85	29.47	1:02.11
7. Hans de Korte	De Rijn	1:00.51	198601705	1:03.05	+0,81	30.03	1:03.05
8. Sebastiaan Baars	WS Twente	1:05.26	198300053	1:03.64	+0,62	30.63	1:03.64
9. Ruben de Koster	Scheldestroom	1:02.44	198601713	1:03.96	+0,94	30.38	1:03.96
10. Erik van der Zeijden	RZ	1:04.04	198604569	1:04.49	+0,84	31.07	1:04.49
11. Lars Erik Beute	't Tolhekke	1:03.38	198600227	1:05.23	+0,96	32.23	1:05.23

Programmanr. 21, Heren, 100m vrije slag

Masters 30+

1. Stefan Oosting	PSV	51.98	198101265	51.55	+0,82	25.00	51.55
<i>Nederlands Masters Record</i>							
2. Nol van Thull	ZOB'66	53.17	198001513	54.07	+0,87	25.88	54.07
3. Stan Dekker	PLONS	58.74	197901823	59.14	+0,89	27.88	59.14
4. Carl Knelange	Zwemlust-den Hommel	59.58	198000795	59.35	+0,86	28.21	59.35
5. Pieter Muller	HoogenboomTours/BZ&PC	59.55	198101187	59.83	+0,79	28.26	59.83
6. Martijn Eggermont	Scheldestroom	1:01.91	198200395	1:01.39	+0,99	29.24	1:01.39
7. Frits Delicaat	DAW	1:03.53	197901629	1:03.03	+0,99	29.24	1:03.03
8. Gino Martijn	RZ	1:03.40	197901865	1:04.61	+0,84	30.33	1:04.61
9. Steven Prins	PLONS	1:03.65	197901833	1:09.11	+0,78	33.26	1:09.11
10. Remco Luijnenburg	WIDEX GZC DONK	1:25.77	197901851	1:28.25	+1,07	43.28	1:28.25

Masters 35+

1. Jan Gerard Sterrenburg	RZC	59.38	197501349	58.13	+0,81	27.97	58.13
2. Joost Roelofs	Upstream Amsterdam	58.65	197601337	58.56	+1,01	28.72	58.56
3. Dennis Schouten	LZ 1886	1:00.72	197501351	58.72	+0,66	28.16	58.72
4. Edwin Kooren	De Vikings	1:03.60	197501277	1:00.80	+0,87	29.24	1:00.80
5. Jaap Bovendorp	De Zeeuwse Kust (SG)	1:01.14	197601333	1:01.69	+0,84	29.36	1:01.69
6. Erwin Zuidervelt	De Futen	1:00.48	197501015	1:02.37	+0,84	29.06	1:02.37
7. Patrick Keijmel	De Schelde	1:02.33	197301433	1:02.69	+0,95	30.01	1:02.69
8. Roger Flinterman	Zoetermeer	1:01.85	197601261	1:02.96	+0,68	29.99	1:02.96
9. Bas Streutgers	HPC	1:02.63	197401213	1:03.52	+0,95	29.97	1:03.52
10. Kasper van den Berghe	Swol 1894	1:04.73	197301125	1:03.54	+0,81	31.07	1:03.54
11. Arjan Aalbers	Swol 1894	1:05.34	197500001	1:05.03	+1,13	30.43	1:05.03
12. Michel Ophuis	WS Twente	1:06.25	197301355	1:06.07	+0,85	30.72	1:06.07

Masters 40+

1. Harry Cornet	De Biesboschzwemmers	55.57	197100175	55.76	+0,82	26.58	55.76
2. Ton van Jaarsveld	HoogenboomTours/BZ&PC	57.76	196900447	56.75	+0,86	27.46	56.75
3. Marcel van Winssen	De Gelenberg	57.57	197101477	57.76	+0,79	27.58	57.76
4. Arjan Bellaart	Oceanus	58.41	196900079	58.67	+0,84	28.10	58.67
5. Wouter van der Stelt	Den Doorn	1:03.58	197200889	1:04.40	+0,80	30.49	1:04.40
6. Tiemen Stegenga	HZ&PC Heerenveen	1:07.00	197101379	1:04.85	+0,84	30.39	1:04.85
7. Marco de Bat	De Schelde	1:08.20	197101467	1:06.22	+0,91	31.92	1:06.22
8. Nico Swart	Den Doorn	1:04.87	196801475	1:06.41	+0,84	32.11	1:06.41
9. Mario Cuelenaere	De Zeeuwse Kust (SG)	1:06.87	196901569	1:06.70	+1,02	31.50	1:06.70
10. David Blom	AZ&PC	1:11.23	197001577	1:07.59	+0,96	32.53	1:07.59
11. Roland Schol	HoogenboomTours/BZ&PC	1:07.20	196901543	1:07.86	+0,94	32.83	1:07.86
12. Sander de Weert	OEZA	1:08.15	197201453	1:08.06	+1,03	31.98	1:08.06
13. Dennis van Markesteijn	TZC-Vahalis	1:09.67	197201333	1:08.93	+0,96	32.99	1:08.93
14. Marcel Brittijn	De Duinkickers	1:08.41	196900159	1:10.70	+0,94	34.03	1:10.70
DIS Rytas Matuliauskas	Takas	57.99	1968matu			AA	
NG.ZA David van 't Hooft	PSV	1:22.00	196901595				

Masters 45+

1. Cees van Houwelingen	De Schelde	54.56	196300351	55.31	+0,99	26.97	55.31
2. Geert Wijn	De Gelenberg	55.97	196701101	56.76	+0,80	27.06	56.76
3. Arnold de Rover	De Futen	57.86	196400645	58.16	+0,84	27.64	58.16
4. Gert Sikkema	Zignea	59.09	196300687	58.66	+0,92	28.01	58.66
5. Peter Bernsen	De Rog	59.26	196301119	59.66	+0,70	28.65	59.66
6. Phil Trethewie	Old Dutch	1:00.95	196501315	1:01.10	+0,83	28.94	1:01.10
7. John Stokx	DAW	1:06.69	196401341	1:04.23	+0,88	30.71	1:04.23
8. Maarten de Pooter	De Schelde	1:04.65	196600615	1:05.34	+0,86	31.99	1:05.34
9. Erik Saan	De Duck	1:05.13	196500769	1:06.97	+0,61	31.78	1:06.97
<i>50m*</i>							
10. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:05.98	196501027	1:08.93	+0,92	33.28	1:08.93
11. Casper Dollekamp	Steenwijk 1934	1:09.82	196301341	1:09.85	+0,95	32.54	1:09.85
12. Huyb Stegeman	Steenwijk 1934	1:10.61	196701535	1:10.27	+1,07	32.60	1:10.27
13. Willem Jan Ribberink	WIDEX GZC DONK	1:09.05	196501327	1:11.33	+0,96	33.65	1:11.33
14. Yves van den Berg	WIDEX GZC DONK	1:13.38	196601437	1:13.50	+1,14	34.99	1:13.50

Programmanr. 21, Heren, 100m vrije slag, Masters 45+

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
15. Tonny Vinke	Scheldestroom	1:16.89 196701035	1:15.73	+1,03	35.08	1:15.73
16. Arno Loof	De Schelde	1:19.07 196301265	1:21.22	+1,06	37.80	1:21.22

Masters 50+

1. Dmitry Kromskiy	Poseidon	58.44 037011	58.36	+0,95	28.04	58.36
2. Lionel Godeaux	CNSW	59.99 CNSW/014/60	59.32	+0,79	27.75	59.32
3. Marten de Groot	HZ&PC Heerenveen	1:00.83 195800149	59.95	+0,54	28.48	59.95
4. Ronald Grove	Oceanus	1:00.38 196100161	1:00.94	+0,61	28.68	1:00.94
5. Frank Leusink	Torpedo	1:03.34 196201109	1:03.79	+0,76	30.33	1:03.79
6. Peter van Vuuren	Upstream Amsterdam	1:04.32 196000641	1:04.45	+0,51	30.41	1:04.45
7. Erik Kamphuis	De Rog	1:06.04 196001035	1:05.51	+1,13	32.65	1:05.51
8. Hans Groothelm	DBD	1:06.45 195800151	1:06.47	+0,85	31.63	1:06.47
9. Hans Roodzant	Torpedo	1:15.14 196000979	1:07.25	+0,92	31.45	1:07.25
10. Jack Barends	WS Twente	1:06.54 196201011	1:07.83	+0,96	32.34	1:07.83
11. Mark Kas	PLONS	1:08.32 196100285	1:08.54	+0,89	33.44	1:08.54
12. Rudolf Meijer	De Amer	1:07.44 196000995	1:09.35	+0,57	33.51	1:09.35
13. Jan Vlasblom	PLONS	1:08.53 196100823	1:09.89	+0,93	33.36	1:09.89
14. John Dam	Zignea	1:11.48 196000915	1:10.17	+0,97	33.59	1:10.17
15. Jan van der Meer	Upstream Amsterdam	1:15.19 196200439	1:12.26	+1,03	35.07	1:12.26
16. Bart van Calker	WS Twente	1:11.64 196100067	1:12.42	+0,74	35.99	1:12.42
17. Arie van Damme	't Tolhekke	1:29.40 196101029	1:24.56	+0,87	40.09	1:24.56
18. Peter Koeman	Zeelandia	1:44.42 195900621	1:37.23	+1,02	43.55	1:37.23

50m*

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	58.83 195700425	58.41	+0,77	28.40	58.41
<i>Nederlands Masters Record</i>						
2. Andre Storm	Zoetermeer	1:04.08 195600407	1:06.05	+0,90	31.21	1:06.05
3. Evertjan Masurel	PSV	1:07.30 195600495	1:08.21	+0,60	32.39	1:08.21
4. Johan Wouda	Neptunus	1:08.28 195500395	1:09.32	+1,20	33.41	1:09.32
5. Hugo Staudt	WS Twente	1:09.72 195300253	1:11.56	+0,86	34.00	1:11.56
6. Abe Kramer	De Zeeuwse Kust (SG)	1:33.07 195700481	1:38.41	+1,15	45.35	1:38.41

50m*

Masters 60+

1. Piet Schop	De Bevelanders	1:11.36 195000109	1:10.49	+0,87	34.10	1:10.49
2. Jos Kamps	De Amer	1:15.99 195100085	1:14.77	+1,25	35.35	1:14.77
3. Wout Hemmes	De Plons	1:21.82 194800059	1:15.80	+1,01	35.46	1:15.80
4. Jan van der Heide	HZ&PC Heerenveen	1:20.49 195100059	1:23.49	+1,13	39.49	1:23.49

Masters 65+

1. Jaap Kwakkel	DAW	1:10.10 194700157	1:14.10	+0,96	34.53	1:14.10
2. Ruud Sloof	De Rijn	1:19.10 194400073	1:20.84	+1,02	38.42	1:20.84
3. Joop van Eijk	PLONS	1:15.29 194700025	1:20.99	+0,98	38.99	1:20.99
4. Karl Bricelj	CHAT	1:40.26 CHAT/286/44	1:24.51	+1,26	40.43	1:24.51
5. Mar van Geel	Old Dutch	1:25.02 194700135	1:27.30	+1,09	40.64	1:27.30

Masters 70+

1. Nico Geers	Z&PC De Gouwe	1:11.53 193800007	1:15.47	+0,95	36.27	1:15.47
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Programmanr. 22
28-01-2012 - 15:11

Dames, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Esther van Maastrigt	Montferland	36.21	198802836	36.77	+0,46
2.	Monique Pronk	WVZ	37.40	198803528	37.56	+0,88
3.	Anne Duijst	De Amer	38.12	198901030	38.51	+1,09
4.	Sanne Groenen	AZ&PC	40.33	199007412	39.29	+0,92
5.	Leonie Versteeg	De Veene	38.51	199003962	39.98	+0,96
6.	Fleur Maas	Zoetermeer	42.04	198902768	42.59	+0,98
7.	Tessa Verheijdt	WVZ	44.09	198904290	43.93	+0,88
Masters 25+						
1.	Marijke Monsma	DWK	34.27	198502100	36.51	+0,77
2.	Chantal Kranenburg	DAW	42.34	198604528	42.93	+1,01
3.	Margriet Aan het Rot	Octopus	43.13	198603088	43.32	+0,90
4.	Dorien Vasseur	Scheldestroom	44.80	198704164	45.04	+1,07
Masters 30+						
1.	Laura Badoux <i>Nederlands Masters Record</i>	DAW	33.56	198200038	33.87	+0,74
2.	Kristel Lips	ZV De Bron	41.53	197900562	41.22	+0,98
3.	Marouschka Rijnhout	De Schelde	42.62	197801248	42.00	+0,83
4.	Anneke Veenstra	't Tolhekke	40.03	197900882	42.10	+0,87
5.	Babette Rens	Dedemsvaart-AC	42.82	197801200	44.31	+0,79
6.	Martine Varwijk	Montferland	54.64	198202392	55.02	+1,15
Masters 35+						
1.	Ryan Verplanke	Scheldestroom	36.86	197700696	37.12	+0,87
2.	Petra Verstegen	WVZ	42.19	197700906	42.46	+0,92
3.	Marian Nederlof	DWF	41.82	197600950	43.17	+0,93
4.	Kim Brokelman	WS Twente	45.00	197500788	44.48	+0,95
5.	Monique Goedegebuur	De Schelde	50.13	197500888	49.42	+0,89
Masters 40+						
1.	Karin Stein	ZVVS	36.38	197100554	36.93	+0,88
2.	Trudie van Niejenhuis	TZC-Vahalis	39.92	197100444	40.51	+0,84
3.	Iris van Aurich	DWK	42.92	196900866	42.89	+0,88
4.	Patricia van Hoor	De Schelde	54.09	197200918	51.60	+0,76
Masters 45+						
1.	Annette Wijnja-Visser	De Biesboschzwemmers	37.77	196700528	38.68	+0,83
2.	Monique Gerritsen	WS Twente	41.51	196500188	41.78	+0,87
3.	Friderika Kerekes	AZ&PC	43.17	196500540	43.24	+0,96
	Hanny Rotteveel	Zignea	42.13	196600538	43.24	+1,03
5.	Yvette Kilian	Zoetermeer	42.82	196600534	43.58	+1,02
6.	Ina van Beusekom	Van Vliet-Barracuda	45.35	196400480	46.48	+0,89
7.	Ingeborg Stokx	DAW	50.88	196700666	51.32	+1,04
8.	Riekje Schra	Steenwijk 1934	58.95	196400404	58.37	

Programmanr. 22, Dames, 50m schoolslag

Masters 50+

1.	Marijke van Hoek	De Zeeuwse Kust (SG)	42.35	195800050	44.67	+0,84
2.	Gonnie Paas	ZVVS	46.88	196200418	46.49	+1,23
3.	Lia Bijkerk	WIDEX GZC DONK	47.40	196000014	46.94	+0,99
4.	Marjan Spoelstra	Swol 1894	46.62	196000236	47.57	+0,91
5.	Jacqueline Brouwer	ZV De Bron	48.93	196100296	50.36	+0,98
6.	Mies Kuipers	Old Dutch	54.85	195800202	56.80	+0,99

Masters 55+

1.	Elly Kiestra-Broertjes	Zignea	49.32	195600100	51.38	+1,18
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Masters 60+

1.	Gonnie Bak	PSV	50.15	195100064	49.37	+1,05
2.	Tineke van Diggelen	Oceanus	50.52	195200048	50.05	+1,09
3.	Geerdien Meerwaldt	Van Vliet-Barracuda	58.07	195200058	56.84	+1,33

Masters 65+

1.	Matty van der Veen	Old Dutch	50.47	194400020	51.58	+1,16
2.	Loekie v. Huissteden	AZ&PC	57.72	194500002	57.35	+1,06

Masters 75+

1.	Tineke de Bueger	Old Dutch	59.78	193700010	1:06.04	+1,25
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Masters 80+

1.	Anneke Logtenberg	OZ&PC	1:07.76	192900004	1:07.14	+1,03
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Programmanr. 23
28-01-2012 - 15:20

Heren, 50m schoolslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Dennis Wijbenga	Stadskanaal	30.63	199003283	31.32	+0,90
2.	Mark van Damme	't Tolhekke	32.76	199100435	32.90	+0,76
3.	Mo Liems	D'Eift WAVE (SG)	31.52	198906607	33.01	+0,80
4.	Marcel Noordermeer	ZOB'66	32.33	199003455	33.15	+0,71
5.	Maik Steenkamp	NDD	32.39	199103847	33.28	+0,42
6.	Alex Eversdijk	De Bruinvis	32.54	199000847	33.36	+0,81
7.	Sander Boidin	Scheldestroom	33.28	199200111	33.75	+0,84
8.	Owen Louwes	HoogenboomTours/BZ&PC	36.02	199101487	38.09	+0,78
NG	Bas Berndes	Tritium (SG)	35.00	198900217		

Masters 25+

1.	Remko Hooft	De Duinkickers	31.39	198701405	32.35	+0,73
2.	Albert van Piekeren	Octopus	32.25	198401767	32.52	+0,85
3.	Martijn Giezen	Montferland	33.20	198500813	33.05	+0,78
4.	Ferry Blange	ZOB'66	34.67	198300185	34.44	+1,08
5.	Dennis Klop	De Biesboschzwemmers	35.03	198302643	35.12	+0,69
6.	Harmen Reemst	ZOB'66	36.86	198702715	37.38	+0,80
7.	Lars Erik Beute	't Tolhekke	37.28	198600227	38.96	+0,96

Programmanr. 23, Heren, 50m schoolslag

Masters 30+

1.	Evgeny Ryzhov <i>Kampioenschaps Record</i>	All Stars	29.89	102628	29.35	+0,79
2.	Simon van Ravensteijn	Zoetermeer	32.19	198002263	31.68	+0,89
3.	Reinier Ellenkamp	De Rog	31.69	198002109	31.86	+0,80
4.	Ron Langelaan	DAW	31.73	197800643	31.94	+0,87
5.	Freddie Geerlings	HGN (SG)	31.21	197900379	32.20	+0,91
6.	Mark Zwart	Zwemlust-den Hommel	32.55	197901461	33.01	+0,96
7.	Frits Delicaat	DAW	36.98	197901629	37.68	+0,99
8.	Remco Veerkamp	Zuiderzeewimmers	42.77	198102311	42.42	+1,04

Masters 35+

1.	Vincent Versteeg	Zwemlust-den Hommel	32.00	197701003	32.37	+0,86
2.	André Koster	De Futen	34.76	197601465	33.94	+0,85
3.	Dennis Schouten	LZ 1886	35.86	197501351	34.54	+0,80
4.	Michel Ophuis	WS Twente	34.92	197301355	35.88	+0,84
5.	Bas Streutgers	HPC	37.72	197401213	36.75	+0,91
6.	Peter Lutjes	Stadskanaal	38.52	197601471	38.02	+0,66

Masters 40+

1.	Harry Cornet	De Biesboschzimmers	31.57	197100175	31.63	+0,47
2.	Harold Matla	PSV	31.68	196800591	32.46	+0,88
3.	Ton van Jaarsveld	HoogenboomTours/BZ&PC	33.10	196900447	33.72	+0,89
4.	Heiner Stevens	Zignea	34.19	197201299	34.69	+0,88
5.	Erik de Bruijne	De Schelde	37.07	197201417	36.24	+0,83
6.	Paul de Boer	De Amer	36.10	196801413	37.59	+0,91
7.	Roland Schol	HoogenboomTours/BZ&PC	39.29	196901543	38.66	+0,97
8.	Mike Molenaar	Zoetermeer	42.95	197201493	41.46	+1,22
9.	François Smet	Zeelandia	46.36	196800839	44.82	+1,08
10.	Marco Pijpelink	De Schelde	45.89	196901635	45.57	+0,91

Masters 45+

1.	Cees van Houwelingen	De Schelde	32.65	196300351	32.90	+0,95
2.	Gert Sikkema	Zignea	33.39	196300687	33.81	+0,44
3.	Roeland van der Heijden	PSV	34.13	196701389	34.11	+0,86
4.	Geert van Duinhoven	RZC	36.94	196401263	35.95	+0,89
5.	Peter Fölker	Aqua-Novio'94	36.25	196401021	37.37	+0,76
6.	Marcel van Lochem	Zoetermeer	36.44	196500581	38.00	+0,87
7.	Jan Smalheer	SCOM	38.54	196400701	38.35	+1,02
8.	Huyb Stegeman	Steenwijk 1934	38.34	196701535	39.19	+1,00
9.	Willem Jan Ribberink	WIDEX GZC DONK	39.68	196501327	40.84	+0,99
10.	Yves van den Berg	WIDEX GZC DONK	41.44	196601437	42.77	+1,05

Masters 50+

1.	Ralph Caster	RZ	35.35	196100069	35.08	+0,89
2.	Arlandas Juodeska <i>LTU Masters Record</i>	Takas	36.01	1961juod	35.94	+0,89
3.	Jan Vlasblom	PLONS	36.78	196100823	39.23	+0,89
4.	Harry Paas	ZVVS	41.36	195800689	41.45	+0,95
5.	Jan Willem Heuten	WS Twente	41.79	196000883	42.64	+1,05
6.	Arie van Damme	't Tolhekke	41.54	196101029	42.78	+0,91
7.	Herbert Katgert	WS Twente	46.49	195900739	45.10	+1,24

Masters 55+

1.	Paul Bunnik	Triton	36.88	195600413	38.17	+1,03
2.	Peter Coffeng	WIDEX GZC DONK	42.32	195700063	42.17	+1,22
3.	Pieter Husslage	Old Dutch	41.00	195300091	43.66	+1,09

Programmanr. 23, Heren, 50m schoolslag

Masters 60+

1.	Jan van der Heide	HZ&PC Heerenveen	46.40	195100059	46.62	+1,08
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Masters 65+

1.	Rob Hanou	PSV	40.61	194300109	41.99	+1,09
2.	Mar van Geel	Old Dutch	44.69	194700135	45.24	+1,06
3.	Ruud Sloof	De Rijn	43.42	194400073	45.30	+1,09

Masters 70+

1.	Wieger Mensonides <i>Kampioenschaps Record</i>	NZ&PC	41.86	193800035	41.84	+1,00
2.	Nico Baay	Old Dutch	43.73	194200053	43.37	+0,90
3.	Pieter Scharphorn	Neptunus	58.36	193800037	1:00.11	+1,30

Masters 75+

1.	Jan Eichhorn	ZV Haerlem	48.83	193700015	51.61	+1,18
2.	Taco van Blommestein	Aquapoldro	56.62	193300007	1:00.93	+1,21

Masters 80+

1.	Georges Verhelst	KRZ	50.43	RZV/160/31	52.36	+1,20
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Programmanr. 24
28-01-2012 - 15:32

Dames, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
1.	Jen-Ai van Soelen	Zuiderzeezwemmers	30.12	199003510	30.16	+0,73
2.	Cindy Hendriks	Hydrofiel	30.39	199207672	30.68	+0,84
3.	Loes van Ooijen	De Rijn	30.05	199205180	30.69	+0,93
4.	Nanda de Vries	HZ&PC Heerenveen	31.28	199204328	31.29	+0,85
5.	Kim Wijnja	De Biesboschzwemmers	31.42	199107812	31.86	+0,80
6.	Chantal Willems	Tritium (SG)	31.16	199105482	32.05	+0,89
7.	Laura Oosterbroek	De Rijn	33.82	198803264	32.51	+0,72
8.	Isabelle Massar	WVZ	32.08	199102034	32.62	+0,78
9.	Lisette Prins	WVZ	36.15	198803522	34.06	+0,64
10.	Samantha van Eijk	De Geul	35.04	198806826	34.62	+0,79
11.	Ilona Neels	De Schelde	36.06	198803150	34.84	+0,88
12.	Milou Bouwhuis	De Veene	33.45	198900532	35.10	+0,87
13.	Whitley Rens	De Schotejil	33.87	199007520	35.28	+0,84
14.	Sabina van Doeselaar	Koewacht	36.57	198900962	35.33	+0,84
15.	Merel Siroen	Tritium (SG)	34.20	198804006	35.57	+0,83
16.	René Kleinveld	One Team Swimming	35.70	199001966	36.18	+0,86
17.	Eline Schoenmaker	De Duinkickers	36.41	199003322	37.84	+0,86
18.	Elodie Siroen	Tritium (SG)	36.51	199003414	38.20	+0,78
19.	Wieteke Jansen	Montferland	37.69	199001750	39.09	+0,96
20.	Tessa Verheijdt	WVZ	38.76	198904290	40.45	+0,93
21.	Devina de With	Den Doorn	44.80	199204892	41.06	+0,87

Programmanr. 24, Dames, 50m vlinderslag

Masters 25+

1.	Esther Versteeg	Van Vliet-Barracuda	31.42	198302112	31.56	+0,87
2.	Miriam Visserman	Octopus	32.12	198704364	32.37	+0,84
3.	Annelette de Vries	De Veene	32.99	198603908	32.71	+0,88
4.	Sandra Zwaanswijk	DAW	31.93	198503934	33.29	+0,76
5.	Carly Noordermeer	ZOB'66	32.04	198702984	33.92	+0,74
6.	Roos Lemmen	Eurode KZC	31.64	198403078	34.34	+0,92
7.	Maaïke van Diggele	ZPB H&L Productions	33.68	198700868	34.64	+0,99
8.	Marije Jansen	Montferland	34.60	198504088	35.98	+0,92
9.	Sabine Duijst	De Amer	37.37	198701032	36.95	+0,95
10.	Veronique Vasseur	Scheldestroom	37.65	198302026	37.78	+0,85
11.	Channe Noort	DAW	38.00	198605032	38.24	+0,82
12.	Marjolein van der Sanden	Tritium (SG)	37.28	198402136	38.27	+0,80
13.	Emmy Soer	WS Twente	36.84	198503618	40.87	+0,96
14.	Mariëlla Rijk	De Zeeuwse Kust (SG)	41.52	198705976	43.36	+1,06

Masters 30+

1.	Laura Badoux	DAW	30.91	198200038	31.32	+0,70
2.	Joana Carneiro	D'Elft WAVE (SG)	31.65	198202256	31.98	+0,56
3.	Evelyn Verplanke	Scheldestroom	38.83	198101570	36.61	+0,92
4.	Inge Otter	De Bevelanders	38.45	197801242	36.86	+0,98

Masters 35+

1.	Ryan Verplanke	Scheldestroom	30.89	197700696	31.26	+0,83
	<i>Kampioenschaps Record</i>					
2.	Nathalie Blondeel	CNSW	32.81	CNSW/012/77	31.58	+0,80
3.	Inez Heideman	WS Twente	32.82	197500198	32.37	+0,87
4.	Chantal Scheer	HoogenboomTours/BZ&PC	34.91	197300412	35.73	+0,99
5.	Tony de Groot	De Futen	35.56	197300758	36.28	+0,94
6.	Renata van Essen	Zuiderzeezwemmers	37.54	197300740	36.63	+0,83
7.	Daiva Diedoniene	Takas	37.51	1973died	37.78	+1,18
8.	Kim Brokelman	WS Twente	38.61	197500788	39.04	+0,88
9.	Bianca Hertogh - Buijsse	Scheldestroom	39.27	197400910	39.47	+0,85
10.	Jule Verschoor-Holland	RZC	41.86	197500874	42.60	+0,92
11.	Ausra Patasiene	Takas	44.79	1977pata	43.89	+1,08

Masters 40+

1.	Gudule van der Meer	PSV	31.11	197200396	31.63	+0,86
2.	Chita van der Goorbergh	Zoetermeer	34.25	196800762	34.54	+0,88
3.	Rita van der Horst	RZC	35.04	196900260	35.16	+0,85
4.	Mengsanne Heijnen	Zignea	37.92	197100878	37.45	+0,97
5.	Antoinette Kant	Den Doorn	41.16	196900920	40.85	+1,08
6.	Claudia Sutin	De Schelde	46.39	197200908	44.49	+0,95
7.	Ineke Branderhorst	Den Doorn	52.64	196900918	53.51	+1,18

Masters 45+

1.	Caroline Schreuder	Triton	36.29	196700550	36.66	+0,82
2.	Friderika Kerekes	AZ&PC	37.48	196500540	39.66	+0,86
3.	Ina van Beusekom	Van Vliet-Barracuda	43.01	196400480	42.64	+1,00

Masters 50+

1.	Mathilde Vink	Swol 1894	33.83	195800128	34.34	+0,94
2.	Marijke Kraak	WS Twente	36.43	196000240	37.38	+1,03
3.	Janny van Eijk	ZV De Bron	38.15	195800022	39.66	+0,88
4.	Inge Wolfs	PLONS	38.06	196000304	40.27	* +0,88
5.	Lia Bijkerk	WIDEX GZC DONK	46.20	196000014	45.37	+0,93

Programmanr. 24, Dames, 50m vlinderslag

Masters 55+

1.	Patty Krupiarz	PSV	42.77	195400074	42.61	+0,92
2.	Carolien Maas	Zoetermeer	43.46	195700130	47.71	+1,12

Masters 60+

1.	Conny Boer-Buys	ZVVS	34.57	195000006	35.43	+1,01
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Masters 65+

1.	Leny Kamp	Aquapoldro	1:16.02	194400008	1:21.58	* +1,16
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Programmanr. 25
28-01-2012 - 15:44

Heren, 50m vlinderslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris	De Schotejil	25.66	199202327	26.04	+0,48
	<i>Kampioenschaps Record</i>					
2.	Roderick van Doeselaar	De Rijn	27.03	199200261	27.29	+0,67
3.	Jurrien Hartman	ZVVS	27.92	198801297	27.65	+0,80
4.	Hajo Kok	De Bevelanders	27.04	199200725	27.66	+0,84
5.	Joppe Schuurmans	Tritium (SG)	27.90	198905447	28.28	+0,80
6.	Jasper Groothelm	DBD	27.27	199005735	28.72	+0,75
7.	Charel Thewissen	Kimbria	28.49	199005591	29.07	+0,64
8.	Mertijn Loof	De Schelde	28.65	199001853	29.14	+0,86
9.	Dennis van Oosterhout	SBC2000	28.95	198902337	29.21	+0,82
10.	Pim Scheffer	Den Doorn	29.25	199205535	29.96	+0,83
11.	Boy Heijnekamp	LZ 1886	28.01	198901161	30.01	+0,87
12.	Rens Post	WVZ	29.40	199101827	30.25	+0,81
13.	Niek Kampman	De Schelde	30.68	198901557	30.77	+0,83
14.	Martijn van Hoorn	De Schotejil	29.53	198901343	30.90	+0,89
15.	Roel van Beek	Montferland	31.90	198905861	31.05	+0,78
16.	Kevin Dieker	Montferland	30.68	199100461	31.44	+0,85
17.	Glenn Mijnders	De Schotejil	31.32	199204569	31.76	+0,90
18.	Rick Hellenbrand	HGN (SG)	31.53	198901173	31.83	+0,62
19.	Owen Louwes	HoogenboomTours/BZ&PC	31.25	199101487	32.56	+0,75
20.	Mark den Blanken	D'Elft WAVE (SG)	33.89	198806087	34.10	+0,50
NG	Bas Berndes	Tritium (SG)	28.46	198900217		

Masters 25+

1.	Rick Driezen	Steenwijk 1934	27.57	198600713	28.29	+0,67
2.	Thommy Nickel	Van Vliet-Barracuda	28.55	198401627	29.21	+0,88
3.	Victor den Heijer	D'Elft WAVE (SG)	28.99	198300867	29.34	+0,73
4.	Ronald Vullings	Tritium (SG)	29.52	198703655	29.46	+0,95
5.	Mark Effing	Tritium (SG)	29.33	198600761	30.30	+0,79
6.	Ferry Blange	ZOB'66	30.05	198300185	30.41	+0,88
7.	Erik van der Zeijden	RZ	34.76	198604569	34.55	+0,85
DIS	Mathijs Lenos	HPC	31.10	198401407		AA

Masters 30+

1.	Nol van Thull	ZOB'66	28.39	198001513	28.78	+0,86
2.	Kars Luttk	DAW	28.85	197800675	29.10	+0,87
3.	Remco Luijnenburg	WIDEX GZC DONK	42.09	197901851	43.22	+1,01

Programmanr. 25, Heren, 50m vlinderslag

Masters 35+

1.	Markus van Rest	Zoetermeer	29.09	197701197	29.56	+0,92
2.	Patrick Keijmel	De Schelde	31.42	197301433	31.50	+0,92
3.	Gerard Eghuizen	HZ&PC Heerenveen	29.81	197400197	31.82	+0,96
4.	Kasper van den Berghe	Swol 1894	31.96	197301125	32.20	+0,86
5.	Arjan Aalbers	Swol 1894	34.86	197500001	34.25	+0,96

Masters 40+

1.	Arjon de Bok	De Biesboschzwemmers	29.82	196900125	29.02	+0,83
2.	Rytas Matuliasukas	Takas	27.77	1968matu	29.11	+0,90
3.	Richard Ricksen	HGN (SG)	28.91	197000841	29.13	+0,85
4.	René Beetsma	HZ&PC Heerenveen	29.74	196900069	29.90	+0,47
5.	Heiner Stevens	Zignea	29.98	197201299	29.93	+0,83
6.	Arvydas Burinskas	Takas	30.17	1969buri	30.97	+0,86
7.	Albertas Balaisis	Takas	32.72	1969bala	31.73	+0,60
8.	Hans Schoenmakers	DAW	32.32	196900863	32.54	+0,71
9.	Marco de Bat	De Schelde	32.55	197101467	32.90	+0,91
10.	Wouter van der Stelt	Den Doorn	33.90	197200889	34.41	+0,77
11.	Marcel Brittijn	De Duinkickers	34.74	196900159	34.98	+0,84
12.	Mario Cuelenaere	De Zeeuwse Kust (SG)	37.02	196901569	37.03	+1,20
13.	François Smet	Zeelandia	40.61	196800839	46.13	+1,11

Masters 45+

1.	Peter Bernsen	De Rog	29.26	196301119	29.97	+0,71
2.	Fred Heemstra	DAW	29.70	196500357	30.29	+0,89
3.	Jeroen den Boer	TRB-RES	30.86	196701475	31.04	+0,81
4.	Erik Saan	De Duck	31.05	196500769	31.26	+0,57
5.	Phil Trethewie	Old Dutch	30.74	196501315	31.34	+0,80
6.	Roeland van der Heijden	PSV	32.41	196701389	32.34	+0,84
7.	Maarten de Pooter	De Schelde	34.20	196600615	33.99	+0,47
8.	Arno Loof	De Schelde	42.93	196301265	43.83	+1,01

Masters 50+

1.	Lionel Godeaux	CNSW	28.15	CNSW/014/60	28.67	+0,73
2.	Hugo Bregman	WVZ	27.14	195800069	28.82	+0,91
3.	Johan Remmits	One Team Swimming	29.70	196201159	29.00	+0,81
4.	Ron van Vliet	De Zeeuwse Kust (SG)	31.39	196100849	31.41	+0,91
5.	Peter van Vuuren	Upstream Amsterdam	33.28	196000641	31.93	+0,95
6.	Frank Leusink	Torpedo	31.83	196201109	32.41	+0,81
7.	Rudolf Meijer	De Amer	33.75	196000995	33.89	+0,63
8.	Mark Kas	PLONS	33.49	196100285	34.91	+0,91
9.	Hans Groothelm	DBD	35.75	195800151	35.64	+0,52
10.	Jan van der Meer	Upstream Amsterdam	34.16	196200439	36.06	+0,95
11.	Jaap de Boer	De Duinkickers	35.92	195800691	36.22	+0,89
12.	Jan Willem Heuten	WS Twente	35.40	196000883	36.23	+0,93

Masters 55+

1.	Steven Miller	Westchester Masters	34.38	1R-02XVX	33.19	+0,81
2.	Johan Wouda	Neptunus	33.93	195500395	34.60	+0,83
3.	Peter Coffeng	WIDEX GZC DONK	39.16	195700063	39.62	+1,23

Masters 60+

1.	Brend Brevé <i>Kampioenschaps Record</i>	PSV	31.67	195200265	32.40	+0,85
2.	Piet Schop	De Bevelanders	34.54	195000109	34.52	+0,80
3.	Rob Berkhof	Swol 1894	36.09	195200245	36.56	+0,98
4.	Jos Kamps	De Amer	45.23	195100085	45.25	+1,27

Programmanr. 25, Heren, 50m vlinderslag

Masters 65+

1. Jaap Kwakkel	DAW	35.70	194700157	36.77	+1,03
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Masters 70+

1. Frans van Enst	WS Twente	37.56	194000011	39.33	+1,05
2. Pavelas Bezzubovas	Takas	38.98	1939bezz	41.80	+1,18

Programmanr. 26
28-01-2012 - 15:56

Dames, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m
Masters 20+								
1. Stephanie Rombout	De Zeeuwse Kust (SG)	2:23.55 198803696	2:27.48	+0,65	30.73	1:09.45	1:52.98	2:27.48
2. Yvon Versteeg	De Veene	2:29.30 199201864	2:30.68	+0,75	31.61	1:11.25	1:55.66	2:30.68
3. Ilse van den Wijngaard	One Team Swimming	2:34.19 198904736	2:34.26	+0,83	34.09	1:13.17	1:58.67	2:34.26
4. Maaïke Vooren	DAW	2:32.95 199103324	2:37.06	+0,57	34.89	1:16.60	2:01.42	2:37.06
5. Margot Stenveld	SBC2000	2:36.95 198804170	2:37.42	+0,85	36.20	1:16.34	2:01.27	2:37.42
6. Merel Toussaint	D'Eft WAVE (SG)	2:38.16 199203788	2:38.95	+0,87	34.92	1:15.64	2:03.65	2:38.95
7. Tonny Methorst	De Biesboschwemmers	2:38.90 198802998	2:42.79	+0,84	34.54	1:17.41	2:04.85	2:42.79
8. Monique Pronk	WVZ	2:44.36 198803528	2:43.24	+0,86	34.49	1:18.06	2:03.65	2:43.24
9. Maaïke de Boer	De Duinkickers	2:41.62 199000362	2:45.57	+0,92	38.28	1:22.96	2:08.27	2:45.57
10. Marijke Pras	GZVW	2:46.37 199203700	2:56.16	+1,14	40.98	1:27.29	2:16.86	2:56.16
11. Whitley Rens	De Schotelij	2:55.44 199007520	2:59.76	+0,88	38.78	1:24.35	2:18.78	2:59.76
12. Milou Bouwhuis	De Veene	2:44.92 198900532	3:01.39	+0,89	37.39	1:24.65	2:17.33	3:01.39
13. Anne Volwerk	De Schotelij	2:57.36 199004032	3:01.71	+0,82	43.13	1:33.31	2:23.05	3:01.71
14. Relinda Baas	GZVW	2:47.10 198900144	3:01.89	+1,10	39.10	1:25.51	2:18.73	3:01.89
15. Liesbeth Bruinekoel	Zuiderzeewemmers	4:24.86 199007958	4:39.77	+0,86	1:05.23	2:16.81	3:36.22	4:39.77
NG Kitty Schiphorst Preuper	SBC2000	2:40.05 199102752						

Masters 25+

1. Nadya Putter	ZVVS	2:32.68 198301630	2:32.66	+0,80	32.94	1:12.61	1:57.09	2:32.66
2. Linda Hoogendam	D'Eft WAVE (SG)	2:47.33 198300892	2:47.95	+0,82	36.78	1:19.74	2:12.55	2:47.95
3. Pauline Tieleman	De Geul	2:46.56 198403348	2:50.59	+0,56	38.95	1:22.73	2:13.69	2:50.59
4. Maaïke van Diggele	ZPB H&L Productions	2:53.31 198700868	2:52.71	+0,90	36.61	1:20.95	2:12.00	2:52.71
5. Liset de Veer	Aqua-Novio'94	2:53.64 198704190	2:52.87	+0,62	37.40	1:21.49	2:13.55	2:52.87
6. Annette Vogelsang	ZV De Bron	2:55.53 198402632	3:00.40	+0,94	38.24	1:25.31	2:18.43	3:00.40
7. Daphne Wiskerke	De Bruinvis	3:07.29 198704704	3:00.42	+0,90	37.37	1:25.25	2:16.72	3:00.42
8. Veronique Vasseur	Scheldestroom	2:56.83 198302026	3:02.27	+0,87	39.40	1:29.67	2:19.36	3:02.27
9. Margriet Aan het Rot	Octopus	3:03.76 198603088	3:04.23	+0,92	41.20	1:28.80	2:19.92	3:04.23

Masters 30+

1. Joana Carneiro	D'Eft WAVE (SG)	2:40.42 198202256	2:40.91	+0,62	33.68	1:17.35	2:04.18	2:40.91
2. Angelique Boersma	De Vikings	2:38.04 198001586	2:44.81	+0,84	35.47	1:20.12	2:08.63	2:44.81
3. Sylvia Reijers	De Gelsenberg	2:46.20 198201360	2:46.42	+0,92	35.35	1:17.17	2:07.72	2:46.42
4. Kristel Lips	ZV De Bron	3:03.83 197900562	2:57.29	+0,95	39.03	1:25.49	2:15.25	2:57.29

Masters 35+

1. Liselotte Joling	PSV	2:45.03 197500268	2:45.50	+0,99	36.68	1:20.50	2:07.37	2:45.50
2. J. de Ruyter-Wijnolst	WIDEX GZC DONK	2:50.45 197400446	2:53.10	+0,72	36.39	1:21.94	2:13.52	2:53.10
3. Natacha Van Hoof	ShaRK	3:23.12 ShaRK/260/73	3:14.35	+1,00	45.45	1:38.35	2:34.49	3:14.35
4. C. van Bruxvoort	ZPB H&L Productions	3:29.76 197700138	3:41.41	+1,08	47.36	1:42.25	2:52.07	3:41.41

Programmanr. 26, Dames, 200m wisselslag

Masters 40+

1. Karin Stein	ZVVS	2:40.40	197100554	2:42.34	+0,85	36.98	1:21.43	2:06.21	2:42.34
2. Mengsanne Heijnen	Zignea	3:08.11	197100878	3:05.19	+0,94	39.27	1:27.63	2:19.92	3:05.19

Masters 45+

1. Annette Wijnja-Visser	De Biesboschwimmers	2:45.66	196700528	2:48.99	+0,83	37.02	1:22.45	2:10.37	2:48.99
2. Laura Staal	Oceanus	2:49.52	196700358	2:51.23	+0,92	38.57	1:23.31	2:12.54	2:51.23
3. J. Rolloos-Bakker	De Lansingh	2:52.29	196300222	2:55.78	+1,00	36.46	1:22.35	2:14.72	2:55.78
4. Alie Visser	HZ&PC Heerenveen	3:30.02	196400494	3:28.88	+0,92	44.97	1:37.28	2:37.47	3:28.88

Masters 50+

1. Patty Verhagen	AquAmigos	3:00.41	195900146	3:03.08	+0,79	39.57	1:27.62	2:23.16	3:03.08
2. Mathilde Vink	Swol 1894	2:57.26	195800128	3:04.40	+0,98	37.14	1:27.74	2:24.30	3:04.40
3. Ellen Parma	Triton	3:38.00	196200366	3:40.73	+1,09	50.70	1:47.96	2:52.07	3:40.73
4. Mies Kuipers	Old Dutch	4:25.64	195800202	4:23.90	+0,99	1:04.47	2:16.47	3:23.53	4:23.90

Masters 60+

1. Christien Nieuwenhuis	Swol 1894	3:06.22	195100022	3:10.61	+0,89	38.96	1:30.74	2:29.28	3:10.61
2. Gonnie Bak	PSV	3:54.70	195100064	3:51.24	+1,00	57.15	1:59.87	2:59.62	3:51.24
3. Tineke van Diggelen	Oceanus	4:00.24	195200048	3:57.58	+1,09	57.97	1:58.43	3:03.48	3:57.58

Masters 65+

1. Matty van der Veen	Old Dutch	3:50.59	194400020	3:58.96	+1,18	58.82	2:05.19	3:07.62	3:58.96
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Masters 75+

1. Annie de Vos	Old Dutch	5:10.97	193400004	5:22.56 *		1:34.41	2:46.57	4:16.65	5:22.56
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Programmanr. 27
28-01-2012 - 16:20

Heren, 200m wisselslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	150m	200m	
Masters 20+									
1. Dennis Wijbenga	Stadskanaal	2:12.35	199003283	2:16.47	+0,98	30.60	1:06.10	1:43.66	2:16.47
2. Jurrien Hartman	ZVVS	2:15.51	198801297	2:17.56	+0,79	29.56	1:06.85	1:46.35	2:17.56
3. Marcel Noordermeer	ZOB'66	2:12.16	199003455	2:21.06	+0,71	30.30	1:07.32	1:48.15	2:21.06
4. Tim Bunnik	Triton	2:20.36	199000505	2:21.32	+1,02	30.16	1:06.83	1:47.44	2:21.32
5. Alex Eversdijk	De Bruinvis	2:18.78	199000847	2:21.87	+0,92	29.88	1:08.09	1:47.86	2:21.87
6. Maik Steenkamp	NDD	2:23.56	199103847	2:29.62	+0,84	31.33	1:11.36	1:54.84	2:29.62
7. Marc Verhaeg	D'Elf WAVE (SG)	2:33.23	198905665	2:36.54	+0,90	32.41	1:10.81	1:59.81	2:36.54
8. Kevin Dieker	Montferland	2:37.64	199100461	2:36.87	+0,84	33.43	1:15.17	2:00.89	2:36.87
9. Glenn Mijnders	De Schotejil	2:39.73	199204569	2:52.30	+0,91	36.43	1:19.97	2:11.94	2:52.30
10. Jeroen de Putter	De Schelde	2:57.11	199204149	2:58.66	+0,78	38.51	1:25.34	2:19.02	2:58.66
Masters 25+									
1. Raymond van de Merwe WVZ		2:04.86	198602077	2:08.10	+0,75	26.96	59.44	1:36.98	2:08.10
<i>Nederlands Masters Record</i>									
2. Kristiaan Lenos	LZ 1886	2:14.78	198301331	2:17.87	+0,86	28.60	1:05.09	1:46.32	2:17.87
3. Remko Hoof	De Duinkickers	2:24.84	198701405	2:28.04	+0,78	31.91	1:12.06	1:54.74	2:28.04
4. Stefan van der Grift	Octopus	2:27.33	198701121	2:29.90	+0,85	31.09	1:08.81	1:51.59	2:29.90
5. Mathijs Lenos	HPC	2:31.00	198401407	2:33.87	+1,07	32.61	1:13.82	1:57.85	2:33.87
6. Hans de Korte	De Rijn	2:29.57	198601705	2:35.44	+0,76	34.40	1:15.30	2:00.13	2:35.44

Programmanr. 27, Heren, 200m wisselslag

Masters 30+

1. Reinier Ellenkamp	De Rog	2:23.77	198002109	2:24.60	+0,88	30.13	1:08.63	1:49.98	2:24.60
2. Mark Zwart	Zwemlust-den Hommel	2:30.24	197901461	2:24.91	+0,92	30.89	1:10.59	1:51.75	2:24.91
3. Kars Luttik	DAW	2:27.91	197800675	2:26.59	+0,93	30.70	1:08.95	1:52.66	2:26.59
4. Marcel Reefhuis	De Veene	2:24.48	198101381	2:27.51	+0,53	31.62	1:10.11	1:53.11	2:27.51
5. Freddie Geerlings	HGN (SG)	2:24.07	197900379	2:27.90	+0,87	31.22	1:10.58	1:52.22	2:27.90
6. Jeroen Vogelsang	DAW	2:38.02	198001645	2:41.86	+0,95	33.84	1:17.83	2:04.89	2:41.86

Masters 35+

1. Vincent Versteeg	Zwemlust-den Hommel	2:25.29	197701003	2:24.80	+0,85	31.36	1:09.73	1:51.45	2:24.80
2. Jan Gerard Sterrenburg	RZC	2:28.17	197501349	2:27.48	+0,84	32.16	1:10.32	1:52.52	2:27.48
3. André Koster	De Futen	2:38.41	197601465	2:35.62	+0,90	33.40	1:16.25	2:00.10	2:35.62

Masters 40+

1. Marcel van Winssen	De Gelenberg	2:23.67	197101477	2:25.17	+0,84	30.36	1:08.88	1:50.82	2:25.17
2. René Beetsma	HZ&PC Heerenveen	2:23.52	196900069	2:27.40	+0,93	31.51	1:10.45	1:53.42	2:27.40
3. Richard Ricksen	HGN (SG)	2:29.77	197000841	2:29.25	+0,85	31.55	1:10.70	1:54.47	2:29.25
4. Hans Schoenmakers	DAW	2:43.32	196900863	2:46.35	+0,89	33.84	1:23.99	2:08.02	2:46.35

Masters 45+

1. Arnold de Rover	De Futen	2:26.37	196400645	2:27.82	+0,85	31.49	1:10.19	1:54.41	2:27.82
2. Marcel van Lochem	Zoetermeer	2:47.61	196500581	2:48.30	+0,96	36.14	1:21.02	2:09.90	2:48.30
3. Geert van Duinhoven	RZC	2:52.61	196401263	2:49.68	+0,93	33.78	1:19.17	2:06.92	2:49.68
4. Jan Smalheer	SCOM	2:57.57	196400701	2:59.96	+1,21	40.07	1:27.77	2:19.73	2:59.96

Masters 50+

1. Jan Brink	De Zeeuwse Kust (SG)	2:30.68	196200091	2:31.48	+0,78	32.93	1:10.95	1:56.15	2:31.48
2. Ronald Grove	Oceanus	2:35.65	196100161	2:36.48	+0,80	33.77	1:16.89	2:02.15	2:36.48
3. Arturas Tuomas	Takas	2:42.03	1961tuom	2:42.71	+0,91	34.55	1:18.77	2:05.05	2:42.71
4. André Schutte	De Zeeuwse Kust (SG)	2:51.88	196000521	2:57.96	+0,97	37.89	1:25.14	2:17.98	2:57.96
5. John Dam	Zignea	3:14.63	196000915	3:11.97	+1,13	41.23	1:30.83	2:30.29	3:11.97

Masters 55+

1. Paul Bunnik	Triton	2:54.64	195600413	2:55.20	+1,08	38.84	1:25.89	2:16.70	2:55.20
2. Pieter Husslage	Old Dutch	2:57.26	195300091	3:10.77	+1,10	40.01	1:31.03	2:27.85	3:10.77
3. Vincenzo Cipullo	ASD Ariete Napoli	3:36.05	1956cipul	3:23.94	+1,32	47.80	1:39.12	2:40.28	3:23.94

Masters 60+

1. Robert Weyhenke	Upstream Amsterdam	2:36.91	195200203	2:31.52	+0,86	32.27	1:10.83	1:55.59	2:31.52
<i>Europees Masters Record, tt 50m vlinder KR</i>									
2. Antanas Guoga	Takas	3:58.13	1948guog	3:51.95	+1,24	54.93	1:58.68	3:01.28	3:51.95

Masters 65+

1. Donald Uijtenbogaart	Het Y	2:50.54	194700107	2:54.86	+0,53	38.75	1:24.83	2:16.10	2:54.86
<i>Nederlands Masters Record</i>									

Masters 70+

1. Nico Geers	Z&PC De Gouwe	3:25.57	193800007	3:35.68	+1,17	49.84	1:46.19	2:52.96	3:35.68
<i>Kampioenschaps Record</i>									
DIS Gustave Lempereur	CHAT	3:20.63	CHAT/099/42	3:27.35	SK +0,98	43.43	1:38.53	2:36.58	3:27.35

Programmanr. 27, Heren, 200m wisselslag

Masters 80+

1. Georges Verhelst KRZ 4:04.37 RZV/160/31 **4:17.62** +1,06 57.08 2:03.40 3:13.95 4:17.62
50m*

Programmanr. 28
28-01-2012 - 16:41

Dames, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Desirée Emmen <i>Kampioenschaps Record</i>	De Warande	1:08.07 199204862	1:08.16		33.10	1:08.16
2. Kim Anne Bouw	AZ&PC	1:09.20 199000500	1:10.00		33.69	1:10.00
3. Jen-Ai van Soelen	Zuiderzeewimmers	1:08.84 199003510	1:10.83		33.84	1:10.83
4. Sigrid Dogger	De Zwoer	1:10.55 199200452	1:10.88		34.67	1:10.88
5. Elmi Roelofsen	ZVV	1:08.48 199008198	1:11.82		35.05	1:11.82
6. Cynthia Grooteboer	SBC2000	1:10.99 198901462	1:12.71		35.94	1:12.71
7. Esther van Maastrigt Sabine Lina	Montferland Aquarijn	1:13.35 198802836 1:11.28 198902680	1:16.23 1:16.23		37.81 36.92	1:16.23 1:16.23
9. Maaïke de Boer	De Duinkickers	1:15.00 199000362	1:17.07		37.29	1:17.07
10. Wendy de Bruin	ZOB'66	1:15.50 199206320	1:17.35		37.53	1:17.35
11. Lisette Prins	WVZ	1:18.32 198803522	1:17.91		37.76	1:17.91
12. Samantha van Eijk	De Geul	1:20.41 198806826	1:18.87		38.66	1:18.87
13. Sabina van Doeselaar	Koewacht	1:18.05 198900962	1:19.35		38.68	1:19.35
14. Eline Schoenmaker	De Duinkickers	1:17.88 199003322	1:19.53		38.75	1:19.53
15. Nicky Vanhijfte	Scheldestroom	1:18.28 199201806	1:20.87		39.69	1:20.87
16. Ilona Neels	De Schelde	1:20.88 198803150	1:22.19		39.83	1:22.19
17. Fleur Maas	Zoetermeer	1:26.49 198902768	1:30.12		42.37	1:30.12

Masters 25+

1. Charlotte Groeneveld	Zwemlust-den Hommel	1:10.40 198701404	1:08.98		32.84	1:08.98
2. Nadya Putter	ZVVS	1:11.65 198301630	1:12.08		35.49	1:12.08
3. Marlinda Eggermont	Scheldestroom	1:13.06 198500804	1:15.18		36.63	1:15.18
4. Esther Versteeg	Van Vliet-Barracuda	1:15.23 198302112	1:16.49		38.04	1:16.49
5. Linda Hoogendam	D'Elft WAVE (SG)	1:17.76 198300892	1:19.10		39.24	1:19.10
6. Sabine Wieland	De Schelde	1:18.55 198604050	1:21.42		39.94	1:21.42
7. Sandra Pannekeet	DAW	1:23.41 198403458	1:21.91		38.67	1:21.91
8. Dorien Vasseur	Scheldestroom	1:29.87 198704164	1:30.12		44.93	1:30.12

Masters 30+

1. Annie Buitelaar	ZVVS	1:09.63 198202284	1:09.21		34.02	1:09.21
2. Jolanda van Gendt	PSV	1:17.68 197800266	1:20.97		39.57	1:20.97
3. Evelyn Verplanke	Scheldestroom	1:19.67 198101570	1:21.39		39.26	1:21.39
4. Babette Rens	Dedemsvaart-AC	1:22.11 197801200	1:22.47		40.47	1:22.47

Masters 35+

1. Janneke Harmsen <i>Nederlands Masters Record</i>	De Spatters	1:09.23 197700938	1:11.22		34.45	1:11.22
2. Melanie Kuiper	Zignea	1:19.39 197600350	1:17.33		37.87	1:17.33
3. Chantal Scheer	HoogenboomTours/BZ&PC	1:18.92 197300412	1:18.95		37.87	1:18.95
4. Petra Verstegen	WVZ	1:21.49 197700906	1:21.32		39.98	1:21.32
5. Bianca Hertogh - Buijsse	Scheldestroom	1:27.78 197400910	1:29.94		43.17	1:29.94

Programmanr. 28, Dames, 100m rugslag

Masters 40+

1. Gudule van der Meer	PSV	1:14.18	197200396	1:12.87	35.44	1:12.87
<i>Nederlands Masters Record</i>						
2. Heidi van Stein	LZ 1886	1:18.39	196900864	1:19.60	38.95	1:19.60
3. Trudie van Niejenhuis	TZC-Vahalis	1:18.09	197100444	1:20.89	39.46	1:20.89
4. Susanne van Hooven	De Schotejil	1:21.93	196800752	1:21.75	40.57	1:21.75
5. Thérèse de Munck	Zeelandia	1:22.68	197100438	1:27.08	41.13	1:27.08
6. Bianca Smet	Zeelandia	1:45.95	197100416	1:50.66	51.71	1:50.66

Masters 45+

1. Judith Cromjongh	De Zwoer	1:15.91	196400054	1:17.59	37.68	1:17.59
2. Laura Staal	Oceanus	1:16.89	196700358	1:18.50	39.03	1:18.50
3. Monique Dijkstra	Upstream Amsterdam	1:20.07	196400066	1:19.61	39.30	1:19.61
4. Wilna Heijman	't Tolhekke	1:18.46	196400506	1:21.45	40.72	1:21.45
5. Jacqueline Rolloos-Bakker	De Lansingh	1:19.70	196300222	1:22.16	40.08	1:22.16
6. Jeannette Ruesink	WS Twente	1:21.42	196300212	1:22.38	40.70	1:22.38
7. Caroline Schreuder	Triton	1:20.42	196700550	1:22.99	40.10	1:22.99
8. Hanny Rotteveel	Zignea	1:22.40	196600538	1:26.54	42.20	1:26.54
9. Hetty Smalheer	SCOM	1:32.27	196700352	1:33.64	46.87	1:33.64
10. Haya Mellema	Aquapoldro	1:47.37	196600482	S7 1:52.69	54.50	1:52.69

Masters 50+

1. Martine Bouw	DWK	1:19.04	196100368	1:17.55	37.42	1:17.55
<i>Kampioenschaps Record</i>						
2. Margriet Grove-Lingeman	Oceanus	1:23.16	196200080	1:20.82	39.30	1:20.82
3. Patty Verhagen	AquAmigos	1:28.11	195900146	1:28.78	44.72	1:28.78
4. Pia van der Molen	HZ&PC Heerenveen	1:28.48	196000116	1:33.40	44.79	1:33.40
5. Inge Wolfs	PLONS	1:30.32	196000304	1:33.69	46.94	1:33.69
6. Ellen Parma	Triton	1:29.09	196200366	1:37.23 *	47.26	1:37.23
<i>50m*</i>						

Masters 55+

1. Margriet Pasma	De Pinquin	1:26.67	195500088	1:31.01	44.40	1:31.01
2. Patty Krupiarz	PSV	1:36.66	195400074	1:36.29	46.57	1:36.29

Masters 60+

1. Antoinette Gilding-Tussaud	WS Twente	1:40.06	195000038	1:42.72	50.61	1:42.72
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Masters 65+

1. Jacqueline Everaert	CHAT	1:41.38	CHAT/282/47	1:42.32 *	49.97	1:42.32
<i>BEL Masters Record</i>						
2. Loekie v. Huissteden	AZ&PC	1:59.77	194500002	2:02.43	59.36	2:02.43
3. Leny Kamp	Aquapoldro	2:02.12	194400008	2:08.96 *	1:02.23	2:08.96

Masters 70+

1. Truus Ruiter	Old Dutch	2:11.00	194000004	2:07.58 *	1:02.14	2:07.58
<i>50m*</i>						

Masters 75+

1. Annie de Vos	Old Dutch	2:06.92	193400004	2:07.86	1:01.13	2:07.86
2. Tineke de Bueger	Old Dutch	2:16.36	193700010	2:28.02	1:08.46	2:28.02

Programmanr. 29
28-01-2012 - 17:01

Heren, 100m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Jos de Graaf	PSV	56.79 199106095	57.35		28.61	57.35
2. Emile Manni	Octopus	1:00.70 199001901	1:00.68		29.72	1:00.68
3. Yelmar van der Veer	GoSwim	1:00.01 198805237	1:01.40		29.08	1:01.40
4. Roderick van Doeselaar	De Rijn	1:01.32 199200261	1:03.27		30.97	1:03.27
5. Jelte Schuurmans	Tritium (SG)	1:01.90 199104841	1:04.15		31.21	1:04.15
6. Joppe Schuurmans	Tritium (SG)	1:01.34 198905447	1:06.05		32.84	1:06.05
7. Jeroen Custers	Kimbria	1:03.57 199106319	1:07.09		32.56	1:07.09
8. Erik van der Heide	Zuiderzeezwemmers	1:03.48 198801337	1:08.46		32.94	1:08.46
9. Dick Kampman	De Amer	1:07.25 198801789	1:09.87		34.12	1:09.87
10. Sander Boidin	Scheldestroom	1:08.72 199200111	1:10.47		33.81	1:10.47
11. Wessel Everloo	De Veene	1:07.80 198906597	1:11.25		35.21	1:11.25
12. Dylan Haverkamp	Den Doorn	1:10.47 198901123	1:14.15		36.07	1:14.15
13. Berné Beute	't Tolhekke	1:24.52 199100135	1:17.89		37.32	1:17.89
14. Jeroen de Putter	De Schelde	1:18.75 199204149	1:22.35		40.30	1:22.35
Masters 25+						
1. Martijn Giezen	Montferland	1:02.27 198500813	1:03.00		30.54	1:03.00
2. Thommy Nickel	Van Vliet-Barracuda	1:03.34 198401627	1:04.84		32.00	1:04.84
3. Albert van Piekeren	Octopus	1:06.06 198401767	1:05.64		32.04	1:05.64
4. Roel Dellaert	De Bruinvis	1:04.21 198400447	1:06.04		32.16	1:06.04
5. Sebastiaan Baars	WS Twente	1:16.92 198300053	1:15.67		36.78	1:15.67
6. Harmen Reemst	ZOB'66	1:13.71 198702715	1:16.98		36.84	1:16.98
7. Ruben de Koster	Scheldestroom	1:15.59 198601713	1:19.84		38.23	1:19.84
Masters 30+						
1. Stan Dekker	PLONS	1:07.79 197901823	1:06.15		32.10	1:06.15
2. Marcel Reefhuis	De Veene	1:04.97 198101381	1:07.16		32.49	1:07.16
3. Carl Knelange	Zwemlust-den Hommel	1:09.15 198000795	1:07.24		32.59	1:07.24
4. Martijn Eggermont	Scheldestroom	1:15.46 198200395	1:15.75		36.71	1:15.75
5. Gino Martijn 50m*	RZ	1:15.00 197901865	1:16.05		37.17	1:16.05
6. Pieter Muller	HoogenboomTours/BZ&PC	1:16.69 198101187	1:17.74		37.18	1:17.74
7. Remco Veerkamp 50m*	Zuiderzeezwemmers	1:28.84 198102311	1:32.69		44.59	1:32.69
Masters 35+						
1. Roger Flinterman	Zoetermeer	1:06.92 197601261	1:08.46		33.16	1:08.46
2. Markus van Rest	Zoetermeer	1:10.91 197701197	1:10.99		35.34	1:10.99
3. Joost Roelofs	Upstream Amsterdam	1:09.89 197601337	1:12.05		35.61	1:12.05
4. Erwin Zuidervelt	De Futen	1:11.61 197501015	1:12.42		35.05	1:12.42
5. Gerard Eghuizen	HZ&PC Heerenveen	1:09.47 197400197	1:14.03		35.93	1:14.03
6. Pieter Ponne	HZ&PC Heerenveen	1:15.32 197600749	1:18.97		38.61	1:18.97
Masters 40+						
1. Arjan Bellaart	Oceanus	1:06.96 196900079	1:08.44		33.13	1:08.44
2. Arjon de Bok	De Biesboschzwemmers	1:10.06 196900125	1:10.74		34.51	1:10.74
3. Frank v Nobelen	Sassenheim	1:09.99 196900753	1:11.56		35.24	1:11.56

Programmanr. 29, Heren, 100m rugslag

Masters 45+

1. Fred Heemstra	DAW	1:10.84	196500357	1:11.29	34.59	1:11.29
2. John Stokx	DAW	1:14.34	196401341	1:13.40	35.19	1:13.40
3. Fred van de Meeberg	Steenwijk 1934	1:16.54	196601279	1:20.79	38.34	1:20.79
4. Tonny Vinke	Scheldestroom	1:20.14	196701035	1:22.62	39.78	1:22.62
5. Hans Maas	PLONS	1:26.64	196501433	1:24.33	40.65	1:24.33
50m*						
6. Pieter-Sjoerd de Wijn	Aqua-Novio'94	1:28.95	196501027	1:32.12	44.57	1:32.12

Masters 50+

1. Johan Remmits	One Team Swimming	1:08.43	196201159	1:08.28	33.15	1:08.28
2. Hugo Bregman	WVZ	1:04.95	195800069	1:08.81	33.42	1:08.81
3. Jan Brink	De Zeeuwse Kust (SG)	1:07.94	196200091	1:09.98	34.58	1:09.98
4. Dmitry Kromskiy	Poseidon	1:08.98	037011	1:10.48	34.19	1:10.48
5. Erik Kamphuis	De Rog	1:14.70	196001035	1:13.60	36.61	1:13.60
6. Ron van Vliet	De Zeeuwse Kust (SG)	1:17.15	196100849	1:17.96	38.06	1:17.96
7. Arlandas Juodeska	Takas	1:14.89	1961juod	1:20.08	39.53	1:20.08
8. Jack Barends	WS Twente	1:23.59	196201011	1:22.47	40.49	1:22.47
9. André Schutte	De Zeeuwse Kust (SG)	1:20.21	196000521	1:24.64	41.87	1:24.64
10. Ralph Caster	RZ	1:23.45	196100069	1:26.02	41.71	1:26.02
11. Harry Paas	ZVVS	1:29.73	195800689	1:27.33	41.23	1:27.33
12. Bart van Calker	WS Twente	1:26.61	196100067	1:27.69 *	43.06	1:27.69
13. Herbert Katgert	WS Twente	1:52.06	195900739	1:49.16	51.43	1:49.16

Masters 55+

1. Albert Boonstra	Aqua-Novio'94	1:07.28	195700425	1:09.64	34.15	1:09.64
2. Andre Storm	Zoetermeer	1:13.15	195600407	1:19.92	38.52	1:19.92
50m*						
3. Evertjan Masurel	PSV	1:26.70	195600495	1:20.99	40.03	1:20.99
4. Steven Miller	Westchester Masters	1:28.14	1R-02XVX	1:21.50	40.87	1:21.50
NG.ZA Vincenzo Cipullo	ASD Ariete Napoli	1:28.95	1956cipul			

Masters 60+

1. Brend Brevé	PSV	1:14.01	195200265	1:15.09	37.11	1:15.09
50m*						
2. Rob Berkhof	Swol 1894	1:27.34	195200245	1:26.92	43.70	1:26.92

Masters 65+

1. Rob Hanou	PSV	1:33.22	194300109	1:41.38	48.62	1:41.38
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Masters 70+

1. Frans van Enst	WS Twente	1:20.80	194000011	1:22.44	40.33	1:22.44
2. Pieter Scharphorn	Neptunus	2:10.87	193800037	2:17.37	1:04.08	2:17.37
50m*						

Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:44.45	193700015	1:44.22	49.77	1:44.22
<i>Kampioenschaps Record</i>						

Programmanr. 30
28-01-2012 - 17:24

Dames, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	De Veene	2:02.90	2:03.30	+0,83
	Milou Bouwhuis 89 +0,83 32.83	Annelette de Vries 86 +0,55 28.50		
	Yvon Versteeg 92 +0,40 28.13	Leonie Versteeg 90 +0,58 33.84		
2.	Tritium (SG)	2:03.52	2:08.76	+0,80
	Elodie Siroen 90 +0,80 34.48	Chantal Willems 91 +0,26 29.38		
	Marjolein van der Sanden 84 +0,31 35.34	Merel Siroen 88 +0,55 29.56		
100+				
1.	DAW	2:00.52	1:58.26	+0,58
	Sandra Zwaanswijk 85 +0,58 28.92	Maaïke Vooren 91 +0,48 29.38		
	Sandra Pannekeet 84 +0,46 30.08	Laura Badoux 82 +0,50 29.88		
2.	WVZ	2:06.17	2:07.85	+0,88
	Tessa Verheijdt 89 +0,88 33.88	Petra Versteegen 77 +0,68 32.96		
	Lisette Prins 88 +0,38 32.09	Isabelle Massar 91 +0,50 28.92		
3.	Montferland	2:20.48	2:25.95	+1,11
	Martine Varwijk 82 +1,11 50.05	Marije Jansen 85 +0,85 30.00		
	Wieteke Jansen 90 +0,81 33.48	Esther van Maastrigt 88 +0,48 32.42		
120+				
1.	Scheldestroom	2:04.09	2:05.16	+0,87
	Ryan Verplanke 77 +0,87 29.83	Nicky Vanhijfte 92 +0,43 31.86		
	Marlinda Eggemont 85 +0,59 29.29	Bianca Hertogh - Buijsse 74 +0,58 34.18		
2.	Den Doorn	2:27.49	2:28.53	+0,86
	Devina de With 92 +0,86 34.37	Mandy Erkelens 87 +0,37 24.88		
	Ineke Branderhorst 69 +0,50 43.54	Antoinette Kant 69 45.74		
3.	De Schelde	2:35.50	2:33.27	+0,79
	Patricia van Hoom 72 +0,79 44.69	Claudia Sutin 72 +0,50 38.80		
	Monique Goedegebuur 75 +0,33 38.52	Marouschka Rijnhout 78 +0,19 31.26		
160+				
1.	ZVVS	2:01.41	2:02.51	+0,92
	Conny Boer-Buys 50 +0,92 32.18	Nadya Putter 83 +0,40 29.04		
	Karin Stein 71 +0,52 31.45	Annie Buitelaar 82 +0,49 29.84		
2.	WS Twente	2:05.97	2:05.10	+0,96
	Emmy Soer 85 +0,96 30.71	Marion Broekhuis 68 +0,53 32.75		
	Marijke Kraak 60 +0,37 32.61	Inez Heideman 75 +0,39 29.03		
3.	Zoetermeer	2:13.72	2:16.70	+0,70
	Fleur Maas 89 +0,70 33.87	Yvette Kilian 66 +0,45 33.26		
	Carolien Maas 57 +0,36 37.82	Chita van der Goorbergh 68 +0,45 31.75		
4.	ZV De Bron	2:20.52	2:23.92	+0,97
	Jacqueline Brouwer 61 +0,97 43.89	Janny van Eijk 58 +0,61 34.00		
	Kristel Lips 79 +0,68 34.14	Annette Vogelsang 84 +0,69 31.89		
5.	WS Twente	2:27.88	2:26.14	+0,88
	Monique Gerritsen 65 +0,88 33.86	Antoinette Gilding-Tussaud 50 +0,63 43.93		
	Kim Brokelman 75 +0,69 35.59	Jeannette Ruesink 63 +0,34 32.76		
240+				
1.	PSV	2:29.63	2:33.95	+0,89
	<i>Nederlands Masters Record</i>			
	Gudule van der Meer 72 +0,89 31.02	Annie Smits 46 +0,52 44.43		
	Lottie Geurts 35 +0,77 41.76	Patty Krupiarz 54 +0,72 36.74		

Programmanr. 31
28-01-2012 - 17:30

Heren, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	Tritium (SG) Ronald Vullings Joppe Schuurmans	Tritium (SG) 87 +1,01 25.89 89 +0,32 25.92	1:41.65 Jelte Schuurmans Mark Effing	1:44.42 +1,01 91 +0,37 25.54 86 +0,47 27.07
2.	De Schotejil 1 Niels Albrechts Martijn van Hoorn	De Schotejil 88 +0,90 27.77 89 +0,59 26.10	1:43.56 Glenn Mijnders Mark Costeris	1:45.29 +0,90 92 +0,60 28.38 92 +0,46 23.04
100+				
1.	D'Eift WAVE (SG) 1 <i>Kampioenschaps Record</i> Mo Liems Victor den Heijer	D'Eift WAVE (SG) 89 +0,80 25.05 83 +0,21 25.33	1:38.03 Maarten van der Beek Jasper Barsingerhorn	1:39.50 +0,80 86 +0,37 25.13 89 +0,27 23.99
2.	ZOB'66 1 Marcel Noordermeer Ferry Blange	ZOB'66 90 +0,73 26.49 83 +0,46 27.08	1:50.35 Harmen Reemst Nol van Thull	1:49.48 +0,73 87 +0,47 30.66 80 +0,32 25.25
3.	't Tolhekke 1 Berné Beute Lars Erik Beute	't Tolhekke 91 +0,94 30.08 86 +0,46 28.94	1:59.42 Mark van Damme Arie van Damme	2:01.93 +0,94 91 +0,69 28.05 61 +0,50 34.86
120+				
1.	Zoetermeer 1 Marcel van Lochem Roger Flinterman	Zoetermeer 65 +0,93 29.46 76 +0,53 28.35	1:52.59 Simon van Ravensteijn Markus van Rest	1:51.63 +0,93 80 +0,37 26.66 77 +0,32 27.16
2.	Den Doorn 1 Nico Swart Wouter van der Stelt	Den Doorn 68 +0,91 29.24 72 +0,35 28.65	1:53.56 Tommy Uilenberg Dylan Haverkamp	1:52.59 +0,91 86 +0,63 27.58 89 +0,48 27.12
3.	Scheldestroom 1 Sander Boidin Ruben de Koster	Scheldestroom 92 +0,77 28.23 86 +0,72 27.76	1:54.98 Martijn Eggermont Tonny Vinke	1:55.81 +0,77 82 +0,66 27.30 67 +0,46 32.52
160+				
1.	De Gelenberg 1 Ron van der Meer Erik Lamers	De Gelenberg 60 +0,91 29.62 75 +0,55 27.08	1:47.11 Geert Wijn Marcel van Winssen	1:48.49 +0,91 67 +0,26 25.82 71 +0,35 25.97
2.	De Schelde 1 Bas Wespord Maarten de Pooter	De Schelde 73 +0,77 28.47 66 +0,46 28.43	1:51.46 Cees van Houwelingen Patrick Keijmel	1:48.77 +0,77 63 +0,24 25.01 73 +0,42 26.86
3.	DAW 1 Ron Langelaan John Stokx	DAW 78 +0,85 28.32 64 +0,30 28.60	1:51.20 Fred Heemstra Kars Luttk	1:50.21 +0,85 65 +0,43 27.39 78 +0,24 25.90
4.	HZ&PC Heerenveen 1 Tiemen Stegenga Gerard Eghuizen	HZ&PC Heerenveen 71 +0,91 30.01 74 +0,59 28.34	1:55.61 Marten de Groot René Beetsma	1:51.61 +0,91 58 +0,15 26.91 69 +0,48 26.35
5.	Upstream Amsterdam 1 <i>Startzwemmer 50m vrije slag KR</i> Robert Weyhenke Jan van der Meer	Upstream Amsterdam 52 +0,80 28.52 62 +0,49 32.08	1:57.00 Peter van Vuuren Joost Roelofs	1:55.19 +0,80 60 +0,21 28.41 76 +0,63 26.18
6.	Steenwijk 1934 1 Fred van de Meeberg Huyb Stegeman	Steenwijk 1934 66 +1,02 32.53 67 +0,44 30.85	1:58.48 Rick Driezen Casper Dollekamp	2:00.62 +1,02 86 +0,60 26.55 63 +0,27 30.69
7.	De Amer 1 Paul de Boer Rudolf Meijer	De Amer 68 +0,91 29.71 60 +0,73 31.02	1:58.55 Jos Kamps Dick Kampman	2:01.09 +0,91 51 +0,66 33.37 88 +0,28 26.99
8.	WS Twente 2 Sebastiaan Baars Jack Barends	WS Twente 83 +0,92 29.97 62 +0,53 31.61	2:02.77 Bart van Calker Michel Ophuis	2:03.75 +0,92 61 +0,35 32.67 73 +0,51 29.50

Programmanr. 31, Heren, 4 x 50m vrije slag, 160+

rang	vereniging	inschrijftijd	tijd	RT
9.	De Schelde 2	2:16.20	2:20.86	+0,94
	Marco Pijelink	69 +0,94 45.40	72 +0,14 31.78	
	Arno Loof	63 +0,32 34.03	71 +0,30 29.65	

200+

1.	Takas 1	1:55.00	2:00.11	+0,89
	Rytas Matuliuskas	68 +0,89 25.87	61 +0,56 28.37	
	Pavelas Bezzubovas	39 +0,66 28.74	69 +0,78 37.13	
2.	PLONS 1	2:08.96	2:10.31	+0,85
	Mark Kas	61 +0,85 32.40	47 +0,41 34.09	
	Hans Maas	65 +0,59 32.73	61 +0,58 31.09	
3.	WS Twente 1	2:12.27	2:13.31	+0,87
	Hugo Staudt	53 +0,87 31.44	60 +0,17 33.04	
	Frans van Enst	40 +0,55 33.93	59 +0,64 34.90	

240+

1.	Old Dutch 1	2:20.23	2:23.59	+0,74
	<i>Kampioenschaps Record</i>			
	Phil Trethewie	65 +0,74 27.79	42 +0,44 44.24	
	Mar van Geel	47 +0,76 38.94	53 +0,76 32.62	
BM	HoogenboomTours/BZ&PC 1	1:50.87	1:51.66	+0,97
	Roland Schol	69 +0,97 30.12	81 +0,75 41.67	
	Owen Louwes	91 +0,46 14.31	69 +0,45 25.56	

5 - ONMK 2012 kb sessie 5

29-01-2012 - 9:00

Programmanr. 33
29-01-2012 - 9:00

Heren, 800m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Joost Rijntjes	LZ 1886	9:04.10	199101899	9:04.65	+0,89
	50m: 29.41 29.41	250m: 2:45.99 34.87	450m: 5:05.52 35.83	650m: 7:26.15 34.68		
	100m: 1:02.04 32.63	300m: 3:20.47 34.48	500m: 5:40.91 35.39	700m: 8:00.15 34.00		
	150m: 1:36.41 34.37	350m: 3:54.48 34.01	550m: 6:16.49 35.58	750m: 8:33.41 33.26		
	200m: 2:11.12 34.71	400m: 4:29.69 35.21	600m: 6:51.47 34.98	800m: 9:04.65 31.24		
2.	Dennis Wijbenga	Stadskanaal	9:05.23	199003283	9:04.66	+0,88
	50m: 29.99 29.99	250m: 2:45.75 34.10	450m: 5:05.34 35.56	650m: 7:26.91 35.17		
	100m: 1:03.44 33.45	300m: 3:19.60 33.85	500m: 5:40.59 35.25	700m: 8:01.41 34.50		
	150m: 1:37.77 34.33	350m: 3:54.58 34.98	550m: 6:16.11 35.52	750m: 8:34.12 32.71		
	200m: 2:11.65 33.88	400m: 4:29.78 35.20	600m: 6:51.74 35.63	800m: 9:04.66 30.54		
3.	Maik Steenkamp	NDD	9:27.61	199103847	9:26.85	+0,45
	50m: 31.07 31.07	250m: 2:53.99 36.41	450m: 5:19.70 35.63	650m: 7:43.65 35.49		
	100m: 1:05.75 34.68	300m: 3:30.59 36.60	500m: 5:56.00 36.30	700m: 8:19.82 36.17		
	150m: 1:41.24 35.49	350m: 4:07.23 36.64	550m: 6:32.25 36.25	750m: 8:54.34 34.52		
	200m: 2:17.58 36.34	400m: 4:44.07 36.84	600m: 7:08.16 35.91	800m: 9:26.85 32.51		
4.	Tim Bunnik	Triton	9:23.76	199000505	9:27.09	+1,04
	50m: 31.40 31.40	250m: 2:55.03 37.06	450m: 5:20.14 35.93	650m: 7:44.05 35.53		
	100m: 1:06.13 34.73	300m: 3:31.18 36.15	500m: 5:56.31 36.17	700m: 8:19.69 35.64		
	150m: 1:42.13 36.00	350m: 4:07.47 36.29	550m: 6:32.57 36.26	750m: 8:54.52 34.83		
	200m: 2:17.97 35.84	400m: 4:44.21 36.74	600m: 7:08.52 35.95	800m: 9:27.09 32.57		
5.	Wessel Everloo	De Veene	9:41.31	198906597	9:33.59	+0,89
	50m: 31.94 31.94	250m: 2:57.64 36.69	450m: 5:22.48 35.61	650m: 7:49.22 36.80		
	100m: 1:08.27 36.33	300m: 3:33.53 35.89	500m: 5:58.47 35.99	700m: 8:25.61 36.39		
	150m: 1:44.64 36.37	350m: 4:10.88 37.35	550m: 6:35.66 37.19	750m: 8:59.94 34.33		
	200m: 2:20.95 36.31	400m: 4:46.87 35.99	600m: 7:12.42 36.76	800m: 9:33.59 33.65		

Programmanr. 33, Heren, 800m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
6.	Bart Alberts	Swimteam Helden-Mosa (SG)	10:04.92	198900033	9:46.17	+0,87		
	50m: 31.60	31.60	250m: 2:56.56	37.18	450m: 5:27.30	37.49	650m: 7:57.27	37.30
	100m: 1:06.31	34.71	300m: 3:34.02	37.46	500m: 6:04.91	37.61	700m: 8:34.53	37.26
	150m: 1:42.48	36.17	350m: 4:11.82	37.80	550m: 6:42.36	37.45	750m: 9:11.47	36.94
	200m: 2:19.38	36.90	400m: 4:49.81	37.99	600m: 7:19.97	37.61	800m: 9:46.17	34.70
7.	Jeroen Custers	Kimbria	9:55.32	199106319	9:53.51	+0,75		
	50m: 29.88	29.88	250m: 2:51.48	35.98	450m: 5:17.92	36.80	650m: 8:01.42	39.13
	100m: 1:03.74	33.86	300m: 3:28.38	36.90	500m: 6:01.90	43.98	700m: 8:40.31	38.89
	150m: 1:39.48	35.74	350m: 4:05.00	36.62	550m: 6:42.74	40.84	750m: 9:17.27	36.96
	200m: 2:15.50	36.02	400m: 4:41.12	36.12	600m: 7:22.29	39.55	800m: 9:53.51	36.24
8.	Nicolas Degalan	CNBA	10:18.11	CNBA/777/89	9:53.62	+0,84		
	50m: 33.41	33.41	250m: 3:00.87	37.24	450m: 5:32.25	37.71	650m: 8:03.35	37.50
	100m: 1:09.71	36.30	300m: 3:38.58	37.71	500m: 6:10.00	37.75	700m: 8:40.90	37.55
	150m: 1:46.51	36.80	350m: 4:16.73	38.15	550m: 6:47.76	37.76	750m: 9:18.09	37.19
	200m: 2:23.63	37.12	400m: 4:54.54	37.81	600m: 7:25.85	38.09	800m: 9:53.62	35.53
9.	Vincent Keijmel	Scheldestroom	10:25.58	199101169	11:10.57	+0,80		
	50m: 34.42	34.42	250m: 3:20.84	43.05	450m: 6:13.60	43.60	650m: 9:05.62	42.84
	100m: 1:13.73	39.31	300m: 4:03.98	43.14	500m: 6:56.81	43.21	700m: 9:47.95	42.33
	150m: 1:54.96	41.23	350m: 4:46.68	42.70	550m: 7:39.69	42.88	750m: 10:29.52	41.57
	200m: 2:37.79	42.83	400m: 5:30.00	43.32	600m: 8:22.78	43.09	800m: 11:10.57	41.05

Masters 25+

1.	Remco van Althuis	SBC2000	9:17.69	198300029	9:14.78	+0,95		
	50m: 30.54	30.54	250m: 2:47.98	34.81	450m: 5:09.05	35.39	650m: 7:30.58	35.22
	100m: 1:03.99	33.45	300m: 3:22.97	34.99	500m: 5:44.43	35.38	700m: 8:06.06	35.48
	150m: 1:38.35	34.36	350m: 3:58.13	35.16	550m: 6:20.10	35.67	750m: 8:41.38	35.32
	200m: 2:13.17	34.82	400m: 4:33.66	35.53	600m: 6:55.36	35.26	800m: 9:14.78	33.40
2.	Remko Hoof	De Duinkickers	9:47.02	198701405	9:58.76	+0,64		
	50m: 33.15	33.15	250m: 3:02.93	37.76	450m: 5:35.72	37.81	650m: 8:07.32	37.64
	100m: 1:10.04	36.89	300m: 3:41.12	38.19	500m: 6:13.95	38.23	700m: 8:44.85	37.53
	150m: 1:47.62	37.58	350m: 4:19.39	38.27	550m: 6:51.95	38.00	750m: 9:22.99	38.14
	200m: 2:25.17	37.55	400m: 4:57.91	38.52	600m: 7:29.68	37.73	800m: 9:58.76	35.77
3.	Norbert de Maillie <i>50, 100, 200 en 400m*</i>	De Bruinvis	11:06.76	198601997	10:58.89	+0,97		
	50m: 33.49	33.49	250m: 3:17.68	42.04	450m: 6:04.52	42.07	650m: 8:56.04	43.24
	100m: 1:12.59	39.10	300m: 3:59.16	41.48	500m: 6:47.30	42.78	700m: 9:37.92	41.88
	150m: 1:53.91	41.32	350m: 4:40.74	41.58	550m: 7:30.03	42.73	750m: 10:19.00	41.08
	200m: 2:35.64	41.73	400m: 5:22.45	41.71	600m: 8:12.80	42.77	800m: 10:58.89	39.89
4.	Stéphane Charles	CNBA	13:11.14	CNBA/634/83	13:32.78	+0,55		
	50m: 39.67	39.67	250m: 3:56.92	51.71	450m: 7:27.41	53.16	650m: 10:58.97	52.32
	100m: 1:25.43	45.76	300m: 4:48.83	51.91	500m: 8:20.33	52.92	700m: 11:52.26	53.29
	150m: 2:14.69	49.26	350m: 5:41.61	52.78	550m: 9:13.58	53.25	750m: 12:45.01	52.75
	200m: 3:05.21	50.52	400m: 6:34.25	52.64	600m: 10:06.65	53.07	800m: 13:32.78	47.77

Masters 30+

1.	Marcel Reefhuis	De Veene	9:32.45	198101381	9:41.48	+0,54		
	50m: 31.52	31.52	250m: 2:55.35	36.28	450m: 5:22.46	37.24	650m: 7:52.35	37.69
	100m: 1:06.85	35.33	300m: 3:31.59	36.24	500m: 5:59.56	37.10	700m: 8:30.00	37.65
	150m: 1:42.95	36.10	350m: 4:08.22	36.63	550m: 6:36.93	37.37	750m: 9:07.14	37.14
	200m: 2:19.07	36.12	400m: 4:45.22	37.00	600m: 7:14.66	37.73	800m: 9:41.48	34.34
2.	Jeroen Vogelsang	DAW	10:02.37	198001645	10:21.84	+0,97		
	50m: 33.95	33.95	250m: 3:04.31	38.58	450m: 5:40.27	39.64	650m: 8:22.49	40.94
	100m: 1:10.77	36.82	300m: 3:42.81	38.50	500m: 6:20.08	39.81	700m: 9:03.33	40.84
	150m: 1:48.09	37.32	350m: 4:21.25	38.44	550m: 7:00.63	40.55	750m: 9:43.51	40.18
	200m: 2:25.73	37.64	400m: 5:00.63	39.38	600m: 7:41.55	40.92	800m: 10:21.84	38.33

Masters 35+

1.	Ivo Roozeboom	WVZ	9:25.66	197700801	9:39.25	+0,94		
	50m: 31.37	31.37	250m: 2:57.61	37.11	450m: 5:25.39	37.07	650m: 7:53.00	36.76
	100m: 1:07.26	35.89	300m: 3:34.34	36.73	500m: 6:02.21	36.82	700m: 8:29.57	36.57
	150m: 1:43.88	36.62	350m: 4:11.29	36.95	550m: 6:39.29	37.08	750m: 9:05.57	36.00
	200m: 2:20.50	36.62	400m: 4:48.32	37.03	600m: 7:16.24	36.95	800m: 9:39.25	33.68

Programmanr. 33, Heren, 800m vrije slag

Masters 40+

1. Konstantin Sklyar <i>UKR Masters Record</i>	Krivbassmasters	10:40.23	1968konst	10:23.71	+1,00
50m: 35.86 35.86	250m: 3:12.47 39.56	450m: 5:50.73 39.92	650m: 8:29.51 39.52		
100m: 1:14.38 38.52	300m: 3:52.01 39.54	500m: 6:30.91 40.18	700m: 9:09.16 39.65		
150m: 1:53.69 39.31	350m: 4:31.36 39.35	550m: 7:10.52 39.61	750m: 9:47.82 38.66		
200m: 2:32.91 39.22	400m: 5:10.81 39.45	600m: 7:49.99 39.47	800m: 10:23.71 35.89		
2. John Pfaff	Zwemlust-den Hommel	10:41.42	196901475	11:12.21	+0,90
50m: 35.35 35.35	250m: 3:22.65 42.87	450m: 6:16.56 43.64	650m: 9:07.99 42.67		
100m: 1:15.65 40.30	300m: 4:06.02 43.37	500m: 6:59.89 43.33	700m: 9:49.63 41.64		
150m: 1:57.36 41.71	350m: 4:49.36 43.34	550m: 7:42.86 42.97	750m: 10:32.21 42.58		
200m: 2:39.78 42.42	400m: 5:32.92 43.56	600m: 8:25.32 42.46	800m: 11:12.21 40.00		
3. Sander de Weert	OEZA	12:13.81	197201453	12:16.32	+0,52
50m: 39.30 39.30	250m: 3:43.78 46.37	450m: 6:52.55 47.76	650m: 10:03.13 47.28		
100m: 1:24.40 45.10	300m: 4:30.24 46.46	500m: 7:40.70 48.15	700m: 10:50.35 47.22		
150m: 2:10.89 46.49	350m: 5:16.97 46.73	550m: 8:28.36 47.66	750m: 11:37.32 46.97		
200m: 2:57.41 46.52	400m: 6:04.79 47.82	600m: 9:15.85 47.49	800m: 12:16.32 39.00		
4. Arnold Jonker <i>100, 200 en 400m*</i>	HZ&PC Heerenveen	13:00.81	197000529	13:13.19	+1,10
50m: 43.12 43.12	250m: 4:01.26 50.67	450m: 7:21.21 50.21	650m: 10:43.09 50.04		
100m: 1:29.97 46.85	300m: 4:51.85 50.59	500m: 8:12.46 51.25	700m: 11:34.45 51.36		
150m: 2:20.20 50.23	350m: 5:41.53 49.68	550m: 9:02.27 49.81	750m: 12:23.90 49.45		
200m: 3:10.59 50.39	400m: 6:31.00 49.47	600m: 9:53.05 50.78	800m: 13:13.19 49.29		

Masters 45+

1. Jo-an Mudde	Zeester-Meerval	9:39.78	196701457	9:52.72	+0,85
50m: 33.40 33.40	250m: 3:00.89 37.55	450m: 5:31.91 37.85	650m: 8:02.78 37.74		
100m: 1:09.06 35.66	300m: 3:38.63 37.74	500m: 6:09.58 37.67	700m: 8:40.04 37.26		
150m: 1:46.02 36.96	350m: 4:16.24 37.61	550m: 6:47.35 37.77	750m: 9:16.46 36.42		
200m: 2:23.34 37.32	400m: 4:54.06 37.82	600m: 7:25.04 37.69	800m: 9:52.72 36.26		
2. Joost de Kroon	AquAmigos	11:13.28	196400999	11:00.36	+0,73
50m: 37.86 37.86	250m: 3:24.99 41.65	450m: 6:13.11 41.79	650m: 9:00.22 41.51		
100m: 1:19.75 41.89	300m: 4:07.07 42.08	500m: 6:55.07 41.96	700m: 9:41.90 41.68		
150m: 2:01.56 41.81	350m: 4:49.23 42.16	550m: 7:36.84 41.77	750m: 10:22.53 40.63		
200m: 2:43.34 41.78	400m: 5:31.32 42.09	600m: 8:18.71 41.87	800m: 11:00.36 37.83		
3. Eric Smits <i>400m*</i>	Z&PC De Gouwe	11:03.66	196501453	11:32.16	+1,12
50m: 37.12 37.12	250m: 3:25.90 43.42	450m: 6:23.26 44.05	650m: 9:21.31 43.94		
100m: 1:17.54 40.42	300m: 4:10.20 44.30	500m: 7:07.92 44.66	700m: 10:06.19 44.88		
150m: 1:59.58 42.04	350m: 4:54.59 44.39	550m: 7:52.58 44.66	750m: 10:50.33 44.14		
200m: 2:42.48 42.90	400m: 5:39.21 44.62	600m: 8:37.37 44.79	800m: 11:32.16 41.83		
4. Jan Smalheer	SCOM	11:39.82	196400701	11:56.55	+1,21
50m: 39.44 39.44	250m: 3:35.87 44.26	450m: 6:38.99 46.71	650m: 9:43.08 46.25		
100m: 1:22.93 43.49	300m: 4:21.66 45.79	500m: 7:25.31 46.32	700m: 10:29.70 46.62		
150m: 2:07.01 44.08	350m: 5:07.76 46.10	550m: 8:10.48 45.17	750m: 11:14.66 44.96		
200m: 2:51.61 44.60	400m: 5:52.28 44.52	600m: 8:56.83 46.35	800m: 11:56.55 41.89		
5. Rik van Gasteren	AquAmigos	13:32.79	196401015	13:50.90	+0,97
50m: 42.90 42.90	250m: 4:02.49 52.36	450m: 7:35.33 54.53	650m: 11:13.37 55.21		
100m: 1:29.78 46.88	300m: 4:54.64 52.15	500m: 8:28.84 53.51	700m: 12:09.51 56.14		
150m: 2:18.97 49.19	350m: 5:47.57 52.93	550m: 9:23.65 54.81	750m: 13:02.14 52.63		
200m: 3:10.13 51.16	400m: 6:40.80 53.23	600m: 10:18.16 54.51	800m: 13:50.90 48.76		

NG.ZA Erik van Dartel

PSV

10:49.76

196700185

Masters 50+

1. Marten de Groot <i>Kampioenschaps Record</i>	HZ&PC Heerenveen	9:49.98	195800149	9:43.48	+0,63
50m: 34.06 34.06	250m: 3:03.87 37.88	450m: 5:31.97 36.01	650m: 7:57.47 36.36		
100m: 1:11.38 37.32	300m: 3:41.69 37.82	500m: 6:08.04 36.07	700m: 8:33.87 36.40		
150m: 1:48.84 37.46	350m: 4:18.97 37.28	550m: 6:44.51 36.47	750m: 9:09.64 35.77		
200m: 2:25.99 37.15	400m: 4:55.96 36.99	600m: 7:21.11 36.60	800m: 9:43.48 33.84		
2. Elzo Dijkhuis	TriVia	10:26.75	196000873	10:38.80	+1,13
50m: 35.33 35.33	250m: 3:14.42 40.69	450m: 5:58.75 41.43	650m: 8:41.59 40.86		
100m: 1:13.45 38.12	300m: 3:55.84 41.42	500m: 6:39.65 40.90	700m: 9:21.65 40.06		
150m: 1:53.24 39.79	350m: 4:36.36 40.52	550m: 7:20.09 40.44	750m: 10:01.43 39.78		
200m: 2:33.73 40.49	400m: 5:17.32 40.96	600m: 8:00.73 40.64	800m: 10:38.80 37.37		

Programmanr. 33, Heren, 800m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT	
3.	Peter Marc de Rooij	Zwemlust-den Hommel	10:59.88	196100829	10:50.44	+0,91	
	50m: 35.11	250m: 3:17.21	40.93	450m: 6:01.80	41.13	650m: 8:47.13	41.71
	100m: 1:15.34	300m: 3:58.70	41.49	500m: 6:43.06	41.26	700m: 9:28.98	41.85
	150m: 1:55.91	350m: 4:39.88	41.18	550m: 7:24.39	41.33	750m: 10:10.27	41.29
	200m: 2:36.28	400m: 5:20.67	40.79	600m: 8:05.42	41.03	800m: 10:50.44	40.17
4.	Jack Barends	WS Twente	11:41.56	196201011	11:44.43	+1,10	
	50m: 38.69	250m: 3:34.39	44.73	450m: 6:33.68	44.76	650m: 9:33.90	44.96
	100m: 1:21.21	300m: 4:19.18	44.79	500m: 7:18.68	45.00	700m: 10:18.42	44.52
	150m: 2:05.07	350m: 5:04.03	44.85	550m: 8:03.96	45.28	750m: 11:02.55	44.13
	200m: 2:49.66	400m: 5:48.92	44.89	600m: 8:48.94	44.98	800m: 11:44.43	41.88
5.	John Dam	Zignea	12:24.96	196000915	11:59.82	+1,07	
	50m: 37.33	250m: 3:36.22	46.20	450m: 6:40.44	45.77	650m: 9:44.48	46.45
	100m: 1:19.55	300m: 4:22.51	46.29	500m: 7:26.41	45.97	700m: 10:31.18	46.70
	150m: 2:03.84	350m: 5:09.00	46.49	550m: 8:12.07	45.66	750m: 11:17.20	46.02
	200m: 2:50.02	400m: 5:54.67	45.67	600m: 8:58.03	45.96	800m: 11:59.82	42.62
6.	Bart van Calker	WS Twente	11:59.61	196100067	12:03.30	+0,93	
	50m: 40.17	250m: 3:44.88	47.03	450m: 6:47.74	45.44	650m: 9:49.22	44.63
	100m: 1:25.13	300m: 4:31.21	46.33	500m: 7:32.85	45.11	700m: 10:34.93	45.71
	150m: 2:11.70	350m: 5:17.08	45.87	550m: 8:18.14	45.29	750m: 11:21.57	46.64
	200m: 2:57.85	400m: 6:02.30	45.22	600m: 9:04.59	46.45	800m: 12:03.30	41.73
7.	Jan de Laat	AquAmigos	13:03.36	196000861	12:33.65	+1,10	
	50m: 39.19	250m: 3:46.22	48.37	450m: 7:00.23	47.63	650m: 10:13.74	47.62
	100m: 1:23.47	300m: 4:34.56	48.34	500m: 7:49.06	48.83	700m: 11:02.06	48.32
	150m: 2:10.11	350m: 5:23.50	48.94	550m: 8:37.23	48.17	750m: 11:50.04	47.98
	200m: 2:57.85	400m: 6:12.60	49.10	600m: 9:26.12	48.89	800m: 12:33.65	43.61
8.	Filip Timmermans	ShaRK	13:53.50	ShaRK/163/60	13:30.70	+1,39	
	50m: 42.08	250m: 4:01.68	51.38	450m: 7:28.56	51.89	650m: 10:56.93	51.87
	100m: 1:28.92	300m: 4:52.94	51.26	500m: 8:20.38	51.82	700m: 11:49.12	52.19
	150m: 2:20.48	350m: 5:44.52	51.58	550m: 9:12.71	52.33	750m: 12:42.01	52.89
	200m: 3:10.30	400m: 6:36.67	52.15	600m: 10:05.06	52.35	800m: 13:30.70	48.69

Masters 55+

1.	Emiel van Elderen	ZVVS	11:26.27	195600383	11:36.40	+1,39	
	50m: 39.41	250m: 3:31.20	43.41	450m: 6:26.50	43.66	650m: 9:23.32	44.00
	100m: 1:21.31	300m: 4:14.92	43.72	500m: 7:10.61	44.11	700m: 10:07.55	44.23
	150m: 2:04.29	350m: 4:58.94	44.02	550m: 7:54.79	44.18	750m: 10:52.35	44.80
	200m: 2:47.79	400m: 5:42.84	43.90	600m: 8:39.32	44.53	800m: 11:36.40	44.05
2.	Paul Bunnik	Triton	11:15.52	195600413	11:43.75	+1,09	
	50m: 38.15	250m: 3:32.06	43.58	450m: 6:31.55	45.26	650m: 9:32.82	45.25
	100m: 1:20.85	300m: 4:16.74	44.68	500m: 7:16.91	45.36	700m: 10:17.91	45.09
	150m: 2:04.35	350m: 5:01.78	45.04	550m: 8:02.73	45.82	750m: 11:02.68	44.77
	200m: 2:48.48	400m: 5:46.29	44.51	600m: 8:47.57	44.84	800m: 11:43.75	41.07
3.	Lex Hoogendam	MNC Dordrecht	11:41.72	195700541	11:58.79	+1,26	
	50m: 39.41	250m: 3:37.60	45.20	450m: 6:40.06	45.95	650m: 9:42.20	45.38
	100m: 1:23.13	300m: 4:23.17	45.57	500m: 7:25.90	45.84	700m: 10:28.14	45.94
	150m: 2:07.84	350m: 5:08.38	45.21	550m: 8:11.64	45.74	750m: 11:13.90	45.76
	200m: 2:52.40	400m: 5:54.11	45.73	600m: 8:56.82	45.18	800m: 11:58.79	44.89
4.	Hugo Staudt	WS Twente	11:51.75	195300253	12:23.17	+0,52	
	50m: 40.84	250m: 3:47.67	47.23	450m: 6:55.16	46.32	650m: 10:04.62	47.71
	100m: 1:26.55	300m: 4:34.10	46.43	500m: 7:42.09	46.93	700m: 10:52.30	47.68
	150m: 2:13.45	350m: 5:20.66	46.56	550m: 8:29.35	47.26	750m: 11:39.10	46.80
	200m: 3:00.44	400m: 6:08.84	48.18	600m: 9:16.91	47.56	800m: 12:23.17	44.07

Masters 60+

1.	Piet Schop	De Bevelanders	12:12.94	195000109	11:56.51	+0,88	
	50m: 38.54	250m: 3:38.47	46.09	450m: 6:41.86	46.30	650m: 9:46.11	46.09
	100m: 1:21.48	300m: 4:24.40	45.93	500m: 7:27.80	45.94	700m: 10:31.88	45.77
	150m: 2:06.48	350m: 5:10.08	45.68	550m: 8:13.47	45.67	750m: 11:16.02	44.14
	200m: 2:52.38	400m: 5:55.56	45.48	600m: 9:00.02	46.55	800m: 11:56.51	40.49
2.	Wout Hemmes	De Plons	11:51.22	194800059	12:06.70	* +1,08	
	50m: 38.89	250m: 3:43.18	46.63	450m: 6:48.08	46.03	650m: 9:52.20	46.91
	100m: 1:23.30	300m: 4:29.91	46.73	500m: 7:33.81	45.73	700m: 10:37.48	45.28
	150m: 2:09.73	350m: 5:15.58	45.67	550m: 8:19.56	45.75	750m: 11:22.79	45.31
	200m: 2:56.55	400m: 6:02.05	46.47	600m: 9:05.29	45.73	800m: 12:06.70	43.91

Programmanr. 33, Heren, 800m vrije slag, Masters 60+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Jan van der Heide	HZ&PC Heerenveen	14:08.74	195100059	13:26.88	+1,15		
	50m: 44.19	44.19	250m: 4:05.09	51.26	450m: 7:31.59	51.57	650m: 10:55.16	50.60
	100m: 1:32.29	48.10	300m: 4:56.89	51.80	500m: 8:23.28	51.69	700m: 11:45.87	50.71
	150m: 2:23.01	50.72	350m: 5:48.48	51.59	550m: 9:14.32	51.04	750m: 12:38.41	52.54
	200m: 3:13.83	50.82	400m: 6:40.02	51.54	600m: 10:04.56	50.24	800m: 13:26.88	48.47

NG.ZA Antanas Guoga

Takas

14:39.81

1948guog

Masters 65+

1.	Donald Uijtenbogaart	Het Y	10:25.72	194700107	10:45.41	+0,95		
	<i>Nederlands Masters Record</i>							
	50m: 37.53	37.53	250m: 3:21.48	41.29	450m: 6:05.44	40.83	650m: 8:46.73	40.09
	100m: 1:18.00	40.47	300m: 4:02.49	41.01	500m: 6:45.79	40.35	700m: 9:26.80	40.07
	150m: 1:58.78	40.78	350m: 4:43.66	41.17	550m: 7:26.31	40.52	750m: 10:06.98	40.18
	200m: 2:40.19	41.41	400m: 5:24.61	40.95	600m: 8:06.64	40.33	800m: 10:45.41	38.43
2.	Rob Hanou	PSV	12:23.14	194300109	12:53.08	+1,19		
	50m: 40.42	40.42	250m: 3:55.06	49.46	450m: 7:12.29	49.52	650m: 10:28.96	48.53
	100m: 1:28.82	48.40	300m: 4:44.32	49.26	500m: 8:01.30	49.01	700m: 11:18.13	49.17
	150m: 2:16.46	47.64	350m: 5:33.44	49.12	550m: 8:51.39	50.09	750m: 12:06.50	48.37
	200m: 3:05.60	49.14	400m: 6:22.77	49.33	600m: 9:40.43	49.04	800m: 12:53.08	46.58
3.	Karl Bricelj	CHAT	15:37.45	CHAT/286/44	14:54.27	+1,09		
	50m: 43.05	43.05	250m: 4:16.39	55.25	450m: 8:09.56	59.71	650m: 12:02.41	58.88
	100m: 1:33.47	50.42	300m: 5:13.82	57.43	500m: 9:07.46	57.90	700m: 13:01.65	59.24
	150m: 2:25.64	52.17	350m: 6:11.95	58.13	550m: 10:06.60	59.14	750m: 13:58.47	56.82
	200m: 3:21.14	55.50	400m: 7:09.85	57.90	600m: 11:03.53	56.93	800m: 14:54.27	55.80

Masters 70+

1.	Nico Geers	Z&PC De Gouwe	12:03.18	193800007	12:14.50	+1,13		
	50m: 41.13	41.13	250m: 3:46.05	46.15	450m: 6:53.57	46.47	650m: 10:00.80	47.04
	100m: 1:26.46	45.33	300m: 4:32.90	46.85	500m: 7:40.48	46.91	700m: 10:48.11	47.31
	150m: 2:12.59	46.13	350m: 5:20.24	47.34	550m: 8:27.49	47.01	750m: 11:33.18	45.07
	200m: 2:59.90	47.31	400m: 6:07.10	46.86	600m: 9:13.76	46.27	800m: 12:14.50	41.32
2.	Frans van Enst	WS Twente	12:31.50	194000011	13:07.00	+1,06		
	50m: 40.52	40.52	250m: 3:57.93	49.65	450m: 7:19.39	50.32	650m: 10:39.89	49.76
	100m: 1:28.05	47.53	300m: 4:48.28	50.35	500m: 8:09.75	50.36	700m: 11:30.01	50.12
	150m: 2:18.24	50.19	350m: 5:38.56	50.28	550m: 9:00.25	50.50	750m: 12:19.77	49.76
	200m: 3:08.28	50.04	400m: 6:29.07	50.51	600m: 9:50.13	49.88	800m: 13:07.00	47.23

Masters 80+

1.	Georges Verhelst	KRZ	15:50.69	RZV/160/31	17:10.24	+1,35		
	<i>Kampioenschaps Record, 400m*</i>							
	50m: 58.96	58.96	250m: 5:19.90	1:07.09	450m: 9:42.61	1:07.28	650m: 14:03.07	1:03.52
	100m: 2:02.06	1:03.10	300m: 6:26.60	1:06.70	500m: 10:47.90	1:05.29	700m: 15:07.60	1:04.53
	150m: 3:06.17	1:04.11	350m: 7:31.41	1:04.81	550m: 11:54.94	1:07.04	750m: 16:11.35	1:03.75
	200m: 4:12.81	1:06.64	400m: 8:35.33	1:03.92	600m: 12:59.55	1:04.61	800m: 17:10.24	58.89

Programmanr. 34
29-01-2012 - 10:31

Dames, 1500m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
1.	Lisanne Andeweg	Zuiderzeezwimmers	19:24.23	198800092	19:01.51	+0,73		
	50m: 34.41	34.41	450m: 5:44.06	38.50	850m: 10:51.59	38.57	1250m: 15:56.25	38.00
	100m: 1:12.48	38.07	500m: 6:22.69	38.63	900m: 11:29.96	38.37	1300m: 16:34.44	38.19
	150m: 1:51.13	38.65	550m: 7:01.24	38.55	950m: 12:08.14	38.18	1350m: 17:12.39	37.95
	200m: 2:29.92	38.79	600m: 7:39.80	38.56	1000m: 12:46.20	38.06	1400m: 17:49.78	37.39
	250m: 3:09.05	39.13	650m: 8:18.18	38.38	1050m: 13:24.41	38.21	1450m: 18:26.21	36.43
	300m: 3:47.92	38.87	700m: 8:56.48	38.30	1100m: 14:02.17	37.76	1500m: 19:01.51	35.30
	350m: 4:26.89	38.97	750m: 9:34.77	38.29	1150m: 14:40.13	37.96		
	400m: 5:05.56	38.67	800m: 10:13.02	38.25	1200m: 15:18.25	38.12		

Programmanr. 34, Dames, 1500m vrije slag, Masters 20+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Danielle Scheepers	Njord	19:34.18	199005428	19:19.99	+0,76		
	50m: 34.76	34.76	450m: 5:44.07	38.68	850m: 10:56.23	38.97	1250m: 16:08.11	38.52
	100m: 1:12.93	38.17	500m: 6:22.87	38.80	900m: 11:35.01	38.78	1300m: 16:46.96	38.85
	150m: 1:51.38	38.45	550m: 7:01.93	39.06	950m: 12:13.72	38.71	1350m: 17:25.63	38.67
	200m: 2:30.21	38.83	600m: 7:40.88	38.95	1000m: 12:53.29	39.57	1400m: 18:04.36	38.73
	250m: 3:09.14	38.93	650m: 8:20.39	39.51	1050m: 13:32.25	38.96	1450m: 18:42.82	38.46
	300m: 3:47.93	38.79	700m: 8:59.21	38.82	1100m: 14:11.42	39.17	1500m: 19:19.99	37.17
	350m: 4:26.66	38.73	750m: 9:38.31	39.10	1150m: 14:50.45	39.03		
	400m: 5:05.39	38.73	800m: 10:17.26	38.95	1200m: 15:29.59	39.14		
3.	Margot Stenveld	SBC2000	19:06.22	198804170	19:27.28	+0,83		
	50m: 35.62	35.62	450m: 5:47.84	39.16	850m: 11:00.83	38.78	1250m: 16:14.91	39.31
	100m: 1:14.10	38.48	500m: 6:27.02	39.18	900m: 11:39.70	38.87	1300m: 16:53.86	38.95
	150m: 1:53.00	38.90	550m: 7:06.01	38.99	950m: 12:19.42	39.72	1350m: 17:32.75	38.89
	200m: 2:32.20	39.20	600m: 7:45.20	39.19	1000m: 12:58.90	39.48	1400m: 18:11.58	38.83
	250m: 3:11.25	39.05	650m: 8:24.52	39.32	1050m: 13:38.27	39.37	1450m: 18:49.99	38.41
	300m: 3:50.22	38.97	700m: 9:03.67	39.15	1100m: 14:17.47	39.20	1500m: 19:27.28	37.29
	350m: 4:29.37	39.15	750m: 9:42.96	39.29	1150m: 14:56.92	39.45		
	400m: 5:08.68	39.31	800m: 10:22.05	39.09	1200m: 15:35.60	38.68		
4.	Carmen de Ridder	De Bruinvis	18:54.08	198803634	19:41.20	+0,92		
	50m: 34.36	34.36	450m: 5:39.92	38.56	850m: 10:55.37	39.53	1250m: 16:18.11	40.98
	100m: 1:11.60	37.24	500m: 6:19.00	39.08	900m: 11:34.46	39.09	1300m: 16:58.82	40.71
	150m: 1:49.57	37.97	550m: 6:57.86	38.86	950m: 12:14.82	40.36	1350m: 17:39.81	40.99
	200m: 2:28.03	38.46	600m: 7:37.18	39.32	1000m: 12:55.19	40.37	1400m: 18:20.29	40.48
	250m: 3:06.20	38.17	650m: 8:16.87	39.69	1050m: 13:35.77	40.58	1450m: 19:01.09	40.80
	300m: 3:44.15	37.95	700m: 8:56.32	39.45	1100m: 14:16.23	40.46	1500m: 19:41.20	40.11
	350m: 4:22.51	38.36	750m: 9:36.02	39.70	1150m: 14:56.65	40.42		
	400m: 5:01.36	38.85	800m: 10:15.84	39.82	1200m: 15:37.13	40.48		
5.	Sunanda van Heteren	De Geul	20:50.41	198901728	20:52.76	+0,87		
	50m: 35.25	35.25	450m: 6:06.04	42.29	850m: 11:48.46	42.26	1250m: 17:27.25	43.05
	100m: 1:14.15	38.90	500m: 6:48.40	42.36	900m: 12:29.62	41.16	1300m: 18:09.65	42.40
	150m: 1:54.93	40.78	550m: 7:31.52	43.12	950m: 13:12.18	42.56	1350m: 18:51.99	42.34
	200m: 2:36.13	41.20	600m: 8:14.39	42.87	1000m: 13:54.26	42.08	1400m: 19:34.09	42.10
	250m: 3:17.37	41.24	650m: 8:57.06	42.67	1050m: 14:36.55	42.29	1450m: 20:15.33	41.24
	300m: 3:58.79	41.42	700m: 9:39.79	42.73	1100m: 15:19.12	42.57	1500m: 20:52.76	37.43
	350m: 4:40.98	42.19	750m: 10:23.05	43.26	1150m: 16:01.49	42.37		
	400m: 5:23.75	42.77	800m: 11:06.20	43.15	1200m: 16:44.20	42.71		
6.	Relinda Baas	GZVW	21:17.36	198900144	22:13.26	+1,03		
	50m: 39.05	39.05	450m: 6:29.61	44.39	850m: 12:24.62	45.09	1250m: 18:27.45	45.42
	100m: 1:21.28	42.23	500m: 7:13.56	43.95	900m: 13:09.99	45.37	1300m: 19:12.71	45.26
	150m: 2:04.69	43.41	550m: 7:57.70	44.14	950m: 13:55.46	45.47	1350m: 19:58.28	45.57
	200m: 2:48.52	43.83	600m: 8:42.02	44.32	1000m: 14:40.86	45.40	1400m: 20:43.89	45.61
	250m: 3:32.23	43.71	650m: 9:26.02	44.00	1050m: 15:26.40	45.54	1450m: 21:29.33	45.44
	300m: 4:16.03	43.80	700m: 10:10.07	44.05	1100m: 16:11.81	45.41	1500m: 22:13.26	43.93
	350m: 5:00.82	44.79	750m: 10:55.01	44.94	1150m: 16:56.88	45.07		
	400m: 5:45.22	44.40	800m: 11:39.53	44.52	1200m: 17:42.03	45.15		
7.	Esther van Maastrigt	Montferland	22:17.82	198802836	22:20.10	+0,52		
	50m: 39.60	39.60	450m: 6:36.53	45.41	850m: 12:40.55	45.18	1250m: 18:42.41	45.06
	100m: 1:22.41	42.81	500m: 7:21.67	45.14	900m: 13:25.72	45.17	1300m: 19:27.17	44.76
	150m: 2:06.58	44.17	550m: 8:07.11	45.44	950m: 14:10.72	45.00	1350m: 20:11.71	44.54
	200m: 2:51.17	44.59	600m: 8:52.81	45.70	1000m: 14:55.78	45.06	1400m: 20:55.91	44.20
	250m: 3:36.13	44.96	650m: 9:38.55	45.74	1050m: 15:41.13	45.35	1450m: 21:39.09	43.18
	300m: 4:20.87	44.74	700m: 10:24.05	45.50	1100m: 16:26.76	45.63	1500m: 22:20.10	41.01
	350m: 5:05.94	45.07	750m: 11:09.48	45.43	1150m: 17:11.99	45.23		
	400m: 5:51.12	45.18	800m: 11:55.37	45.89	1200m: 17:57.35	45.36		
8.	Marijke Pras	GZVW	22:09.59	199203700	22:44.58	+1,12		
	50m: 39.41	39.41	450m: 6:45.13	46.30	850m: 12:56.19	46.22	1250m: 19:02.04	45.61
	100m: 1:22.84	43.43	500m: 7:31.46	46.33	900m: 13:42.57	46.38	1300m: 19:47.51	45.47
	150m: 2:07.74	44.90	550m: 8:17.96	46.50	950m: 14:28.43	45.86	1350m: 20:32.58	45.07
	200m: 2:53.49	45.75	600m: 9:04.78	46.82	1000m: 15:14.73	46.30	1400m: 21:17.97	45.39
	250m: 3:39.71	46.22	650m: 9:51.31	46.53	1050m: 16:00.45	45.72	1450m: 22:02.55	44.58
	300m: 4:26.28	46.57	700m: 10:37.55	46.24	1100m: 16:45.71	45.26	1500m: 22:44.58	42.03
	350m: 5:12.73	46.45	750m: 11:24.06	46.51	1150m: 17:30.78	45.07		
	400m: 5:58.83	46.10	800m: 12:09.97	45.91	1200m: 18:16.43	45.65		

Masters 25+

1.	Linda Hoogendam	D'Eift WAVE (SG)	19:46.23	198300892	19:47.29	+0,80		
	50m: 34.20	34.20	450m: 5:50.43	39.93	850m: 11:12.30	40.55	1250m: 16:33.30	40.01
	100m: 1:12.75	38.55	500m: 6:30.02	39.59	900m: 11:52.16	39.86	1300m: 17:13.10	39.80
	150m: 1:52.23	39.48	550m: 7:10.17	40.15	950m: 12:32.02	39.86	1350m: 17:52.63	39.53
	200m: 2:31.71	39.48	600m: 7:50.39	40.22	1000m: 13:12.50	40.48	1400m: 18:32.12	39.49
	250m: 3:10.96	39.25	650m: 8:30.76	40.37	1050m: 13:52.79	40.29	1450m: 19:11.75	39.63
	300m: 3:50.75	39.79	700m: 9:10.89	40.13	1100m: 14:33.25	40.46	1500m: 19:47.29	35.54
	350m: 4:30.42	39.67	750m: 9:51.25	40.36	1150m: 15:13.42	40.17		
	400m: 5:10.50	40.08	800m: 10:31.75	40.50	1200m: 15:53.29	39.87		

Programmanr. 34, Dames, 1500m vrije slag, Masters 25+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
2.	Annette Vogelsang	ZV De Bron	23:54.28	198402632	21:58.11	+0,93		
	50m: 35.70	35.70	450m: 6:18.19	43.67	850m: 12:17.32	45.29	1250m: 18:15.34	44.44
	100m: 1:15.62	39.92	500m: 7:02.41	44.22	900m: 13:02.78	45.46	1300m: 19:00.06	44.72
	150m: 1:57.64	42.02	550m: 7:46.83	44.42	950m: 13:46.78	44.00	1350m: 19:44.83	44.77
	200m: 2:40.12	42.48	600m: 8:31.36	44.53	1000m: 14:31.57	44.79	1400m: 20:29.32	44.49
	250m: 3:23.23	43.11	650m: 9:17.00	45.64	1050m: 15:17.12	45.55	1450m: 21:13.40	44.08
	300m: 4:06.94	43.71	700m: 10:01.33	44.33	1100m: 16:02.26	45.14	1500m: 21:58.11	44.71
	350m: 4:50.91	43.97	750m: 10:46.81	45.48	1150m: 16:46.62	44.36		
	400m: 5:34.52	43.61	800m: 11:32.03	45.22	1200m: 17:30.90	44.28		
3.	Daphne Wiskerke	De Bruinvis	24:12.03	198704704	23:55.00	+0,89		
	50m: 37.77	37.77	450m: 6:52.84	48.53	850m: 13:21.09	48.61	1250m: 19:51.64	49.18
	100m: 1:21.37	43.60	500m: 7:41.13	48.29	900m: 14:09.49	48.40	1300m: 20:40.59	48.95
	150m: 2:07.06	45.69	550m: 8:29.50	48.37	950m: 14:58.24	48.75	1350m: 21:29.27	48.68
	200m: 2:53.86	46.80	600m: 9:18.27	48.77	1000m: 15:46.81	48.57	1400m: 22:18.73	49.46
	250m: 3:40.67	46.81	650m: 10:06.65	48.38	1050m: 16:35.67	48.86	1450m: 23:08.11	49.38
	300m: 4:28.42	47.75	700m: 10:55.12	48.47	1100m: 17:25.21	49.54	1500m: 23:55.00	46.89
	350m: 5:16.00	47.58	750m: 11:43.53	48.41	1150m: 18:13.99	48.78		
	400m: 6:04.31	48.31	800m: 12:32.48	48.95	1200m: 19:02.46	48.47		
AFGEM	Julie Vander Auwera	CNBA	21:24.09	CNBA/764/83				

Masters 30+

1.	Yvonne Gerritsen	WVZ	20:25.19	198000342	21:15.81	+0,66		
	50m: 36.67	36.67	450m: 6:17.27	42.90	850m: 11:59.94	42.44	1250m: 17:42.67	42.76
	100m: 1:18.10	41.43	500m: 6:59.75	42.48	900m: 12:42.43	42.49	1300m: 18:25.79	43.12
	150m: 2:00.30	42.20	550m: 7:42.57	42.82	950m: 13:25.23	42.80	1350m: 19:08.34	42.55
	200m: 2:43.23	42.93	600m: 8:25.47	42.90	1000m: 14:08.12	42.89	1400m: 19:51.22	42.88
	250m: 3:25.70	42.47	650m: 9:08.83	43.36	1050m: 14:50.98	42.86	1450m: 20:33.59	42.37
	300m: 4:08.50	42.80	700m: 9:51.73	42.90	1100m: 15:33.53	42.55	1500m: 21:15.81	42.22
	350m: 4:51.58	43.08	750m: 10:34.63	42.90	1150m: 16:16.76	43.23		
	400m: 5:34.37	42.79	800m: 11:17.50	42.87	1200m: 16:59.91	43.15		

Masters 35+

1.	Liselotte Joling	PSV	20:25.25	197500268	19:47.05	+1,00		
	50m: 35.42	35.42	450m: 5:51.95	40.55	850m: 11:13.35	40.87	1250m: 16:32.34	39.20
	100m: 1:14.79	39.37	500m: 6:32.18	40.23	900m: 11:53.43	40.08	1300m: 17:11.78	39.44
	150m: 1:53.21	38.42	550m: 7:10.42	38.24	950m: 12:33.97	40.54	1350m: 17:51.46	39.68
	200m: 2:32.61	39.40	600m: 7:50.95	40.53	1000m: 13:14.17	40.20	1400m: 18:31.78	40.32
	250m: 3:12.35	39.74	650m: 8:31.55	40.60	1050m: 13:53.73	39.56	1450m: 19:11.33	39.55
	300m: 3:52.50	40.15	700m: 9:12.01	40.46	1100m: 14:33.90	40.17	1500m: 19:47.05	35.72
	350m: 4:31.46	38.96	750m: 9:52.74	40.73	1150m: 15:13.61	39.71		
	400m: 5:11.40	39.94	800m: 10:32.48	39.74	1200m: 15:53.14	39.53		

Masters 40+

1.	Karin Stein	ZVVS	18:52.30	197100554	19:03.85	+0,86		
	50m: 34.79	34.79	450m: 5:38.05	37.89	850m: 10:44.41	38.17	1250m: 15:53.85	38.32
	100m: 1:11.89	37.10	500m: 6:16.13	38.08	900m: 11:22.90	38.49	1300m: 16:32.70	38.85
	150m: 1:49.68	37.79	550m: 6:54.30	38.17	950m: 12:01.73	38.83	1350m: 17:11.00	38.30
	200m: 2:27.87	38.19	600m: 7:32.67	38.37	1000m: 12:40.39	38.66	1400m: 17:49.58	38.58
	250m: 3:05.86	37.99	650m: 8:11.16	38.49	1050m: 13:19.04	38.65	1450m: 18:27.47	37.89
	300m: 3:43.90	38.04	700m: 8:49.36	38.20	1100m: 13:58.02	38.98	1500m: 19:03.85	36.38
	350m: 4:22.04	38.14	750m: 9:27.74	38.38	1150m: 14:36.68	38.66		
	400m: 5:00.16	38.12	800m: 10:06.24	38.50	1200m: 15:15.53	38.85		
2.	Annette de Visser	Oceanus	20:49.59	197100602	20:21.01	+0,92		
	50m: 35.90	35.90	450m: 6:04.35	41.43	850m: 11:32.91	40.86	1250m: 16:59.22	40.62
	100m: 1:15.16	39.26	500m: 6:45.50	41.15	900m: 12:13.67	40.76	1300m: 17:39.95	40.73
	150m: 1:55.75	40.59	550m: 7:26.79	41.29	950m: 12:54.49	40.82	1350m: 18:20.83	40.88
	200m: 2:36.95	41.20	600m: 8:07.69	40.90	1000m: 13:35.44	40.95	1400m: 19:01.61	40.78
	250m: 3:18.38	41.43	650m: 8:49.00	41.31	1050m: 14:16.36	40.92	1450m: 19:42.02	40.41
	300m: 4:00.14	41.76	700m: 9:30.01	41.01	1100m: 14:57.07	40.71	1500m: 20:21.01	38.99
	350m: 4:41.66	41.52	750m: 10:11.01	41.00	1150m: 15:37.93	40.86		
	400m: 5:22.92	41.26	800m: 10:52.05	41.04	1200m: 16:18.60	40.67		
3.	Anja Reinhard	PLONS	22:01.35	197000818	21:44.66	+0,89		
	50m: 37.05	37.05	450m: 6:21.95	44.13	850m: 12:14.66	43.96	1250m: 18:06.72	43.26
	100m: 1:18.10	41.05	500m: 7:06.18	44.23	900m: 12:59.07	44.41	1300m: 18:50.56	43.84
	150m: 2:00.45	42.35	550m: 7:50.40	44.22	950m: 13:42.77	43.70	1350m: 19:34.52	43.96
	200m: 2:43.21	42.76	600m: 8:34.47	44.07	1000m: 14:26.80	44.03	1400m: 20:19.11	44.59
	250m: 3:26.70	43.49	650m: 9:18.36	43.89	1050m: 15:10.84	44.04	1450m: 21:03.29	44.18
	300m: 4:10.20	43.50	700m: 10:02.46	44.10	1100m: 15:55.20	44.36	1500m: 21:44.66	41.37
	350m: 4:54.14	43.94	750m: 10:46.44	43.98	1150m: 16:39.48	44.28		
	400m: 5:37.82	43.68	800m: 11:30.70	44.26	1200m: 17:23.46	43.98		

Programmanr. 34, Dames, 1500m vrije slag, Masters 40+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
4.	Kristien Van De Moortel	ShaRK	23:30.48	ShaRK/315/69	24:25.49	+0,86		
	50m: 43.72	43.72	450m: 7:18.74	49.30	850m: 13:53.42	49.23	1250m: 20:24.78	48.79
	100m: 1:32.86	49.14	500m: 8:08.20	49.46	900m: 14:42.54	49.12	1300m: 21:13.61	48.83
	150m: 2:22.97	50.11	550m: 8:57.29	49.09	950m: 15:31.99	49.45	1350m: 22:02.46	48.85
	200m: 3:12.65	49.68	600m: 9:46.65	49.36	1000m: 16:20.88	48.89	1400m: 22:50.84	48.38
	250m: 4:02.15	49.50	650m: 10:35.53	48.88	1050m: 17:09.30	48.42	1450m: 23:39.01	48.17
	300m: 4:51.40	49.25	700m: 11:25.09	49.56	1100m: 17:58.22	48.92	1500m: 24:25.49	46.48
	350m: 5:40.52	49.12	750m: 12:14.40	49.31	1150m: 18:47.21	48.99		
	400m: 6:29.44	48.92	800m: 13:04.19	49.79	1200m: 19:35.99	48.78		

Masters 45+

1.	Laura Staal	Oceanus	20:44.95	196700358	20:49.81	+0,91		
	50m: 36.80	36.80	450m: 6:10.74	42.25	850m: 11:47.57	41.79	1250m: 17:23.76	41.49
	100m: 1:17.03	40.23	500m: 6:53.12	42.38	900m: 12:29.55	41.98	1300m: 18:05.35	41.59
	150m: 1:58.77	41.74	550m: 7:35.21	42.09	950m: 13:11.49	41.94	1350m: 18:47.19	41.84
	200m: 2:40.88	42.11	600m: 8:17.73	42.52	1000m: 13:53.83	42.34	1400m: 19:29.25	42.06
	250m: 3:22.46	41.58	650m: 8:59.60	41.87	1050m: 14:36.24	42.41	1450m: 20:10.53	41.28
	300m: 4:04.08	41.62	700m: 9:41.68	42.08	1100m: 15:18.67	42.43	1500m: 20:49.81	39.28
	350m: 4:46.23	42.15	750m: 10:23.61	41.93	1150m: 16:00.45	41.78		
	400m: 5:28.49	42.26	800m: 11:05.78	42.17	1200m: 16:42.27	41.82		
2.	Jeannette Ruesink	WS Twente	21:32.82	196300212	21:50.07	* +0,90		
	50m: 40.34	40.34	450m: 6:29.73	43.76	850m: 12:20.77	43.79	1250m: 18:12.11	44.20
	100m: 1:23.21	42.87	500m: 7:13.44	43.71	900m: 13:04.32	43.55	1300m: 18:56.17	44.06
	150m: 2:06.92	43.71	550m: 7:57.43	43.99	950m: 13:48.50	44.18	1350m: 19:40.33	44.16
	200m: 2:50.38	43.46	600m: 8:41.68	44.25	1000m: 14:32.17	43.67	1400m: 20:24.20	43.87
	250m: 3:33.90	43.52	650m: 9:25.71	44.03	1050m: 15:15.94	43.77	1450m: 21:08.18	43.98
	300m: 4:17.98	44.08	700m: 10:09.41	43.70	1100m: 15:59.79	43.85	1500m: 21:50.07	41.89
	350m: 5:02.05	44.07	750m: 10:53.17	43.76	1150m: 16:43.85	44.06		
	400m: 5:45.97	43.92	800m: 11:36.98	43.81	1200m: 17:27.91	44.06		
3.	Margreet van der Pol	Oceanus	23:02.27	196600276	22:28.94	+1,03		
	50m: 39.21	39.21	450m: 6:43.86	45.39	850m: 12:47.36	45.68	1250m: 18:48.68	45.32
	100m: 1:23.16	43.95	500m: 7:29.65	45.79	900m: 13:32.24	44.88	1300m: 19:33.56	44.88
	150m: 2:08.42	45.26	550m: 8:15.41	45.76	950m: 14:17.62	45.38	1350m: 20:18.05	44.49
	200m: 2:54.90	46.48	600m: 9:00.34	44.93	1000m: 15:02.91	45.29	1400m: 21:02.89	44.84
	250m: 3:41.25	46.35	650m: 9:46.25	45.91	1050m: 15:48.42	45.51	1450m: 21:47.52	44.63
	300m: 4:27.04	45.79	700m: 10:31.26	45.01	1100m: 16:33.80	45.38	1500m: 22:28.94	41.42
	350m: 5:12.59	45.55	750m: 11:16.93	45.67	1150m: 17:18.37	44.57		
	400m: 5:58.47	45.88	800m: 12:01.68	44.75	1200m: 18:03.36	44.99		
4.	Hetty Smalheer	SCOM	23:50.85	196700352	24:39.47	+1,01		
	50m: 42.38	42.38	450m: 7:13.75	49.92	850m: 13:52.90	50.38	1250m: 20:34.49	50.20
	100m: 1:29.15	46.77	500m: 8:04.02	50.27	900m: 14:43.77	50.87	1300m: 21:24.15	49.66
	150m: 2:17.20	48.05	550m: 8:52.95	48.93	950m: 15:33.94	50.17	1350m: 22:13.74	49.59
	200m: 3:06.28	49.08	600m: 9:42.83	49.88	1000m: 16:24.03	50.09	1400m: 23:03.70	49.96
	250m: 3:56.37	50.09	650m: 10:32.70	49.87	1050m: 17:13.40	49.37	1450m: 23:52.37	48.67
	300m: 4:45.13	48.76	700m: 11:22.50	49.80	1100m: 18:03.36	49.96	1500m: 24:39.47	47.10
	350m: 5:33.91	48.78	750m: 12:12.98	50.48	1150m: 18:54.42	51.06		
	400m: 6:23.83	49.92	800m: 13:02.52	49.54	1200m: 19:44.29	49.87		

Masters 50+

1.	Patty Verhagen	AquAmigos	21:01.17	195900146	21:32.24	+0,90		
	50m: 39.75	39.75	450m: 6:24.99	43.52	850m: 12:10.52	43.11	1250m: 17:57.81	43.38
	100m: 1:22.19	42.44	500m: 7:08.05	43.06	900m: 12:53.76	43.24	1300m: 18:41.07	43.26
	150m: 2:05.05	42.86	550m: 7:51.24	43.19	950m: 13:37.06	43.30	1350m: 19:24.56	43.49
	200m: 2:48.22	43.17	600m: 8:34.48	43.24	1000m: 14:20.52	43.46	1400m: 20:07.56	43.00
	250m: 3:31.58	43.36	650m: 9:17.79	43.31	1050m: 15:04.23	43.71	1450m: 20:50.44	42.88
	300m: 4:14.69	43.11	700m: 10:00.89	43.10	1100m: 15:47.47	43.24	1500m: 21:32.24	41.80
	350m: 4:58.14	43.45	750m: 10:44.06	43.17	1150m: 16:30.99	43.52		
	400m: 5:41.47	43.33	800m: 11:27.41	43.35	1200m: 17:14.43	43.44		
2.	Katinka Elders	Oceanus	25:19.19	196000292	24:31.95	+0,81		
	50m: 42.03	42.03	450m: 7:09.49	49.41	850m: 13:43.36	48.81	1250m: 20:24.98	49.75
	100m: 1:28.54	46.51	500m: 7:58.68	49.19	900m: 14:33.36	50.00	1300m: 21:16.03	51.05
	150m: 2:16.59	48.05	550m: 8:47.95	49.27	950m: 15:25.30	51.94	1350m: 22:06.57	50.54
	200m: 3:04.98	48.39	600m: 9:36.90	48.95	1000m: 16:15.39	50.09	1400m: 22:57.06	50.49
	250m: 3:53.47	48.49	650m: 10:26.45	49.55	1050m: 17:04.91	49.52	1450m: 23:46.82	49.76
	300m: 4:41.94	48.47	700m: 11:15.23	48.78	1100m: 17:54.79	49.88	1500m: 24:31.95	45.13
	350m: 5:30.27	48.33	750m: 12:04.41	49.18	1150m: 18:44.46	49.67		
	400m: 6:20.08	49.81	800m: 12:54.55	50.14	1200m: 19:35.23	50.77		

Programmanr. 34, Dames, 1500m vrije slag, Masters 50+

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
3.	Pia van der Molen	HZ&PC Heerenveen	24:54.32	196000116	25:45.98	+0,95		
	50m: 42.40	42.40	450m: 7:33.42	52.70	850m: 14:29.80	52.69	1250m: 21:27.30	52.07
	100m: 1:29.38	46.98	500m: 8:24.48	51.06	900m: 15:22.03	52.23	1300m: 22:19.43	52.13
	150m: 2:19.34	49.96	550m: 9:16.35	51.87	950m: 16:13.88	51.85	1350m: 23:11.90	52.47
	200m: 3:11.06	51.72	600m: 10:08.49	52.14	1000m: 17:05.94	52.06	1400m: 24:03.85	51.95
	250m: 4:02.91	51.85	650m: 11:00.60	52.11	1050m: 17:58.22	52.28	1450m: 24:55.86	52.01
	300m: 4:54.42	51.51	700m: 11:53.06	52.46	1100m: 18:50.79	52.57	1500m: 25:45.98	50.12
	350m: 5:47.40	52.98	750m: 12:45.26	52.20	1150m: 19:43.15	52.36		
	400m: 6:40.72	53.32	800m: 13:37.11	51.85	1200m: 20:35.23	52.08		

Masters 55+

1.	Margriet Pasma	De Pinquin	23:16.72	195500088	23:31.59	+1,00		
	50m: 40.69	40.69	450m: 6:57.25	47.61	850m: 13:16.73	47.48	1250m: 19:35.29	47.48
	100m: 1:25.73	45.04	500m: 7:44.51	47.26	900m: 14:04.05	47.32	1300m: 20:22.82	47.53
	150m: 2:12.85	47.12	550m: 8:31.61	47.10	950m: 14:51.44	47.39	1350m: 21:10.28	47.46
	200m: 3:00.24	47.39	600m: 9:19.12	47.51	1000m: 15:38.42	46.98	1400m: 21:58.00	47.72
	250m: 3:47.60	47.36	650m: 10:06.40	47.28	1050m: 16:25.71	47.29	1450m: 22:45.58	47.58
	300m: 4:34.90	47.30	700m: 10:54.16	47.76	1100m: 17:13.20	47.49	1500m: 23:31.59	46.01
	350m: 5:22.12	47.22	750m: 11:41.59	47.43	1150m: 18:00.51	47.31		
	400m: 6:09.64	47.52	800m: 12:29.25	47.66	1200m: 18:47.81	47.30		

Masters 60+

1.	Gonnie Bak	PSV	29:05.72	195100064	29:11.58	+1,01		
	50m: 52.52	52.52	450m: 8:39.54	58.53	850m: 16:30.98	58.55	1250m: 24:22.16	58.84
	100m: 1:49.21	56.69	500m: 9:39.65	1:00.11	900m: 17:29.46	58.48	1300m: 25:21.45	59.29
	150m: 2:46.94	57.73	550m: 10:39.51	59.86	950m: 18:28.61	59.15	1350m: 26:19.73	58.28
	200m: 3:45.62	58.68	600m: 11:38.15	58.64	1000m: 19:27.30	58.69	1400m: 27:17.43	57.70
	250m: 4:43.97	58.35	650m: 12:36.28	58.13	1050m: 20:26.43	59.13	1450m: 28:16.98	59.55
	300m: 5:43.31	59.34	700m: 13:34.59	58.31	1100m: 21:26.27	59.84	1500m: 29:11.58	54.60
	350m: 6:41.87	58.56	750m: 14:33.60	59.01	1150m: 22:25.00	58.73		
	400m: 7:41.01	59.14	800m: 15:32.43	58.83	1200m: 23:23.32	58.32		

Masters 65+

1.	Matty van der Veen	Old Dutch	27:32.59	194400020	27:56.57	+1,22		
	50m: 49.81	49.81	450m: 8:08.11	56.09	850m: 15:39.11	55.06	1250m: 23:08.09	57.05
	100m: 1:41.66	51.85	500m: 9:03.86	55.75	900m: 16:36.54	57.43	1300m: 24:05.63	57.54
	150m: 2:35.81	54.15	550m: 10:00.00	56.14	950m: 17:32.18	55.64	1350m: 25:03.77	58.14
	200m: 3:30.25	54.44	600m: 10:56.61	56.61	1000m: 18:27.84	55.66	1400m: 26:02.30	58.53
	250m: 4:26.01	55.76	650m: 11:54.33	57.72	1050m: 19:24.41	56.57	1450m: 26:59.54	57.24
	300m: 5:20.45	54.44	700m: 12:49.61	55.28	1100m: 20:19.06	54.65	1500m: 27:56.57	57.03
	350m: 6:16.18	55.73	750m: 13:46.88	57.27	1150m: 21:14.56	55.50		
	400m: 7:12.02	55.84	800m: 14:44.05	57.17	1200m: 22:11.04	56.48		
2.	Annie Smits	PSV	28:59.15	194600016	29:06.46	+1,22		
	50m: 52.69	52.69	450m: 8:44.25	58.95	850m: 16:35.87	58.98	1250m: 24:20.55	57.97
	100m: 1:51.43	58.74	500m: 9:44.08	59.83	900m: 17:34.18	58.31	1300m: 25:18.23	57.68
	150m: 2:50.71	59.28	550m: 10:42.90	58.82	950m: 18:32.12	57.94	1350m: 26:16.15	57.92
	200m: 3:49.90	59.19	600m: 11:41.47	58.57	1000m: 19:30.33	58.21	1400m: 27:14.44	58.29
	250m: 4:48.07	58.17	650m: 12:40.34	58.87	1050m: 20:28.86	58.53	1450m: 28:12.32	57.88
	300m: 5:47.61	59.54	700m: 13:39.85	59.51	1100m: 21:27.19	58.33	1500m: 29:06.46	54.14
	350m: 6:46.81	59.20	750m: 14:38.40	58.55	1150m: 22:24.73	57.54		
	400m: 7:45.30	58.49	800m: 15:36.89	58.49	1200m: 23:22.58	57.85		

Masters 75+

1.	Annie de Vos <i>Nederlands Masters Record</i>	Old Dutch	34:42.22	193400004	33:21.28			
	50m: 57.67	57.67	450m: 9:43.24	1:06.41	850m: 18:41.91	1:07.57	1250m: 27:42.36	1:07.33
	100m: 2:02.09	1:04.42	500m: 10:50.21	1:06.97	900m: 19:49.19	1:07.28	1300m: 28:49.38	1:07.02
	150m: 3:07.23	1:05.14	550m: 11:56.78	1:06.57	950m: 20:56.04	1:06.85	1350m: 29:57.28	1:07.90
	200m: 4:12.77	1:05.54	600m: 13:05.45	1:08.67	1000m: 22:03.15	1:07.11	1400m: 31:05.85	1:08.57
	250m: 5:18.67	1:05.90	650m: 14:12.99	1:07.54	1050m: 23:10.76	1:07.61	1450m: 32:13.85	1:08.00
	300m: 6:24.74	1:06.07	700m: 15:20.27	1:07.28	1100m: 24:18.97	1:08.21	1500m: 33:21.28	1:07.43
	350m: 7:30.91	1:06.17	750m: 16:27.61	1:07.34	1150m: 25:26.76	1:07.79		
	400m: 8:36.83	1:05.92	800m: 17:34.34	1:06.73	1200m: 26:35.03	1:08.27		

6 - ONMK 2012 kb sessie 6

29-01-2012 - 14:00

Programmanr. 35
29-01-2012 - 14:00

Heren, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1.	Tritium (SG)	1:56.99	1:57.31	
	Joppe Schuurmans	89 28.99	86 +0,60	29.39
	Jelte Schuurmans	91 +0,41 34.15	87 +0,23	24.78
2.	De Schotejil	2:02.20	2:02.17	
	Niels Albrechts	88 33.35	92 +0,31	25.39
	Glenn Mijnders	92 +0,65 37.91	89 +0,62	25.52
3.	Scheldestroom 1	2:03.86	2:03.33	
	Davy Hermans	91 32.81	86 +0,82	30.62
	Sander Boidin	92 +0,48 32.85	82 +0,57	27.05
100+				
1.	LZ 1886	1:55.19	1:56.33	
	Boy Heijnekamp	89 31.63	91 +0,42	26.87
	Ralf van der Poel	84 +0,01 33.05	83 +0,30	24.78
2.	ZOB'66 1	2:00.34	2:00.74	
	Harmen Reemst	87 34.61	90 +0,31	27.49
	Ferry Blange	83 +0,42 33.40	80 +0,32	25.24
3.	't Tolhekke 1	2:20.31	2:20.39	
	Berné Beute	91 36.10	91 +0,61	32.49
	Arie van Damme	61 +0,49 42.68	86 +0,43	29.12
120+				
1.	WVZ	1:57.92	1:55.98	
	Ivo Roozeboom	77 29.80	58 +0,32	28.27
	Rens Post	91 +0,50 34.12	86 +0,29	23.79
2.	De Futen 1	2:03.89	2:02.77	
	Mike Hereijgers	85 31.31	64 +0,32	30.43
	André Koster	76 +0,45 33.43	75 +0,25	27.60
3.	Den Doorn 1	2:08.80	2:08.49	
	Nico Swart	68 34.60	72 +0,53	34.13
	Lars Duijnhouwer	91 +0,23 31.54	86 +0,63	28.22
160+				
1.	DAW	2:02.34	2:02.06	
	Fred Heemstra	65 32.73	78 +0,33	28.79
	Ron Langelaan	78 +0,39 32.19	64 +0,47	28.35
2.	De Bevelanders 1	2:09.27	2:10.02	
	Arco Wagenvoort	65 31.92	89 +0,38	25.76
	Jan Boonman	61 +0,66 41.54	50 +0,37	30.80
3.	Steenwijk 1934 1	2:12.95	2:10.82	
	Fred van de Meeberg	66 34.70	86 +0,28	27.71
	Huyb Stegeman	67 +0,46 37.64	63 +0,39	30.77
4.	HZ&PC Heerenveen 1	2:12.55	2:15.70	
	Pieter Ponne	76 35.20	58 +0,34	31.60
	René Beetsma	69 +0,29 32.99	51 +0,25	35.91
5.	WS Twente 1	2:21.62	2:24.40	
	Jack Barends	62 38.94	60 +0,47	36.46
	Michel Ophuis	73 +0,46 36.07	61 +0,52	32.93
DIS	De Schelde 1	2:05.79	2:08.36	RH
	Maarten de Pooter	66 35.49	71 +0,29	31.77
	Erik de Bruijne	72 +0,06 35.97	63 +0,44	25.13

Programmanr. 35, Heren, 4 x 50m wisselslag

200+

1. PLONS 1		PLONS		2:19.35		2:27.63	
Hans Maas		65	40.31	Mark Kas	61	+0,43	34.68
Jan Vlasblom		61	+0,61 38.67	Joop van Eijk	47	+0,46	33.97

Programmanr. 36
29-01-2012 - 14:06

Dames, 4 x 50m wisselslag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT			
80+							
1. De Veene 1		De Veene		2:12.97	2:13.16		
	Yvon Versteeg	92	32.33	Milou Bouwhuis	89	+0,53	33.91
	Leonie Versteeg	90	+0,34 39.12	Annelette de Vries	86	+0,16	27.80
2. Tritium (SG) 1		Tritium (SG)		2:22.43	2:27.10		
	Merel Siroen	88	35.53	Chantal Willems	91	+0,49	32.95
	Elodie Siroen	90	+0,24 42.73	Marjolein van der Sanden	84	+0,22	35.89
100+							
1. DAW 1		DAW		2:14.15	2:11.89		
	<i>Kampioenschaps Record</i>						
	Sandra Pannekeet	84	37.46	Maaïke Vooren	91	+0,50	32.41
	Laura Badoux	82	+0,52 33.42	Sandra Zwaanswijk	85	+0,32	28.60
2. Scheldestroom 1		Scheldestroom		2:17.39	2:15.87		
	Evelyn Verplanke	81	37.15	Ryan Verplanke	77	+0,34	31.04
	Nicky Vanhijfte	92	+0,32 39.18	Marlinda Eggermont	85	+0,48	28.50
3. De Schelde 1		De Schelde		2:23.84	2:20.14		
	Sabine Wieland	86	36.92	Josje van Houwelingen	90	+0,28	30.64
	Ilona Neels	88	+0,68 41.54	Marouschka Rijnhout	78	+0,27	31.04
4. WVZ 1		WVZ		2:23.85	2:23.50		
	Lisette Prins	88	36.70	Petra Versteegen	77	+0,30	33.86
	Yvonne Gerritsen	80	+0,78 39.50	Tessa Verheijdt	89	+0,45	33.44
5. Den Doorn 1		Den Doorn		2:38.95	2:36.89		
	Mandy Erkelens	87	42.34	Lisanne van Noorloos	91	+0,35	35.78
	Antoinette Kant	69	+0,68 45.98	Lisette Littooy	88	+0,37	32.79
DIS	Montferland 1	Montferland		2:44.81	2:42.55 RC		
	Angela Giezen	83	40.47	Esther van Maastrigt	88	+0,34	35.66
	Martine Varwijk	82	+0,67 54.31	Charlotte Geers	92	+0,62	32.11
160+							
1. Zoetermeer 1		Zoetermeer		2:33.81	2:33.04		
	Fleur Maas	89	39.64	Chita van der Goorbergh	68	+0,19	34.38
	Carolien Maas	57	+0,33 46.45	Yvette Kilian	66	+0,44	32.57
2. WS Twente 1		WS Twente		2:32.11	2:35.32		
	Kim Brokelman	75	42.93	Jeannette Ruesink	63	+0,42	37.29
	Monique Gerritsen	65	+0,50 41.82	Marion Broekhuis	68	+0,65	33.28
240+							
1. PSV 1		PSV		2:54.53	2:52.00		
	<i>Nederlands Masters Record</i>						
	Patty Krupiarz	54	42.76	Gudule van der Meer	72	+0,37	31.56
	Annie Smits	46	+0,53 58.41	Lottie Geurts	35	+0,41	39.27

Programmanr. 37
29-01-2012 - 14:18

Heren, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Emile Manni <i>Kampioenschaps Record</i>	Octopus	58.83 199001901	58.94	+0,82	27.37	58.94
2. Toby Aarnoutse	De Bevelanders	59.09 198900007	59.56	+0,90	27.88	59.56
3. Joost Rijntjes	LZ 1886	59.43 199101899	59.99	+0,84	27.95	59.99
4. Marcel Noordermeer	ZOB'66	1:00.43 199003455	1:00.55	+0,54	29.08	1:00.55
5. Roderick van Doeselaar	De Rijn	1:00.60 199200261	1:00.82	+0,69	28.32	1:00.82
6. Jurrien Hartman	ZVVS	1:00.71 198801297	1:01.71	+0,77	28.79	1:01.71
7. Charel Thewissen	Kimbria	1:03.48 199005591	1:05.33	+0,84	30.57	1:05.33
8. Sander Boidin	Scheldestroom	1:06.11 199200111	1:07.17	+0,79	30.37	1:07.17
9. Niek Kampman	De Schelde	1:08.26 198901557	1:09.89	+0,83	31.38	1:09.89
10. Davy Hermans	Scheldestroom	1:09.26 199103913	1:10.65	+0,87	32.11	1:10.65
11. Rens Post	WVZ	1:09.87 199101827	1:10.74	+0,81	31.48	1:10.74
12. Rick Hellenbrand	HGN (SG)	1:10.75 198901173	1:11.16	+0,56	32.74	1:11.16
13. Roel van Beek	Montferland	1:09.46 198905861	1:12.65	+0,82	33.19	1:12.65
14. Kevin Dieker	Montferland	1:15.53 199100461	1:13.25	+0,88	34.73	1:13.25
NG Hajo Kok	De Bevelanders	1:02.32 199200725				
Masters 25+						
1. Rick Driezen	Steenwijk 1934	1:00.20 198600713	1:00.99	+0,91	28.57	1:00.99
2. Roel Dellaert	De Bruinvis	1:03.25 198400447	1:03.87	+0,92	29.50	1:03.87
3. Remco van Althuis	SBC2000	1:04.77 198300029	1:05.36	+0,89	30.18	1:05.36
4. Stefan van der Grift	Octopus	1:07.42 198701121	1:11.31	+0,63	31.50	1:11.31
5. Ruben de Koster	Scheldestroom	1:14.48 198601713	1:17.05	+0,49	34.39	1:17.05
6. Erik van der Zeijden	RZ	1:27.00 198604569	1:18.36	+0,82	35.04	1:18.36
Masters 30+						
1. Kars Luttik	DAW	1:06.42 197800675	1:05.47	+0,93	30.29	1:05.47
2. Martijn Eggermont	Scheldestroom	1:12.45 198200395	1:15.42	+0,97	33.45	1:15.42
Masters 35+						
1. Markus van Rest	Zoetermeer	1:05.99 197701197	1:06.85	+0,88	30.69	1:06.85
Masters 40+						
1. René Beetsma	HZ&PC Heerenveen	1:05.75 196900069	1:05.60	+0,90	30.32	1:05.60
2. Richard Rickson	HGN (SG)	1:06.21 197000841	1:06.06	+0,83	30.60	1:06.06
3. Arjon de Bok	De Biesboschzwemmers	1:06.14 196900125	1:08.14	+0,84	31.20	1:08.14
4. Heiner Stevens	Zignea	1:09.47 197201299	1:08.15	+0,94	30.67	1:08.15
5. Arvydas Burinskas	Takas	1:12.66 1969buri	1:10.53	+0,91	33.11	1:10.53
6. Hans Schoenmakers	DAW	1:15.15 196900863	1:16.37	+0,97	34.39	1:16.37
7. Arjan Dekker	Koewacht	1:23.19 196900225	1:23.14	+0,81	35.80	1:23.14
Masters 45+						
1. Arnold de Rover	De Futen	1:08.85 196400645	1:09.46	+0,90	32.14	1:09.46
2. Harald Mulder	Zoetermeer	1:14.54 196701459	1:15.28	+0,87	35.60	1:15.28
3. Marcel van Lochem	Zoetermeer	1:17.74 196500581	1:18.44	+0,89	35.12	1:18.44
4. Carlo van Zwol	ZV De Bron	1:18.51 196400881	1:19.33	+0,92	34.65	1:19.33
5. Eric Smits	Z&PC De Gouwe	1:21.16 196501453	1:25.85	+1,05	40.94	1:25.85

Programmanr. 37, Heren, 100m vlinderslag

Masters 50+

1. Hugo Bregman	WVZ	1:00.27	195800069	1:04.04	+0,96	30.09	1:04.04
2. Johan Remmits	One Team Swimming	1:07.76	196201159	1:06.18	+0,89	30.59	1:06.18
3. Arturas Tuomas	Takas	1:13.65	1961tuom	1:11.07	+1,02	34.12	1:11.07
4. Ron van Vliet	De Zeeuwse Kust (SG)	1:13.06	196100849	1:13.54	+0,97	32.97	1:13.54
5. Jan Willem Heuten	WS Twente	1:21.95	196000883	1:25.14	+0,99	39.45	1:25.14

Masters 55+

1. Steven Miller	Westchester Masters	1:19.42	1R-02XVX	1:22.26	+1,00	39.30	1:22.26
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Masters 60+

1. Piet Schop	De Bevelanders	1:29.96	195000109	1:29.83	+0,76	40.15	1:29.83
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Masters 65+

1. Donald Uijtenbogaart	Het Y	1:18.72	194700107	1:25.14	+0,56	39.62	1:25.14
<i>Nederlands Masters Record</i>							

Masters 70+

1. Nico Geers	Z&PC De Gouwe	1:42.64	193800007	1:46.56	+1,07	50.48	1:46.56
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Programmanr. 38
29-01-2012 - 14:29

Dames, 100m vlinderslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m	
Masters 20+							
1. Yvon Versteeg	De Veene	1:07.07	199201864	1:08.07	+0,71	31.19	1:08.07
2. Jen-Ai van Soelen	Zuiderzeewimmers	1:07.69	199003510	1:08.33	+0,73	30.78	1:08.33
3. Cindy Hendriks	Hydrofiel	1:08.10	199207672	1:08.35	+0,87	32.11	1:08.35
4. Laura Oosterbroek	De Rijn	1:14.80	198803264	1:11.35	+0,69	32.93	1:11.35
5. Nanda de Vries	HZ&PC Heerenveen	1:10.81	199204328	1:12.53	+0,86	33.25	1:12.53
6. Tonny Methorst	De Biesboschwimmers	1:14.82	198802998	1:14.21	+0,88	34.43	1:14.21
7. Juliska Peijnenburg	De Dommelbaarzen	1:12.60	199002892	1:17.44	+0,88	35.50	1:17.44
8. Monique Pronk	WVZ	1:20.02	198803528	1:18.28	+0,89	35.02	1:18.28
9. Whitley Rens	De Schotejil	1:18.76	199007520	1:20.32	+0,86	37.41	1:20.32
10. Sabina van Doeselaar	Koewacht	1:21.15	198900962	1:20.40	+0,86	36.22	1:20.40
11. Lisette Prins	WVZ	1:21.77	198803522	1:22.46	+0,62	36.43	1:22.46
12. Nicky Vanhijfte	Scheldestroom	1:21.22	199201806	1:23.79	+0,86	37.20	1:23.79
13. Anne Volwerk	De Schotejil	1:26.74	199004032	1:24.36	+0,82	40.41	1:24.36
14. René Kleinveld	One Team Swimming	1:22.78	199001966	1:24.55	+0,82	38.29	1:24.55
15. Milou Bouwhuis	De Veene	1:15.06	198900532	1:24.71	+0,84	36.62	1:24.71

Masters 25+

1. Nadya Putter	ZVVS	1:09.35	198301630	1:09.23	+0,81	32.41	1:09.23
2. Esther Versteeg	Van Vliet-Barracuda	1:10.60	198302112	1:10.84	+0,90	33.86	1:10.84
3. Miriam Visserman	Octopus	1:14.89	198704364	1:14.36	+0,49	34.39	1:14.36
4. Annelette de Vries	De Veene	1:14.36	198603908	1:15.07	+0,86	34.15	1:15.07
5. Marlinda Eggermont	Scheldestroom	1:14.31	198500804	1:16.84	+0,81	34.85	1:16.84
6. Sandra Zwaanswijk	DAW	1:15.13	198503934	1:17.28	+0,79	34.90	1:17.28
7. Maaïke van Diggele	ZPB H&L Productions	1:18.28	198700868	1:20.84	+0,87	35.40	1:20.84
8. Marije Jansen	Montferland	1:21.44	198504088	1:22.36	+0,96	37.91	1:22.36
9. Liset de Veer	Aqua-Novio'94	1:20.87	198704190	1:24.66	+0,68	38.69	1:24.66
10. Daphne Wiskerke	De Bruinvis	1:23.87	198704704	1:25.96	+0,87	39.19	1:25.96
11. Veronique Vasseur	Scheldestroom	1:24.03	198302026	1:27.23	+0,92	39.45	1:27.23
12. Channe Noort	DAW	1:27.50	198605032	1:27.34	+0,81	40.88	1:27.34
13. Margriet Aan het Rot	Octopus	1:26.15	198603088	1:27.58	+0,93	40.60	1:27.58

Programmanr. 38, Dames, 100m vlinderslag, Masters 25+

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
14. Emmy Soer	WS Twente	1:34.48	198503618	1:29.41	+0,95	38.44	1:29.41

Masters 30+

1. Joana Carneiro	D'Eift WAVE (SG)	1:10.67	198202256	1:12.33	+0,61	35.31	1:12.33
2. Angelique Boersma	De Vikings	1:12.08	198001586	1:13.91	+0,88	33.86	1:13.91

Masters 35+

1. Ryan Verplanke	Scheldestroom	1:08.77	197700696	1:10.83	+0,79	32.57	1:10.83
2. Inez Heideman	WS Twente	1:15.67	197500198	1:14.20	+0,86	33.36	1:14.20
3. Renata van Essen	Zuiderzeezwemmers	1:26.76	197300740	1:25.43	+0,92	40.29	1:25.43
4. Daiva Diedoniene	Takas	1:28.19	1973died	1:33.03	+1,07	42.06	1:33.03
5. Clementine van Bruxvoort	ZPB H&L Productions	1:40.15	197700138	1:42.53	+0,94	46.72	1:42.53

Masters 45+

1. Karin van den Heuvel	Old Dutch	1:28.75	196600188	1:25.94	+1,02	39.18	1:25.94
2. Miranda Keijl	Zignea	1:37.02	196500588	1:34.06 *	+1,02	42.42	1:34.06
3. Alie Visser	HZ&PC Heerenveen	1:41.10	196400494	1:41.77	+0,98	44.78	1:41.77

Masters 50+

1. Mathilde Vink	Swol 1894	1:14.34	195800128	1:16.04	+0,56	36.20	1:16.04
2. Margriet Grove-Lingeman	Oceanus	1:18.48	196200080	1:18.96	+0,92	35.99	1:18.96
3. Janny van Eijk	ZV De Bron	1:24.14	195800022	1:27.16	+1,11	40.89	1:27.16

Masters 55+

1. Carla Hensen	PSV	1:44.71	195300062	1:41.67	+0,99	48.27	1:41.67
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Masters 60+

1. Christien Nieuwenhuis	Swol 1894	1:24.92	195100022	1:28.19	+0,92	40.46	1:28.19
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Programmanr. 39
29-01-2012 - 14:42

Heren, 50m rugslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	startnr.	tijd	RT
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Masters 20+

1. Jos de Graaf	PSV	26.95	199106095	28.34	
2. Jeroen Custers	Kimbria	29.95	199106319	29.58	
3. Jelte Schuurmans	Tritium (SG)	28.58	199104841	30.09	
4. Joppe Schuurmans	Tritium (SG)	28.18	198905447	30.75	
5. Erik van der Heide	Zuiderzeezwemmers	30.50	198801337	31.31	
6. Dennis van Oosterhout	SBC2000	33.95	198902337	32.99	
7. Niels Albrechts	De Schotejil	32.61	198800039	33.35	
8. Jeroen de Putter	De Schelde	35.67	199204149	36.00	
9. Berné Beute	't Tolhekke	36.50	199100135	36.01	

Masters 25+

1. Martijn Giezen	Montferland	29.11	198500813	28.90	
2. Thommy Nickel	Van Vliet-Barracuda	30.10	198401627	30.48	
3. Mike Hereijgers	De Futen	31.16	198501007	30.83	
4. Harmen Reemst	ZOB'66	33.71	198702715	34.90	

Programmanr. 39, Heren, 50m rugslag

Masters 30+

1.	Nol van Thull	ZOB'66	29.72	198001513	30.22
2.	Stan Dekker	PLONS	30.74	197901823	31.34
3.	Simon van Ravensteijn	Zoetermeer	33.73	198002263	32.96
4.	Gino Martijn	RZ	33.98	197901865	33.46

Masters 35+

1.	Ivo Roozeboom	WVZ	29.21	197700801	29.95
2.	Dennis Schouten	LZ 1886	31.60	197501351	31.01
3.	André Koster	De Futen	37.21	197601465	32.80
4.	Gerard Eghuizen	HZ&PC Heerenveen	33.87	197400197	33.62
5.	Pieter Ponne	HZ&PC Heerenveen	33.32	197600749	35.79

Masters 40+

1.	Arjon de Bok	De Biesboschzwemmers	32.09	196900125	32.47
2.	Nico Swart	Den Doorn	34.54	196801475	34.81
3.	Albertas Balaisis	Takas	34.26	1969bala	35.69
4.	Alex Hagedoorn	Stadskanaal	37.70	197100319	38.25
5.	Dennis van Markesteijn	TZC-Vahalis	38.64	197201333	38.91
6.	Marco de Bat	De Schelde	40.81	197101467	40.79

Masters 45+

1.	Fred Heemstra	DAW	32.35	196500357	32.60
2.	John Stokx	DAW	34.65	196401341	33.21
3.	Igor Penchukov	Sprut	34.98	102154	34.51 *
4.	Erik Saan	De Duck	35.73	196500769	34.57
5.	Fred van de Meeberg	Steenwijk 1934	33.79	196601279	35.35
6.	Maarten de Pooter	De Schelde	30.93	196600615	35.70
7.	Hans Maas	PLONS	38.50	196501433	37.64

Masters 50+

1.	Dmitry Kromskiy	Poseidon	36.04	037011	31.96
2.	Johan Remmits	One Team Swimming	32.49	196201159	32.16
3.	Lionel Godeaux	CNSW	32.66	CNSW/014/60	32.38
	<i>BEL Masters record</i>				
4.	Arlandas Juodeska	Takas	34.39	1961juod	33.49
5.	Ron van Vliet	De Zeeuwse Kust (SG)	36.51	196100849	34.37
6.	Jack Barends	WS Twente	37.86	196201011	38.12
7.	Klaas van Mierlo	PSV	37.83	196100939	38.22
8.	Bart van Calker	WS Twente	38.35	196100067	39.20
9.	Harry Paas	ZVVS	40.58	195800689	40.00
10.	Herbert Katgert	WS Twente	45.01	195900739	45.73
DIS	Ralph Caster	RZ	39.50	196100069	40.39 RC

Masters 55+

1.	Steven Miller	Westchester Masters	42.43	1R-02XVX	36.65
2.	Evertjan Masurel	PSV	41.13	195600495	37.23
3.	Vincenzo Cipullo	ASD Ariete Napoli	38.50	1956cipul	37.92

Masters 60+

1.	Rob Berkhof	Swol 1894	38.50	195200245	38.42
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Masters 65+

1.	Rob Hanou	PSV	44.76	194300109	44.53
2.	Frans van der Walle	Old Dutch	47.31	194300089	47.84

Programmanr. 39, Heren, 50m rugslag

Masters 70+

1.	Frans van Enst <i>Kampioenschaps Record</i>	WS Twente	35.71	194000011	36.50
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Masters 75+

1.	Jan Eichhorn	ZV Haerlem	47.17	193700015	47.36
2.	Taco van Blommestein	Aquapoldro	59.11	193300007	55.35

Masters 80+

1.	Georges Verhelst	KRZ	50.92	RZV/160/31	53.38
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Programmanr. 40
29-01-2012 - 14:51

Dames, 50m rugslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Josje van Houwelingen <i>Nederlands Masters Record</i>	De Schelde	31.35	199001606	30.79	
2.	Loes van Ooijen	De Rijn	30.83	199205180	31.71	
3.	Desirée Emmen	De Warande	31.83	199204862	32.21	
4.	Jen-Ai van Soelen	Zuiderzeewemmers	32.28	199003510	32.41	
5.	Cynthia Grooteboer	SBC2000	33.23	198901462	32.88	
6.	Ilse van den Wijngaard	One Team Swimming	33.53	198904736	33.80	
7.	Esther van Maastrigt	Montferland	35.08	198802836	35.45	
8.	Chantal Willems	Tritium (SG)	33.16	199105482	35.60	
9.	Wendy de Bruin	ZOB'66	34.57	199206320	35.67	
10.	Kim Wijnja	De Biesboschzwemmers	35.53	199107812	35.75	
11.	Eline Schoenmaker	De Duinkickers	35.81	199003322	36.08	
12.	Samantha van Eijk	De Geul	40.10	198806826	36.21	
13.	Lisette Prins	WVZ	36.60	198803522	37.31	
14.	Lisanne van Noorloos	Den Doorn	37.29	199107434	38.11	
15.	Elodie Siroen	Tritium (SG)	37.32	199003414	39.82	
16.	Charlotte Geers	Montferland	39.64	199200572	40.39	
17.	Liesbeth Bruinekool	Zuiderzeewemmers	1:05.07	199007958	1:02.46	
Masters 25+						
1.	Roos Lemmen	Eurode KZC	36.16	198403078	36.51	
2.	Sabine Wieland	De Schelde	38.13	198604050	36.87	
3.	Sandra Pannekeet	DAW	39.22	198403458	37.44	
4.	Dorien Vasseur	Scheldestroom	43.31	198704164	43.38	
Masters 30+						
1.	Roos van Esch	TRB-RES	33.45	198200468	34.14	
2.	Evelyn Verplanke	Scheldestroom	38.13	198101570	37.26	
3.	Babette Rens	Dedemsvaart-AC	37.82	197801200	38.39	
4.	Inge Otter	De Bevelanders	40.00	197801242	38.92	
5.	Martine Varwijk	Montferland	53.56	198202392	56.35	

Programmanr. 40, Dames, 50m rugslag

Masters 35+

1.	Janneke Harmsen <i>Nederlands Masters Record</i>	De Spatters	31.87	197700938	32.35
2.	Elena Babikova	Sprut	35.56	018010	34.61
3.	Petra Verstegen	WVZ	36.64	197700906	38.09 *
4.	Kim Brokelman	WS Twente	40.89	197500788	40.71
5.	Marian Nederlof	DWF	41.70	197600950	40.88
6.	Bianca Hertogh - Buijsse	Scheldeestroom	39.64	197400910	41.48

Masters 40+

1.	Gudule van der Meer <i>Nederlands Masters Record</i>	PSV	37.17	197200396	33.59
2.	Trudie van Niejenhuis	TZC-Vahalis	35.90	197100444	37.08
3.	Chita van der Goorbergh	Zoetermeer	37.67	196800762	38.92
4.	Mengsanne Heijnen	Zignea	44.07	197100878	40.89
5.	Antoinette Kant	Den Doorn	42.36	196900920	41.91
6.	Claudia Sutin	De Schelde	45.38	197200908	45.45

Masters 45+

1.	Laura Staal	Oceanus	36.10	196700358	35.96
2.	Yvonne van Slagmaat-van den Hurk	GoSwim	38.51	196400556	36.85
3.	Hanny Rotteveel	Zignea	36.73	196600538	37.73
4.	Wilna Heijman	't Tolhekke	35.88	196400506	38.46
5.	Haya Mellema	Aquapoldro	50.24	196600482	51.57
6.	Riekje Schra	Steenwijk 1934	1:02.61	196400404	1:04.40

Masters 50+

1.	Margriet Grove-Lingeman	Oceanus	37.45	196200080	37.44
2.	Marijke Kraak	WS Twente	40.63	196000240	39.59
3.	Pia van der Molen	HZ&PC Heerenveen	39.64	196000116	41.20 *
4.	Inge Wolfs	PLONS	40.70	196000304	42.66
5.	Geke Talsma-Prent	Steenwijk 1934	42.46	195800228	43.56
6.	Katinka Elders	Oceanus	47.13	196000292	45.05
7.	Gonnie Paas	ZVVS	45.09	196200418	45.13
8.	Jeanine Faes	De Zeeuwse Kust (SG)	47.50	196200142	47.78

Masters 55+

1.	Patty Krupiarz	PSV	46.06	195400074	43.25
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Masters 60+

1.	Antoinette Gilding-Tussaud	WS Twente	45.33	195000038	47.48
2.	Tineke van Diggelen	Oceanus	49.81	195200048	49.60

Masters 65+

1.	Leny Kamp	Aquapoldro	54.68	194400008	57.73
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Masters 70+

1.	Truus Ruiten	Old Dutch	56.68	194000004	57.36
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Masters 75+

1.	Lottie Geurts <i>Kampioenschaps Record</i>	PSV	50.73	193500006	53.66
2.	Tineke de Bueger	Old Dutch	1:01.00	193700010	1:05.53

Programmanr. 41
29-01-2012 - 15:02

Heren, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT		
Masters 20+								
1.	Dennis Wijbenga	Stadskanaal	4:40.65	199003283	4:48.58	+0,89		
	50m: 31.11	31.11	150m: 1:46.61	38.81	250m: 3:02.46	39.40	350m: 4:16.89	34.35
	100m: 1:07.80	36.69	200m: 2:23.06	36.45	300m: 3:42.54	40.08	400m: 4:48.58	31.69
2.	Alex Eversdijk	De Bruinvis	4:53.47	199000847	5:02.34	+0,94		
	50m: 30.09	30.09	150m: 1:45.32	39.86	250m: 3:06.80	41.29	350m: 4:26.75	36.88
	100m: 1:05.46	35.37	200m: 2:25.51	40.19	300m: 3:49.87	43.07	400m: 5:02.34	35.59
3.	Maik Steenkamp	NDD	5:00.64	199103847	5:05.16	+0,78		
	50m: 31.00	31.00	150m: 1:47.41	40.02	250m: 3:10.95	43.63	350m: 4:30.94	36.01
	100m: 1:07.39	36.39	200m: 2:27.32	39.91	300m: 3:54.93	43.98	400m: 5:05.16	34.22
4.	Tim Bunnik	Triton	5:04.32	199000505	5:06.54	+0,89		
	50m: 31.56	31.56	150m: 1:48.71	39.00	250m: 3:13.30	44.93	350m: 4:33.19	33.70
	100m: 1:09.71	38.15	200m: 2:28.37	39.66	300m: 3:59.49	46.19	400m: 5:06.54	33.35
Masters 25+								
1.	Raymond van de Merwe <i>Nederlands Masters Record</i>	WVZ	4:26.06	198602077	4:28.38	+0,77		
	50m: 27.61	27.61	150m: 1:34.25	34.79	250m: 2:46.22	38.18	350m: 3:57.45	31.95
	100m: 59.46	31.85	200m: 2:08.04	33.79	300m: 3:25.50	39.28	400m: 4:28.38	30.93
2.	Kristiaan Lenos	LZ 1886	4:51.92	198301331	4:55.74	+1,01		
	50m: 29.57	29.57	150m: 1:43.88	39.00	250m: 3:04.71	42.15	350m: 4:22.44	34.42
	100m: 1:04.88	35.31	200m: 2:22.56	38.68	300m: 3:48.02	43.31	400m: 4:55.74	33.30
3.	Ralf van der Poel	LZ 1886	4:57.35	198401783	5:00.09	+0,88		
	50m: 30.89	30.89	150m: 1:47.85	40.43	250m: 3:07.93	40.71	350m: 4:25.85	36.11
	100m: 1:07.42	36.53	200m: 2:27.22	39.37	300m: 3:49.74	41.81	400m: 5:00.09	34.24
4.	Thommy Nickel	Van Vliet-Barracuda	5:17.45	198401627	5:09.12	+0,92		
	50m: 32.78	32.78	150m: 1:50.83	40.01	250m: 3:14.54	44.40	350m: 4:34.91	35.54
	100m: 1:10.82	38.04	200m: 2:30.14	39.31	300m: 3:59.37	44.83	400m: 5:09.12	34.21
5.	Albert van Piekeren	Octopus	5:11.48	198401767	5:19.48	+0,88		
	50m: 34.16	34.16	150m: 1:54.18	40.78	250m: 3:19.71	44.36	350m: 4:43.21	38.63
	100m: 1:13.40	39.24	200m: 2:35.35	41.17	300m: 4:04.58	44.87	400m: 5:19.48	36.27
Masters 30+								
1.	Evgeny Ryzhov <i>RUS Masters Record</i>	All Stars	4:51.69	102628	4:43.20	+0,80		
	50m: 28.79	28.79	150m: 1:39.13	38.08	250m: 2:56.72	39.41	350m: 4:10.71	34.38
	100m: 1:01.05	32.26	200m: 2:17.31	38.18	300m: 3:36.33	39.61	400m: 4:43.20	32.49
2.	Freddie Geerlings	HGN (SG)	5:08.39	197900379	5:17.29	+0,91		
	50m: 35.10	35.10	150m: 1:56.23	40.92	250m: 3:19.96	42.72	350m: 4:40.72	37.06
	100m: 1:15.31	40.21	200m: 2:37.24	41.01	300m: 4:03.66	43.70	400m: 5:17.29	36.57
3.	Marcel Reefhuis	De Veene	5:13.20	198101381	5:19.17	+0,54		
	50m: 32.94	32.94	150m: 1:54.48	41.88	250m: 3:19.91	45.18	350m: 4:45.04	38.68
	100m: 1:12.60	39.66	200m: 2:34.73	40.25	300m: 4:06.36	46.45	400m: 5:19.17	34.13
Masters 35+								
1.	Erwin Zuidervelt	De Futen	5:44.88	197501015	5:48.27	+0,89		
	50m: 34.70	34.70	150m: 2:01.96	44.68	250m: 3:36.45	50.83	350m: 5:08.54	40.81
	100m: 1:17.28	42.58	200m: 2:45.62	43.66	300m: 4:27.73	51.28	400m: 5:48.27	39.73
2.	Gerard Eghuizen	HZ&PC Heerenveen	6:08.74	197400197	5:49.49	+0,92		
	50m: 37.89	37.89	150m: 2:06.25	43.19	250m: 3:39.43	49.81	350m: 5:11.25	39.75
	100m: 1:23.06	45.17	200m: 2:49.62	43.37	300m: 4:31.50	52.07	400m: 5:49.49	38.24

Programmanr. 41, Heren, 400m wisselslag

Masters 40+

1. René Beetsma	HZ&PC Heerenveen	5:09.60	196900069	5:12.17	+0,91
50m: 32.80 32.80	150m: 1:51.71 40.60	250m: 3:17.38	45.09 350m: 4:38.04 35.78		
100m: 1:11.11 38.31	200m: 2:32.29 40.58	300m: 4:02.26	44.88 400m: 5:12.17 34.13		
2. Marcel van Winssen	De Gelenberg	5:19.48	197101477	5:30.15	+0,70
50m: 32.83 32.83	150m: 1:53.27 41.49	250m: 3:22.83	47.88 350m: 4:49.70 39.50		
100m: 1:11.78 38.95	200m: 2:34.95 41.68	300m: 4:10.20	47.37 400m: 5:30.15 40.45		
3. John Pfaff	Zwemlust-den Hommel	6:46.84	196901475	6:38.78	+0,92
50m: 46.01 46.01	150m: 2:34.16 53.27	250m: 4:23.08	56.37 350m: 6:00.50 41.51		
100m: 1:40.89 54.88	200m: 3:26.71 52.55	300m: 5:18.99	55.91 400m: 6:38.78 38.28		

Masters 45+

1. Arco Wagenvoort	De Bevelanders	5:17.25	196500989	5:20.86	+0,45
50m: 31.70 31.70	150m: 1:52.04 41.88	250m: 3:18.83	44.91 350m: 4:43.51 38.73		
100m: 1:10.16 38.46	200m: 2:33.92 41.88	300m: 4:04.78	45.95 400m: 5:20.86 37.35		
2. Arnold de Rover	De Futen	5:22.86	196400645	5:26.54	+0,81
50m: 33.55 33.55	150m: 1:57.97 44.82	250m: 3:26.75	45.06 350m: 4:51.72 37.23		
100m: 1:13.15 39.60	200m: 2:41.69 43.72	300m: 4:14.49	47.74 400m: 5:26.54 34.82		
3. Eric Smits	Z&PC De Gouwe	6:19.74	196501453	6:29.65	+0,97
50m: 39.18 39.18	150m: 2:25.57 55.87	250m: 4:12.91	55.48 350m: 5:49.55 41.51		
100m: 1:29.70 50.52	200m: 3:17.43 51.86	300m: 5:08.04	55.13 400m: 6:29.65 40.10		
4. Jan Smalheer	SCOM	6:28.08	196400701	6:40.79	+1,23
50m: 42.42 42.42	150m: 2:23.96 52.45	250m: 4:14.99	58.20 350m: 5:57.51 43.74		
100m: 1:31.51 49.09	200m: 3:16.79 52.83	300m: 5:13.77	58.78 400m: 6:40.79 43.28		

Masters 50+

1. Hugo Bregman	WVZ	5:01.20	195800069	5:26.73	+0,91
50m: 33.33 33.33	150m: 1:54.14 42.13	250m: 3:24.67	49.26 350m: 4:51.25 37.23		
100m: 1:12.01 38.68	200m: 2:35.41 41.27	300m: 4:14.02	49.35 400m: 5:26.73 35.48		
2. Ronald Grove	Oceanus	5:35.59	196100161	5:38.56	+0,81
50m: 35.04 35.04	150m: 2:03.38 46.03	250m: 3:35.55	46.52 350m: 5:02.10 37.94		
100m: 1:17.35 42.31	200m: 2:49.03 45.65	300m: 4:24.16	48.61 400m: 5:38.56 36.46		
3. Arturas Tuomas	Takas	5:46.00	1961tuom	5:39.38	+0,94
<i>LTU Masters Record</i>					
50m: 36.88 36.88	150m: 2:02.61 44.98	250m: 3:34.99	48.89 350m: 5:02.04 38.49		
100m: 1:17.63 40.75	200m: 2:46.10 43.49	300m: 4:23.55	48.56 400m: 5:39.38 37.34		

Masters 55+

1. Paul Bunnik	Triton	6:18.48	195600413	6:24.70	+1,12
50m: 39.33 39.33	150m: 2:20.17 52.89	250m: 4:04.75	53.55 350m: 5:42.15 43.12		
100m: 1:27.28 47.95	200m: 3:11.20 51.03	300m: 4:59.03	54.28 400m: 6:24.70 42.55		

Masters 65+

1. Donald Uijtenbogaart	Het Y	5:59.69	194700107	6:12.28	+0,97
<i>Nederlands Masters Record</i>					
50m: 40.47 40.47	150m: 2:17.35 50.94	250m: 3:58.71	52.58 350m: 5:32.46 41.15		
100m: 1:26.41 45.94	200m: 3:06.13 48.78	300m: 4:51.31	52.60 400m: 6:12.28 39.82		

Masters 70+

1. Gustave Lempereur	CHAT	7:34.26	CHAT/099/42	7:36.49	+1,07
<i>BEL masters record</i>					
50m: 45.45 45.45	150m: 2:36.97 57.91	250m: 4:38.99	1:00.65 350m: 6:38.06 58.77		
100m: 1:39.06 53.61	200m: 3:38.34 1:01.37	300m: 5:39.29	1:00.30 400m: 7:36.49 58.43		

Programmanr. 42
29-01-2012 - 15:29

Dames, 400m wisselslag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Stephanie Rombout <i>Nederlands Masters Record</i>	De Zeeuwse Kust (SG)	5:08.52	198803696	5:12.16	+0,82
	50m: 31.25 31.25 100m: 1:07.43 36.18	150m: 1:47.95 40.52 200m: 2:28.50 40.55	250m: 3:12.14 300m: 3:57.63	43.64 350m: 4:34.25 45.49 400m: 5:12.16	36.62 37.91	
2.	Yvon Versteeg	De Veene	5:10.50	199201864	5:17.20	+0,65
	50m: 33.04 33.04 100m: 1:13.05 40.01	150m: 1:54.84 41.79 200m: 2:36.94 42.10	250m: 3:20.40 300m: 4:04.60	43.46 350m: 4:41.75 44.20 400m: 5:17.20	37.15 35.45	
3.	Josje van Houwelingen	De Schelde	5:27.25	199001606	5:21.57	+0,91
	50m: 32.82 32.82 100m: 1:11.56 38.74	150m: 1:51.62 40.06 200m: 2:32.52 40.90	250m: 3:19.80 300m: 4:07.15	47.28 350m: 4:44.58 47.35 400m: 5:21.57	37.43 36.99	
4.	Maaïke Vooren	DAW	5:43.22	199103324	5:36.02 *	+0,54
	50m: 35.41 35.41 100m: 1:17.55 42.14	150m: 2:02.01 44.46 200m: 2:46.07 44.06	250m: 3:33.47 300m: 4:21.38	47.40 350m: 4:59.51 47.91 400m: 5:36.02	38.13 36.51	
5.	Sunanda van Heteren	De Geul	5:59.82	198901728	5:58.42	+0,85
	50m: 37.95 37.95 100m: 1:27.16 49.21	150m: 2:14.37 47.21 200m: 2:58.50 44.13	250m: 3:49.08 300m: 4:38.74	50.58 350m: 5:20.05 49.66 400m: 5:58.42	41.31 38.37	
6.	Eline Nijskens	Koewacht	5:54.05	198803194	6:15.65	+0,94
	50m: 39.83 39.83 100m: 1:26.81 46.98	150m: 2:16.81 50.00 200m: 3:06.60 49.79	250m: 3:56.06 300m: 4:46.73	49.46 350m: 5:31.51 50.67 400m: 6:15.65	44.78 44.14	
7.	Whitley Rens	De Schotejil	6:06.84	199007520	6:27.09	+0,86
	50m: 39.59 39.59 100m: 1:29.49 49.90	150m: 2:18.91 49.42 200m: 3:06.58 47.67	250m: 4:02.51 300m: 4:59.97	55.93 350m: 5:43.99 57.46 400m: 6:27.09	44.02 43.10	
Masters 25+						
1.	Nadya Putter	ZVVS	5:20.20	198301630	5:29.63	+0,88
	50m: 34.28 34.28 100m: 1:12.03 37.75	150m: 1:54.47 42.44 200m: 2:36.53 42.06	250m: 3:24.54 300m: 4:14.69	48.01 350m: 4:52.55 50.15 400m: 5:29.63	37.86 37.08	
2.	Esther Versteeg	Van Vliet-Barracuda	5:48.26	198302112	5:42.94	+0,93
	50m: 34.92 34.92 100m: 1:15.85 40.93	150m: 2:01.55 45.70 200m: 2:46.11 44.56	250m: 3:34.91 300m: 4:24.30	48.80 350m: 5:04.66 49.39 400m: 5:42.94	40.36 38.28	
3.	Linda Hoogendam	D'Eift WAVE (SG)	5:55.73	198300892	6:02.39	+0,79
	50m: 37.48 37.48 100m: 1:24.67 47.19	150m: 2:10.22 45.55 200m: 2:54.02 43.80	250m: 3:49.94 300m: 4:46.26	55.92 350m: 5:25.18 56.32 400m: 6:02.39	38.92 37.21	
4.	Liset de Veer	Aqua-Novio 94	6:32.27	198704190	6:04.08	+0,66
	50m: 38.14 38.14 100m: 1:24.04 45.90	150m: 2:09.75 45.71 200m: 2:55.30 45.55	250m: 3:48.02 300m: 4:41.23	52.72 350m: 5:23.13 53.21 400m: 6:04.08	41.90 40.95	
5.	Maaïke van Diggele	ZPB H&L Productions	6:07.28	198700868	6:28.29	+0,49
	50m: 36.80 36.80 100m: 1:24.25 47.45	150m: 2:13.16 48.91 200m: 3:00.94 47.78	250m: 3:56.18 300m: 4:53.16	55.24 350m: 5:40.64 56.98 400m: 6:28.29	47.48 47.65	
6.	Margriet Aan het Rot	Octopus	6:32.04	198603088	6:34.86	+0,98
	50m: 41.37 41.37 100m: 1:31.79 50.42	150m: 2:21.42 49.63 200m: 3:13.69 52.27	250m: 4:06.65 300m: 5:01.15	52.96 350m: 5:48.29 54.50 400m: 6:34.86	47.14 46.57	
Masters 30+						
1.	Roos van Esch	TRB-RES	5:38.02	198200468	5:38.94	+0,89
	50m: 35.58 35.58 100m: 1:15.75 40.17	150m: 1:58.38 42.63 200m: 2:40.19 41.81	250m: 3:32.05 300m: 4:21.82	51.86 350m: 5:00.69 49.77 400m: 5:38.94	38.87 38.25	
2.	Yvonne Gerritsen	WVZ	5:49.61	198000342	6:09.42 *	+0,52
	50m: 38.68 38.68 100m: 1:27.38 48.70	150m: 2:16.27 48.89 200m: 3:07.24 50.97	250m: 3:56.54 300m: 4:47.49	49.30 350m: 5:28.64 50.95 400m: 6:09.42	41.15 40.78	
3.	Kristel Lips	ZV De Bron	6:15.85	197900562	6:12.07	+0,95
	50m: 39.37 39.37 100m: 1:26.06 46.69	150m: 2:15.20 49.14 200m: 3:03.00 47.80	250m: 3:55.00 300m: 4:47.04	52.00 350m: 5:29.92 52.04 400m: 6:12.07	42.88 42.15	
DIS	Joana Carneiro	D'Eift WAVE (SG)	5:44.11	198202256	5:48.38 RG-0,88	
	50m: 35.21 35.21 100m: 1:14.73 39.52	150m: 2:00.67 45.94 200m: 2:47.04 46.37	250m: 3:36.96 300m: 4:26.43	49.92 350m: 5:07.83 49.47 400m: 5:48.38	41.40 40.55	

Programmanr. 42, Dames, 400m wisselslag

Masters 35+

1. Liselotte Joling	PSV	5:46.74	197500268	5:49.62	+0,67
50m: 39.27 39.27	150m: 2:08.91 44.43	250m: 3:40.71	46.94 350m: 5:11.10	41.47	
100m: 1:24.48 45.21	200m: 2:53.77 44.86	300m: 4:29.63	48.92 400m: 5:49.62	38.52	
2. Clementine van Bruxvoort	ZPB H&L Productions	7:29.28	197700138	7:43.37	+0,99
50m: 47.81 47.81	150m: 2:45.40 56.97	250m: 4:52.40	1:10.39 350m: 6:54.31	51.35	
100m: 1:48.43 1:00.62	200m: 3:42.01 56.61	300m: 6:02.96	1:10.56 400m: 7:43.37	49.06	

Masters 45+

1. Karin van den Heuvel	Old Dutch	6:29.04	196600188	6:26.85	+1,01
<i>Kampioenschaps Record</i>	150m: 2:23.89 54.02	250m: 4:07.03	50.36 350m: 5:43.84	44.88	
50m: 42.23 42.23	200m: 3:16.67 52.78	300m: 4:58.96	51.93 400m: 6:26.85	43.01	
100m: 1:29.87 47.64					
2. Hetty Smalheer	SCOM	6:44.32	196700352	6:52.24	+1,06
50m: 45.26 45.26	150m: 2:31.58 52.64	250m: 4:22.32	58.47 350m: 6:08.32	46.18	
100m: 1:38.94 53.68	200m: 3:23.85 52.27	300m: 5:22.14	59.82 400m: 6:52.24	43.92	

Masters 50+

1. Patty Verhagen	AquAmigos	6:21.21	195900146	6:24.50	+0,96
50m: 41.37 41.37	150m: 2:20.03 49.40	250m: 4:06.60	57.49 350m: 5:43.36	41.15	
100m: 1:30.63 49.26	200m: 3:09.11 49.08	300m: 5:02.21	55.61 400m: 6:24.50	41.14	
2. Nadine Vicenzi	CNSW	6:39.02	CNSW/451/61	6:54.14	+0,96
<i>BEL Masters Record</i>	150m: 2:31.70 51.62	250m: 4:22.94	57.30 350m: 6:07.79	48.80	
50m: 46.45 46.45	200m: 3:25.64 53.94	300m: 5:18.99	56.05 400m: 6:54.14	46.35	
100m: 1:40.08 53.63					
DIS Mathilde Vink	Swol 1894	6:24.25	195800128		AF
50m:	150m:	250m:	350m:		
100m:	200m:	300m:	400m:		

Masters 60+

1. Gonnje Bak	PSV	8:17.81	195100064	8:10.49	+0,98
50m: 1:00.03 1:00.03	150m: 3:14.35 1:09.23	250m: 5:18.69	1:01.76 350m: 7:16.41	56.83	
100m: 2:05.12 1:05.09	200m: 4:16.93 1:02.58	300m: 6:19.58	1:00.89 400m: 8:10.49	54.08	
2. Antoinette Gilding-Tussaud	WS Twente	8:10.47	195000038	8:21.82	+1,11
50m: 59.07 59.07	150m: 3:07.18 57.14	250m: 5:19.63	1:15.06 350m: 7:27.60	56.40	
100m: 2:10.04 1:10.97	200m: 4:04.57 57.39	300m: 6:31.20	1:11.57 400m: 8:21.82	54.22	

Masters 65+

1. Matty van der Veen	Old Dutch	8:13.74	194400020	8:34.28	+1,16
50m: 1:00.37 1:00.37	150m: 3:22.00 1:11.70	250m: 5:35.98	1:04.99 350m: 7:38.59	55.58	
100m: 2:10.30 1:09.93	200m: 4:30.99 1:08.99	300m: 6:43.01	1:07.03 400m: 8:34.28	55.69	

Masters 75+

1. Annie de Vos	Old Dutch	10:46.66	193400004	10:54.34	
50m: 1:32.54 1:32.54	150m: 4:37.80 1:12.74	250m: 7:14.86	1:26.40 350m: 9:48.74	1:06.43	
100m: 3:25.06 1:52.52	200m: 5:48.46 1:10.66	300m: 8:42.31	1:27.45 400m: 10:54.34	1:05.60	

Programmanr. 43
29-01-2012 - 16:02

Heren, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Mark Costeris <i>Kampioenschaps Record</i>	De Schotejil	23.67	199202327	23.29	+0,80
2.	Toby Aarnoutse	De Bevelanders	23.01	198900007	23.56	+0,88
3.	Jos de Graaf	PSV	24.64	199106095	24.69	+0,77
4.	Roderick van Doeselaar	De Rijn	24.90	199200261	24.94	+0,76
5.	Jeroen Custers	Kimbria	25.50	199106319	25.19	+0,72
6.	Martijn van Hoorn	De Schotejil	25.73	198901343	25.84	+0,83
7.	Jelte Schuurmans	Tritium (SG)	24.97	199104841	26.03	+0,81
8.	Joppe Schuurmans	Tritium (SG)	25.57	198905447	26.20	+0,78
9.	Erik van der Heide	Zuiderzeewimmers	25.34	198801337	26.33	+0,94
10.	Mark van Damme	't Tolhekke	27.16	199100435	26.95	+0,77
11.	Boy Heijnekamp	LZ 1886	25.70	198901161	27.03	+0,85
12.	Dennis van Oosterhout	SBC2000	26.60	198902337	27.12	+0,80
13.	Nicolas Degalan	CNBA	27.36	CNBA/777/89	27.20	+0,74
14.	Roel van Beek	Montferland	27.11	198905861	27.84	+0,77
15.	Glenn Mijnders	De Schotejil	27.14	199204569	27.94	+0,71
16.	Wessel Everloo	De Veene	27.91	198906597	28.82	+0,85
17.	Berné Beute	't Tolhekke	27.92	199100135	29.72	+0,98
18.	Jeroen de Putter	De Schelde	30.75	199204149	31.46	+0,76
NG	Bas Berndes	Tritium (SG)	25.82	198900217		
Masters 25+						
1.	Roel Dellaert	De Bruinvis	25.27	198400447	25.47	+0,86
2.	Mike Hereijgers	De Futen	25.96	198501007	25.87	+0,81
3.	Ronald Vullings	Tritium (SG)	25.29	198703655	25.97	+0,91
4.	Rick Driezen	Steenwijk 1934	25.81	198600713	26.33	+0,94
5.	Ferry Blange	ZOB'66	29.27	198300185	27.25	+0,90
6.	Mark Effing	Tritium (SG)	26.69	198600761	27.54	+0,80
7.	Ruben de Koster	Scheldestroom	27.46	198601713	28.41	+0,98
8.	Tommy Uilenberg	Den Doorn	28.19	198603135	28.51	+0,83
9.	Erik van der Zeijden	RZ	28.78	198604569	28.79	+0,82
10.	Lars Erik Beute	't Tolhekke	29.23	198600227	29.07	+1,00
Masters 30+						
1.	Nol van Thull	ZOB'66	24.75	198001513	24.99	+0,90
2.	Stan Dekker	PLONS	26.19	197901823	26.52	+0,87
3.	Kars Luttk	DAW	26.77	197800675	26.64	+0,86
4.	Frits Delicaat	DAW	28.18	197901629	27.42	+0,88
5.	Martijn Eggermont	Scheldestroom	27.51	198200395	27.74	+0,94
6.	Gino Martijn	RZ	28.36	197901865	28.51	+0,82
7.	Remco Veerkamp	Zuiderzeewimmers	34.67	198102311	34.08	+0,96
Masters 35+						
1.	Ivo Roozeboom	WVZ	26.02	197700801	25.75	+0,47
2.	Jaap Bovendorp	De Zeeuwse Kust (SG)	27.38	197601333	27.47	+0,88
3.	Edwin Kooren	De Vikings	29.75	197501277	27.49	+0,86
4.	Erwin Zuidervelt	De Futen	27.16	197501015	27.92	+0,88
5.	Markus van Rest	Zoetermeer	28.26	197701197	28.10	+0,90
6.	Olivier Kalek	CNBA	28.99	CNBA/000/75	28.18	+0,76
7.	Michel Ophuis	WS Twente	29.02	197301355	28.85	+0,91
8.	Peter Lutjes	Stadskanaal	28.43	197601471	29.36	+0,87

Programmanr. 43, Heren, 50m vrije slag

Masters 40+

1.	Harry Cornet	De Biesboschzweimmers	25.42	197100175	25.47	+0,76
2.	Rytas Matuliasukas	Takas	25.96	1968matu	25.70	+0,93
3.	Richard Ricksen	HGN (SG)	26.06	197000841	26.24	+0,88
4.	Arvydas Burinskas	Takas	28.78	1969buri	28.77	+0,95
5.	Nico Swart	Den Doorn	28.88	196801475	28.93	+0,93
6.	Tiemen Stegenga	HZ&PC Heerenveen	29.36	197101379	29.12	+0,83
7.	David Blom	AZ&PC	31.54	197001577	29.50	
8.	Marco de Bat	De Schelde	29.07	197101467	29.59	+0,86
9.	Mario Cuelenaere	De Zeeuwse Kust (SG)	29.39	196901569	29.60	+0,46
10.	Marcel Brittijn	De Duinkickers	29.22	196900159	30.07	+0,73
11.	Wouter van der Stelt	Den Doorn	29.10	197200889	30.12	+0,79
12.	Alex Hagedoorn	Stadskanaal	31.40	197100319	31.06	+0,95
13.	Dennis van Markesteijn	TZC-Vahalis	30.08	197201333	31.41	+1,01
14.	Marco Pijpelink	De Schelde	41.21	196901635	41.98	+1,07
AFGEM	Marcel van Winssen	De Gelenberg	25.86	197101477		

Masters 45+

1.	Cees van Houwelingen	De Schelde	25.20	196300351	25.19	+0,98
	<i>Kampioenschaps Record</i>					
2.	Igor Penchukov	Sprut	27.45	102154	27.38	+0,90
3.	Erik Saan	De Duck	28.14	196500769	27.81	+1,01
4.	John Stokx	DAW	29.26	196401341	28.34	+0,83
5.	Maarten de Pooter	De Schelde	28.40	196600615	28.56	+0,86
6.	Pieter-Sjoerd de Wijn	Aqua-Novio'94	29.80	196501027	30.03	+0,83
7.	Harald Mulder	Zoetermeer	30.13	196701459	30.66	+0,88
8.	Casper Dollekamp	Steenwijk 1934	30.36	196301341	31.07	+0,89
9.	Arno Loof	De Schelde	33.50	196301265	34.36	+0,65
10.	William Lueb	PSV	39.49	196701579	39.06	+0,87

Masters 50+

1.	Dmitry Kromskiy	Poseidon	26.38	037011	26.32	+0,93
2.	Marten de Groot	HZ&PC Heerenveen	28.06	195800149	26.47	+0,63
3.	Klaas van Mierlo	PSV	31.11	196100939	30.47	+0,76
4.	Jack Barends	WS Twente	31.16	196201011	30.55	+0,99
5.	John Dam	Zignea	31.92	196000915	32.08	+0,98
6.	Arie van Damme	't Tolhekke	35.88	196101029	35.21	+0,88
7.	Jan Boonman	De Bevelanders	34.70	196100801	35.65	+0,98
DIS	Lionel Godeaux	CNSW	25.18	CNSW/014/60		

Masters 55+

1.	Evertjan Masurel	PSV	30.94	195600495	31.25	+0,94
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Masters 60+

1.	Piet Schop	De Bevelanders	31.64	195000109	31.29	+0,74
2.	Rob Berkhof	Swol 1894	33.75	195200245	33.81	+1,00
3.	Jan van der Heide	HZ&PC Heerenveen	36.16	195100059	37.39	+1,11

Masters 65+

1.	Jaap Kwakkel	DAW	31.17	194700157	31.78	+0,92
2.	Joop van Eijk	PLONS	32.58	194700025	33.96	+0,91
3.	Ruud Sloof	De Rijn	34.57	194400073	35.15	+0,99
4.	Frans van der Walle	Old Dutch	44.28	194300089	45.57	+1,22

Programmanr. 43, Heren, 50m vrije slag

Masters 70+

1.	Frans van Enst	WS Twente	32.16	194000011	32.62	+1,00
2.	Nico Geers	Z&PC De Gouwe	32.08	193800007	33.36	+0,58
3.	Pavelas Bezzubovas	Takas	35.21	1939bezz	36.05	+1,11

Masters 75+

1.	Taco van Blommestein	Aquapoldro	52.83	193300007	53.96	+1,20
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Programmanr. 44
29-01-2012 - 16:16

Dames, 50m vrije slag

Masters Open
Resultaten

rang	naam	vereniging	inschrijftijd	startnr.	tijd	RT
Masters 20+						
1.	Loes van Ooijen	De Rijn	27.17	199205180	27.89	+0,91
2.	Danielle Scheepers	Njord	28.84	199005428	28.37	+0,80
3.	Isabelle Massar	WVZ	28.92	199102034	28.43	+0,83
4.	Desirée Emmen	De Warande	28.33	199204862	28.50	+0,75
5.	Nanda de Vries	HZ&PC Heerenveen	27.97	199204328	28.74	+0,82
6.	Cindy Hendriks	Hydrofiel	28.78	199207672	29.04	+0,84
7.	Ilse van den Wijngaard	One Team Swimming	29.16	198904736	29.45	+0,76
8.	Cynthia Grootenboer	SBC2000	29.09	198901462	29.49	+0,91
9.	Merel Siroen	Tritium (SG)	28.70	198804006	29.63	+0,87
10.	Lisanne Andeweg	Zuiderzeezwemmers	29.72	198800092	29.67	+0,64
	Laura Oosterbroek	De Rijn	30.31	198803264	29.67	+0,77
12.	Kim Wijnja	De Biesboschzwemmers	29.54	199107812	30.01	+0,76
13.	Wendy de Bruin	ZOB'66	29.57	199206320	30.06	+0,79
14.	Chantal Willems	Tritium (SG)	29.00	199105482	30.25	+0,91
15.	Sanne Groenen	AZ&PC	30.57	199007412	31.16	+0,58
16.	Samantha van Eijk	De Geul	31.71	198806826	31.17	+0,80
17.	Juliska Peijnenburg	De Dommelbaarden	30.41	199002892	31.23	+0,81
18.	René Kleinveld	One Team Swimming	31.81	199001966	32.49	+0,85
19.	Wieteke Jansen	Montferland	32.36	199001750	32.86	+1,01
20.	Charlotte Geers	Montferland	33.49	199200572	32.91	+0,51
21.	Lisette Littooy	Den Doorn	33.12	198806084	33.05	+0,86
22.	Elodie Siroen	Tritium (SG)	31.36	199003414	33.20	+0,76
23.	Tessa Verheijdt	WVZ	32.95	198904290	33.70	+0,86
24.	Eline Schoenmaker	De Duinkickers	33.26	199003322	33.82	+0,79
25.	Liesbeth Bruinekool	Zuiderzeezwemmers	48.27	199007958	50.84	+0,75
DIS	Sabina van Doeselaar	Koewacht	32.69	198900962		AA
NG	Kitty Schiphorst Preuper	SBC2000	28.92	199102752		

Masters 25+

1.	Annelette de Vries	De Veene	28.41	198603908	28.27	+0,84
2.	Marijke Monsma	DWK	28.22	198502100	28.71	+0,81
3.	Sandra Zwaanswijk	DAW	28.29	198503934	28.79	+0,75
4.	Marlinda Eggermont	Scheldestroom	28.74	198500804	29.08	+0,84
5.	Carly Noordermeer	ZOB'66	29.58	198702984	29.91	+0,72
6.	Marije Jansen	Montferland	30.06	198504088	29.94	+0,92
7.	Sandra Pannekeet	DAW	33.32	198403458	30.18	+0,78
8.	Roos Lemmen	Eurode KZC	29.54	198403078	30.20	+0,90
9.	Emmy Soer	WS Twente	30.45	198503618	30.41	+0,93
10.	Channe Noort	DAW	31.54	198605032	31.63	+0,79
11.	Veronique Vasseur	Scheldestroom	35.13	198302026	33.63	+0,84
12.	Chantal Kranenburg	DAW	32.83	198604528	33.87	+0,92
13.	Angela Giezen	Montferland	33.70	198302796	35.04	+0,62
14.	Mandy Erkelens	Den Doorn	36.51	198705726	36.07	+0,94
15.	Marjolein van der Sanden	Tritium (SG)	34.46	198402136	36.13	+0,82

Programmanr. 44, Dames, 50m vrije slag

Masters 30+

1.	Marouschka Rijnhout	De Schelde	32.09	197801248	31.31	+0,83
2.	Evelyn Verplanke	Scheldestroom	33.41	198101570	32.18	+0,90
3.	Inge Otter	De Bevelanders	33.52	197801242	32.35	+0,96
4.	Babette Rens	Dedemsvaart-AC	34.13	197801200	34.09	+0,79

Masters 35+

1.	Janneke Harmsen <i>Nederlands Masters Record</i>	De Spatters	27.78	197700938	27.83	+0,82
2.	Elena Babikova	Sprut	28.09	018010	28.04	+0,94
3.	Inez Heideman	WS Twente	29.32	197500198	28.95	+0,86
4.	Marian Nederlof	DWF	31.54	197600950	31.97	+0,91
5.	Renata van Essen	Zuiderzeezwemmers	34.08	197300740	32.15	+0,83
6.	Petra Verstegen	WVZ	31.70	197700906	32.59	+0,87
7.	Kim Brokelman	WS Twente	34.34	197500788	34.94	+0,92
8.	Ausra Patasiene	Takas	38.56	1977pata	37.08	+1,18
9.	Monique Goedegebuur	De Schelde	40.11	197500888	39.48	+0,88

Masters 40+

1.	Alexandra de Jong	HPC	31.19	196900926	29.70	+0,66
2.	Anja Reinhard	PLONS	32.91	197000818	32.20	+0,82
3.	Chita van der Goorbergh	Zoetermeer	31.66	196800762	32.21	+0,92
4.	Marion Broekhuis	WS Twente	33.45	196800060	33.21	+0,93
5.	Claudia Sutin	De Schelde	38.69	197200908	38.94	+0,86
6.	Patricia van Hoorn	De Schelde	44.61	197200918	43.83	+0,80

Masters 45+

1.	Yvonne van Slagmaat-van den Hurk	GoSwim	31.60	196400556	30.26	+0,87
2.	Annette Wijnja-Visser	De Biesboschzwemmers	30.27	196700528	31.01	+0,80
3.	Yvette Kilian	Zoetermeer	32.68	196600534	33.39	+0,95
4.	Wilna Heijman	't Tolhekke	33.29	196400506	34.03	+0,52
5.	Friderika Kerekes	AZ&PC	34.22	196500540	34.31	+0,78
6.	Miranda Keijl	Zignea	40.38	196500588	35.49	+1,02
7.	Ingeborg Stokx	DAW	39.07	196700666	37.08	+0,98
8.	Haya Mellema	Aquapoldro	44.98	196600482	45.46	
9.	Riekie Schra	Steenwijk 1934	51.49	196400404	49.71	

Masters 50+

1.	Marijke Kraak	WS Twente	32.75	196000240	32.88	+1,00
2.	Marijke van Hoek	De Zeeuwse Kust (SG)	33.16	195800050	33.97	+0,80
3.	Geke Talsma-Prent	Steenwijk 1934	33.78	195800228	33.98	+0,91
4.	Janny van Eijk	ZV De Bron	33.26	195800022	34.03	+0,95
5.	Pia van der Molen	HZ&PC Heerenveen	33.83	196000116	35.33	+0,81
6.	Gonnie Paas	ZVVS	38.54	196200418	37.19	+0,99
7.	Inge Wolfs	PLONS	35.80	196000304	41.29	+0,92
8.	Jeanine Faes	De Zeeuwse Kust (SG)	43.12	196200142	42.03	+0,97

Masters 55+

1.	Patty Krupiarz	PSV	36.96	195400074	36.23	+0,82
2.	Carolien Maas	Zoetermeer	37.28	195700130	37.79	+1,06
3.	Elly Kiestra-Broertjes	Zignea	37.88	195600100	37.94	+0,96

Masters 60+

1.	Christien Nieuwenhuis	Swol 1894	31.85	195100022	32.40	+0,92
2.	Geerdien Meerwaldt	Van Vliet-Barracuda	52.75	195200058	50.25	+1,20

Programmanr. 44, Dames, 50m vrije slag

Masters 65+

1. Annie Smits	PSV	41.17	194600016	42.53	+1,07
2. Nelly Jansen	Old Dutch	1:10.90	194600020	1:18.94	+1,04

Masters 70+

1. Truus Ruiter	Old Dutch	50.07	194000004	50.88	+0,89
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Masters 75+

1. Lottie Geurts	PSV	38.35	193500006	39.40	+1,13
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Masters 80+

1. Anneke Logtenberg	OZ&PC	57.66	192900004	1:01.00	+1,01
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Programmanr. 45
29-01-2012 - 16:30

Heren, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd	tijd	RT	50m	100m
Masters 20+						
1. Dennis Wijbenga	Stadskanaal	1:06.48 199003283	1:08.64	+0,87	32.56	1:08.64
2. Emile Manni	Octopus	1:09.44 199001901	1:08.72	+0,64	31.78	1:08.72
3. Jurrien Hartman	ZVVS	1:09.67 198801297	1:09.34	+0,79	32.06	1:09.34
4. Joost Rijntjes	LZ 1886	1:10.75 199101899	1:10.53	+0,82	33.19	1:10.53
5. Lars Duijnhouwer	Den Doorn	1:10.28 199107161	1:10.77	+0,58	32.46	1:10.77
6. Marcel Noordermeer	ZOB'66	1:08.71 199003455	1:11.01	+0,69	34.32	1:11.01
7. Mark van Damme	't Tolhekke	1:13.53 199100435	1:12.36	+0,75	34.26	1:12.36
8. Alex Eversdijk	De Bruinvis	1:09.38 199000847	1:12.52	+0,84	33.93	1:12.52
9. Sander Boidin	Scheldeestroom	1:13.06 199200111	1:13.33	+0,49	34.31	1:13.33
10. Maik Steenkamp	NDD	1:12.75 199103847	1:13.82	+0,78	34.74	1:13.82
11. Tim Bunnik	Triton	1:14.58 199000505	1:15.23	+0,89	35.53	1:15.23
12. Rens Post	WVZ	1:20.95 199101827	1:17.43	+0,80	35.91	1:17.43
13. Davy Hermans	Scheldeestroom	1:20.95 199103913	1:20.03	+0,86	37.35	1:20.03
DIS Glenn Mijnders	De Schotejil	1:22.94 199204569	1:29.38	SA+0,87	40.87	1:29.38
Masters 25+						
1. Kristiaan Lenos	LZ 1886	1:08.89 198301331	1:09.75	+0,91	32.74	1:09.75
2. Albert van Piekeren	Octopus	1:10.62 198401767	1:09.88	+0,89	32.61	1:09.88
3. Remko Hooft	De Duinkickers	1:10.07 198701405	1:11.85	+0,75	33.73	1:11.85
4. Ralf van der Poel	LZ 1886	1:10.50 198401783	1:12.63	+0,86	34.24	1:12.63
5. Stefan van der Griff	Octopus	1:12.84 198701121	1:13.99	+0,87	34.44	1:13.99
6. Dennis Klop	De Biesboschzwemmers	1:19.07 198302643	1:18.95	+0,75	37.14	1:18.95
7. Harmen Reemst	ZOB'66	1:20.46 198702715	1:21.02	+0,82	37.18	1:21.02
8. Lars Erik Beute	't Tolhekke	1:28.78 198600227	1:26.81	+1,00	40.37	1:26.81
Masters 30+						
1. Evgeny Ryzhov	All Stars	1:09.90 102628	1:05.96	+0,79	30.55	1:05.96
2. Simon van Ravensteijn	Zoetermeer	1:11.32 198002263	1:09.28	+0,90	32.85	1:09.28
3. Ron Langelaan	DAW	1:09.44 197800643	1:11.15	+0,90	33.65	1:11.15
4. Freddie Geerlings	HGN (SG)	1:10.15 197900379	1:11.75	+0,86	33.10	1:11.75
5. Frits Delicaat	DAW	1:23.77 197901629	1:20.42	+0,89	36.90	1:20.42

Programmanr. 45, Heren, 100m schoolslag

Masters 35+

1. Jiri Geers	AZK	1:07.05	AZK/011/74	1:08.66	+0,78	32.39	1:08.66
2. Dennis Schouten	LZ 1886	1:16.80	197501351	1:14.31	+0,78	34.97	1:14.31
3. André Koster	De Futen	1:16.12	197601465	1:15.08	+0,88	35.04	1:15.08
4. Michel Ophuis	WS Twente	1:19.88	197301355	1:18.60	+0,84	36.34	1:18.60
5. Olivier Kalek	CNBA	1:22.97	CNBA/000/75	1:23.29	+0,89	37.89	1:23.29

Masters 40+

1. Harry Cornet	De Biesboschzweimmers	1:10.00	197100175	1:09.09	+0,77	32.05	1:09.09
2. Harold Matla	PSV	1:12.28	196800591	1:13.39	+0,94	34.84	1:13.39
3. Heiner Stevens	Zignea	1:17.94	197201299	1:19.40	+0,91	37.44	1:19.40
4. Hans Schoenmakers	DAW	1:21.45	196900863	1:19.58	+0,88	37.05	1:19.58
5. Erik de Bruijne	De Schelde	1:23.85	197201417	1:22.05	+0,78	39.13	1:22.05
6. Arjan Dekker	Koewacht	1:25.81	196900225	1:28.14	+0,63	40.72	1:28.14
7. Marcel Brittijn	De Duinkickers	1:32.52	196900159	1:32.03	+0,80	44.15	1:32.03
8. Arnold Jonker	HZ&PC Heerenveen	1:39.54	197000529	1:39.98	+0,94	46.31	1:39.98

Masters 45+

1. Cees van Houwelingen	De Schelde	1:10.85	196300351	1:11.50	+0,88	33.34	1:11.50
2. Arco Wagenvoort	De Bevelanders	1:13.46	196500989	1:14.29	+0,77	34.53	1:14.29
3. Roeland van der Heijden	PSV	1:17.09	196701389	1:16.80	+0,87	35.22	1:16.80
4. Marcel van Lochem	Zoetermeer	1:19.28	196500581	1:21.43	+0,88	37.58	1:21.43
5. Carlo van Zwol	ZV De Bron	1:23.00	196400881	1:21.56	+0,88	38.52	1:21.56
6. Huyb Stegeman	Steenwijk 1934	1:25.94	196701535	1:25.66	+0,59	39.27	1:25.66

Masters 50+

1. Ralph Caster	RZ	1:17.38	196100069	1:16.59	+0,89	35.80	1:16.59
2. Ronald Grove	Oceanus	1:17.77	196100161	1:19.14	+0,75	36.45	1:19.14
3. Arlandas Juodeska	Takas	1:25.34	1961juod	1:22.28	+0,88	38.64	1:22.28
4. Jan Vlasblom	PLONS	1:20.56	196100823	1:22.38	+0,87	39.13	1:22.38
5. Bart van Calker	WS Twente	1:29.28	196100067	1:28.50	+0,72	42.56	1:28.50
6. Harry Paas	ZVVS	1:36.77	195800689	1:34.69	+0,96	42.83	1:34.69
7. Jan Boonman	De Bevelanders	1:31.44	196100801	1:35.04	+1,00	44.93	1:35.04
8. Jan Willem Heuten	WS Twente	1:38.21	196000883	1:35.18	+1,04	46.42	1:35.18
9. Arie van Damme	't Tolhekke	1:35.85	196101029	1:35.46	+0,89	45.88	1:35.46
10. John Dam	Zignea	1:37.77	196000915	1:39.18	+1,08	46.69	1:39.18
11. Herbert Katgert	WS Twente	1:40.98	195900739	1:40.21	+1,21	46.87	1:40.21

Masters 55+

1. Paul Bunnik	Triton	1:27.49	195600413	1:27.16	+1,04	41.96	1:27.16
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Masters 60+

1. Jan van der Heide	HZ&PC Heerenveen	1:42.26	195100059	1:43.06	+1,22	48.29	1:43.06
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Masters 65+

1. Rob Hanou	PSV	1:29.13	194300109	1:31.47	+1,06	42.98	1:31.47
2. Jaap Kwakkel	DAW	1:34.75	194700157	1:37.87	+0,97	45.23	1:37.87
3. Ruud Sloof	De Rijn	1:36.76	194400073	1:38.35	+1,06	48.25	1:38.35

Masters 70+

1. Nico Baay	Old Dutch	1:37.59	194200053	1:35.45	+0,87	45.07	1:35.45
<i>Kampioenschaps Record</i>							
2. Wieger Mensonides	NZ&PC	1:37.97	193800035	1:35.83	+0,94	47.11	1:35.83

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Masters 75+

1. Jan Eichhorn	ZV Haerlem	1:48.32	193700015	1:52.12	+1,75	53.88	1:52.12
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Masters 80+

1. Georges Verhelst	KRZ	1:58.65	RZV/160/31	2:00.36	+1,19	55.27	2:00.36
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29-01-2012 - 16:49

Dames, 100m schoolslag

Masters Open
Resultaten

rang naam	vereniging	inschrijftijd		tijd	RT	50m	100m
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Masters 20+

1. Esther van Maastrigt	Montferland	1:20.14	198802836	1:20.63	+0,87	37.69	1:20.63
2. Monique Pronk	WVZ	1:21.82	198803528	1:21.08	+0,83	37.94	1:21.08
3. Lisanne Andeweg	Zuiderzeezwemmers	1:21.89	198800092	1:21.36	+0,66	38.44	1:21.36
4. Isabelle Massar	WVZ	1:21.28	199102034	1:21.58	+0,82	37.92	1:21.58
5. Tonny Methorst	De Biesboschzwemmers	1:21.90	198802998	1:21.92	+0,84	38.59	1:21.92
6. Nicky Vanhijfte	Scheldestroom	1:26.22	199201806	1:27.59	+0,88	41.00	1:27.59
7. Sanne Groenen	AZ&PC	1:24.73	199007412	1:27.61	+0,91	41.78	1:27.61
8. Leonie Versteeg	De Veene	1:26.00	199003962	1:28.36	+0,90	41.23	1:28.36
9. Eline Nijskens	Koewacht	1:24.36	198803194	1:29.62	+0,98	43.38	1:29.62
10. Anne Volwerk	De Schotejil	1:31.04	199004032	1:31.48	+0,88	43.70	1:31.48
11. Ilona Neels	De Schelde	1:31.62	198803150	1:32.15	+0,88	42.52	1:32.15
12. Fleur Maas	Zoetermeer	1:32.16	198902768	1:32.72	+0,96	43.86	1:32.72
13. Tessa Verheijdt	WVZ	1:34.03	198904290	1:35.46	+0,85	44.78	1:35.46

Masters 25+

1. Marijke Monsma	DWK	1:16.40	198502100	1:19.05	+0,86	36.73	1:19.05
2. Carly Noordermeer	ZOB'66	1:25.55	198702984	1:24.36	+0,75	39.31	1:24.36
3. Sabine Wieland	De Schelde	1:33.59	198604050	1:33.12	+0,99	44.27	1:33.12
4. Angela Giezen	Montferland	1:40.97	198302796	1:37.80	+0,58	46.11	1:37.80
5. Dorien Vasseur	Scheldestroom	1:37.93	198704164	1:40.33	+1,11	47.53	1:40.33

Masters 30+

1. Laura Badoux	DAW	1:14.75	198200038	1:15.91	+0,70	35.35	1:15.91
<i>Nederlands Masters Record</i>							
2. Angelique Boersma	De Vikings	1:21.98	198001586	1:26.68	+0,88	41.78	1:26.68
3. Yvonne Gerritsen	WVZ	1:21.49	198000342	1:28.80 *	+0,95	40.92	1:28.80
<i>50m*</i>							
4. Kristel Lips	ZV De Bron	1:28.26	197900562	1:29.46	+0,97	42.06	1:29.46
5. Anneke Veenstra	't Tolhekke	1:29.90	197900882	1:32.62	+0,92	43.71	1:32.62
6. Martine Varwijk	Montferland	2:02.78	198202392	2:04.46	+1,22	57.11	2:04.46

Masters 35+

1. Ryan Verplanke	Scheldestroom	1:19.26	197700696	1:22.40	+0,81	38.44	1:22.40
2. Bianca Hertogh - Buijsse	Scheldestroom	1:40.08	197400910	1:40.23	+0,94	46.78	1:40.23

Masters 40+

1. Karin Stein	ZVVS	1:19.48	197100554	1:19.90	+0,83	37.96	1:19.90
<i>Nederlands Masters Record</i>							
2. Trudie van Niejenhuis	TZC-Vahalis	1:28.61	197100444	1:27.65	+0,84	40.83	1:27.65
3. Mengsanne Heijnen	Zignea	1:36.00	197100878	1:34.73	+0,83	44.57	1:34.73

Programmanr. 46, Dames, 100m schoolslag

Masters 45+

1. Annette Wijnja-Visser	De Biesboschzweimmers	1:21.91	196700528	1:25.21	+0,84	39.97	1:25.21
2. Monique Gerritsen	WS Twente	1:33.31	196500188	1:31.99	+0,84	42.87	1:31.99
3. Hanny Rotteveel	Zignea	1:32.77	196600538	1:35.36	+1,11	45.49	1:35.36
4. Friderika Kerekes	AZ&PC	1:35.78	196500540	1:36.76	+0,91	45.92	1:36.76
5. Yvette Kilian	Zoetermeer	1:39.17	196600534	1:38.78	+1,00	46.64	1:38.78
6. Alie Visser	HZ&PC Heerenveen	1:44.31	196400494	1:44.66	+0,94	48.56	1:44.66
7. Ingeborg Stokx	DAW	1:49.73	196700666	1:52.56	+1,01	54.77	1:52.56

Masters 50+

1. Marijke van Hoek	De Zeeuwse Kust (SG)	1:34.25	195800050	1:37.05	+0,83	46.05	1:37.05
2. Jacqueline Brouwer	ZV De Bron	1:50.01	196100296	1:55.29	+1,01	56.25	1:55.29

Masters 55+

1. Suzy Vander Auwera	CNBA	1:46.37	CNBA/141/54	1:46.83	+0,87	50.69	1:46.83
2. Elly Kiestra-Broertjes	Zignea	1:48.29	195600100	1:50.63	+1,00	52.34	1:50.63

Masters 60+

1. Gonnje Bak	PSV	1:49.06	195100064	1:54.56	+1,00	55.68	1:54.56
2. Geerdien Meerwaldt	Van Vliet-Barracuda	2:09.98	195200058	2:07.00	+1,23	1:01.01	2:07.00

Masters 65+

1. Matty van der Veen	Old Dutch	1:50.30	194400020	1:52.70	+1,11	53.91	1:52.70
2. Loekie v. Huissteden	AZ&PC	2:02.21	194500002	2:05.98	+1,06	59.33	2:05.98
3. Nelly Jansen	Old Dutch	2:44.04	194600020	2:51.56 *	+1,23	1:22.77	2:51.56

Masters 75+

1. Tineke de Bueger	Old Dutch	2:11.96	193700010	2:16.80	+1,17	1:05.26	2:16.80
<i>Kampioenschaps Record</i>							

Masters 80+

1. Anneke Logtenberg	OZ&PC	2:33.16	192900004	2:32.42	+0,98	1:11.82	2:32.42
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Programmanr. 47
29-01-2012 - 17:09

Gemengd, 4 x 50m vrije slag

Masters Open
Resultaten

rang	vereniging	inschrijftijd	tijd	RT
80+				
1. Tritium (SG) 1	Tritium (SG)	1:52.32	1:53.74	+0,82
Merel Siroen	88 +0,82	29.51	86 +0,17	26.48
Elodie Siroen	90 +0,32	32.68	89 +0,18	25.07
2. Tritium (SG) 2	Tritium (SG)	1:54.57	1:55.33	+0,93
Chantal Willems	91 +0,93	29.84	91 +0,32	25.18
Marjolein van der Sanden	84 +0,24	35.10	87 +0,28	25.21
3. Octopus 1	Octopus	2:05.20	1:57.67	+0,83
Miriam Visserman	87 +0,83	30.46	87 +0,23	28.67
Margriet Aan het Rot	86 +0,37	34.55	90 +0,27	23.99
4. De Schotejil 1	De Schotejil	1:56.76	1:58.40	+0,56
Martijn van Hoom	89 +0,56	26.15	90 +0,44	31.58
Anne Volwerk	90 +0,58	33.14	92 +0,49	27.53
5. De Schelde 2	De Schelde	2:02.05	1:59.51	+0,83
Niek Kampman	89 +0,83	27.66	90 +0,51	27.56
Ilona Neels	88 +0,44	32.21	86 +0,51	32.08

Programmanr. 47, Gemengd, 4 x 50m vrije slag, 80+

rang	vereniging	inschrijftijd	tijd	RT
6.	De Veene 1	De Veene	2:01.57	2:03.42 +0,87
	Leonie Versteeg	90 +0,87 34.72	Milou Bouwhuis	89 +0,73 32.81
	Marcel Reefhuis	81 +0,13 27.28	Wessel Everloo	89 +0,34 28.61
7.	Montferland 1	Montferland	2:01.52	2:06.70 +0,80
	Roel van Beek	89 +0,80 28.08	Kevin Dieker	91 +0,25 27.53
	Angela Giezen	83 +0,90 38.07	Charlotte Geers	92 +0,58 33.02

100+

1.	ZOB'66 1	ZOB'66	1:53.17	1:51.90 +0,86
	Ferry Blange	83 +0,86 27.43	Wendy de Bruin	92 +0,49 29.91
	Carly Noordermeer	87 +0,33 29.65	Nol van Thull	80 +0,47 24.91
2.	WVZ 1	WVZ	1:57.20	1:52.58 +0,83
	Ivo Roozeboom	77 +0,83 25.83	Isabelle Massar	91 +0,58 28.86
	Rens Post	91 +0,39 27.64	Monique Pronk	88 +0,68 30.25
3.	Den Doorn 1	Den Doorn	2:02.42	2:04.61 +0,94
	Lisette Littooy	88 +0,94 33.89	Lisanne van Noorloos	91 +0,24 32.30
	Wouter van der Stelt	72 +0,33 29.37	Tommy Uilenberg	86 +0,53 29.05
4.	Scheldestroom 1	Scheldestroom	2:13.46	2:09.59 +0,80
	Vincent Keijmel	91 +0,80 29.18	Bianca Hertogh - Buijsse	74 +0,61 34.45
	Veronique Vasseur	83 +0,82 37.94	Ruben de Koster	86 +0,93 28.02

120+

1.	DAW 1	DAW	1:51.45	1:51.41 +0,80
	Sandra Zwaanswijk	85 +0,80 29.21	Laura Badoux	82 +0,57 28.62
	Ron Langelaan	78 +0,42 27.92	Kars Luttk	78 +0,20 25.66
2.	De Biesboschwimmers 1	De Biesboschwimmers	1:51.49	1:51.79 +0,83
	Arjon de Bok	69 +0,83 27.12	Tonny Methorst	88 +0,56 29.44
	Kim Wijnja	91 +0,53 30.28	Harry Cornet	71 +0,37 24.95
3.	DAW 3	DAW	2:00.27	1:55.14 +0,90
	Fred Heemstra	65 +0,90 27.38	John Stokx	64 +0,44 28.12
	Maaïke Vooren	91 +0,51 29.70	Sandra Pannekeet	84 0.00 29.94
4.	Zoetermeer 2	Zoetermeer	2:00.17	1:58.10 +0,80
	Simon van Ravensteijn	80 +0,80 26.95	Chita van der Goorbergh	68 +0,47 31.48
	Fleur Maas	89 +0,49 32.04	Markus van Rest	77 +0,28 27.63
5.	't Tolhekke 1	't Tolhekke	2:05.28	2:03.83 +0,91
	Wilna Heijman	64 +0,91 34.09	Lars Erik Beute	86 +0,35 28.76
	Anneke Veenstra	79 +0,71 33.80	Mark van Damme	91 +0,58 27.18

160+

1.	HZ&PC Heerenveen 1	HZ&PC Heerenveen	2:02.07	1:56.43 +0,84
	René Beetsma	69 +0,84 26.70	Pia van der Molen	60 +0,37 35.00
	Nanda de Vries	92 +0,39 28.10	Marten de Groot	58 +0,53 26.63
2.	PLONS 1	PLONS	2:11.01	2:06.58 +0,85
	Anja Reinhard	70 +0,85 32.33	Inge Wolfs	60 +0,40 37.61
	Mark Kas	61 +0,42 30.44	Stan Dekker	79 +0,42 26.20
3.	DAW 2	DAW	2:12.07	2:10.41 +0,50
	Channe Noort	86 +0,50 31.53	Ingeborg Stokx	67 +0,26 36.90
	Jaap Kwakkel	47 +0,55 31.81	Hans Schoenmakers	69 +0,45 30.17
4.	Zoetermeer 1	Zoetermeer	2:09.25	2:10.97 +1,16
	Carolien Maas	57 +1,16 38.47	Harald Mulder	67 +0,54 30.52
	Yvette Kilian	66 +0,67 33.22	Marcel van Lochem	65 +0,43 28.76
5.	WS Twente 2	WS Twente	2:15.65	2:15.18 +0,88
	Monique Gerritsen	65 +0,88 35.19	Kim Brokelman	75 +0,52 37.14
	Bart van Calker	61 31.79	Jack Barends	62 +0,60 31.06
6.	Steenwijk 1934 1	Steenwijk 1934	2:29.07	2:27.58 +0,91
	Casper Dollekamp	63 +0,91 31.58	Huyb Stegeman	67 +0,31 31.27
	Riekje Schra	64 51.03	Geke Talsma-Prent	58 +0,21 33.70
7.	De Schelde 1	De Schelde	2:39.43	2:40.76 +0,93
	Marco Pijelink	69 +0,93 42.32	Arno Loof	63 +0,56 34.27
	Patricia van Hoom	72 +0,37 45.01	Monique Goedegebuur	75 +0,45 39.16



Open Nederlandse Masters
Kampioenschappen 2012 kb
Terneuzen, 27-29 januari 2012



Programmanr. 47, Gemengd, 4 x 50m vrije slag

240+

1. WS Twente 1	WS Twente		2:19.50		2:23.44		+0,88
Hugo Staudt	53	+0,88	31.69	Frans van Enst	40	+0,48	33.63
Antoinette Gilding-Tussaud	50	+0,55	44.97	Marijke Kraak	60	+0,35	33.15

